



Organizator: ZOS Koszalin
Data: 2016-07-23
Miejsce: Koszalin
Dystans: 3 km

BIEG HERKULESA 3 KM

B4SPORT



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 2.6km	Czas brutto 2.6km	Różn	Tempo min/km	Tempo km/h
1	ZDROJEWSKA Dorota	215		K18-34	1	00:01:55	00:13:50.00	00:15:45.80		5:19	11.3 (100%)
2	KILJAN Sylwia	189		K18-34	2	00:01:56	00:13:57.15	00:15:53.30	+00:00:07 (0.9%)	5:21	11.2 (99.1%)
3	PIEPRZYK Dorota	201	7 PDH HERKULES	K18-34	3	00:02:54	00:14:15.55	00:17:10.50	+00:00:25 (3.0%)	5:29	10.9 (96.5%)
4	NOWAKOWSKA Zuzanna	197	7 PDH HERKULES	K14-17	1	00:02:55	00:15:27.50	00:18:22.95	+00:01:37 (10.5%)	5:56	10.1 (89.4%)
5	SOHONNEY Louisa	230		K14-17	2	00:12:01	00:15:28.55	00:27:29.75	+00:01:38 (10.6%)	5:56	10.1 (89.4%)
6	ORWAT Natalia	198	7 PDH HERKULES	K14-17	3	00:02:55	00:15:29.20	00:18:24.40	+00:01:39 (10.7%)	5:57	10.1 (89.4%)
7	HAŁAJKO Magdalena	223		K18-34	4	00:01:56	00:15:31.20	00:17:27.65	+00:01:41 (10.9%)	5:58	10.1 (89.4%)
8	JABŁOŃSKA-KOWALSKA Marta	186	STATYSTYCZNI	K35-49	1	00:01:55	00:15:41.35	00:17:37.30	+00:01:51 (11.8%)	6:02	9.9 (87.6%)
9	FILIPPOTO Oliwia	184	7 PDH HERKULES	K14-17	4	00:02:56	00:15:54.15	00:18:50.70	+00:02:04 (13.0%)	6:06	9.8 (86.7%)
10	ZAWAL Lidia	214	7 PDH HERKULES	K14-17	5	00:02:56	00:16:06.75	00:19:03.60	+00:02:16 (14.1%)	6:11	9.7 (85.8%)
11	CICHY Julia	199	7 PDH HERKULES	K14-17	6	00:02:55	00:16:06.80	00:19:02.00	+00:02:16 (14.1%)	6:11	9.7 (85.8%)
12	DAHLKE Weronika	183	7 PDH HERKULES	K14-17	7	00:02:56	00:16:50.90	00:19:47.55	+00:03:00 (17.9%)	6:28	9.3 (82.3%)
13	PIETRZAK Barbara	202	7 PDH HERKULES	K14-17	8	00:02:56	00:16:54.30	00:19:50.35	+00:03:04 (18.2%)	6:30	9.2 (81.4%)
14	SIERPOWSKA Anna	207	7 PDH HERKULES	K14-17	9	00:02:56	00:17:02.85	00:19:59.55	+00:03:12 (18.9%)	6:33	9.1 (80.5%)
15	KOROL Dominika	191	BABECZKI KOSZALIN	K18-34	5	00:01:55	00:17:09.90	00:19:05.85	+00:03:19 (19.4%)	6:36	9.1 (80.5%)
16	ROSZCZAK Aleksandra	211	7 PDH HERKULES	K14-17	10	00:02:56	00:17:14.20	00:20:10.25	+00:03:24 (19.7%)	6:37	9.1 (80.5%)
17	LEOPOLD Franziska	9		K18-34	6	00:12:02	00:17:17.20	00:29:19.55	+00:03:27 (20.0%)	6:38	9 (79.6%)
18	KUBIAK Patrycja	196	7 PDH HERKULES	K14-17	11	00:02:56	00:17:26.15	00:20:22.40	+00:03:36 (20.7%)	6:42	8.9 (78.8%)
19	KRÓL Julia	193	7 PDH HERKULES	K14-17	12	00:02:55	00:17:47.25	00:20:42.25	+00:03:57 (22.2%)	6:50	8.8 (77.9%)
20	KRZESZOWIEC Joanna	195	7 PDH HERKULES	K14-17	13	00:02:55	00:18:06.65	00:21:02.45	+00:04:16 (23.6%)	6:58	8.6 (76.1%)
21	KRZESZOWIEC Barbara	194	7 PDH HERKULES	K14-17	14	00:02:57	00:18:26.70	00:21:23.95	+00:04:36 (25.0%)	7:05	8.5 (75.2%)
22	WIŚNIEWSKA Agnieszka	213	7 PDH HERKULES	K14-17	15	00:02:55	00:18:31.60	00:21:26.90	+00:04:41 (25.3%)	7:07	8.4 (74.3%)
23	KOROL Elżbieta	192	BABECZKI KOSZALIN	K35-49	2	00:01:56	00:18:38.40	00:20:34.60	+00:04:48 (25.8%)	7:10	8.4 (74.3%)
24	GIEMICA Laetita	229		K18-34	7	00:12:02	00:19:15.50	00:31:17.90	+00:05:25 (28.2%)	7:24	8.1 (71.7%)
25	LEVIOCROIS Melissa	1		K14-17	16	00:12:02	00:19:17.80	00:31:20.40	+00:05:27 (28.3%)	7:25	8.1 (71.7%)
26	SEIFERT Sandra	206	7 PDH HERKULES	K18-34	8	00:02:56	00:19:52.00	00:22:48.10	+00:06:02 (30.4%)	7:38	7.9 (69.9%)
27	RZEPA Zofia	205	7 PDH HERKULES	K14-17	17	00:02:56	00:19:52.15	00:22:48.25	+00:06:02 (30.4%)	7:38	7.9 (69.9%)

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28	PŁATEK Klaudia	203	7 PDH HERKULES	K14-17	18	00:02:57	00:20:18.80	00:23:16.50	+00:06:28 (31.9%)	7:48	7.7 (68.1%)
29	KOŁODZIEJCZYK Anna	190	7 PDH HERKULES	K14-17	19	00:02:57	00:21:33.50	00:24:30.90	+00:07:43 (35.8%)	8:17	7.2 (63.7%)
30	GRUNDMACMM Aylin	10		K18-34	9	00:12:02	00:21:34.95	00:33:37.85	+00:07:44 (35.9%)	8:18	7.2 (63.7%)
31	HOHN Laura Patricia	24		K18-34	10	00:12:02	00:21:35.00	00:33:37.90	+00:07:45 (35.9%)	8:18	7.2 (63.7%)

Znaleziono 31 wynik(ów)