

**Organizator:** HVACR.pl Aldona Rybka  
**Data:** 2019-05-19  
**Miejsce:** Bydgoszcz  
**Dystans:** 10 km

Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>WESIORA Mariusz</b>	<b>370</b>	BIEGAM BO CHCĘ	M50-59	1	<b>00:41:21.55</b>		4:08	14.5 (100%)
2	<b>PAWLIK Stanisław</b>	<b>276</b>		M50-59	2	<b>00:42:23.35</b>	+00:01:01 (2.4%)	4:14	14.2 (97.9%)
3	<b>PIECHOTA Mariusz</b>	<b>280</b>	WATAHA WAŁCZ	M50-59	3	<b>00:42:45.45</b>	+00:01:23 (3.3%)	4:16	14 (96.6%)
4	<b>WŁODARCZYK Wojciech</b>	<b>377</b>	CZARNE STOPY	M50-59	4	<b>00:43:15.75</b>	+00:01:54 (4.4%)	4:19	13.9 (95.9%)
5	<b>MAKOWSKI Sławomir</b>	<b>234</b>	RUN BYDGOSZCZ	M50-59	5	<b>00:43:27.20</b>	+00:02:05 (4.8%)	4:20	13.8 (95.2%)
6	<b>RACZYŃSKI Krzysztof</b>	<b>297</b>	BIEGAJĄCY FILOZOF TEAM	M50-59	6	<b>00:43:54.05</b>	+00:02:32 (5.8%)	4:23	13.7 (94.5%)
7	<b>PALIGA Antoni</b>	<b>273</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M50-59	7	<b>00:44:50.20</b>	+00:03:28 (7.8%)	4:29	13.4 (92.4%)
8	<b>RÓŻYCKI Sławomir</b>	<b>312</b>	TKKF KOLEJARZ BYDGOSZCZ	M50-59	8	<b>00:45:21.05</b>	+00:03:59 (8.8%)	4:32	13.2 (91.0%)
9	<b>JUREK Piotr</b>	<b>130</b>	BBL SZUBIN	M50-59	9	<b>00:45:40.05</b>	+00:04:18 (9.4%)	4:34	13.1 (90.3%)
10	<b>KWARTA Przemysław</b>	<b>212</b>	SYSTHERM SPORT TEAM	M50-59	10	<b>00:46:46.40</b>	+00:05:24 (11.6%)	4:40	12.8 (88.3%)
11	<b>DESSELBERGER Andrzej</b>	<b>56</b>	ENERGY TRI WŁOCŁAWEK	M50-59	11	<b>00:46:59.55</b>	+00:05:38 (12.0%)	4:42	12.8 (88.3%)
12	<b>WŁOCH Sylwester</b>	<b>376</b>	1963	M50-59	12	<b>00:47:41.50</b>	+00:06:19 (13.3%)	4:46	12.6 (86.9%)
13	<b>KUCHCZYŃSKI Adam</b>	<b>201</b>	BÓL TO ŚCIEMA	M50-59	13	<b>00:50:16.25</b>	+00:08:54 (17.7%)	5:01	11.9 (82.1%)
14	<b>SZULC Edmund</b>	<b>352</b>		M50-59	14	<b>00:50:35.80</b>	+00:09:14 (18.3%)	5:03	11.9 (82.1%)
15	<b>MATUSZEWSKI Jarosław</b>	<b>244</b>	ZWIK CHEŁMNO	M50-59	15	<b>00:51:10.30</b>	+00:09:48 (19.2%)	5:07	11.7 (80.7%)
16	<b>LUZAK Mirosław</b>	<b>225</b>	MWIK BYDGOSZCZ	M50-59	16	<b>00:51:46.15</b>	+00:10:24 (20.1%)	5:10	11.6 (80.0%)
17	<b>GODZIUK Roman</b>	<b>81</b>		M50-59	17	<b>00:52:53.50</b>	+00:11:31 (21.8%)	5:17	11.3 (77.9%)
18	<b>NAWROCKI Dariusz</b>	<b>262</b>	VAUPE TEAM	M50-59	18	<b>00:53:41.70</b>	+00:12:20 (23.0%)	5:22	11.2 (77.2%)
19	<b>GAŚIOREK Tomasz</b>	<b>409</b>	BRZOZA BIEGA	M50-59	19	<b>00:53:47.00</b>	+00:12:25 (23.1%)	5:22	11.2 (77.2%)
20	<b>PACEK Mirosław</b>	<b>268</b>		M50-59	20	<b>00:53:57.10</b>	+00:12:35 (23.3%)	5:23	11.1 (76.6%)
21	<b>BUCZKOWSKI Wojciech</b>	<b>26</b>	RUN PASJA	M50-59	21	<b>00:54:46.70</b>	+00:13:25 (24.5%)	5:28	11 (75.9%)
22	<b>KLINIKOWSKI Jacek</b>	<b>153</b>	KOCHAM ŻYCIE I...	M50-59	22	<b>00:55:55.35</b>	+00:14:33 (26.0%)	5:35	10.7 (73.8%)
23	<b>BRZOWSKI Jarosław</b>	<b>25</b>	BRZOZA TRI TEAM	M50-59	23	<b>00:56:19.70</b>	+00:14:58 (26.6%)	5:38	10.7 (73.8%)
24	<b>BUCZKOWSKI Krzysztof</b>	<b>27</b>	RUN PASJA	M50-59	24	<b>00:56:25.05</b>	+00:15:03 (26.7%)	5:38	10.6 (73.1%)
25	<b>TAMAS Krzysztof</b>	<b>358</b>		M50-59	25	<b>00:56:31.65</b>	+00:15:10 (26.8%)	5:39	10.6 (73.1%)

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26	<b>GRUBA Jacek</b>	<b>96</b>		M50-59	26	<b>00:56:32.60</b>	+00:15:11 (26.9%)	5:39	10.6 (73.1%)
27	<b>ZDROJEWSKI Mirosław</b>	<b>393</b>		M50-59	27	<b>00:56:41.60</b>	+00:15:20 (27.0%)	5:40	10.6 (73.1%)
28	<b>STACHOWIAK Andrzej</b>	<b>332</b>		M50-59	28	<b>00:57:40.15</b>	+00:16:18 (28.3%)	5:46	10.4 (71.7%)
29	<b>SZYGOWSKI Mariusz</b>	<b>353</b>	H2O TEAM	M50-59	29	<b>00:58:04.10</b>	+00:16:42 (28.8%)	5:48	10.3 (71.0%)
30	<b>WYPORKIEWICZ Jerzy</b>	<b>387</b>	KLINIKA TRIATHLONU	M50-59	30	<b>00:58:52.40</b>	+00:17:30 (29.7%)	5:53	10.2 (70.3%)
31	<b>BARTCZAK Tomasz</b>	<b>8</b>		M50-59	31	<b>00:59:52.85</b>	+00:18:31 (30.9%)	5:59	10 (69.0%)
32	<b>KRUSZYNA Adam</b>	<b>194</b>		M50-59	32	<b>01:00:24.70</b>	+00:19:03 (31.5%)	6:02	9.9 (68.3%)
33	<b>JAWORSKI Janusz</b>	<b>121</b>		M50-59	33	<b>01:00:45.20</b>	+00:19:23 (31.9%)	6:04	9.9 (68.3%)
34	<b>DEJEWSKI Zbigniew</b>	<b>54</b>	ALFACO RUNNING TEAM	M50-59	34	<b>01:01:53.45</b>	+00:20:31 (33.2%)	6:11	9.7 (66.9%)
35	<b>WIĄCEK Piotr</b>	<b>372</b>		M50-59	35	<b>01:04:38.40</b>	+00:23:16 (36.0%)	6:27	9.3 (64.1%)
36	<b>KAŁUSKI Jacek</b>	<b>137</b>	MECHVENT TEAM	M50-59	36	<b>01:08:44.55</b>	+00:27:23 (39.8%)	6:52	8.7 (60.0%)
37	<b>KRAJEWSKI Adam</b>	<b>186</b>		M50-59	37	<b>01:10:35.75</b>	+00:29:14 (41.4%)	7:03	8.5 (58.6%)
38	<b>PRZYBYLSKI Wiesław</b>	<b>293</b>	ALFACO RUNNING TEAM	M50-59	38	<b>01:12:44.75</b>	+00:31:23 (43.1%)	7:16	8.2 (56.6%)

Znaleziono 38 wynik(ów)