



Organizator: ZOS Koszalin
Data: 2016-07-23
Miejsce: Koszalin
Dystans: 3 km

BIEG HERKULESA 3 KM

B4SPORT



Klasyfikacja: K18-34

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Czas netto 2.6km | Czas brutto 2.6km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|-------------------|-----------|------|-------------|---------------------|----------------------|-------------------|-----------------|---------------|
| 1 | ZDROJEWSKA Dorota | 215 | | K18-34 | 1 | 00:01:55 | 00:13:50.00 | 00:15:45.80 | | 5:19 | 11.3 (100%) |
| 2 | KILJAN Sylwia | 189 | | K18-34 | 2 | 00:01:56 | 00:13:57.15 | 00:15:53.30 | +00:00:07 (0.9%) | 5:21 | 11.2 (99.1%) |
| 3 | PIEPRZYK Dorota | 201 | 7 PDH HERKULES | K18-34 | 3 | 00:02:54 | 00:14:15.55 | 00:17:10.50 | +00:00:25 (3.0%) | 5:29 | 10.9 (96.5%) |
| 4 | HAŁAJKO Magdalena | 223 | | K18-34 | 4 | 00:01:56 | 00:15:31.20 | 00:17:27.65 | +00:01:41 (10.9%) | 5:58 | 10.1 (89.4%) |
| 5 | KOROL Dominika | 191 | BABECZKI KOSZALIN | K18-34 | 5 | 00:01:55 | 00:17:09.90 | 00:19:05.85 | +00:03:19 (19.4%) | 6:36 | 9.1 (80.5%) |
| 6 | LEOPOLD Franziska | 9 | | K18-34 | 6 | 00:12:02 | 00:17:17.20 | 00:29:19.55 | +00:03:27 (20.0%) | 6:38 | 9 (79.6%) |
| 7 | GIEMICA Laetita | 229 | | K18-34 | 7 | 00:12:02 | 00:19:15.50 | 00:31:17.90 | +00:05:25 (28.2%) | 7:24 | 8.1 (71.7%) |
| 8 | SEIFERT Sandra | 206 | 7 PDH HERKULES | K18-34 | 8 | 00:02:56 | 00:19:52.00 | 00:22:48.10 | +00:06:02 (30.4%) | 7:38 | 7.9 (69.9%) |
| 9 | GRUNDMACMM Aylin | 10 | | K18-34 | 9 | 00:12:02 | 00:21:34.95 | 00:33:37.85 | +00:07:44 (35.9%) | 8:18 | 7.2 (63.7%) |
| 10 | HOHN Laura Patricia | 24 | | K18-34 | 10 | 00:12:02 | 00:21:35.00 | 00:33:37.90 | +00:07:45 (35.9%) | 8:18 | 7.2 (63.7%) |

Znaleziono 10 wynik(ów)