



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2022-07-14
Lądek-Zdrój
110 km

BIEG K-B-L - 110 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8 0.01km	A9 15km	A11 40km	A13 70km	A15 98km	Czas netto 110km	Czas brutto 110km	Różn	Tempo min/km	Tempo km/h
1	NEHRING Karol	3051	BREAKING3	Senior I M - 20	1	00:00:03	01:22:34	03:44:14	07:06:18	10:12:13	11:18:16.50	11:18:16.50		6:09	9.7 (100%)
2	WOLEK Szymon	3438		Senior II M - 30	1	00:00:02	01:26:44	03:59:35	07:28:47	10:33:33	11:39:10.20	11:39:10.20	+00:20:53 (3.0%)	6:21	9.4 (96.9%)
3	KOMRAUS Krzysztof	3361	PRESS GLASS - BIEGAMY I WSPIERAMY	Senior II M - 30	2	00:00:02	01:31:24	04:00:22	07:28:38	10:31:13	11:39:51.85	11:39:51.85	+00:21:35 (3.1%)	6:21	9.4 (96.9%)
4	PERYKASZA Paweł	3477	GRUPALUKTRANS	Masters M - 40	1	00:00:03	01:31:23	04:03:13	07:28:37	10:44:49	11:56:30.90	11:56:30.90	+00:38:14 (5.3%)	6:30	9.2 (94.8%)
5	OLEKSIEWICZ Maurycy	3030	ALPIN SPORT TEAM	Masters M - 40	2	00:00:02	01:22:23	03:46:39	07:23:51	10:50:32	12:04:26.05	12:04:26.05	+00:46:09 (6.4%)	6:35	9.1 (93.8%)
6	MORAWA Mateusz	3316	LACHO TEAM	Masters M - 40	3	00:00:03	01:31:26	04:07:45	07:40:56	11:03:35	12:11:56.05	12:11:56.05	+00:53:39 (7.3%)	6:39	9 (92.8%)
7	KRÓL Adrian	3448		Senior I M - 20	2	00:00:02	01:32:09	04:07:47	07:48:52	11:03:38	12:15:18.60	12:15:18.60	+00:57:02 (7.8%)	6:41	9 (92.8%)
8	PASTUSZKA Paweł	3188	EX TEAM	Senior II M - 30	3	00:00:04	01:22:37	03:52:35	07:29:29	11:18:17	12:38:54.75	12:38:54.75	+01:20:38 (10.6%)	6:53	8.7 (89.7%)
9	STYPEREK Jakub	3120	VEGE RUNNERS	Masters M - 40	4	00:00:03	01:31:54	04:11:26	08:11:10	11:33:29	12:49:20.50	12:49:20.50	+01:31:04 (11.8%)	6:59	8.6 (88.7%)
10	SKORUPA Jacek	3427	EUFORIABIEGACZ	Masters M - 40	5	00:00:01	01:36:25	04:33:31	08:40:12	11:43:51	12:50:01.25	12:50:01.25	+01:31:44 (11.9%)	7:00	8.6 (88.7%)
11	BASISTA Wojciech	3404	WILKI MIĘDZYLESKIE	Senior II M - 30	4	00:00:06	01:41:56	04:30:29	08:23:02	11:45:57	13:02:22.95	13:02:22.95	+01:44:06 (13.3%)	7:06	8.4 (86.6%)
12	BERNAT Katarzyna	3177	BIEGOWA ŚWIDNICA	Weteran K - 50	1	00:00:02	01:40:43	04:23:44	08:14:17	11:53:49	13:13:25.10	13:13:25.10	+01:55:08 (14.5%)	7:12	8.3 (85.6%)
13	MASTYGA Andrzej	3332	ANDREA TEAM	Masters M - 40	6	00:00:24	01:35:28	04:19:10	08:45:27	11:55:17	13:15:35.00	13:15:35.00	+01:57:18 (14.7%)	7:13	8.3 (85.6%)
14	RYBIŃSKI Radosław	3400	VOSS AUTOMOTIVE PL	Senior II M - 30	5	00:00:02	01:39:27	04:19:02	08:30:01	12:01:51	13:20:21.50	13:20:21.50	+02:02:05 (15.3%)	7:16	8.2 (84.5%)
14	ZIENTARA Adrian	3444	KGHM ZG RUN	Senior II M - 30	5	00:00:02	01:39:29	04:19:13	08:30:00	12:01:49	13:20:21.50	13:20:21.50	+02:02:05 (15.3%)	7:16	8.2 (84.5%)
16	ZAWADZKI Andrzej	3326	MKS SIECHNICE	Senior II M - 30	7	00:00:05	01:32:41	04:22:17	08:25:46	12:06:34	13:31:38.70	13:31:38.70	+02:13:22 (16.4%)	7:22	8.1 (83.5%)
16	SZRAMOWIAT Marek	3489	BRITA	Masters M - 40	7	00:00:03	01:35:23	04:17:06	08:25:33	12:06:36	13:31:38.70	13:31:38.70	+02:13:22 (16.4%)	7:22	8.1 (83.5%)
18	WIECZOREK Łukasz	3353		Senior II M - 30	8		01:39:46	04:26:41	08:35:39	12:11:45	13:32:25.50	13:32:25.50	+02:14:09 (16.5%)	7:23	8.1 (83.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
19	WIERZBOWY Przemek	3123	KOKO DŻAMBO I DO PRZODU	Senior II M - 30	9	00:00:16	01:37:52	04:25:51	08:42:11	12:11:45	13:32:25.75	13:32:25.75	+02:14:09 (16.5%)	7:23	8.1 (83.5%)
20	JANAS Kacper	3288	PUSZCZYK BUKOWY	Senior II M - 30	10	00:00:11	01:37:48	04:22:11	08:25:32	12:12:20	13:35:53.65	13:35:53.65	+02:17:37 (16.9%)	7:25	8.1 (83.5%)
21	ŻEBROWSKI Juliusz	3269	CZARNECKI RUN TEAM	Senior II M - 30	11	00:00:21	01:42:47	04:22:18	08:20:58	12:17:30	13:37:35.15	13:37:35.15	+02:19:18 (17.0%)	7:25	8.1 (83.5%)
22	ŁUKOMSKI Krzysztof	3270		Senior II M - 30	12	00:00:21	01:42:49	04:22:19	08:20:58	12:17:32	13:37:35.55	13:37:35.55	+02:19:19 (17.0%)	7:25	8.1 (83.5%)
23	KOGUT Stanisław	3457	BIEGOWA ŚWIDNICA	Masters M - 40	8	00:00:02	01:40:47	04:29:27	08:37:12	12:24:53	13:42:02.95	13:42:02.95	+02:23:46 (17.5%)	7:28	8 (82.5%)
24	BERG Aleksander	3267		Masters M - 40	9	00:00:04	01:45:06	04:34:19	08:40:12	12:20:42	13:45:21.30	13:45:21.30	+02:27:04 (17.8%)	7:30	8 (82.5%)
25	GREDEYS Grzegorz	3369		Masters M - 40	10	00:00:04	01:45:07	04:34:19	08:40:11	12:20:42	13:45:21.35	13:45:21.35	+02:27:04 (17.8%)	7:30	8 (82.5%)
26	MICHALSKI Piotr	3458		Senior II M - 30	13	00:00:18	01:41:06	04:26:25	08:40:51	12:22:44	13:46:02.55	13:46:02.55	+02:27:46 (17.9%)	7:30	8 (82.5%)
27	BEŁDOWSKI Sławomir	3491		Weteran I M - 50	1	00:00:02	01:40:24	04:30:30	08:40:12	12:23:08	13:46:02.75	13:46:02.75	+02:27:46 (17.9%)	7:30	8 (82.5%)
28	MISZTAŁ Kamil	3341		Senior II M - 30	14	00:00:06	01:50:00	04:46:54	08:55:52	12:30:38	13:46:05.50	13:46:05.50	+02:27:49 (17.9%)	7:30	8 (82.5%)
29	IWAŃCIÓW Katarzyna	3160		Senior II K - 30	1	00:00:04	01:48:01	04:42:08	08:58:08	12:30:40	13:51:54.10	13:51:54.10	+02:33:37 (18.5%)	7:33	7.9 (81.4%)
30	NIEZGÓDKA Tomasz	3500	ZAŁOGA GÓRSKA	Weteran I M - 50	2	00:00:11	01:48:03	04:47:32	09:03:22	12:36:29	13:58:26.70	13:58:26.70	+02:40:10 (19.1%)	7:37	7.9 (81.4%)
31	HIBNER Jacek	3373		Weteran I M - 50	3	00:00:06	01:39:40	04:25:39	08:39:56	12:38:00	14:05:09.50	14:05:09.50	+02:46:53 (19.7%)	7:40	7.8 (80.4%)
32	MATLOK Marek	3476	RESHAPE RUNNERS	Masters M - 40	11	00:00:04	01:38:02	04:31:54	08:36:17	12:33:04	14:08:03.10	14:08:03.10	+02:49:46 (20.0%)	7:42	7.8 (80.4%)
33	RYZHYNSKYI Vitalii	3442		Senior II M - 30	15	00:00:26	01:50:46	04:50:36	09:03:15	12:48:23	14:09:27.65	14:09:27.65	+02:51:11 (20.2%)	7:43	7.8 (80.4%)
34	STEFANIAK Łukasz	3337		Masters M - 40	12	00:00:05	01:37:54	04:31:57	08:53:19	12:53:12	14:15:50.25	14:15:50.25	+02:57:33 (20.7%)	7:46	7.7 (79.4%)
35	LUBAŃSKI Robert	3437		Weteran I M - 50	4	00:00:07	01:43:13	04:34:29	08:54:57	12:48:12	14:16:39.05	14:16:39.05	+02:58:22 (20.8%)	7:47	7.7 (79.4%)
36	WOŁOSZYN Artur	3173		Senior II M - 30	16	00:00:09	02:02:01	05:15:20	09:26:57	12:58:09	14:17:02.25	14:17:02.25	+02:58:45 (20.9%)	7:47	7.7 (79.4%)
37	GŁOWACKI Artur	3099	KGHM ZG RUN	Masters M - 40	13	00:00:04	01:41:54	04:50:39	09:22:11	13:01:51	14:18:51.70	14:18:51.70	+03:00:35 (21.0%)	7:48	7.7 (79.4%)
38	WEINERT Artur	3061	RUNNER'S POWER	Masters M - 40	14	00:00:03	01:40:36	04:36:01	08:54:45	12:53:48	14:21:50.50	14:21:50.50	+03:03:34 (21.3%)	7:50	7.7 (79.4%)
39	LAWRENC Artur	3210	MASATEAM	Senior II M - 30	17	00:00:04	01:48:07	04:56:20	09:14:57	13:01:56	14:23:23.30	14:23:23.30	+03:05:06 (21.4%)	7:50	7.6 (78.4%)
40	PODLEŚ Rafał	3309	SPYROSOFT SYNERGY	Senior I M - 20	3	00:00:06	01:43:54	04:47:42	08:52:43	12:56:27	14:24:45.50	14:24:45.50	+03:06:29 (21.6%)	7:51	7.6 (78.4%)
41	GEZELA Robert	3403	EUFORIA BIEGACZA TEAM	Masters M - 40	15	00:00:01	01:37:52	04:33:33	08:54:44	12:55:41	14:28:35.55	14:28:35.55	+03:10:19 (21.9%)	7:53	7.6 (78.4%)
42	SIETKIEWICZ Piotr	3314	GLEIPNIR	Senior II M - 30	18	00:00:17	01:43:13	04:40:29	08:58:08	13:05:12	14:30:24.90	14:30:24.90	+03:12:08 (22.1%)	7:54	7.6 (78.4%)
43	ŁASKARZEWSKI Jarosław	3413		Weteran I M - 50	5	00:00:05	01:41:24	04:54:41	09:13:20	13:03:33	14:31:03.45	14:31:03.45	+03:12:46 (22.1%)	7:55	7.6 (78.4%)
44	GAŁUSZKA Rafał	3401		Masters M - 40	16	00:00:01	01:42:42	04:40:28	09:09:12	13:06:18	14:31:48.30	14:31:48.30	+03:13:31 (22.2%)	7:55	7.6 (78.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
45	BEDNAREK Anna	3436	SPARTAN TRAINING GROUP WARSZAWA	Senior II K - 30	2	00:00:05	01:48:23	04:47:56	09:16:44	13:04:15	14:32:46.70	14:32:46.70	+03:14:30 (22.3%)	7:56	7.6 (78.4%)
46	POSADOWSKI Szymon	3164		Senior II M - 30	19	00:00:03	01:41:47	04:40:28	08:58:51	13:06:17	14:34:31.30	14:34:31.30	+03:16:14 (22.4%)	7:57	7.5 (77.3%)
47	MAJCHRZAK Jacek	3026	KOŚCIAN TEAM ULTRA	Masters M - 40	17	00:00:09	01:48:04	04:56:57	09:13:14	13:06:31	14:34:35.80	14:34:35.80	+03:16:19 (22.4%)	7:57	7.5 (77.3%)
48	ROSZCZYK Karol	3190		Masters M - 40	18	00:00:16	01:46:17	04:40:37	09:08:44	13:13:05	14:38:34.25	14:38:34.25	+03:20:17 (22.8%)	7:59	7.5 (77.3%)
49	CHOŁKA Michał	3412		Senior II M - 30	20	00:00:07	01:48:10	04:51:21	09:07:32	13:08:46	14:39:24.55	14:39:24.55	+03:21:08 (22.9%)	7:59	7.5 (77.3%)
50	CZAJKA Tomasz	3340		Masters M - 40	19	00:00:15	01:50:38	04:54:42	09:18:55	13:14:02	14:40:15.10	14:40:15.10	+03:21:58 (22.9%)	8:00	7.5 (77.3%)
51	MARCINKOWSKA-CHOLEWA Katarzyna	3468	GÓRAL Z MAZUR RUNNING TEAM	Masters K - 40	1	00:00:07	01:57:59	05:21:01	09:42:34	13:18:32	14:40:38.45	14:40:38.45	+03:22:21 (23.0%)	8:00	7.5 (77.3%)
52	KUROWSKI Maciej	3343	NATIONALE-NEDERLANDEN RUNNING TEAM	Masters M - 40	20	00:00:13	01:56:34	05:02:24	09:36:38	13:20:55	14:44:32.45	14:44:32.45	+03:26:15 (23.3%)	8:02	7.5 (77.3%)
53	RZEŹNICZEK Anna	3433	STOWARZYSZENIE DZIAŁAMY RAZEM	Senior II K - 30	3	00:00:19	01:52:25	04:58:52	09:16:43	13:17:32	14:45:14.95	14:45:14.95	+03:26:58 (23.4%)	8:02	7.5 (77.3%)
54	PTASIŃSKI Tomasz	3180	CZAJKERSI - OSAKTRANSPORT	Masters M - 40	21	00:00:02	01:34:10	04:22:12	08:52:00	13:10:09	14:49:16.85	14:49:16.85	+03:31:00 (23.7%)	8:05	7.4 (76.3%)
55	NAPARTY Zbigniew	3056	KĘSY TEAM	Weteran I M - 50	6	00:00:08	01:53:20	05:22:30	09:42:32	13:31:52	14:50:45.70	14:50:45.70	+03:32:29 (23.9%)	8:05	7.4 (76.3%)
56	BIADASZ Andrzej Michał	3232	POLITECHNIKA POZNAŃSKA	Masters M - 40	22	00:00:07	01:58:04	05:15:24	09:30:44	13:23:03	14:51:24.25	14:51:24.25	+03:33:07 (23.9%)	8:06	7.4 (76.3%)
57	PASTERNOK Marian	3399	RESHAPE RUNNERS	Masters M - 40	23	00:00:23	01:56:07	05:00:52	09:20:41	13:27:36	14:57:47.75	14:57:47.75	+03:39:31 (24.5%)	8:09	7.4 (76.3%)
58	MELLER Joanna	3391	GÓRAL Z MAZUR RUNNING TEAM	Masters K - 40	2	00:00:07	01:57:54	05:15:22	09:44:29	13:33:56	14:59:40.80	14:59:40.80	+03:41:24 (24.6%)	8:10	7.3 (75.3%)
59	MŁYNARSKI Mateusz	3205	TRITOGO	Senior II M - 30	21	00:00:19	01:47:30	04:57:02	09:42:47	13:41:23	15:08:45.55	15:08:45.55	+03:50:29 (25.4%)	8:15	7.3 (75.3%)
60	TIETZ Przemysław	3048		Masters M - 40	24	00:00:56	01:52:30	05:16:18	09:47:47	13:43:34	15:10:20.00	15:10:20.00	+03:52:03 (25.5%)	8:16	7.3 (75.3%)
61	WŁODARCZYK Michał	3425		Masters M - 40	25	00:00:06	01:43:19	04:54:18	09:32:04	13:41:16	15:10:33.95	15:10:33.95	+03:52:17 (25.5%)	8:16	7.2 (74.2%)
62	LITWIN Michał	3322	LITEWIN	Masters M - 40	26	00:00:13	01:42:59	04:41:51	09:19:14	13:46:58	15:13:19.05	15:13:19.05	+03:55:02 (25.7%)	8:18	7.2 (74.2%)
63	ŁUKACKI Daniel	3243	#SOBASTEAM	Masters M - 40	27	00:00:16	01:42:50	04:41:51	09:19:15	13:46:58	15:13:19.35	15:13:19.35	+03:55:02 (25.7%)	8:18	7.2 (74.2%)
64	TYLIŃSKI Arkadiusz	3263	LESZ NO LIMITS RUNNERS	Weteran I M - 50	7	00:00:08	01:52:32	05:01:26	09:32:48	13:46:46	15:13:34.95	15:13:34.95	+03:55:18 (25.8%)	8:18	7.2 (74.2%)
65	KUPCZYK Jacek	3336	MOL RUNNERS	Weteran I M - 50	8	00:00:25	02:01:58	05:21:04	09:48:08	13:41:21	15:15:03.55	15:15:03.55	+03:56:47 (25.9%)	8:19	7.2 (74.2%)
66	KONIECZNA Paulina	3396	CH10	Senior II K - 30	4	00:00:28	01:53:53	05:00:48	09:37:37	13:43:00	15:16:28.20	15:16:28.20	+03:58:11 (26.0%)	8:19	7.2 (74.2%)
67	STANISZ Marcin	3106	GÓRAL Z MAZUR RUNNING TEAM / NR PYSKOWICE	Senior II M - 30	22	00:00:03	01:43:50	04:54:54	09:28:03	13:44:07	15:16:39.05	15:16:39.05	+03:58:22 (26.0%)	8:19	7.2 (74.2%)
68	BURZYŃSKI Łukasz	3101	BIEGAJĄCE KREJZOLE	Senior II M - 30	23	00:00:25	01:52:02	05:00:25	09:28:05	13:44:14	15:16:56.25	15:16:56.25	+03:58:39 (26.0%)	8:20	7.2 (74.2%)
69	BIŃCZARSKI Patryk	3042		Masters M - 40	28	00:00:05	01:54:10	05:14:05	09:49:37	13:46:51	15:22:25.85	15:22:25.85	+04:04:09 (26.5%)	8:23	7.2 (74.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
70	BATOR Michał	3302		Senior II M - 30	24	00:00:30	01:56:25	04:53:39	09:13:06	13:46:39	15:22:50.95	15:22:50.95	+04:04:34 (26.5%)	8:23	7.2 (74.2%)
71	KOZŁOWSKA Iwona	3129	LESZNO LIMITS RUNNERS	Masters K - 40	3	00:00:08	01:58:26	05:13:32	09:48:23	13:51:37	15:24:11.30	15:24:11.30	+04:05:54 (26.6%)	8:24	7.1 (73.2%)
72	PIWKO Mateusz	3029		Senior II M - 30	25	00:00:26	02:10:06	05:24:28	09:49:29	13:52:10	15:25:03.80	15:25:03.80	+04:06:47 (26.7%)	8:24	7.1 (73.2%)
73	MORAWSKI Filip	3418	KRAKOWIAK ULTRA TEAM	Masters M - 40	29	00:00:09	01:54:17	05:15:19	10:02:02	13:59:32	15:26:13.65	15:26:13.65	+04:07:57 (26.8%)	8:25	7.1 (73.2%)
74	WOJCIECHOWSKI Dariusz	3416	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	30	00:00:09	01:54:16	05:15:21	10:03:24	14:12:53	15:28:12.75	15:28:12.75	+04:09:56 (26.9%)	8:26	7.1 (73.2%)
75	PAŻUCHA Wojciech	3321		Masters M - 40	31	00:00:09	01:54:17	05:15:20	10:03:23	14:12:54	15:29:58.00	15:29:58.00	+04:11:41 (27.1%)	8:27	7.1 (73.2%)
76	MENDYKA Łukasz	3155	KB AKTYWNI ŚRODA WLKP.	Senior II M - 30	26	00:00:33	02:05:07	05:24:42	09:56:25	14:06:55	15:30:04.90	15:30:04.90	+04:11:48 (27.1%)	8:27	7.1 (73.2%)
77	MELLER Wojciech	3392	GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	32	00:00:07	01:57:44	05:15:23	09:44:30	13:51:30	15:30:29.00	15:30:29.00	+04:12:12 (27.1%)	8:27	7.1 (73.2%)
78	OGŁAZA Rafał	3394		Senior II M - 30	27		01:46:20	04:51:47	09:49:15	13:51:42	15:30:57.85	15:30:57.85	+04:12:41 (27.1%)	8:27	7.1 (73.2%)
79	WETHACZ Dariusz	3426	GANG BIESA / ON RUNNING POLSKA	Senior II M - 30	28	00:00:04	01:43:50	04:51:50	09:37:23	13:51:41	15:30:59.85	15:30:59.85	+04:12:43 (27.1%)	8:27	7.1 (73.2%)
80	WOJTYCZKA Wojciech	3320	GÓRAL Z MAZUR RUNNING TEAM	Senior II M - 30	29	00:00:03	01:54:35	05:15:25	09:59:56	14:05:04	15:31:18.65	15:31:18.65	+04:13:02 (27.2%)	8:27	7.1 (73.2%)
81	MATUSZEWSKI Marek	3432	RUNNER'S POWER	Weteran I M - 50	9		01:48:51	05:01:21	09:53:04	14:05:33	15:34:05.55	15:34:05.55	+04:15:49 (27.4%)	8:29	7.1 (73.2%)
82	ŻARNIEWSKI Wojciech	3278	DOGOŃ GRODZISK MAZOWIECKI	Masters M - 40	33	00:00:40	02:06:36	05:18:21	09:42:35	13:58:18	15:34:22.20	15:34:22.20	+04:16:05 (27.4%)	8:29	7.1 (73.2%)
83	GADOMSKI Radosław	3330	ŻÓRAWSKI TEAM / PKO BP	Senior II M - 30	30	00:00:13	01:56:35	05:02:24	09:36:38	14:02:52	15:34:29.15	15:34:29.15	+04:16:12 (27.4%)	8:29	7.1 (73.2%)
84	CZYŚCIAK Krzysztof	3139	KB SOBÓTKA	Masters M - 40	34	00:00:07	01:49:51	05:09:53	09:42:02	13:58:15	15:34:43.50	15:34:43.50	+04:16:27 (27.4%)	8:29	7.1 (73.2%)
85	GIL Mirosław	3290	KB GEPARD MUROWANA GOŚLINA	Masters M - 40	35	00:00:40	02:04:25	05:24:14	09:53:47	14:12:59	15:35:24.15	15:35:24.15	+04:17:07 (27.5%)	8:30	7.1 (73.2%)
86	PIETRZAK Paweł	3293	DOGOŃ GRODZISK MAZOWIECKI	Masters M - 40	36	00:00:39	02:01:25	05:12:43	09:44:18	14:03:47	15:36:35.50	15:36:35.50	+04:18:19 (27.6%)	8:30	7 (72.2%)
87	MIŚ Mateusz	3193	SŁAWA	Masters M - 40	37	00:00:21	01:57:27	05:18:43	10:01:53	14:16:45	15:43:16.00	15:43:16.00	+04:24:59 (28.1%)	8:34	7 (72.2%)
88	KWIATEK Agnieszka	3461		Senior II K - 30	5	00:00:16	01:55:54	05:14:12	09:47:12	14:03:16	15:43:27.05	15:43:27.05	+04:25:10 (28.1%)	8:34	7 (72.2%)
89	SENDOBRY Artur	3239		Masters M - 40	38	00:00:02	01:48:55	05:01:51	09:45:04	14:03:58	15:44:44.10	15:44:44.10	+04:26:27 (28.2%)	8:35	7 (72.2%)
90	RUSIN Krzysztof	3298	LECE Z PANTALONEM	Masters M - 40	39	00:00:10	01:48:25	04:56:11	09:32:49	14:03:26	15:44:49.60	15:44:49.60	+04:26:33 (28.2%)	8:35	7 (72.2%)
91	MISZTAL Rafał	3273	LOS PANTALONES ROJOS	Weteran I M - 50	10	00:00:12	01:48:28	04:56:13	09:32:48	14:03:27	15:44:49.65	15:44:49.65	+04:26:33 (28.2%)	8:35	7 (72.2%)
92	SOBCZAK Antoni	3091	CROSSACTIVE NYSA	Weteran I M - 50	11	00:00:19	01:52:47	05:11:52	09:48:21	14:08:53	15:46:36.45	15:46:36.45	+04:28:19 (28.3%)	8:36	7 (72.2%)
93	PAWLUCZUK Tomasz	3478	WŚCIEKŁE PIĘŚCI WĘŻA	Weteran I M - 50	12	00:00:15	01:54:59	05:12:58	09:57:38	14:08:20	15:48:34.55	15:48:34.55	+04:30:18 (28.5%)	8:37	7 (72.2%)
94	JEZIORSKI Wojciech	3259	MALUTKA ŻMERYNKA	Senior I M - 20	4	00:00:37	01:48:52	05:01:03	09:46:50	14:20:43	15:48:53.50	15:48:53.50	+04:30:37 (28.5%)	8:37	7 (72.2%)
95	KASPERKIEWICZ Wojtek	3096		Senior II M - 30	31	00:00:03	01:46:43	05:16:16	09:55:12	14:12:48	15:49:21.20	15:49:21.20	+04:31:04 (28.6%)	8:37	7 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
95	KUCHARSKI Adrian Kucharski	3103		Senior II M - 30	31	00:00:02	01:43:05	05:10:45	09:55:10	14:12:24	15:49:21.20	15:49:21.20	+04:31:04 (28.6%)	8:37	7 (72.2%)
97	GIBAS Michał	3113		Senior II M - 30	33	00:00:22	01:52:07	05:12:30	09:53:48	14:11:42	15:49:34.35	15:49:34.35	+04:31:17 (28.6%)	8:37	7 (72.2%)
98	BUCZKOWSKI Krzysztof	3271		Senior I M - 20	5	00:00:16	01:54:30	05:01:24	09:39:10	14:12:55	15:55:04.25	15:55:04.25	+04:36:47 (29.0%)	8:40	6.9 (71.1%)
99	PYREK Krzysztof	3012	1 RBLOG	Masters M - 40	40	00:00:05	01:42:45	04:58:14	09:54:27	14:23:39	15:58:17.45	15:58:17.45	+04:40:00 (29.2%)	8:42	6.9 (71.1%)
100	SALAMON Mateusz	3473	POWER TRAINING	Senior II M - 30	34	00:00:24	01:50:48	04:40:39	08:42:21	13:43:39	15:59:53.15	15:59:53.15	+04:41:36 (29.3%)	8:43	6.9 (71.1%)
101	BASTRZYK Tomasz	3032		Masters M - 40	41	00:00:10	01:56:31	05:09:49	09:54:46	14:26:12	16:00:05.90	16:00:05.90	+04:41:49 (29.4%)	8:43	6.9 (71.1%)
102	NAGLAK Łukasz	3095	KOŹMIN BIEGA ULTRA RUNNERS	Masters M - 40	42	00:00:17	02:04:56	05:21:02	10:25:34	14:32:29	16:02:21.25	16:02:21.25	+04:44:04 (29.5%)	8:44	6.9 (71.1%)
103	GAŁEK Wojciech	3049	NO PAIN NO GAIN	Masters M - 40	43	00:00:12	02:04:50	05:45:45	10:30:53	14:33:26	16:05:17.30	16:05:17.30	+04:47:00 (29.7%)	8:46	6.8 (70.1%)
104	POLACZEK Daniel	3131	IZBICKO W BIEGU	Senior I M - 20	6	00:00:28	01:58:24	05:19:22	10:32:13	14:36:16	16:08:04.85	16:08:04.85	+04:49:48 (29.9%)	8:48	6.8 (70.1%)
105	LUTOMSKA Dorota	3010	OFIX.PL BIKE TEAM	Masters K - 40	4	00:00:07	01:53:22	05:22:31	09:42:32	14:39:35	16:11:41.90	16:11:41.90	+04:53:25 (30.2%)	8:50	6.8 (70.1%)
106	DOMERADZKI Grzegorz	3256		Senior II M - 30	35	00:00:19	02:06:30	05:39:26	10:33:31	14:45:47	16:15:01.95	16:15:01.95	+04:56:45 (30.4%)	8:51	6.8 (70.1%)
107	HRONOWSKI Kamil	3487	BLACK HAT TEAM	Senior I M - 20	7	00:00:39	02:03:46	05:21:04	10:14:56	14:45:42	16:15:02.05	16:15:02.05	+04:56:45 (30.4%)	8:51	6.8 (70.1%)
108	PARUCKI Michał	3166	VEGE RUNNERS	Masters M - 40	44	00:00:49	02:00:08	05:20:35	10:21:07	14:43:52	16:22:20.40	16:22:20.40	+05:04:03 (31.0%)	8:55	6.7 (69.1%)
109	SIEMIEŃCZUK Robert	3090		Weteran I M - 50	13	00:00:18	01:58:02	05:16:19	10:01:39	14:48:46	16:22:21.50	16:22:21.50	+05:04:05 (31.0%)	8:55	6.7 (69.1%)
110	MITIS Marek	3033		Senior II M - 30	36	00:00:30	02:10:53	05:37:39	10:30:53	14:45:33	16:23:33.80	16:23:33.80	+05:05:17 (31.0%)	8:56	6.7 (69.1%)
111	ŁYCZKO Anna	3087	PODIUM	Senior II K - 30	6	00:00:11	02:08:54	05:44:15	10:27:47	14:50:50	16:23:47.20	16:23:47.20	+05:05:30 (31.1%)	8:56	6.7 (69.1%)
112	JAGIELSKI Jerzy	3346	JKS SALAMANDRA	Senior II M - 30	37	00:00:40	02:03:56	05:37:20	10:27:48	14:50:50	16:23:47.25	16:23:47.25	+05:05:30 (31.1%)	8:56	6.7 (69.1%)
113	MIKRUT Remigiusz	3324		Masters M - 40	45	00:00:07	01:48:00	05:07:05	10:17:53	15:03:55	16:33:08.90	16:33:08.90	+05:14:52 (31.7%)	9:01	6.6 (68.0%)
114	KAKOSZKA Marcin	3142	MAŁA PANEW TEAM ZAWADZKIE	Senior II M - 30	38	00:00:03	01:40:42	05:19:37	10:53:38	15:08:21	16:33:19.85	16:33:19.85	+05:15:03 (31.7%)	9:01	6.6 (68.0%)
115	KRUPA Piotr	3493	LAF_CAMPERVAN	Senior II M - 30	39	00:00:22	02:02:00	05:13:33	10:18:54	15:03:30	16:33:33.45	16:33:33.45	+05:15:16 (31.7%)	9:01	6.6 (68.0%)
116	KOWCZYK Łukasz	3481	DRUŻYNA CHROBREGO	Masters M - 40	46	00:00:33	02:08:51	05:43:06	10:43:03	14:58:52	16:36:14.15	16:36:14.15	+05:17:57 (31.9%)	9:03	6.6 (68.0%)
117	GAŁKA Krzysztof	3409	WKURW_TEAM	Senior II M - 30	40	00:00:54	02:09:02	05:19:14	10:15:42	14:48:42	16:37:28.65	16:37:28.65	+05:19:12 (32.0%)	9:04	6.6 (68.0%)
118	PELJAK Mariusz	3227	GRZMOTOMOCNI SOBÓTKA	Senior II M - 30	41	00:00:16	02:01:23	05:47:52	10:55:08	15:03:30	16:38:25.70	16:38:25.70	+05:20:09 (32.1%)	9:04	6.6 (68.0%)
119	BUDZYŃSKI Przemysław	3127	BUDZYŃSCY TEAM	Masters M - 40	47	00:00:10	01:54:28	05:24:17	10:17:47	14:55:56	16:40:17.95	16:40:17.95	+05:22:01 (32.2%)	9:05	6.6 (68.0%)
120	PIETRZAK Sławomir	3158		Masters M - 40	48	00:00:11	01:54:48	05:21:29	10:28:52	14:58:51	16:40:19.10	16:40:19.10	+05:22:02 (32.2%)	9:05	6.6 (68.0%)
121	KĘDZIELEWSKI Łukasz	3349	WIECZORNE BIEGANIE W SZCZECINIE	Masters M - 40	49	00:00:10	01:54:26	05:24:15	10:17:45	14:55:54	16:40:21.55	16:40:21.55	+05:22:05 (32.2%)	9:05	6.6 (68.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
122	SZYNAWA Marcin	3100	ENDURANCE TEAM	Masters M - 40	50	00:00:55	02:14:57	05:52:50	10:53:42	15:17:57	16:40:24.35	16:40:24.35	+05:22:07 (32.2%)	9:05	6.6 (68.0%)
123	CHOMA Marek	3260	PĘDZĄCE LENIWCE	Masters M - 40	51	00:00:14	01:56:54	05:29:33	10:18:51	14:56:24	16:41:52.40	16:41:52.40	+05:23:35 (32.3%)	9:06	6.6 (68.0%)
124	GAWKOWSKI Artur	3255	OSTRÓW BIEGA	Senior II M - 30	42	00:00:55	02:16:50	05:50:44	10:46:33	15:05:49	16:42:09.25	16:42:09.25	+05:23:52 (32.3%)	9:06	6.6 (68.0%)
125	JAGNIĄTKOWSKI Jacek	3351	TEAM KURORT ŁĄDKU ZDRÓJ	Masters M - 40	52	00:00:20	01:56:45	05:18:12	10:15:07	15:25:22	16:42:16.30	16:42:16.30	+05:23:59 (32.3%)	9:06	6.6 (68.0%)
126	KINOWSKA Katarzyna	3238	GRUPA BIEGOWA 65	Masters K - 40	5	00:00:20	02:05:11	05:24:19	10:01:56	14:52:39	16:42:24.10	16:42:24.10	+05:24:07 (32.3%)	9:06	6.6 (68.0%)
127	KOŁODZIEJ Paweł	3077		Masters M - 40	53	00:00:07	02:01:41	05:22:33	10:15:41	14:57:03	16:42:54.10	16:42:54.10	+05:24:37 (32.4%)	9:07	6.6 (68.0%)
128	KOSIN Marcin	3211	PGB SPORTOWA PACZKA	Senior II M - 30	43	00:00:16	02:02:13	05:37:47	10:34:59	15:13:01	16:43:11.50	16:43:11.50	+05:24:55 (32.4%)	9:07	6.6 (68.0%)
129	DĄBKOWSKI Wojciech	3291	ARP E-VEHICLES	Masters M - 40	54	00:00:31	02:04:51	05:33:42	10:28:34	15:04:18	16:44:32.90	16:44:32.90	+05:26:16 (32.5%)	9:07	6.6 (68.0%)
130	PRZYBYŁ Piotr	3191	EASY RUNNERS	Weteran I M - 50	14	00:00:31	02:04:24	05:36:44	10:45:44	15:13:48	16:47:18.35	16:47:18.35	+05:29:01 (32.7%)	9:09	6.6 (68.0%)
131	MIELECKI Maciej	3175	PAIN IS MY FRIEND	Senior II M - 30	44	00:00:33	02:07:53	05:28:52	10:21:40	15:07:56	16:49:30.20	16:49:30.20	+05:31:13 (32.8%)	9:10	6.5 (67.0%)
132	KANDEFER Beata	3195	KB „ATHLETIC” ZRĘCIN	Weteran K - 50	2	00:00:15	02:01:31	05:33:25	10:41:55	15:11:51	16:51:13.35	16:51:13.35	+05:32:56 (32.9%)	9:11	6.5 (67.0%)
133	BIESZCZAD Mateusz	3143	KB ATHLETIC ZRĘCIN	Senior II M - 30	45	00:00:16	02:01:31	05:33:26	10:43:57	15:11:50	16:51:13.55	16:51:13.55	+05:32:57 (32.9%)	9:11	6.5 (67.0%)
134	BIAŁCZYK Marcin	3202	MARATOŃCZYK POZNAŃ	Senior II M - 30	46	00:00:37	01:48:58	05:24:42	10:40:34	15:27:58	16:52:53.65	16:52:53.65	+05:34:37 (33.0%)	9:12	6.5 (67.0%)
135	ŚWIERCZYŃSKI Kacper	3395	STAJNIA CROSSFIT	Senior II M - 30	47	00:00:04	01:48:48	05:00:21	10:03:58	15:10:47	16:54:16.35	16:54:16.35	+05:35:59 (33.1%)	9:13	6.5 (67.0%)
136	FRYSIAK Artur	3262	WIELUŃ ULTRA	Weteran I M - 50	15	00:00:09	01:54:24	05:21:09	10:31:05	15:16:31	16:55:29.40	16:55:29.40	+05:37:12 (33.2%)	9:13	6.5 (67.0%)
137	MUCHA Robert	3417		Masters M - 40	55	00:00:15	02:08:53	05:42:43	10:34:41	15:12:19	16:55:34.60	16:55:34.60	+05:37:18 (33.2%)	9:13	6.5 (67.0%)
138	KROK Sławomir	3424		Masters M - 40	56	00:00:52	02:09:03	05:58:51	10:38:15	15:16:45	16:56:01.00	16:56:01.00	+05:37:44 (33.2%)	9:14	6.5 (67.0%)
139	BRONIEWSKI Piotr	3011		Senior II M - 30	48	00:00:11	01:54:37	05:26:58	10:26:02	15:18:02	16:56:35.85	16:56:35.85	+05:38:19 (33.3%)	9:14	6.5 (67.0%)
140	JASINIAK Bartosz	3053		Masters M - 40	57	00:00:11	01:54:39	05:26:58	10:26:02	15:19:08	16:56:37.65	16:56:37.65	+05:38:21 (33.3%)	9:14	6.5 (67.0%)
141	KUBICKA Magdalena	3389		Masters K - 40	6	00:00:43	02:20:28	05:55:31	11:00:23	15:22:27	16:57:35.75	16:57:35.75	+05:39:19 (33.3%)	9:15	6.5 (67.0%)
142	HACHOŁ Justyna	3004		Masters K - 40	7	00:00:18	02:04:11	05:42:54	10:38:49	15:22:06	16:59:50.85	16:59:50.85	+05:41:34 (33.5%)	9:16	6.5 (67.0%)
143	KLIGLICH Paweł	3019		Masters M - 40	58	00:00:13	02:00:21	05:42:51	10:38:49	15:28:37	16:59:51.65	16:59:51.65	+05:41:35 (33.5%)	9:16	6.5 (67.0%)
144	BIECUSZEK Tomasz	3110	AKTYWNA NOWA RUDA	Masters M - 40	59	00:00:21	01:57:22	05:36:29	10:53:08	15:32:32	17:01:44.45	17:01:44.45	+05:43:27 (33.6%)	9:17	6.5 (67.0%)
145	SIWIEC Stanisław	3162		Weteran II M - 60	1	00:00:10	01:58:21	05:27:00	10:29:30	15:23:22	17:04:27.20	17:04:27.20	+05:46:10 (33.8%)	9:18	6.4 (66.0%)
146	BUCHHOLTZ Tomasz	3122	PORANNY BESKID RUN	Masters M - 40	60	00:00:32	02:11:46	05:56:07	11:00:19	15:29:00	17:05:25.55	17:05:25.55	+05:47:09 (33.9%)	9:19	6.4 (66.0%)
147	HELLER Karina	3258	PORANNY BESKID RUN	Masters K - 40	8	00:00:32	02:11:48	05:56:07	11:00:22	15:28:24	17:05:26.50	17:05:26.50	+05:47:10 (33.9%)	9:19	6.4 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
148	BŁASZCZYK Mariusz	3308	SNG WILD DUCKS	Senior II M - 30	49	00:00:45	01:57:19	05:19:23	10:32:14	15:28:39	17:05:27.30	17:05:27.30	+05:47:10 (33.9%)	9:19	6.4 (66.0%)
149	GIBALSKI Tomasz	3310	OBORYGENI	Weteran I M - 50	16	00:00:36	02:24:12	06:47:56	11:31:21	15:41:07	17:07:09.25	17:07:09.25	+05:48:52 (34.0%)	9:20	6.4 (66.0%)
150	PIETRUCHA Jakub	3453	STG WARSZAWA	Senior II M - 30	50	00:00:22	01:48:24	04:54:31	09:54:28	15:02:59	17:07:51.55	17:07:51.55	+05:49:35 (34.0%)	9:20	6.4 (66.0%)
151	KRZYSZTOŃ Maciej	3299	KB GEPARD MUROWANA GOŚLINA	Masters M - 40	61	00:00:40	02:04:26	05:24:19	10:20:43	15:28:09	17:10:40.30	17:10:40.30	+05:52:23 (34.2%)	9:22	6.4 (66.0%)
152	HOFSTRA Tsjeard	3247	FRYSMAN	Masters M - 40	62	00:00:33	02:02:03	05:15:22	09:46:46	15:03:09	17:11:23.10	17:11:23.10	+05:53:06 (34.2%)	9:22	6.4 (66.0%)
153	CZERNIACHOWSKI Artur	3074	ULTRA TEAM ZIELONA GÓRA	Masters M - 40	63	00:00:12	02:04:53	05:45:35	10:45:53	15:32:35	17:11:29.05	17:11:29.05	+05:53:12 (34.2%)	9:22	6.4 (66.0%)
154	DRAGANEK Ewelina	3387		Masters K - 40	9	00:00:27	02:00:28	05:33:36	10:40:35	15:28:42	17:11:42.40	17:11:42.40	+05:53:25 (34.3%)	9:22	6.4 (66.0%)
155	PAUL Violetta	3219	BIEGAMY W GÓRACH	Masters K - 40	10	00:00:29	02:09:10	05:46:01	10:33:58	15:22:44	17:13:13.40	17:13:13.40	+05:54:56 (34.4%)	9:23	6.4 (66.0%)
156	ŻMIJEWSKI Dariusz	3488	EXTREMALNI RZEŹNICY NA RELAKSIE	Weteran I M - 50	17	00:00:29	02:09:08	05:46:01	10:46:19	15:22:46	17:13:13.55	17:13:13.55	+05:54:57 (34.4%)	9:23	6.4 (66.0%)
157	WIERZCHOŃ Michał	3439	MR. DOC	Masters M - 40	64	00:00:16	01:55:06	05:19:00	10:33:00	15:30:20	17:14:57.05	17:14:57.05	+05:56:40 (34.5%)	9:24	6.4 (66.0%)
158	WOJTCZAK Krzysztof	3264	WKB PIAST WROCŁAW	Weteran I M - 50	18	00:00:13	01:57:01	05:29:36	10:46:46	15:34:02	17:16:56.85	17:16:56.85	+05:58:40 (34.6%)	9:25	6.4 (66.0%)
159	NAWROT Artur	3480		Masters M - 40	65	00:00:22	01:49:03	05:16:15	10:29:21	15:33:59	17:19:34.75	17:19:34.75	+06:01:18 (34.8%)	9:27	6.3 (64.9%)
160	KOSTERA Katarzyna	3335	VEGE RUNNERS	Masters K - 40	11	00:00:09	02:09:20	06:02:20	11:01:00	15:49:22	17:26:13.05	17:26:13.05	+06:07:56 (35.2%)	9:30	6.3 (64.9%)
161	SŁOWIK Grzegorz	3144	NIE WIEM GDZIE JESTEM	Masters M - 40	66	00:00:03	01:54:47	05:35:23	10:46:30	15:35:06	17:31:59.20	17:31:59.20	+06:13:42 (35.5%)	9:33	6.3 (64.9%)
162	JASIAK Karol	3141	NIE WIEM GDZIE JESTEM	Senior II M - 30	51	00:00:03	01:54:46	05:21:57	10:31:18	15:35:07	17:31:59.35	17:31:59.35	+06:13:42 (35.5%)	9:33	6.3 (64.9%)
163	KOZŁOWSKI Artur	3184		Masters M - 40	67	00:00:08	01:58:25	05:22:43	10:28:55	15:40:37	17:32:35.30	17:32:35.30	+06:14:18 (35.6%)	9:34	6.3 (64.9%)
164	KONS Katarzyna	3105		Senior II K - 30	7	00:00:27	02:17:20	06:04:14	11:29:15	15:57:21	17:35:18.50	17:35:18.50	+06:17:02 (35.7%)	9:35	6.3 (64.9%)
165	PIETRZAK Agnieszka	3294	DOGOŃ GRODZISK MAZOWIECKI	Masters K - 40	12	00:00:37	02:17:05	06:22:00	11:29:12	16:00:11	17:37:26.05	17:37:26.05	+06:19:09 (35.9%)	9:36	6.2 (63.9%)
166	SZCZEPAŃSKI Marcin	3246	STRZELIŃSKI KLUB BIEGACZA GRANIT	Senior II M - 30	52	00:00:27	02:04:28	05:36:34	10:35:50	15:36:10	17:37:26.35	17:37:26.35	+06:19:09 (35.9%)	9:36	6.2 (63.9%)
167	GŁOWACKI Rafał	3098		Masters M - 40	68	00:00:20	02:01:54	05:47:44	11:14:14	15:58:48	17:37:33.30	17:37:33.30	+06:19:16 (35.9%)	9:36	6.2 (63.9%)
168	WALASZCZYK Anna	3266		Masters K - 40	13	00:00:10	02:05:02	05:51:23	10:44:33	15:53:59	17:39:05.15	17:39:05.15	+06:20:48 (36.0%)	9:37	6.2 (63.9%)
169	SMIESZKOŁ BRYKOWSKA Sonia	3244		Masters K - 40	14	00:00:10	02:05:03	05:51:24	10:44:34	15:53:59	17:39:05.35	17:39:05.35	+06:20:48 (36.0%)	9:37	6.2 (63.9%)
170	MARKOWSKI Marek	3490	KS LENIWIEC	Masters M - 40	69	00:00:27	02:06:59	05:44:17	11:00:17	15:59:47	17:42:45.40	17:42:45.40	+06:24:28 (36.2%)	9:39	6.2 (63.9%)
171	SMOLAK Agata	3133		Masters K - 40	15	00:00:31	02:14:18	06:02:28	11:15:15	16:02:36	17:42:47.65	17:42:47.65	+06:24:31 (36.2%)	9:39	6.2 (63.9%)
172	DECHNIK Łukasz	3297	I W GÓRĘ I W DÓŁ	Masters M - 40	70	00:00:17	02:02:16	05:42:03	10:48:54	15:57:04	17:47:35.05	17:47:35.05	+06:29:18 (36.5%)	9:42	6.2 (63.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
173	JĘDRYCHOWSKI Bartłomiej	3485		Senior II M - 30	53	00:00:33	01:58:50	05:13:13	09:58:57	15:30:25	17:48:14.95	17:48:14.95	+06:29:58 (36.5%)	9:42	6.2 (63.9%)
174	PĘCHRA Mateusz	3281		Senior II M - 30	54	00:00:19	02:11:03	06:04:15	11:43:13	15:58:21	17:48:30.20	17:48:30.20	+06:30:13 (36.5%)	9:42	6.2 (63.9%)
175	CHRZANOWSKI Paweł	3431		Masters M - 40	71	00:00:31	02:09:46	05:37:52	11:11:04	15:54:10	17:49:36.20	17:49:36.20	+06:31:19 (36.6%)	9:43	6.2 (63.9%)
176	GRZELAK Justyna	3486	MARATON LESZNO	Masters K - 40	16	00:00:32	02:24:31	06:13:14	11:29:16	16:17:23	17:50:51.55	17:50:51.55	+06:32:35 (36.7%)	9:44	6.2 (63.9%)
177	SUSZ Marian	3338	GRZMOTOMOCNI SOBÓTKA	Masters M - 40	72	00:00:17	02:01:26	05:48:26	11:06:43	15:59:39	17:51:55.35	17:51:55.35	+06:33:38 (36.7%)	9:44	6.2 (63.9%)
178	SZNAJDER Joanna	3088		Masters K - 40	17	00:00:25	02:06:58	05:59:20	11:00:16	15:58:00	17:51:59.85	17:51:59.85	+06:33:43 (36.7%)	9:44	6.2 (63.9%)
179	FILIPIAK Hieronim	3209	MIECHOWICKA GRUPA BIEGOWA	Masters M - 40	73	00:00:18	02:00:11	05:33:37	11:18:53	16:19:49	17:53:04.55	17:53:04.55	+06:34:48 (36.8%)	9:45	6.2 (63.9%)
180	KADŁUBOWSKI Piotr	3494	RUN100LOVE / GÓRYLASY / KOTWICA BRZEG	Masters M - 40	74	00:00:01	02:07:31	05:50:23	11:33:28	16:22:41	17:53:35.00	17:53:35.00	+06:35:18 (36.8%)	9:45	6.1 (62.9%)
181	GRYCMAN Magdalena	3440	SPARTA ULTRA TEAM	Masters K - 40	18	00:00:23	02:06:10	06:10:01	11:16:33	16:13:48	17:56:23.75	17:56:23.75	+06:38:07 (37.0%)	9:47	6.1 (62.9%)
182	GRYCMAN Łukasz	3441		Masters M - 40	75	00:00:23	02:07:01	06:10:01	11:16:33	16:13:47	17:56:23.80	17:56:23.80	+06:38:07 (37.0%)	9:47	6.1 (62.9%)
183	KRÓLAK Krystian	3374	#TEAMKRÓLAK	Senior I M - 20	8	00:00:55	02:11:53	05:52:48	11:11:14	16:09:46	17:58:17.65	17:58:17.65	+06:40:01 (37.1%)	9:48	6.1 (62.9%)
184	BERNAT Arkadiusz	3178	BIEGOWA ŚWIDNICA	Weteran I M - 50	19	00:00:06	01:58:13	05:12:41	10:07:31	16:08:59	17:59:02.30	17:59:02.30	+06:40:45 (37.1%)	9:48	6.1 (62.9%)
185	HORŁUKOWICZ Kamil	3483	KPP ŚWIDNICA	Senior I M - 20	9	00:00:08	01:57:56	05:47:49	11:26:13	16:23:42	18:00:26.15	18:00:26.15	+06:42:09 (37.2%)	9:49	6.1 (62.9%)
186	PANTOŁ Mirosław	3194		Masters M - 40	76	00:00:09	02:14:51	06:05:02	11:01:27	16:18:36	18:03:08.65	18:03:08.65	+06:44:52 (37.4%)	9:50	6.1 (62.9%)
187	SZYSZŁOWSKI Waldemar	3345	GÓRAL Z MAZUR RUNNING TEAM	Senior II M - 30	55	00:00:02	02:05:59	05:44:15	11:09:31	16:25:17	18:08:49.85	18:08:49.85	+06:50:33 (37.7%)	9:53	6.1 (62.9%)
188	ZAWADZKI Paweł	3187		Senior II M - 30	56	00:00:40	02:20:10	06:35:32	12:30:05	16:47:00	18:16:41.50	18:16:41.50	+06:58:25 (38.2%)	9:58	6 (61.9%)
189	ANDRZEJCZUK Marzena	3398		Masters K - 40	19	00:00:17	02:05:57	05:50:44	11:12:58	16:33:14	18:16:54.75	18:16:54.75	+06:58:38 (38.2%)	9:58	6 (61.9%)
190	STELMACH Krzysztof	3407		Masters M - 40	77	00:00:09	02:05:27	05:56:44	11:12:58	16:33:30	18:16:55.95	18:16:55.95	+06:58:39 (38.2%)	9:58	6 (61.9%)
191	ZACHARYASZ Miłosz	3312	KOCHAM MONICZKE	Senior I M - 20	10	00:00:57	02:08:38	05:33:18	10:45:15	16:40:58	18:17:36.15	18:17:36.15	+06:59:19 (38.2%)	9:58	6 (61.9%)
192	LEWANDOWSKI Grzegorz	3009	GOLENIÓW	Masters M - 40	78	00:00:22	02:11:55	05:56:46	11:15:18	16:31:55	18:18:24.90	18:18:24.90	+07:00:08 (38.2%)	9:59	6 (61.9%)
193	PASIEKA Agnieszka	3072	KB ATHLETIC ZRĘCIN	Masters K - 40	20	00:00:09	02:09:40	06:05:07	11:42:19	16:44:27	18:19:07.45	18:19:07.45	+07:00:50 (38.3%)	9:59	6 (61.9%)
194	WITUSIK Dorota	3450		Masters K - 40	21	00:00:09	02:09:44	06:05:08	11:42:19	16:44:28	18:19:07.75	18:19:07.75	+07:00:51 (38.3%)	9:59	6 (61.9%)
195	NICPOŃ Sebastian	3430	PATOBIEGACZE	Masters M - 40	79	00:00:02	02:05:58	05:44:16	11:09:31	16:25:17	18:20:46.00	18:20:46.00	+07:02:29 (38.4%)	10:00	6 (61.9%)
196	WELTER Przemysław	3306	KB SZAMOTUŁY	Senior II M - 30	57	00:00:13	01:58:30	05:43:03	11:18:19	16:33:46	18:22:36.65	18:22:36.65	+07:04:20 (38.5%)	10:01	6 (61.9%)
197	BIĘCZAK Zuzanna	3295	ASICS FRONTRUNNER POLAND	Senior II K - 30	8	00:00:14	02:00:03	05:46:48	11:18:16	16:33:45	18:22:36.75	18:22:36.75	+07:04:20 (38.5%)	10:01	6 (61.9%)
198	CZYRNIA Andrzej	3242		Senior II M - 30	58	00:00:19	02:11:04	06:04:16	11:15:31	16:34:44	18:27:35.45	18:27:35.45	+07:09:18 (38.8%)	10:04	6 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
199	KARCZ Anna	3475		Senior II K - 30	9	00:00:24	02:00:33	05:52:40	11:14:49	16:40:55	18:27:52.50	18:27:52.50	+07:09:36 (38.8%)	10:04	6 (61.9%)
200	KANIA Paweł	3479	BIEGAM NA TARCHOMINIE	Weteran I M - 50	20	00:00:47	02:22:25	06:14:15	11:40:34	16:49:05	18:29:55.75	18:29:55.75	+07:11:39 (38.9%)	10:05	5.9 (60.8%)
201	BRZOZOWSKI Rafał	3474		Masters M - 40	80	00:00:39	02:15:18	05:58:59	11:21:21	16:41:23	18:30:22.05	18:30:22.05	+07:12:05 (38.9%)	10:05	5.9 (60.8%)
202	GAWLAS Przemysław	3495		Weteran I M - 50	21	00:00:14	02:06:52	05:54:33	11:17:41	16:44:30	18:33:09.00	18:33:09.00	+07:14:52 (39.1%)	10:07	5.9 (60.8%)
203	MIKUŁAN Mikołaj	3024		Senior II M - 30	59	00:00:28	02:23:11	06:31:40	12:11:03	16:58:43	18:34:43.35	18:34:43.35	+07:16:26 (39.2%)	10:08	5.9 (60.8%)
204	JAROSIŃSKI Łukasz	3132	TAŃCZACE MUCHOMORKI	Masters M - 40	81	00:00:12	02:01:39	05:50:45	11:49:20	16:51:35	18:36:10.60	18:36:10.60	+07:17:54 (39.2%)	10:08	5.9 (60.8%)
205	BRAUN Zbigniew	3362	WKB MARATOŃCZYK	Masters M - 40	82	00:00:06	01:54:16	05:14:11	10:22:58	16:31:57	18:37:09.40	18:37:09.40	+07:18:52 (39.3%)	10:09	5.9 (60.8%)
206	DAWIDZIAK Jarosław	3414	MARATON LESZNO /AMBIT	Weteran I M - 50	22	00:00:32	02:07:43	05:43:26	10:51:54	16:35:38	18:37:12.75	18:37:12.75	+07:18:56 (39.3%)	10:09	5.9 (60.8%)
207	SKRZYPIŃSKI Arkadiusz	3102	PSI PATROL	Masters M - 40	83	00:00:32	02:07:45	05:43:27	11:21:20	16:35:39	18:37:13.10	18:37:13.10	+07:18:56 (39.3%)	10:09	5.9 (60.8%)
208	JUSZCZAK Zbigniew	3350	PKB KMP KALISZ	Weteran I M - 50	23	00:00:38	02:26:28	06:58:33	11:52:42	16:17:04	18:41:00.20	18:41:00.20	+07:22:43 (39.5%)	10:11	5.9 (60.8%)
209	RAFA Asia	3280	RUNNERS TEAM NYSA	Masters K - 40	22	00:00:25	02:22:27	06:21:54	11:44:37	16:41:53	18:41:57.05	18:41:57.05	+07:23:40 (39.5%)	10:11	5.9 (60.8%)
210	STANGIERSKI Adam	3231	KORNELCIA TEAM	Senior II M - 30	60	00:00:34	02:10:58	06:10:11	11:22:10	16:58:21	18:42:13.45	18:42:13.45	+07:23:56 (39.6%)	10:12	5.9 (60.8%)
211	NIEMIRO Paweł	3421	JAGODOWO-KALINOWY TEAM	Masters M - 40	84	00:00:34	02:13:53	06:19:39	11:57:32	16:54:08	18:46:30.25	18:46:30.25	+07:28:13 (39.8%)	10:14	5.9 (60.8%)
212	PAWLIK Joanna	3054		Senior II K - 30	10	00:00:29	02:15:13	06:19:43	11:37:58	16:54:07	18:46:30.65	18:46:30.65	+07:28:14 (39.8%)	10:14	5.9 (60.8%)
213	KRACZKOWSKI Przemysław	3251	142BLP TRZEBIATÓW	Masters M - 40	85	00:00:20	02:14:40	06:19:47	11:37:59	16:54:06	18:46:31.10	18:46:31.10	+07:28:14 (39.8%)	10:14	5.9 (60.8%)
214	TALAR Marek	3017	KĘSY TEAM	Senior II M - 30	61	00:00:29	02:15:07	06:19:41	11:37:52	16:54:56	18:46:31.40	18:46:31.40	+07:28:14 (39.8%)	10:14	5.9 (60.8%)
215	KRAUSE Kuba	3364	NATURAL BORN RUNNERS	Masters M - 40	86	00:00:26	01:58:48	05:20:57	11:33:11	16:55:11	18:48:30.45	18:48:30.45	+07:30:13 (39.9%)	10:15	5.8 (59.8%)
216	MAŁKOWSKI Krzysztof	3163		Masters M - 40	87	00:00:26	01:58:49	05:20:58	11:33:13	16:55:14	18:48:33.05	18:48:33.05	+07:30:16 (39.9%)	10:15	5.8 (59.8%)
217	DADELSKI Mariusz	3045	RUNCROSS ROZGARTY	Masters M - 40	88	00:00:36	02:24:32	06:26:30	11:39:50	16:52:59	18:49:38.95	18:49:38.95	+07:31:22 (40.0%)	10:16	5.8 (59.8%)
218	GOKIERT-SKRENTNA Justyna	3047	GÓRSKIE KOZICE	Masters K - 40	23	00:00:18	02:05:25	05:48:32	11:15:17	16:43:37	18:54:08.80	18:54:08.80	+07:35:52 (40.2%)	10:18	5.8 (59.8%)
219	OLSZAŃSKI Krzysztof	3108	RUNNING FREE	Masters M - 40	89	00:01:04	02:30:21	06:45:15	12:41:16	17:07:54	18:55:21.70	18:55:21.70	+07:37:05 (40.3%)	10:19	5.8 (59.8%)
220	RACZYŃSKI Bogusz	3446	ZEMAT TECHNOLOGY GROUP	Senior II M - 30	62	00:00:06	02:01:37	05:49:35	11:46:15	17:15:25	18:56:08.30	18:56:08.30	+07:37:51 (40.3%)	10:19	5.8 (59.8%)
221	GUMIENNY Grzegorz	3411		Masters M - 40	90	00:00:24	01:41:28	04:36:31	09:33:20	15:34:14	18:56:45.75	18:56:45.75	+07:38:29 (40.3%)	10:20	5.8 (59.8%)
222	CIECIELĄG Piotr	3149		Weteran I M - 50	24	00:00:47	02:31:02	06:16:47	11:42:14	17:08:26	18:57:37.90	18:57:37.90	+07:39:21 (40.4%)	10:20	5.8 (59.8%)
223	KOREK Krystian	3174		Masters M - 40	91	00:00:52	02:31:56	06:44:59	11:53:55	17:03:24	18:59:17.05	18:59:17.05	+07:41:00 (40.5%)	10:21	5.8 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto					Czas brutto		Różn	Tempo min/km	Tempo km/h
						A8 0.01km	A9 15km	A11 40km	A13 70km	A15 98km	110km	110km			
224	PIGUŁA Daria	3435	CARBON SILESIA SPORT	Masters K - 40	24	00:00:30	02:13:57	06:11:31	11:53:43	17:11:48	18:59:37.55	18:59:37.55	+07:41:21 (40.5%)	10:21	5.8 (59.8%)
225	ZATAJ Igor	3015	KB MANIAC POZNAŃ	Masters M - 40	92	00:00:44	02:18:13	06:32:04	12:07:17	17:21:49	18:59:56.05	18:59:56.05	+07:41:39 (40.5%)	10:21	5.8 (59.8%)
226	WRÓBEL Maciej	3167	VEGERUNNERS	Senior II M - 30	63	00:00:50	02:24:29	06:16:12	11:45:01	16:55:33	19:00:06.10	19:00:06.10	+07:41:49 (40.5%)	10:21	5.8 (59.8%)
227	BOGUCKA Zuzanna	3296		Senior II K - 30	11	00:00:42	02:25:28	06:46:22	12:18:13	17:13:22	19:00:46.20	19:00:46.20	+07:42:29 (40.5%)	10:22	5.8 (59.8%)
228	LUTY Mariusz	3140	KĘSY TEAM	Masters M - 40	93	00:00:07	01:53:24	05:22:31	11:45:38	17:10:56	19:01:45.75	19:01:45.75	+07:43:29 (40.6%)	10:22	5.8 (59.8%)
229	KWIECIEN Krzysztof	3196	MEGAWONSZ	Masters M - 40	94	00:00:38	02:21:22	05:55:44	11:14:41	16:40:45	19:02:30.65	19:02:30.65	+07:44:14 (40.6%)	10:23	5.8 (59.8%)
230	SZCZUREK Mariusz	3492	AGROAS TEAM	Masters M - 40	95	00:00:07	02:02:10	06:07:04	11:49:25	17:09:49	19:03:24.95	19:03:24.95	+07:45:08 (40.7%)	10:23	5.8 (59.8%)
231	LESZCZYNOWICZ Jacek	3114	POLACY BIEGAJĄ W UK	Senior II M - 30	64	00:00:09	02:13:29	06:21:46	12:16:31	17:26:11	19:04:43.20	19:04:43.20	+07:46:26 (40.7%)	10:24	5.8 (59.8%)
232	PALIŃSKI Bartłomiej	3275	ROZBIEGANI CHOJNÓW	Senior I M - 20	11	00:00:16	02:07:28	06:08:02	12:04:01	17:20:18	19:05:52.20	19:05:52.20	+07:47:35 (40.8%)	10:25	5.8 (59.8%)
233	SZPYT Andrzej	3402		Weteran I M - 50	25	00:00:15	02:00:32	05:42:01	11:50:11	17:16:58	19:07:47.85	19:07:47.85	+07:49:31 (40.9%)	10:26	5.8 (59.8%)
234	ZIELIŃSKI Tomasz	3031	ULTRAPIOTRKÓW	Masters M - 40	96	00:00:04	02:28:59	06:37:04	12:11:27	17:20:18	19:10:55.85	19:10:55.85	+07:52:39 (41.1%)	10:27	5.7 (58.8%)
235	KUŚMIDER Michał	3348	TAŃCZĄCE MUCHOMORKI	Masters M - 40	97	00:00:15	02:01:41	05:50:42	11:59:59	17:37:08	19:11:49.15	19:11:49.15	+07:53:32 (41.1%)	10:28	5.7 (58.8%)
236	MARCINIAK Rafał	3128	8A.PL	Senior II M - 30	65	00:00:33	02:17:58	06:00:09	11:29:40	17:15:24	19:13:40.15	19:13:40.15	+07:55:23 (41.2%)	10:29	5.7 (58.8%)
237	KOTYCZKA Dominik	3375	ASICS FRONTRUNNER POLAND	Senior I M - 20	12	00:00:15	02:05:06	06:05:12	11:48:55	17:38:56	19:13:42.60	19:13:42.60	+07:55:26 (41.2%)	10:29	5.7 (58.8%)
238	STRAMOWSKA-JARCZEWSKA Sandra	3451	MONSTER CROSS TEAM WOŁCZYN	Senior II K - 30	12	00:00:13	02:06:22	06:03:03	11:55:47	17:27:40	19:14:19.15	19:14:19.15	+07:56:02 (41.2%)	10:29	5.7 (58.8%)
239	SZYROCKI Krzysztof	3347	ONE PERSON TEAM	Senior II M - 30	66	00:00:41	02:18:01	06:03:05	11:55:48	17:27:41	19:14:33.30	19:14:33.30	+07:56:16 (41.3%)	10:29	5.7 (58.8%)
240	WIATER Tomasz	3130		Masters M - 40	98	00:00:42	02:24:25	06:31:35	12:21:11	17:37:12	19:15:23.90	19:15:23.90	+07:57:07 (41.3%)	10:30	5.7 (58.8%)
241	OLSCHIMKE-MARMUROWICZ Barbara	3151	ZĄLOGA GÓRSKA	Masters K - 40	25	00:00:42	02:24:28	06:31:35	12:21:10	17:37:14	19:15:24.90	19:15:24.90	+07:57:08 (41.3%)	10:30	5.7 (58.8%)
242	PASZKIEWICZ Maciej	3408	DZIADEK BIEGA ULTRA	Weteran II M - 60	2	00:00:17	02:20:24	06:14:22	11:59:15	17:17:50	19:16:16.25	19:16:16.25	+07:57:59 (41.3%)	10:30	5.7 (58.8%)
243	PIWOWARCZYK Wojciech	3135	WLKP MOUNTAINS ULTRA	Senior II M - 30	67	00:00:05	01:55:46	05:33:41	10:39:17	16:42:36	19:18:00.30	19:18:00.30	+07:59:43 (41.4%)	10:31	5.7 (58.8%)
244	ŚMICHURSKI Krzysztof	3044	FIZJOTERAPIA BIEGACZA	Senior II M - 30	68	00:00:06	01:55:57	05:33:40	10:39:17	16:42:35	19:18:07.55	19:18:07.55	+07:59:51 (41.4%)	10:31	5.7 (58.8%)
245	CAŁKA Krystian	3038	ULTRINO AMATEUR	Senior II M - 30	69		01:55:48	05:34:28	10:39:14	16:42:35	19:18:08.75	19:18:08.75	+07:59:52 (41.4%)	10:31	5.7 (58.8%)
246	HAAS Przemysław	3065	BACKPACKING OKAPI TEAM	Senior II M - 30	70	00:00:46	02:20:51	06:21:45	12:11:29	17:26:54	19:20:10.40	19:20:10.40	+08:01:53 (41.5%)	10:32	5.7 (58.8%)
247	KOCIOŁEK Zbigniew	3331		Masters M - 40	99	00:00:47	02:24:15	06:31:51	12:08:24	17:27:04	19:20:32.95	19:20:32.95	+08:02:16 (41.6%)	10:33	5.7 (58.8%)
248	POPCZYK Ewelina	3388	HEALTHY BODY ŻELAZNY&ŻELAZNY	Masters K - 40	26	00:00:31	02:16:47	06:18:30	11:53:44	17:48:01	19:20:37.70	19:20:37.70	+08:02:21 (41.6%)	10:33	5.7 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
249	KŁAK Wojciech	3327	SZYBKE ŻÓŁWIE OPATÓW	Masters M - 40	100	00:00:36	02:26:13	06:56:22	12:27:35	17:42:03	19:21:17.15	19:21:17.15	+08:03:00 (41.6%)	10:33	5.7 (58.8%)
250	SITAK Adam	3146	CZEWKA ULTRA SQUAD	Masters M - 40	101	00:00:20	01:59:55	05:35:24	11:55:59	17:37:32	19:21:38.75	19:21:38.75	+08:03:22 (41.6%)	10:33	5.7 (58.8%)
251	ADAMCZEWSKI Jakub	3081	NIGHT RUNNERS / NBR TEAM	Senior II M - 30	71	00:00:41	02:10:55	06:13:16	12:06:48	17:41:53	19:23:29.60	19:23:29.60	+08:05:13 (41.7%)	10:34	5.7 (58.8%)
252	CWOJDZIŃSKI Piotr	3274	NIGHT RUNNERS / NO PROBLAMA TEAM	Masters M - 40	102	00:00:41	02:10:57	06:13:15	12:06:47	17:41:57	19:23:29.90	19:23:29.90	+08:05:13 (41.7%)	10:34	5.7 (58.8%)
253	KIERZEK Artur	3094	BIEGACZE KOSMOSU	Masters M - 40	103	00:00:44	02:26:45	06:31:31	12:03:58	17:00:04	19:26:36.85	19:26:36.85	+08:08:20 (41.9%)	10:36	5.7 (58.8%)
254	KIERZEK Ewa	3093	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40	27	00:00:43	02:26:49	06:31:33	12:18:57	17:00:09	19:26:37.30	19:26:37.30	+08:08:20 (41.9%)	10:36	5.7 (58.8%)
255	ROSOŁOWSKI Grzegorz	3283	NADAKTYWNI NOWE MIASTECZKO	Weteran I M - 50	26	00:00:45	02:21:53	06:21:44	12:28:38	17:35:54	19:33:04.60	19:33:04.60	+08:14:48 (42.2%)	10:39	5.6 (57.7%)
256	CIPORA Katarzyna	3377	K&M TEAM	Masters K - 40	28	00:00:11	02:35:17	06:50:57	12:10:10	17:42:31	19:35:18.55	19:35:18.55	+08:17:02 (42.3%)	10:41	5.6 (57.7%)
257	CIPORA Maciej	3376	K&M TEAM	Weteran I M - 50	27	00:00:11	02:35:52	06:50:59	12:10:17	17:42:50	19:35:20.15	19:35:20.15	+08:17:03 (42.3%)	10:41	5.6 (57.7%)
258	ŚWIĘTONIOWSKA Justyna	3016	PODIUM	Masters K - 40	29	00:00:11	02:18:35	06:27:30	12:06:48	17:46:03	19:36:29.35	19:36:29.35	+08:18:12 (42.3%)	10:41	5.6 (57.7%)
259	WÓJCIAK Ewelina	3393	WARRIORS ŁÓDŹ	Senior II K - 30	13	00:00:46	02:26:01	06:30:02	11:44:38	17:26:51	19:37:46.55	19:37:46.55	+08:19:30 (42.4%)	10:42	5.6 (57.7%)
260	MADALIŃSKI Mariusz	3223		Senior I M - 20	13	00:00:44	02:11:34	06:05:32	11:42:01	17:12:50	19:39:14.15	19:39:14.15	+08:20:57 (42.5%)	10:43	5.6 (57.7%)
261	JANIA Przemysław	3147	CZEWKA ULTRA SQUAD	Senior II M - 30	72	00:00:20	02:07:32	06:21:47	12:01:38	17:45:09	19:39:59.65	19:39:59.65	+08:21:43 (42.5%)	10:43	5.6 (57.7%)
262	BARTOSIK Michał	3157	CZEWKA ULTRA SQUAD	Senior II M - 30	73	00:00:20	02:07:31	06:21:48	12:01:37	17:45:11	19:39:59.85	19:39:59.85	+08:21:43 (42.5%)	10:43	5.6 (57.7%)
263	ŻYWICA Marcin	3237	CORORUN	Senior II M - 30	74	00:00:08	02:02:11	05:49:00	11:41:51	17:33:29	19:40:50.55	19:40:50.55	+08:22:34 (42.6%)	10:44	5.6 (57.7%)
264	RYCHEL-MANTUR Dominika	3018		Senior II K - 30	14	00:00:48	02:06:02	05:54:41	11:36:21	17:26:26	19:43:06.90	19:43:06.90	+08:24:50 (42.7%)	10:45	5.6 (57.7%)
265	BOROWIEC Bartek	3315	ATLAS RUNNIG TEAM	Senior II M - 30	75	00:00:39	02:07:35	06:16:54	12:38:36	18:05:46	19:44:57.20	19:44:57.20	+08:26:40 (42.8%)	10:46	5.6 (57.7%)
266	SUT Iwona	3248		Masters K - 40	30	00:00:46	02:31:17	06:59:43	12:36:57	17:56:00	19:45:36.00	19:45:36.00	+08:27:19 (42.8%)	10:46	5.6 (57.7%)
267	BLIŹNIEWSKI Marek	3126		Weteran I M - 50	28	00:00:46	02:31:25	06:59:49	12:36:58	17:56:12	19:45:36.50	19:45:36.50	+08:27:20 (42.8%)	10:46	5.6 (57.7%)
267	ROŹNIATA Iwona	3467	SNG WILD DUCKS	Masters K - 40	31	00:00:46	02:31:23	06:59:42	12:36:57	17:55:44	19:45:36.50	19:45:36.50	+08:27:20 (42.8%)	10:46	5.6 (57.7%)
269	JAKRZEWSKI Mikołaj	3057		Senior II M - 30	76	00:00:18	02:12:11	06:22:54	12:06:56	17:40:21	19:47:09.30	19:47:09.30	+08:28:52 (42.9%)	10:47	5.6 (57.7%)
270	WEWIOR Tomasz	3121		Masters M - 40	104	00:00:08	02:09:01	06:18:59	12:16:05	17:59:31	19:49:34.35	19:49:34.35	+08:31:17 (43.0%)	10:48	5.5 (56.7%)
271	RADOMSKI Grzegorz	3059	MOKRE RUN	Masters M - 40	105	00:00:05	01:54:52	05:46:41	11:34:07	17:26:43	19:50:05.65	19:50:05.65	+08:31:49 (43.0%)	10:49	5.5 (56.7%)
272	WOSZTYL Alicja	3043	FOR-REST-RUN	Senior II K - 30	15	00:00:19	02:04:32	05:47:11	11:37:58	17:49:05	19:51:55.80	19:51:55.80	+08:33:39 (43.1%)	10:50	5.5 (56.7%)
273	PODAWCA Łukasz	3041		Senior II M - 30	77	00:00:19	02:04:29	05:47:12	12:17:01	17:49:06	19:51:56.15	19:51:56.15	+08:33:39 (43.1%)	10:50	5.5 (56.7%)
274	MILEJSKA Joanna	3279	BBL OPOLE	Masters K - 40	32			06:33:50	12:29:03	17:54:05	19:52:19.35	19:52:19.35	+08:34:02 (43.1%)	10:50	5.5 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
275	ZAWADZKA Marzena	3070		Weteran K - 50	3	00:00:13	02:26:01	06:53:57	12:38:10	17:52:44	19:52:52.05	19:52:52.05	+08:34:35 (43.1%)	10:50	5.5 (56.7%)
276	SZARF Paweł	3040	ZĄŁOGA GÓRSKA	Senior II M - 30	78	00:00:01	02:05:24	05:58:24	11:38:03	17:37:58	19:53:58.70	19:53:58.70	+08:35:42 (43.2%)	10:51	5.5 (56.7%)
277	STAJNIAK-STELIGA Izabela	3313	OBORYGENI	Masters K - 40	33	00:00:36	02:24:12	06:51:42	12:27:16	17:47:48	19:58:03.05	19:58:03.05	+08:39:46 (43.4%)	10:53	5.5 (56.7%)
278	MACKIEWICZ Maciej	3008	KRM LAW	Senior II M - 30	79	00:00:22	02:14:26	06:23:17	12:18:17	18:02:46	19:58:08.20	19:58:08.20	+08:39:51 (43.4%)	10:53	5.5 (56.7%)
279	KNAP Damian	3236	PGB SPORTOWA PACZKA	Senior II M - 30	80	00:00:31	02:16:50	06:18:32	11:54:50	17:48:05	19:59:24.55	19:59:24.55	+08:41:08 (43.4%)	10:54	5.5 (56.7%)
280	KOCHANOWSKI Jerzy	3249	OSTRÓW BIEGA	Weteran I M - 50	29	00:00:57	02:16:49	05:51:34	11:30:48	17:33:41	20:00:45.60	20:00:45.60	+08:42:29 (43.5%)	10:54	5.5 (56.7%)
281	ISKRA Arkadiusz	3241	SZAKALE BAŁUT ŁÓDŹ	Masters M - 40	106	00:00:44	02:16:41	06:50:56	12:41:35	18:06:54	20:01:08.40	20:01:08.40	+08:42:51 (43.5%)	10:55	5.5 (56.7%)
282	BUJALSKA Agata	3172		Senior II K - 30	16	00:00:21	02:18:19	06:14:18	12:10:04	18:13:34	20:07:40.45	20:07:40.45	+08:49:23 (43.8%)	10:58	5.5 (56.7%)
283	BUJALSKI Szymon	3171		Masters M - 40	107	00:00:21	02:18:15	06:14:19	12:09:57	18:13:30	20:07:40.60	20:07:40.60	+08:49:24 (43.8%)	10:58	5.5 (56.7%)
284	KOBIERSKI Radosław	3154	TAŃCZĄCE MUCHOMORKI	Weteran I M - 50	30	00:00:15	02:04:22	05:56:45	11:53:56	18:14:01	20:18:05.45	20:18:05.45	+08:59:48 (44.3%)	11:04	5.4 (55.7%)
285	PASZKOWSKI Piotr	3063	WKURW_TEAM	Masters M - 40	108	00:00:14	01:39:43	05:26:17	12:33:11	18:42:35	20:18:39.20	20:18:39.20	+09:00:22 (44.3%)	11:04	5.4 (55.7%)
286	SMYKOWSKA Magdalena	3198	RYKOWISKOTEAM	Senior II K - 30	17	00:00:24	01:58:27	06:52:16	13:16:39	18:28:46	20:22:03.65	20:22:03.65	+09:03:47 (44.5%)	11:06	5.4 (55.7%)
287	SIKORSKI Grzegorz	3076		Weteran I M - 50	31	00:00:14	02:17:48	06:38:00	12:34:59	18:09:30	20:22:11.20	20:22:11.20	+09:03:54 (44.5%)	11:06	5.4 (55.7%)
288	DZIADOŃ Łukasz	3455	BITKA O ZIVOT	Senior II M - 30	81	00:00:56	02:37:15	06:50:44	12:34:05	18:41:56	20:26:06.55	20:26:06.55	+09:07:50 (44.7%)	11:08	5.4 (55.7%)
289	TROJAN Paweł	3460	SZCZYTNA BIEGA	Senior II M - 30	82	00:00:44	02:23:54	07:00:05	12:54:04	18:59:05	20:31:16.65	20:31:16.65	+09:13:00 (44.9%)	11:11	5.4 (55.7%)
290	SKRYNKOWSKI Michał	3466		Masters M - 40	109	00:00:43	02:20:35	07:00:03	12:54:03	18:59:18	20:31:16.80	20:31:16.80	+09:13:00 (44.9%)	11:11	5.4 (55.7%)
291	NOWAKOWSKI Mirosław	3055		Weteran I M - 50	32	00:00:40	02:23:06	06:49:11	12:58:22	18:45:51	20:34:26.60	20:34:26.60	+09:16:10 (45.1%)	11:13	5.3 (54.6%)
292	STOŁOWSKI Robert	3257	AMICA	Masters M - 40	110	00:00:41	02:23:08	06:49:13	12:58:36	18:45:51	20:34:26.65	20:34:26.65	+09:16:10 (45.1%)	11:13	5.3 (54.6%)
293	NIKOLIN Andrzej	3261	TRITOGO	Senior II M - 30	83	00:00:18	02:08:13	06:50:03	12:58:06	18:47:59	20:34:58.30	20:34:58.30	+09:16:41 (45.1%)	11:13	5.3 (54.6%)
294	PIÓRKOWSKI Marek	3034	BIEGOWA KUŹNIA	Weteran I M - 50	33	00:00:22	02:21:59	06:43:06	12:42:14	18:42:46	20:37:00.40	20:37:00.40	+09:18:43 (45.2%)	11:14	5.3 (54.6%)
295	ZACHARIASZ Agnieszka	3282	BIEGOWA KUŹNIA	Senior II K - 30	18	00:00:22	02:21:57	06:43:06	12:42:19	18:42:45	20:37:00.55	20:37:00.55	+09:18:44 (45.2%)	11:14	5.3 (54.6%)
296	ŻOŁDAK Magdalena	3225	#BIEGIEMWLAS	Masters K - 40	34	00:00:27	02:23:12	06:31:39	12:11:24	18:26:15	20:37:49.65	20:37:49.65	+09:19:33 (45.2%)	11:15	5.3 (54.6%)
297	DOLNY Marcin	3213	FOREST GANG	Masters M - 40	111	00:00:35	02:25:21	06:37:35	12:54:37	18:43:14	20:39:34.95	20:39:34.95	+09:21:18 (45.3%)	11:16	5.3 (54.6%)
298	KAMYSZ Robert	3339	KW KRAKÓW	Weteran I M - 50	34	00:00:14	02:13:35	06:23:24	12:19:49	18:22:26	20:39:42.55	20:39:42.55	+09:21:26 (45.3%)	11:16	5.3 (54.6%)
299	FILIPIAK Sebastian	3118	EKIPA LIPA	Masters M - 40	112	00:00:21	02:20:40	06:36:18	12:30:25	18:37:42	20:40:23.95	20:40:23.95	+09:22:07 (45.3%)	11:16	5.3 (54.6%)
300	GONERA Kazimierz	3035	KB HARCOWNIK JELCZ-LASKOWICE	Weteran II M - 60	3	00:00:30	02:27:17	07:00:18	13:09:57	18:47:34	20:41:43.75	20:41:43.75	+09:23:27 (45.4%)	11:17	5.3 (54.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
301	WALAC Jacek	3217	DOGOŃ GRODZISK MAZOWIECKI	Senior II M - 30	84	00:00:24	02:22:34	06:28:29	12:34:45	18:23:11	20:42:20.20	20:42:20.20	+09:24:03 (45.4%)	11:17	5.3 (54.6%)
302	KURKUS Aleksander	3229	DOGOŃ GRODZISK MAZOWIECKI	Weteran I M - 50	35	00:00:24	02:22:32	06:28:21	12:34:43	18:24:10	20:42:20.55	20:42:20.55	+09:24:04 (45.4%)	11:17	5.3 (54.6%)
303	KUSY Rafał	3325	PBRUN	Masters M - 40	113	00:00:32	02:11:51	06:16:41	12:45:50	18:41:22	20:43:18.80	20:43:18.80	+09:25:02 (45.4%)	11:18	5.3 (54.6%)
304	BURY Marek	3212		Weteran I M - 50	36	00:00:54	02:26:03	06:37:41	12:49:33	18:46:53	20:44:56.05	20:44:56.05	+09:26:39 (45.5%)	11:19	5.3 (54.6%)
305	TOMASZEWSKA Ewa	3039		Masters K - 40	35	00:00:31	02:24:17	06:27:25	12:38:08	18:46:25	20:45:45.55	20:45:45.55	+09:27:29 (45.6%)	11:19	5.3 (54.6%)
306	GRABCZAK Jarosław	3005		Senior II M - 30	85	00:00:31	02:22:29	06:26:30	12:37:32	18:48:25	20:45:49.80	20:45:49.80	+09:27:33 (45.6%)	11:19	5.3 (54.6%)
307	HOJCZYK Karol	3014	EXPLORADOR & WOLNE ŚLIMAKI	Masters M - 40	114	00:00:37	02:32:17	06:56:21	12:27:33	18:41:28	20:46:29.65	20:46:29.65	+09:28:13 (45.6%)	11:19	5.3 (54.6%)
308	WIJAS Mariusz	3405		Masters M - 40	115	00:00:23	02:26:50	06:47:33	12:41:57	18:43:22	20:46:45.70	20:46:45.70	+09:28:29 (45.6%)	11:20	5.3 (54.6%)
309	KWIATKOWSKA Zuzanna	3109	RNB TEAM POLANICA ZDRÓJ	Masters K - 40	36	00:00:44	02:20:37	07:00:02	12:54:01	18:59:06	20:46:48.50	20:46:48.50	+09:28:32 (45.6%)	11:20	5.3 (54.6%)
310	KUTRZYK Przemysław	3073		Masters M - 40	116	00:00:13	02:08:23	06:35:52	14:00:00	18:45:30	20:47:28.30	20:47:28.30	+09:29:11 (45.6%)	11:20	5.3 (54.6%)
311	MAGOCZY Justyna	3069		Senior II K - 30	19	00:00:15	02:33:39	06:47:35	13:11:21	18:35:52	20:50:39.70	20:50:39.70	+09:32:23 (45.8%)	11:22	5.3 (54.6%)
312	MAGOCZY Adam	3228		Senior II M - 30	86	00:00:15	02:33:32	06:47:34	13:07:34	18:34:56	20:50:40.25	20:50:40.25	+09:32:23 (45.8%)	11:22	5.3 (54.6%)
313	DRYMEL Piotr	3368		Senior II M - 30	87	00:00:39	02:33:22	06:53:56	13:00:10	18:35:59	20:53:18.20	20:53:18.20	+09:35:01 (45.9%)	11:23	5.3 (54.6%)
314	BARANIAK Beata	3136	DRUŻYNA SZPIKU	Masters K - 40	37	00:00:53	02:43:54	07:28:04	13:07:08	18:57:12	20:54:28.55	20:54:28.55	+09:36:12 (45.9%)	11:24	5.3 (54.6%)
315	WSUŁ Monia	3415		Masters K - 40	38	00:00:28	02:01:49	05:34:39	12:15:41	18:26:44	20:55:00.35	20:55:00.35	+09:36:43 (46.0%)	11:24	5.3 (54.6%)
316	JASIŃSKI Mikołaj	3469		Weteran I M - 50	37	00:00:17	02:18:32	06:34:55	12:43:18	19:02:43	21:05:33.70	21:05:33.70	+09:47:17 (46.4%)	11:30	5.2 (53.6%)
317	KOSZAREK Andrzej	3023		Weteran I M - 50	38	00:00:54	02:43:56	07:00:13	13:01:23	19:05:37	21:05:36.85	21:05:36.85	+09:47:20 (46.4%)	11:30	5.2 (53.6%)
318	STODULSKI Tomasz	3197	GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	117	00:00:38	02:17:07	06:49:47	12:50:00	18:47:25	21:06:25.05	21:06:25.05	+09:48:08 (46.4%)	11:30	5.2 (53.6%)
319	BOCHM Szymon	3182		Senior II M - 30	88	00:00:05	02:19:31	06:45:28	12:52:00	18:47:26	21:06:25.40	21:06:25.40	+09:48:08 (46.4%)	11:30	5.2 (53.6%)
320	AMANOWICZ Lukasz	3459		Masters M - 40	118	00:00:26	02:12:50	06:19:38	12:06:40	19:20:08	21:06:47.65	21:06:47.65	+09:48:31 (46.5%)	11:30	5.2 (53.6%)
321	LENART Joanna	3111	ZADYSZKA OŚWIĘCIM	Weteran K - 50	4	00:00:08	02:09:05	06:06:48	13:08:39	19:03:37	21:08:27.15	21:08:27.15	+09:50:10 (46.5%)	11:31	5.2 (53.6%)
322	KADECKI Marek	3272		Masters M - 40	119	00:00:13	02:24:37	06:52:28	12:52:10	18:58:18	21:08:40.45	21:08:40.45	+09:50:23 (46.5%)	11:32	5.2 (53.6%)
323	DOLSKI Marcin	3115		Senior II M - 30	89	00:00:52	02:31:42	06:51:32	13:02:26	19:16:22	21:09:09.95	21:09:09.95	+09:50:53 (46.6%)	11:32	5.2 (53.6%)
324	FRYBES Agnieszka	3079		Senior II K - 30	20	00:00:40	02:25:53	07:01:55	14:27:16	19:34:56	21:14:39.65	21:14:39.65	+09:56:23 (46.8%)	11:35	5.2 (53.6%)
325	KUNERT Krzysztof	3358		Masters M - 40	120	00:00:09	02:16:33	06:31:20	12:50:32	18:56:11	21:15:25.50	21:15:25.50	+09:57:09 (46.8%)	11:35	5.2 (53.6%)
326	ZIENIEWICZ Wojciech	3221		Masters M - 40	121	00:00:04	02:03:40	06:14:09	12:47:54	19:13:16	21:16:57.70	21:16:57.70	+09:58:41 (46.9%)	11:36	5.2 (53.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto					Czas brutto		Różn	Tempo min/km	Tempo km/h
						A8 0.01km	A9 15km	A11 40km	A13 70km	A15 98km	110km	110km			
327	SKOCZYLAS Piotr	3104	ENDURANCE TEAM	Masters M - 40	122	00:00:54	02:19:30	06:44:54	12:58:05	19:11:17	21:18:23.45	21:18:23.45	+10:00:06 (46.9%)	11:37	5.2 (53.6%)
328	STEFAŃSKI Marcin	3075		Senior II M - 30	90	00:00:38	02:26:31	06:58:34	13:05:36	19:22:00	21:26:00.85	21:26:00.85	+10:07:44 (47.3%)	11:41	5.1 (52.6%)
329	WICIAK Ziemowit	3185	AKTYWNI KOCIEWIACY	Weteran I M - 50	39	00:00:48	02:31:26	07:23:51	13:26:35	19:12:00	21:26:36.15	21:26:36.15	+10:08:19 (47.3%)	11:41	5.1 (52.6%)
329	KACZYŃSKI Janusz	3183	AKTYWNI KOCIEWIACY	Weteran II M - 60	4	00:00:48	02:31:28	07:24:06	13:26:34	19:12:01	21:26:36.15	21:26:36.15	+10:08:19 (47.3%)	11:41	5.1 (52.6%)
331	KROLS Hilde	3406	HAMOK	Weteran K - 50	5	00:00:39	02:23:44	07:03:30	13:24:04	19:23:48	21:27:08.90	21:27:08.90	+10:08:52 (47.3%)	11:42	5.1 (52.6%)
332	MICHAŁOWSKI Tomasz	3304		Masters M - 40	123	00:00:29	02:13:26	06:33:34	13:47:44	19:24:43	21:28:17.90	21:28:17.90	+10:10:01 (47.4%)	11:42	5.1 (52.6%)
333	PACZUSZKA Anna	3220	KLUB BIEGACZA WARTA	Senior II K - 30	21	00:00:20	02:11:58	06:57:40	13:23:18	19:25:45	21:29:03.95	21:29:03.95	+10:10:47 (47.4%)	11:43	5.1 (52.6%)
334	GRABOWY Mateusz	3169	NADAKTYWNI NOWE MIASTECZKO	Senior II M - 30	91	00:00:45	02:21:51	06:23:23	13:41:35	19:35:16	21:37:28.05	21:37:28.05	+10:19:11 (47.7%)	11:47	5.1 (52.6%)
335	CIOSEK Beata	3329	AUGUSTEAM	Weteran K - 50	6	00:00:37	02:19:21	06:27:27	12:56:18	18:48:46	21:38:32.10	21:38:32.10	+10:20:15 (47.8%)	11:48	5.1 (52.6%)
336	MURCHA Paweł	3328	AUGUSTEAM	Masters M - 40	124	00:00:38	02:19:19	06:27:28	12:39:26	18:47:38	21:38:32.35	21:38:32.35	+10:20:15 (47.8%)	11:48	5.1 (52.6%)
337	KILIAN Mariusz	3463		Weteran I M - 50	40	00:00:48	02:13:58	06:21:52	12:36:03	19:20:20	21:38:54.65	21:38:54.65	+10:20:38 (47.8%)	11:48	5.1 (52.6%)
338	JAKÓBCZYK Ewelina	3454		Senior II K - 30	22	00:00:51	02:16:03	06:37:15	12:24:14	19:26:07	21:48:06.95	21:48:06.95	+10:29:50 (48.1%)	11:53	5 (51.5%)
338	PIKUŁA Sebastain	3470		Masters M - 40	125	00:00:51	02:16:02	06:37:16	12:24:14	19:26:06	21:48:06.95	21:48:06.95	+10:29:50 (48.1%)	11:53	5 (51.5%)
340	HALINIAK Marek	3064	NKB CHYŻY NOWY TOMYŚL	Masters M - 40	126	00:00:34	02:25:11	07:08:53	13:12:58	19:56:05	21:51:53.35	21:51:53.35	+10:33:36 (48.3%)	11:55	5 (51.5%)
341	DARSKI Rafał	3083	RECAMIERE	Weteran I M - 50	41	00:00:11	02:08:57	06:32:34	13:29:08	19:56:05	21:51:53.65	21:51:53.65	+10:33:37 (48.3%)	11:55	5 (51.5%)
342	OWCZARZAK Tomasz	3276	OWCE NA WYPASIE	Senior II M - 30	92	00:00:35	02:25:56	07:03:29	13:14:27	19:35:32	21:56:45.80	21:56:45.80	+10:38:29 (48.5%)	11:58	5 (51.5%)
343	OWCZARZAK Katarzyna	3277	OWCE NA WYPASIE	Senior II K - 30	23	00:00:35	02:25:58	07:03:28	13:14:27	19:35:32	21:56:46.00	21:56:46.00	+10:38:29 (48.5%)	11:58	5 (51.5%)
344	ŚWIĄTEK Arkadiusz	3419		Senior II M - 30	93	00:00:24	02:15:10	06:19:44	13:32:49	19:44:19	21:58:02.15	21:58:02.15	+10:39:45 (48.5%)	11:58	5 (51.5%)
345	ŁYCZKOWSKI Łukasz	3420		Senior II M - 30	94	00:00:24	02:15:25	06:53:27	13:09:46	19:44:28	21:58:12.55	21:58:12.55	+10:39:56 (48.5%)	11:59	5 (51.5%)
346	PLASZCZYK Bartłomiej	3464		Senior II M - 30	95	00:00:32	02:26:23	07:06:26	13:21:50	19:39:37	21:58:14.95	21:58:14.95	+10:39:58 (48.5%)	11:59	5 (51.5%)
347	SAMBORSKI Daniel	3020	KBKS RADOMSKO	Masters M - 40	127	00:00:32	02:24:36	06:36:03	12:37:28	19:28:36	22:06:38.15	22:06:38.15	+10:48:21 (48.9%)	12:03	5 (51.5%)
348	SAMBORSKA Monika	3027	KBKS RADOMSKO	Masters K - 40	39	00:00:32	02:24:37	06:36:05	12:38:00	19:28:35	22:06:38.20	22:06:38.20	+10:48:21 (48.9%)	12:03	5 (51.5%)
349	ROGUT Katarzyna	3382	AGB TORFY	Weteran K - 50	7	00:00:41	02:34:58	07:25:16	13:42:33	19:59:35	22:12:39.85	22:12:39.85	+10:54:23 (49.1%)	12:06	5 (51.5%)
349	ZIMINSKA Joanna	3384	HAPPYRUNNERS	Weteran K - 50	7	00:00:41	02:34:56	07:25:16		19:59:45	22:12:39.85	22:12:39.85	+10:54:23 (49.1%)	12:06	5 (51.5%)
351	KOPKA Elżbieta	3381		Masters K - 40	40	00:00:41	02:34:55	07:25:15	13:42:41	20:00:13	22:12:40.15	22:12:40.15	+10:54:23 (49.1%)	12:06	5 (51.5%)
352	KOPKA Tomasz	3397		Weteran I M - 50	42	00:00:43	02:34:39	07:25:14	13:42:45	20:00:47	22:12:40.45	22:12:40.45	+10:54:23 (49.1%)	12:06	5 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
353	BĘDŹKOWSKI Marek	3456	GÓRAL Z MAZUR RUNNING TEAM - SIWY ULTRA MORS	Weteran I M - 50	43	00:00:12	02:31:13	07:22:28	13:42:51	19:35:12	22:22:45.25	22:22:45.25	+11:04:28 (49.5%)	12:12	4.9 (50.5%)
354	HORAK Lesław	3371	KRYZYS WIEKU ŚREDNIEGO	Masters M - 40	128	00:00:41	02:32:58	07:19:50	14:03:47	20:18:07	22:28:33.35	22:28:33.35	+11:10:16 (49.7%)	12:15	4.9 (50.5%)
355	PIEKAROWICZ Magdalena	3357		Weteran K - 50	9	00:00:27	02:33:00	07:27:50	14:03:48	20:13:48	22:29:43.95	22:29:43.95	+11:11:27 (49.7%)	12:16	4.9 (50.5%)
356	SZEWCZYK Mariusz	3222		Weteran I M - 50	44	00:00:51	02:40:47	07:38:13	14:08:30	20:34:18	22:29:59.85	22:29:59.85	+11:11:43 (49.8%)	12:16	4.9 (50.5%)
357	KLUZA-HOWIL Lila	3153	BIEGOWE KAIZEN	Masters K - 40	41	00:00:34	02:25:59	07:21:36	13:52:12	20:02:00	22:30:53.65	22:30:53.65	+11:12:37 (49.8%)	12:16	4.9 (50.5%)
358	HOWIL Waldemar	3152	BIEGOWE KAIZEN	Masters M - 40	129	00:00:35	02:25:57	07:21:36	13:52:16	20:02:02	22:30:54.95	22:30:54.95	+11:12:38 (49.8%)	12:16	4.9 (50.5%)
359	KOPYRA Tomasz	3058	#BIEGAMWOLNOALEDOKŁADNIE	Masters M - 40	130	00:00:52	02:21:43	06:30:38	13:17:22	19:47:59	22:31:07.10	22:31:07.10	+11:12:50 (49.8%)	12:16	4.9 (50.5%)
360	LEWICKA Bożena	3168	GONIMY	Weteran II K - 60	1	00:00:36	02:43:53	07:33:59	13:51:26	20:08:41	22:32:02.20	22:32:02.20	+11:13:45 (49.8%)	12:17	4.9 (50.5%)
361	MATYSZKOWICZ Janusz	3071	GONIMY	Weteran II M - 60	5	00:00:36	02:43:52	07:34:00	13:51:26	20:08:02	22:32:03.15	22:32:03.15	+11:13:46 (49.8%)	12:17	4.9 (50.5%)
362	RZESZOT Łukasz	3379	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ.	Senior II M - 30	96	00:00:39	02:26:33	06:20:29	13:39:24	20:54:03	22:35:05.20	22:35:05.20	+11:16:48 (49.9%)	12:19	4.9 (50.5%)
363	HACZKIEWICZ Bartosz	3447	HOLIMO	Senior II M - 30	97	00:00:09	02:35:33	07:28:42	13:43:08	20:04:05	22:35:34.95	22:35:34.95	+11:17:18 (50.0%)	12:19	4.9 (50.5%)
364	BEDNARSKA Kaśka	3380	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	Masters K - 40	42	00:00:39	02:30:02	06:43:01	13:39:22	20:54:03	22:38:28.30	22:38:28.30	+11:20:11 (50.1%)	12:20	4.9 (50.5%)
365	SZURKOWSKI Michał	3410	GRUNWALD TEAM POZNAŃ	Senior II M - 30	98	00:00:40	02:25:49	07:01:57	14:27:16	20:43:04	22:50:57.75	22:50:57.75	+11:32:41 (50.5%)	12:27	4.8 (49.5%)
366	ŻOŁYNIAK Szymon	3036		Masters M - 40	131	00:00:10	02:15:51	06:31:00	13:05:34	20:08:14	22:51:01.15	22:51:01.15	+11:32:44 (50.5%)	12:27	4.8 (49.5%)
367	ŁASKAWSKA Justyna	3434		Masters K - 40	43	00:00:10	02:15:53	06:31:01	13:05:33	20:08:05	22:51:12.15	22:51:12.15	+11:32:55 (50.5%)	12:27	4.8 (49.5%)
368	CUPIAŁ Dariusz	3204	W POGONI ZA DUCHEM	Weteran I M - 50	45	00:00:55	02:20:30	07:13:29	13:59:04	20:40:15	23:04:34.05	23:04:34.05	+11:46:17 (51.0%)	12:35	4.8 (49.5%)
369	ŻABA Jacek	3137		Weteran I M - 50	46	00:00:33	02:31:50	07:26:20	13:44:22	20:35:28	23:11:49.05	23:11:49.05	+11:53:32 (51.3%)	12:39	4.7 (48.5%)
370	OLECHNOWICZ Magda	3138	BBL GORZÓW	Masters K - 40	44	00:00:33	02:31:53	07:26:17	13:44:31	20:35:29	23:11:49.45	23:11:49.45	+11:53:32 (51.3%)	12:39	4.7 (48.5%)
371	LUBIŃSKI Mikołaj	3086	BIEGAM BO NIE LUBIE...	Senior II M - 30	99	00:00:26	02:08:11	06:03:05	12:59:53	20:27:39	23:16:02.25	23:16:02.25	+11:57:45 (51.4%)	12:41	4.7 (48.5%)
372	ADAMSKI Lukasz	3284	CAFFE DEL SUD/BIEGAM BO NIE LUBIE	Senior II M - 30	100	00:00:26	02:08:09	06:03:03	12:59:55	20:27:41	23:16:02.60	23:16:02.60	+11:57:46 (51.4%)	12:41	4.7 (48.5%)
373	MYRCIK Pawel	3334		Senior II M - 30	101	00:00:47	02:56:03	08:27:28	15:12:15	21:11:16	23:16:09.15	23:16:09.15	+11:57:52 (51.4%)	12:41	4.7 (48.5%)
374	SURDAKCI Jerzy	3107	DRUŻYNA SZPIKU	Weteran I M - 50	47	00:00:53	02:38:50	07:31:49	14:25:21	21:13:18	23:17:48.80	23:17:48.80	+11:59:32 (51.5%)	12:42	4.7 (48.5%)
375	STRZELEC Tomasz	3208	KB HERMES GRYFINO	Masters M - 40	132	00:00:53	02:38:46	07:32:18	14:25:23	21:13:21	23:17:52.90	23:17:52.90	+11:59:36 (51.5%)	12:42	4.7 (48.5%)
376	FUNKA Andrzej	3046	NKB CHYŻY	Weteran II M - 60	6	00:00:33	02:42:01	07:44:17	14:38:41	20:56:20	23:18:17.55	23:18:17.55	+12:00:01 (51.5%)	12:42	4.7 (48.5%)
377	KAMIŃSKI Tonasz	3050		Masters M - 40	133	00:00:17	02:30:00	07:47:53	14:38:43	20:54:29	23:18:17.90	23:18:17.90	+12:00:01 (51.5%)	12:42	4.7 (48.5%)
378	RESPONDEK Dariusz	3170		Masters M - 40	134	00:00:39	02:20:43	06:54:43	14:13:47	21:08:37	23:18:51.15	23:18:51.15	+12:00:34 (51.5%)	12:43	4.7 (48.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.01km	15km	40km	70km	98km	110km	110km			
379	RUSINEK Piotrek	3240		Senior II M - 30	102	00:00:47	02:26:21	07:13:30	14:37:20	21:12:29	23:19:32.10	23:19:32.10	+12:01:15 (51.5%)	12:43	4.7 (48.5%)
380	GAWORECKI Sławomir	3116	KLUB SPORTOWY HUSARIA SZCZECINEK	Masters M - 40	135	00:00:23	02:26:33	07:23:17	14:52:03	21:12:30	23:20:16.15	23:20:16.15	+12:01:59 (51.6%)	12:43	4.7 (48.5%)
381	GRAFENDER Michał	3203		Masters M - 40	136	00:00:37	02:31:46	07:32:31	14:54:38	20:58:11	23:20:59.60	23:20:59.60	+12:02:43 (51.6%)	12:44	4.7 (48.5%)
382	TUREK Paweł	3028		Weteran I M - 50	48	00:00:48	02:39:11	07:31:03	14:37:13	20:48:33	23:21:10.90	23:21:10.90	+12:02:54 (51.6%)	12:44	4.7 (48.5%)
383	PRZYBYŁA Adam	3292	WOLFMOTO TEAM	Masters M - 40	137	00:00:44	02:27:18	07:11:54	13:42:56	20:50:18	23:22:43.45	23:22:43.45	+12:04:26 (51.6%)	12:45	4.7 (48.5%)
384	POPCZYK Magdalena	3021	BIEGOWA KUŹNIA	Senior II K - 30	24	00:00:22	02:51:51	08:02:34	14:53:41	21:10:06	23:30:07.60	23:30:07.60	+12:11:51 (51.9%)	12:49	4.7 (48.5%)
385	POŚPIECH Anna	3462	BIEGOWA KUŹNIA	Senior II K - 30	25	00:00:21	02:51:54	08:02:35	14:53:41		23:30:07.70	23:30:07.70	+12:11:51 (51.9%)	12:49	4.7 (48.5%)
386	BIAŁEK Mirosław	3085	WRONIECKI KLUB BIEGACZA / PANDA TEAM	Senior II M - 30	103	00:00:18	02:16:44	06:44:53	13:10:30	20:46:42	23:32:22.15	23:32:22.15	+12:14:05 (52.0%)	12:50	4.7 (48.5%)
387	HOFFMANN Mariusz	3254	WRONIECKI KLUB BIEGACZA	Weteran I M - 50	49	00:00:17	02:16:46	06:44:55	13:10:31	20:46:51	23:32:22.55	23:32:22.55	+12:14:06 (52.0%)	12:50	4.7 (48.5%)
388	KRUPA Daniel	3200		Masters M - 40	138	00:00:36	02:45:52	07:37:50	14:20:45	21:16:14	23:39:30.50	23:39:30.50	+12:21:14 (52.2%)	12:54	4.6 (47.4%)
389	RADOŻYCKI Radek	3201		Masters M - 40	139	00:00:37	02:45:53	07:37:48	14:20:44	21:16:17	23:39:37.75	23:39:37.75	+12:21:21 (52.2%)	12:54	4.6 (47.4%)
390	DOMINIAK-LESZCZYŃSKA Elżbieta	3422	LASY WAWERSKIE	Weteran II K - 60	2	00:00:28	03:12:20	08:47:33	15:38:35	21:26:53	23:49:29.20	23:49:29.20	+12:31:12 (52.6%)	12:59	4.6 (47.4%)
391	WIŚNIEWSKI Sławomir	3285	KS LENIWIEC	Senior II M - 30	104	00:00:28	02:53:05	07:54:36	15:08:26	21:47:57	24:06:10.80	24:06:10.80	+12:47:54 (53.1%)	13:08	4.6 (47.4%)
392	MRÓWCZYŃSKI Tomasz	3207		Masters M - 40	140	00:00:57	02:26:10	06:38:12	13:32:51	21:01:22	24:12:21.65	24:12:21.65	+12:54:05 (53.3%)	13:12	4.5 (46.4%)
393	KURENDA Radosław	3265	KLUB BIEGACZA RTVEUROAGD	Senior II M - 30	105	00:00:28	02:14:42	06:35:11	13:32:42	21:02:51	24:12:22.95	24:12:22.95	+12:54:06 (53.3%)	13:12	4.5 (46.4%)
394	MALIGA Katarzyna	3006		Masters K - 40	45	00:00:41	02:39:15	07:31:05	15:06:34	21:51:20	24:14:21.05	24:14:21.05	+12:56:04 (53.4%)	13:13	4.5 (46.4%)
395	KOPCZYŃSKA Marta	3181	BIEGAJĄCE KREJZOLE	Senior II K - 30	26	00:00:54	02:36:09	07:06:27	13:28:22	21:21:28	24:30:12.05	24:30:12.05	+13:11:55 (53.9%)	13:21	4.5 (46.4%)
396	SZMANIA Jakub	3179	HKT AZYMUT	Masters M - 40	141	00:01:20	02:31:08	06:56:51	14:23:29	21:21:30	24:30:13.80	24:30:13.80	+13:11:57 (53.9%)	13:21	4.5 (46.4%)
397	KUCHMECKI Maciej	3189		Senior II M - 30	106	00:00:55	02:24:26	07:05:56	13:22:28	21:21:19	24:30:13.95	24:30:13.95	+13:11:57 (53.9%)	13:21	4.5 (46.4%)
398	KANDORA Piotr	3253	MIECHOWICKA GRUPA BIEGOWA	Weteran I M - 50	50	00:00:35	02:32:11	07:23:50	14:19:59	21:51:17	24:31:41.90	24:31:41.90	+13:13:25 (53.9%)	13:22	4.5 (46.4%)
399	KANDORA Joanna	3252	MIECHOWICKA GRUPA BIEGOWA	Masters K - 40	46	00:00:35	02:32:13	07:23:49	14:19:59	21:51:16	24:31:42.15	24:31:42.15	+13:13:25 (53.9%)	13:22	4.5 (46.4%)
400	DZIERGWA Agnieszka	3354	PRZEDWOJEWSKI TEAM	Senior II K - 30	27	00:00:30	02:34:33	08:03:06	15:37:20	22:15:01	24:38:55.65	24:38:55.65	+13:20:39 (54.1%)	13:26	4.5 (46.4%)
401	IWAŃCZUK Zbigniew	3062		Weteran I M - 50	51	00:00:49	02:29:15	07:53:32	15:22:55	22:29:39	24:39:47.50	24:39:47.50	+13:21:31 (54.2%)	13:27	4.5 (46.4%)
402	ZAMOJSKA Iwona	3216	MIECHOWICKA GRUPA BUEGOWA	Masters K - 40	47	00:00:35	02:34:21	07:47:53	15:27:55	22:14:44	24:44:31.20	24:44:31.20	+13:26:14 (54.3%)	13:29	4.4 (45.4%)
403	DOWNAR-ZAPOLSKA Laura	3003	@MD_RUN	Senior I K - 20	1	00:00:29	02:34:32	08:03:10	15:37:22	22:18:02	24:48:23.25	24:48:23.25	+13:30:06 (54.4%)	13:31	4.4 (45.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto					Czas brutto		Różn	Tempo min/km	Tempo km/h
						A8 0.01km	A9 15km	A11 40km	A13 70km	A15 98km	110km	110km			
404	DOWNAR-ZAPOLSKA Rita	3001	@MD_RUN	Masters K - 40	48	00:00:31	02:34:38	08:03:11	15:37:30	22:18:06	24:48:23.55	24:48:23.55	+13:30:07 (54.4%)	13:31	4.4 (45.4%)
405	DOWNAR-ZAPOLSKI Bolesław	3002		Weteran I M - 50	52	00:00:30	02:34:34	08:03:08	15:37:24	22:18:08	24:48:25.75	24:48:25.75	+13:30:09 (54.4%)	13:31	4.4 (45.4%)
406	CZECHOSKA Magdalena	3230	64 BATALION LEKKIEJ PIECHOTY	Masters K - 40	49	00:00:44	02:35:30	07:28:35	14:54:45	22:29:17	25:06:18.65	25:06:18.65	+13:48:02 (55.0%)	13:41	4.4 (45.4%)
407	KOBLAŃSKI Tomasz	3022		Masters M - 40	142	00:00:51	02:23:16	07:00:33	15:49:01	22:44:18	25:11:40.70	25:11:40.70	+13:53:24 (55.1%)	13:44	4.4 (45.4%)
408	BEDNARSKA-KOZIOŁ Danuta	3052	NIENAWIDZĘ BUBICZA	Masters K - 40	50	00:00:50	02:59:27	08:53:39	16:39:43	22:50:08	25:11:48.35	25:11:48.35	+13:53:31 (55.1%)	13:44	4.4 (45.4%)
409	GNIELKA Dawid	3372	ZAMKOWIEC TOSZEK	Senior I M - 20	14	00:00:59	02:43:59	07:50:19	15:51:39	22:49:21	25:15:48.90	25:15:48.90	+13:57:32 (55.3%)	13:46	4.4 (45.4%)
410	WALCZAK-WOJTKOWSKA Iwona	3317		Weteran II K - 60	3	00:00:29	03:13:54	08:54:53	16:17:13	22:42:23	25:16:07.55	25:16:07.55	+13:57:51 (55.3%)	13:46	4.4 (45.4%)
411	PIGŁA Michał	3303	SPORTOWY KAŻMIERZ	Masters M - 40	143	00:00:50	02:35:18	07:24:33	14:21:52	22:27:39	25:16:52.55	25:16:52.55	+13:58:36 (55.3%)	13:47	4.4 (45.4%)
412	OWCZARCZAK Monika	3305	SPORTOWY KAŻMIERZ	Senior II K - 30	28	00:00:49	02:35:27	07:24:32	14:22:08	22:27:38	25:16:56.65	25:16:56.65	+13:58:40 (55.3%)	13:47	4.4 (45.4%)
413	KAŻMIERCZAK Aleksandra	3199	SKORUPA TEAM	Masters K - 40	51	00:00:45	03:12:24	09:26:29	17:55:26	23:29:36	25:20:06.45	25:20:06.45	+14:01:49 (55.4%)	13:49	4.3 (44.3%)
414	SCHLAPPA Sebastian	3215	IZBICKO W BIEGU	Masters M - 40	144	00:00:29	02:35:48	07:28:38	15:17:55	22:58:47	25:20:40.10	25:20:40.10	+14:02:23 (55.4%)	13:49	4.3 (44.3%)
415	SYPNIEWSKA Hanna	3218	SPARTANIE DZIECIOM/ FESTIWAL BIEGOWY ULTRAWAY	Weteran II K - 60	4	00:00:45	03:12:44	10:02:12	16:51:38	23:27:35	25:27:27.95	25:27:27.95	+14:09:11 (55.6%)	13:53	4.3 (44.3%)
416	OBARSKA Małgorzata	3124		Weteran II K - 60	5	00:00:43	02:56:06	08:27:25	15:51:48	23:07:49	25:38:59.35	25:38:59.35	+14:20:42 (55.9%)	13:59	4.3 (44.3%)
417	OBARSKI Norbert	3125		Weteran II M - 60	7	00:00:43	02:55:35	08:27:26	15:51:38	23:07:47	25:38:59.65	25:38:59.65	+14:20:43 (55.9%)	13:59	4.3 (44.3%)
418	ROSÓŁ Roman	3013	WYBIEGAĆ MARZENIA TEAM	Weteran I M - 50	53	00:00:19	02:36:25	07:47:50	16:39:42	23:30:29	25:48:04.15	25:48:04.15	+14:29:47 (56.2%)	14:04	4.3 (44.3%)
419	NIZIOŁ Marian	3289		Weteran II M - 60	8	00:00:42	03:28:31	09:54:58	17:21:54	23:36:02	25:48:18.50	25:48:18.50	+14:30:02 (56.2%)	14:04	4.3 (44.3%)
	ŁOPATYŃSKI Ireneusz	3286	REMA SPORT TEAM	Weteran I M - 50		00:00:26 DNF	01:40:22 DNF	04:19:10 DNF	08:37:35 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PENIOWICZ Justyna	3224	ASICS FRONTRUNNER POLAND	Senior II K - 30		00:00:14 DNF	01:51:27 DNF	04:41:57 DNF	08:56:32 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PTASZYŃSKI Wojciech	3428		Masters M - 40		00:00:19 DNF	01:40:24 DNF	04:31:54 DNF	09:40:09 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WAGNER Krystian	3383		Senior I M - 20		00:00:17 DNF	01:58:29 DNF	05:20:26 DNF	10:31:19 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MIRSKI Jerzy	3268	WATAHA	Senior I M - 20		00:00:42 DNF	02:09:11 DNF	05:49:37 DNF	11:24:41 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	POŁCZYŃSKI Paweł	3037	STALOWA ŁYDA	Senior II M - 30		00:00:52 DNF	02:10:24 DNF	05:52:55 DNF	11:30:19 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KOWAL Sebastian	3301		Senior I M - 20		00:00:14 DNF	01:53:58 DNF	05:25:12 DNF	11:33:16 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	CHROMIEC Mateusz	3300	MEGA BOYS	Senior II M - 30		00:00:15 DNF	01:55:42 DNF	05:40:49 DNF	11:46:14 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	NOWACKI Adam	3443	STG WARSZAWA	Senior I M - 20		00:00:23 DNF	01:59:47 DNF	05:43:37 DNF	11:56:03 DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8	A9	A11	A13	A15	Czas netto	Czas brutto	Różn	Tempo	Tempo	
						0.01km	15km	40km	70km	98km	110km	110km		min/km	km/h	
	DYCKOWSKI Andrzej	3360	KLUB SPORTOWY HUSARIA SZCZECINEK	Masters M - 40		00:00:24 DNF	02:20:48 DNF	06:43:05 DNF	12:52:27 DNF	DNF	DNF	DNF		-	-	(0.0%)
	WITLICKI Kacper	3025	KROŚNIEŃSKIE WYDARZENIA	Senior I M - 20		00:00:28 DNF	02:18:01 DNF	06:35:36 DNF	13:00:11 DNF	DNF	DNF	DNF		-	-	(0.0%)
	KOZŁOWSKI Piotr	3112	KLUB SPORTOWY HUSARIA SZCZECINEK	Masters M - 40		00:00:23 DNF	02:29:36 DNF	07:23:18 DNF	14:52:02 DNF	DNF	DNF	DNF		-	-	(0.0%)
	SUŁEK Aldona	3471	KLUB ZOELLER TECH	Masters K - 40		00:00:18 DNF	02:26:23 DNF	07:33:41 DNF	14:54:38 DNF	DNF	DNF	DNF		-	-	(0.0%)
	SZUMLAS Marcin	3352	ULTRA WAY TEAM	Masters M - 40		00:00:45 DNF	02:35:28 DNF	07:34:01 DNF	14:54:47 DNF	DNF	DNF	DNF		-	-	(0.0%)
	POSYNIAK Anna	3449	NIENAWIDZĘ BUBICZA	Masters K - 40		00:00:50 DNF	02:59:29 DNF	08:53:41 DNF	17:55:26 DNF	DNF	DNF	DNF		-	-	(0.0%)
	KŁOS Aneta	3359		Masters K - 40		00:00:45 DNF	03:12:29 DNF	09:26:31 DNF	17:55:37 DNF	DNF	DNF	DNF		-	-	(0.0%)
	WAŚKO Paweł	3082	CENTRUM MASAŻU	Masters M - 40		00:00:01 DNF	01:27:07 DNF	04:23:01 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	GAWLIK Sławek	3366	DYNAFIT POLARSPORT.PL	Senior II M - 30		00:00:01 DNF	01:27:18 DNF	04:23:58 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	BANAŚ Radosław	3355	IZERY BOGATYNIA	Masters M - 40		00:00:11 DNF	01:40:00 DNF	04:29:43 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	ZBORUCKI Jan	3068	PRZEDWOJEWSKI TEAM	Senior II M - 30		00:00:04 DNF	01:39:39 DNF	04:43:54 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	RŹIČKA Lukáš	3385	RUNSPORT TEAM	Senior II M - 30		00:00:18 DNF	01:51:55 DNF	05:03:28 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	STRUK Agnieszka	3066	W POGONI ZA DUCHEM	Senior II K - 30		00:00:05 DNF	02:01:29 DNF	05:29:31 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	JAKIMIEC Tadeusz	3423	KLUB SPORTOWY HUSARIA SZCZECINEK	Weteran I M - 50		00:00:05 DNF	01:51:00 DNF	05:37:09 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	MISZTAL Tomasz	3150	WIELISZEW HERON TEAM	Senior II M - 30		00:00:05 DNF	01:46:56 DNF	05:43:01 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	WALKOWIAK Jacek	3484	SPORT2002.PL	Weteran I M - 50		00:00:11 DNF	02:04:54 DNF	05:59:01 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	WÓJCIK Artur	3250	W POGONI ZA DUCHEM	Masters M - 40		00:00:06 DNF	01:58:23 DNF	06:09:10 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	WIERZBICKI Mateusz	3472		Senior II M - 30		00:00:25 DNF	02:02:00 DNF	06:09:37 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	GRUNDKOWSKI Oskar	3089		Senior I M - 20		00:00:04 DNF	02:00:34 DNF	06:24:43 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	BARTKIEWICZ Lech	3117		Masters M - 40		00:00:12 DNF	02:09:01 DNF	07:02:23 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	KULA Sebastian	3148		Masters M - 40		00:00:45 DNF	02:25:56 DNF	07:19:53 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	KRAJEWSKA-KŁODA Katarzyna	3092	DRUŻYNA SZPIKU	Masters K - 40		00:00:53 DNF	02:43:55 DNF	07:28:04 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	KOCHOWICZ Filip	3007	WLKP MOUNTAINS ULTRA	Senior II M - 30		00:00:36 DNF	02:31:44 DNF	07:32:32 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	BUBEL Sebastian	3333		Masters M - 40		00:00:47 DNF	02:56:08 DNF	08:54:55 DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	JAZY Szymon	3234		Senior II M - 30		00:00:29 DNF	02:30:17 DNF	DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)
	PIOTROWSKI Karol	3161	ŁOCHOWO I OKOLICE BIEGAJĄ	Senior II M - 30		00:00:25 DNF	02:30:41 DNF	DNF	DNF	DNF	DNF	DNF		-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A8 0.01km	A9 15km	A11 40km	A13 70km	A15 98km	Czas netto 110km	Czas brutto 110km	Różn	Tempo min/km	Tempo km/h
	KRANZ Grzegorz	3390		Weteran I M - 50		00:00:53 DNF	02:31:59 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BĄDZIUL Dorota	3482		Senior II K - 30		00:00:48 DNF	03:05:37 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	TEJWAN Leszek	3452	STG WARSZAWA	Masters M - 40		00:00:23 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MIAZEK Łukasz	3067		Masters M - 40		00:00:35 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 458 wynik(ów)