

BIEG HERKULESA 6 KM

B4SPORT

Wydarzenie: Bieg Herkulesa
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-08-11
Miejsce: Koszalin
Dystans: 6 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2km	4km	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
1	PYSHNIAK Kostiantyn	238	TKKF KOSZALIN	M18-39	1	00:09:32	00:20:04	00:30:17.06		5:02	11.9 (100%)
2	DUDA Grzegorz	248	BEST BEASTS	M40-54	1	00:10:33	00:22:05	00:33:45.99	+00:03:28 (10.3%)	5:37	10.7 (89.9%)
3	ROKOSZ Radosław	39	JW 1223 KOSZALIN	M18-39	2	00:10:55	00:22:40	00:34:17.26	+00:04:00 (11.7%)	5:42	10.5 (88.2%)
4	ŁUKAWSKI Mariusz	107	JW 1223	M18-39	3	00:10:58	00:22:48	00:34:30.79	+00:04:13 (12.3%)	5:45	10.4 (87.4%)
5	MAJKOWICZ Rafał	240		M18-39	4	00:10:45	00:22:58	00:34:41.32	+00:04:24 (12.7%)	5:46	10.4 (87.4%)
6	POPŁAWSKI Daniel	96		M18-39	5	00:11:47	00:23:41	00:35:57.42	+00:05:40 (15.8%)	5:59	10 (84.0%)
7	KOŁODZIEJ Krystian	20	BESTIE OCR LEGIONOWO	M18-39	6	00:11:13	00:23:28	00:36:04.76	+00:05:47 (16.1%)	6:00	10 (84.0%)
8	CIUĆKA Mateusz	111	SZWĘDACZE KOSZALIN	M18-39	7	00:11:02	00:23:40	00:36:18.68	+00:06:01 (16.6%)	6:03	9.9 (83.2%)
9	SITOWSKI Marcin	44	FC RYSIEK	M18-39	8	00:11:39	00:23:56	00:36:21.50	+00:06:04 (16.7%)	6:03	9.9 (83.2%)
10	WIELGAT Łukasz	46	KB BRYZA POSTOMINO	M18-39	9	00:11:40	00:24:21	00:37:17.74	+00:07:00 (18.8%)	6:13	9.7 (81.5%)
11	RUSIN Tomek	37		M18-39	10	00:11:06	00:24:03	00:37:19.89	+00:07:02 (18.9%)	6:13	9.6 (80.7%)
12	SZYMAŃSKI Piotr	40		M18-39	11	00:12:00	00:24:46	00:37:22.54	+00:07:05 (19.0%)	6:13	9.6 (80.7%)
13	WOJTALIK Łukasz	50		M18-39	12	00:12:50	00:25:17	00:37:37.29	+00:07:20 (19.5%)	6:16	9.6 (80.7%)
14	SOSNOWSKI Tomasz	15	FPP FUNKCJONALNOŚĆ PONAD POMĘ	M18-39	13	00:11:24	00:24:49	00:37:40.95	+00:07:23 (19.6%)	6:16	9.6 (80.7%)
15	JABŁOŃSKI Tomasz	246	KB SPOKO SŁAWNO	M40-54	2	00:12:03	00:24:54	00:37:45.03	+00:07:27 (19.8%)	6:17	9.5 (79.8%)
16	PICK Tomasz	108	SKSG KORONA SZCZECIN	M40-54	3	00:12:19	00:25:37	00:38:18.48	+00:08:01 (20.9%)	6:23	9.4 (79.0%)
17	MICHALAK Grzegorz	102	KARLINO BIEGAJ!	M40-54	4	00:12:11	00:25:35	00:38:40.81	+00:08:23 (21.7%)	6:26	9.3 (78.2%)
18	LACHOWICZ Blanka	93	HUSARIA RACE TEAM	K18-39	1	00:12:43	00:26:00	00:39:23.35	+00:09:06 (23.1%)	6:33	9.1 (76.5%)
19	IWANIEC Dariusz	57	TKKF KOSZALIN	M40-54	5	00:12:55	00:26:14	00:39:28.77	+00:09:11 (23.3%)	6:34	9.1 (76.5%)
20	WEBER Paweł	75	FPP	M18-39	14	00:12:46	00:26:23	00:39:33.28	+00:09:16 (23.4%)	6:35	9.1 (76.5%)
21	GUDANIEC Katarzyna	13	TKKF TRIATHLON KOSZALIN	K18-39	2	00:12:16	00:25:54	00:39:37.72	+00:09:20 (23.6%)	6:36	9.1 (76.5%)
22	BIEŃKOWSKI Tomasz	207	IQ.COLSUNTING	M18-39	15	00:12:14	00:25:59	00:39:38.25	+00:09:21 (23.6%)	6:36	9.1 (76.5%)
23	URBAŃSKI Tomasz	97		M40-54	6	00:12:44	00:26:26	00:40:01.48	+00:09:44 (24.3%)	6:40	9 (75.6%)
24	MICERSKI Tomasz	109	TKKF KOSZALIN	M40-54	7	00:13:13	00:26:31	00:40:02.22	+00:09:45 (24.4%)	6:40	9 (75.6%)
25	GAWROŃSKI Marek	92	\$\$\$ NA PREŠTIŽU	M18-39	16	00:12:58	00:27:02	00:40:29.81	+00:10:12 (25.2%)	6:45	8.9 (74.8%)
26	METEL Izabela	27	RUNTASTYCZNI TEAM BYTÓW	K40-54	1	00:13:24	00:27:04	00:40:40.46	+00:10:23 (25.5%)	6:46	8.9 (74.8%)
27	PILIŃSKI Łukasz	6		M18-39	17	00:12:36	00:26:57	00:40:56.70	+00:10:39 (26.0%)	6:49	8.8 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2km	4km	Czas netto		Tempo min/km	Tempo km/h
								6km	Różn		
28	KRAWCZYK Tomasz	112		M18-39	18	00:12:40	00:26:39	00:41:12.79	+00:10:55 (26.5%)	6:52	8.7 (73.1%)
29	THEODOSE Olivier	61		M40-54	8	00:13:06	00:27:06	00:41:17.10	+00:11:00 (26.6%)	6:53	8.7 (73.1%)
30	PŁOSKI Krzysztof	87	DARŁOWSKIE CHARTY	M40-54	9	00:14:27	00:27:58	00:41:31.82	+00:11:14 (27.1%)	6:55	8.7 (73.1%)
31	WEILAND Adrian	17	NIGHT WOLVES SŁUPSK	M18-39	19	00:13:02	00:26:53	00:41:35.24	+00:11:18 (27.2%)	6:55	8.7 (73.1%)
32	MISZCZYK Jan	70	ROZBIEGANY KOSZALIN	M18-39	20	00:14:02	00:28:08	00:42:38.51	+00:12:21 (29.0%)	7:06	8.4 (70.6%)
33	ZIELIŃSKI Maciej	65	KAMIEŃ RYMAŃSKI	M18-39	21	00:12:46	00:27:10	00:42:45.32	+00:12:28 (29.2%)	7:07	8.4 (70.6%)
34	ADAMCZYK Karol	69		M18-39	22	00:15:23	00:29:26	00:43:01.26	+00:12:44 (29.6%)	7:10	8.4 (70.6%)
35	CAŁA Małgorzata	23	RUNTASTYCZNI TEAM BYTÓW	K40-54	2	00:13:59	00:28:42	00:43:11.23	+00:12:54 (29.9%)	7:12	8.3 (69.7%)
36	CAŁA Bartosz	22	ŚWIAT PŁYTEK U KRYSPINA	M40-54	10	00:14:03	00:28:47	00:43:12.13	+00:12:55 (29.9%)	7:12	8.3 (69.7%)
37	GAWROŃSKI Bartosz	71		M18-39	23	00:13:09	00:27:58	00:43:22.04	+00:13:04 (30.2%)	7:13	8.3 (69.7%)
38	RUSINEK Dawid	130		M18-39	24	00:13:21	00:28:09	00:43:46.82	+00:13:29 (30.8%)	7:17	8.2 (68.9%)
39	HAWRYŁAK Marcin	249	AMPIO TEAM	M40-54	11	00:14:24	00:29:24	00:43:55.44	+00:13:38 (31.1%)	7:19	8.2 (68.9%)
40	STAŃCZYK Sławomir	104		M18-39	25	00:14:19	00:29:02	00:44:07.69	+00:13:50 (31.4%)	7:21	8.2 (68.9%)
41	CHENON Guillaume	119	WIECZORNE BIEGANIE W SZCZECINIE	M18-39	26	00:14:16	00:28:54	00:44:07.74	+00:13:50 (31.4%)	7:21	8.2 (68.9%)
42	JAROSZEWSKI Przemysław	168		M40-54	12	00:14:03	00:29:03	00:44:14.34	+00:13:57 (31.5%)	7:22	8.1 (68.1%)
43	OLCZAK Krzysztof	26		M18-39	27	00:16:22	00:30:26	00:44:25.20	+00:14:08 (31.8%)	7:24	8.1 (68.1%)
44	CZAJKOWSKI Paweł	53	LUMBERJACKS CROSS GARAGE KOSZALIN	M18-39	28	00:15:34	00:29:58	00:44:25.72	+00:14:08 (31.8%)	7:24	8.1 (68.1%)
45	HOREGLAD Paweł	49	SPEEDY GONZALES	M18-39	29	00:14:46	00:29:36	00:44:31.88	+00:14:14 (32.0%)	7:25	8.1 (68.1%)
46	SZYMEN Karol	99		M18-39	30	00:13:56	00:29:25	00:44:40.03	+00:14:22 (32.2%)	7:26	8.1 (68.1%)
47	WALCZAK Marcin	120		M18-39	31	00:15:05	00:30:16	00:44:54.91	+00:14:37 (32.6%)	7:29	8 (67.2%)
48	SEWERYN Tomasz	239		M18-39	32	00:14:57	00:29:44	00:44:58.70	+00:14:41 (32.7%)	7:29	8 (67.2%)
49	KACZMAREK Marta	80	KB SPOKO SŁAWNO	K18-39	3	00:14:51	00:30:12	00:45:00.46	+00:14:43 (32.7%)	7:30	8 (67.2%)
50	WILKOS Jakub	128		M18-39	33	00:13:17	00:28:58	00:45:01.73	+00:14:44 (32.7%)	7:30	8 (67.2%)
51	KALISZ Roksana	83		K40-54	3	00:14:42	00:30:19	00:45:03.37	+00:14:46 (32.8%)	7:30	8 (67.2%)
52	MACIEJEWSKI Piotr	67		M18-39	34	00:15:25	00:30:25	00:45:13.85	+00:14:56 (33.0%)	7:32	8 (67.2%)
53	GACIA Maciek	47		M18-39	35	00:16:08	00:31:01	00:45:18.86	+00:15:01 (33.2%)	7:33	7.9 (66.4%)
54	REPLAKOWSKI Krzysztof	82	WE RUN	M40-54	13	00:15:22	00:30:32	00:45:45.30	+00:15:28 (33.8%)	7:37	7.9 (66.4%)
55	SIDOR Mariusz	103	DECATHLON POWER SŁUPSK	M18-39	36	00:15:03	00:30:48	00:45:45.32	+00:15:28 (33.8%)	7:37	7.9 (66.4%)
56	DORAWA-ZIOMEK Anna	4	ZABIEGANE	K18-39	4	00:14:35	00:30:46	00:45:48.02	+00:15:30 (33.9%)	7:38	7.9 (66.4%)
57	ZASIMOWSKI Adam	55	BIEGAM BO LUBIĘ	M40-54	14	00:16:16	00:31:00	00:46:02.95	+00:15:45 (34.2%)	7:40	7.8 (65.5%)
58	SZOSTAK Marta	115		K18-39	5	00:15:48	00:31:17	00:46:09.31	+00:15:52 (34.4%)	7:41	7.8 (65.5%)
59	KRZEWIŃSKA Małgorzata	73	TKKF KOSZALIN	K55+	1	00:15:21	00:30:53	00:46:09.57	+00:15:52 (34.4%)	7:41	7.8 (65.5%)
60	URBAŃSKI Rafał	200	ZASTOPUJ	M40-54	15	00:13:31	00:29:46	00:46:17.22	+00:16:00 (34.6%)	7:43	7.8 (65.5%)
61	CHODAK Monika	94	HUSARIA RACE TEAM	K40-54	4	00:14:58	00:30:37	00:46:23.73	+00:16:06 (34.7%)	7:44	7.8 (65.5%)
62	WNUK Przemek	105		M18-39	37	00:14:43	00:31:22	00:46:26.02	+00:16:08 (34.8%)	7:44	7.8 (65.5%)
63	MAZUR Mirosław	234		M40-54	16	00:15:31	00:31:15	00:46:45.88	+00:16:28 (35.2%)	7:47	7.7 (64.7%)
64	ORYSZCZYN Arek	1		M18-39	38	00:14:39	00:31:13	00:47:02.05	+00:16:44 (35.6%)	7:50	7.7 (64.7%)
65	BUDZIŃSKI Paweł	11	DRUŻYNA SZPIKU	M40-54	17	00:15:26	00:31:18	00:47:09.08	+00:16:52 (35.8%)	7:51	7.6 (63.9%)
66	BRYŁOWSKI Dawid	101		M18-39	39	00:15:16	00:31:10	00:47:14.45	+00:16:57 (35.9%)	7:52	7.6 (63.9%)
67	PACAN Mira	10	ŚWIAT PŁYTEK U KRYSPINA	K18-39	6	00:14:21	00:31:34	00:47:36.33	+00:17:19 (36.4%)	7:56	7.6 (63.9%)
68	PACAN Bartosz	33	ŚWIAT PŁYTEK U KRYSPINA	M18-39	40	00:14:24	00:31:33	00:47:43.52	+00:17:26 (36.5%)	7:57	7.5 (63.0%)
69	RUTKOWSKI Artur	36	RUNKING	M18-39	41	00:15:29	00:32:12	00:48:03.89	+00:17:46 (37.0%)	8:00	7.5 (63.0%)
70	KUCHARSKA Małgorzata	18		K18-39	7	00:16:41	00:32:38	00:48:03.96	+00:17:46 (37.0%)	8:00	7.5 (63.0%)
71	JAROSZEWSKI Daniel	91		M18-39	42	00:15:38	00:31:44	00:48:10.20	+00:17:53 (37.1%)	8:01	7.5 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2km	4km	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
72	SZABŁOWIŃSKI Maciek	100		M18-39	43	00:15:32	00:32:18	00:48:31.15	+00:18:14 (37.6%)	8:05	7.4 (62.2%)
73	DERESZ Rafał	110	FALUBAZ	M40-54	18	00:15:49	00:32:29	00:48:44.14	+00:18:27 (37.9%)	8:07	7.4 (62.2%)
74	KAMINSKI Tomasz	35	JW1223	M40-54	19	00:16:11	00:32:45	00:48:44.42	+00:18:27 (37.9%)	8:07	7.4 (62.2%)
75	MICHALAK Michał	64	KAMIEŃ RYMAŃSKI	M18-39	44	00:16:59	00:32:41	00:48:50.63	+00:18:33 (38.0%)	8:08	7.4 (62.2%)
76	GALICKI Robert	81		M40-54	20	00:16:54	00:33:13	00:48:50.81	+00:18:33 (38.0%)	8:08	7.4 (62.2%)
77	PŁOSZAJ Rafał	32		M18-39	45	00:14:44	00:32:22	00:48:57.50	+00:18:40 (38.1%)	8:09	7.4 (62.2%)
78	DEPTA Katarzyna	201		K40-54	5	00:16:03	00:32:36	00:48:59.44	+00:18:42 (38.2%)	8:10	7.3 (61.3%)
79	SIERANT Maria	85		K18-39	8	00:15:40	00:32:25	00:49:01.83	+00:18:44 (38.2%)	8:10	7.3 (61.3%)
80	SZCZYPEK Arkadiusz	169	ZASTOPIJ	M18-39	46	00:15:54	00:32:51	00:49:23.57	+00:19:06 (38.7%)	8:14	7.3 (61.3%)
81	WEILAND Agnieszka	16	NIGHT WOLVES SŁUPSK	K18-39	9	00:16:01	00:33:19	00:49:44.12	+00:19:27 (39.1%)	8:17	7.2 (60.5%)
82	MURAWSKI Waldemar	208		M40-54	21	00:16:07	00:33:04	00:49:46.47	+00:19:29 (39.2%)	8:17	7.2 (60.5%)
83	NOWICKI Piotr	210		M40-54	22	00:17:14	00:33:20	00:49:56.02	+00:19:38 (39.4%)	8:19	7.2 (60.5%)
84	PIASECKI Mariusz	215		M18-39	47	00:17:15	00:33:20	00:49:56.32	+00:19:39 (39.4%)	8:19	7.2 (60.5%)
85	JUSZCZAK Krzysztof	48		M55+	1	00:17:14	00:33:30	00:49:56.81	+00:19:39 (39.4%)	8:19	7.2 (60.5%)
86	ROMANOWICZ Monika	12	ZABIEGANE :)	K18-39	10	00:15:43	00:32:48	00:50:22.23	+00:20:05 (39.9%)	8:23	7.1 (59.7%)
87	JANOWICZ Przemysław	21	FPP	M18-39	48	00:15:53	00:33:01	00:50:35.47	+00:20:18 (40.1%)	8:25	7.1 (59.7%)
88	KLESZCZYŃSKI Damian	76		M18-39	49	00:17:58	00:34:42	00:50:40.99	+00:20:23 (40.2%)	8:26	7.1 (59.7%)
89	FABRYKIEWICZ Joanna	114		K18-39	11	00:16:56	00:33:44	00:50:44.00	+00:20:26 (40.3%)	8:27	7.1 (59.7%)
90	MICHAŁÓW Leszek	45	AJDŻO SQUAD	M18-39	50	00:16:58	00:33:49	00:50:48.97	+00:20:31 (40.4%)	8:28	7.1 (59.7%)
91	KAZIMIEROWICZ Radosław	95	VTT	M18-39	51	00:17:39	00:33:59	00:51:00.55	+00:20:43 (40.6%)	8:30	7.1 (59.7%)
92	LABUDA Hubert	122		M18-39	52	00:18:01	00:34:32	00:51:23.99	+00:21:06 (41.1%)	8:34	7 (58.8%)
93	BASŁYK Agnieszka	220		K18-39	12	00:18:25	00:34:50	00:51:24.27	+00:21:07 (41.1%)	8:34	7 (58.8%)
94	NOWAK Paweł	127		M18-39	53	00:16:23	00:33:48	00:51:33.48	+00:21:16 (41.3%)	8:35	7 (58.8%)
95	ZANDER Jakub	63	KAMIEŃ RYMAŃSKI	M18-39	54	00:17:18	00:34:07	00:51:50.71	+00:21:33 (41.6%)	8:38	6.9 (58.0%)
96	USTJANOWSKA Katarzyna	41		K18-39	13	00:17:50	00:35:05	00:51:52.61	+00:21:35 (41.6%)	8:38	6.9 (58.0%)
97	MACIEJEWSKI Maciej	14	FPP FUNKCJONALNOŚĆ PONAD POMPE	M18-39	55	00:17:28	00:35:21	00:52:05.81	+00:21:48 (41.9%)	8:41	6.9 (58.0%)
98	SUCHODOLSKA Aleksandra	34	ZABIEGANE :)	K18-39	14	00:16:43	00:34:16	00:52:18.06	+00:22:01 (42.1%)	8:43	6.9 (58.0%)
99	KRYSEWSKA Magdalena	3		K18-39	15	00:16:48	00:34:25	00:52:18.62	+00:22:01 (42.1%)	8:43	6.9 (58.0%)
100	ZAKOŚCIELNA Katarzyna	5	ZABIEGANE :)	K18-39	16	00:17:00	00:34:31	00:52:19.35	+00:22:02 (42.1%)	8:43	6.9 (58.0%)
101	STASZAK Wojciech	86		M18-39	56	00:18:00	00:35:13	00:52:46.28	+00:22:29 (42.6%)	8:47	6.8 (57.1%)
102	FRĄCZAK Sylwester	74	4FUN	M18-39	57	00:17:58	00:35:13	00:52:46.42	+00:22:29 (42.6%)	8:47	6.8 (57.1%)
103	MRUGALSKI Stanisław	126		M55+	2	00:18:41	00:35:23	00:53:01.92	+00:22:44 (42.9%)	8:50	6.8 (57.1%)
104	WESOŁEK Łukasz	68		M18-39	58	00:17:08	00:35:10	00:53:07.55	+00:22:50 (43.0%)	8:51	6.8 (57.1%)
105	NIEWIADOWSKA Urszula	8	WWW.ARTE-IT.PL	K18-39	17	00:18:52	00:36:09	00:53:18.11	+00:23:01 (43.2%)	8:53	6.8 (57.1%)
106	NIEWIADOWSKI Robert	7	WWW.ARTE-IT.PL	M18-39	59	00:18:52	00:36:10	00:53:18.82	+00:23:01 (43.2%)	8:53	6.8 (57.1%)
107	JAGIELSKA Daria	72	SEW	K18-39	18	00:18:18	00:36:20	00:54:07.95	+00:23:50 (44.1%)	9:01	6.7 (56.3%)
108	KUKLIŃSKI Sebastian	51	SEW	M18-39	60	00:17:28	00:36:21	00:54:15.60	+00:23:58 (44.2%)	9:02	6.6 (55.5%)
109	WOŹNIECKA Karolina	233		K18-39	19	00:19:27	00:36:59	00:54:34.62	+00:24:17 (44.5%)	9:05	6.6 (55.5%)
110	HARASYM Daniel	195	ZASTOPIJ	M40-54	23	00:18:27	00:36:41	00:54:44.15	+00:24:27 (44.7%)	9:07	6.6 (55.5%)
111	MARCZAK Małgorzata	77		K55+	2	00:18:48	00:36:34	00:55:12.67	+00:24:55 (45.1%)	9:12	6.5 (54.6%)
112	BUDZYŃSKA Elżbieta	98		K40-54	6	00:18:49	00:37:06	00:55:42.86	+00:25:25 (45.6%)	9:17	6.5 (54.6%)
113	URBAN Joanna	62		K40-54	7	00:17:56	00:36:41	00:55:53.77	+00:25:36 (45.8%)	9:19	6.4 (53.8%)
114	RADZIUSZ Ilona	116		K18-39	20	00:19:12	00:37:28	00:55:53.99	+00:25:36 (45.8%)	9:19	6.4 (53.8%)
115	LEWANDOWSKI Piotr	185	ZASTOPIJ	M40-54	24	00:19:32	00:37:44	00:56:18.14	+00:26:01 (46.2%)	9:23	6.4 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2km	4km	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
116	LABUDA Dariusz	121		M40-54	25	00:19:35	00:38:28	00:56:33.61	+00:26:16 (46.5%)	9:25	6.4 (53.8%)
117	ŁASTOWSKI Paweł	123		M18-39	61	00:19:35	00:38:28	00:56:33.69	+00:26:16 (46.5%)	9:25	6.4 (53.8%)
118	ARCHACKI Patryk	66		M18-39	62	00:18:22	00:38:12	00:56:50.17	+00:26:33 (46.7%)	9:28	6.3 (52.9%)
119	WÓJCIK Anna	59	ŻYTANIA TEAM	K18-39	21	00:19:34	00:38:10	00:56:55.09	+00:26:38 (46.8%)	9:29	6.3 (52.9%)
120	SZULTKA Sylwia	58		K18-39	22	00:19:34	00:38:11	00:56:55.21	+00:26:38 (46.8%)	9:29	6.3 (52.9%)
121	SUDER-MAKSYMOWICZ Monika	106		K18-39	23	00:19:39	00:38:34	00:57:33.48	+00:27:16 (47.4%)	9:35	6.3 (52.9%)
122	WALKOWIAK Daria	124		K18-39	24	00:19:08	00:38:03	00:57:37.56	+00:27:20 (47.4%)	9:36	6.2 (52.1%)
123	SEEWALD Agnieszka	125	ZAKWAS	K18-39	25	00:19:08	00:38:03	00:57:37.77	+00:27:20 (47.4%)	9:36	6.2 (52.1%)
124	SUSKI Jan	241	TKKF KOSZALIN	M55+	3	00:19:08	00:39:28	00:58:32.02	+00:28:14 (48.3%)	9:45	6.2 (52.1%)
125	ŚWIĘTANOWSKA Joanna	89		K40-54	8	00:20:44	00:40:18	00:59:34.36	+00:29:17 (49.2%)	9:55	6 (50.4%)
126	HAŁAJKO Magdalena	84		K18-39	26	00:20:44	00:40:19	00:59:35.21	+00:29:18 (49.2%)	9:55	6 (50.4%)
127	RĘBISZ Aneta	237		K18-39	27	00:20:08	00:39:50	00:59:41.28	+00:29:24 (49.3%)	9:56	6 (50.4%)
128	GRYGLEWSKA Magdalena	236		K18-39	28	00:20:09	00:39:50	00:59:42.06	+00:29:25 (49.3%)	9:57	6 (50.4%)
129	STRZYŻ Dorota	25	WWW.ARTE-IT.PL	K18-39	29	00:21:20	00:42:08	01:01:49.64	+00:31:32 (51.0%)	10:18	5.8 (48.7%)
130	POZORSKA Katarzyna	117		K18-39	30	00:21:06	00:41:22	01:01:50.11	+00:31:33 (51.0%)	10:18	5.8 (48.7%)
131	MOŁDAWA Karolina	56	LUMBERJACKS CROSS GARAGE KOSZALIN	K18-39	31	00:21:08	00:41:51	01:01:50.13	+00:31:33 (51.0%)	10:18	5.8 (48.7%)
132	ZASIMOWSKA Edyta	54	BIEGAM BO LUBIĘ	K40-54	9	00:21:19	00:42:12	01:01:50.21	+00:31:33 (51.0%)	10:18	5.8 (48.7%)
133	BARUSIŃSKA Marta	24		K18-39	32	00:21:09	00:41:23	01:01:50.27	+00:31:33 (51.0%)	10:18	5.8 (48.7%)
134	SOKOŁOWSKA Tola	118		K18-39	33	00:21:07	00:41:25	01:01:50.61	+00:31:33 (51.0%)	10:18	5.8 (48.7%)
135	SPICA Łukasz	52		M18-39	63	00:20:25	00:41:11	01:02:36.16	+00:32:19 (51.6%)	10:26	5.8 (48.7%)
136	KRZEWIŃSKA Monika	78	TKKF KOSZALIN	K18-39	34	00:20:21	00:41:33	01:03:01.46	+00:32:44 (51.9%)	10:30	5.7 (47.9%)
137	GAWROŃSKI Paweł	19	OGIEŃ W SZOPIE	M18-39	64	00:20:24	00:41:34	01:03:01.71	+00:32:44 (52.0%)	10:30	5.7 (47.9%)
138	JAKUBCZYK Agnieszka	79		K18-39	35	00:20:51	00:41:37	01:03:42.23	+00:33:25 (52.5%)	10:37	5.7 (47.9%)
139	WYKA Marcin	31		M18-39	65	00:20:38	00:42:36	01:03:48.66	+00:33:31 (52.5%)	10:38	5.6 (47.1%)
140	PEWIŃSKA Justyna	30	PORSHE	K18-39	36	00:20:39	00:42:38	01:03:49.20	+00:33:32 (52.5%)	10:38	5.6 (47.1%)
141	ODRZYWOŁEK Paweł	60		M18-39	66	00:20:39	00:42:38	01:03:49.66	+00:33:32 (52.6%)	10:38	5.6 (47.1%)
142	GRZESZCZAK Małgorzata	42	PORSHE	K18-39	37	00:20:39	00:42:40	01:03:49.82	+00:33:32 (52.6%)	10:38	5.6 (47.1%)
143	ZALEWSKI Mariusz	43	PORSHE	M40-54	26	00:20:40	00:42:40	01:03:50.04	+00:33:32 (52.6%)	10:38	5.6 (47.1%)
144	WILK Dominika	29	PORSHE	K18-39	38	00:20:39	00:42:37	01:03:50.16	+00:33:33 (52.6%)	10:38	5.6 (47.1%)
145	KUTKOWSKI Sławomir	90		M18-39	67	00:20:47	00:42:51	01:05:27.35	+00:35:10 (53.7%)	10:54	5.5 (46.2%)
146	TABAK Marek	138		M40-54	27	00:22:33	00:44:56	01:07:27.85	+00:37:10 (55.1%)	11:14	5.3 (44.5%)
147	SCHEFFLER Bryan	232		M18-39	68	00:23:06	00:47:18	01:11:34.74	+00:41:17 (57.7%)	11:55	5 (42.0%)

Znaleziono 147 wynik(ów)