

BIEG K-B-L - 110 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2018-07-19
Miejsce: Łądek-Zdrój
Dystans: 110 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters K - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A9 15km	A11 40km	A13 73km	A15 98km	Czas netto 110km	Czas brutto 110km	Różn	Tempo min/km	Tempo km/h
1	KRYM Katarzyna	223	NIGHT RUNNERS WROCŁAW	Masters K - 40	1	01:47:19	04:44:27	09:20:37	13:59:01	15:43:04.80	15:43:08.75		8:34	7 (100%)
2	SZCZOTKA Katarzyna	198		Masters K - 40	2	01:57:09	05:28:05	10:41:34	15:24:52	17:04:32.95	17:04:38.75	+01:21:30 (8.0%)	9:18	6.4 (91.4%)
3	JĘDRYCHA Bożena	140		Masters K - 40	3	02:03:16	05:51:38	10:53:14	15:42:20	17:18:02.45	17:18:16.50	+01:35:07 (9.2%)	9:26	6.4 (91.4%)
4	WOŻNA Magdalena	240		Masters K - 40	4	02:11:31	05:53:07	11:11:15	15:46:40	17:36:54.45	17:37:16.90	+01:54:08 (10.8%)	9:36	6.2 (88.6%)
5	ŚWIATOWIEC Anna	44	IMPERIUM SPORTU TEAM	Masters K - 40	5	02:12:25	06:12:06	11:31:53	16:21:49	18:01:07.90	18:01:19.55	+02:18:10 (12.8%)	9:49	6.1 (87.1%)
6	RÓŻOWICZ Eliza	47	SPARTANIE DZIECIOM	Masters K - 40	6	02:04:50	05:41:34	10:59:13	16:04:33	18:27:25.25	18:27:35.10	+02:44:26 (14.8%)	10:04	6 (85.7%)
7	BRUSZEWSKA-GŁOMBIOWSKA Monika	134		Masters K - 40	7	02:11:30	05:59:16	11:30:25	16:52:24	19:13:44.40	19:13:50.65	+03:30:41 (18.3%)	10:29	5.7 (81.4%)
8	MAJOCH Anna	145	GVT	Masters K - 40	8	02:08:50	05:58:31	11:50:46	17:16:29	19:28:45.85	19:28:45.85	+03:45:37 (19.3%)	10:37	5.6 (80.0%)
9	JĘDRZEJOWSKA-DEC Anna	327	OTK RZEŹNIK	Masters K - 40	9	02:09:34	06:05:54	11:52:14	17:33:11	19:41:23.15	19:41:46.60	+03:58:37 (20.2%)	10:44	5.6 (80.0%)
10	HARĘŻLAK Dorota	38	AGB TORFY	Masters K - 40	10	02:13:56	06:06:47	11:31:02	17:22:52	19:46:24.20	19:46:32.90	+04:03:24 (20.5%)	10:47	5.6 (80.0%)
11	BAJAK Małgorzata	237	MUAY RUNNING TEAM	Masters K - 40	11	02:19:00	06:20:37	12:13:55	18:03:48	20:00:59.00	20:01:11.35	+04:18:02 (21.5%)	10:55	5.5 (78.6%)
12	WSUŁ Monia	173	CHOSZCZENSKA10	Masters K - 40	12	01:58:52	05:38:29	11:30:26	18:12:36	20:23:18.20	20:23:33.50	+04:40:24 (22.9%)	11:07	5.4 (77.1%)
13	POPŁAWSKA Katarzyna	37	CZARNE OWCE HIPOLITÓW	Masters K - 40	13	02:13:20	06:37:00	12:59:03	18:30:31	20:29:33.80	20:29:39.50	+04:46:30 (23.3%)	11:10	5.4 (77.1%)
14	PATURA Anna	82	ŁÓDŹ RUNNING TEAM	Masters K - 40	14	02:13:02	06:37:35	13:27:06	19:08:36	20:59:23.30	20:59:25.75	+05:16:17 (25.1%)	11:26	5.2 (74.3%)
15	SAKOWSKA Aneta	68	MARATONKA GRAJEWO	Masters K - 40	15	02:11:56	06:33:33	13:39:12	20:04:19	22:13:31.25	22:13:49.10	+06:30:40 (29.3%)	12:07	4.9 (70.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A9 15km	A11 40km	A13 73km	A15 98km	Czas netto 110km	Czas brutto 110km	Różn	Tempo min/km	Tempo km/h
16	SKOLIMOWSKA Katarzyna	268		Masters K - 40	16	02:15:09	06:14:15	13:14:16	20:08:03	22:25:44.10	22:25:46.85	+06:42:38 (29.9%)	12:14	4.9 (70.0%)
17	KUCNER Monika	111	ALBERTS TEAM	Masters K - 40	17	02:11:21	05:51:18	12:57:04	20:31:55	23:41:42.60	23:42:09.25	+07:59:00 (33.7%)	12:55	4.6 (65.7%)
18	NĄCKIEWICZ Justyna	92		Masters K - 40	18	02:42:05	07:54:31	14:50:36	21:28:52	24:01:25.60	24:01:38.45	+08:18:29 (34.6%)	13:06	4.6 (65.7%)
19	SOBICZEWSKA Iza	301	EKOBIEGI	Masters K - 40	19	02:18:42	07:14:57	15:07:48	22:21:45	24:53:33.70	24:53:36.20	+09:10:27 (36.9%)	13:34	4.4 (62.9%)
20	JUCHA Lidia	58		Masters K - 40	20	02:46:38	07:48:07	15:03:40	22:09:50	25:12:23.90	25:12:32.35	+09:29:23 (37.6%)	13:44	4.4 (62.9%)
21	PRUSIEWICZ Beata	137	ANTON TEAM	Masters K - 40	21	02:13:05	06:47:34	14:07:17	22:02:23	25:19:01.75	25:19:17.50	+09:36:08 (37.9%)	13:48	4.3 (61.4%)

Znaleziono 21 wynik(ów)