

# BIEG K-B-L - 110 KM

B4SPORT

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2020-07-16  
**Miejsce:** Łądek-Zdrój  
**Dystans:** 110 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 98,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A13 70km	A14 85km	A15 98km
1	KASZUBA Michał	3254	GRUPA NOMAX	Masters M - 40	01:29:32	03:46:03	07:22:39	09:10:45	10:40:00
2	PRZYBYLSKI Łukasz	3332	KS IDMAR	Masters M - 40	01:28:42	03:51:54	07:37:48	09:16:55	10:43:08
3	WILK Maciej	3144	RAMBO 3	Masters M - 40	01:24:51	03:42:42	07:30:58	09:19:59	10:57:21
4	CZERBNIAK Norbert	3176	TARNOWO PODGÓRNE BIEGA	Masters M - 40	01:33:43	04:09:38	07:45:48	09:35:54	11:07:13
5	ŚCIESZKA Wojciech	3133	13 ELT KRAKÓW-BALICE	Masters M - 40	01:32:27	04:05:13	07:47:56	09:35:29	11:09:22
6	DOSTAL Jan	3301	BEZECKY KLUB NACHOD, VELLA NACHOD	Senior II M - 30	01:24:25	03:54:08	07:51:33	09:43:30	11:16:29
7	KIELASZEWSKI Karol	3233	LESZNO LIMITS RUNNERS	Senior II M - 30	01:41:10	04:20:19	08:03:14	09:51:58	11:30:21
8	PILARSKI Tomasz	3275	IZERY BOGATYNIA	Senior II M - 30	01:38:45	04:06:25	08:02:24	10:02:02	11:45:38
9	ZIENTARA Adrian	3206	KGHM ZG RUN	Senior II M - 30	01:40:06	04:18:22	08:04:52	10:04:46	11:45:55
10	BARTYZEL Marek	3185		Masters M - 40	01:32:38	04:04:55	08:01:23	09:58:26	11:48:36
11	KROSNY Sebastian	3281	STS BIEGATON MIKOŁÓW / ZAŁOGA GÓRSKA	Senior II M - 30	01:34:13	04:03:50	08:00:20	10:10:36	11:49:01
12	JĘDRYCA Przemysław	3298	SPARTA ULTRA TEAM	Masters M - 40	01:38:13	04:22:36	08:14:55	10:14:36	11:53:46
13	MOCZULSKA Małgorzata	3278		Masters K - 40	01:33:38	04:17:38	08:20:20	10:25:51	12:03:04
14	JOKIEL Wojciech	3293	SPARTA ULTRA TEAM	Senior I M - 20	01:38:23	04:18:58	08:27:42	10:21:22	12:11:37
15	GRUSZKA Aleksandra	3299	WILD ULTRA WARRIORS	Senior II K - 30	01:49:16	04:35:32	08:48:11	10:45:57	12:26:59
16	ZARCZUK Paweł	3337		Senior II M - 30	01:56:41	04:52:24	08:52:23	10:46:53	12:29:03
17	KYCIA Piotr	3138		Masters M - 40	01:51:14	04:38:06	08:45:29	10:47:33	12:34:25
18	KOŚCIELNIAK Wioletta	3323	RUNNERS TEAM NYSA	Masters K - 40	01:47:34	04:55:59	08:58:26	10:55:12	12:40:06
19	KALINOWSKI Tomasz	3085		Masters M - 40	01:53:15	04:51:50	08:53:46	10:54:06	12:40:11
20	PAPRZYCKI Rafał	3267	NBR TEAM	Masters M - 40	01:45:29	04:40:17	08:44:52	10:49:52	12:40:36
21	DYRKA Krzysztof	3141	POLITECHNIKA POZNAŃSKA	Masters M - 40	01:55:08	04:54:31	08:56:29	10:57:06	12:42:51
22	POLAK Stanisław	3330	SBG PODBIEG	Masters M - 40	01:40:40	04:33:32	08:59:24	11:04:36	12:55:00
23	KRAWCZYK Karol	3140	LENIWY INACZEJ	Senior II M - 30	01:41:18	04:53:12	09:23:25	11:32:29	13:23:38
24	MICHALOWSKI Marcin	3034	#MARCINSWIERTTEAM	Masters M - 40	01:49:29	04:47:28	09:21:33	11:32:22	13:23:46
25	MICHALSKI Piotr	3018		Senior II M - 30	01:47:40	04:56:23	09:24:06	11:32:15	13:23:52
26	SKORCZYK Adrian	3078	SPEED FEET '16	Senior II M - 30	01:58:11	05:07:06	09:32:46	11:35:22	13:26:24
27	WOJDANOWSKI Jan	3243	KB HARCOWNIK JELCZ-LASKOWICE	Weteran I M - 50	01:57:18	05:07:57	09:42:12	11:47:45	13:30:01
28	JACHYMIAK Robert	3154	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	Masters M - 40	01:44:48	04:46:22	09:34:03	11:42:19	13:33:31
29	LONC Tomasz	3145		Masters M - 40	02:03:22	05:23:01	09:47:52	11:56:21	13:35:54
30	LORENC Joanna	3313	ENDORFINY WAŚOSZ	Senior II K - 30	01:48:59	04:47:32	09:09:22	11:26:21	13:36:30

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A13 70km	A14 85km	A15 98km
31	<b>DARCHUK</b> Aleksandr	<b>3285</b>	DRPT	Masters M - 40	01:54:37	05:05:28	09:39:06	11:42:06	13:38:15
32	<b>MILEWICZ</b> Daniel	<b>3311</b>	KB BOLESŁAWIEC	Senior II M - 30	01:53:36	04:55:04	09:30:55	11:41:14	13:38:26
33	<b>SZRAMOWIAT</b> Marek	<b>3329</b>	BRITA	Masters M - 40	01:54:48	04:55:07	09:30:58	11:41:12	13:38:30
34	<b>DETLAFF</b> Patrycja	<b>3306</b>	WILD ULTRA WARRIORS	Senior II K - 30	01:49:49	04:55:27	09:40:10	11:45:48	13:44:36
35	<b>KOLMAN</b> Piotr	<b>3256</b>	ENDORFINA WSCHOWA	Masters M - 40	02:00:11	05:10:52	09:40:47	11:53:31	13:47:34
36	<b>CHOŁKA</b> Michał	<b>3143</b>		Senior II M - 30	01:58:53	05:07:44	09:37:39	11:50:17	13:47:46
37	<b>SCHWITALLA</b> Adrian	<b>3188</b>	MKS SIECHNICE	Masters M - 40	01:51:02	05:09:05	09:43:15	11:55:19	13:48:05
38	<b>GAWLIK</b> Marcin	<b>3113</b>	MKS SIECHNICE	Masters M - 40	01:51:14	05:09:15	09:43:26	11:55:37	13:48:15
39	<b>MARSZAŁKOWSKI</b> Łukasz	<b>3290</b>	GET ACTIVE	Senior II M - 30	01:51:56	04:59:58	09:35:16	11:51:54	13:49:23
40	<b>PRZYBYLSKA</b> Katarzyna	<b>3246</b>		Senior II K - 30	02:05:59	05:18:21	09:40:41	11:51:39	13:51:01
41	<b>GRZYBOWSKI</b> Rafał	<b>3012</b>		Masters M - 40	01:53:00	05:05:14	09:37:51	11:51:30	13:51:03
42	<b>CATTI</b> Roberto	<b>3200</b>		Senior II M - 30	01:50:57	05:12:26	09:34:36	11:47:38	13:53:41
43	<b>TOMCZAK</b> Waldek	<b>3152</b>		Masters M - 40	01:56:34	05:16:27	09:57:48	12:02:40	14:00:58
44	<b>WINIARSKI</b> Andrzej	<b>3110</b>	DXTREEM RUNNING	Masters M - 40	01:48:55	04:50:23	09:28:21	11:59:48	14:00:59
45	<b>ZAJĄC</b> Leszek	<b>3178</b>	L.O.T.A.Z/SOKÓŁ BUKÓWIEC GÓRNY	Masters M - 40	02:00:15	05:20:13	10:00:31	12:05:25	14:01:36
46	<b>SŁOTWIŃSKI</b> Adam	<b>3217</b>		Masters M - 40	01:55:46	05:11:27	09:54:08	12:13:22	14:02:13
47	<b>RÓŻAŃSKI</b> Mateusz	<b>3295</b>		Senior II M - 30	02:00:39	05:12:43	09:54:00	11:57:38	14:02:17
48	<b>GALUSKIN</b> Alexey	<b>3294</b>	GRUPA NOMAX	Senior II M - 30	02:01:11	05:13:02	09:54:13	11:58:57	14:02:29
49	<b>KROK</b> Sławomir	<b>3333</b>		Masters M - 40	01:48:12	04:55:31	09:36:49	11:52:42	14:02:51
50	<b>MATUSIAK</b> Michał	<b>3282</b>	ROWERY MAŁGOŚKA	Senior II M - 30	01:59:20	05:03:08	09:37:56	11:58:20	14:08:11
51	<b>PRAŁAT</b> Tomasz	<b>3062</b>	MARATON LESZNO	Masters M - 40	01:53:42	05:10:00	09:45:01	12:06:16	14:08:17
52	<b>HARĘŻLAK</b> Krzysztof	<b>3148</b>	AGB TORFY	Masters M - 40	01:46:09	04:45:06	09:37:45	12:10:20	14:09:46
53	<b>CIEPLIK</b> Dawid	<b>3083</b>	LESZNO LIMITS RUNNERS	Senior II M - 30	01:54:42	05:11:38	09:50:59	12:08:05	14:10:34
54	<b>PAWŁOWSKI</b> Piotr	<b>3124</b>		Masters M - 40	01:42:13	04:24:40	08:41:18	12:08:12	14:14:11
55	<b>SPECJALSKI</b> Przemysław	<b>3046</b>		Weteran I M - 50	01:56:30	05:12:20	09:43:56	12:08:14	14:15:07
56	<b>GRODZKI</b> Tomasz	<b>3017</b>	ULTRAS Z NAD MORZA	Masters M - 40	01:49:18	04:45:27	09:45:31	12:16:51	14:17:17
57	<b>WOJCIECHOWICZ</b> Jacek	<b>3248</b>	WWW.STUDIOTANCAPASJA.PL	Masters M - 40	01:49:42	04:51:55	09:45:38	12:17:09	14:17:28
58	<b>GOSTYŃSKI</b> Krzysztof	<b>3196</b>		Masters M - 40	01:53:11	05:08:05	09:57:45	12:08:56	14:18:14
59	<b>SAWICKI</b> Krzysztof	<b>3059</b>	KOŁO BIEGA	Senior II M - 30	01:59:29	05:06:43	09:49:24	12:14:44	14:18:25
60	<b>DWORNIK</b> Maciej	<b>3005</b>	WARCZĄCE SZPRYCHY	Senior II M - 30	01:45:08	04:40:39	09:22:49	12:03:36	14:20:14
61	<b>TONDER</b> Filip	<b>3250</b>	WLKP MOUNTAINS ULTRA	Senior II M - 30	01:55:29	05:17:18	09:54:16	12:17:03	14:23:06
62	<b>GONCZAR</b> Szymon	<b>3218</b>		Senior II M - 30	01:53:58	05:03:52	09:37:03	12:09:14	14:23:24
63	<b>KONIECZNY</b> Maciej	<b>3024</b>	MK-CONNECT	Masters M - 40	01:42:59	04:47:34	09:43:05	12:16:14	14:23:42
64	<b>STRAMOWSKI</b> Rafał	<b>3105</b>		Senior II M - 30	01:49:50	04:55:31	09:43:18	12:11:42	14:24:44
65	<b>ZIMNY</b> Tomasz	<b>3025</b>		Weteran II M - 60	01:54:47	05:18:10	09:46:33	12:18:08	14:25:02
66	<b>PIECUCH</b> Karolina	<b>3335</b>		Senior II K - 30	01:56:02	05:09:26	09:57:08	12:21:31	14:26:10
67	<b>GUZERA</b> Justyna	<b>3114</b>		Senior II K - 30	01:57:37	05:14:05	09:59:41	12:22:59	14:31:38
68	<b>STOBIŃSKI</b> Piotr	<b>3247</b>	RUNEDA	Senior II M - 30	01:55:23	05:13:57	10:03:26	12:30:16	14:34:02
69	<b>POLIWKA</b> Mariusz	<b>3319</b>	FITNES PIEKARY LEGNICA	Masters M - 40	01:59:50	05:19:23	10:04:48	12:21:24	14:38:16
70	<b>STYPEREK</b> Jakub	<b>3167</b>	VEGE RUNNERS	Senior II M - 30	01:54:48	05:10:50	10:10:07	12:29:16	14:41:01
71	<b>PUCHACZ</b> Piotr	<b>3180</b>	MPK WYBIEGANIE	Masters M - 40	02:02:36	05:17:53	10:13:25	12:35:02	14:42:12
72	<b>PAWLUCZUK</b> Tomek	<b>3227</b>	WŚCIEKŁE PIĘŚCI WĘŻA	Masters M - 40	01:55:51	05:13:43	10:13:22	12:32:04	14:44:00
73	<b>KOSIOREK</b> Adam	<b>3184</b>	BCAC MOKOBODY	Weteran I M - 50	02:01:10	05:29:53	10:18:47	12:42:26	14:45:13
74	<b>KŁOŚ</b> Artur	<b>3026</b>	STAY INSANE	Senior II M - 30	01:57:22	05:10:12	09:44:45	12:23:55	14:48:35
75	<b>FUDALI</b> Jakub	<b>3261</b>		Senior I M - 20	01:58:28	05:27:06	10:16:57	12:39:08	14:51:45

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A13 70km	A14 85km	A15 98km
76	<b>CIEŚLAK Jakub</b>	<b>3258</b>		Senior II M - 30	01:59:35	05:23:15	10:13:45	12:45:18	14:58:05
77	<b>BIERNACKI Benoit</b>	<b>3303</b>		Senior II M - 30	02:00:23	05:28:43	10:23:37	12:52:47	14:59:11
78	<b>KOWALEWSKI Marcin</b>	<b>3210</b>	CRIIM	Masters M - 40	02:00:41	05:32:43	10:36:24	12:50:08	14:59:55
79	<b>GRAMACKI Maciej</b>	<b>3284</b>	WINTERCAMP.PL	Masters M - 40	01:56:37	05:23:31	10:22:43	12:53:21	15:01:46
80	<b>HOFMAŃSKI Rafał</b>	<b>3129</b>		Senior II M - 30	01:59:20	05:19:29	10:05:34	12:43:33	15:01:49
81	<b>RATAJCZAK Marcin</b>	<b>3112</b>		Senior II M - 30	01:59:46	05:19:40	10:05:27	12:43:52	15:02:03
82	<b>PRZYBYLSKI Piotr</b>	<b>3245</b>		Masters M - 40	02:06:06	05:33:52	10:33:58	13:00:34	15:06:39
83	<b>ZYGRY-WIŚNIEWSKA Karolina</b>	<b>3197</b>	GEMINI POLSKA TEAM	Masters K - 40	02:04:25	05:42:18	10:41:33	13:02:57	15:08:34
84	<b>SZUBA Tomasz</b>	<b>3191</b>		Senior I M - 20	01:50:50	04:52:28	09:45:07	12:36:28	15:09:18
85	<b>KONIK Grzegorz</b>	<b>3131</b>	OKB ZADYSZKA / KS KANDAHAR	Weteran I M - 50	02:00:22	05:38:09	10:16:57	12:48:52	15:16:44
86	<b>TALAGA Dawid</b>	<b>3287</b>	OLKUSZBIEGA.PL	Senior II M - 30	01:56:17	05:11:23	10:41:30	13:17:17	15:17:24
87	<b>ZAKRZEWSKI Krzysztof</b>	<b>3312</b>	3:33 TEAM	Masters M - 40	02:01:52	05:31:10	10:32:33	13:09:07	15:17:55
88	<b>TRĄBICKI Adam</b>	<b>3203</b>		Senior II M - 30	01:59:39	05:21:04	10:20:34	13:07:57	15:18:10
89	<b>MORCINEK Marcin</b>	<b>3277</b>	BLUSZCZA	Masters M - 40	02:02:52	05:34:19	10:45:34	13:18:38	15:20:15
90	<b>PARA Jakub</b>	<b>3226</b>	LESZ NO LIMITS RUNNERS	Masters M - 40	01:58:19	05:19:41	10:39:53	13:10:03	15:21:27
91	<b>LASEK Mikołaj</b>	<b>3231</b>	PAN WUEFISTA	Senior II M - 30	02:07:28	05:34:53	10:52:59	13:29:09	15:25:10
92	<b>LIC Janusz</b>	<b>3240</b>	BISKUPICE ULTRARUN	Weteran I M - 50	02:10:05	05:50:49	10:45:35	13:16:10	15:25:23
93	<b>ODIJA Leszek</b>	<b>3249</b>		Masters M - 40	02:03:56	05:25:30	10:08:21	13:08:20	15:27:18
94	<b>KOWALCZYK Paweł</b>	<b>3305</b>	KĘCKIE HARPAGANY	Masters M - 40	02:00:27	05:22:14	10:24:31	13:08:47	15:30:04
95	<b>KOSTERA Tomasz</b>	<b>3060</b>	VEGE RUNNERS	Masters M - 40	02:02:55	05:39:30	10:46:50	13:18:20	15:30:24
96	<b>GRUBICH Damian</b>	<b>3014</b>		Masters M - 40	02:00:45	05:49:05	10:55:44	13:17:54	15:30:50
97	<b>SOBASZEK Marcin</b>	<b>3155</b>		Senior II M - 30	02:07:01	05:37:32	10:50:44	13:29:35	15:36:44
98	<b>CHOJNOWSKI Andrzej</b>	<b>3019</b>		Weteran I M - 50	02:00:14	05:23:28	10:35:50	13:15:58	15:43:14
99	<b>HARKIEWICZ Wiola</b>	<b>3103</b>	ODDYCHAJSWOBODNIE.PL NARAMOWICE BIEGAJĄ	Senior II K - 30	02:07:55	05:52:51	11:06:37	13:34:00	15:44:01
100	<b>BRZOZOWSKI Rafał</b>	<b>3328</b>		Masters M - 40	02:07:58	05:55:14	11:00:06	13:27:40	15:44:49
101	<b>TONDYTKO Piotr</b>	<b>3327</b>		Weteran I M - 50	02:08:05	05:55:19	11:00:12	13:27:38	15:44:56
102	<b>ZAJĄC Leszek</b>	<b>3079</b>		Senior II M - 30	01:49:55	05:08:29	10:08:38	13:10:53	15:45:19
103	<b>PASTWA Marek</b>	<b>3343</b>	OH!ZUZA.COM	Weteran I M - 50	02:20:59	06:18:12	11:09:37	13:30:22	15:45:26
104	<b>GILEWICZ-RACHOWSKA Jagoda</b>	<b>3028</b>	DGR KANCELARIA RADCÓW PRAWNYCH	Senior II K - 30	02:04:28	05:39:56	10:49:10	13:27:58	15:51:41
105	<b>GRABICKI Sebastian</b>	<b>3069</b>		Masters M - 40	02:02:06	05:29:23	10:47:11	13:33:13	15:52:27
106	<b>SZALA Krzysztof</b>	<b>3082</b>	BIEGAMGDZIECHCE.PL	Senior II M - 30	01:52:57	05:19:54	10:45:18	13:30:31	15:53:04
107	<b>NOWAK Natalia</b>	<b>3074</b>	EKIPA Z TARNOWA	Senior II K - 30	02:09:32	05:41:20	11:15:44	13:52:11	15:53:13
108	<b>ZAWROTNIAK Paweł</b>	<b>3239</b>		Senior I M - 20	01:50:04	05:18:18	10:35:09	13:26:24	15:55:24
109	<b>FIUK Mirosław</b>	<b>3042</b>		Senior II M - 30	01:58:22	05:26:42	10:53:33	13:38:42	15:57:25
110	<b>RUSZCZEWSKI Andrzej</b>	<b>3001</b>	VEGE RUNNERS	Senior II M - 30	02:05:18	05:40:52	10:33:31	13:14:02	15:58:08
111	<b>LIPCZAK Amadeusz</b>	<b>3104</b>		Masters M - 40	02:03:59	05:52:02	11:07:46	13:35:52	15:58:59
112	<b>KACZMAREK Jędrzej</b>	<b>3052</b>	KP PSP MILICZ	Senior I M - 20	02:07:49	05:51:52	11:02:58	13:40:30	15:59:37
113	<b>IZYDORSKI Marcin</b>	<b>3202</b>		Senior II M - 30	02:09:26	05:58:23	11:14:24	13:47:14	16:02:57
114	<b>LEWANDOWSKI Janusz</b>	<b>3076</b>		Masters M - 40	02:05:33	05:53:19	11:04:25	13:44:58	16:03:02
115	<b>TYŚ Radek</b>	<b>3030</b>	NOWA RUDA BIEGA	Senior II M - 30	02:09:43	06:00:26	11:19:26	13:51:00	16:03:28
116	<b>ZAKRZYNSKI Franciszek</b>	<b>3101</b>		Masters M - 40	02:01:24	05:35:00	11:15:06	13:44:57	16:07:47
117	<b>MARCINKOWSKA Jadwiga</b>	<b>3189</b>		Weteran K - 50	02:08:54	05:55:16	11:21:55	13:49:24	16:09:03
118	<b>BILSKI Przemysław</b>	<b>3177</b>	KS MARATON OSTRÓW WLKP.	Senior II M - 30	02:03:51	05:44:16	10:57:46	13:37:42	16:11:53
119	<b>PAWLAK Jarosław</b>	<b>3039</b>	KOŁO BIEGA	Senior II M - 30	02:02:23	05:40:36	11:04:32	13:44:25	16:14:49
120	<b>MATYSZCZAK Włodzimierz</b>	<b>3279</b>		Weteran II M - 60	02:04:23	05:44:03	11:00:34	13:52:37	16:19:35

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A13 70km	A14 85km	A15 98km
121	<b>MIKRUT Remigiusz</b>	<b>3087</b>		Masters M - 40	02:00:42	05:32:53	10:36:38	13:46:18	16:22:07
122	<b>KAMIŃSKI Marek</b>	<b>3092</b>		Masters M - 40	02:07:30	05:49:59	11:04:50	13:58:19	16:24:38
123	<b>IWASZCZYSZYN Tomasz</b>	<b>3230</b>	RATEMYTRAIL.COM / RMT TEAM	Senior II M - 30	01:55:21	05:15:21	10:47:24	13:53:34	16:25:20
124	<b>TOMCZAK Dariusz</b>	<b>3265</b>	HELL'S GYM OCR PEPOWO	Senior II M - 30	02:03:13	05:47:48	11:14:28	13:51:30	16:26:31
125	<b>JANKOWSKI Marcin</b>	<b>3109</b>	FU FU FU TEAM	Senior II M - 30	01:59:08	06:33:34	12:28:56	14:36:21	16:29:12
126	<b>PITOŃ Paweł</b>	<b>3080</b>	#ULTRARODZINKA	Senior II M - 30	02:10:06	05:50:21	11:33:14	14:11:14	16:30:01
127	<b>RUDY Maciej</b>	<b>3117</b>	#ULTRARODZINKA	Senior I M - 20	02:10:18	05:50:30	11:33:23	14:11:21	16:30:14
128	<b>WIŚNIEWSKI Michał</b>	<b>3198</b>	INVICTA POWER TEAM	Masters M - 40	02:10:49	05:46:26	11:40:49	14:10:43	16:31:03
129	<b>DZIUBEK Michał</b>	<b>3171</b>	W POGONI ZA DUCHEM	Masters M - 40	01:56:50	05:11:47	10:37:42	13:39:47	16:31:07
130	<b>HACUŚ Tomasz</b>	<b>3063</b>		Masters M - 40	02:11:49	06:04:10	11:11:17	14:03:54	16:32:17
131	<b>KACZOR Łukasz</b>	<b>3300</b>	WILD BUCHAYS	Senior II M - 30	02:07:05	05:50:28	11:27:18	14:11:15	16:32:21
132	<b>LORANC Paweł</b>	<b>3304</b>	WILD BUCHAYS	Masters M - 40	02:07:10	05:50:38	11:27:24	14:12:03	16:32:36
133	<b>ŁUSZCZAKIEWICZ Tomasz</b>	<b>3032</b>	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	Masters M - 40	02:09:41	05:56:58	11:24:36	14:09:00	16:32:47
134	<b>DEINIUK Roman</b>	<b>3321</b>		Senior I M - 20	01:53:34	05:32:28	11:11:40	14:03:27	16:34:46
135	<b>PTAK Adam</b>	<b>3123</b>	PIĄTKOWO NA BIEGOWO	Masters M - 40	02:12:55	06:05:53	11:14:47	14:08:49	16:36:21
136	<b>CHUDA Aneta</b>	<b>3013</b>		Masters K - 40	02:09:54	05:59:11	11:26:56	14:09:42	16:36:31
137	<b>KOŁODZIEJSKI Jarek</b>	<b>3068</b>	NWZNBHC	Masters M - 40	02:13:17	06:06:37	11:15:26	14:09:09	16:36:56
138	<b>ROSZAK-SURKÓW Sylwia</b>	<b>3045</b>	MUAY RUNNING TEAM	Masters K - 40	02:18:42	06:01:47	11:11:03	14:05:05	16:36:59
139	<b>KRUPIANIK Tomasz</b>	<b>3214</b>		Senior II M - 30	02:15:15	05:51:48	11:25:12	14:17:39	16:38:01
140	<b>SURKÓW Adrian</b>	<b>3047</b>	MUAY RUNNING TEAM	Senior II M - 30	02:18:46	06:01:39	11:10:54	14:04:59	16:38:48
141	<b>RATAJCZAK Joanna</b>	<b>3283</b>	PIĄTKOWO NA BIEGOWO	Masters K - 40	02:13:17	06:06:24	11:15:23	14:09:11	16:41:04
142	<b>FLORKIEWICZ Sławomir</b>	<b>3049</b>		Weteran I M - 50	02:05:31	05:56:06	11:18:01	14:02:36	16:41:07
143	<b>TOJZA Tomasz</b>	<b>3150</b>		Masters M - 40	02:01:14	05:51:21	11:25:44	14:19:01	16:41:26
144	<b>WOJTKOWIAK Renata</b>	<b>3054</b>	PIĄTKOWO NA BIEGOWO	Masters K - 40	02:13:11	06:06:16	11:15:16	14:09:08	16:41:37
145	<b>JĘDRZEJCZAK Wojciech</b>	<b>3126</b>		Weteran I M - 50	02:13:28	06:06:30	11:15:19	14:09:10	16:41:44
146	<b>KORECKI Andrzej</b>	<b>3336</b>		Masters M - 40	01:57:49	06:30:20	11:59:10	14:33:20	16:41:51
147	<b>GRZYWINSKI Bartosz</b>	<b>3161</b>		Masters M - 40	02:04:01	05:57:46	11:26:55	14:15:42	16:42:04
148	<b>GASIECKI Andrzej</b>	<b>3004</b>		Weteran I M - 50	02:11:27	05:56:47	11:22:16	14:12:50	16:43:37
149	<b>KOSZAREK Maciej</b>	<b>3264</b>		Weteran I M - 50	01:59:58	05:59:04	11:25:48	14:14:26	16:46:09
150	<b>FRĄCKOWIAK Jacek</b>	<b>3289</b>	PRZEDWOJEWSKI MOUNTAIN TEAM	Masters M - 40	02:06:28	05:53:30	11:26:12	14:17:20	16:46:19
151	<b>FALKENBERG Ludwik</b>	<b>3044</b>	WARIAT BIEGA.	Masters M - 40	01:52:16	05:18:37	11:32:34	14:29:21	16:47:14
152	<b>BĘDŹKOWSKI Marek</b>	<b>3317</b>	MORSY OSTROŁĘKA	Weteran I M - 50	02:13:18	06:10:59	11:54:05	14:34:29	16:50:25
153	<b>MODLISZEWSKI Dariusz</b>	<b>3119</b>	ORANGE POLSKA	Masters M - 40	02:03:54	05:55:24	11:26:01	14:15:46	16:53:14
154	<b>GĄSIOR Paweł</b>	<b>3173</b>		Senior II M - 30	02:00:25	06:10:56	11:40:09	14:33:50	16:54:04
155	<b>ROSPOND Piotr</b>	<b>3166</b>	TKKF MPK POZNAŃ	Weteran I M - 50	02:02:57	05:56:57	11:09:23	13:53:17	16:54:21
156	<b>NAPIERAŁA Marcin</b>	<b>3002</b>	PIĄTKOWO NA BIEGOWO	Masters M - 40	02:07:52	05:53:08	11:14:56	14:17:33	16:54:32
157	<b>DZIENISZEWSKI Michał</b>	<b>3232</b>		Senior II M - 30	02:07:30	06:10:04	11:40:11	14:33:32	16:55:29
158	<b>BOROWSKA-NAJDEREK Paulina</b>	<b>3022</b>	WLKP MOUNTAINS ULTRA	Masters K - 40	01:58:32	05:54:00	11:33:08	14:28:27	16:56:12
159	<b>LENART-KŁOŚ Katarzyna</b>	<b>3015</b>	STAY INSANE	Senior II K - 30	02:01:59	05:40:35	11:18:59	14:20:24	16:56:27
160	<b>JANKOWSKI Łukasz</b>	<b>3102</b>	1987	Senior II M - 30	02:02:10	05:40:46	11:19:09	14:20:38	16:56:38
161	<b>KARCZMIT Daniel</b>	<b>3179</b>		Senior II M - 30	02:14:02	05:41:00	11:14:37	14:02:57	16:57:00
162	<b>CHOMIAK Katarzyna</b>	<b>3315</b>	BIEGAJ W JEDLINIE	Masters K - 40	02:20:07	06:03:57	11:32:21	14:32:04	16:57:15
163	<b>SKRZEK Marcin</b>	<b>3190</b>	PRO-RUN WROCŁAW	Masters M - 40	02:09:26	05:58:20	11:22:07	14:25:21	17:00:51
164	<b>KWIKERT Adrian</b>	<b>3274</b>		Senior II M - 30	02:11:01	06:20:40	11:30:24	14:17:19	17:01:00
165	<b>JAMROZIAK Grzegorz</b>	<b>3086</b>	AARSLEFF.BIZ RUNNING TEAM	Senior II M - 30	02:08:08	05:43:36	11:12:26	14:05:23	17:02:21

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A13 70km	A14 85km	A15 98km
166	<b>BARCZYK Agnieszka</b>	<b>3307</b>		Masters K - 40	02:16:29	06:13:53	11:51:39	14:49:20	17:03:16
167	<b>DĘBICKI Mariusz</b>	<b>3122</b>	LOTTO	Masters M - 40	02:03:45	05:55:19	11:25:55	14:36:27	17:04:55
168	<b>ZAJĄC Łukasz</b>	<b>3070</b>	KOMPARIO TEAM	Senior II M - 30	02:07:26	05:58:10	11:25:34	14:27:40	17:07:30
169	<b>BORSZYNSKI Kuba</b>	<b>3229</b>	KC INK/NIGHT RUNNERS	Senior II M - 30	02:10:32	06:04:17	11:28:29	14:19:59	17:07:48
170	<b>ZABOROWSKI Kamil</b>	<b>3223</b>	NIGHT RUNNERS	Senior II M - 30	02:10:41	06:04:26	11:28:39	14:20:11	17:08:23
171	<b>JERCZYŃSKI Tomasz</b>	<b>3106</b>	GRUPA BIEGOWA ŁĘKA OPATOWSKA	Masters M - 40	02:07:35	06:22:06	12:33:14	15:01:34	17:08:38
172	<b>ADAMSKI Krzysztof</b>	<b>3194</b>	JM	Senior II M - 30	02:06:39	06:11:54	11:56:41	14:49:50	17:10:30
173	<b>CHOMICZ Tomasz</b>	<b>3345</b>	JACWINGOWIE ZAPOMNIANI WOJOWNICY	Masters M - 40	02:01:03	06:16:07	12:08:21	14:57:49	17:10:48
174	<b>PRUSIK Tomasz</b>	<b>3170</b>		Senior I M - 20	02:06:34	05:56:13	11:11:11	14:24:27	17:11:14
175	<b>PRUSIK Paweł</b>	<b>3168</b>		Senior I M - 20	02:06:06	05:55:41	11:10:44	14:23:53	17:11:20
176	<b>BUDKOWSKI Kamil</b>	<b>3008</b>		Senior II M - 30	02:08:37	06:04:32	11:42:10	14:44:22	17:12:00
177	<b>LEWANDOWSKI Wojciech</b>	<b>3199</b>	TMTEAM	Senior II M - 30		06:22:13	11:53:01	14:38:11	17:13:11
178	<b>ŚLUZEK Mirosław</b>	<b>3064</b>		Weteran I M - 50	02:08:03	06:04:15	11:33:48	14:26:54	17:13:44
179	<b>TRZECIAK Andrzej</b>	<b>3165</b>	KGHM COPI RUN	Masters M - 40	02:05:41	05:48:53	11:32:21	14:38:09	17:14:58
180	<b>WOJTASZEK Marcin</b>	<b>3118</b>	MUCHY NA ZĘBACH	Senior II M - 30	02:12:12	06:02:03	11:56:41	14:53:11	17:15:25
181	<b>MAZEPA Tomasz</b>	<b>3224</b>	TOMEKM.SKÓRA	Masters M - 40	02:08:40	06:04:43	11:40:56	14:39:02	17:15:57
182	<b>GRABIŃSKI Waldemar</b>	<b>3340</b>	ROGOZIŃSKI KLUB BIEGACZA	Masters M - 40	02:21:12	06:33:22	12:18:58	14:56:03	17:18:47
183	<b>NIESPODZIANA Anna</b>	<b>3339</b>	ROGOZIŃSKI KLUB BIEGACZA	Senior II K - 30	02:21:09	06:33:15	12:18:53	14:56:00	17:19:03
184	<b>PSZENNY Łukasz</b>	<b>3010</b>	ULTRINO AMATEUR	Senior II M - 30	02:11:08	06:08:53	11:44:29	14:43:39	17:20:44
185	<b>SZAFRAN Łukasz</b>	<b>3007</b>	ULTRINO AMATEUR	Senior I M - 20	02:11:13	06:09:01	11:44:36	14:43:22	17:20:49
186	<b>KAROLCZAK Aleksander</b>	<b>3273</b>	WKURW_TEAM	Senior I M - 20	02:01:33	05:18:07	10:29:47	13:22:46	17:21:01
187	<b>GROCHOWSKI Tomasz</b>	<b>3055</b>	SPARTA RUNNERS	Masters M - 40	02:05:22	05:33:41	11:36:04	14:42:59	17:21:21
188	<b>KARAWACKI Grzegorz</b>	<b>3320</b>	KĘCKIE HARPAGANY	Senior II M - 30	02:13:30	05:44:23	11:45:20	14:37:12	17:21:40
189	<b>POMIANOWSKI Szymon</b>	<b>3164</b>	KURACJUSZE	Senior II M - 30	02:00:00	05:53:09	11:46:59	15:02:27	17:23:10
190	<b>KOVÁCS Árpád</b>	<b>3195</b>	DUV	Senior I M - 20	02:13:26	06:14:25	12:03:33	14:41:35	17:24:24
191	<b>KUDELSKI Ireneusz</b>	<b>3259</b>	ROZBIEGANI CHOJNÓW	Weteran I M - 50	02:06:24	05:59:27	11:56:51	14:58:45	17:24:29
192	<b>WODZIŃSKA Danuta</b>	<b>3107</b>	INSTRUKTOR BIEGANIA TEAM	Masters K - 40	02:02:22	05:46:23	12:04:46	14:59:28	17:26:11
193	<b>OSICA Łukasz</b>	<b>3207</b>		Senior II M - 30	02:15:41	06:20:56	11:56:27	14:52:02	17:28:21
194	<b>DWORNICKI Tomasz</b>	<b>3338</b>	RYBNICKA GRUPA BIEGOWA	Masters M - 40	02:13:05	06:08:57	11:57:53	14:54:27	17:28:41
195	<b>WIELGAT-KOJDECKA Magdalena</b>	<b>3035</b>	CARBON OCR RACING TEAM	Senior II K - 30	02:14:28	06:02:20	11:35:37	14:35:34	17:29:14
196	<b>JASICKI Krzysztof</b>	<b>3040</b>		Masters M - 40	02:15:10	06:23:22	12:10:14	14:55:46	17:29:21
197	<b>WIŚNIEWSKA Barbara</b>	<b>3061</b>	SPARTA RUNNERS	Senior II K - 30	02:21:59	06:27:41	11:59:31	14:55:34	17:30:39
198	<b>WIŚNIEWSKI Mariusz</b>	<b>3071</b>		Masters M - 40	02:05:34	05:58:14	11:38:15	14:40:45	17:31:35
199	<b>BORKO Ryszard</b>	<b>3146</b>	KS PIDRINA GDYNIA	Masters M - 40	02:20:49	06:33:42	12:21:46	14:59:38	17:32:04
200	<b>BORC Piotr</b>	<b>3111</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	Weteran I M - 50	02:10:45	06:18:59	12:09:36	14:59:57	17:33:14
201	<b>BUTRYN Wojciech</b>	<b>3270</b>	BEZ PRZYNALEŻNOŚCI	Masters M - 40	02:11:17	05:44:53	11:38:28	14:40:59	17:33:46
202	<b>GRZESIAK Mateusz</b>	<b>3182</b>	KLUB AA	Senior II M - 30	02:11:20	06:25:12	12:19:15	15:11:27	17:39:50
203	<b>BANAŚ Michał</b>	<b>3051</b>	IPA WROCŁAW	Senior II M - 30	02:05:50	05:48:46	11:32:47	14:43:24	17:44:48
204	<b>SAMBORSKI Bartosz</b>	<b>3037</b>	WKURW_TEAM	Masters M - 40	02:08:29	06:14:25	12:40:36	15:44:25	17:48:06
205	<b>WYRWAS-ZYGARŁOWSKA Izabela</b>	<b>3098</b>	KOBIETY BIEGAJĄ	Masters K - 40	02:11:17	06:08:57	12:08:31	15:00:42	17:50:52
206	<b>CZUBA Robert</b>	<b>3127</b>	ORANGE POLSKA	Weteran I M - 50	02:09:31	06:08:20	12:00:15	15:21:42	17:53:09
207	<b>GALASIŃSKI Andrzej</b>	<b>3099</b>	GRUPA SIGMEO	Weteran I M - 50	02:10:06	06:08:52	12:07:36	15:00:40	17:54:30
208	<b>TOWASIK Mietek</b>	<b>3346</b>		Weteran I M - 50	02:14:21	06:31:04	12:27:26	15:21:01	17:56:07
209	<b>STALA-KONDRAKIEWICZ Katarzyna</b>	<b>3048</b>	KB HARCOWNIK JELCZ-LASKOWICE	Senior II K - 30	02:34:04	06:51:54	12:27:34	15:30:41	17:57:22
210	<b>ŁOPOKA Przemysław</b>	<b>3116</b>		Senior I M - 20	02:10:52	05:55:08	11:53:01	15:08:10	18:00:10

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A13 70km	A14 85km	A15 98km
211	<b>KASPRZYK Adrian</b>	<b>3344</b>	LESZ NO LIMITS RUNNERS	Masters M - 40	02:18:09	06:45:22	12:38:15	15:32:01	18:00:22
212	<b>MIKOŁAJCZYK-SOWA Monika</b>	<b>3139</b>	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40	02:17:06	06:41:14	12:48:10	15:33:21	18:03:41
213	<b>ODWAŻNY Magdalena</b>	<b>3073</b>	ODWAŻNYTEAM.PL	Masters K - 40	02:18:11	06:42:17	12:49:27	15:34:28	18:04:44
214	<b>NOWOSŁAWSKI Krzysztof</b>	<b>3169</b>	IRRACJONALNIE MASZERUJĄCY	Masters M - 40	02:16:19	06:43:41	12:39:15	15:31:46	18:06:01
215	<b>SIKORA Grzegorz</b>	<b>3219</b>	MCBIEGACZE	Masters M - 40	02:06:13	05:55:17	12:05:01	15:25:55	18:14:36
216	<b>NIEMCZAK Basia</b>	<b>3266</b>	ULTRA KSP	Senior II K - 30	02:18:34	06:24:42	12:23:06	15:30:53	18:14:39
217	<b>MEDUNA Zbigniew</b>	<b>3172</b>		Masters M - 40	02:14:55	06:18:04	11:57:09	15:08:25	18:15:00
218	<b>ROŚLICKI Jarosław</b>	<b>3072</b>	UBEZPIECZENIA DLA AKTYWNYCH	Masters M - 40	02:10:47	06:16:45	12:29:58	15:39:32	18:19:02
219	<b>ZNAMIEC Marcin</b>	<b>3268</b>	ULTRA KSP	Masters M - 40	02:14:52	06:23:36	12:21:54	15:30:03	18:19:52
220	<b>JARZEMBOWSKI Tomasz</b>	<b>3020</b>	WLKP MOUNTAINS ULTRA	Masters M - 40	02:12:11	06:13:10	12:21:00	15:35:57	18:20:56
221	<b>SOBCZAK Mikołaj</b>	<b>3031</b>	WLKP MOUNTAINS ULTRA	Masters M - 40	02:12:31	06:13:18	12:21:11	15:37:42	18:21:03
222	<b>TOMASZEWSKI Dawid</b>	<b>3252</b>	WLKP MOUNTAINS ULTRA	Masters M - 40	02:12:35	06:13:34	12:21:30	15:38:07	18:21:19
223	<b>WRONKA Tymoteusz</b>	<b>3192</b>	IRRACJONALNIE MASZERUJĄCY	Senior II M - 30	02:24:35	07:10:55	13:03:29	16:00:02	18:23:37
224	<b>LIS Tomasz</b>	<b>3220</b>	MCBIEGACZE	Masters M - 40	02:06:29	05:55:23	12:05:15	15:26:39	18:24:03
225	<b>LESZCZYŃSKI Paweł</b>	<b>3318</b>	LASY WAWERSKIE	Weteran II M - 60	02:17:56	06:28:09	12:40:15	15:52:17	18:26:33
226	<b>MOLENDĄ Michał</b>	<b>3135</b>		Masters M - 40	02:19:31	06:44:13	12:55:52	16:02:43	18:29:34
227	<b>WOJTANOWICZ Marcin</b>	<b>3325</b>	BRUBECK / GUMOWE KACZKI TEAM	Masters M - 40	02:10:47	06:02:41	12:34:42	15:46:53	18:30:10
228	<b>OŚRÓDEK Piotr</b>	<b>3324</b>	BRUBECK / GUMOWE KACZKI TEAM	Masters M - 40	02:10:49	06:02:45	12:34:46	15:46:01	18:30:18
229	<b>BABIRECKI Krzysztof</b>	<b>3108</b>	FU FU FU TEAM	Masters M - 40	01:59:03	06:33:32	13:16:26	16:12:55	18:34:15
230	<b>KRÓLICKI Zbigniew</b>	<b>3183</b>		Masters M - 40	02:23:12	06:46:13	12:54:06	15:53:57	18:35:57
231	<b>LATANOWICZ Bernard</b>	<b>3331</b>		Senior II M - 30	02:12:05	05:48:05	11:17:17	15:47:56	18:36:13
232	<b>KUBERSKI Andrzej</b>	<b>3156</b>		Masters M - 40	02:07:00	06:04:10	11:59:46	15:36:08	18:40:22
233	<b>PROŃCZUK Adam</b>	<b>3130</b>	WEHICOOLL	Weteran I M - 50	02:36:27	07:09:29	13:15:54	16:13:10	18:42:57
234	<b>MERTAS Dominik</b>	<b>3096</b>		Masters M - 40	02:18:19	06:47:48	12:55:49	15:45:55	18:43:09
235	<b>MASZEWSKA-WACH Mariola</b>	<b>3309</b>	RAWA TIM ZAWSZE SLIM	Senior II K - 30	02:36:38	07:09:37	13:16:03	16:12:59	18:43:14
236	<b>DZIERGAS Teresa</b>	<b>3225</b>	ULTRA KSP	Senior II K - 30	02:23:51	06:26:04	12:58:54	15:55:51	18:45:13
237	<b>JOVANOVIĆ Marko</b>	<b>3269</b>		Senior I M - 20	02:22:43	06:18:44	12:51:06	16:13:33	18:47:26
238	<b>KACZMAREK Mirosław</b>	<b>3297</b>	RUNNER'S POWER ŚREM	Senior I M - 20	02:22:55	06:39:26	12:54:14	15:55:55	18:49:48
239	<b>MATUSZEWSKA Małgorzata</b>	<b>3296</b>	RUNNER'S POWER ŚREM	Masters K - 40	02:23:01	06:39:32	12:54:19	15:55:55	18:49:53
240	<b>PAROL Paweł</b>	<b>3084</b>		Masters M - 40	02:11:37	06:54:56	13:21:04	16:15:10	18:50:56
241	<b>DOLIŃSKI Tomasz</b>	<b>3075</b>	UMAWIANIENABIEGANIE	Weteran I M - 50	02:22:58	06:58:38	13:06:10	16:10:26	18:56:12
242	<b>FICNER Iwona</b>	<b>3021</b>	FSD RUN DREZDENKO	Masters K - 40	02:17:56	06:45:08	13:06:07	16:18:05	19:00:13
243	<b>KARKOWSKA Wiesława</b>	<b>3341</b>		Weteran II K - 60	02:18:11	06:45:21	13:06:20	16:18:26	19:00:28
244	<b>OCHNIO Ewa</b>	<b>3006</b>		Masters K - 40	02:32:25	06:49:54	13:09:32	16:12:51	19:04:00
245	<b>LADENBERGER Mateusz</b>	<b>3211</b>	WAWRZYNTTEAM	Senior II M - 30		07:23:51	13:16:32	16:05:24	19:08:44
246	<b>JERCZYŃSKI Radosław</b>	<b>3204</b>		Masters M - 40	02:19:57	07:23:36	13:46:51	16:46:01	19:17:06
247	<b>BONTOVICS Timea</b>	<b>3193</b>	DUV	Weteran K - 50	02:31:00	07:17:58	13:44:12	16:38:34	19:22:13
248	<b>HETMAŃSKI Arek</b>	<b>3056</b>	LOVELASY	Senior II M - 30	02:08:18	06:12:05	12:37:40	16:04:52	19:24:55
249	<b>WRUK Remigiusz</b>	<b>3153</b>	BIEG OPOLSKI	Masters M - 40	02:06:46	06:56:05	13:37:42	16:58:34	19:33:21
250	<b>STROIŃSKI Wojciech</b>	<b>3027</b>	C&C SPORTS TEAM	Masters M - 40	02:24:39	06:47:21	12:59:47	16:30:33	19:37:45
251	<b>STROIŃSKA Iwona</b>	<b>3029</b>	C&C SPORTS TEAM	Masters K - 40	02:24:28	06:47:16	12:59:45	16:30:19	19:37:46
252	<b>OLESZCZAK Piotr</b>	<b>3147</b>	BIEGAM BO SĄ TACY CO NIE MOGĄ	Masters M - 40	02:04:44	05:52:50	12:52:31	16:20:58	19:38:10
253	<b>ZAWADZKI Stanisław</b>	<b>3234</b>	IRRACJONALNIE MASZERUJĄCY	Senior II M - 30	02:25:04	07:02:11	13:52:58	17:05:50	19:44:54
254	<b>KWINTA Maciej</b>	<b>3276</b>		Masters M - 40	02:16:19	06:47:21	13:10:46	16:46:01	19:52:38
255	<b>WACHOWSKA Alina</b>	<b>3157</b>	SMOK TRÓJGŁOWY	Weteran II K - 60	02:26:58	07:17:51	13:36:49	16:59:11	19:57:50

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A13 70km	A14 85km	A15 98km
256	<b>SERWADCZAK Marek</b>	<b>3272</b>		Weteran I M - 50	02:32:30	07:02:42	13:38:58	16:57:57	19:57:50
257	<b>PTASZYŃSKA Anna</b>	<b>3077</b>	SPEED FEET '16	Weteran K - 50	02:27:01	07:13:57	13:33:04	16:58:15	20:06:24
258	<b>RUTKOWSKI Janusz</b>	<b>3213</b>	LESZNO TEAM	Weteran I M - 50		07:10:36	13:38:24	16:53:09	20:06:51
259	<b>LEWANDOWSKI Rafał</b>	<b>3023</b>	SPC	Senior II M - 30	02:06:09	06:20:23	12:48:39	16:43:06	20:08:29
260	<b>KURKOWIAK Krzysztof</b>	<b>3128</b>	WKURW_TEAM / #TEAMNICPOŃ	Senior II M - 30	02:08:40	06:14:29	12:40:44	16:28:49	20:10:04
261	<b>OLESZEK Magdalena</b>	<b>3088</b>	BIEGOWA KUŹNIA	Senior II K - 30	02:26:01	07:01:28	13:42:45	16:55:54	20:12:11
262	<b>KROLS Hilde</b>	<b>3212</b>	VOS SCHAFFEN	Weteran K - 50	02:23:06	07:14:54	13:50:02	17:15:43	20:15:46
263	<b>MARCINKOWSKI Piotr</b>	<b>3115</b>		Weteran I M - 50	02:25:12	06:45:05	13:30:14	16:52:31	20:22:16
264	<b>SILSKA Sylwia</b>	<b>3209</b>	ATRAKCYJNE TOWARZYSTWO	Masters K - 40	02:24:17	07:27:55	13:51:06	18:01:43	20:36:46
265	<b>GRZELCZAK Tomasz</b>	<b>3286</b>		Weteran I M - 50	02:39:24	07:43:44	14:16:28	17:44:51	20:57:15
266	<b>STRZELECKI Krzysztof</b>	<b>3253</b>	LEŚNE DZIADY	Masters M - 40	02:16:32	06:57:01	13:57:08	17:28:06	21:09:59
267	<b>GARBACZ Marek</b>	<b>3251</b>	LEŚNE DZIADY	Masters M - 40	02:16:44	06:57:10	13:57:13	17:28:01	21:11:17
268	<b>ŁOZIŃSKI Wojciech</b>	<b>3326</b>		Masters M - 40	02:13:19	06:42:08	13:41:19	17:42:53	21:21:05
269	<b>MRÓZ Jacek</b>	<b>3302</b>		Weteran I M - 50	02:13:19	06:42:13	13:41:22	17:42:51	21:21:07
270	<b>KLAR Marek</b>	<b>3151</b>	BEZ	Weteran I M - 50	02:35:15	08:01:21	14:47:34	18:06:35	21:27:15
271	<b>DURA Piotr</b>	<b>3322</b>	PKB ENDORFINA	Weteran I M - 50	02:39:43	07:24:22	14:26:00	18:27:04	21:29:06
272	<b>JASIŃSKI Mikołaj</b>	<b>3241</b>	UKA WARSZAWA	Weteran I M - 50	02:28:45	07:37:35	14:06:05	17:49:12	21:29:26
273	<b>TRZPIOLA Tycjan</b>	<b>3041</b>	KURACJUSZE	Senior II M - 30	02:20:27	07:17:35	14:47:59	18:21:21	21:32:40
274	<b>KOZŁOWSKA Karolina</b>	<b>3120</b>		Masters K - 40	02:24:45	07:34:48	14:34:36	18:37:45	21:35:34
275	<b>RYCHŁOWSKA Magdalena</b>	<b>3091</b>		Masters K - 40	02:22:20	07:18:56	14:57:15	18:30:29	21:35:40
276	<b>GUŹDZIOL Jarek</b>	<b>3221</b>	TBKM WILK SOLEC KUJAWSKI	Masters M - 40	02:25:01	07:34:57	14:34:46	18:38:05	21:35:44
277	<b>BŁASZCZYK Luiza</b>	<b>3090</b>		Senior I K - 20	02:20:44	07:19:02	14:57:21	18:30:28	21:35:53
278	<b>KANIA Krystian</b>	<b>3201</b>		Masters M - 40	02:13:24	06:56:49	14:24:09	18:10:33	21:40:01
279	<b>KRYCH Rafał</b>	<b>3121</b>		Masters M - 40	02:17:47	07:29:01	14:59:19	18:32:33	21:43:57
280	<b>RZESZOWSKI Paweł</b>	<b>3011</b>		Weteran I M - 50	02:38:03	07:53:27	14:43:43	18:19:14	21:51:05
281	<b>PACANOWSKI Robert</b>	<b>3095</b>	WEŁNICA BIEGA	Weteran I M - 50	02:46:58	08:06:00	14:59:37	18:22:30	21:51:51
282	<b>FUNKA Andrzej</b>	<b>3057</b>	NKB CHYŻY NOWY TOMYŚL	Weteran II M - 60	02:46:59	08:05:58	14:59:32	18:22:33	21:52:01
283	<b>CHODOROWSKI Arkadiusz</b>	<b>3262</b>	ULTRA KSP	Masters M - 40	02:29:43	07:18:07	15:11:59	18:50:21	22:21:49
284	<b>RUTKOWSKI Kazimierz</b>	<b>3149</b>	KUSY I SPÓŁKA	Weteran II M - 60	02:34:45	08:02:10	15:10:06	19:20:35	22:34:38
285	<b>DOWNAR-ZAPOLSKA Rita</b>	<b>3097</b>	MOM&DAUGHTER RUN	Masters K - 40	02:40:03	08:17:13	15:42:31	20:00:17	22:45:49
286	<b>NORKOWSKA Aleksandra</b>	<b>3162</b>	ORANGE POLSKA	Masters K - 40	02:24:00	07:15:20	15:02:40	19:13:22	22:48:48
287	<b>ARMATYS Grzegorz</b>	<b>3244</b>		Weteran I M - 50	02:24:10	07:15:30	15:01:09	19:13:22	22:48:54
288	<b>KALBARCZYK Beata</b>	<b>3163</b>	ORANGE POLSKA	Weteran K - 50	02:24:15	07:15:34	15:02:55	19:13:43	22:49:01
289	<b>GNIELKA Dawid</b>	<b>3242</b>	ZAKOWIEC TOSZEK	Senior I M - 20	02:33:38	07:36:09	15:36:28	19:53:04	23:43:44
290	<b>MICHNIEWSKI Piotr</b>	<b>3316</b>	GIT EKIPA!	Senior II M - 30	03:22:17	10:32:34	17:31:11	21:11:42	24:12:25
291	<b>OLECHNOWICZ Maciej</b>	<b>3142</b>		Senior II M - 30	02:46:21	08:01:59	15:47:28	20:37:11	24:22:50
292	<b>SKARŻYŃSKI Wojciech</b>	<b>3175</b>	1973	Masters M - 40	02:56:22	08:42:22	16:37:09	20:40:40	24:30:12
293	<b>GRZELCZAK Barbara</b>	<b>3174</b>		Masters K - 40	02:56:27	08:42:31	16:37:16	20:40:42	24:30:21
294	<b>OBARSKA Małgorzata</b>	<b>3067</b>		Weteran K - 50	03:04:49	09:12:18	16:40:16	20:40:18	24:39:01
295	<b>OBARSKI Norbert</b>	<b>3065</b>		Weteran I M - 50	03:04:39	09:12:15	16:40:06	20:40:08	24:39:01
	<b>DYBEK Paweł</b>	<b>3308</b>	SALOMON SUUNTO TEAM	Masters M - 40	01:27:21 DNF	03:54:50 DNF	DNF	DNF	DNF
	<b>MAŁOLEPSZY Waldemar</b>	<b>3263</b>	SPARTA ULTRA TEAM	Senior II M - 30	01:38:56 DNF	04:19:11 DNF	08:27:33 DNF	10:43:35 DNF	DNF
	<b>SOCHA Seweryn</b>	<b>3280</b>	STR POZNAŃ/DZIKIE BOBRY	Senior II M - 30	01:36:09 DNF	04:40:08 DNF	DNF	DNF	DNF
	<b>MAŚLANIK Piotr</b>	<b>3033</b>	QCE SPARTY	Masters M - 40	02:56:21 DNF	08:14:18 DNF	15:39:53 DNF	21:22:25 DNF	DNF
	<b>KRUZEL Joanna</b>	<b>3310</b>	BIEGOWE MISIE	Senior II K - 30	DNF	DNF	DNF	DNF	DNF

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A13 70km	A14 85km	A15 98km
	<b>FRANEK Sebastian</b>	<b>3291</b>	WLKP MOUNTAINS ULTRA	Masters M - 40	02:13:57 DNF	06:39:12 DNF	14:27:56 DNF	DNF	DNF
	<b>PIORKOWSKI Michal</b>	<b>3237</b>	IRRACJONALNIE MASZERUJACY	Senior II M - 30	02:16:16 DNF	06:48:39 DNF	DNF	DNF	DNF
	<b>SILSKI Marek</b>	<b>3208</b>	ATRAKCYJNE TOWARZYSTWO	Weteran I M - 50	02:24:16 DNF	07:28:02 DNF	13:51:08 DNF	18:01:51 DNF	DNF
	<b>ŻAK Marcin</b>	<b>3093</b>		Masters M - 40	02:36:12 DNF	07:58:47 DNF	16:36:46 DNF	DNF	DNF
	<b>CHOPKOWICZ Piotr</b>	<b>3094</b>		Masters M - 40	02:36:08 DNF	07:58:40 DNF	16:36:41 DNF	DNF	DNF
	<b>DOWNAR-ZAPOLSKA Laura</b>	<b>3160</b>	MOM&DAUGHTER RUN	Senior I K - 20	02:40:07 DNF	08:17:14 DNF	15:42:30 DNF	20:00:23 DNF	DNF
	<b>WOSZCZAK Jolanta</b>	<b>3136</b>	STRZELIŃSKI KLUB BIEGACZA GRANIT	Weteran K - 50	02:28:13 DNF	06:50:44 DNF	12:55:28 DNF	DNF	DNF
	<b>WOSZCZAK Zbigniew</b>	<b>3137</b>	STRZELIŃSKI KLUB BIEGACZA GRANIT	Weteran I M - 50	02:28:12 DNF	06:50:38 DNF	12:54:40 DNF	DNF	DNF
	<b>ŁACH Seweryn</b>	<b>3342</b>	_SEWLAC_	Senior II M - 30	01:48:53 DNF	05:06:07 DNF	10:38:53 DNF	13:46:18 DNF	DNF
	<b>ŚWIĘTEK-OZDOBA Sylwia</b>	<b>3003</b>		Masters K - 40	02:10:15 DNF	06:15:57 DNF	13:00:20 DNF	DNF	DNF
	<b>KRZOS Piotr</b>	<b>3100</b>		Senior II M - 30	02:10:38 DNF	05:53:26 DNF	11:31:24 DNF	DNF	DNF
	<b>FIGAS Sebastian</b>	<b>3016</b>		Masters M - 40	02:10:38 DNF	06:16:07 DNF	13:00:30 DNF	DNF	DNF
	<b>DAWIDZIAK Jarosław</b>	<b>3036</b>	MARATON LESZNO	Masters M - 40	02:07:57 DNF	06:09:26 DNF	DNF	DNF	DNF
	<b>STAJER Mariusz</b>	<b>3288</b>	AMBIT RACE TEAM	Masters M - 40	02:07:53 DNF	06:09:32 DNF	DNF	DNF	DNF
	<b>MARCHEWKA Andrzej</b>	<b>3235</b>		Masters M - 40	02:28:34 DNF	07:06:45 DNF	DNF	DNF	DNF
	<b>CZERWIECKI Marcin</b>	<b>3271</b>		Senior II M - 30	01:43:04 DNF	04:44:29 DNF	09:32:55 DNF	12:31:55 DNF	DNF
	<b>DAUKSZO Maciej</b>	<b>3238</b>	SBRT WARSZAWA	Senior I M - 20	02:00:44 DNF	05:33:06 DNF	DNF	DNF	DNF
	<b>ĆWIKLIŃSKI Robert</b>	<b>3158</b>	IZERSKA GRUPA BIEGOWA	Senior I M - 20	02:01:42 DNF	05:29:05 DNF	DNF	DNF	DNF
	<b>KOŚCIELNIAK Marek</b>	<b>3334</b>	MUAY RUNNING TEAM	Masters M - 40	01:57:46 DNF	DNF	DNF	DNF	DNF
	<b>KISIAŁA Filip</b>	<b>3159</b>	LACHO TEAM	Masters M - 40	01:56:52 DNF	05:30:58 DNF	DNF	DNF	DNF

Znaleziono 320 wynik(ów)