



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2024-07-18
Lądek-Zdrój
110 km

BIEG K-B-L - 110 KM

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km	Czas netto 110km	Czas brutto 110km	Różn	Tempo min/km	Tempo km/h
1	MASIAREK Maciej	3378	KB SOBÓTKA	Senior II M - 30	1	01:24:05	03:23:28	05:19:43							5:14	11.4 (100%)
2	JUREK Michał	3452	MILMET / SALOMON / SUUNTO	Masters M - 40	1	01:24:06	03:26:12	05:25:33						+00:05:50	5:20	11.2 (98.2%)
3	TABACH Richard	3183	SPORTOVNA	Senior I M - 20	1	01:22:24	03:25:12	05:36:03						+00:16:20	5:30	10.9 (95.6%)
4	MRAZEK Jan	3301		Masters M - 40	2	01:25:28	03:38:13	06:06:21						+00:46:38	6:00	10 (87.7%)
5	ADLER Łukasz	3379	LESZ NO LIMITS RUNNERS	Senior II M - 30	2	01:34:02	04:00:29	06:20:46						+01:01:04	6:14	9.6 (84.2%)
6	SOWA Łukasz	3114		Masters M - 40	3	01:30:59	03:56:59							+00:33:31	5:55	10.1 (88.6%)
7	KOCOUREK Martin	3444	RUNCAT	Masters M - 40	4	01:30:31	04:04:54							+00:41:27	6:07	9.8 (86.0%)
8	TRĄMPCZYŃSKI Jakub	3296	AW - SZYBCIEJ - TEAM	Senior II M - 30	3	01:41:02	04:07:33							+00:44:05	6:11	9.7 (85.1%)
9	ŻUREK Jakub	3424	PRZYSPIESZ TEAM	Senior I M - 20	2	01:30:21	04:08:32							+00:45:04	6:12	9.7 (85.1%)
10	TRUSZKOWSKI Damian	3439		Senior II M - 30	4	01:36:47	04:10:55							+00:47:27	6:16	9.6 (84.2%)
11	SKOWRON Sebastian	3252		Masters M - 40	5	01:40:49	04:12:55							+00:49:40	6:19	9.5 (83.3%)
12	ZIELIŃSKI Mateusz	3305		Senior II M - 30	5	01:39:27	04:15:25							+00:51:59	6:23	9.4 (82.5%)
13	RINK Jan	3254		Masters M - 40	6	01:41:58	04:15:58							+00:52:37	6:23	9.4 (82.5%)
14	SKRZYPEK Maciej	3049	RUN WITH WNPID	Senior I M - 20	3	01:39:24	04:16:06							+00:52:41	6:24	9.4 (82.5%)
15	BIAŁEK Paweł	3215	GVT	Senior II M - 30	6	01:40:10	04:18:24							+00:54:56	6:27	9.3 (81.6%)
16	STAIN Andrei	3376		Senior II M - 30	7	01:36:48	04:18:32							+00:55:07	6:27	9.3 (81.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Tempo min/km	Tempo km/h		
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km			netto 110km	brutto 110km
17	ŚWIĄTEK Paweł	3303	HRW	Masters M - 40	7	01:39:35	04:21:16						+00:57:54	6:31	9.2 (80.7%)
18	KOCZOROWSKI Jakub	3388		Senior II M - 30	8	01:48:28	04:29:06						+01:05:48	6:43	8.9 (78.1%)
19	CZARNECKI Marcin	3394	MARKOWI BIEGACZE	Senior II M - 30	9	01:41:22	04:29:13						+01:05:54	6:43	8.9 (78.1%)
20	GORCZYŃSKI Norbert	3392	KUDOWIANKA RUN	Senior I M - 20	4	01:45:19	04:29:30						+01:06:15	6:44	8.9 (78.1%)
21	CZUWAJ Andrzej	3381		Masters M - 40	8	01:46:45	04:31:57						+01:08:50	6:47	8.8 (77.2%)
22	RODEWALD Mateusz	3319		Senior II M - 30	10	01:42:03	04:32:16						+01:08:48	6:48	8.8 (77.2%)
23	MALEC Artur	3204	TRAIL IS OUR WAY	Masters M - 40	9	01:44:53	04:32:16						+01:08:48	6:48	8.8 (77.2%)
24	DYMEK Gniewomir	3437	OBORNICKI KLUB LEKKOATLETYCZNY	Senior II M - 30	11	01:45:30	04:33:04						+01:09:46	6:49	8.8 (77.2%)
25	CIEŚLIK Mateusz	3331	OBORNICKI KLUB LEKKOATLETYCZNY	Senior I M - 20	5	01:45:28	04:33:06						+01:09:48	6:49	8.8 (77.2%)
26	NOWAK Krzysztof	3034		Senior II M - 30	12	01:45:29	04:33:27						+01:10:01	6:50	8.8 (77.2%)
27	MARCINIAK Jakub	3117	TLENOWA RADOŚĆ TEAM	Senior II M - 30	13	01:43:37	04:33:41						+01:10:14	6:50	8.8 (77.2%)
28	KAMIŃSKI Marcin	3398		Senior II M - 30	14	01:45:29	04:33:53						+01:10:28	6:50	8.8 (77.2%)
29	JAKOWSKI Mateusz	3100		Senior II M - 30	15	01:34:07	04:34:26						+01:10:59	6:51	8.7 (76.3%)
30	WOWRA Piotr	3453	ADAMIETZ	Senior II M - 30	16	01:48:29	04:35:06						+01:12:34	6:52	8.7 (76.3%)
31	GUMIENNY Grzegorz	3182	JESTEMODROMKA	Masters M - 40	10	01:41:42	04:40:07						+01:16:38	7:00	8.6 (75.4%)
32	PIWOWOŃSKI Paweł	3395	XXXXX	Masters M - 40	11	01:46:38	04:43:32						+01:20:23	7:05	8.5 (74.6%)
33	BUCZKOWSKI Krzysztof	3406		Senior I M - 20	6	01:47:11	04:43:43						+01:20:14	7:05	8.5 (74.6%)
34	MEJER Jarosław	3019		Senior II M - 30	17	01:48:28	04:44:11						+01:20:46	7:06	8.4 (73.7%)
35	GRZELAK Adrian	3386	GEJZER TEAM	Senior II M - 30	18	01:59:38	04:47:42						+01:24:28	7:11	8.3 (72.8%)
36	TOMALSKI Marcin	3071		Masters M - 40	12	01:54:03	04:49:42						+01:26:27	7:14	8.3 (72.8%)
37	MĄCZKA Martyna	3352		Masters K - 40	1	02:00:17	04:50:47						+01:27:24	7:16	8.3 (72.8%)
38	RUMIŃSKI Tomasz	3336	5K4THEWIN	Senior I M - 20	7	01:59:30	04:50:50						+01:27:26	7:16	8.3 (72.8%)
39	ŻARKOWSKI Paweł	3335	STG-WROCŁAW	Senior I M - 20	8	01:33:54	04:51:44						+01:28:17	7:17	8.2 (71.9%)
40	MURAS Mariusz	3107		Masters M - 40	13	01:53:48	04:52:58						+01:29:47	7:19	8.2 (71.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Tempo min/km	Tempo km/h		
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km			netto 110km	brutto 110km
41	CZERWONKA Bartosz	3338	TIUGO TECHNOLOGIES	Senior II M - 30	19	01:51:29	04:53:00						+01:29:44	7:19	8.2 (71.9%)
42	MAŃSKI Robert	3106	RUN-PASSION.PL	Masters M - 40	14	01:51:23	04:53:17						+01:30:06	7:19	8.2 (71.9%)
43	MIKLAS Jarek	3242	BENEFIT SYSTEMS OFF-ROAD RUNNERS	Senior II M - 30	20	01:52:51	04:54:53						+01:31:47	7:22	8.1 (71.1%)
44	JĘDRZEJCZAK Wojciech	3340		Weteran I M - 50	1	01:58:59	04:56:09						+01:33:20	7:24	8.1 (71.1%)
45	KOWALSKI Krzysztof	3068	TLENOWA RADOŚĆ TEAM /GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	15	01:52:55	04:57:42						+01:34:15	7:26	8.1 (71.1%)
46	GACEK Michał	3234		Masters M - 40	16	01:58:47	04:58:46						+01:35:34	7:28	8 (70.2%)
47	ZDUŃCZYK Paulina	3138	AKADEMIABIEGACZA.PL	Senior II K - 30	1	01:53:54	04:59:01						+01:35:36	7:28	8 (70.2%)
48	DZIUBAŁKA Adrian	3165	EASY RUNNERS	Masters M - 40	17	01:56:28	04:59:20						+01:36:40	7:29	8 (70.2%)
49	MACIEJEWSKI Łukasz	3168	SUPERMARATON KALISZ	Masters M - 40	18	01:52:50	04:59:55						+01:36:41	7:29	8 (70.2%)
50	MACIĄG Andrzej	3440	DZIKIE MUSTANGI	Masters M - 40	19	01:51:22	04:59:56						+01:36:38	7:29	8 (70.2%)
51	BŁASZCZYK Łukasz	3102		Senior II M - 30	21	01:52:17	05:02:32						+01:40:15	7:33	7.9 (69.3%)
52	PAWZUN Bartosz	3032	ZRYW PARZYMICHY MOCNA GRUPA CEZARA	Senior II M - 30	22	01:59:25	05:04:39						+01:41:43	7:36	7.9 (69.3%)
53	WAŚNIEWSKI Daniel	3374	VAMOS RACING TEAM	Senior II M - 30	23	01:57:24	05:04:56						+01:42:06	7:37	7.9 (69.3%)
54	PIOTROWSKI Mateusz	3357	SZOPA NA NARZĘDZIA	Senior II M - 30	24	01:59:40	05:05:05						+01:42:08	7:37	7.9 (69.3%)
55	RATYŃSKI Marek	3385	OTWOCKI TUPTACZ	Masters M - 40	20	01:52:51	05:05:24						+01:42:03	7:38	7.9 (69.3%)
56	LIPKA Sebastian	3082	ZABIEGANY-TATA	Masters M - 40	21	01:58:36	05:05:31						+01:42:14	7:38	7.9 (69.3%)
57	MIŚ Małgorzata	3270		Masters K - 40	2	01:59:11	05:06:24						+01:43:22	7:39	7.8 (68.4%)
58	SŁOMKOWSKI Mateusz	3413		Senior II M - 30	25	01:58:39	05:06:50						+01:43:24	7:40	7.8 (68.4%)
59	PAPIERSKI Tomasz	3455		Weteran I M - 50	2	01:45:51	05:07:04						+01:43:45	7:40	7.8 (68.4%)
60	CUPIAŁ Jacek	3258	GREY RUNNER	Weteran I M - 50	3	01:59:54	05:07:05						+01:44:57	7:40	7.8 (68.4%)
61	ZIELIŃSKI Tomasz	3139	W STRONĘ ULTRA	Masters M - 40	22	01:58:38	05:07:17						+01:43:53	7:40	7.8 (68.4%)
62	GAJDOWSKI Przemysław	3123	PRZEMO TEAM	Senior II M - 30	26	01:53:33	05:07:56						+01:44:31	7:41	7.8 (68.4%)
63	SZWAJKA Jakub	3110	GWIEZDNA FLOTA	Senior I M - 20	9	01:57:46	05:08:01						+01:45:03	7:42	7.8 (68.4%)
64	HOFMAŃSKI Rafał	3099		Senior II M - 30	27	01:59:30	05:08:30						+01:45:39	7:42	7.8 (68.4%)

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						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km				netto 110km
65	ADAMCZYK Tomasz	3329	RUNONLINE.PLTEAM	Weteran I M - 50	4	02:00:00	05:08:46						+01:45:28	7:43	7.8 (68.4%)
66	TURZYNSKI Wojtek	3118	TLENOWA RADOŚĆ TEAM	Masters M - 40	23	02:02:31	05:09:55						+01:46:30	7:44	7.7 (67.5%)
67	KUPRYCIUK Michał	3330		Senior II M - 30	28	01:59:11	05:10:06						+01:47:13	7:45	7.7 (67.5%)
68	MUCHA Robert	3275	FSD RUN DREZDENKO	Weteran I M - 50	5	01:57:54	05:10:08						+01:46:45	7:45	7.7 (67.5%)
69	BLASZCZYK Jakub	3279		Masters M - 40	24	01:57:25	05:10:28						+01:48:11	7:45	7.7 (67.5%)
70	JÓZEF CZUK Piotr	3091	TLENOWA RADOŚĆ	Masters M - 40	25	01:52:00	05:10:31						+01:47:03	7:45	7.7 (67.5%)
71	NAGLAK Łukasz	3022	TLENOWA RADOŚĆ TEAM	Masters M - 40	26	02:02:31	05:10:35						+01:47:09	7:45	7.7 (67.5%)
72	KAMIŃSKI Mariusz	3408	AZS AKADEMIA SZTUKI WOJENNEJ	Masters M - 40	27	01:59:36	05:11:06						+01:47:49	7:46	7.7 (67.5%)
73	WILCZYŃSKI Marcin	3418		Weteran I M - 50	6	02:01:04	05:11:09						+01:48:35	7:46	7.7 (67.5%)
74	PIĘTA Sebastian	3443		Senior I M - 20	10	02:00:36	05:11:11						+01:48:34	7:46	7.7 (67.5%)
75	KLIMEK Przemysław	3448	KLUB BIEGACZA AZS UEK	Masters M - 40	28	02:00:58	05:11:15						+01:48:51	7:46	7.7 (67.5%)
76	BIBKO Martin	3430	SPEEDBAR	Masters M - 40	29	01:52:18	05:11:24						+01:48:12	7:47	7.7 (67.5%)
77	SZWAJKA Aneta	3433	STAJNIA BALONA	Weteran K - 50	1	01:58:03	05:12:08						+01:49:10	7:48	7.7 (67.5%)
78	SKURA Adrian	3244	KBKS RADOMSKO	Senior II M - 30	29	01:59:50	05:13:32						+01:50:40	7:50	7.7 (67.5%)
79	BOROWSKI Piotr	3074		Weteran I M - 50	7	01:59:49	05:13:48						+01:50:45	7:50	7.6 (66.7%)
80	BROK Jacek	3094		Weteran I M - 50	8	01:53:35	05:13:51						+01:50:53	7:50	7.6 (66.7%)
81	RODZIEWICZ Zbigniew	3414		Masters M - 40	30	02:00:06	05:14:01						+01:50:42	7:51	7.6 (66.7%)
82	KWIATEK Agnieszka	3457		Senior II K - 30	2	01:59:47	05:14:04						+01:51:09	7:51	7.6 (66.7%)
83	CIEPLUCH Marcin	3108		Senior II M - 30	30	02:00:06	05:14:04						+01:50:44	7:51	7.6 (66.7%)
84	TRZECIAK Andrzej	3446	PURA VIDA TEAM	Masters M - 40	31	02:01:12	05:16:08						+01:52:46	7:54	7.6 (66.7%)
85	KOZŁOWSKA Iwona	3261	LESZ NO LIMITS RUNNERS	Weteran K - 50	2	02:04:20	05:16:13						+01:52:51	7:54	7.6 (66.7%)
86	KORULCZYK Łukasz	3152		Masters M - 40	32	02:02:38	05:16:54						+01:54:03	7:55	7.6 (66.7%)
87	PACYNA Wojciech	3035	BEZ SPINY	Masters M - 40	33	02:01:00	05:17:04						+01:53:41	7:55	7.6 (66.7%)
88	SURMAN Mariusz	3309	DZIKIE MUSTANGI	Senior II M - 30	31	01:58:40	05:17:37						+01:54:20	7:56	7.6 (66.7%)

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						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km				netto
89	MASIAREK Arkadiusz	3320	TLENOWA RADOŚĆ TEAM	Weteran I M - 50	9	02:02:26	05:17:40						+01:54:18	7:56	7.6 (66.7%)
90	LUTOWSKI Wojciech	3145		Senior II M - 30	32	02:03:31	05:17:52						+01:54:32	7:56	7.6 (66.7%)
91	CERANKA Hubert	3146	CERANKA TEAM	Senior I M - 20	11	01:59:41	05:18:21						+01:55:34	7:57	7.5 (65.8%)
92	CERANKA Krystian	3149	CERANKA TEAM	Senior II M - 30	33	01:59:44	05:18:21						+01:55:33	7:57	7.5 (65.8%)
93	NADKIERNICZNY Zbyszek	3223	GRYFUS SZCZECIN	Masters M - 40	34	02:02:00	05:18:50						+01:55:33	7:58	7.5 (65.8%)
94	TYZO Aleksander	3415	WILKI MIĘDZYLESIE	Masters M - 40	35	02:04:36	05:19:17						+01:56:50	7:58	7.5 (65.8%)
95	PIEKARCZYK Paweł	3211	STAJNIAK TEAM	Senior II M - 30	34	02:03:27	05:22:01						+01:59:29	8:03	7.5 (65.8%)
96	KOPPLINGER Grzegorz	3232	ASSECO ACTIVE TEAM	Weteran I M - 50	10	02:11:49	05:22:06						+01:59:38	8:03	7.5 (65.8%)
97	JAROCZYŃSKI Marian	3372		Masters M - 40	36	01:55:18	05:22:55						+01:59:43	8:04	7.4 (64.9%)
98	PŁUDOWSKI Łukasz	3402		Masters M - 40	37	02:02:01	05:23:27						+02:00:06	8:05	7.4 (64.9%)
99	MACIĄŻEK Dawid	3354		Senior II M - 30	35	02:07:16	05:25:09						+02:02:52	8:07	7.4 (64.9%)
100	BOBIN Tomasz	3098	ZOCHU TEAM	Masters M - 40	38	02:01:53	05:25:44						+02:02:24	8:08	7.4 (64.9%)
101	PASTUSZEK-BOTOR Agnieszka	3268		Senior II K - 30	3	02:00:02	05:26:00						+02:02:39	8:09	7.4 (64.9%)
102	ŻMIJA Liliana	3037	FSD RUN DREZDENKO	Senior II K - 30	4	02:08:36	05:26:10						+02:03:08	8:09	7.4 (64.9%)
103	ZYDRÓŃ Tymoteusz	3288	VISEGRAD MARATON RYTRO	Masters M - 40	39	02:08:50	05:26:10						+02:03:10	8:09	7.4 (64.9%)
104	WOJNAROWSKI Damian	3431	KS LENIWIEC	Senior II M - 30	36	02:10:13	05:26:19						+02:03:10	8:09	7.4 (64.9%)
105	WITKOWSKI Maciej	3065	HEXAPRO	Senior II M - 30	37	02:00:57	05:26:35						+02:03:27	8:09	7.3 (64.0%)
106	MALIGRANDA Mariusz	3062		Senior II M - 30	38	02:08:09	05:26:38						+02:03:34	8:09	7.3 (64.0%)
107	WĘCLEWSKI Marcin	3006		Masters M - 40	40	01:57:41	05:26:39						+02:03:25	8:09	7.3 (64.0%)
108	JURECZKO Damian	3269		Masters M - 40	41	02:02:07	05:27:10						+02:04:04	8:10	7.3 (64.0%)
109	ŻAKOWSKI Karol	3015	RENEGADE OF TRAIL	Masters M - 40	42	02:09:52	05:27:43						+02:04:39	8:11	7.3 (64.0%)
110	OLEKSIUK Jakub	3416	MAKE.SOMETHING.MORE	Senior II M - 30	39	02:02:29	05:30:00						+02:07:07	8:15	7.3 (64.0%)
111	SIENKIEWICZ Michał	3371		Masters M - 40	43	02:11:17	05:30:02						+02:07:26	8:15	7.3 (64.0%)
112	SAMULSKI Krzysztof	3192		Masters M - 40	44	02:04:51	05:30:04						+02:07:10	8:15	7.3 (64.0%)

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						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km					
113	GAWRONSKI Hubert	3246	HUGO	Masters M - 40	45	02:12:56	05:30:05							+02:07:28	8:15	7.3 (64.0%)
114	SURLAS Izabela	3188	PRZEDWOJEWSKI TEAM	Senior II K - 30	5	02:11:17	05:30:37							+02:07:25	8:15	7.3 (64.0%)
115	MYSZK Łukasz	3436	KUMPLE SEBANA	Masters M - 40	46	02:04:04	05:31:00							+02:08:00	8:16	7.3 (64.0%)
116	SZABATOWSKI Bartłomiej	3426	BIEGAJĄCY ŚWIDNIK	Senior II M - 30	40	02:09:27	05:31:42							+02:08:53	8:17	7.2 (63.2%)
117	MAKOWSKA Maja	3345	EAZYMUT.PL/ONRUNNING	Senior II K - 30	6	02:16:46	05:31:47							+02:09:15	8:17	7.2 (63.2%)
118	KNASIAK Adam	3367		Masters M - 40	47	02:01:49	05:31:52							+02:08:31	8:17	7.2 (63.2%)
119	ČERVENÝ David	3016		Masters M - 40	48	02:02:02	05:31:52							+02:08:34	8:17	7.2 (63.2%)
120	GIBALSKI Tomasz	3237	OBORYGENI	Weteran I M - 50	11	02:14:12	05:32:03							+02:09:32	8:18	7.2 (63.2%)
121	DUDEK Mariusz	3195		Masters M - 40	49	02:07:33	05:32:06							+02:09:35	8:18	7.2 (63.2%)
122	MITER Damian	3004	RUNNERSI	Senior II M - 30	41	02:05:00	05:32:23							+02:09:08	8:18	7.2 (63.2%)
123	RAKOWSKI Krzysztof	3060	RUNNERSI	Masters M - 40	50	02:05:01	05:32:26							+02:09:10	8:18	7.2 (63.2%)
124	GAŁKA Grzegorz	3390		Weteran I M - 50	12	02:09:36	05:32:31							+02:09:52	8:18	7.2 (63.2%)
125	SZCZEŚNIAK Piotr	3159	MASARNIA POZNAŃ FIZJOTERAPIA I MASAŻ	Masters M - 40	51	01:58:49	05:32:32							+02:09:57	8:18	7.2 (63.2%)
126	PIASKOWSKI Mateusz	3160	KLUB MARATOŃCZYKA V LO W POZNANIU/GANG FIZOLI	Senior II M - 30	42	01:58:49	05:32:33							+02:09:59	8:18	7.2 (63.2%)
127	SILSKI Artur	3158	ZAKOLA OF MIGHT AND MAGIC III	Senior II M - 30	43	01:58:49	05:32:34							+02:10:00	8:18	7.2 (63.2%)
128	WYLEGAŁA Michał	3409	PCH_RUN	Masters M - 40	52	02:00:00	05:32:46							+02:09:36	8:19	7.2 (63.2%)
129	WALCZAK Tomasz	3412	PCH_RUN	Weteran I M - 50	13	02:00:03	05:32:48							+02:09:38	8:19	7.2 (63.2%)
130	ŻŁOBIŃSKI Tomasz	3438		Senior II M - 30	44	02:09:34	05:32:50							+02:09:49	8:19	7.2 (63.2%)
131	MROTEK Katarzyna	3226	AKADEMIA MISTRZÓW SPORTU	Masters K - 40	3	02:05:54	05:33:01							+02:10:08	8:19	7.2 (63.2%)
132	WIĘCKOWSKI Dariusz	3362	AKADEMIA MISTRZÓW SPORTU	Masters M - 40	53	02:05:52	05:33:02							+02:10:10	8:19	7.2 (63.2%)
133	KURASIEWICZ Mariusz	3251		Masters M - 40	54	01:58:48	05:33:04							+02:10:27	8:19	7.2 (63.2%)
134	KOST Jacek	3278		Weteran I M - 50	14	02:01:42	05:33:11							+02:10:08	8:19	7.2 (63.2%)
135	KUNCEWICZ Piotr	3277		Masters M - 40	55	02:01:52	05:33:19							+02:10:16	8:19	7.2 (63.2%)
136	OSTROWSKI Jarek	3447	GÓRAL Z MAZUR RUNNIG TEAM	Masters M - 40	56	02:06:39	05:33:23							+02:10:24	8:20	7.2 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Różn	Tempo min/km	Tempo km/h
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km			
137	MAŁEK Arkadiusz	3245		Masters M - 40	57	02:03:37	05:33:40					+02:10:21	8:20	7.2 (63.2%)
138	SITEK Arkadiusz	3327	AKTYWNI WĘGRÓW	Masters M - 40	58	02:02:59	05:34:16					+02:11:08	8:21	7.2 (63.2%)
139	BANASIK Marcin	3425		Senior II M - 30	45	02:04:53	05:34:43					+02:11:32	8:22	7.2 (63.2%)
140	SZYPROWSKI Jarek	3297	SPORT GENERATION	Masters M - 40	59	02:00:25	05:35:01					+02:11:36	8:22	7.2 (63.2%)
141	SKRZYPCZAK Łukasz	3184		Masters M - 40	60	02:03:55	05:37:23					+02:14:26	8:26	7.1 (62.3%)
142	GORYNIA Hubert	3456		Senior II M - 30	46	02:03:58	05:37:26					+02:14:28	8:26	7.1 (62.3%)
143	CZYŻYKOWSKI Łukasz	3109		Masters M - 40	61	02:10:11	05:37:43					+02:14:47	8:26	7.1 (62.3%)
144	DERKOWSKA Ewelina	3287		Senior II K - 30	7	02:09:46	05:39:45					+02:17:15	8:29	7.1 (62.3%)
145	ZADROŻNY Piotr	3389	BIEGIEM DO 100TKI	Masters M - 40	62	02:08:28	05:39:58					+02:16:53	8:29	7.1 (62.3%)
146	KOCIOŁEK Zbigniew	3397		Weteran I M - 50	15	02:03:35	05:40:09					+02:17:16	8:30	7.1 (62.3%)
147	SLOSARCZYK Piotr	3445		Masters M - 40	63	02:02:34	05:40:16					+02:16:50	8:30	7.1 (62.3%)
148	MASŁOWSKI Robert	3238	ANTON TEAM	Masters M - 40	64	02:07:10	05:40:16					+02:16:56	8:30	7.1 (62.3%)
149	SZYMAŃSKI Maciej	3284		Masters M - 40	65	02:03:13	05:40:52					+02:17:43	8:31	7 (61.4%)
150	KAŁUS Maciej	3186		Masters M - 40	66	02:02:42	05:41:12					+02:17:40	8:31	7 (61.4%)
151	RUDNICKI Krzysztof	3171	GALMET TEAM	Senior II M - 30	47	02:16:39	05:41:12					+02:18:38	8:31	7 (61.4%)
152	JUNIK Łukasz	3028	MOCNA GRUPA CEZARA	Masters M - 40	67	02:12:29	05:41:26					+02:18:01	8:32	7 (61.4%)
153	CHRZUSZCZ Anna	3321		Senior II K - 30	8	02:12:53	05:41:33					+02:18:43	8:32	7 (61.4%)
154	BOCHEN Danuta	3314		Masters K - 40	4	02:11:14	05:41:42					+02:18:42	8:32	7 (61.4%)
155	RYCHLIK Tomasz	3384		Senior II M - 30	48	02:08:04	05:41:50					+02:18:35	8:32	7 (61.4%)
156	SKOWROŃSKI Bartosz	3038		Senior II M - 30	49	02:09:24	05:41:53					+02:18:37	8:32	7 (61.4%)
157	MALISZEWSKA Malwina	3419	ULTRA WAY TEAM	Masters K - 40	5	02:06:19	05:42:08					+02:18:44	8:33	7 (61.4%)
158	MATUSZAK Grzesiek	3280		Senior II M - 30	50	02:03:18	05:42:24					+02:19:21	8:33	7 (61.4%)
159	KONDZIELNIK Magdalena	3421	GPS TEAM	Masters K - 40	6	02:16:09	05:42:41					+02:19:22	8:34	7 (61.4%)
160	JURKIEWICZ Sławomir	3115	ROZBIEGANY SUSZ	Masters M - 40	68	02:02:23	05:43:44					+02:20:46	8:35	7 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A9	A11	A12	A13	A14	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						15km	40km	61km	70km	85km	98km	110km	110km			
161	MURAS Agnieszka	3202	NIGHT RUNNERS	Masters K - 40	7	02:10:32	05:43:45							+02:20:34	8:35	7 (61.4%)
162	ŁUGOWSKI Maciej	3043	CROSSFIT TEAM SUSZ	Senior II M - 30	51	02:02:22	05:43:46							+02:20:48	8:35	7 (61.4%)
163	ŚWIGOŃ Damian	3450		Senior II M - 30	52	02:15:40	05:43:47							+02:21:21	8:35	7 (61.4%)
164	URBAŃSKI Paweł	3070	TEAMTERMINATORUN	Senior II M - 30	53	02:10:45	05:43:51							+02:20:47	8:35	7 (61.4%)
165	PALCZYŃSKI Krzysztof	3066		Senior II M - 30	54	02:08:42	05:43:56							+02:21:07	8:35	7 (61.4%)
166	SILSKA Sylwia	3157	ATRAKCYJNE TOWARZYSTWO	Weteran K - 50	3	02:10:28	05:44:00							+02:20:52	8:36	7 (61.4%)
167	MUSIAŁ Piotr	3081	WIELUŃ	Masters M - 40	69	02:16:06	05:44:34							+02:21:55	8:36	7 (61.4%)
168	ZAŃKO Łukasz	3203	EXPLORADOR	Masters M - 40	70	02:12:11	05:44:35							+02:21:46	8:36	7 (61.4%)
169	KISIELEWSKI Andrzej	3050		Weteran I M - 50	16	02:13:30	05:44:47							+02:21:51	8:37	7 (61.4%)
170	ŁUKAWSKI Krzysztof	3120		Masters M - 40	71	02:17:28	05:45:14							+02:22:51	8:37	7 (61.4%)
171	KASPERSKI Tomasz	3185		Masters M - 40	72	02:04:01	05:45:35							+02:22:36	8:38	6.9 (60.5%)
172	BRZOSKOWSKA Sylwia	3057		Senior II K - 30	9	02:17:25	05:46:45							+02:23:44	8:40	6.9 (60.5%)
173	MUCHA Adam	3382	BIEGAJĄCE KREJZOLE	Weteran I M - 50	17	02:17:24	05:46:47							+02:23:47	8:40	6.9 (60.5%)
174	PYZIK Tomasz	3396	DRUŻYNA MOJACUKRZYCA.PL	Masters M - 40	73	02:12:01	05:46:54							+02:23:22	8:40	6.9 (60.5%)
175	PĘCZEK Dariusz	3375		Weteran I M - 50	18	02:09:36	05:47:35							+02:24:26	8:41	6.9 (60.5%)
176	KLAMA Maciej	3024	KKM	Masters M - 40	74	02:13:13	05:48:44							+02:25:55	8:43	6.9 (60.5%)
177	KUROWSKI Artur	3293	PURAVIDATEAM	Senior II M - 30	55	02:07:52	05:48:51							+02:25:30	8:43	6.9 (60.5%)
178	NIEDŹWIECKI Marek	3143	SKIPARK - WYSOWA	Weteran II M - 60	1	02:04:24	05:48:52							+02:25:36	8:43	6.9 (60.5%)
179	JARZĘBOWICZ Iwona	3072		Masters K - 40	8	02:03:55	05:49:42							+02:26:28	8:44	6.9 (60.5%)
180	KUIK Bartosz	3105		Masters M - 40	75	02:07:10	05:49:45							+02:26:17	8:44	6.9 (60.5%)
181	JARZĘBOWICZ Adam	3067	YAZOMB'S	Masters M - 40	76	02:04:23	05:49:47							+02:26:34	8:44	6.9 (60.5%)
182	KUCHARSKI Michał	3007	MATNER RUNNING TEAM	Senior II M - 30	56	02:12:07	05:49:54							+02:26:47	8:44	6.9 (60.5%)
183	SZYLKIN Wojciech	3313	IRONVET	Masters M - 40	77	02:07:20	05:50:18							+02:27:27	8:45	6.9 (60.5%)
184	KORDECKI Bartłomiej	3201	WCHSZT	Masters M - 40	78	02:11:35	05:50:23							+02:26:59	8:45	6.8 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Tempo min/km	Tempo km/h		
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km			netto 110km	brutto 110km
185	BRZOZOWSKI Jakub	3176		Masters M - 40	79	02:11:34	05:50:27						+02:27:02	8:45	6.8 (59.6%)
186	STAJNIAK-STELIGA Izabela	3428	OBORYGENI	Masters K - 40	9	02:16:32	05:50:31						+02:27:59	8:45	6.8 (59.6%)
187	BANASZCZAK Dawid	3083		Senior II M - 30	57	02:17:05	05:50:35						+02:27:54	8:45	6.8 (59.6%)
188	KUPIŃSKA Magdalena	3401	INFINITY-GYM ŁUKASZ SZAPORÓW	Senior I K - 20	1	02:19:32	05:50:37						+02:27:53	8:45	6.8 (59.6%)
189	ZABOROWSKA-SKUPIN Paulina	3400	ASICS FRONTRUNNER POLAND	Senior I K - 20	2	02:19:30	05:50:41						+02:27:58	8:46	6.8 (59.6%)
190	KONKEL Marcin	3144	SPORT GENERATION	Masters M - 40	80	02:13:09	05:50:57						+02:28:08	8:46	6.8 (59.6%)
191	OWSIKOWSKI Kamil	3253		Senior II M - 30	58	02:05:52	05:51:03						+02:28:05	8:46	6.8 (59.6%)
192	SWORNOWSKA Anna	3339		Senior II K - 30	10	02:09:32	05:51:08						+02:27:52	8:46	6.8 (59.6%)
193	JASIŃSKI Patryk	3076		Senior II M - 30	59	02:09:35	05:51:09						+02:27:56	8:46	6.8 (59.6%)
194	WILCZYŃSKA Oliwia	3337		Senior II K - 30	11	02:10:06	05:51:09						+02:27:53	8:46	6.8 (59.6%)
195	JALOWSKI Andrzej	3377	INTEC	Weteran I M - 50	19	02:06:23	05:51:18						+02:28:30	8:46	6.8 (59.6%)
196	ZAKRZEWSKI Krzysztof	3441	3:33 TEAM	Weteran I M - 50	20	02:13:00	05:52:13						+02:29:16	8:48	6.8 (59.6%)
197	MIGDAL Michał	3458		Senior II M - 30	60	02:15:28	05:52:16						+02:29:56	8:48	6.8 (59.6%)
198	SOWIŃSKA Marta	3196	ULTRAWAY	Masters K - 40	10	02:15:30	05:52:16						+02:29:56	8:48	6.8 (59.6%)
199	WĄSOWICZ Paweł	3036	FIZJOTERAPIA WĄSOWICZ	Senior II M - 30	61	02:21:00	05:53:04						+02:30:22	8:49	6.8 (59.6%)
200	WOJCIESZYŃSKI Tomasz	3429	BBL GORZÓW	Weteran I M - 50	21	02:09:25	05:53:41						+02:30:36	8:50	6.8 (59.6%)
201	ORLICKI Wojtek	3175		Masters M - 40	81	02:11:32	05:56:00						+02:32:36	8:54	6.7 (58.8%)
202	KUŹMA-MAJDA Malwina	3423	KB SOBÓTKA	Senior II K - 30	12	02:18:06	05:56:51						+02:34:27	8:55	6.7 (58.8%)
203	MAJDA Łukasz	3422	KB SOBÓTKA	Masters M - 40	82	02:18:06	05:56:54						+02:34:29	8:55	6.7 (58.8%)
204	MROZIŃSKA Albert	3141		Masters M - 40	83	02:10:43	05:57:11						+02:34:05	8:55	6.7 (58.8%)
205	BORKOWSKI Andrzej	3064		Weteran I M - 50	22	02:07:38	05:57:19						+02:33:53	8:55	6.7 (58.8%)
206	ŻUROWSKI Łukasz	3324	BBKS ŁAWECZKA WILANÓW	Masters M - 40	84	02:13:23	05:57:19						+02:34:11	8:55	6.7 (58.8%)
207	SCHUTTY Michał	3164		Masters M - 40	85	02:15:48	05:57:50						+02:34:59	8:56	6.7 (58.8%)
208	KWIATKOWSKI Tomasz	3198	AKTYWNA WARSZAWA	Masters M - 40	86	02:17:22	05:58:23						+02:35:16	8:57	6.7 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A9	A11	A12	A13	A14	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						15km	40km	61km	70km	85km	98km	110km	110km			
209	GRZYWNA Robert	3235		Masters M - 40	87	02:15:31	05:58:25							+02:35:17	8:57	6.7 (58.8%)
210	BIAŁAS Tomek	3259	CONSULTAS	Weteran I M - 50	23	02:08:54	05:58:38							+02:35:15	8:57	6.7 (58.8%)
211	KONIECZNY Zenon	3373	T.S. OPATRUNKI TORUŃ	Weteran I M - 50	24	02:17:39	05:58:44							+02:35:59	8:58	6.7 (58.8%)
212	TYLUS Rafał	3027	MORSJANKI&MORSJANIE	Masters M - 40	88	02:12:17	05:59:10							+02:35:48	8:58	6.7 (58.8%)
213	PACIULON Krzysztof	3080	OKI OKI TEAM	Weteran I M - 50	25	02:19:19	05:59:18							+02:36:23	8:58	6.7 (58.8%)
214	SONDEJ Mikołaj	3454		Senior I M - 20	12	02:19:47	05:59:18							+02:38:00	8:58	6.7 (58.8%)
215	KOWACZEK Marek	3169	OKIEM WILKA	Masters M - 40	89	02:12:46	05:59:37							+02:37:01	8:59	6.7 (58.8%)
216	STYSIEK Piotr	3206	BIEGIEM RADOM!	Weteran I M - 50	26	02:18:02	05:59:55							+02:36:38	8:59	6.7 (58.8%)
217	GRZECH Grzegorz	3333		Weteran II M - 60	2	02:16:12	05:59:59							+02:36:40	8:59	6.7 (58.8%)
218	WACHOWSKI Robert	3217		Masters M - 40	90	02:11:24	06:00:42							+02:38:23	9:01	6.7 (58.8%)
219	RĄCZKA Piotr	3178	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Masters M - 40	91	02:23:05	06:00:51							+02:37:54	9:01	6.7 (58.8%)
220	NEUMANN Jacek	3260	CENTRUM ŁĄKOWA 1	Weteran II M - 60	3	02:19:37	06:00:56							+02:38:13	9:01	6.6 (57.9%)
221	KAŁPOWICZ Tomasz	3240	DALI NOGI GADŻETA	Masters M - 40	92	02:17:46	06:01:07							+02:38:21	9:01	6.6 (57.9%)
222	HUDEREK Łukasz	3197	NIGHT RUNNERS POZNAŃ	Weteran I M - 50	27	02:09:21	06:01:15							+02:38:04	9:01	6.6 (57.9%)
223	GRONOWSKA-KAROLCZAK Agnieszka	3224	MARATOŃCZYK POZNAŃ/BIEGAJĄCE KREJZOLE	Senior II K - 30	13	02:11:43	06:01:23							+02:38:20	9:02	6.6 (57.9%)
224	PEEL Christopher	3315		Masters M - 40	93	02:10:27	06:01:53							+02:38:45	9:02	6.6 (57.9%)
225	JOVANOVIĆ Marko	3265		Senior II M - 30	62	02:23:57	06:02:00							+02:39:48	9:03	6.6 (57.9%)
226	RZOSIŃSKI Krzysztof	3029	KWIDZYN BIEGA	Weteran I M - 50	28	02:15:10	06:02:11							+02:39:24	9:03	6.6 (57.9%)
227	MARGAS Grzegorz	3350		Weteran I M - 50	29	02:18:39	06:02:20							+02:40:03	9:03	6.6 (57.9%)
228	ROSZAK Karolina	3380		Senior II K - 30	14	02:16:41	06:02:35							+02:40:08	9:03	6.6 (57.9%)
229	BEŁCZYKOWSKI Zbigniew	3151		Masters M - 40	94	02:12:03	06:03:10							+02:39:50	9:04	6.6 (57.9%)
230	TEKIELI Jerzy	3156		Masters M - 40	95	02:08:47	06:03:19							+02:40:05	9:04	6.6 (57.9%)
231	RUTKOWSKI Artur	3096		Masters M - 40	96	02:13:38	06:04:14							+02:40:58	9:06	6.6 (57.9%)
232	PASZKIEWICZ Józef	3359		Senior II M - 30	63	02:27:12	06:05:12							+02:42:42	9:07	6.6 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Tempo min/km	Tempo km/h		
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km			netto 110km	brutto 110km
233	NOWAKOWSKI Robert	3017	BBL LEGNICA	Weteran I M - 50	30	02:18:58	06:05:14						+02:42:23	9:07	6.6 (57.9%)
234	SAMBORSKI Piotr	3302	WKURW_TEAM	Senior II M - 30	64	02:22:14	06:05:28						+02:43:10	9:08	6.6 (57.9%)
235	PIASKOWSKA Dominika	3325		Senior II K - 30	15	02:19:59	06:05:33						+02:42:46	9:08	6.6 (57.9%)
236	KWIATKOWSKA Zuzanna	3088	RNB TEAM POLANICA ZDRÓJ	Weteran K - 50	4	02:12:47	06:05:37						+02:42:17	9:08	6.6 (57.9%)
237	WACHOWSKI Wiesław	3218		Weteran I M - 50	31	02:12:10	06:05:53						+02:43:33	9:08	6.6 (57.9%)
238	WIĘCKOWSKI Tomasz	3294	ORANGE POLSKA	Weteran I M - 50	32	02:14:51	06:06:00						+02:43:29	9:09	6.6 (57.9%)
239	GRABOWICZ Paweł	3131		Weteran I M - 50	33	02:18:56	06:06:01						+02:43:24	9:09	6.6 (57.9%)
240	SZYDŁOWSKI Patryk	3130		Senior II M - 30	65	02:18:57	06:06:02						+02:43:24	9:09	6.6 (57.9%)
241	KACZMAREK Maciej	3435		Masters M - 40	97	02:17:19	06:06:40						+02:43:58	9:10	6.5 (57.0%)
242	SURMIAK Piotr	3177	CISNE ILE MOGEM	Weteran I M - 50	34	02:18:47	06:06:47						+02:43:52	9:10	6.5 (57.0%)
243	HADUŁA Justyna	3316		Masters K - 40	11	02:19:01	06:07:55						+02:44:38	9:11	6.5 (57.0%)
244	ZAWADZKI Grzegorz	3405	BORGWARNER RUNNING TEAM	Masters M - 40	98	02:18:21	06:07:57						+02:45:24	9:11	6.5 (57.0%)
245	ZAWADZKA Agnieszka	3040	ZAWADZKA TEAM/NOCNY BÓR TEAM/AREYOUREADY	Masters K - 40	12	02:18:22	06:07:58						+02:45:25	9:11	6.5 (57.0%)
246	DOLIŃSKI Paweł	3009		Senior II M - 30	66	02:11:49	06:08:56						+02:46:05	9:13	6.5 (57.0%)
247	JANIK Mateusz	3332		Senior II M - 30	67	02:16:49	06:09:00						+02:46:04	9:13	6.5 (57.0%)
248	BORKOWSKI Dawid	3286	CH10	Masters M - 40	99	02:21:32	06:10:22						+02:47:40	9:15	6.5 (57.0%)
249	JASAK Michał	3239		Senior II M - 30	68	02:11:26	06:11:48						+02:48:25	9:17	6.5 (57.0%)
250	BOBER Dorota	3344		Masters K - 40	13	02:11:28	06:12:06						+02:49:31	9:18	6.4 (56.1%)
251	WOJCIECHOWSKI Paweł	3199	BIEGI W ROGOŹNIKU	Masters M - 40	100	02:21:46	06:12:16						+02:49:50	9:18	6.4 (56.1%)
252	FLORKIEWICZ Sławomir	3093		Weteran I M - 50	35	02:10:04	06:12:26						+02:49:35	9:18	6.4 (56.1%)
253	KARWACKI Krystian	3061	KRYSTIAN KA	Masters M - 40	101	02:16:33	06:13:04						+02:49:39	9:19	6.4 (56.1%)
254	LUBELCZYK Grzegorz	3387	SPELEOCLUB WROCŁAW	Weteran I M - 50	36	02:12:14	06:13:10						+02:49:52	9:19	6.4 (56.1%)
255	SATAŁA Michał	3342	DIADORA POLSKA	Senior II M - 30	69	02:20:38	06:13:54						+02:51:22	9:20	6.4 (56.1%)
256	PIOTROWIAK Tomasz	3140	ENTOPI	Masters M - 40	102	02:21:52	06:14:06						+02:50:46	9:21	6.4 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km					
257	STRUŚ Katarzyna	3233	KKM KALORYFER / WOJTEK KOTARBA RUNNING TEAM	Masters K - 40	14	02:15:28	06:14:22							+02:52:03	9:21	6.4 (56.1%)
258	BRYŚ Magdalena	3442		Senior II K - 30	16	02:25:40	06:14:40							+02:52:17	9:22	6.4 (56.1%)
259	FRANKOWSKA Katarzyna	3227	MISTRZOWSKI TRENING/PRO366	Masters K - 40	15	02:14:51	06:15:14							+02:52:14	9:22	6.4 (56.1%)
260	STASZEWSKI Piotr	3229	PRO366	Weteran I M - 50	37	02:14:51	06:15:16							+02:52:16	9:22	6.4 (56.1%)
261	GÓRA Iwona	3069		Senior II K - 30	17	02:20:26	06:15:27							+02:52:17	9:23	6.4 (56.1%)
262	STYKAŁA Adrianna	3056		Senior I K - 20	3	02:17:20	06:16:22							+02:53:32	9:24	6.4 (56.1%)
263	BACZKOWSKI Jacek	3403		Senior I M - 20	13	02:15:45	06:16:42							+02:54:21	9:25	6.4 (56.1%)
264	WACŁAWSKI Jacek	3399		Masters M - 40	103	02:16:13	06:16:48							+02:54:27	9:25	6.4 (56.1%)
265	WRÓBLEWSKI Michał	3212		Masters M - 40	104	02:23:22	06:16:53							+02:54:31	9:25	6.4 (56.1%)
266	GRZESIOK Wojciech	3460	KLUB WYSOKOGÓRSKI GLIWICE	Masters M - 40	105	02:16:13	06:17:01							+02:54:39	9:25	6.4 (56.1%)
267	RAJEWSKA Magdalena	3077	ULTRA BANICI / NIGHT RUNNERS POZNAŃ	Senior II K - 30	18	02:20:40	06:17:09							+02:54:00	9:25	6.4 (56.1%)
268	KAMELA-KRÓL Iwona	3051	BRACTWO BIEGOWE BGK	Masters K - 40	16	02:20:42	06:17:10							+02:54:00	9:25	6.4 (56.1%)
269	BUTKIEWICZ Łukasz	3318	IRRACJONALNIE MASZERUJĄCY	Senior II M - 30	70	02:24:45	06:17:12							+02:54:35	9:25	6.4 (56.1%)
270	KWIATEK Weronika	3191		Masters K - 40	17	02:12:18	06:17:25							+02:54:31	9:26	6.4 (56.1%)
271	BUSZKOWSKI Filip	3383	SPORTOWY KAŻMIERZ	Weteran I M - 50	38	02:17:40	06:17:36							+02:54:46	9:26	6.4 (56.1%)
272	SPYCHAŁA Maciej	3299	WRONIECKI KLUB BIEGACZA	Weteran I M - 50	39	02:17:38	06:17:39							+02:54:49	9:26	6.4 (56.1%)
273	MUSIAŁ Bożena	3150	WARTKIE PIERONY	Masters K - 40	18	02:25:41	06:17:47							+02:55:18	9:26	6.4 (56.1%)
274	OZDARSKI Krzysztof	3085	WARTKIE PIERONY	Weteran I M - 50	40	02:25:42	06:17:47							+02:55:19	9:26	6.4 (56.1%)
275	RADECKI Wojciech	3228		Weteran I M - 50	41	02:34:56	06:17:56							+02:55:39	9:26	6.4 (56.1%)
276	WENGLORZ Wojciech	3124		Senior I M - 20	14	02:30:00	06:18:14							+02:55:56	9:27	6.3 (55.3%)
277	DANOWSKI Jakub	3220		Senior II M - 30	71	02:26:34	06:18:38							+02:55:23	9:27	6.3 (55.3%)
278	ROGO CZ Maciej	3283	ROGASIE Z DOLINY ROZTOKI	Masters M - 40	106	02:17:12	06:19:02							+02:56:25	9:28	6.3 (55.3%)
279	BUJARSKI Michał	3364	JAKOŚ TO BĘDZIE	Masters M - 40	107	02:21:39	06:19:03							+02:55:52	9:28	6.3 (55.3%)
280	KOWALIK Marcin	3361	ROCCO SIFFREDI FUN CLUB POLAND	Senior II M - 30	72	02:21:38	06:19:05							+02:55:54	9:28	6.3 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km					
281	KOSIERKIEWICZ Grzegorz	3166	KAROLE	Weteran I M - 50	42	02:26:52	06:19:50							+02:57:12	9:29	6.3 (55.3%)
282	BIADASIEWICZ Andrzej	3427	HTF LUDWIK SIKORSKI	Weteran II M - 60	4	02:18:41	06:20:01							+02:57:08	9:30	6.3 (55.3%)
283	KANTOROWSKI Piotr	3126		Masters M - 40	108	02:11:47								+00:48:43	8:47	6.8 (59.6%)
284	BOSY Hubert	3461	DRUŻYNA SZPIKU	Masters M - 40	109	02:12:15								+00:48:14	8:49	6.8 (59.6%)
285	SEGIN Marcin	3084	SPRINT ZALEWO	Masters M - 40	110	02:16:43								+00:52:43	9:06	6.6 (57.9%)
286	ZAPAŁOWSKA Jolanta	3209	SLOW JOGGING SIEDLCE/AKTYWNI WĘGRÓW	Weteran II K - 60	1	02:17:18								+00:53:34	9:09	6.6 (57.9%)
287	JARCZYŃSKA-DOMINIK Jola	3210	AKTYWNI WĘGRÓW	Masters K - 40	19	02:17:19								+00:53:35	9:09	6.6 (57.9%)
288	STĘPIEŃ Michał	3289		Masters M - 40	111	02:17:23								+00:54:22	9:09	6.6 (57.9%)
289	DARSKI Rafał	3073	RECAMIERE	Weteran II M - 60	5	02:18:56								+00:55:10	9:15	6.5 (57.0%)
290	ANTKOWIAK Mateusz	3154	STAJNIAKTEAM	Senior I M - 20	15	02:19:20								+00:55:22	9:17	6.5 (57.0%)
291	MAJEWSKA Ola	3119	LUX MED SPORTS TEAM	Senior II K - 30	19	02:19:22								+00:55:23	9:17	6.5 (57.0%)
292	AMBROZIAK Mateusz	3221		Senior II M - 30	73	02:20:14								+00:57:24	9:20	6.4 (56.1%)
293	RACIBORSKI Grzegorz	3142	TKKF KOLEJARZ BYDGOSZCZ	Masters M - 40	112	02:20:20								+00:56:29	9:21	6.4 (56.1%)
294	OKULICZ Anita	3135		Senior II K - 30	20	02:20:20								+00:56:29	9:21	6.4 (56.1%)
295	SZYMANIUK Maciej	3291		Senior II M - 30	74	02:20:26								+00:57:08	9:21	6.4 (56.1%)
296	WYSOCKI Marcin	3290		Senior II M - 30	75	02:20:26								+00:57:10	9:21	6.4 (56.1%)
297	KOPYDŁOWSKA Anna	3121	PAWKO RUNNER TEAM	Masters K - 40	20	02:20:30								+00:56:45	9:22	6.4 (56.1%)
298	GOŁĄB Andrzej	3304	CAŁA OLEŚNICA BIEGA	Weteran I M - 50	43	02:20:38								+00:56:46	9:22	6.4 (56.1%)
299	DYKO Jakub	3317		Senior II M - 30	76	02:20:45								+00:57:33	9:23	6.4 (56.1%)
300	DRABARZ Jacek	3103	NIGHT RUNNERS POZNAŃ	Weteran I M - 50	44	02:20:47								+00:56:57	9:23	6.4 (56.1%)
301	WRZESIŃSKI Krzysztof	3001		Masters M - 40	113	02:20:59								+00:57:14	9:23	6.4 (56.1%)
302	JASTRZĄB-STANDERSKA Joanna	3010		Masters K - 40	21	02:21:08								+00:57:16	9:24	6.4 (56.1%)
303	CHOŁOTA Marek	3005		Masters M - 40	114	02:21:09								+00:57:17	9:24	6.4 (56.1%)
304	BAKOWSKI Tomasz	3262	AUTOLIV RUN TEAM	Masters M - 40	115	02:21:13								+00:57:38	9:24	6.4 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km					
305	KACZOR Michał	3136	KLUCZBORSKA GRUPA BIEGOWA	Senior II M - 30	77	02:21:16								+00:58:22	9:25	6.4 (56.1%)
306	MALIGA Katarzyna	3012		Weteran K - 50	5	02:21:26								+00:57:43	9:25	6.4 (56.1%)
307	WRÓBEL Kelli	3133	ASICS FRONTRUNNER POLAND	Senior II K - 30	21	02:21:39								+00:58:19	9:26	6.4 (56.1%)
308		3462		OPEN	1	02:21:52								+00:58:21	9:27	6.3 (55.3%)
309	MAREK Tomasz	3058	DRUŻYNA BIEGOWA	Weteran I M - 50	45	02:21:53								+00:57:48	9:27	6.3 (55.3%)
310	KOPERSKI Jakub	3276	NIGHT RUNNERS POZNAŃ	Masters M - 40	116	02:22:11								+00:58:25	9:28	6.3 (55.3%)
311	MUCHA Katarzyna	3030	MOCNA GRUPA CEZARA	Weteran K - 50	6	02:22:17								+00:59:08	9:29	6.3 (55.3%)
312	LIS Sławomir	3127		Weteran II M - 60	6	02:22:41								+00:59:43	9:30	6.3 (55.3%)
313	PIETRZYK Sylwester	3087		Weteran I M - 50	46	02:23:06								+00:59:08	9:32	6.3 (55.3%)
314	KAŹMIERCZAK Adam	3368		Senior II M - 30	78	02:23:29								+01:00:16	9:33	6.3 (55.3%)
315	MORDZIOŁEK Katarzyna	3230	BIEGOWA KUŹNIA	Masters K - 40	22	02:23:44								+01:00:15	9:34	6.3 (55.3%)
316	POPCZYK Magdalena	3349		Senior II K - 30	22	02:23:47								+01:00:17	9:35	6.3 (55.3%)
317	SIWEK Grzegorz	3021	LANRUN	Weteran I M - 50	47	02:23:49								+01:00:28	9:35	6.3 (55.3%)
318	PYZIO Magda	3148	WWW.SPRAWDZAMY-NIERUCHOMOŚCI.PL	Senior II K - 30	23	02:24:21								+01:01:03	9:37	6.2 (54.4%)
319	ŁAGOWSKI Dariusz	3326	NIGHT RUNNERS/TKKF MPK POZNAŃ	Weteran I M - 50	48	02:24:30								+01:00:36	9:38	6.2 (54.4%)
320	LEŚNIAK Tomasz	3170	THE FLASH IS COMING	Masters M - 40	117	02:25:14								+01:01:10	9:40	6.2 (54.4%)
321	GRAU Joanna	3459	KWIDZYN BIEGA	Masters K - 40	23	02:25:16								+01:01:27	9:41	6.2 (54.4%)
322	KUZMIN Maksim	3193		Senior II M - 30	79	02:25:23								+01:02:21	9:41	6.2 (54.4%)
323	MONIAKOWSKI Adam	3248	BUTTONS TEAM	Weteran I M - 50	49	02:25:33								+01:02:38	9:42	6.2 (54.4%)
324	ZORAN Henryk	3128	WARTKIE PIERONY	Weteran I M - 50	50	02:25:41								+01:02:34	9:42	6.2 (54.4%)
325	WALIŃSKA Agata	3147	WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL	Masters K - 40	24	02:25:46								+01:02:28	9:43	6.2 (54.4%)
326	WOJCIECHOWSKA Wioletta	3267		Weteran K - 50	7	02:25:58								+01:02:26	9:43	6.2 (54.4%)
327	WOJCIECHOWSKI Krzysztof	3266		Weteran I M - 50	51	02:25:58								+01:02:27	9:43	6.2 (54.4%)
328	LIPSKI Pierre	3282	COURBEVOIE TRIATHLON	Weteran I M - 50	52	02:26:02								+01:02:46	9:44	6.2 (54.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km					
329	SZERMENT Eryk	3323		Masters M - 40	118	02:26:14								+01:02:49	9:44	6.2 (54.4%)
330	SIWINSKA Gosia	3078		Masters K - 40	25	02:26:15								+01:02:51	9:45	6.2 (54.4%)
331	CZECH Dorota	3132	ASICS FRONTRUNNER POLAND	Masters K - 40	26	02:26:15								+01:02:54	9:45	6.2 (54.4%)
332	KREFT Ewa	3039	LEŚNA RUNDA	Masters K - 40	27	02:26:16								+01:02:51	9:45	6.2 (54.4%)
333	SZERMENT Magdalena	3322		Masters K - 40	28	02:26:17								+01:02:52	9:45	6.2 (54.4%)
334	WIERUSZEWSKA Agata	3451	BIEGŁA BIEGŁA	Masters K - 40	29	02:26:21								+01:02:23	9:45	6.1 (53.5%)
335	JUSZCZAK Marcin	3391		Weteran I M - 50	53	02:26:25								+01:03:03	9:45	6.1 (53.5%)
336	PRZYWARCZAK-OLEJNIK Arleta	3129		Masters K - 40	30	02:26:31								+01:02:53	9:46	6.1 (53.5%)
337	LIC Janusz	3292		Weteran I M - 50	54	02:26:56								+01:03:10	9:47	6.1 (53.5%)
338	ORNACKI Łukasz	3095		Masters M - 40	119	02:26:57								+01:03:57	9:47	6.1 (53.5%)
339	GOUELLAIN Olivier	3281	ORLÉANS TRIATHLON CLUB 45	Weteran I M - 50	55	02:26:58								+01:03:41	9:47	6.1 (53.5%)
340	KRZESZEWSKA Dorota	3205	122 BLP	Masters K - 40	31	02:27:07								+01:03:18	9:48	6.1 (53.5%)
341	MOSZ Tomasz	3194	W POGONI ZA DUCHEM	Masters M - 40	120	02:27:11								+01:03:38	9:48	6.1 (53.5%)
342	PASZKIEWICZ Maciej	3334	DZIADEK BIEGA ULTRA	Weteran II M - 60	7	02:27:12								+01:04:06	9:48	6.1 (53.5%)
343	KRUPIŃSKI Tadeusz	3434		Weteran II M - 60	8	02:27:17								+01:04:25	9:49	6.1 (53.5%)
344	JARZYŃKA Artur	3011	NIEUMIEBIEGAĆ	Masters M - 40	121	02:27:28								+01:03:51	9:49	6.1 (53.5%)
345	KOWALCZYK-GROCHLA Agata	3026	NIGHT RUNNERS JAWORZNO/ KB MCKIS JAWORZNO	Masters K - 40	32	02:27:29								+01:03:50	9:49	6.1 (53.5%)
346	DRABIŃSKI Adrian	3264	BEERSPIRIT	Masters M - 40	122	02:27:41								+01:04:30	9:50	6.1 (53.5%)
347	ŻBIKOWSKA Małgorzata	3341	ULTRAWAYRUNNINGTEAM/SPC	Weteran K - 50	8	02:27:41								+01:04:36	9:50	6.1 (53.5%)
348	KALITA Cezary	3312	KB BIAŁA BIEGA	Weteran I M - 50	56	02:27:43								+01:04:20	9:50	6.1 (53.5%)
349	WYLEGAŁA Izabela	3411	PCH_RUN	Masters K - 40	33	02:27:44								+01:04:01	9:50	6.1 (53.5%)
350	WALCZAK Małgorzata	3407	PCH_RUN	Masters K - 40	34	02:27:45								+01:04:02	9:51	6.1 (53.5%)
351	NOWAK Marta	3410	PCH_RUN	Senior II K - 30	24	02:27:47								+01:04:03	9:51	6.1 (53.5%)
352	KROLS Hilde	3161	VOS SCHAFFEN	Weteran II K - 60	2	02:28:00								+01:04:59	9:52	6.1 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km					
353	OBŁUDKA Adam	3271	BEERSPIRIT / BIEGAJĄCE ZĄBKI	Masters M - 40	123	02:28:05								+01:04:56	9:52	6.1 (53.5%)
354	LICAK Łukasz	3014		Masters M - 40	124	02:28:34								+01:05:16	9:54	6.1 (53.5%)
355	OSSOWSKA Malgorzata	3090	KASZUBI LUZINO	Weteran K - 50	9	02:29:21								+01:05:52	9:57	6 (52.6%)
356	CZYŻ Łukasz	3059	ES TEAM	Masters M - 40	125	02:29:24								+01:05:46	9:57	6 (52.6%)
357	JENDRYSIK Kinga	3181		Masters K - 40	35	02:29:31								+01:05:55	9:58	6 (52.6%)
358	KADECKI Marek	3370	AZS PANS CIECHANÓW	Weteran I M - 50	57	02:29:32								+01:06:25	9:58	6 (52.6%)
359	RUSEK Mateusz	3355		Masters M - 40	126	02:31:20								+01:07:40	10:05	5.9 (51.8%)
360	CZOPEK Agnieszka	3044	KB MCKIS JAWORZNO	Masters K - 40	36	02:31:23								+01:07:44	10:05	5.9 (51.8%)
361	NAJDUK Daniel	3033	ROZBIEGANI CHOJNÓW	Senior II M - 30	80	02:31:37								+01:08:39	10:06	5.9 (51.8%)
362	PODHAJNY Piotr	3046	ROZBIEGANI CHOJNÓW	Masters M - 40	127	02:31:45								+01:08:46	10:07	5.9 (51.8%)
363	SIWA Kinga	3360		Masters K - 40	37	02:31:48								+01:08:32	10:07	5.9 (51.8%)
364	BUJAK Łukasz	3180	#BIEGAMBOMAMZONE	Senior II M - 30	81	02:32:01								+01:08:59	10:08	5.9 (51.8%)
365	JARZĘBOWSKI Piotr	3225		Masters M - 40	128	02:32:19								+01:09:09	10:09	5.9 (51.8%)
366	MASZEWSKA-WACH Mariola	3348	ULTRA PIOTRKÓW	Masters K - 40	38	02:33:13								+01:09:57	10:12	5.9 (51.8%)
367	DĘBICKI Artur	3137		Weteran I M - 50	58	02:33:22								+01:10:28	10:13	5.9 (51.8%)
368	CIEŚLOK Adam	3273	KLUB SPORTOWY M.E.T.A.	Senior II M - 30	82	02:33:47								+01:10:55	10:15	5.9 (51.8%)
369	CHODAKOWSKI Jakub	3111		Senior II M - 30	83	02:34:09								+01:11:10	10:16	5.8 (50.9%)
370	KUBÓW Jarek	3023		Masters M - 40	129	02:34:13								+01:11:17	10:16	5.8 (50.9%)
371	WIELICZKO Rafał	3054		Senior II M - 30	84	02:34:16								+01:10:16	10:17	5.8 (50.9%)
372	WIELICZKO Dagmara	3055		Senior II K - 30	25	02:34:17								+01:10:18	10:17	5.8 (50.9%)
373	KOZŁOWSKI Andrzej	3363		Senior II M - 30	85	02:34:28								+01:11:15	10:17	5.8 (50.9%)
374	MATUSZEWSKA Małgorzata	3308	RUNNER'S POWER - POWIAT ŚREMSKI	Masters K - 40	39	02:35:18								+01:11:54	10:21	5.8 (50.9%)
375	KLUPŚ Olga	3307	ŚREMSKI SPORT	Senior I K - 20	4	02:35:18								+01:11:55	10:21	5.8 (50.9%)
376	GŁÓWCZYŃSKA Katarzyna	3417	RUNNER'S POWER ŚREM	Senior II K - 30	26	02:35:18								+01:11:56	10:21	5.8 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km					
377	KACZMAREK Mirosław	3366	RUNNER'S POWER ŚREM	Senior II M - 30	86	02:35:21							+01:11:57	10:21	5.8 (50.9%)
378	KOZAK Ewa	3306	GKS DŁUGOŁĘKA	Masters K - 40	40	02:35:31							+01:12:10	10:22	5.8 (50.9%)
379	SURDAKCI Jerzy	3274	DRUŻYNA SZPIKU	Weteran I M - 50	59	02:35:35							+01:12:19	10:22	5.8 (50.9%)
380	DŁUGOŁĘCKI Jakub	3219	KS PRZAŚNIK	Senior I M - 20	16	02:35:37							+01:12:15	10:22	5.8 (50.9%)
381	ŻEHALUK Paweł	3179		Senior II M - 30	87	02:35:37							+01:12:17	10:22	5.8 (50.9%)
382	GRABIŃSKA Monika	3075	POLACY BIEGAJĄ W NL	Masters K - 40	41	02:36:25							+01:12:48	10:25	5.8 (50.9%)
383	MIELNIK Krzysztof	3025		Senior II M - 30	88	02:37:08							+01:14:07	10:28	5.7 (50.0%)
384	ZAKRZEWSKA Anna	3328		Masters K - 40	42	02:37:09							+01:13:46	10:28	5.7 (50.0%)
385	KAMOLA Maciej	3048	WYBIEGAC MARZENIA TEAM	Senior II M - 30	89	02:37:16							+01:13:58	10:29	5.7 (50.0%)
386	CHEŁCHOWSKA Katarzyna	3052		Senior II K - 30	27	02:37:18							+01:13:59	10:29	5.7 (50.0%)
387	CHEŁCHOWSKI Mateusz	3053		Senior II M - 30	90	02:37:18							+01:14:00	10:29	5.7 (50.0%)
388	SOBASZKIEWICZ Rafał	3295	RUNCROSS ROZGARTY	Weteran I M - 50	60	02:39:11							+01:16:05	10:36	5.7 (50.0%)
389	HATALSKI Wojciech	3298	GÓRY LASY	Senior II M - 30	91	02:39:32							+01:16:11	10:38	5.6 (49.1%)
390	MOROŃ Krzysztof	3041		Senior II M - 30	92	02:40:10							+01:17:03	10:40	5.6 (49.1%)
391	ALLEN Stephen	3042	BARNET & DISTRICT AC	Weteran II M - 60	9	02:40:38							+01:17:34	10:42	5.6 (49.1%)
392	CHOJNOWSKA Dominika	3113	#NIEZESRAJSIE	Senior II K - 30	28	02:41:27							+01:18:34	10:45	5.6 (49.1%)
393	GILEWSKI Bartłomiej	3112	#NIEZESRAJSIĘ	Senior II M - 30	93	02:41:28							+01:18:36	10:45	5.6 (49.1%)
394	KOŁBUC Rafał	3101		Senior II M - 30	94	02:41:57							+01:18:15	10:47	5.6 (49.1%)
395	KAŁŁAUR Krzysztof	3155		Masters M - 40	130	02:42:17							+01:19:10	10:49	5.5 (48.2%)
396	KOWALEWSKI Robert	3213		Weteran I M - 50	61	02:43:25							+01:20:10	10:53	5.5 (48.2%)
397	SKROŃSKA Monika	3097	WYBIEGAJ SIEBIE	Masters K - 40	43	02:46:12							+01:23:07	11:04	5.4 (47.4%)
398	FELICZAK Małgorzata	3134		Masters K - 40	44	02:47:58							+01:24:55	11:11	5.4 (47.4%)
399	GRAJCAR Anna	3122		Masters K - 40	45	02:47:59							+01:24:56	11:11	5.4 (47.4%)
400	NOWACKI Robert	3346		Weteran I M - 50	62	02:49:37							+01:26:06	11:18	5.3 (46.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas		Tempo min/km	Tempo km/h	
						A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km	netto 110km	brutto 110km			Różn
401	MALISIEWICZ Anna	3236		Senior II K - 30	29	02:50:57								+01:27:43	11:23	5.3 (46.5%)
402	SZEMIK Kamila	3163		Masters K - 40	46	02:53:10								+01:29:37	11:32	5.2 (45.6%)
403	SZWEDLER-NOWACKA Jolanta	3153		Masters K - 40	47	02:53:13								+01:29:40	11:32	5.2 (45.6%)
404	BUBEL Alina	3167	KB SUPERMARATOŃCZYK	Weteran K - 50	10	02:53:42								+01:30:37	11:34	5.2 (45.6%)
405	HAMPEL Patryk	3241	RED LINE	Senior II M - 30	95	02:54:46								+01:31:03	11:39	5.1 (44.7%)
406	HAMPEL Maria	3272	RED LINE - STUDIO TRENINGU	Senior I K - 20	5	02:54:50								+01:31:08	11:39	5.1 (44.7%)
407	MAŻNICA Artur	3285		Senior I M - 20	17	02:54:51								+01:31:10	11:39	5.1 (44.7%)
408	OBARSKI Norbert	3172		Weteran II M - 60	10	02:57:46								+01:34:31	11:51	5.1 (44.7%)
409	KOŁDA Halina	3216	PCH_RUN	Weteran II K - 60	3	03:00:09								+01:36:28	12:00	5 (43.9%)
410	ŚWIĘTONIOWSKA Justyna	3365	SAINT TEAM	Masters K - 40	48	03:01:17								+01:37:46	12:05	5 (43.9%)
411	FILA Katarzyna	3231		Senior II K - 30	30	03:02:22								+01:39:07	12:09	4.9 (43.0%)
412	MATERA Kinga	3369		Masters K - 40	49	03:04:44								+01:40:45	12:18	4.9 (43.0%)
413	WALCZAK-WOJTKOWSKA Iwona	3351		Weteran II K - 60	4	03:05:53								+01:42:57	12:23	4.8 (42.1%)
414	GŁADYSZ Rafał	3449	#BYLEPRZEDJURKIEM	Masters M - 40	131	03:06:56								+01:43:52	12:27	4.8 (42.1%)
	FEDORCZAK Jacek	3300	ACCENTURE	Masters M - 40		02:01:00 DNF	05:17:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BORK Łukasz	3020	GRUPA DRUHA BORUCHA	Masters M - 40		01:55:22 DNF	05:36:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KOZIŃSKI Wojciech	3187	ULTRAWAY RUNNING TEAM	Senior II M - 30		02:08:52 DNF	05:44:05 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DOMINIAK Michał	3393		Masters M - 40		01:53:41 DNF	05:53:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DUDEK Adam	3249		Masters M - 40		01:53:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GACHOWSKI Łukasz	3079		Masters M - 40		01:57:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PRZYBYTKOWSKI Adam	3358	RNB TEAM POLANICA ZDRÓJ	Weteran I M - 50		02:04:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MATYJA Rafał	3432		Senior II M - 30		02:12:28 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	TALARCZYK Jagoda	3116	CENTRUM RUCHU CUBE	Masters K - 40		02:54:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km	Czas netto 110km	Czas brutto 110km	Różn	Tempo min/km	Tempo km/h
	KALETA Leszek	3343		Senior II M - 30		DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	DOBROVSKA Anna	3008		Masters K - 40		DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 425 wynik(ów)