



Organizator: ZOS Koszalin
Data: 2016-07-23
Miejsce: Koszalin
Dystans: 3 km

BIEG HERKULESA 3 KM

B4SPORT



Klasyfikacja: M18-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 2.6km	Czas brutto 2.6km	Różn	Tempo min/km	Tempo km/h
1	SOSNOWSKI Tomasz	222		M18-39	1	00:01:55	00:11:29.80	00:13:25.20		4:25	13.6 (100%)
2	WEBER Paweł	212	CROSSFIT KOSZALIN	M18-39	2	00:01:55	00:11:30.20	00:13:25.20	+00:00:00 (0.1%)	4:25	13.6 (100%)
3	PIECHOWIAK Kamil	200	7 PDH HERKULES	M18-39	3	00:02:56	00:13:19.35	00:16:16.00	+00:01:49 (13.7%)	5:07	11.7 (86.0%)
4	PSZENNY Damian	204		M18-39	4	00:01:56	00:13:43.30	00:15:39.75	+00:02:13 (16.2%)	5:16	11.4 (83.8%)
5	SIEDLECKI Dawid	36		M18-39	5	00:12:03	00:14:15.85	00:26:19.15	+00:02:46 (19.4%)	5:29	10.9 (80.1%)
6	SIEPRACKI Adam	220		M18-39	6	00:02:57	00:14:40.05	00:17:37.30	+00:03:10 (21.6%)	5:38	10.6 (77.9%)
7	ALFREDO Tosi	25		M18-39	7	00:12:01	00:14:41.55	00:26:43.25	+00:03:11 (21.8%)	5:39	10.6 (77.9%)
8	NOWAK Toni	29		M18-39	8	00:12:01	00:14:56.35	00:26:58.25	+00:03:26 (23.0%)	5:45	10.4 (76.5%)
9	HAŁAJKO Tomasz	224		M18-39	9	00:01:56	00:15:24.50	00:17:21.25	+00:03:54 (25.4%)	5:55	10.1 (74.3%)
10	DYCK David	30		M18-39	10	00:12:00	00:15:37.65	00:27:38.50	+00:04:07 (26.4%)	6:00	10 (73.5%)
11	BEZZET Adrien	225		M18-39	11	00:12:01	00:15:38.20	00:27:39.90	+00:04:08 (26.5%)	6:00	10 (73.5%)
12	BARGAŃSKI Sebastian	181		M18-39	12	00:02:57	00:17:27.20	00:20:24.95	+00:05:57 (34.1%)	6:42	8.9 (65.4%)
13	KOLLY Sophie	227		M18-39	13	00:12:02	00:20:15.10	00:32:17.60	+00:08:45 (43.2%)	7:47	7.7 (56.6%)

Znaleziono 13 wynik(ów)