



Wydarzenie: BIEG HERKULESA 2018
Organizator: ZOS Koszalin; Koszaliński Sztab Ratownictwa
Data: 2018-08-05
Miejsce: Koszalin
Dystans: 6 km

BIEG HERKULESA 6 KM

B4SPORT



Klasyfikacja: M40-54

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 2km	Start All 4km	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
1	GRZESIK Eugeniusz	110	TKKF KOSZALIN	M40-54	1	00:12:56	00:26:17	00:39:30.65		6:35	9.1 (100%)
2	URBAŃSKI Tomasz	94	KARLINO BIEGAJ	M40-54	2	00:13:03	00:26:42	00:40:27.30	+00:00:56 (2.3%)	6:44	8.9 (97.8%)
3	PICK Tomek	58	DEAF KOSZALIN	M40-54	3	00:13:25	00:27:49	00:41:19.35	+00:01:48 (4.4%)	6:53	8.7 (95.6%)
4	IWANIEC Dariusz	23	TKKF KOSZALIN	M40-54	4	00:13:59	00:28:07	00:41:53.90	+00:02:23 (5.7%)	6:59	8.6 (94.5%)
5	KAJKOWSKI Rafał	32	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M40-54	5	00:13:37	00:28:16	00:42:23.55	+00:02:52 (6.8%)	7:03	8.5 (93.4%)
6	PROTASEWICZ Andrzej	66	SPOKO SŁAWNO	M40-54	6	00:14:31	00:29:06	00:43:21.55	+00:03:50 (8.9%)	7:13	8.3 (91.2%)
7	PŁOSKI Krzysztof	61	DARŁOWSKIE CHARTY	M40-54	7	00:14:51	00:29:23	00:44:11.95	+00:04:41 (10.6%)	7:22	8.1 (89.0%)
8	STUDNIK Jarosław	85		M40-54	8	00:14:39	00:30:05	00:45:43.15	+00:06:12 (13.6%)	7:37	7.9 (86.8%)
9	ADRYAN Adam	1		M40-54	9	00:15:19	00:30:47	00:46:00.65	+00:06:30 (14.1%)	7:40	7.8 (85.7%)
10	JANUSZEK Adam	28	RUGBY CUB KOSZALIN	M40-54	10	00:14:30	00:30:39	00:46:11.45	+00:06:40 (14.5%)	7:42	7.8 (85.7%)
11	KRASIŃSKI Witold	36		M40-54	11	00:15:09	00:30:54	00:46:22.95	+00:06:52 (14.8%)	7:43	7.8 (85.7%)
12	KUBACZKA Andrzej	40		M40-54	12	00:15:12	00:31:11	00:46:47.05	+00:07:16 (15.5%)	7:47	7.7 (84.6%)
13	GAŁECKI Jacek	15	KARLINO BIEGAJ	M40-54	13	00:14:46	00:30:31	00:46:47.50	+00:07:16 (15.6%)	7:47	7.7 (84.6%)
14	POKRZYWKA Tomasz	63		M40-54	14	00:15:28	00:31:53	00:47:36.65	+00:08:06 (17.0%)	7:56	7.6 (83.5%)
15	MURAWSKI Waldemar	105	ZKS KOSZALIN	M40-54	15	00:15:13	00:31:38	00:47:53.90	+00:08:23 (17.5%)	7:59	7.5 (82.4%)
16	MRUGALSKI Stanisław	47		M40-54	16	00:16:33	00:34:10	00:51:17.45	+00:11:46 (23.0%)	8:32	7 (76.9%)
17	GALICKI Robert	14		M40-54	17	00:16:45	00:34:35	00:52:16.70	+00:12:46 (24.4%)	8:42	6.9 (75.8%)
18	TRĘBACZ Mariusz	93	APARTAMENT U TEOFILA	M40-54	18	00:17:11	00:35:03	00:53:16.95	+00:13:46 (25.8%)	8:52	6.8 (74.7%)
19	PISERA Krzysztof	60		M40-54	19	00:17:23	00:35:34	00:53:33.90	+00:14:03 (26.2%)	8:55	6.7 (73.6%)

Znaleziono 19 wynik(ów)