

Organizator: HVACR.pl Aldona Rybka
Data: 2019-05-19
Miejsce: Bydgoszcz
Dystans: 10 km

Klasyfikacja: M-Wod-Kan

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KMITTA Leszek	155	PWIK SP. Z O.O. INOWROCLAW	M30-39	6	00:40:11.95		4:01	14.9 (100%)
2	KLIMEK Łukasz	152	H2O TEAM	M30-39	10	00:41:01.70	+00:00:49 (2.0%)	4:06	14.6 (98.0%)
3	NAGORZYSKI Arkadiusz	260	BIEGAM WSPIERAM MOTYWUJĘ	M30-39	13	00:41:58.90	+00:01:46 (4.2%)	4:11	14.3 (96.0%)
4	PIECHOTA Mariusz	280	WATAHA WAŁCZ	M50-59	3	00:42:45.45	+00:02:33 (6.0%)	4:16	14 (94.0%)
5	RACZYŃSKI Krzysztof	297	BIEGAJĄCY FILOZOF TEAM	M50-59	6	00:43:54.05	+00:03:42 (8.4%)	4:23	13.7 (91.9%)
6	MARKOWICZ Robert	241		M40-49	16	00:47:15.90	+00:07:03 (14.9%)	4:43	12.7 (85.2%)
7	PEPLIŃSKI Grzegorz	277	LKS ZANTYR SZTUM	M40-49	22	00:48:27.20	+00:08:15 (17.0%)	4:50	12.4 (83.2%)
8	ŻUBEREK Piotr	400		M40-49	26	00:49:54.50	+00:09:42 (19.5%)	4:59	12 (80.5%)
9	KUCHCZYŃSKI Adam	201	BÓL TO ŚCIEMA	M50-59	13	00:50:16.25	+00:10:04 (20.0%)	5:01	11.9 (79.9%)
10	MATUSZEWSKI Jarosław	244	ZWIK CHELMNO	M50-59	15	00:51:10.30	+00:10:58 (21.4%)	5:07	11.7 (78.5%)
11	BRUDEREK Damian	24		M30-39	47	00:51:20.70	+00:11:08 (21.7%)	5:08	11.7 (78.5%)
12	PIOTROWSKI Przemysław	284		M40-49	30	00:51:20.80	+00:11:08 (21.7%)	5:08	11.7 (78.5%)
13	LUZAK Mirosław	225	MWIK BYDGOSZCZ	M50-59	16	00:51:46.15	+00:11:34 (22.3%)	5:10	11.6 (77.9%)
14	KOWALCZYK Tomasz	164	ZP SERWIS	M40-49	37	00:52:20.30	+00:12:08 (23.2%)	5:14	11.5 (77.2%)
15	KAMIŃSKI Ryszard	138	HYDRO-MET ROGOWO	M30-39	50	00:52:35.10	+00:12:23 (23.6%)	5:15	11.4 (76.5%)
16	CZOŁGOSZEWSKI Krzysztof	44	PWIK SP. Z O.O. INOWROCLAW	M40-49	40	00:52:44.45	+00:12:32 (23.8%)	5:16	11.4 (76.5%)
17	KARÓLEWSKI Krzysztof	143	PWIK SP. Z O.O. INOWROCLAW	M30-39	52	00:53:05.90	+00:12:53 (24.3%)	5:18	11.3 (75.8%)
18	BUCZKOWSKI Wojciech	26	RUN PASJA	M50-59	21	00:54:46.70	+00:14:34 (26.6%)	5:28	11 (73.8%)
19	STOŻEK Szymon	337	ZWIK CHELMNO	M20-29	25	00:54:47.70	+00:14:35 (26.6%)	5:28	10.9 (73.2%)
20	GOLCZYT Wiktor	403	HYDRO-MET ROGOWO	M20-29	32	00:56:34.55	+00:16:22 (28.9%)	5:39	10.6 (71.1%)
21	JÓSKOWSKI Marcin	128		M40-49	56	00:56:52.00	+00:16:40 (29.3%)	5:41	10.6 (71.1%)
22	KOPERSKI Adam	162	HYDRO-MET ROGOWO	M20-29	34	00:57:03.25	+00:16:51 (29.5%)	5:42	10.5 (70.5%)
23	SZYMAŃSKI Tomek	354	ZP SERWIS	M30-39	73	00:57:21.60	+00:17:09 (29.9%)	5:44	10.5 (70.5%)
24	SZYGOWSKI Mariusz	353	H2O TEAM	M50-59	29	00:58:04.10	+00:17:52 (30.8%)	5:48	10.3 (69.1%)
25	PISANKO Marcin	285	ZP SERWIS	M30-39	75	00:58:08.00	+00:17:56 (30.9%)	5:48	10.3 (69.1%)

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26	BOHDZIEWICZ Paweł	18		M40-49	63	00:58:42.35	+00:18:30 (31.5%)	5:52	10.2 (68.5%)
27	KOPERSKI Piotr	161	HYDRO-MET ROGOWO	M20-29	35	00:59:17.10	+00:19:05 (32.2%)	5:55	10.1 (67.8%)
28	BARTCZAK Tomasz	8		M50-59	31	00:59:52.85	+00:19:40 (32.9%)	5:59	10 (67.1%)
29	SYLDATK Marcin	338		M30-39	81	01:01:33.10	+00:21:21 (34.7%)	6:09	9.7 (65.1%)
30	NIEMCZEWSKI Przemysław	264	ZP SERWIS	M20-29	38	01:02:47.50	+00:22:35 (36.0%)	6:16	9.6 (64.4%)
31	GRUBA Paweł	95		M30-39	86	01:04:23.30	+00:24:11 (37.6%)	6:26	9.3 (62.4%)
32	KUBIAK Tomasz	199		M30-39	87	01:04:36.25	+00:24:24 (37.8%)	6:27	9.3 (62.4%)
33	WYSTĘPSKI Kacper	388	HYDRO-MET ROGOWO	M16-19	4	01:10:04.85	+00:29:52 (42.6%)	7:00	8.6 (57.7%)

Znaleziono 33 wynik(ów)