

Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	LIDZBARSKI Janusz	220		M30-39	1	00:37:39.40		3:46	15.9 (100%)
2	MAĆKOWSKI Maciej	232	UPS BYDGOSZCZ	M30-39	2	00:37:57.20	+00:00:17 (0.8%)	3:47	15.8 (99.4%)
3	KOŁAKOWSKI Tomasz	159		M30-39	3	00:38:38.60	+00:00:59 (2.6%)	3:51	15.5 (97.5%)
4	MAĆKOWSKI Maciej	231		M30-39	4	00:38:44.75	+00:01:05 (2.8%)	3:52	15.5 (97.5%)
5	PAJĄK Bartłomiej	270	SMSKLIMA	M30-39	5	00:39:04.15	+00:01:24 (3.6%)	3:54	15.4 (96.9%)
6	KMITTA Leszek	155	PWIK SP. Z O.O. INOWROCLAW	M30-39	6	00:40:11.95	+00:02:32 (6.3%)	4:01	14.9 (93.7%)
7	LUTOWSKI Wojciech	223	TKKF KOLEJARZ BYDGOSZCZ	M30-39	7	00:40:23.35	+00:02:43 (6.8%)	4:02	14.9 (93.7%)
8	KRAJEWSKI Tomasz	187		M30-39	8	00:40:30.80	+00:02:51 (7.1%)	4:03	14.8 (93.1%)
9	HORODYSKI Piotr	107	TKKF KOLEJARZ BYDGOSZCZ	M30-39	9	00:40:41.60	+00:03:02 (7.5%)	4:04	14.7 (92.5%)
10	KLIMEK Łukasz	152	H2O TEAM	M30-39	10	00:41:01.70	+00:03:22 (8.2%)	4:06	14.6 (91.8%)
11	KUCHTA Piotr	202	KB PIONIER SZCZECIN	M30-39	11	00:41:13.40	+00:03:34 (8.7%)	4:07	14.6 (91.8%)
12	GOŁATA Wojciech	84	WILCZA WATAHA	M30-39	12	00:41:57.85	+00:04:18 (10.3%)	4:11	14.3 (89.9%)
13	NAGORZYSKI Arkadiusz	260	BIEGAM WSPIERAM MOTYWUJĘ	M30-39	13	00:41:58.90	+00:04:19 (10.3%)	4:11	14.3 (89.9%)
14	LEWANDOWSKI Filip	218		M30-39	14	00:42:00.15	+00:04:20 (10.3%)	4:12	14.3 (89.9%)
15	SARNECKI Michał	316	ATI SYSTEMY ELEKTRONICZNE	M30-39	15	00:42:22.55	+00:04:43 (11.1%)	4:14	14.2 (89.3%)
16	SZATTEN Dawid	342		M30-39	16	00:44:05.70	+00:06:26 (14.6%)	4:24	13.6 (85.5%)
17	BOŁKA Szymon	19		M30-39	17	00:44:32.35	+00:06:52 (15.5%)	4:27	13.5 (84.9%)
18	SADECKI Karol	315	CB163	M30-39	18	00:44:37.00	+00:06:57 (15.6%)	4:27	13.4 (84.3%)
19	GRUSZECZKA Jacek	100	PARKRUN GRUDZIĄDZ	M30-39	19	00:44:55.35	+00:07:15 (16.2%)	4:29	13.4 (84.3%)
20	PALLACH Lech	274	BIEGAMYRAZEM.PL	M30-39	20	00:45:06.80	+00:07:27 (16.5%)	4:30	13.3 (83.6%)
21	TARCZYŃSKI Łukasz	166	FREAŁY FIT	M30-39	21	00:45:27.60	+00:07:48 (17.2%)	4:32	13.2 (83.0%)
22	DZIUBANY Sebastian	68	DEATHBYRUN	M30-39	22	00:45:45.35	+00:08:05 (17.7%)	4:34	13.1 (82.4%)
23	ROSÓŁ Jacek	310		M30-39	23	00:45:49.15	+00:08:09 (17.8%)	4:34	13.1 (82.4%)
24	ŚLEFARSKI Marcin	356		M30-39	24	00:46:10.80	+00:08:31 (18.5%)	4:37	13 (81.8%)
25	JELENIOWSKI Wojciech	124	HAWO SYSTEM	M30-39	25	00:46:45.20	+00:09:05 (19.5%)	4:40	12.8 (80.5%)

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26	SŁOMKA Maciej	328	MOŻE I POWOLI ALE ZA TO BYLE JAK	M30-39	26	00:46:48.05	+00:09:08 (19.5%)	4:40	12.8 (80.5%)
27	JASIŃSKI Daniel	119	NIGHT RUNERS WRZEŚNIA	M30-39	27	00:46:53.10	+00:09:13 (19.7%)	4:41	12.8 (80.5%)
28	KAMIŃSKI Łukasz	167	WATAHA BYDGOSZCZ	M30-39	28	00:46:55.70	+00:09:16 (19.8%)	4:41	12.8 (80.5%)
29	GMAJ Daniel	80	ALNOR	M30-39	29	00:48:14.85	+00:10:35 (22.0%)	4:49	12.4 (78.0%)
30	ROMEL Michał	308		M30-39	30	00:48:19.95	+00:10:40 (22.1%)	4:50	12.4 (78.0%)
31	SIUDAK Daniel	171	8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M30-39	31	00:48:37.30	+00:10:57 (22.6%)	4:51	12.3 (77.4%)
32	MIERZWA Damian	252	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M30-39	32	00:48:41.85	+00:11:02 (22.7%)	4:52	12.3 (77.4%)
33	GŁOGOWSKI Mateusz	79		M30-39	33	00:48:52.50	+00:11:13 (23.0%)	4:53	12.3 (77.4%)
34	KWIATKOWSKI Michał	213		M30-39	34	00:49:14.95	+00:11:35 (23.5%)	4:55	12.2 (76.7%)
35	GZYL Mikołaj	104	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30-39	35	00:49:15.45	+00:11:36 (23.6%)	4:55	12.2 (76.7%)
36	RADKA Michał	298	KLIMOR TEAM	M30-39	36	00:49:51.45	+00:12:12 (24.5%)	4:59	12 (75.5%)
37	PŁACZKIEWICZ Robert	286	SOL3 SQUADRUN / PB SLA	M30-39	37	00:49:54.70	+00:12:15 (24.6%)	4:59	12 (75.5%)
38	WŁADYKA Paweł	375	KLIMOR TEAM	M30-39	38	00:50:09.60	+00:12:30 (24.9%)	5:01	12 (75.5%)
39	ZARECKI Piotr	391	PAŁUKI RUNNING TEAM	M30-39	39	00:50:25.35	+00:12:45 (25.3%)	5:02	11.9 (74.8%)
40	PAWEŁ MARCZYŃSKI Marshall	275		M30-39	40	00:50:28.90	+00:12:49 (25.4%)	5:02	11.9 (74.8%)
41	ŁOBOCKI Krzysztof	228	TKKF KOLEJARZ BYDGOSZCZ	M30-39	41	00:50:37.50	+00:12:58 (25.6%)	5:03	11.8 (74.2%)
42	DUDKOWIAK Michał	65	RANDOM DRINKERS TEAM	M30-39	42	00:50:37.65	+00:12:58 (25.6%)	5:03	11.8 (74.2%)
43	ROGALSKI Maciej	307		M30-39	43	00:50:56.95	+00:13:17 (26.1%)	5:05	11.8 (74.2%)
44	KOŁACZ Artur	158	ALNOR	M30-39	44	00:50:57.95	+00:13:18 (26.1%)	5:05	11.8 (74.2%)
45	GOŁĘBIEWSKI Krzysztof	86	JUST 5	M30-39	45	00:51:12.35	+00:13:32 (26.5%)	5:07	11.7 (73.6%)
46	BISKUPSKI Cezary	406	TRISPACE	M30-39	46	00:51:16.90	+00:13:37 (26.6%)	5:07	11.7 (73.6%)
47	BRUDEREK Damian	24		M30-39	47	00:51:20.70	+00:13:41 (26.7%)	5:08	11.7 (73.6%)
48	KUJAWA Przemysław	203		M30-39	48	00:52:20.15	+00:14:40 (28.0%)	5:14	11.5 (72.3%)
49	BUTRYM Piotr	29		M30-39	49	00:52:31.85	+00:14:52 (28.3%)	5:15	11.4 (71.7%)
50	KAMIŃSKI Ryszard	138	HYDRO-MET ROGOWO	M30-39	50	00:52:35.10	+00:14:55 (28.4%)	5:15	11.4 (71.7%)
51	STARCZEWSKI Szymon	177	8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M30-39	51	00:53:00.55	+00:15:21 (29.0%)	5:18	11.3 (71.1%)
52	KARÓLEWSKI Krzysztof	143	PWIK SP. Z O.O. INOWROCLAW	M30-39	52	00:53:05.90	+00:15:26 (29.1%)	5:18	11.3 (71.1%)
53	GORBASZEWICZ Lukasz	88		M30-39	53	00:53:10.70	+00:15:31 (29.2%)	5:19	11.3 (71.1%)
54	MATYSIAK Damian	245	VELUX	M30-39	54	00:53:33.75	+00:15:54 (29.7%)	5:21	11.2 (70.4%)
55	BIAŁOBLÓCKI Marek	12	KB LECH RYPIN	M30-39	55	00:53:52.85	+00:16:13 (30.1%)	5:23	11.1 (69.8%)
56	ARDASIŃSKI Łukasz	179	8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M30-39	56	00:53:58.85	+00:16:19 (30.2%)	5:23	11.1 (69.8%)
57	SOKOŁOWSKI Karol	331	SBRT	M30-39	57	00:54:08.90	+00:16:29 (30.5%)	5:24	11.1 (69.8%)
58	CZELEŃ Łukasz	43		M30-39	58	00:54:30.00	+00:16:50 (30.9%)	5:27	11 (69.2%)
59	BIENKOWSKI Tomasz	15	THERMAGEN	M30-39	59	00:54:38.40	+00:16:59 (31.1%)	5:27	11 (69.2%)
60	JAMRÓZ Krystian	111		M30-39	60	00:55:02.75	+00:17:23 (31.6%)	5:30	10.9 (68.6%)
61	KLAWIKOWSKI Dawid	149	TKKF KOLEJARZ BYDGOSZCZ	M30-39	61	00:55:18.10	+00:17:38 (31.9%)	5:31	10.8 (67.9%)
62	GROCHOWSKI Jakub	93	JW1515	M30-39	62	00:55:32.45	+00:17:53 (32.2%)	5:33	10.8 (67.9%)
63	POLC Jan	289	ALFACO RUNNING TEAM	M30-39	63	00:55:49.65	+00:18:10 (32.5%)	5:35	10.7 (67.3%)
64	MARSZAŁEK Przemysław	242	ALFACO RUNNING TEAM	M30-39	64	00:55:58.20	+00:18:18 (32.7%)	5:35	10.7 (67.3%)
65	BOROŃ Krzysztof	20	ALNOR	M30-39	65	00:56:11.85	+00:18:32 (33.0%)	5:37	10.7 (67.3%)
66	SKUPSZ Jędrzej Kazimierz	327		M30-39	66	00:56:23.95	+00:18:44 (33.2%)	5:38	10.6 (66.7%)
67	GRYLEWICZ Tomasz	101		M30-39	67	00:56:44.45	+00:19:05 (33.6%)	5:40	10.6 (66.7%)
68	PERLINSKI Damian	279	MOŻE I POWOLI ALE ZA TO BYLE JAK	M30-39	68	00:56:45.85	+00:19:06 (33.7%)	5:40	10.6 (66.7%)
69	FURYK Karol	73	PAKOŚĆ BIEGA	M30-39	69	00:56:46.65	+00:19:07 (33.7%)	5:40	10.6 (66.7%)

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70	MURAWSKI Piotr	257		M30-39	70	00:56:47.45	+00:19:08 (33.7%)	5:40	10.6 (66.7%)
71	RYCHŁOWSKI Artur	314	SYSTHERM SPORT TEAM	M30-39	71	00:56:51.80	+00:19:12 (33.8%)	5:41	10.6 (66.7%)
72	KANDER Michał	140		M30-39	72	00:57:03.15	+00:19:23 (34.0%)	5:42	10.5 (66.0%)
73	SZYMAŃSKI Tomek	354	ZP SERWIS	M30-39	73	00:57:21.60	+00:19:42 (34.4%)	5:44	10.5 (66.0%)
74	GRAJEWSKI Patryk	91	THE RUNNERS ŚWIECIE	M30-39	74	00:57:26.90	+00:19:47 (34.5%)	5:44	10.4 (65.4%)
75	PISANKO Marcin	285	ZP SERWIS	M30-39	75	00:58:08.00	+00:20:28 (35.2%)	5:48	10.3 (64.8%)
76	FRYDRYCH Bartłomiej	72	RODZINAPL	M30-39	76	00:58:40.05	+00:21:00 (35.8%)	5:52	10.2 (64.2%)
77	SULIŃSKI Michał	175	8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M30-39	77	00:58:52.65	+00:21:13 (36.0%)	5:53	10.2 (64.2%)
78	MIECZKOWSKI Artur	251		M30-39	78	00:59:16.00	+00:21:36 (36.5%)	5:55	10.1 (63.5%)
79	MANDRA Wojciech	239		M30-39	79	01:00:47.25	+00:23:07 (38.1%)	6:04	9.9 (62.3%)
80	NAGRODZKI Dominik	261	ALNOR	M30-39	80	01:01:13.70	+00:23:34 (38.5%)	6:07	9.8 (61.6%)
81	SYLDATK Marcin	338		M30-39	81	01:01:33.10	+00:23:53 (38.8%)	6:09	9.7 (61.0%)
82	GRUSZECZKA Patryk	99	PARKRUN GRUDZIĄDZ	M30-39	82	01:01:53.05	+00:24:13 (39.1%)	6:11	9.7 (61.0%)
83	JABŁOŃSKI Tomasz	109		M30-39	83	01:02:41.20	+00:25:01 (39.9%)	6:16	9.6 (60.4%)
84	KUROWSKI Michał	206	TAP	M30-39	84	01:02:41.45	+00:25:02 (39.9%)	6:16	9.6 (60.4%)
85	CZUBKOWSKI Sebastian	46	RUN TEAM	M30-39	85	01:03:30.85	+00:25:51 (40.7%)	6:21	9.4 (59.1%)
86	GRUBA Paweł	95		M30-39	86	01:04:23.30	+00:26:43 (41.5%)	6:26	9.3 (58.5%)
87	KUBIAK Tomasz	199		M30-39	87	01:04:36.25	+00:26:56 (41.7%)	6:27	9.3 (58.5%)
88	MUCHAJER Paweł	255	KLIMOR TEAM	M30-39	88	01:05:22.85	+00:27:43 (42.4%)	6:32	9.2 (57.9%)
89	MIOTK Marek	253	KLIMOR TEAM	M30-39	89	01:06:25.35	+00:28:45 (43.3%)	6:38	9 (56.6%)
90	ŚLADEWSKI Rafał	355		M30-39	90	01:06:48.75	+00:29:09 (43.6%)	6:40	9 (56.6%)
91	SENDEL Sebastian	319		M30-39	91	01:12:18.50	+00:34:39 (47.9%)	7:13	8.3 (52.2%)
92	SIENIAWSKI Marek	322	ALFACO RUNNING TEAM	M30-39	92	01:12:44.10	+00:35:04 (48.2%)	7:16	8.2 (51.6%)
93	ZAREMBA Adam	178	8 KUJAWSKO- POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M30-39	93	01:14:24.55	+00:36:45 (49.4%)	7:26	8.1 (50.9%)
94	JANKOWSKI Dawid	114		M30-39	94	01:21:03.70	+00:43:24 (53.5%)	8:06	7.4 (46.5%)

Znaleziono 94 wynik(ów)