

Organizator: HVACR.pl Aldona Rybka
Data: 2019-05-19
Miejsce: Bydgoszcz
Dystans: 10 km

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|----------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 1 | KRAMARZ Aleksander | 188 | | M20-29 | 1 | 00:36:27.80 | | 3:38 | 16.5 (100%) |
| 2 | BABULA Przemysław | 5 | GKS PIAST GLIWICE | M20-29 | 2 | 00:36:31.15 | +00:00:03 (0.2%) | 3:39 | 16.4 (99.4%) |
| 3 | MRUK Tomasz | 254 | CZARNE STOPY | M40-49 | 1 | 00:37:27.75 | +00:00:59 (2.7%) | 3:44 | 16 (97.0%) |
| 4 | LIDZBARSKI Janusz | 220 | | M30-39 | 1 | 00:37:39.40 | +00:01:11 (3.2%) | 3:46 | 15.9 (96.4%) |
| 5 | ABU NAHIA Karim | 1 | NADAKTYWNI TORUŃ | M20-29 | 3 | 00:37:42.10 | +00:01:14 (3.3%) | 3:46 | 15.9 (96.4%) |
| 6 | KUŹMICZ Dominik | 210 | | M20-29 | 4 | 00:37:51.60 | +00:01:23 (3.7%) | 3:47 | 15.8 (95.8%) |
| 7 | MAĆKOWSKI Maciej | 232 | UPS BYDGOSZCZ | M30-39 | 2 | 00:37:57.20 | +00:01:29 (3.9%) | 3:47 | 15.8 (95.8%) |
| 8 | JANKOWSKI Karol | 401 | UKS CZAPLA BIAŁE BŁOTA | M16-19 | 1 | 00:38:24.35 | +00:01:56 (5.1%) | 3:50 | 15.6 (94.5%) |
| 9 | KWIATKOWSKI Sebastian | 214 | THERMAGEN | M40-49 | 2 | 00:38:27.40 | +00:01:59 (5.2%) | 3:50 | 15.6 (94.5%) |
| 10 | KOŁAKOWSKI Tomasz | 159 | | M30-39 | 3 | 00:38:38.60 | +00:02:10 (5.6%) | 3:51 | 15.5 (93.9%) |
| 11 | MAĆKOWSKI Maciej | 231 | | M30-39 | 4 | 00:38:44.75 | +00:02:16 (5.9%) | 3:52 | 15.5 (93.9%) |
| 12 | DĄBROWSKI Paweł | 52 | | M20-29 | 5 | 00:39:03.85 | +00:02:36 (6.7%) | 3:54 | 15.4 (93.3%) |
| 13 | PAJĄK Bartłomiej | 270 | SMSKLIMA | M30-39 | 5 | 00:39:04.15 | +00:02:36 (6.7%) | 3:54 | 15.4 (93.3%) |
| 14 | FUZ Marek | 74 | KABEL TEAM BYDGOSZCZ | M40-49 | 3 | 00:39:42.35 | +00:03:14 (8.2%) | 3:58 | 15.1 (91.5%) |
| 15 | SZENK Marta | 347 | | K30-39 | 1 | 00:39:52.00 | +00:03:24 (8.5%) | 3:59 | 15.1 (91.5%) |
| 16 | WRÓBLEWSKI Tomasz | 384 | RYCERZE NIEPOKALANEJ | M40-49 | 4 | 00:39:57.95 | +00:03:30 (8.8%) | 3:59 | 15 (90.9%) |
| 17 | RUMIŃSKI Arkadiusz | 77 | NADAKTYWNI TORUŃ | M20-29 | 6 | 00:40:04.25 | +00:03:36 (9.0%) | 4:00 | 15 (90.9%) |
| 18 | KMITTA Leszek | 155 | PWIK SP. Z O.O. INOWROCLAW | M30-39 | 6 | 00:40:11.95 | +00:03:44 (9.3%) | 4:01 | 14.9 (90.3%) |
| 19 | LUTOWSKI Wojciech | 223 | TKKF KOLEJARZ BYDGOSZCZ | M30-39 | 7 | 00:40:23.35 | +00:03:55 (9.7%) | 4:02 | 14.9 (90.3%) |
| 20 | KRAJEWSKI Tomasz | 187 | | M30-39 | 8 | 00:40:30.80 | +00:04:03 (10.0%) | 4:03 | 14.8 (89.7%) |
| 21 | HORODYSKI Piotr | 107 | TKKF KOLEJARZ BYDGOSZCZ | M30-39 | 9 | 00:40:41.60 | +00:04:13 (10.4%) | 4:04 | 14.7 (89.1%) |
| 22 | RĘBISZ Judyta | 305 | TL 'POGOŃ' RUDA ŚLĄSKA | K20-29 | 1 | 00:40:51.20 | +00:04:23 (10.7%) | 4:05 | 14.7 (89.1%) |
| 23 | KLIMEK Łukasz | 152 | H2O TEAM | M30-39 | 10 | 00:41:01.70 | +00:04:33 (11.1%) | 4:06 | 14.6 (88.5%) |
| 24 | KUCHTA Piotr | 202 | KB PIONIER SZCZECIN | M30-39 | 11 | 00:41:13.40 | +00:04:45 (11.5%) | 4:07 | 14.6 (88.5%) |
| 25 | WESIORA Mariusz | 370 | BIEGAM BO CHCĘ | M50-59 | 1 | 00:41:21.55 | +00:04:53 (11.8%) | 4:08 | 14.5 (87.9%) |

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|-----|-----------------------------|------------|-----------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 26 | PIEKARSKI Marek | 63 | BELLA LINE BDG | M40-49 | 5 | 00:41:33.30 | +00:05:05 (12.3%) | 4:09 | 14.4 (87.3%) |
| 27 | GROSKOP Grzegorz | 94 | RUN TEAM SĘPÓLNO KRAJEŃSKIE | M20-29 | 7 | 00:41:41.95 | +00:05:14 (12.6%) | 4:10 | 14.4 (87.3%) |
| 28 | STACHOWICZ Wiesław | 408 | BRZOZA BIEGA | M40-49 | 6 | 00:41:42.45 | +00:05:14 (12.6%) | 4:10 | 14.4 (87.3%) |
| 29 | SZCZĘSNY Piotr | 344 | NADAKTYWNI TORUŃ | M20-29 | 8 | 00:41:54.70 | +00:05:26 (13.0%) | 4:11 | 14.3 (86.7%) |
| 30 | GOŁATA Wojciech | 84 | WILCZA WATAHA | M30-39 | 12 | 00:41:57.85 | +00:05:30 (13.1%) | 4:11 | 14.3 (86.7%) |
| 31 | NAGORZYSKI Arkadiusz | 260 | BIEGAM WSPIERAM MOTYWUJĘ | M30-39 | 13 | 00:41:58.90 | +00:05:31 (13.1%) | 4:11 | 14.3 (86.7%) |
| 32 | LEWANDOWSKI Filip | 218 | | M30-39 | 14 | 00:42:00.15 | +00:05:32 (13.2%) | 4:12 | 14.3 (86.7%) |
| 33 | SARNECKI Michał | 316 | ATI SYSTEMY ELEKTRONICZNE | M30-39 | 15 | 00:42:22.55 | +00:05:54 (14.0%) | 4:14 | 14.2 (86.1%) |
| 34 | PAWLIK Stanisław | 276 | | M50-59 | 2 | 00:42:23.35 | +00:05:55 (14.0%) | 4:14 | 14.2 (86.1%) |
| 35 | KANNNEBERG Maciej | 142 | RUN TEAM SĘPÓLNO KRAJEŃSKIE | M20-29 | 9 | 00:42:44.65 | +00:06:16 (14.7%) | 4:16 | 14 (84.8%) |
| 36 | PIECHOTA Mariusz | 280 | WATAHA WAŁCZ | M50-59 | 3 | 00:42:45.45 | +00:06:17 (14.7%) | 4:16 | 14 (84.8%) |
| 37 | GIERSEWSKI Jarosław | 78 | ZAŁOGA G | M40-49 | 7 | 00:43:08.65 | +00:06:40 (15.5%) | 4:18 | 13.9 (84.2%) |
| 38 | SKORNIA Eliza | 326 | SBRT RUNNING TEAM | K20-29 | 2 | 00:43:14.50 | +00:06:46 (15.7%) | 4:19 | 13.9 (84.2%) |
| 39 | WŁODARCZYK Wojciech | 377 | CZARNE STOPY | M50-59 | 4 | 00:43:15.75 | +00:06:47 (15.7%) | 4:19 | 13.9 (84.2%) |
| 40 | MAKOWSKI Sławomir | 234 | RUN BYDGOSZCZ | M50-59 | 5 | 00:43:27.20 | +00:06:59 (16.1%) | 4:20 | 13.8 (83.6%) |
| 41 | RACZYŃSKI Krzysztof | 297 | BIEGAJĄCY FILOZOF TEAM | M50-59 | 6 | 00:43:54.05 | +00:07:26 (16.9%) | 4:23 | 13.7 (83.0%) |
| 42 | SZATTEN Dawid | 342 | | M30-39 | 16 | 00:44:05.70 | +00:07:37 (17.3%) | 4:24 | 13.6 (82.4%) |
| 43 | BOŁKA Szymon | 19 | | M30-39 | 17 | 00:44:32.35 | +00:08:04 (18.1%) | 4:27 | 13.5 (81.8%) |
| 44 | SADECKI Karol | 315 | CB163 | M30-39 | 18 | 00:44:37.00 | +00:08:09 (18.3%) | 4:27 | 13.4 (81.2%) |
| 45 | PALIGA Antoni | 273 | RUN TEAM SĘPÓLNO KRAJEŃSKIE | M50-59 | 7 | 00:44:50.20 | +00:08:22 (18.7%) | 4:29 | 13.4 (81.2%) |
| 46 | GRUSZECZKA Jacek | 100 | PARKRUN GRUDZIĄDZ | M30-39 | 19 | 00:44:55.35 | +00:08:27 (18.8%) | 4:29 | 13.4 (81.2%) |
| 47 | PALLACH Lech | 274 | BIEGAMYRAZEM.PL | M30-39 | 20 | 00:45:06.80 | +00:08:39 (19.2%) | 4:30 | 13.3 (80.6%) |
| 48 | RÓŻYCKI Sławomir | 312 | TKKF KOLEJARZ BYDGOSZCZ | M50-59 | 8 | 00:45:21.05 | +00:08:53 (19.6%) | 4:32 | 13.2 (80.0%) |
| 49 | BARTKOWIAK Rafał | 9 | ORTIMEDRUNNERSTEAM | M40-49 | 8 | 00:45:22.05 | +00:08:54 (19.6%) | 4:32 | 13.2 (80.0%) |
| 50 | TARCZYŃSKI Łukasz | 166 | FREAŁY FIT | M30-39 | 21 | 00:45:27.60 | +00:08:59 (19.8%) | 4:32 | 13.2 (80.0%) |
| 51 | GRUBICH Damian | 97 | | M40-49 | 9 | 00:45:32.65 | +00:09:04 (19.9%) | 4:33 | 13.2 (80.0%) |
| 52 | ŁASSA Rafał | 227 | SBRT RUNNING TEAM BYDGOSZCZ | M20-29 | 10 | 00:45:34.85 | +00:09:07 (20.0%) | 4:33 | 13.2 (80.0%) |
| 53 | JUREK Piotr | 130 | BBL SZUBIN | M50-59 | 9 | 00:45:40.05 | +00:09:12 (20.2%) | 4:34 | 13.1 (79.4%) |
| 54 | DZIUBANY Sebastian | 68 | DEATHBYRUN | M30-39 | 22 | 00:45:45.35 | +00:09:17 (20.3%) | 4:34 | 13.1 (79.4%) |
| 55 | ROSÓŁ Jacek | 310 | | M30-39 | 23 | 00:45:49.15 | +00:09:21 (20.4%) | 4:34 | 13.1 (79.4%) |
| 56 | MICHALIK Joanna | 248 | ARUN | K30-39 | 2 | 00:45:56.35 | +00:09:28 (20.6%) | 4:35 | 13.1 (79.4%) |
| 57 | KLIMCZAK Zbigniew | 151 | KLIMA-THERM TEAM | M40-49 | 10 | 00:45:57.85 | +00:09:30 (20.7%) | 4:35 | 13.1 (79.4%) |
| 58 | WUJEK Magdalena | 385 | | K30-39 | 3 | 00:46:04.20 | +00:09:36 (20.9%) | 4:36 | 13 (78.8%) |
| 59 | ŚLEFARSKI Marcin | 356 | | M30-39 | 24 | 00:46:10.80 | +00:09:43 (21.0%) | 4:37 | 13 (78.8%) |
| 60 | CHOJNACKI Andrzej | 34 | ATI SYSTEMY ELEKTRONICZNE | M40-49 | 11 | 00:46:16.10 | +00:09:48 (21.2%) | 4:37 | 13 (78.8%) |
| 61 | TRZCIŃSKI Artur | 361 | DRUŻYNA SZPIKU | M40-49 | 12 | 00:46:17.60 | +00:09:49 (21.2%) | 4:37 | 13 (78.8%) |
| 62 | KUTOWSKI Przemysław | 209 | | M40-49 | 13 | 00:46:19.20 | +00:09:51 (21.3%) | 4:38 | 12.9 (78.2%) |
| 63 | WOŹNIAKOWSKA Agata | 407 | BYDGOSKIE OKONIE | K30-39 | 4 | 00:46:21.85 | +00:09:54 (21.4%) | 4:38 | 12.9 (78.2%) |
| 64 | PALACZ Wioletta | 271 | | K40-49 | 1 | 00:46:25.05 | +00:09:57 (21.4%) | 4:38 | 12.9 (78.2%) |
| 65 | WOŹNIAK Adam | 381 | SBRT BYDGOSZCZ | M40-49 | 14 | 00:46:31.85 | +00:10:04 (21.6%) | 4:39 | 12.9 (78.2%) |
| 66 | GOŁĘBIEWSKI Piotr | 85 | | M40-49 | 15 | 00:46:36.30 | +00:10:08 (21.8%) | 4:39 | 12.9 (78.2%) |
| 67 | KACZOROWSKI Rafał | 404 | | M20-29 | 11 | 00:46:42.25 | +00:10:14 (21.9%) | 4:40 | 12.8 (77.6%) |
| 68 | JELEŃIEWSKI Wojciech | 124 | HAWO SYSTEM | M30-39 | 25 | 00:46:45.20 | +00:10:17 (22.0%) | 4:40 | 12.8 (77.6%) |
| 69 | KWARTA Przemysław | 212 | SYSTHERM SPORT TEAM | M50-59 | 10 | 00:46:46.40 | +00:10:18 (22.0%) | 4:40 | 12.8 (77.6%) |

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|-----|------------------------------------|------------|---|-----------|------|--------------------|-------------------|--------------|--------------|
| 70 | SŁOMKA Maciej | 328 | MOŻE I POWOLI ALE ZA TO BYLE JAK | M30-39 | 26 | 00:46:48.05 | +00:10:20 (22.1%) | 4:40 | 12.8 (77.6%) |
| 71 | JASIŃSKI Daniel | 119 | NIGHT RUNERS WRZEŚNIA | M30-39 | 27 | 00:46:53.10 | +00:10:25 (22.2%) | 4:41 | 12.8 (77.6%) |
| 72 | KAMIŃSKI Łukasz | 167 | WATAHA BYDGOSZCZ | M30-39 | 28 | 00:46:55.70 | +00:10:27 (22.3%) | 4:41 | 12.8 (77.6%) |
| 73 | CZAJKOWSKA Sylwia | 39 | ŻÓŁTOKRÓLEWSCY | K40-49 | 2 | 00:46:57.65 | +00:10:29 (22.4%) | 4:41 | 12.8 (77.6%) |
| 74 | DESSELBERGER Andrzej | 56 | ENERGY TRI WŁOCŁAWEK | M50-59 | 11 | 00:46:59.55 | +00:10:31 (22.4%) | 4:42 | 12.8 (77.6%) |
| 75 | STAŃCZYK Martyna | 334 | | K20-29 | 3 | 00:47:09.55 | +00:10:41 (22.7%) | 4:42 | 12.7 (77.0%) |
| 76 | MARKOWICZ Robert | 241 | | M40-49 | 16 | 00:47:15.90 | +00:10:48 (22.9%) | 4:43 | 12.7 (77.0%) |
| 77 | DĄBROWSKI Mariusz | 53 | THERMAGEN | M40-49 | 17 | 00:47:16.05 | +00:10:48 (22.9%) | 4:43 | 12.7 (77.0%) |
| 78 | WNUCZYŃSKI Andrzej | 379 | ORANGE POLSKA | M40-49 | 18 | 00:47:17.60 | +00:10:49 (22.9%) | 4:43 | 12.7 (77.0%) |
| 79 | BUZALSKI Robert | 30 | ORANGE POLSKA | M40-49 | 19 | 00:47:18.35 | +00:10:50 (22.9%) | 4:43 | 12.7 (77.0%) |
| 80 | JASIŃSKI Artur | 118 | BBL SZUBIN | M40-49 | 20 | 00:47:21.15 | +00:10:53 (23.0%) | 4:44 | 12.7 (77.0%) |
| 81 | KADOW Ryszard | 135 | TRISPACE / #B3K / ŻÓŁTOKRÓLEWSCY | M40-49 | 21 | 00:47:26.40 | +00:10:58 (23.1%) | 4:44 | 12.6 (76.4%) |
| 82 | WŁOCH Sylwester | 376 | 1963 | M50-59 | 12 | 00:47:41.50 | +00:11:13 (23.5%) | 4:46 | 12.6 (76.4%) |
| 83 | JAROCH-LIDZBARSKA Magdalena | 116 | AMBITIOUS RUNNERS TEAM/MOTYWATORNIA TEAM | K30-39 | 5 | 00:47:44.05 | +00:11:16 (23.6%) | 4:46 | 12.6 (76.4%) |
| 84 | NIEDBALSKI Grzegorz | 263 | RUN BYDGOSZCZ | M60+ | 1 | 00:47:50.55 | +00:11:22 (23.8%) | 4:47 | 12.5 (75.8%) |
| 85 | GMAJ Daniel | 80 | ALNOR | M30-39 | 29 | 00:48:14.85 | +00:11:47 (24.4%) | 4:49 | 12.4 (75.2%) |
| 86 | ROMEL Michał | 308 | | M30-39 | 30 | 00:48:19.95 | +00:11:52 (24.6%) | 4:50 | 12.4 (75.2%) |
| 87 | SZATKOWSKI Józef | 341 | MORSY Z GRUDZIĄDZA | M60+ | 2 | 00:48:24.10 | +00:11:56 (24.7%) | 4:50 | 12.4 (75.2%) |
| 88 | MAZUR Michał | 246 | | M20-29 | 12 | 00:48:25.40 | +00:11:57 (24.7%) | 4:50 | 12.4 (75.2%) |
| 89 | PEPLIŃSKI Grzegorz | 277 | LKS ZANTYR SZTUM | M40-49 | 22 | 00:48:27.20 | +00:11:59 (24.7%) | 4:50 | 12.4 (75.2%) |
| 90 | REPCZYŃSKI Tomek | 304 | TRISPACE | M20-29 | 13 | 00:48:35.90 | +00:12:08 (25.0%) | 4:51 | 12.3 (74.5%) |
| 91 | SIUDAK Daniel | 171 | 8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ | M30-39 | 31 | 00:48:37.30 | +00:12:09 (25.0%) | 4:51 | 12.3 (74.5%) |
| 92 | MIERZWA Damian | 252 | RUN TEAM SĘPÓLNO KRAJEŃSKIE | M30-39 | 32 | 00:48:41.85 | +00:12:14 (25.1%) | 4:52 | 12.3 (74.5%) |
| 93 | GŁOGOWSKI Mateusz | 79 | | M30-39 | 33 | 00:48:52.50 | +00:12:24 (25.4%) | 4:53 | 12.3 (74.5%) |
| 94 | KŁACZYŃSKI Mariusz | 154 | #BIEGACZE | M40-49 | 23 | 00:48:55.30 | +00:12:27 (25.5%) | 4:53 | 12.3 (74.5%) |
| 95 | LUZAK Magdalena | 224 | REEBOKRUNCREW BYDGOSZCZ | K20-29 | 4 | 00:49:11.70 | +00:12:43 (25.9%) | 4:55 | 12.2 (73.9%) |
| 95 | PIOTROWSKI Szymon | 283 | ALNOR | M20-29 | 14 | 00:49:11.70 | +00:12:43 (25.9%) | 4:55 | 12.2 (73.9%) |
| 97 | PIOTROWSKA Katarzyna | 282 | | K20-29 | 5 | 00:49:12.85 | +00:12:45 (25.9%) | 4:55 | 12.2 (73.9%) |
| 98 | KWIATKOWSKI Michał | 213 | | M30-39 | 34 | 00:49:14.95 | +00:12:47 (26.0%) | 4:55 | 12.2 (73.9%) |
| 99 | GZYL Mikołaj | 104 | JANUSZE TRIATHLONU 'EXODUS' TEAM | M30-39 | 35 | 00:49:15.45 | +00:12:47 (26.0%) | 4:55 | 12.2 (73.9%) |
| 100 | BIEL Marek | 14 | 1% DLA DARII BIEL / ŻÓŁTOKRÓLEWSCY | M40-49 | 24 | 00:49:27.00 | +00:12:59 (26.3%) | 4:56 | 12.1 (73.3%) |
| 101 | ANDRZEJEWSKA Sylwia | 2 | | K30-39 | 6 | 00:49:28.80 | +00:13:01 (26.3%) | 4:56 | 12.1 (73.3%) |
| 102 | GRZELCZAK Marta | 102 | PERSON MARTA GRZELCZAK | K30-39 | 7 | 00:49:33.45 | +00:13:05 (26.4%) | 4:57 | 12.1 (73.3%) |
| 103 | MICKIEWICZ Jan | 250 | GRUDZIĄDZ BIEGA | M60+ | 3 | 00:49:37.85 | +00:13:10 (26.5%) | 4:57 | 12.1 (73.3%) |
| 104 | WROŃSKI Jakub | 383 | KOTŁOSPRAW | M20-29 | 15 | 00:49:38.95 | +00:13:11 (26.6%) | 4:57 | 12.1 (73.3%) |
| 105 | WOJCIECHOWSKI Grzegorz | 380 | ATOS BYDGOSZCZ | M20-29 | 16 | 00:49:41.55 | +00:13:13 (26.6%) | 4:58 | 12.1 (73.3%) |
| 106 | DOMAN Janusz | 60 | UKS SZABLA BRZOZA | M60+ | 4 | 00:49:46.10 | +00:13:18 (26.7%) | 4:58 | 12.1 (73.3%) |
| 107 | DYBOWSKI Dominik | 67 | PUA | M20-29 | 17 | 00:49:47.00 | +00:13:19 (26.8%) | 4:58 | 12.1 (73.3%) |
| 108 | DRÓŹDŹ Andrzej | 64 | KLIMA-THERM TEAM | M20-29 | 18 | 00:49:48.85 | +00:13:21 (26.8%) | 4:58 | 12 (72.7%) |
| 109 | RADKA Michał | 298 | KLIMOR TEAM | M30-39 | 36 | 00:49:51.45 | +00:13:23 (26.9%) | 4:59 | 12 (72.7%) |
| 110 | ROZWADOWSKI Oskar | 311 | KLIMAT SOLEC | M20-29 | 19 | 00:49:52.15 | +00:13:24 (26.9%) | 4:59 | 12 (72.7%) |
| 111 | DRÓBKA Sylwester | 62 | | M40-49 | 25 | 00:49:53.75 | +00:13:25 (26.9%) | 4:59 | 12 (72.7%) |
| 112 | ŻUBEREK Piotr | 400 | | M40-49 | 26 | 00:49:54.50 | +00:13:26 (26.9%) | 4:59 | 12 (72.7%) |
| 113 | PŁACZKIEWICZ Robert | 286 | SOL3 SQUADRUN / PB SLA | M30-39 | 37 | 00:49:54.70 | +00:13:26 (26.9%) | 4:59 | 12 (72.7%) |

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|-----|---------------------------|-------|---|-----------|------|-----------------|-------------------|--------------|--------------|
| 114 | ZIELIŃSKA Marta | 395 | | K30-39 | 8 | 00:50:04.00 | +00:13:36 (27.2%) | 5:00 | 12 (72.7%) |
| 115 | WŁADYKA Paweł | 375 | KLIMOR TEAM | M30-39 | 38 | 00:50:09.60 | +00:13:41 (27.3%) | 5:01 | 12 (72.7%) |
| 116 | KUCHCZYŃSKI Adam | 201 | BÓL TO ŚCIEMA | M50-59 | 13 | 00:50:16.25 | +00:13:48 (27.5%) | 5:01 | 11.9 (72.1%) |
| 117 | ZARECKI Piotr | 391 | PAŁUKI RUNNING TEAM | M30-39 | 39 | 00:50:25.35 | +00:13:57 (27.7%) | 5:02 | 11.9 (72.1%) |
| 118 | HERNET Kuba | 106 | | M20-29 | 20 | 00:50:28.25 | +00:14:00 (27.8%) | 5:02 | 11.9 (72.1%) |
| 119 | PAWEŁ MARCZYŃSKI Marshall | 275 | | M30-39 | 40 | 00:50:28.90 | +00:14:01 (27.8%) | 5:02 | 11.9 (72.1%) |
| 120 | SZULC Edmund | 352 | | M50-59 | 14 | 00:50:35.80 | +00:14:08 (27.9%) | 5:03 | 11.9 (72.1%) |
| 121 | ŁOBOCKI Krzysztof | 228 | TKKF KOLEJARZ BYDGOSZCZ | M30-39 | 41 | 00:50:37.50 | +00:14:09 (28.0%) | 5:03 | 11.8 (71.5%) |
| 122 | DUDKOWIAK Michał | 65 | RANDOM DRINKERS TEAM | M30-39 | 42 | 00:50:37.65 | +00:14:09 (28.0%) | 5:03 | 11.8 (71.5%) |
| 123 | SMEJA Ewa | 173 | 8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ | K20-29 | 6 | 00:50:44.40 | +00:14:16 (28.1%) | 5:04 | 11.8 (71.5%) |
| 124 | KOWALIK Waldemar | 165 | | M40-49 | 27 | 00:50:46.70 | +00:14:18 (28.2%) | 5:04 | 11.8 (71.5%) |
| 125 | ROGALSKI Maciej | 307 | | M30-39 | 43 | 00:50:56.95 | +00:14:29 (28.4%) | 5:05 | 11.8 (71.5%) |
| 126 | KOŁACZ Artur | 158 | ALNOR | M30-39 | 44 | 00:50:57.95 | +00:14:30 (28.5%) | 5:05 | 11.8 (71.5%) |
| 127 | WIECZOREK Kamila | 373 | ALNOR | K20-29 | 7 | 00:50:58.25 | +00:14:30 (28.5%) | 5:05 | 11.8 (71.5%) |
| 128 | RAK Waldemar | 299 | | M40-49 | 28 | 00:51:05.70 | +00:14:37 (28.6%) | 5:06 | 11.7 (70.9%) |
| 129 | CHMARA Rafał | 32 | | M40-49 | 29 | 00:51:08.85 | +00:14:41 (28.7%) | 5:06 | 11.7 (70.9%) |
| 130 | MATUSZEWSKI Jarosław | 244 | ZWIK CHEŁMNO | M50-59 | 15 | 00:51:10.30 | +00:14:42 (28.7%) | 5:07 | 11.7 (70.9%) |
| 131 | GOŁĘBIEWSKI Krzysztof | 86 | JUST 5 | M30-39 | 45 | 00:51:12.35 | +00:14:44 (28.8%) | 5:07 | 11.7 (70.9%) |
| 132 | BISKUPSKI Cezary | 406 | TRISPACE | M30-39 | 46 | 00:51:16.90 | +00:14:49 (28.9%) | 5:07 | 11.7 (70.9%) |
| 133 | STASZKIEWICZ Lucyna | 335 | STASHKYTEAM | K50-59 | 1 | 00:51:19.55 | +00:14:51 (29.0%) | 5:08 | 11.7 (70.9%) |
| 134 | BRUDEREK Damian | 24 | | M30-39 | 47 | 00:51:20.70 | +00:14:52 (29.0%) | 5:08 | 11.7 (70.9%) |
| 135 | PIOTROWSKI Przemysław | 284 | | M40-49 | 30 | 00:51:20.80 | +00:14:53 (29.0%) | 5:08 | 11.7 (70.9%) |
| 136 | PRZYBYSZ Kamil | 294 | | M20-29 | 21 | 00:51:24.60 | +00:14:56 (29.1%) | 5:08 | 11.7 (70.9%) |
| 137 | CIESIELSKI Damian | 35 | SBRT | M40-49 | 31 | 00:51:26.75 | +00:14:58 (29.1%) | 5:08 | 11.7 (70.9%) |
| 138 | GORGOL Tomasz | 89 | LP500 | M40-49 | 32 | 00:51:37.90 | +00:15:10 (29.4%) | 5:09 | 11.6 (70.3%) |
| 139 | LANGE Monika | 215 | | K40-49 | 3 | 00:51:44.90 | +00:15:17 (29.5%) | 5:10 | 11.6 (70.3%) |
| 140 | LUZAK Mirosław | 225 | MWIK BYDGOSZCZ | M50-59 | 16 | 00:51:46.15 | +00:15:18 (29.6%) | 5:10 | 11.6 (70.3%) |
| 141 | GRZONKA Krzysztof | 103 | KLIMA-THERM TEAM | M40-49 | 33 | 00:51:49.60 | +00:15:21 (29.6%) | 5:11 | 11.6 (70.3%) |
| 142 | TYMCZEWSKA Alicja | 362 | TYMGAZ | K20-29 | 8 | 00:52:02.05 | +00:15:34 (29.9%) | 5:12 | 11.5 (69.7%) |
| 143 | TYMCZEWSKI Maciej | 363 | TYMGAZ | M40-49 | 34 | 00:52:02.20 | +00:15:34 (29.9%) | 5:12 | 11.5 (69.7%) |
| 144 | SZMELTER Michał | 349 | | M40-49 | 35 | 00:52:07.00 | +00:15:39 (30.0%) | 5:12 | 11.5 (69.7%) |
| 145 | ZYGMUNT Robert | 399 | | M40-49 | 36 | 00:52:14.90 | +00:15:47 (30.2%) | 5:13 | 11.5 (69.7%) |
| 146 | ZABOROWSKA Beata | 389 | BIEGAM BO LUBIĘ | K40-49 | 4 | 00:52:17.20 | +00:15:49 (30.3%) | 5:13 | 11.5 (69.7%) |
| 147 | KUJAWA Przemysław | 203 | | M30-39 | 48 | 00:52:20.15 | +00:15:52 (30.3%) | 5:14 | 11.5 (69.7%) |
| 148 | KOWALCZYK Tomasz | 164 | ZP SERWIS | M40-49 | 37 | 00:52:20.30 | +00:15:52 (30.3%) | 5:14 | 11.5 (69.7%) |
| 149 | URBAŃSKI Tomek | 365 | | M40-49 | 38 | 00:52:25.90 | +00:15:58 (30.5%) | 5:14 | 11.4 (69.1%) |
| 150 | WĄSIK Łukasz | 369 | ATI SYSTEMY ELEKTRONICZNE | M20-29 | 22 | 00:52:26.85 | +00:15:59 (30.5%) | 5:14 | 11.4 (69.1%) |
| 151 | BUTRYM Piotr | 29 | | M30-39 | 49 | 00:52:31.85 | +00:16:04 (30.6%) | 5:15 | 11.4 (69.1%) |
| 152 | KAMIŃSKI Ryszard | 138 | HYDRO-MET ROGOWO | M30-39 | 50 | 00:52:35.10 | +00:16:07 (30.7%) | 5:15 | 11.4 (69.1%) |
| 153 | SZEWCZYK Małgorzata | 348 | KLIMOR TEAM | K30-39 | 9 | 00:52:41.05 | +00:16:13 (30.8%) | 5:16 | 11.4 (69.1%) |
| 154 | LWOWSKI Zbigniew | 226 | | M40-49 | 39 | 00:52:44.05 | +00:16:16 (30.9%) | 5:16 | 11.4 (69.1%) |
| 155 | CZOŁGOSZEWSKI Krzysztof | 44 | PWIK SP. Z O.O. INOWROCLAW | M40-49 | 40 | 00:52:44.45 | +00:16:16 (30.9%) | 5:16 | 11.4 (69.1%) |
| 156 | JENERALSKI Maciej | 125 | VSTEAM | M40-49 | 41 | 00:52:52.45 | +00:16:24 (31.0%) | 5:17 | 11.3 (68.5%) |
| 157 | GODZIUK Roman | 81 | | M50-59 | 17 | 00:52:53.50 | +00:16:25 (31.1%) | 5:17 | 11.3 (68.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------------|------------|---|-----------|------|--------------------|-------------------|--------------|--------------|
| 158 | STARCZEWSKI Szymon | 177 | 8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ | M30-39 | 51 | 00:53:00.55 | +00:16:32 (31.2%) | 5:18 | 11.3 (68.5%) |
| 159 | LIBERACKA Agnieszka | 219 | | K20-29 | 9 | 00:53:01.75 | +00:16:33 (31.2%) | 5:18 | 11.3 (68.5%) |
| 160 | KARÓLEWSKI Krzysztof | 143 | PWIK SP. Z O.O. INOWROCLAW | M30-39 | 52 | 00:53:05.90 | +00:16:38 (31.3%) | 5:18 | 11.3 (68.5%) |
| 161 | GORBASZEWICZ Lukasz | 88 | | M30-39 | 53 | 00:53:10.70 | +00:16:42 (31.4%) | 5:19 | 11.3 (68.5%) |
| 162 | CZAJA Jarosław | 38 | | M40-49 | 42 | 00:53:15.70 | +00:16:47 (31.5%) | 5:19 | 11.3 (68.5%) |
| 163 | JANIK Roman | 113 | KWIDZYN BIEGA | M60+ | 5 | 00:53:16.35 | +00:16:48 (31.6%) | 5:19 | 11.3 (68.5%) |
| 164 | KAMPER Jarosław | 139 | BÓL TO ŚCIEMA | M40-49 | 43 | 00:53:23.70 | +00:16:55 (31.7%) | 5:20 | 11.2 (67.9%) |
| 165 | KRUPIŃSKA Izabela | 192 | H2O TEAM | K30-39 | 10 | 00:53:24.90 | +00:16:57 (31.7%) | 5:20 | 11.2 (67.9%) |
| 166 | KRAŚNY Arkadiusz | 189 | PAKOŚĆ BIEGA | M40-49 | 44 | 00:53:25.50 | +00:16:57 (31.7%) | 5:20 | 11.2 (67.9%) |
| 167 | SIUDA Marek | 324 | KLINIKA TRIATHLONU | M40-49 | 45 | 00:53:26.95 | +00:16:59 (31.8%) | 5:20 | 11.2 (67.9%) |
| 168 | MATYSIAK Damian | 245 | VELUX | M30-39 | 54 | 00:53:33.75 | +00:17:05 (31.9%) | 5:21 | 11.2 (67.9%) |
| 169 | LEWANDOWSKA Marlena | 174 | 8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ | K30-39 | 11 | 00:53:36.50 | +00:17:08 (32.0%) | 5:21 | 11.2 (67.9%) |
| 170 | NAWROCKI Dariusz | 262 | VAUPE TEAM | M50-59 | 18 | 00:53:41.70 | +00:17:13 (32.1%) | 5:22 | 11.2 (67.9%) |
| 171 | GAŚIOREK Tomasz | 409 | BRZOZA BIEGA | M50-59 | 19 | 00:53:47.00 | +00:17:19 (32.2%) | 5:22 | 11.2 (67.9%) |
| 172 | BIAŁOBLÓCKI Marek | 12 | KB LECH RYPIN | M30-39 | 55 | 00:53:52.85 | +00:17:25 (32.3%) | 5:23 | 11.1 (67.3%) |
| 173 | PACEK Mirosław | 268 | | M50-59 | 20 | 00:53:57.10 | +00:17:29 (32.4%) | 5:23 | 11.1 (67.3%) |
| 174 | KOLANOWSKA Grażyna | 157 | | K50-59 | 2 | 00:53:57.15 | +00:17:29 (32.4%) | 5:23 | 11.1 (67.3%) |
| 175 | POTRZEBOWSKA Agata | 290 | DEAF I #B3K | K30-39 | 12 | 00:53:58.05 | +00:17:30 (32.4%) | 5:23 | 11.1 (67.3%) |
| 176 | ARDASIŃSKI Łukasz | 179 | 8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ | M30-39 | 56 | 00:53:58.85 | +00:17:31 (32.5%) | 5:23 | 11.1 (67.3%) |
| 177 | KOPACZ Hanka | 160 | BIEGAM. PO SWOJEMU. | K40-49 | 5 | 00:54:07.50 | +00:17:39 (32.6%) | 5:24 | 11.1 (67.3%) |
| 178 | SOKOŁOWSKI Karol | 331 | SBRT | M30-39 | 57 | 00:54:08.90 | +00:17:41 (32.7%) | 5:24 | 11.1 (67.3%) |
| 179 | ZIELIŃSKI Krzysztof | 396 | | M40-49 | 46 | 00:54:09.35 | +00:17:41 (32.7%) | 5:25 | 11.1 (67.3%) |
| 180 | WALENTYNOWICZ Aneta | 366 | LOTOS RUNNING TEAM/ PRUSZCZ BIEGA | K40-49 | 6 | 00:54:22.80 | +00:17:55 (32.9%) | 5:26 | 11 (66.7%) |
| 181 | JESKE Marek | 126 | RUN BYDGOSZCZ | M40-49 | 47 | 00:54:29.30 | +00:18:01 (33.1%) | 5:26 | 11 (66.7%) |
| 182 | CZELEŃ Łukasz | 43 | | M30-39 | 58 | 00:54:30.00 | +00:18:02 (33.1%) | 5:27 | 11 (66.7%) |
| 183 | GRUDA Mirosław | 98 | | M60+ | 6 | 00:54:30.65 | +00:18:02 (33.1%) | 5:27 | 11 (66.7%) |
| 184 | ANDRZEJEWSKI Ryszard | 3 | ŻÓŁTOKRÓLEWSCY | M60+ | 7 | 00:54:32.40 | +00:18:04 (33.1%) | 5:27 | 11 (66.7%) |
| 185 | SZRAJDA Monika | 350 | WATAHA | K40-49 | 7 | 00:54:35.15 | +00:18:07 (33.2%) | 5:27 | 11 (66.7%) |
| 186 | KOZIOŁ Łukasz | 185 | | M20-29 | 23 | 00:54:35.45 | +00:18:07 (33.2%) | 5:27 | 11 (66.7%) |
| 187 | BIENKOWSKI Tomasz | 15 | THERMAGEN | M30-39 | 59 | 00:54:38.40 | +00:18:10 (33.3%) | 5:27 | 11 (66.7%) |
| 188 | SIWIŃSKA Elżbieta | 325 | BBL INOWROCLAW | K60+ | 1 | 00:54:40.30 | +00:18:12 (33.3%) | 5:28 | 11 (66.7%) |
| 189 | MADEJ Adam | 233 | | M20-29 | 24 | 00:54:45.50 | +00:18:17 (33.4%) | 5:28 | 11 (66.7%) |
| 190 | BUCZKOWSKI Wojciech | 26 | RUN PASJA | M50-59 | 21 | 00:54:46.70 | +00:18:18 (33.4%) | 5:28 | 11 (66.7%) |
| 191 | WINIECKA Dorota | 374 | SARENKA ROJEWO | K40-49 | 8 | 00:54:47.70 | +00:18:19 (33.5%) | 5:28 | 10.9 (66.1%) |
| 191 | STOŻEK Szymon | 337 | ZWIK CHEŁMNO | M20-29 | 25 | 00:54:47.70 | +00:18:19 (33.5%) | 5:28 | 10.9 (66.1%) |
| 193 | WASTOWSKI Dawid | 367 | | M20-29 | 26 | 00:54:54.00 | +00:18:26 (33.6%) | 5:29 | 10.9 (66.1%) |
| 194 | JAMRÓZ Krystian | 111 | | M30-39 | 60 | 00:55:02.75 | +00:18:34 (33.8%) | 5:30 | 10.9 (66.1%) |
| 195 | KLAWIKOWSKI Dawid | 149 | TKKF KOLEJARZ BYDGOSZCZ | M30-39 | 61 | 00:55:18.10 | +00:18:50 (34.1%) | 5:31 | 10.8 (65.5%) |
| 196 | KLAWIKOWSKA Julita | 148 | TKKF KOLEJARZ BYDGOSZCZ | K30-39 | 13 | 00:55:18.75 | +00:18:50 (34.1%) | 5:31 | 10.8 (65.5%) |
| 197 | KURZAWIŃSKA-JABŁOŃSKA Kasia | 208 | CZARNE BIEGA | K40-49 | 9 | 00:55:20.70 | +00:18:52 (34.1%) | 5:32 | 10.8 (65.5%) |
| 198 | GROCHOWSKI Jakub | 93 | JW1515 | M30-39 | 62 | 00:55:32.45 | +00:19:04 (34.3%) | 5:33 | 10.8 (65.5%) |
| 199 | SZCZUKOCKI Marcin | 345 | | M20-29 | 27 | 00:55:34.20 | +00:19:06 (34.4%) | 5:33 | 10.8 (65.5%) |
| 200 | KREMEZ Oleh | 190 | KLIMOR TEAM | M20-29 | 28 | 00:55:39.10 | +00:19:11 (34.5%) | 5:33 | 10.8 (65.5%) |
| 201 | MUĆKO Bartek | 256 | ZSH BYDGOSZCZ | M16-19 | 2 | 00:55:41.50 | +00:19:13 (34.5%) | 5:34 | 10.8 (65.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|------------|--|-----------|------|--------------------|-------------------|--------------|--------------|
| 202 | GONCERZ Katarzyna | 87 | ANANASY | K30-39 | 14 | 00:55:41.75 | +00:19:13 (34.5%) | 5:34 | 10.8 (65.5%) |
| 203 | KRUPIŃSKI Rafał | 193 | KLIMOR TEAM | M20-29 | 29 | 00:55:43.55 | +00:19:15 (34.6%) | 5:34 | 10.8 (65.5%) |
| 204 | OKUŁA Zbigniew | 266 | SYSTHERM SPORT TEAM | M40-49 | 48 | 00:55:44.90 | +00:19:17 (34.6%) | 5:34 | 10.8 (65.5%) |
| 205 | BORUCKI Rafał | 23 | ALFACO RUNNING TEAM | M40-49 | 49 | 00:55:48.90 | +00:19:21 (34.7%) | 5:34 | 10.7 (64.8%) |
| 206 | POLC Jan | 289 | ALFACO RUNNING TEAM | M30-39 | 63 | 00:55:49.65 | +00:19:21 (34.7%) | 5:35 | 10.7 (64.8%) |
| 207 | KAZIMIERUK Mateusz | 144 | ALNOR | M20-29 | 30 | 00:55:51.85 | +00:19:24 (34.7%) | 5:35 | 10.7 (64.8%) |
| 208 | KLINIKOWSKI Jacek | 153 | KOCHAM ŻYCIE I... | M50-59 | 22 | 00:55:55.35 | +00:19:27 (34.8%) | 5:35 | 10.7 (64.8%) |
| 209 | MARSZAŁEK Przemysław | 242 | ALFACO RUNNING TEAM | M30-39 | 64 | 00:55:58.20 | +00:19:30 (34.9%) | 5:35 | 10.7 (64.8%) |
| 210 | RUDOL Magdalena | 169 | | K40-49 | 10 | 00:56:01.55 | +00:19:33 (34.9%) | 5:36 | 10.7 (64.8%) |
| 211 | ZAMIATOWSKA Kinga | 390 | BELLA LINE BDG | K40-49 | 11 | 00:56:01.65 | +00:19:33 (34.9%) | 5:36 | 10.7 (64.8%) |
| 212 | SIEWERT Hanna | 323 | | K30-39 | 15 | 00:56:03.65 | +00:19:35 (35.0%) | 5:36 | 10.7 (64.8%) |
| 213 | FABIAŃSKI Rafał | 69 | ULUNG TEAM | M20-29 | 31 | 00:56:10.90 | +00:19:43 (35.1%) | 5:37 | 10.7 (64.8%) |
| 214 | BOROŃ Krzysztof | 20 | ALNOR | M30-39 | 65 | 00:56:11.85 | +00:19:44 (35.1%) | 5:37 | 10.7 (64.8%) |
| 215 | WOJCIECHOWSKA Emilia | 402 | | K40-49 | 12 | 00:56:13.40 | +00:19:45 (35.1%) | 5:37 | 10.7 (64.8%) |
| 216 | WOJCIECHOWSKI Jarosław | 368 | | M40-49 | 50 | 00:56:13.45 | +00:19:45 (35.1%) | 5:37 | 10.7 (64.8%) |
| 217 | SZEIB Robert | 346 | | M40-49 | 51 | 00:56:13.90 | +00:19:46 (35.2%) | 5:37 | 10.7 (64.8%) |
| 218 | RYJNIK Dariusz | 172 | 8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ | M40-49 | 52 | 00:56:13.95 | +00:19:46 (35.2%) | 5:37 | 10.7 (64.8%) |
| 219 | BRZOZOWSKI Jarosław | 25 | BRZOZA TRI TEAM | M50-59 | 23 | 00:56:19.70 | +00:19:51 (35.3%) | 5:38 | 10.7 (64.8%) |
| 220 | SKUPSZ Jędrzej Kazimierz | 327 | | M30-39 | 66 | 00:56:23.95 | +00:19:56 (35.3%) | 5:38 | 10.6 (64.2%) |
| 221 | BUCZKOWSKI Krzysztof | 27 | RUN PASJA | M50-59 | 24 | 00:56:25.05 | +00:19:57 (35.4%) | 5:38 | 10.6 (64.2%) |
| 222 | MATUSZAK Dariusz | 243 | 1 BATALION LOGISTYCZNY / POLONIA BYDGOSZCZ SEKCJA LA | M40-49 | 53 | 00:56:26.45 | +00:19:58 (35.4%) | 5:38 | 10.6 (64.2%) |
| 223 | GMAJ Karolina | 181 | ALNOR | K30-39 | 16 | 00:56:26.85 | +00:19:59 (35.4%) | 5:38 | 10.6 (64.2%) |
| 224 | TAMAS Krzysztof | 358 | | M50-59 | 25 | 00:56:31.65 | +00:20:03 (35.5%) | 5:39 | 10.6 (64.2%) |
| 225 | MALINOWSKI Tomasz | 236 | | M40-49 | 54 | 00:56:32.40 | +00:20:04 (35.5%) | 5:39 | 10.6 (64.2%) |
| 226 | GRUBA Jacek | 96 | | M50-59 | 26 | 00:56:32.60 | +00:20:04 (35.5%) | 5:39 | 10.6 (64.2%) |
| 227 | GOLCZYT Wiktor | 403 | HYDRO-MET ROGOWO | M20-29 | 32 | 00:56:34.55 | +00:20:06 (35.5%) | 5:39 | 10.6 (64.2%) |
| 228 | PALIGA Mateusz | 272 | RUN TEAM SĘPÓLNO KRAJEŃSKIE | M20-29 | 33 | 00:56:41.15 | +00:20:13 (35.7%) | 5:40 | 10.6 (64.2%) |
| 229 | ZDROJEWSKI Mirosław | 393 | | M50-59 | 27 | 00:56:41.60 | +00:20:13 (35.7%) | 5:40 | 10.6 (64.2%) |
| 230 | KUKLIŃSKI Rafał | 204 | | M40-49 | 55 | 00:56:44.05 | +00:20:16 (35.7%) | 5:40 | 10.6 (64.2%) |
| 231 | GRYLEWICZ Tomasz | 101 | | M30-39 | 67 | 00:56:44.45 | +00:20:16 (35.7%) | 5:40 | 10.6 (64.2%) |
| 232 | PERLINSKI Damian | 279 | MOŻE I POWOLI ALE ZA TO BYLE JAK | M30-39 | 68 | 00:56:45.85 | +00:20:18 (35.8%) | 5:40 | 10.6 (64.2%) |
| 233 | FURYK Karol | 73 | PAKOŚĆ BIEGA | M30-39 | 69 | 00:56:46.65 | +00:20:18 (35.8%) | 5:40 | 10.6 (64.2%) |
| 234 | MURAWSKI Piotr | 257 | | M30-39 | 70 | 00:56:47.45 | +00:20:19 (35.8%) | 5:40 | 10.6 (64.2%) |
| 235 | RYCHŁOWSKI Artur | 314 | SYSTHERM SPORT TEAM | M30-39 | 71 | 00:56:51.80 | +00:20:24 (35.9%) | 5:41 | 10.6 (64.2%) |
| 236 | JÓSKOWSKI Marcin | 128 | | M40-49 | 56 | 00:56:52.00 | +00:20:24 (35.9%) | 5:41 | 10.6 (64.2%) |
| 237 | GOŁATA Agnieszka | 83 | WILCZA WATAHA | K30-39 | 17 | 00:56:57.50 | +00:20:29 (36.0%) | 5:41 | 10.5 (63.6%) |
| 238 | KANDER Michał | 140 | | M30-39 | 72 | 00:57:03.15 | +00:20:35 (36.1%) | 5:42 | 10.5 (63.6%) |
| 239 | KOPERSKI Adam | 162 | HYDRO-MET ROGOWO | M20-29 | 34 | 00:57:03.25 | +00:20:35 (36.1%) | 5:42 | 10.5 (63.6%) |
| 240 | KUROWSKI Wojciech | 207 | WATAHA | M40-49 | 57 | 00:57:08.45 | +00:20:40 (36.2%) | 5:42 | 10.5 (63.6%) |
| 241 | RUTKOWSKI Rafał | 313 | KLIMOR TEAM | M40-49 | 58 | 00:57:15.90 | +00:20:48 (36.3%) | 5:43 | 10.5 (63.6%) |
| 242 | SZYMAŃSKI Tomek | 354 | ZP SERWIS | M30-39 | 73 | 00:57:21.60 | +00:20:53 (36.4%) | 5:44 | 10.5 (63.6%) |
| 243 | GRAJEWSKI Patryk | 91 | THE RUNNERS ŚWIECIE | M30-39 | 74 | 00:57:26.90 | +00:20:59 (36.5%) | 5:44 | 10.4 (63.0%) |
| 244 | CZYŻEWSKA Justyna | 48 | | K30-39 | 18 | 00:57:32.65 | +00:21:04 (36.6%) | 5:45 | 10.4 (63.0%) |
| 245 | ROMIANOWSKA Agnieszka | 309 | | K40-49 | 13 | 00:57:35.00 | +00:21:07 (36.7%) | 5:45 | 10.4 (63.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|---|-----------|------|-----------------|-------------------|--------------|--------------|
| 246 | STACHOWIAK Andrzej | 332 | | M50-59 | 28 | 00:57:40.15 | +00:21:12 (36.8%) | 5:46 | 10.4 (63.0%) |
| 247 | LEWANDOWSKA Izabela | 217 | | K30-39 | 19 | 00:57:44.00 | +00:21:16 (36.8%) | 5:46 | 10.4 (63.0%) |
| 248 | KRÓL Karol | 191 | | M40-49 | 59 | 00:57:49.65 | +00:21:21 (36.9%) | 5:46 | 10.4 (63.0%) |
| 249 | BOROWIEC Wioleta | 21 | BBL SZUBIN | K30-39 | 20 | 00:57:51.30 | +00:21:23 (37.0%) | 5:47 | 10.4 (63.0%) |
| 250 | MARKIEWICZ Mirek | 240 | INTERACTIVE ENGLISH SCHOOL | M40-49 | 60 | 00:57:56.65 | +00:21:28 (37.1%) | 5:47 | 10.4 (63.0%) |
| 251 | SZYGOWSKI Mariusz | 353 | H2O TEAM | M50-59 | 29 | 00:58:04.10 | +00:21:36 (37.2%) | 5:48 | 10.3 (62.4%) |
| 252 | SCHULZ Maciej | 317 | SQUADRA DI AMICI | M40-49 | 61 | 00:58:06.40 | +00:21:38 (37.2%) | 5:48 | 10.3 (62.4%) |
| 253 | GROBELNA Monika | 92 | | K30-39 | 21 | 00:58:06.90 | +00:21:39 (37.3%) | 5:48 | 10.3 (62.4%) |
| 254 | PISANKO Marcin | 285 | ZP SERWIS | M30-39 | 75 | 00:58:08.00 | +00:21:40 (37.3%) | 5:48 | 10.3 (62.4%) |
| 255 | ZIELIŃSKI Maciej | 397 | | M16-19 | 3 | 00:58:24.75 | +00:21:56 (37.6%) | 5:50 | 10.3 (62.4%) |
| 256 | KWARTA Ilona | 211 | SYSTHERM SPORT TEAM | K40-49 | 14 | 00:58:32.65 | +00:22:04 (37.7%) | 5:51 | 10.3 (62.4%) |
| 257 | BUTOWSKI Michał | 28 | SEN O VICTORII | M40-49 | 62 | 00:58:38.80 | +00:22:11 (37.8%) | 5:51 | 10.2 (61.8%) |
| 258 | FRYDRYCH Bartłomiej | 72 | RODZINAPL | M30-39 | 76 | 00:58:40.05 | +00:22:12 (37.8%) | 5:52 | 10.2 (61.8%) |
| 259 | BOHDZIEWICZ Paweł | 18 | | M40-49 | 63 | 00:58:42.35 | +00:22:14 (37.9%) | 5:52 | 10.2 (61.8%) |
| 260 | CZAJKOWSKI Maciej | 40 | ATI SYSTEMY ELEKTRONICZNE | M40-49 | 64 | 00:58:44.95 | +00:22:17 (37.9%) | 5:52 | 10.2 (61.8%) |
| 261 | BIEGAŁA Agnieszka | 13 | TEAM RENEGAT | K30-39 | 22 | 00:58:51.55 | +00:22:23 (38.0%) | 5:53 | 10.2 (61.8%) |
| 262 | KOZACZYK Joanna | 182 | BBL INOWROCŁAW | K40-49 | 15 | 00:58:52.15 | +00:22:24 (38.1%) | 5:53 | 10.2 (61.8%) |
| 263 | WYPORKIEWICZ Jerzy | 387 | KLINIKA TRIATHLONU | M50-59 | 30 | 00:58:52.40 | +00:22:24 (38.1%) | 5:53 | 10.2 (61.8%) |
| 264 | SULIŃSKI Michał | 175 | 8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ | M30-39 | 77 | 00:58:52.65 | +00:22:24 (38.1%) | 5:53 | 10.2 (61.8%) |
| 265 | ŁUKASIEWICZ Krzysztof | 230 | | M40-49 | 65 | 00:59:05.65 | +00:22:37 (38.3%) | 5:54 | 10.2 (61.8%) |
| 266 | PYDYN Regina | 296 | | K50-59 | 3 | 00:59:08.15 | +00:22:40 (38.3%) | 5:54 | 10.1 (61.2%) |
| 267 | MIECZKOWSKI Artur | 251 | | M30-39 | 78 | 00:59:16.00 | +00:22:48 (38.5%) | 5:55 | 10.1 (61.2%) |
| 268 | KOPERSKI Piotr | 161 | HYDRO-MET ROGOWO | M20-29 | 35 | 00:59:17.10 | +00:22:49 (38.5%) | 5:55 | 10.1 (61.2%) |
| 269 | KOZAK Angelika | 183 | HYDRO-MET ROGOWO | K20-29 | 10 | 00:59:18.00 | +00:22:50 (38.5%) | 5:55 | 10.1 (61.2%) |
| 270 | ZGÓRSKI Maciej | 394 | WKURW TEAM BYDGOSZCZ | M40-49 | 66 | 00:59:28.90 | +00:23:01 (38.7%) | 5:56 | 10.1 (61.2%) |
| 271 | ŁUCZAK Anna | 229 | PAKOŚĆ BIEGA | K30-39 | 23 | 00:59:33.50 | +00:23:05 (38.8%) | 5:57 | 10.1 (61.2%) |
| 272 | MAŁANIN Dorota | 237 | | K40-49 | 16 | 00:59:35.00 | +00:23:07 (38.8%) | 5:57 | 10.1 (61.2%) |
| 273 | PIECHOTA Elżbieta | 281 | WATAHA WAŁCZ | K50-59 | 4 | 00:59:39.30 | +00:23:11 (38.9%) | 5:57 | 10.1 (61.2%) |
| 274 | GOLATTA Magdalena | 82 | | K30-39 | 24 | 00:59:40.35 | +00:23:12 (38.9%) | 5:58 | 10.1 (61.2%) |
| 275 | FERENS Paweł | 70 | | M40-49 | 67 | 00:59:48.60 | +00:23:20 (39.0%) | 5:58 | 10 (60.6%) |
| 276 | BARTCZAK Tomasz | 8 | | M50-59 | 31 | 00:59:52.85 | +00:23:25 (39.1%) | 5:59 | 10 (60.6%) |
| 277 | JULLY Arkadiusz | 129 | | M40-49 | 68 | 01:00:05.60 | +00:23:37 (39.3%) | 6:00 | 10 (60.6%) |
| 278 | GATNER Adam Marek | 75 | LUKS SEROCK | M60+ | 8 | 01:00:18.35 | +00:23:50 (39.5%) | 6:01 | 9.9 (60.0%) |
| 279 | KRUSZYNA Adam | 194 | | M50-59 | 32 | 01:00:24.70 | +00:23:56 (39.6%) | 6:02 | 9.9 (60.0%) |
| 280 | SOBOLEWSKA Aleksandra | 330 | REEBOKRUNCREW BYDGOSZCZ | K20-29 | 11 | 01:00:27.70 | +00:23:59 (39.7%) | 6:02 | 9.9 (60.0%) |
| 281 | WŁODARCZYK Olga | 378 | #ZBUTAWŚWIAT | K20-29 | 12 | 01:00:29.10 | +00:24:01 (39.7%) | 6:02 | 9.9 (60.0%) |
| 282 | SZATKOWSKA Beata | 340 | | K50-59 | 5 | 01:00:35.05 | +00:24:07 (39.8%) | 6:03 | 9.9 (60.0%) |
| 283 | YYYY Xxxx | 364 | | | | 01:00:35.55 | +00:24:07 (39.8%) | 6:03 | 9.9 (60.0%) |
| 284 | PRACKI Łukasz | 291 | | M20-29 | 36 | 01:00:35.65 | +00:24:07 (39.8%) | 6:03 | 9.9 (60.0%) |
| 285 | STOŻEK Grażyna | 336 | ZWIK CHEŁMNO | K40-49 | 17 | 01:00:41.00 | +00:24:13 (39.9%) | 6:04 | 9.9 (60.0%) |
| 286 | JAWORSKI Janusz | 121 | | M50-59 | 33 | 01:00:45.20 | +00:24:17 (40.0%) | 6:04 | 9.9 (60.0%) |
| 287 | MANDRA Wojciech | 239 | | M30-39 | 79 | 01:00:47.25 | +00:24:19 (40.0%) | 6:04 | 9.9 (60.0%) |
| 288 | JAKUBOWSKA Lucyna | 110 | OWOCOWA STREET | K30-39 | 25 | 01:00:51.70 | +00:24:23 (40.1%) | 6:05 | 9.9 (60.0%) |
| 289 | KRZEMIŃSKA Jolanta | 196 | | K30-39 | 26 | 01:01:01.85 | +00:24:34 (40.3%) | 6:06 | 9.8 (59.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Tempo min/km | Tempo km/h |
|-----|------------------------------------|------------|---|-----------|------|--------------------|-------------------|--------------|-------------|
| | | | | | | netto | Różn | | |
| | | | | | | 10km | | | |
| 290 | KRYMER Agnieszka | 195 | | K40-49 | 18 | 01:01:13.30 | +00:24:45 (40.4%) | 6:07 | 9.8 (59.4%) |
| 291 | NAGRODZKI Dominik | 261 | ALNOR | M30-39 | 80 | 01:01:13.70 | +00:24:45 (40.4%) | 6:07 | 9.8 (59.4%) |
| 292 | PRZYBYSZEWSKI Marcin | 295 | | M40-49 | 69 | 01:01:17.35 | +00:24:49 (40.5%) | 6:07 | 9.8 (59.4%) |
| 293 | KOLASIŃSKA Joanna | 176 | 8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ | K30-39 | 27 | 01:01:22.35 | +00:24:54 (40.6%) | 6:08 | 9.8 (59.4%) |
| 294 | SYLDATK Marcin | 338 | | M30-39 | 81 | 01:01:33.10 | +00:25:05 (40.8%) | 6:09 | 9.7 (58.8%) |
| 295 | ROCHNA Daria | 306 | | K20-29 | 13 | 01:01:34.30 | +00:25:06 (40.8%) | 6:09 | 9.7 (58.8%) |
| 296 | BARANOWSKA Kamila | 7 | | K20-29 | 14 | 01:01:34.40 | +00:25:06 (40.8%) | 6:09 | 9.7 (58.8%) |
| 297 | KANIUK Maja | 141 | | K40-49 | 19 | 01:01:34.85 | +00:25:07 (40.8%) | 6:09 | 9.7 (58.8%) |
| 298 | KUNICKI Michał | 205 | KLIMAT SOLEC | M20-29 | 37 | 01:01:47.25 | +00:25:19 (41.0%) | 6:10 | 9.7 (58.8%) |
| 299 | GRUSZECZKA Patryk | 99 | PARKRUN GRUDZIĄDZ | M30-39 | 82 | 01:01:53.05 | +00:25:25 (41.1%) | 6:11 | 9.7 (58.8%) |
| 300 | DEJEWSKI Zbigniew | 54 | ALFACO RUNNING TEAM | M50-59 | 34 | 01:01:53.45 | +00:25:25 (41.1%) | 6:11 | 9.7 (58.8%) |
| 301 | DĘBSKI Jan | 57 | SOŁTYS | M60+ | 9 | 01:01:58.95 | +00:25:31 (41.2%) | 6:11 | 9.7 (58.8%) |
| 302 | SIERANT Marian | 382 | ŻÓŁTOKRÓLEWSCY | M60+ | 10 | 01:02:01.25 | +00:25:33 (41.2%) | 6:12 | 9.7 (58.8%) |
| 303 | PRZEDNÓWEK Mariola | 292 | CZARNE BIEGA | K30-39 | 28 | 01:02:07.65 | +00:25:39 (41.3%) | 6:12 | 9.7 (58.8%) |
| 304 | BEDNAREK Algvida | 10 | ALNOR | K40-49 | 20 | 01:02:12.65 | +00:25:44 (41.4%) | 6:13 | 9.6 (58.2%) |
| 305 | NIŚCIGORSKA Joanna | 265 | ALFACO RUNNING TEAM | K30-39 | 29 | 01:02:22.80 | +00:25:55 (41.5%) | 6:14 | 9.6 (58.2%) |
| 306 | KUBOWICZ KAMIŃSKA Hanna | 168 | WATAHA BYDGOSZCZ | K30-39 | 30 | 01:02:40.15 | +00:26:12 (41.8%) | 6:16 | 9.6 (58.2%) |
| 307 | JABŁOŃSKI Tomasz | 109 | | M30-39 | 83 | 01:02:41.20 | +00:26:13 (41.8%) | 6:16 | 9.6 (58.2%) |
| 308 | KUROWSKI Michał | 206 | TAP | M30-39 | 84 | 01:02:41.45 | +00:26:13 (41.8%) | 6:16 | 9.6 (58.2%) |
| 309 | NIEMCZEWSKI Przemysław | 264 | ZP SERWIS | M20-29 | 38 | 01:02:47.50 | +00:26:19 (41.9%) | 6:16 | 9.6 (58.2%) |
| 310 | KOZAKIEWICZ Marcin | 184 | | M40-49 | 70 | 01:02:48.65 | +00:26:20 (41.9%) | 6:16 | 9.6 (58.2%) |
| 311 | BIERNACKA Anka | 16 | | K40-49 | 21 | 01:03:04.40 | +00:26:36 (42.2%) | 6:18 | 9.5 (57.6%) |
| 312 | DANIELEK Ewa | 50 | REEBOK RUN CREW | K30-39 | 31 | 01:03:18.65 | +00:26:50 (42.4%) | 6:19 | 9.5 (57.6%) |
| 313 | JASTRZĘBSKI Mirosław | 120 | MECHVENT TEAM | M60+ | 11 | 01:03:27.05 | +00:26:59 (42.5%) | 6:20 | 9.5 (57.6%) |
| 314 | CZUBKOWSKI Sebastian | 46 | RUN TEAM | M30-39 | 85 | 01:03:30.85 | +00:27:03 (42.6%) | 6:21 | 9.4 (57.0%) |
| 315 | WESOŁOWSKI Dariusz | 371 | | M40-49 | 71 | 01:03:38.20 | +00:27:10 (42.7%) | 6:21 | 9.4 (57.0%) |
| 316 | BACHERA Aleksandra | 6 | | K40-49 | 22 | 01:03:38.75 | +00:27:10 (42.7%) | 6:21 | 9.4 (57.0%) |
| 317 | GATNER Martyna | 76 | | K30-39 | 32 | 01:03:40.80 | +00:27:13 (42.7%) | 6:22 | 9.4 (57.0%) |
| 318 | JELENIWSKA Zuzanna | 123 | HAWO SYSTEM | K30-39 | 33 | 01:03:44.85 | +00:27:17 (42.8%) | 6:22 | 9.4 (57.0%) |
| 319 | SEWERYN Rafał | 320 | | M40-49 | 72 | 01:04:08.60 | +00:27:40 (43.2%) | 6:24 | 9.4 (57.0%) |
| 320 | GRUBA Paweł | 95 | | M30-39 | 86 | 01:04:23.30 | +00:27:55 (43.4%) | 6:26 | 9.3 (56.4%) |
| 321 | KACZMAREK-KOPERSKA Karolina | 132 | HYDRO-MET ROGOWO | K20-29 | 15 | 01:04:26.10 | +00:27:58 (43.4%) | 6:26 | 9.3 (56.4%) |
| 322 | KUBIAK Tomasz | 199 | | M30-39 | 87 | 01:04:36.25 | +00:28:08 (43.6%) | 6:27 | 9.3 (56.4%) |
| 323 | WIĄCEK Piotr | 372 | | M50-59 | 35 | 01:04:38.40 | +00:28:10 (43.6%) | 6:27 | 9.3 (56.4%) |
| 324 | TAMAS Agnieszka | 357 | | K20-29 | 16 | 01:04:43.55 | +00:28:15 (43.7%) | 6:28 | 9.3 (56.4%) |
| 325 | KUBICKI Mateusz | 200 | | M20-29 | 39 | 01:04:58.35 | +00:28:30 (43.9%) | 6:29 | 9.2 (55.8%) |
| 326 | MUCHAJER Paweł | 255 | KLIMOR TEAM | M30-39 | 88 | 01:05:22.85 | +00:28:55 (44.2%) | 6:32 | 9.2 (55.8%) |
| 327 | JAROŃ Magdalena | 117 | | K30-39 | 34 | 01:05:45.15 | +00:29:17 (44.5%) | 6:34 | 9.1 (55.2%) |
| 328 | TEREBUS Paulina | 359 | | K20-29 | 17 | 01:05:45.65 | +00:29:17 (44.6%) | 6:34 | 9.1 (55.2%) |
| 329 | KRZYŻANOWSKA Patrycja | 197 | | K20-29 | 18 | 01:06:16.50 | +00:29:48 (45.0%) | 6:37 | 9.1 (55.2%) |
| 330 | MIOTK Marek | 253 | KLIMOR TEAM | M30-39 | 89 | 01:06:25.35 | +00:29:57 (45.1%) | 6:38 | 9 (54.5%) |
| 331 | DOBROWOLSKI Stanisław | 58 | | M60+ | 12 | 01:06:37.55 | +00:30:09 (45.3%) | 6:39 | 9 (54.5%) |
| 332 | DANIELAK Radosław | 49 | HOTEL 'AMAZONKA' TEAM | M40-49 | 73 | 01:06:37.65 | +00:30:09 (45.3%) | 6:39 | 9 (54.5%) |
| 333 | BINKOWSKA Anita | 17 | | K40-49 | 23 | 01:06:40.05 | +00:30:12 (45.3%) | 6:40 | 9 (54.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|---|-----------|------|--------------------|-------------------|--------------|-------------|
| 334 | ŚLADEWSKI Rafał | 355 | | M30-39 | 90 | 01:06:48.75 | +00:30:20 (45.4%) | 6:40 | 9 (54.5%) |
| 335 | LEWANDOWSKA Joanna | 216 | | K30-39 | 35 | 01:07:08.55 | +00:30:40 (45.7%) | 6:42 | 8.9 (53.9%) |
| 336 | KRZYŻANOWSKI Wojciech | 198 | | M40-49 | 74 | 01:07:17.50 | +00:30:49 (45.8%) | 6:43 | 8.9 (53.9%) |
| 337 | CZAJKOWSKI Maciej | 41 | ALFACO RUNNING TEAM | M40-49 | 75 | 01:07:18.90 | +00:30:51 (45.8%) | 6:43 | 8.9 (53.9%) |
| 338 | CELANOWICZ Lidia | 31 | | K30-39 | 36 | 01:08:09.75 | +00:31:41 (46.5%) | 6:48 | 8.8 (53.3%) |
| 339 | AWIZEN Antoni | 4 | MYSLIWIY | M60+ | 13 | 01:08:10.70 | +00:31:42 (46.5%) | 6:49 | 8.8 (53.3%) |
| 340 | KAŁUSKI Jacek | 137 | MECHVENT TEAM | M50-59 | 36 | 01:08:44.55 | +00:32:16 (47.0%) | 6:52 | 8.7 (52.7%) |
| 341 | POGORZELSKA Bogusia | 287 | ŻÓŁTOKRÓLEWSCY | K40-49 | 24 | 01:09:58.80 | +00:33:31 (47.9%) | 6:59 | 8.6 (52.1%) |
| 342 | LIDZBARSKI Piotr | 221 | ALFACO RUNNING TEAM | M40-49 | 76 | 01:10:02.90 | +00:33:35 (47.9%) | 7:00 | 8.6 (52.1%) |
| 343 | WYDRYCH Barbara | 386 | | K30-39 | 37 | 01:10:04.80 | +00:33:37 (48.0%) | 7:00 | 8.6 (52.1%) |
| 344 | WYSTĘPSKI Kacper | 388 | HYDRO-MET ROGOWO | M16-19 | 4 | 01:10:04.85 | +00:33:37 (48.0%) | 7:00 | 8.6 (52.1%) |
| 345 | JANUSZKIEWICZ Kornelia | 115 | WATAHA BYDGOSZCZ | K30-39 | 38 | 01:10:05.15 | +00:33:37 (48.0%) | 7:00 | 8.6 (52.1%) |
| 346 | KOCHOWICZ Anna | 156 | WATAHA BYDGOSZCZ | K40-49 | 25 | 01:10:07.20 | +00:33:39 (48.0%) | 7:00 | 8.6 (52.1%) |
| 347 | RAUCHFLEISZ Andrzej | 303 | CZOPKI KOLCZASTE | M16-19 | 5 | 01:10:23.95 | +00:33:56 (48.2%) | 7:02 | 8.5 (51.5%) |
| 348 | KRAJEWSKI Adam | 186 | | M50-59 | 37 | 01:10:35.75 | +00:34:07 (48.3%) | 7:03 | 8.5 (51.5%) |
| 349 | DRÓBKA Jakub | 61 | | M20-29 | 40 | 01:11:00.90 | +00:34:33 (48.7%) | 7:06 | 8.4 (50.9%) |
| 350 | JURKIEWICZ Beata | 131 | INTERACTIVE ENGLISH SCHOOL | K40-49 | 26 | 01:11:16.80 | +00:34:49 (48.8%) | 7:07 | 8.4 (50.9%) |
| 351 | SENDEL Sebastian | 319 | | M30-39 | 91 | 01:12:18.50 | +00:35:50 (49.6%) | 7:13 | 8.3 (50.3%) |
| 352 | SIENIAWSKI Marek | 322 | ALFACO RUNNING TEAM | M30-39 | 92 | 01:12:44.10 | +00:36:16 (49.9%) | 7:16 | 8.2 (49.7%) |
| 353 | PRZYBYLSKI Wiesław | 293 | ALFACO RUNNING TEAM | M50-59 | 38 | 01:12:44.75 | +00:36:16 (49.9%) | 7:16 | 8.2 (49.7%) |
| 354 | MAN Beata | 238 | KLIMAT SOLEC | K30-39 | 39 | 01:13:04.70 | +00:36:36 (50.1%) | 7:18 | 8.2 (49.7%) |
| 355 | CHOJNACKA Katarzyna | 33 | ATI SYSTEMY ELEKTRONICZNE | K40-49 | 27 | 01:13:57.25 | +00:37:29 (50.7%) | 7:23 | 8.1 (49.1%) |
| 356 | KOSIK Marcin | 163 | ATI SYSTEMY ELEKTRONICZNE | M40-49 | 77 | 01:14:00.50 | +00:37:32 (50.7%) | 7:24 | 8.1 (49.1%) |
| 357 | PERESIAK Anna | 278 | | K60+ | 2 | 01:14:24.30 | +00:37:56 (51.0%) | 7:26 | 8.1 (49.1%) |
| 358 | ZAREMBA Adam | 178 | 8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ | M30-39 | 93 | 01:14:24.55 | +00:37:56 (51.0%) | 7:26 | 8.1 (49.1%) |
| 359 | KAKOWSKI Przemysław | 136 | | M20-29 | 41 | 01:15:12.80 | +00:38:45 (51.5%) | 7:31 | 8 (48.5%) |
| 360 | STANISZEWSKA Aleksandra | 333 | | K30-39 | 40 | 01:15:27.50 | +00:38:59 (51.7%) | 7:32 | 8 (48.5%) |
| 361 | DANIELEK Adam | 51 | BIEGAM, ŻEBY SIĘ NIE SPOCIĆ! | M40-49 | 78 | 01:15:28.20 | +00:39:00 (51.7%) | 7:32 | 8 (48.5%) |
| 362 | MALCZEWSKA Mirka | 235 | | K60+ | 3 | 01:16:00.15 | +00:39:32 (52.0%) | 7:36 | 7.9 (47.9%) |
| 363 | KIELICH Kamil | 146 | | M40-49 | 79 | 01:16:28.35 | +00:40:00 (52.3%) | 7:38 | 7.8 (47.3%) |
| 364 | CZEKALSKA Beata | 42 | | K30-39 | 41 | 01:16:44.35 | +00:40:16 (52.5%) | 7:40 | 7.8 (47.3%) |
| 365 | CZYŻAK Joanna | 47 | AMS | K40-49 | 28 | 01:16:45.55 | +00:40:17 (52.5%) | 7:40 | 7.8 (47.3%) |
| 366 | NADRAJKOWSKA Joanna | 259 | DZIKIE KUNY | K30-39 | 42 | 01:17:40.40 | +00:41:12 (53.1%) | 7:46 | 7.7 (46.7%) |
| 367 | KIELISZAK Kinga | 147 | | K20-29 | 19 | 01:17:40.80 | +00:41:13 (53.1%) | 7:46 | 7.7 (46.7%) |
| 368 | JANKOWSKI Dawid | 114 | | M30-39 | 94 | 01:21:03.70 | +00:44:35 (55.0%) | 8:06 | 7.4 (44.8%) |
| 369 | MYŻYŃSKA Anna | 405 | | K40-49 | 29 | 01:23:05.95 | +00:46:38 (56.1%) | 8:18 | 7.2 (43.6%) |
| 370 | MYŻYŃSKI Maciej | 258 | | M40-49 | 80 | 01:23:12.65 | +00:46:44 (56.2%) | 8:19 | 7.2 (43.6%) |
| 371 | JANIACZYK Zbigniew | 112 | | M40-49 | 81 | 01:23:13.60 | +00:46:45 (56.2%) | 8:19 | 7.2 (43.6%) |
| 372 | RAUCHFLEISZ Agata | 302 | CZOPKI KOLCZASTE | K40-49 | 30 | 01:24:23.25 | +00:47:55 (56.8%) | 8:26 | 7.1 (43.0%) |
| 373 | RAUCHFLEISZ Andrzej | 301 | CZOPKI KOLCZASTE | M40-49 | 82 | 01:24:23.35 | +00:47:55 (56.8%) | 8:26 | 7.1 (43.0%) |
| 374 | KENN Agnieszka | 145 | | K30-39 | 43 | 01:26:02.10 | +00:49:34 (57.6%) | 8:36 | 7 (42.4%) |

Znaleziono 374 wynik(ów)