



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

BIEG HERKULESA 2017
ZOS Koszalin
2017-08-13
Koszalin
12 km

BIEG HERKULESA 12 KM

B4SPORT



Klasyfikacja: M18-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 3km	Start_All 6km	Start_All 9km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
1	ROKOSZ Radosław	19	JW 1223	M18-39	1	00:12:02	00:24:15	00:36:42	00:49:38.95		4:46	12.6 (100%)
2	MISZCZYK Jan	14	ROZBIEGANY KOSZALIN	M18-39	2	00:12:24	00:25:19	00:38:26	00:51:08.55	+00:01:29 (2.9%)	4:15	14.1 (111.9%)
3	PUSZ Jakub	18		M18-39	3	00:12:54	00:26:24	00:39:19	00:51:09.55	+00:01:30 (3.0%)	4:15	14.1 (111.9%)
4	MAZUR Cezary	13		M18-39	4	00:12:21	00:25:18	00:38:26	00:51:51.95	+00:02:13 (4.3%)	4:19	13.9 (110.3%)
5	MAŃSKI Tomasz	12	AŚNAEBAEM	M18-39	5	00:12:29	00:26:17	00:40:05	00:53:21.20	+00:03:42 (6.9%)	4:26	13.5 (107.1%)
6	JAROSZEWSKI Daniel	7	ROZBIEGANY KOSZALIN	M18-39	6	00:12:45	00:26:36	00:40:26	00:53:40.50	+00:04:01 (7.5%)	4:28	13.4 (106.3%)
7	MORDACZ Tomasz	15	PORZECZE BIEGA	M18-39	7	00:13:01	00:26:51	00:40:48	00:54:15.85	+00:04:36 (8.5%)	4:31	13.3 (105.6%)
8	ZAJKO Michał	22		M18-39	8	00:14:24	00:29:29	00:44:18	00:59:13.00	+00:09:34 (16.2%)	4:56	12.2 (96.8%)
9	KAMIŃSKI Tomasz	10	TKKF KOSZALIN, JW1223	M18-39	9	00:14:24	00:30:42	00:46:20	01:02:06.20	+00:12:27 (20.1%)	5:10	11.6 (92.1%)
10	PTAK Daniel	23		M18-39	10	00:14:45	00:30:35	00:46:39	01:02:38.90	+00:12:59 (20.7%)	5:13	11.5 (91.3%)
11	MURAWSKI Rafał	17	AŚNAEBAEM	M18-39	11	00:17:36	00:36:37	00:54:58	01:13:11.70	+00:23:32 (32.2%)	6:06	9.8 (77.8%)
12	JAGODZIŃSKI Damian	6		M18-39	12	00:17:29	00:38:55	01:00:18	01:21:22.35	+00:31:43 (39.0%)	6:46	8.8 (69.8%)

Znaleziono 12 wynik(ów)