

BIEG K-B-L - 110 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2019-07-18
Miejsce: Łądek-Zdrój
Dystans: 110 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 85,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km
1	UZNAŃSKI Piotr	3228	PAMTRANS / EUROCLEAR RUNNING TEAM	Senior II M - 30	01:26:34	03:35:48	05:36:43	06:43:18	08:11:40
2	FRANKOWSKI Michał	3262		Senior II M - 30	01:21:55	03:40:55	06:01:09	07:17:42	08:50:59
3	GONCZARENKO Jarek	3281		Senior II M - 30	01:25:02	03:38:37	06:00:12	07:18:42	08:58:39
4	KOCIOŁOWICZ Piotr	3084	BIEGAM W GÓRACH BARDZKICH / WKURW_TEAM	Senior II M - 30	01:24:15	03:48:34	06:05:03	07:18:49	09:00:18
5	MARCINIAK Przemysław	3211	ATHLETICS NYSA	Senior II M - 30	01:29:07	03:58:12	06:10:17	07:24:22	09:05:11
6	PIĄTEK Mateusz	3079	SM KAMOS/ HERCOG RUNNING TEAM	Senior I M - 20	01:32:55	03:58:08	06:14:51	07:30:24	09:10:22
7	SZCZEPANIAK Angelika	3174	CERI/AKADEMIABIEGACZA.PL S.L. SALOS-WODNA	Senior II K - 30	01:32:03	04:13:45	06:37:34	07:58:09	09:47:53
8	KOMZA Radosław	3210		Masters M - 40	01:31:53	04:04:57	06:30:51	07:55:46	09:48:21
9	KUŹNIAK Marcin	3261		Masters M - 40	01:33:54	04:11:09	06:37:42	07:58:33	09:51:28
10	STAŃCZAK Piotr	3225	CZERWONAK BIEGA	Senior II M - 30	01:33:23	04:13:44	06:46:05	08:07:53	09:55:21
11	DYJAK Robert	3111		Senior II M - 30	01:30:47	04:13:47	06:43:42	08:08:00	09:55:31
12	GOŚCINIEWICZ Paweł	3282	ZIEMOWIT TEAM	Masters M - 40	01:33:52	04:12:27	06:41:38	08:01:42	09:57:21
	ŚWIERAD Dariusz	3279	ASICS FRONTRUNNER POLAND / CAMELBAK POLSKA	Senior II M - 30	01:38:19 DNF	04:13:09 DNF	06:43:52 DNF	08:07:45 DNF	10:04:47 DNF
14	BŁACHUT Radosław	3280	ML TEAM	Masters M - 40	01:32:23	04:13:44	06:43:47	08:08:02	10:04:54
15	GRZELAK Kamila	3249	TEAM ALTRA RED	Senior I K - 20	01:38:16	04:19:10	06:54:27	08:21:48	10:13:30
16	OSTAPSKI Kamil	3306	TC WROCLAW / VEGE RUNNERS	Senior II M - 30	01:30:50	04:00:31	06:51:12	08:20:45	10:14:13
17	STOKŁOSA Sebastian	3257	LESZ NO LIMITS RUNNERS	Senior II M - 30	01:34:37	04:17:28	06:53:01	08:21:56	10:14:21
18	GRZELAK Adrian	3258		Senior II M - 30	01:38:36	04:26:52	07:07:21	08:36:54	10:33:30
19	KAROLAK Ania	3303	MUAY RUNNING TEAM	Senior II K - 30	01:38:20	04:22:04	07:07:20	08:44:31	10:38:19
20	MARZEC Grzegorz	3276	GMINA STRZELCE OPOLSKIE	Masters M - 40	01:33:58	04:18:12	07:07:04	08:44:05	10:39:18
21	MAKOWSKI Mateusz	3263		Senior I M - 20	01:38:16	04:19:37	07:07:27	08:57:19	10:46:17
22	REJ Mirosław	3076	M & T WYJADACZE PARÓWKÓW	Senior II M - 30	01:41:16	04:28:59	07:16:49	08:46:51	10:46:42
23	CAŁY Patryk	3307	#KFD FALLOUT TEAM	Senior II M - 30	01:45:51	04:37:02	07:23:50	08:47:47	10:48:55
24	KIELASZEWSKI Karol	3273	LESZNO LIMITS RUNNERS	Senior II M - 30	01:36:35	04:32:28	07:32:56	08:55:41	10:54:46
25	GÓRNIAK-ANTKOWIAK Agnieszka	3122	GSM OBORNIKI ŚLĄSKIE	Masters K - 40	01:37:30	04:32:31	07:22:30	08:53:54	10:56:38
26	ADLER Łukasz	3214	LESZ NO LIMITS RUNNERS	Senior II M - 30	01:48:19	04:51:03	07:33:14	09:01:05	10:57:34
27	BALWIERCZAK Piotr	3053	HERCOG RUNNING TEAM	Senior I M - 20	01:37:34	04:32:36	07:22:40	08:53:59	10:58:45
28	DZIUBIŃSKI Michał	3142	FAMILY EXTREME	Senior II M - 30	01:38:16	04:19:37	07:07:30	08:57:20	11:01:37
29	BORÓWKA Ryszard	3082		Masters M - 40	01:36:10	04:34:26	07:22:01	08:54:00	11:02:30

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km
30	KOWALIK Andrzej	3219	BIEG OPOLSKI	Masters M - 40	01:27:06	04:03:53	06:59:32	08:51:45	11:02:33
31	KRAKOWCZYK Marta	3234		Senior I K - 20	01:43:49	04:34:11	07:25:25	08:49:27	11:05:20
32	KONIECZNY Szymon	3135	CHOSZCZENSKA 10	Senior II M - 30	01:48:25	04:38:18	07:33:44	09:06:48	11:12:08
33	PAWLIK Jakub	3045	1X1	Senior II M - 30	01:49:03	04:48:47	07:34:01	09:07:09	11:12:45
34	WYLEGAŁA Michał	3017	PCH_RUN	Masters M - 40	01:42:01	04:34:55	07:33:24	09:01:56	11:13:57
35	FURMAN Sławomir	3088		Masters M - 40	01:32:12	04:31:36	07:25:43	09:04:31	11:14:56
36	GAJDA Sebastian	3139	WIECZORNE BIEGANIE W SZCZECINIE	Masters M - 40	01:42:35	04:37:12	07:48:04	09:22:06	11:19:52
37	ZIMKOWSKI Marcin	3298	KGHM ZG RUN	Senior II M - 30	01:31:55	04:21:52	07:25:42	09:04:33	11:20:47
38	LONC Tomasz	3078		Masters M - 40	01:41:15	04:37:10	07:42:07	09:12:13	11:20:59
39	BIENIECKA Anna	3309		Masters K - 40	01:41:53	04:51:45	07:47:32	09:24:34	11:25:05
40	OBIDOWSKI Łukasz	3080	NARAMOWICE BIEGAJĄ	Senior II M - 30	01:45:06	04:45:31	07:38:50	09:11:46	11:25:05
41	ANUSZ Adam	3066	ŻARÓW BIEGA	Senior II M - 30	01:46:47	04:49:09	07:56:44	09:29:14	11:25:27
42	SIKORA Michał	3207	BLUSZCZA	Masters M - 40	01:43:37	04:40:26	07:39:54	09:14:56	11:26:31
43	MIGACZ Dawid	3022	1X1	Senior II M - 30	01:51:41	05:07:08	08:00:41	09:26:12	11:26:40
44	SZEMIEL Maciej	3154		Senior II M - 30	01:33:31	04:43:56	07:49:41	09:34:09	11:36:13
45	SZCZEPAŃSKI Norman	3288	AS-PL	Senior I M - 20	01:37:12	04:34:15	07:47:13	09:22:32	11:36:39
46	KAROLAK Asia	3301	MUAY RUNNING TEAM	Senior II K - 30	01:47:01	04:53:38	07:51:10	09:22:21	11:37:47
47	BAR Stanisław	3275	GMINA STRZELCE OPOLSKIE	Masters M - 40	01:40:25	04:42:04	07:39:13	09:36:30	11:39:10
48	POBORSKI Dariusz	3026		Masters M - 40	01:42:28	04:41:30	07:46:54	09:24:19	11:40:18
49	ORACZ Mateusz	3251	BEZ LITOŚCI	Senior II M - 30	01:44:24	04:37:21	07:41:45	09:22:55	11:41:04
50	SCHWITALLA Adrian	3130	MKS SIECHNICE	Masters M - 40	01:47:37	04:53:22	07:56:50	09:37:12	11:51:53
51	MIKOŁAJCZYK Marcin	3124	DROGA DO ULTRA	Senior II M - 30	01:51:32	04:41:14	07:37:32	09:33:52	11:54:09
52	KOWALSKI Maciej	3216	LOTOS RUNNING TEAM	Masters M - 40	01:50:11	04:57:13	07:51:57	09:35:08	11:54:22
53	MILEWSKI Maciek	3208	SAMOTNY WILK	Masters M - 40	01:32:51	04:19:35	07:35:34	09:33:28	11:55:51
54	ZWOLIŃSKI Łukasz	3148	KASZUBSKA PONIEWIERKA	Senior II M - 30	01:47:09	04:43:56	07:36:53	10:04:19	11:57:04
55	CIEMBOROWICZ Karol	3101	#KFD	Senior II M - 30		05:00:05	08:06:05	09:42:29	11:57:06
56	SOINSKI Przemysław	3131	KB MANIAC POZNAŃ	Masters M - 40	01:50:23	05:09:24	08:28:57	09:55:31	11:58:01
57	PRZYSIWEK Patryk	3109		Senior II M - 30	01:52:23	05:06:59	08:16:20	09:49:53	11:58:23
58	JĘDRZEJEWSKI Łukasz	3039	WATAHA	Masters M - 40	01:49:58	04:56:28	07:57:01	09:44:01	11:59:31
59	KUPCZYK Jacek	3181	MOL RUNNERS	Masters M - 40	01:53:39	05:01:35	08:03:44	09:44:22	11:59:46
60	PANEK Krzysztof	3296	RZYĆ CHYŻA GŻEGŻÓŁKI I CZYŻA	Masters M - 40	01:43:04	04:45:52	07:49:52	09:36:58	12:01:35
61	SIKORSKI Marcin	3116	TT SZCZECIN	Masters M - 40	01:49:03	04:58:05	08:02:25	09:42:15	12:04:46
62	KURPIEWSKA Anna	3223	GT RAT	Masters K - 40	01:49:01	04:58:04	08:02:19	09:42:10	12:04:49
63	HUEBNER Maria	3008		Senior I K - 20	01:50:32	05:04:18	07:52:43	09:34:10	12:05:44
64	TOMICZEK Tomasz	3238	ZDYSKWALIFIKOWANI	Senior II M - 30	02:05:19	05:13:02	08:12:01	09:47:15	12:06:07
65	KUTYBA Mariusz	3155	WOLNE ŚLIMAKI	Senior II M - 30	01:37:24	04:39:15	07:49:22	09:36:49	12:10:25
66	WŁODARCZYK Michał	3176	EVERRUN	Senior II M - 30	01:38:03	04:40:15	07:47:34	09:33:21	12:11:58
67	KRUPA Sławomir	3107	PCH_RUN	Senior II M - 30	01:54:03	05:13:55	08:23:44	09:59:21	12:13:21
68	KRUPA Piotr	3030	PCH-RUN	Masters M - 40	02:00:32	05:13:50	08:23:45	09:59:19	12:13:27
69	STOLIŃSKI Przemysław	3092		Senior II M - 30	01:38:05	04:44:57	08:00:44	09:33:37	12:15:35
70	KOSTRZEWSKI Sławomir	3065		Masters M - 40	01:37:17	04:55:03		09:47:34	12:15:37
71	ZGRAJ Leszek	3266	STS BIEGATON MIKOŁÓW	Masters M - 40	01:48:59	05:03:17	08:13:40	09:52:33	12:17:26
72	BOROWCZYK Marcin	3037		Masters M - 40	01:51:26	05:04:26	08:19:03	09:59:39	12:19:49
73	KUBICA Bartosz	3149		Masters M - 40	01:50:36	05:03:09	08:07:52	10:04:27	12:20:29

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km
74	LIPIŃSKI Marek	3098		Masters M - 40	01:48:44	05:01:15	08:09:52	10:00:24	12:20:49
75	FRĄCKOWIAK Michał	3179	CZERWONAK BIEGA	Masters M - 40	01:49:24	05:13:42	08:47:05	10:14:40	12:21:55
76	KNAPIK Piotr	3217	KURORT ŁĄDEK ZDRÓJ TEAM	Masters M - 40	01:55:31	05:15:44	08:19:42	09:59:15	12:22:24
77	GOLA Daniel	3237		Senior I M - 20	01:45:41	04:46:11	07:52:00	09:39:13	12:24:38
78	BANACH Magda	3236		Senior I K - 20	01:45:40	04:46:06	07:51:57	09:39:12	12:24:48
79	RAJTAR Zbigniew	3086	RONTIL - COMPASS	Weteran II M - 60	01:41:55	04:39:58	07:52:29	09:43:34	12:24:56
80	PIECUCH Karolina	3190	LACHO TEAM	Senior II K - 30	01:45:48	05:03:21	08:29:04	10:14:35	12:41:39
81	MATCZAK Maciej	3242	KLUB SPORTOWY FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI	Senior II M - 30	01:50:26	05:11:37	08:38:00	10:23:30	12:48:48
82	PIECUCH Marcin	3182	LACHO TEAM	Senior II M - 30	01:45:49	05:10:04	08:29:07	10:07:22	12:50:35
83	MAJKOWSKI Jacek	3129		Senior II M - 30	02:14:11	05:50:09	09:02:30	10:43:11	12:50:51
84	JACKOWICZ Rafał	3157	JACKOWICZ TEAM	Masters M - 40	01:58:50	05:31:47	08:48:24	10:40:29	12:54:46
85	NOWICKI Zbigniew	3145		Masters M - 40	01:53:39	04:53:38	08:25:19	10:15:57	12:59:32
86	BUK Sławomir	3040	LESZ NO LIMITS RUNNERS	Senior II M - 30	01:49:10	05:25:22	08:53:53	10:36:34	13:03:29
87	PROZOROWSKI Wiesław	3094	MARATON LESZNO	Weteran I M - 50	01:51:15	05:11:51	08:31:08	10:20:14	13:03:30
88	LECHOWSKI Bartłomiej	3004	WKURW_TEAM	Senior II M - 30	01:59:00	05:14:23	08:25:06	10:17:08	13:03:38
89	JAROSŁAWSKI Marcin	3229	KB-HARCOWNIK	Senior II M - 30	01:49:02	04:54:53	08:17:44	10:16:06	13:04:15
90	MROZIAK Maciek	3230	RUNPASSION.PLTEAM	Masters M - 40	01:47:00	05:05:13	08:39:07	10:30:18	13:08:07
91	MACKIEWICZ Artur	3042	DŁUGOBIEGANIE	Masters M - 40	01:47:02	05:05:13	08:39:16	10:30:18	13:08:11
92	DYDUCH Maciej	3232	KB ORANGE	Masters M - 40	01:52:58	05:06:52	08:45:57	10:35:24	13:09:11
93	MARCINIAK Janusz	3046	NIGHT RUNNERS	Masters M - 40	01:59:25	05:24:57	08:56:28	10:35:44	13:09:19
94	OSAKOWICZ Mateusz	3191		Senior II M - 30	02:01:48	05:17:06	08:36:28	10:23:30	13:10:57
95	KOSZAREK Maciej	3300		Weteran I M - 50	01:52:32	05:25:19	08:52:30	10:38:04	13:12:57
96	GŁOWACKA Edyta	3057	MATNER RUNNING TEAM	Masters K - 40	01:57:05	05:25:19	08:52:22	10:38:03	13:12:59
97	DERMINE Nicolas	3243		Senior II M - 30	02:01:34	04:52:49		09:55:34	13:14:18
98	DUDEK Remigiusz	3077	ZIĘBICE	Senior II M - 30	01:57:34	05:41:40	09:11:28	10:56:16	13:14:22
99	LEWANDOWSKI Filip	3284		Senior II M - 30	02:03:22	05:54:32	09:22:28	11:01:03	13:15:19
100	KRAWISZ Maciej	3221	LP500	Masters M - 40	01:45:54	04:50:21	08:09:54	10:10:49	13:15:27
101	PIETRASZEWSKI Witold	3099	GOSTYŃ EASY TRAIL	Senior II M - 30	01:59:51	05:34:02	09:05:18	10:51:31	13:18:16
102	DADAŚ Janusz	3083	NIGHT RUNNERS GLIWICE	Masters M - 40	01:46:34	05:19:25	08:45:49	10:44:04	13:28:09
103	MOSIEK Andrzej	3193		Senior II M - 30	01:58:30	05:24:03	08:49:18	10:44:24	13:30:21
104	ŁAMPIKA Kinga	3052		Senior II K - 30	02:03:00	05:39:54	09:10:19	10:52:40	13:36:08
105	SIWEK Jarek	3060	RAZ SZCZECIN	Masters M - 40	01:50:33	05:29:37	08:56:10	10:42:26	13:38:34
106	HADAŁA Ignacy	3185		Senior II M - 30	02:06:23	05:49:09	09:16:52	11:04:45	13:41:15
107	SZUBA Teofil	3290	MARATOŃCZYK SZCZECIN	Masters M - 40	02:01:41	05:44:38	09:15:49	11:03:20	13:45:24
108	ZAKRZEWSKI Marek	3248	EKOBIEGI	Masters M - 40	02:01:23	05:28:51	08:54:38	10:49:55	13:45:32
109	SZUBA Tadeusz	3302		Weteran II M - 60	02:01:46	05:44:36	09:15:41	11:03:19	13:45:39
110	ROSA Jarosław	3075	NATURAL BORN RUNNERS	Masters M - 40	02:04:06	05:57:47	09:21:53	11:04:32	13:50:18
111	LIPERTOWICZ Sebastian	3169	LOVELASY	Senior II M - 30	01:59:02	05:22:48	08:54:47	10:45:51	13:50:50
112	KWIATKOWSKA Aleksandra	3069	WIECZORNE BIEGANIE W SZCZECINIE	Senior I K - 20	01:59:01	05:22:37	08:54:36	10:45:50	13:50:54
113	JAZŁOCKI Łukasz	3048	TWDW	Senior II M - 30	02:03:48	06:03:49	09:44:14	11:32:16	13:50:55
114	SUSMARSKA Ewa	3299	MUAY RUNNING TEAM	Senior I K - 20	02:03:56	06:03:56	09:44:25	11:32:25	13:52:18
115	GRYCMAN Magda	3270	SPARTA ULTRA TEAM	Masters K - 40	02:05:23	05:56:17	09:27:45	11:22:51	13:54:22
116	KUNKE Tomasz	3156	13WOG GRUDZIĄDZ	Masters M - 40	01:46:01	05:16:17	08:48:28	10:56:18	13:54:25

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km
117	KACZMAREK Maria	3245		Senior II K - 30	02:25:41	06:15:15	09:36:26	11:22:00	13:54:38
118	POTOCKI Maciej	3265	ORANGE POLSKA	Masters M - 40	02:09:53	05:55:11	09:29:31	11:19:25	13:56:49
119	BRZOZOWSKI Rafał	3313		Masters M - 40	02:10:10	05:54:57	09:21:57	11:06:05	13:56:49
120	SULIN Marek	3100	SPARTANIE DZIECIOM	Masters M - 40	02:01:48	05:55:21	09:22:04	11:05:31	13:56:55
121	SMOLAK Agata	3285		Senior II K - 30	02:11:17	05:59:59	09:28:41	11:22:45	13:57:26
122	KOSMOWSKI Wiesław	3049		Senior II M - 30	02:03:28	05:47:17	09:15:21	11:01:21	13:57:40
123	POPRAWSKI Mateusz	3015	MUKS SZOK BOJANOWO	Senior II M - 30	02:03:29	05:47:17	09:15:29	11:01:23	13:57:44
124	KWIECIEŃ Michał	3103		Senior II M - 30	02:10:53	05:58:22	09:33:47	11:32:26	14:01:41
125	PAŚ Tomasz	3183	PASIOŁ TEAM WROCŁAW	Masters M - 40	02:01:07	05:49:46	09:18:31	11:09:00	14:06:24
126	KŁOPOTEK Marcin	3144	EXTREME FAMILY	Masters M - 40	01:45:44	05:04:54	08:31:23	10:56:15	14:10:34
127	DEC Rafał	3003	BIERUTOWSKA GRUPA BIEGOWA	Masters M - 40	02:10:56	05:58:25	09:33:52	11:32:28	14:11:15
128	SMOLEŃ Tomasz	3260	TMTEAM	Masters M - 40	02:04:38	05:48:35	09:18:26	11:17:42	14:11:38
129	PRZYBYŁ Tomasz	3070		Masters M - 40	02:03:48	05:41:07	09:17:55	11:17:39	14:11:46
130	HRAB Wojciech	3246		Senior II M - 30	01:59:25	05:25:31	09:01:07	11:01:59	14:11:59
131	GAWŁAS Przemysław	3315		Masters M - 40	01:56:43	05:41:10	09:18:41	11:17:41	14:12:00
132	KRZEMIŃSKA Aleksandra	3206	KW OPOLE	Senior II K - 30	02:02:20	05:42:19	09:17:18	11:20:19	14:15:35
133	KRZEMIŃSKI Jacek	3205	KW OPOLE	Senior II M - 30	02:02:17	05:42:17	09:17:13	11:20:17	14:15:38
134	TÓRZ Paweł	3250		Senior I M - 20	02:03:57	06:02:41	09:38:49	11:44:51	14:15:40
135	NARECKI Jarosław	3272		Masters M - 40	02:06:22	05:41:45	09:22:26	11:17:06	14:18:28
136	BĘDŹKOWSKI Marek	3197	MORSY OSTROŁĘKA	Weteran I M - 50	02:09:27	06:19:03	09:48:59	11:34:34	14:19:58
137	PIŁAT Jarosław	3153	CH10	Masters M - 40	02:12:20	05:55:16	09:26:54	11:23:13	14:22:32
138	KONIECZNA Paulina	3134	CH10	Senior II K - 30	02:12:20	05:55:20	09:26:59	11:23:16	14:22:40
139	TUCHOŁKA Marta	3316	POCO LOCO/ZUK	Senior II K - 30	02:00:41	05:49:24	09:20:20	11:22:07	14:26:18
140	BIAŁEK Olaf	3177	MEGATEL.COM.PL	Weteran I M - 50	02:20:39	06:03:42	09:34:56	11:34:19	14:31:25
141	SZANDAŁA Jacek	3089	CAŁA OLEŚNICA BIEGA	Masters M - 40	02:09:45	05:58:29	09:38:36	11:37:33	14:33:02
142	WOŹNIAK Ryszard	3062	BIERUTOWSKA GRUPA BIEGOWA	Weteran I M - 50	02:11:14	05:58:22	09:38:30	11:37:32	14:33:15
143	PAWŁOWSKI Robert	3023	VEGE RUNNERS	Masters M - 40	02:11:33	06:11:24	09:48:33	11:42:41	14:33:42
144	SOKOŁOWSKA Adriana	3029	VEGE RUNNERS	Senior II K - 30	02:11:30	06:11:22	09:48:39	11:42:41	14:33:48
145	ANDRZEJEWSKI Paweł	3093		Masters M - 40	02:04:28	05:55:19	09:36:48	11:28:08	14:37:01
146	KRUPIŃSKI Tadeusz	3200		Weteran I M - 50	02:05:40	06:01:07	09:34:33	11:21:34	14:38:26
147	BIAŁECKI Zbigniew	3226	ŁÓDŹ RUNNING TEAM	Weteran I M - 50	02:10:16	06:09:37	09:52:00	11:47:06	14:45:03
148	KWIECIEŃ - LIPIŃSKA Kamila	3227	TIGERS TEAM	Masters K - 40	02:10:14	06:09:31	09:51:56	11:46:47	14:45:37
149	KLATE Łukasz	3068	DROGA DO ULTRA	Masters M - 40	02:02:57	06:03:15	09:54:58	11:53:05	14:45:38
150	RYTYCH Grzegorz	3097	DROGA DO ULTRA	Senior II M - 30	02:12:22	06:18:00	09:54:54	11:53:06	14:45:41
151	PĘKAŁA Paweł	3072	AMATOR RYTWIANY	Masters M - 40	02:13:48	06:08:12	09:44:16	11:46:45	14:46:16
152	SIECZKOWSKI Artur	3058	NATURAL BORN RUNNERS TEAM	Masters M - 40	02:16:27	06:17:33	09:51:35	11:56:03	14:47:06
153	CZAJKOWSKI Rafał	3180	EKOBIEGI	Masters M - 40	02:11:04	06:05:25	09:53:09	11:52:16	14:48:29
154	APANOWICZ Angelika	3173	EKOBIEGI	Masters K - 40	02:11:08	06:05:24	09:53:09	11:52:23	14:48:35
155	BUCHAŁSKA Ewa	3108	EKOBIEGI	Masters K - 40	02:11:09	06:05:33	09:53:15	11:52:30	14:48:39
156	KONIECZNY Tomasz	3050	TEAM KTW	Senior II M - 30	02:06:37	06:01:15	09:45:28	11:47:08	14:48:57
157	MALIŃSKI Marek	3027		Weteran I M - 50	02:17:34	06:25:25	10:10:18	12:02:51	14:48:57
158	ZYCH Michał	3291	KLUB BIEGACZA RTVEUROAGD	Senior II M - 30	01:54:03	05:52:45	09:40:12	11:47:38	14:49:18
159	KOCIOŁEK Zbigniew	3239		Masters M - 40	02:03:52	05:41:26	09:20:39	11:46:14	14:51:01
160	FILIPIAK Sebastian	3056	LZS LIPA	Masters M - 40	02:03:35	05:53:19	09:48:53	11:46:37	14:51:54
161	WEISSENSTEINER Dawid	3186		Senior II M - 30	01:56:55	05:41:44	09:27:34	11:44:47	14:57:02

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km
162	KRAWCZYK Jakub	3055		Senior I M - 20	01:45:10	05:23:37	08:59:11	11:28:10	14:57:28
163	WŁODARCZYK Teresa	3120	SPC	Weteran K - 50	02:16:51	06:32:37	10:06:34	12:01:47	14:58:04
164	BAK Andrzej	3117	SPC	Masters M - 40	02:16:51	06:32:40	10:06:30	12:01:47	14:58:06
165	ZIEMKIEWICZ Jarek	3033	UKS RUNNING TEAM	Masters M - 40	02:10:15	05:56:10	09:47:55	11:54:00	14:58:43
166	SZERSZENIEWSKI Marek	3199	ŻÓRAWSKI TEAM	Weteran I M - 50	02:12:23	06:33:00	10:19:21	12:09:10	15:01:18
167	GODLEWSKI Jakub	3158	RUNNERS TEAM QUIBL	Senior II M - 30	02:16:08	06:25:22	10:09:03	11:55:13	15:01:47
168	MARGASIŃSKI Michał	3035		Senior II M - 30	02:03:24	06:08:12	09:56:13	12:00:46	15:02:16
169	STAWSKI Michał	3220	TRUCHT.COM	Senior II M - 30	01:35:11	04:49:45	08:41:58	11:18:46	15:02:18
170	RELEWICZ Maciej	3168	WOLNE ŚLIMAKI	Masters M - 40	02:03:34	06:08:13	09:56:07	12:00:45	15:02:21
171	TOMCZAK Mariusz	3292		Masters M - 40	02:03:37	06:08:16	09:56:12	12:00:47	15:02:40
172	LIPSKI Krzysztof	3091		Masters M - 40	02:05:10	06:04:38	09:46:17	11:48:20	15:03:07
173	BURDAJEWICZ Magdalena	3264		Senior II K - 30	02:17:01	06:20:23	10:17:09	12:06:10	15:03:59
174	SZULC-ŁĄTKOWSKA Urszula	3305	KB MANIAC POZNAN	Masters K - 40	02:13:27	06:27:17	10:03:14	12:05:46	15:04:23
175	ŁĄTKOWSKI Maciej	3032	KB MANIAC POZNAŃ	Masters M - 40	02:13:32	06:27:21	10:03:19	12:05:48	15:04:41
176	MOREVA Daria	3195		Senior II K - 30	02:13:50	06:20:56	10:08:26	12:00:59	15:08:54
177	KONIECZNY Andrzej Konieczny	3034		Masters M - 40	02:12:31	06:39:48	10:18:35	12:12:13	15:11:53
	KAMIŃSKI Bartosz	3204		Masters M - 40	02:09:13 DNF	06:00:25 DNF	09:47:34 DNF	12:19:17 DNF	15:13:14 DNF
179	CELEJEWSKI Przemysław	3192		Senior II M - 30	02:10:46	06:05:33	09:46:18	12:01:06	15:16:08
180	SERWADCZAK Marek	3259		Weteran I M - 50	02:11:46	06:15:03	10:02:17	12:16:37	15:20:29
181	ZYDORCZAK Mateusz	3295	REMOVE	Senior II M - 30	02:02:55	06:14:51	10:44:14	12:33:53	15:24:43
182	LASZCZYŃSKI Tomasz	3188	TATA. NATALKI	Masters M - 40	02:22:10	06:43:26	10:34:21	12:31:59	15:28:01
183	WOSZCZAK Jolanta	3090	STRZELIŃSKI KLUB BIEGACZA GRANIT	Weteran K - 50	02:22:19	06:43:32	10:34:32	12:32:14	15:28:09
184	WYKA Angelika	3001	PCH_RUN	Senior II K - 30	02:22:09	06:34:24	10:18:04	12:28:08	15:31:20
185	WYLEGAŁA Izabela	3024	PCH_RUN	Senior II K - 30	02:22:08	06:34:25	10:18:00	12:28:07	15:31:25
186	KLATKA Arleta	3071	BIEGAM BO LUBIĘ	Masters K - 40	02:03:56	06:04:43	09:56:56	12:01:30	15:31:46
187	OSTACH Daria	3009		Masters K - 40	02:14:02	06:49:02	10:36:04	12:31:50	15:34:39
188	PRUSIEWICZ Beata	3018		Weteran K - 50	02:14:22	06:52:36	10:36:06	12:31:52	15:34:55
189	LUBIK Adam	3184	KSE ON-SIGHT/ SPUCHLAKI TEAM	Senior II M - 30	02:01:45	06:12:23	10:06:32	12:07:36	15:38:04
190	GULCZYŃSKI Tomasz	3317		Senior II M - 30	02:01:45	06:12:26	10:06:37	12:07:36	15:38:55
191	BUDA Marzena	3231	ALPACA TEAM	Senior I K - 20	02:01:10	06:05:33	09:53:22	12:00:13	15:39:38
192	ROSZAK Waldemar	3095	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	Weteran I M - 50	02:28:00	06:42:43	10:32:54	12:36:59	15:40:50
	PIETRASZEWSKI Robert	3106	BIEGAM BO LUBIĘ - TOMASZÓW MAZOWIECKI	Masters M - 40	02:04:05 DNF	06:04:57 DNF	09:57:46 DNF	12:01:29 DNF	15:41:41 DNF
194	WRZESIŃSKA Joanna	3115		Masters K - 40	02:09:39	06:14:36	10:04:12	12:23:02	15:50:42
195	PIETRZAK Tomasz	3198	WILD TRAIL RUNNER	Senior II M - 30	02:10:52	06:02:28	10:07:42	12:12:45	15:51:56
196	JANUĆ Wojciech	3110	ARKA LEŚNA	Senior I M - 20	02:10:53	06:02:28	10:07:40	12:12:47	15:52:00
197	JĘDRYCHA Artur	3085		Masters M - 40	02:08:45	06:08:43	10:07:42	12:36:39	15:52:24
198	BIELSKI Janusz	3010	SEE YOU LATER TEAM	Senior II M - 30	02:03:43	06:18:05	10:15:25	12:33:00	15:59:05
199	MOŃKA Łukasz	3278	SPARTA ULTRA TEAM	Senior II M - 30	02:05:24	06:02:59	09:53:37	12:16:40	15:59:14
200	KONOWROCKA Wioletta	3012	SEE YOU LATER TEAM	Masters K - 40	02:10:20	06:18:18	10:15:32	12:33:12	15:59:51
201	GRYGIER Robert	3215		Senior I M - 20	02:12:15	06:20:27	10:13:31	12:32:40	16:02:28
202	NAMIOTA Urszula	3171	KB MARATOŃCZYK	Weteran K - 50	02:11:45	06:34:19	10:36:52	12:42:09	16:05:26
203	WASIL Joanna	3021		Senior II K - 30	02:14:23	06:52:36	10:49:16	12:53:05	16:09:41
204	KAWA Barbara	3170	KB MARATOŃCZYK DĘBICA	Senior II K - 30	02:32:22	07:00:41	11:13:20	13:13:55	16:10:02

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km
205	OPALIŃSKI Michał	3172	DĘBICKI KLUB BIEGACZA MARATOŃCZYK	Senior II M - 30	02:32:21	07:00:41	11:13:26	13:13:54	16:10:05
206	CIECIELĄG Piotr	3006		Masters M - 40	02:04:05	05:53:44	09:49:32	12:10:27	16:10:07
207	SAMOLAK Łukasz	3002	22 KARPACKI BATALION PIECHOTY GÓRSKIEJ	Senior II M - 30	02:13:49	06:49:45	10:52:15	13:05:05	16:13:27
208	SAMOLAK Maciek	3141	PREDATORS WAŁBRZYCH	Masters M - 40	02:13:47	06:49:47	10:52:24	13:05:05	16:13:32
209	DĘBEK Piotr	3064	PRZEDWOJEWSKI MOUNTAIN TEAM	Masters M - 40	02:11:58	06:15:55	10:15:28	12:36:39	16:17:00
210	FRAĆKOWIAK Jacek	3136	RUNNER'S POWER ŚREM	Masters M - 40	02:11:58	06:15:53	10:15:22	12:36:38	16:17:09
211	ŁĄCKA Ilona	3096	EKOBIEGI	Masters K - 40	02:28:09	06:42:42	10:35:58	12:50:47	16:17:26
212	SIKORSKA Agnieszka	3189	EKBIEGI	Masters K - 40	02:14:08	06:27:16	10:33:50	12:50:55	16:18:03
213	KÓZKA Przemo	3133	BIEGAM, BO NIE LUBIĘ	Masters M - 40	02:04:06	06:18:37	10:43:55	13:15:10	16:22:11
214	GMAJ Daniel	3127	1983	Senior II M - 30	02:11:30	06:21:17	10:29:06	12:45:12	16:23:52
215	GMAJ Karolina	3126		Senior II K - 30	02:11:30	06:21:18	10:29:02	12:45:12	16:23:58
216	KARCZ Anna	3222		Senior I K - 20	02:09:17	06:48:44	10:52:42	13:23:37	16:27:27
217	ROSA Bartosz	3152	SMASHING PAPKINS	Senior II M - 30	02:21:11	06:49:35	10:43:52	12:59:30	16:27:50
218	MARKOWSKI Piotr	3087	MARKOTNYSKOWRONEK	Masters M - 40	02:11:55	06:25:14	10:28:55	12:53:10	16:28:05
219	SKOWRONEK Artur	3132	MARKOTNYSKOWRONEK	Masters M - 40	02:11:57	06:25:17	10:29:21	12:59:16	16:36:41
220	GRUSZCZYŃSKI Marcin	3287	GRUSZKOWYTEAM	Masters M - 40	02:06:07	06:18:05	10:58:03	13:25:21	16:38:04
221	STAWSKA Anna	3241	WKURW_TEAM	Masters K - 40	02:21:52	06:36:20	10:37:54	13:12:46	16:39:23
222	KOREK Krystian	3213		Masters M - 40	02:15:35	06:50:13	11:06:24	13:26:17	16:44:48
222	KRANZ Grzegorz	3212		Masters M - 40	02:15:34	06:52:05	11:05:02	13:26:17	16:45:12
	MULARCZYK Marta	3165	WKURW_TEAM	Senior I K - 20	02:23:35 DNF	06:25:00 DNF	10:16:39 DNF	13:07:45 DNF	16:49:14 DNF
225	SZURKOWSKI Michał	3160	GRUNWALD TEAM POZNAŃ	Senior II M - 30	02:13:55	06:12:19	10:38:08	13:05:38	16:50:43
226	SULIMA Janusz	3311		Weteran I M - 50	02:04:39	06:15:39	10:38:11	12:56:05	16:50:52
227	BAKOWICZ Kamil	3044	AKTYWNI KAMIEŃSK	Senior II M - 30	02:09:52	06:12:27	10:38:19	13:06:00	16:51:06
228	ZIEMNIAK Marcin	3140		Senior II M - 30	02:13:09	06:35:47	11:03:22	13:38:57	16:57:47
229	TALARCZYK Mikołaj	3254		Masters M - 40	02:10:39	06:25:10	10:19:09	12:57:13	17:01:37
230	GAŚIOROWSKA Dorota	3054	MPK WYBIEGANIE / ŚNIĘTY SUM	Weteran K - 50	02:32:49	07:12:30	11:23:16	13:44:07	17:04:32
231	STOLPE Maciej	3028		Weteran I M - 50	02:21:36	07:00:12		13:35:19	17:05:05
232	HOFFMANN Grzegorz	3036		Masters M - 40	02:21:42	07:00:12	11:04:39	13:35:21	17:07:05
233	SZACHEWICZ Sławek	3143	JEŻOZWIERZE GROUP	Masters M - 40	02:16:13	06:25:18	10:38:18	13:16:28	17:13:16
234	MARCINEK Łukasz	3007	NIE TERAŻ, POTEM	Senior II M - 30	02:11:48	06:38:16	10:52:30	13:43:32	17:14:41
235	RYCHŁOWSKA Magdalena	3067		Masters K - 40	02:16:14	06:45:27	10:59:08	13:27:56	17:21:06
236	SIELUTIN Wadim	3297	KB LEW LEGNICA 2000	Weteran II M - 60	02:15:04	06:49:25	11:02:53	13:26:27	17:25:23
237	CECUŁA Andrzej	3202		Senior I M - 20	02:09:34	07:31:37	12:02:51	14:41:31	17:35:30
238	GRZESIAK Rafał	3081		Masters M - 40	02:09:37	07:31:40	12:02:59	14:41:31	17:35:36
239	KAMROWSKI Dawid	3102	ROCHE RUNNERS	Senior II M - 30	02:40:43	07:37:27	12:02:29	14:39:10	17:37:10
240	KOSMIDER Tomasz	3209	SPARTANIE DZIECIOM	Masters M - 40	02:19:35	06:47:58	11:02:40	13:58:31	17:37:19
241	KALBARCZYK Beata	3162	ORANGE POLSKA	Weteran K - 50	02:33:23	06:52:05	11:30:14	14:05:13	17:38:17
242	OHLA Justyna	3112	BIEGAM, BO NIE LUBIĘ...	Masters K - 40	02:06:13	06:18:40	10:50:55	13:42:41	17:41:24
242	MADAJ Paweł	3118	BIEGAM, BO NIE LUBIĘ	Masters M - 40	02:06:13	06:18:41	10:51:02	13:42:42	17:41:29
244	ZACHARZYŃSKA Katarzyna	3161	ORANGE POLSKA	Senior II K - 30	02:21:46	06:51:21	11:30:18	14:06:19	17:57:30
245	SOSZYŃSKA Małgorzata	3314		Weteran K - 50	02:32:41	07:48:38	12:08:10	14:37:17	18:06:03
246	HANGIEL Urszula	3318		Senior II K - 30	02:32:42	07:48:39	12:08:19	14:37:17	18:06:07
247	BORIS Aneta	3016	EL - AKTYWNI	Senior II K - 30	02:32:47	07:48:11	12:08:25	14:32:48	18:07:39

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km
248	PIKUSA Michał	3104		Senior II M - 30	02:40:43	07:37:25	12:03:00	14:45:50	18:15:23
249	ŻRÓDLEWSKA Anna	3308		Senior II K - 30	02:15:39	07:04:26	12:03:11	14:56:31	18:42:18
250	STEFANOWSKI Marcin	3019	ŻARÓW BIEGA	Masters M - 40	02:41:02	07:50:28	12:38:40	15:15:02	18:42:40
251	ZIEMKOWSKA Monika	3014		Masters K - 40	02:41:13	07:50:33	12:39:07	15:15:06	18:42:51
252	KAPA Patrycja	3310	K.S. MARATON OSTRÓW WIELKOPOLSKI	Senior I K - 20	02:15:36	07:04:24	12:03:03	14:56:28	18:43:23
253	HAUTON Monika	3013	NIE TERAŻ, POTEM	Masters K - 40	02:37:21	08:11:19	12:30:25	15:12:51	18:44:59
254	ŚWITALSKI Andrzej	3166	KAPITAN POLSKA/ŻYCIE CZĘSTOCHOWY TEAM	Senior II M - 30	02:15:37	07:04:24	12:03:10	14:56:30	18:45:27
255	WITECKA Milena	3312		Senior II K - 30	02:15:18	07:13:55	12:32:37	15:12:29	18:54:22
	GNIELKA Dawid	3286	ZAMKOWIEC TOSZEK	Senior I M - 20	02:26:25 DNF	06:51:06 DNF	11:40:36 DNF	14:39:38 DNF	19:00:13 DNF
257	RURKA Grzegorz	3146	SAMBIEGAM	Weteran I M - 50	02:25:48	07:16:42	11:46:50	14:39:59	19:04:05
258	WYSTRYCHOWSKI Marcin	3121	BFAGENCJA.PL	Senior II M - 30	02:32:33	07:59:55	12:21:47	15:04:08	19:24:02
259	OBARSKI Norbert	3043		Weteran I M - 50	02:54:16	08:11:08	12:34:36	15:19:34	19:26:42
260	OBARSKA Małgorzata	3031		Weteran K - 50	02:54:18	08:11:32	12:34:40	15:19:36	19:26:47
261	BOCHENEK Janusz	3063	WKURW_TEAM	Weteran II M - 60	02:38:59	09:13:59	13:13:03	16:01:00	19:31:07
262	BOHDZIEWICZ Izabela	3283	WKURW_TEAM	Senior I K - 20	02:38:59	09:14:00	13:34:33	16:43:56	20:49:04
263	MAŁEK Tomasz	3269		Senior I M - 20	01:38:19				
264	KROLS Hilde	3119	VOS SCHAFFEN	Weteran K - 50	02:12:22	06:20:05	10:17:28	12:29:20	
265	WAŁEK Piotr	3020	RUNNERS TEAM QUIBL	Masters M - 40	02:32:10	07:12:27	11:23:20	13:45:06	
266	RECZUCH Adam	3194		Masters M - 40	02:27:59	06:18:18		12:10:28	
	ŁĘCKI Piotruś	3252	NIGHT RUNNERS GLIWICE	Senior II M - 30	01:41:47 DNF	05:22:18 DNF	DNF	DNF	DNF
	JANIK Rafał	3167	GMINA STRZELCE OPOLSKIE	Masters M - 40	01:30:47 DNF	04:51:21 DNF	DNF	DNF	DNF
	CHRZAN Daniel	3322		Senior II M - 30	01:56:06 DNF	05:25:16 DNF	DNF	DNF	DNF
	REJMAN Grzegorz	3138	DREAM RUN	Senior II M - 30	01:47:37 DNF	05:48:32 DNF	DNF	DNF	DNF
	BOREJSZO Karol	3274		Senior I M - 20	02:06:35 DNF	05:34:18 DNF	DNF	DNF	DNF
	WERNER Kamil	3164	BIEGAM NA TARCHOMINIE/ULTRA PASTERZE	Senior II M - 30	01:29:19 DNF	04:13:45 DNF	DNF	DNF	DNF
	SLOWINSKI Grzegorz	3175		Senior II M - 30	02:05:17 DNF	05:13:32 DNF	DNF	DNF	DNF
	GÓRA Marcin	3244	TWM-TERMO MARCIN GÓRA, JANUSZ SZUBA SP.J.	Masters M - 40	01:59:08 DNF	DNF	DNF	DNF	DNF
	JĘDZURA Daniel	3255	NIGHT RUNNERS GLIWICE	Senior II M - 30	01:45:07 DNF	04:49:17 DNF	DNF	DNF	DNF
	PIASECKA - WSZOŁA Anna	3304	MUAY RUNNING TEAM	Senior II K - 30	01:49:00 DNF	04:58:07 DNF	DNF	DNF	DNF
	CHRZAN Andrzej	3323	AA TARNÓW	Senior I M - 20	02:03:53 DNF	05:40:50 DNF	09:30:16 DNF	DNF	DNF
	TALAGA Dawid	3061	OLKUSZBIEGA.PL	Senior II M - 30	01:47:48 DNF	05:25:25 DNF	09:47:45 DNF	DNF	DNF
	MACHUL Ewa	3293	DREAM RUN	Senior II K - 30	01:47:04 DNF	05:05:49 DNF	09:03:47 DNF	DNF	DNF

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km
	Fijałkowski Artur	3159	EKOBIEGI	Senior II M - 30	02:01:24 DNF	05:40:13 DNF	DNF	DNF	DNF
	Drożdziel Mariusz	3247		Senior II M - 30	01:43:34 DNF	04:57:54 DNF	08:15:22 DNF	11:01:15 DNF	DNF
	Piskorz Ireneusz	3277		Senior II M - 30	01:48:51 DNF	05:45:30 DNF	10:02:07 DNF	DNF	DNF
	Armatys Grzegorz	3253	ORANGE POLSKA	Weteran I M - 50	02:26:53 DNF	07:55:17 DNF	DNF	DNF	DNF
	Czeraniak Tobiasz	3240		Senior II M - 30	02:00:05 DNF	DNF	DNF	DNF	DNF
	Rutkowski Łukasz	3051		Masters M - 40	01:46:57 DNF	DNF	DNF	DNF	DNF
	Liebchen Piotr	3187		Masters M - 40	02:11:10 DNF	06:17:07 DNF	DNF	DNF	DNF
	Kozłowski Bartłomiej	3320		Masters M - 40	02:11:07 DNF	06:17:03 DNF	DNF	DNF	DNF
	Nojszewska Anika	3319		Senior II K - 30	02:10:36 DNF	06:17:06 DNF	DNF	DNF	DNF

Znaleziono 288 wynik(ów)