

Organizator: HVACR.pl Aldona Rybka
Data: 2019-05-19
Miejsce: Bydgoszcz
Dystans: 10 km

Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	347		K30-39	1	00:39:52.00		3:59	15.1 (100%)
2	MICHALIK Joanna	248	ARUN	K30-39	2	00:45:56.35	+00:06:04 (13.2%)	4:35	13.1 (86.8%)
3	WUJEK Magdalena	385		K30-39	3	00:46:04.20	+00:06:12 (13.5%)	4:36	13 (86.1%)
4	WOŹNIAKOWSKA Agata	407	BYDGOSKIE OKONIE	K30-39	4	00:46:21.85	+00:06:29 (14.0%)	4:38	12.9 (85.4%)
5	JAROCH-LIDZBARSKA Magdalena	116	AMBITIOUS RUNNERS TEAM/MOTYWATORNIA TEAM	K30-39	5	00:47:44.05	+00:07:52 (16.5%)	4:46	12.6 (83.4%)
6	ANDRZEJEWSKA Sylwia	2		K30-39	6	00:49:28.80	+00:09:36 (19.4%)	4:56	12.1 (80.1%)
7	GRZELCZAK Marta	102	PERSON MARTA GRZELCZAK	K30-39	7	00:49:33.45	+00:09:41 (19.6%)	4:57	12.1 (80.1%)
8	ZIELIŃSKA Marta	395		K30-39	8	00:50:04.00	+00:10:12 (20.4%)	5:00	12 (79.5%)
9	SZEWCZYK Małgorzata	348	KLIMOR TEAM	K30-39	9	00:52:41.05	+00:12:49 (24.3%)	5:16	11.4 (75.5%)
10	KRUPIŃSKA Izabela	192	H2O TEAM	K30-39	10	00:53:24.90	+00:13:32 (25.4%)	5:20	11.2 (74.2%)
11	LEWANDOWSKA Marlena	174	8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ	K30-39	11	00:53:36.50	+00:13:44 (25.6%)	5:21	11.2 (74.2%)
12	POTRZEBOWSKA Agata	290	DEAF I #B3K	K30-39	12	00:53:58.05	+00:14:06 (26.1%)	5:23	11.1 (73.5%)
13	KLAWIKOWSKA Julita	148	TKKF KOLEJARZ BYDGOSZCZ	K30-39	13	00:55:18.75	+00:15:26 (27.9%)	5:31	10.8 (71.5%)
14	GONCERZ Katarzyna	87	ANANASY	K30-39	14	00:55:41.75	+00:15:49 (28.4%)	5:34	10.8 (71.5%)
15	SIEWERT Hanna	323		K30-39	15	00:56:03.65	+00:16:11 (28.9%)	5:36	10.7 (70.9%)
16	GMAJ Karolina	181	ALNOR	K30-39	16	00:56:26.85	+00:16:34 (29.4%)	5:38	10.6 (70.2%)
17	GOŁATA Agnieszka	83	WILCZA WATAHA	K30-39	17	00:56:57.50	+00:17:05 (30.0%)	5:41	10.5 (69.5%)
18	CZYŻEWSKA Justyna	48		K30-39	18	00:57:32.65	+00:17:40 (30.7%)	5:45	10.4 (68.9%)
19	LEWANDOWSKA Izabela	217		K30-39	19	00:57:44.00	+00:17:52 (30.9%)	5:46	10.4 (68.9%)
20	BOROWIEC Wioleta	21	BBL SZUBIN	K30-39	20	00:57:51.30	+00:17:59 (31.1%)	5:47	10.4 (68.9%)
21	GROBELNA Monika	92		K30-39	21	00:58:06.90	+00:18:14 (31.4%)	5:48	10.3 (68.2%)
22	BIEGAŁA Agnieszka	13	TEAM RENEGAT	K30-39	22	00:58:51.55	+00:18:59 (32.3%)	5:53	10.2 (67.5%)
23	ŁUCZAK Anna	229	PAKOŚĆ BIEGA	K30-39	23	00:59:33.50	+00:19:41 (33.1%)	5:57	10.1 (66.9%)
24	GOLATTA Magdalena	82		K30-39	24	00:59:40.35	+00:19:48 (33.2%)	5:58	10.1 (66.9%)
25	JAKUBOWSKA Lucyna	110	OWOCOWA STREET	K30-39	25	01:00:51.70	+00:20:59 (34.5%)	6:05	9.9 (65.6%)

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26	KRZEMIŃSKA Jolanta	196		K30-39	26	01:01:01.85	+00:21:09 (34.7%)	6:06	9.8 (64.9%)
27	KOLASIŃSKA Joanna	176	8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ	K30-39	27	01:01:22.35	+00:21:30 (35.0%)	6:08	9.8 (64.9%)
28	PRZEDNÓWEK Mariola	292	CZARNE BIEGA	K30-39	28	01:02:07.65	+00:22:15 (35.8%)	6:12	9.7 (64.2%)
29	NIŚCIGORSKA Joanna	265	ALFACO RUNNING TEAM	K30-39	29	01:02:22.80	+00:22:30 (36.1%)	6:14	9.6 (63.6%)
30	KUBOWICZ KAMIŃSKA Hanna	168	WATAHA BYDGOSZCZ	K30-39	30	01:02:40.15	+00:22:48 (36.4%)	6:16	9.6 (63.6%)
31	DANIELEK Ewa	50	REEBOK RUN CREW	K30-39	31	01:03:18.65	+00:23:26 (37.0%)	6:19	9.5 (62.9%)
32	GATNER Martyna	76		K30-39	32	01:03:40.80	+00:23:48 (37.4%)	6:22	9.4 (62.3%)
33	JELEŃIEWSKA Zuzanna	123	HAWO SYSTEM	K30-39	33	01:03:44.85	+00:23:52 (37.5%)	6:22	9.4 (62.3%)
34	JAROŃ Magdalena	117		K30-39	34	01:05:45.15	+00:25:53 (39.4%)	6:34	9.1 (60.3%)
35	LEWANDOWSKA Joanna	216		K30-39	35	01:07:08.55	+00:27:16 (40.6%)	6:42	8.9 (58.9%)
36	CELANOWICZ Lidia	31		K30-39	36	01:08:09.75	+00:28:17 (41.5%)	6:48	8.8 (58.3%)
37	WYDRYCH Barbara	386		K30-39	37	01:10:04.80	+00:30:12 (43.1%)	7:00	8.6 (57.0%)
38	JANUSZKIEWICZ Kornelia	115	WATAHA BYDGOSZCZ	K30-39	38	01:10:05.15	+00:30:13 (43.1%)	7:00	8.6 (57.0%)
39	MAN Beata	238	KLIMAT SOLEC	K30-39	39	01:13:04.70	+00:33:12 (45.4%)	7:18	8.2 (54.3%)
40	STANISZEWSKA Aleksandra	333		K30-39	40	01:15:27.50	+00:35:35 (47.2%)	7:32	8 (53.0%)
41	CZEKALSKA Beata	42		K30-39	41	01:16:44.35	+00:36:52 (48.0%)	7:40	7.8 (51.7%)
42	NADRAJKOWSKA Joanna	259	DZIKIE KUNY	K30-39	42	01:17:40.40	+00:37:48 (48.7%)	7:46	7.7 (51.0%)
43	KENN Agnieszka	145		K30-39	43	01:26:02.10	+00:46:10 (53.7%)	8:36	7 (46.4%)

Znaleziono 43 wynik(ów)