



# BIEG K-B-L - 110 KM

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dolnośląski Festiwal Biegów Górskich  
Fundacja MARATONY GÓRSKIE  
2022-07-14  
Lądek-Zdrój  
110 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: OPEN KOBIEC

Punkt pomiarowy: 70,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	A8 0.01km	A9 15km	A11 40km	A13 70km
1	<b>BERNAT Katarzyna</b>	<b>3177</b>	BIEGOWA ŚWIDNICA	Weteran K - 50	00:00:02	01:40:43	04:23:44	08:14:17
	<b>PENIOWICZ Justyna</b>	<b>3224</b>	ASICS FRONTRUNNER POLAND	Senior II K - 30	00:00:14 DNF	01:51:27 DNF	04:41:57 DNF	08:56:32 DNF
3	<b>IWAŃCIÓW Katarzyna</b>	<b>3160</b>		Senior II K - 30	00:00:04	01:48:01	04:42:08	08:58:08
4	<b>RZEŻNICZEK Anna</b>	<b>3433</b>	STOWARZYSZENIE DZIAŁAMY RAZEM	Senior II K - 30	00:00:19	01:52:25	04:58:52	09:16:43
5	<b>BEDNAREK Anna</b>	<b>3436</b>	SPARTAN TRAINING GROUP WARSZAWA	Senior II K - 30	00:00:05	01:48:23	04:47:56	09:16:44
6	<b>KONIECZNA Paulina</b>	<b>3396</b>	CH10	Senior II K - 30	00:00:28	01:53:53	05:00:48	09:37:37
7	<b>LUTOMSKA Dorota</b>	<b>3010</b>	OFIX.PL BIKE TEAM	Masters K - 40	00:00:07	01:53:22	05:22:31	09:42:32
8	<b>MARCINKOWSKA-CHOLEWA Katarzyna</b>	<b>3468</b>	GÓRAL Z MAZUR RUNNING TEAM	Masters K - 40	00:00:07	01:57:59	05:21:01	09:42:34
9	<b>MELLER Joanna</b>	<b>3391</b>	GÓRAL Z MAZUR RUNNING TEAM	Masters K - 40	00:00:07	01:57:54	05:15:22	09:44:29
10	<b>KWIATEK Agnieszka</b>	<b>3461</b>		Senior II K - 30	00:00:16	01:55:54	05:14:12	09:47:12
11	<b>KOZŁOWSKA Iwona</b>	<b>3129</b>	LESZNO LIMITS RUNNERS	Masters K - 40	00:00:08	01:58:26	05:13:32	09:48:23
12	<b>KINOWSKA Katarzyna</b>	<b>3238</b>	GRUPA BIEGOWA 65	Masters K - 40	00:00:20	02:05:11	05:24:19	10:01:56
13	<b>ŁYCZKO Anna</b>	<b>3087</b>	PODIUM	Senior II K - 30	00:00:11	02:08:54	05:44:15	10:27:47
14	<b>PAUL Violetta</b>	<b>3219</b>	BIEGAMY W GÓRACH	Masters K - 40	00:00:29	02:09:10	05:46:01	10:33:58
15	<b>HACHOŁ Justyna</b>	<b>3004</b>		Masters K - 40	00:00:18	02:04:11	05:42:54	10:38:49
16	<b>DRAGANEK Ewelina</b>	<b>3387</b>		Masters K - 40	00:00:27	02:00:28	05:33:36	10:40:35
17	<b>KANDEFER Beata</b>	<b>3195</b>	KB „ATHLETIC” ZREĆIN	Weteran K - 50	00:00:15	02:01:31	05:33:25	10:41:55
18	<b>WALASZCZYK Anna</b>	<b>3266</b>		Masters K - 40	00:00:10	02:05:02	05:51:23	10:44:33
19	<b>SMIESZKOŁ BRYKOWSKA Sonia</b>	<b>3244</b>		Masters K - 40	00:00:10	02:05:03	05:51:24	10:44:34
20	<b>SZNAJDER Joanna</b>	<b>3088</b>		Masters K - 40	00:00:25	02:06:58	05:59:20	11:00:16
21	<b>HELLER Karina</b>	<b>3258</b>	PORANNY BESKID RUN	Masters K - 40	00:00:32	02:11:48	05:56:07	11:00:22
22	<b>KUBICKA Magdalena</b>	<b>3389</b>		Masters K - 40	00:00:43	02:20:28	05:55:31	11:00:23
23	<b>KOSTERA Katarzyna</b>	<b>3335</b>	VEGE RUNNERS	Masters K - 40	00:00:09	02:09:20	06:02:20	11:01:00
24	<b>ANDRZEJCZUK Marzena</b>	<b>3398</b>		Masters K - 40	00:00:17	02:05:57	05:50:44	11:12:58
25	<b>KARCZ Anna</b>	<b>3475</b>		Senior II K - 30	00:00:24	02:00:33	05:52:40	11:14:49
26	<b>SMOLAK Agata</b>	<b>3133</b>		Masters K - 40	00:00:31	02:14:18	06:02:28	11:15:15
27	<b>GOKIERT-SKRENTNA Justyna</b>	<b>3047</b>	GÓRSKIE KOZICE	Masters K - 40	00:00:18	02:05:25	05:48:32	11:15:17
28	<b>GRYCMAN Magdalena</b>	<b>3440</b>	SPARTA ULTRA TEAM	Masters K - 40	00:00:23	02:06:10	06:10:01	11:16:33
29	<b>BIĘCZAK Zuzanna</b>	<b>3295</b>	ASICS FRONTRUNNER POLAND	Senior II K - 30	00:00:14	02:00:03	05:46:48	11:18:16
30	<b>PIETRZAK Agnieszka</b>	<b>3294</b>	DOGOŃ GRODZISK MAZOWIECKI	Masters K - 40	00:00:37	02:17:05	06:22:00	11:29:12

Msc	Zawodnik	Numer	Klub	Kategoria	A8 0.01km	A9 15km	A11 40km	A13 70km
31	<b>KONS Katarzyna</b>	<b>3105</b>		Senior II K - 30	00:00:27	02:17:20	06:04:14	11:29:15
32	<b>GRZELAK Justyna</b>	<b>3486</b>	MARATON LESZNO	Masters K - 40	00:00:32	02:24:31	06:13:14	11:29:16
33	<b>RYCHEL-MANTUR Dominika</b>	<b>3018</b>		Senior II K - 30	00:00:48	02:06:02	05:54:41	11:36:21
34	<b>WOSZTYL Alicja</b>	<b>3043</b>	FOR-REST-RUN	Senior II K - 30	00:00:19	02:04:32	05:47:11	11:37:58
35	<b>PAWLIK Joanna</b>	<b>3054</b>		Senior II K - 30	00:00:29	02:15:13	06:19:43	11:37:58
36	<b>PASIEKA Agnieszka</b>	<b>3072</b>	KB ATHLETIC ZRĘCIN	Masters K - 40	00:00:09	02:09:40	06:05:07	11:42:19
37	<b>WITUSIK Dorota</b>	<b>3450</b>		Masters K - 40	00:00:09	02:09:44	06:05:08	11:42:19
38	<b>RAFA Asia</b>	<b>3280</b>	RUNNERS TEAM NYSA	Masters K - 40	00:00:25	02:22:27	06:21:54	11:44:37
39	<b>WÓJCIAK Ewelina</b>	<b>3393</b>	WARRIORS ŁÓDŹ	Senior II K - 30	00:00:46	02:26:01	06:30:02	11:44:38
40	<b>PIGUŁA Daria</b>	<b>3435</b>	CARBON SILESIA SPORT	Masters K - 40	00:00:30	02:13:57	06:11:31	11:53:43
41	<b>POPCZYK Ewelina</b>	<b>3388</b>	HEALTHY BODY ŻELAZNY&ŻELAZNY	Masters K - 40	00:00:31	02:16:47	06:18:30	11:53:44
42	<b>STRAMOWSKA-JARCZEWSKA Sandra</b>	<b>3451</b>	MONSTER CROSS TEAM WOŁCZYN	Senior II K - 30	00:00:13	02:06:22	06:03:03	11:55:47
43	<b>ŚWIĘTONIOWSKA Justyna</b>	<b>3016</b>	PODIUM	Masters K - 40	00:00:11	02:18:35	06:27:30	12:06:48
44	<b>BUJALSKA Agata</b>	<b>3172</b>		Senior II K - 30	00:00:21	02:18:19	06:14:18	12:10:04
45	<b>CIPORA Katarzyna</b>	<b>3377</b>	K&M TEAM	Masters K - 40	00:00:11	02:35:17	06:50:57	12:10:10
46	<b>ŻOŁDAK Magdalena</b>	<b>3225</b>	#BIEGIEMWLAS	Masters K - 40	00:00:27	02:23:12	06:31:39	12:11:24
47	<b>WSUŁ Monia</b>	<b>3415</b>		Masters K - 40	00:00:28	02:01:49	05:34:39	12:15:41
48	<b>BOGUCKA Zuzanna</b>	<b>3296</b>		Senior II K - 30	00:00:42	02:25:28	06:46:22	12:18:13
49	<b>KIERZEK Ewa</b>	<b>3093</b>	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40	00:00:43	02:26:49	06:31:33	12:18:57
50	<b>OLSCHIMKE-MARMUROWICZ Barbara</b>	<b>3151</b>	ZAŁOGA GÓRSKA	Masters K - 40	00:00:42	02:24:28	06:31:35	12:21:10
51	<b>JAKÓBCZYK Ewelina</b>	<b>3454</b>		Senior II K - 30	00:00:51	02:16:03	06:37:15	12:24:14
52	<b>STAJNIAK-STELIGA Izabela</b>	<b>3313</b>	OBORYGENI	Masters K - 40	00:00:36	02:24:12	06:51:42	12:27:16
53	<b>MILEJSKA Joanna</b>	<b>3279</b>	BBL OPOLE	Masters K - 40			06:33:50	12:29:03
54	<b>SUT Iwona</b>	<b>3248</b>		Masters K - 40	00:00:46	02:31:17	06:59:43	12:36:57
55	<b>ROŹNIATA Iwona</b>	<b>3467</b>	SNG WILD DUCKS	Masters K - 40	00:00:46	02:31:23	06:59:42	12:36:57
56	<b>SAMBORSKA Monika</b>	<b>3027</b>	KBKS RADOMSKO	Masters K - 40	00:00:32	02:24:37	06:36:05	12:38:00
57	<b>TOMASZEWSKA Ewa</b>	<b>3039</b>		Masters K - 40	00:00:31	02:24:17	06:27:25	12:38:08
58	<b>ZAWADZKA Marzena</b>	<b>3070</b>		Weteran K - 50	00:00:13	02:26:01	06:53:57	12:38:10
59	<b>ZACHARIASZ Agnieszka</b>	<b>3282</b>	BIEGOWA KUŹNIA	Senior II K - 30	00:00:22	02:21:57	06:43:06	12:42:19
60	<b>KWIATKOWSKA Zuzanna</b>	<b>3109</b>	RNB TEAM POLANICA ZDRÓJ	Masters K - 40	00:00:44	02:20:37	07:00:02	12:54:01
61	<b>CIOSEK Beata</b>	<b>3329</b>	AUGUSTEAM	Weteran K - 50	00:00:37	02:19:21	06:27:27	12:56:18
62	<b>ŁASKAWSKA Justyna</b>	<b>3434</b>		Masters K - 40	00:00:10	02:15:53	06:31:01	13:05:33
63	<b>BARANIAK Beata</b>	<b>3136</b>	DRUŻYNA SZPIKU	Masters K - 40	00:00:53	02:43:54	07:28:04	13:07:08
64	<b>LENART Joanna</b>	<b>3111</b>	ZADYSZKA OŚWIĘCIM	Weteran K - 50	00:00:08	02:09:05	06:06:48	13:08:39
65	<b>MAGOCSY Justyna</b>	<b>3069</b>		Senior II K - 30	00:00:15	02:33:39	06:47:35	13:11:21
66	<b>OWCZARZAK Katarzyna</b>	<b>3277</b>	OWCE NA WYPASIE	Senior II K - 30	00:00:35	02:25:58	07:03:28	13:14:27
67	<b>SMYKOWSKA Magdalena</b>	<b>3198</b>	RYKOWISKOTEAM	Senior II K - 30	00:00:24	01:58:27	06:52:16	13:16:39
68	<b>PACZUSZKA Anna</b>	<b>3220</b>	KLUB BIEGACZA WARTA	Senior II K - 30	00:00:20	02:11:58	06:57:40	13:23:18
69	<b>KROLS Hilde</b>	<b>3406</b>	HAMOK	Weteran K - 50	00:00:39	02:23:44	07:03:30	13:24:04
70	<b>KOPCZYŃSKA Marta</b>	<b>3181</b>	BIEGAJĄCE KREJZOLE	Senior II K - 30	00:00:54	02:36:09	07:06:27	13:28:22
71	<b>BEDNARSKA Kaśka</b>	<b>3380</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	Masters K - 40	00:00:39	02:30:02	06:43:01	13:39:22
72	<b>ROGUT Katarzyna</b>	<b>3382</b>	AGB TORFY	Weteran K - 50	00:00:41	02:34:58	07:25:16	13:42:33
73	<b>KOPKA Elżbieta</b>	<b>3381</b>		Masters K - 40	00:00:41	02:34:55	07:25:15	13:42:41
74	<b>OLECHNOWICZ Magda</b>	<b>3138</b>	BBL GORZÓW	Masters K - 40	00:00:33	02:31:53	07:26:17	13:44:31
75	<b>LEWICKA Bożena</b>	<b>3168</b>	GONIMY	Weteran II K - 60	00:00:36	02:43:53	07:33:59	13:51:26

Msc	Zawodnik	Numer	Klub	Kategoria	A8 0.01km	A9 15km	A11 40km	A13 70km
76	<b>KLUZA-HOWIL Lila</b>	<b>3153</b>	BIEGOWE KAIZEN	Masters K - 40	00:00:34	02:25:59	07:21:36	13:52:12
77	<b>PIEKAROWICZ Magdalena</b>	<b>3357</b>		Weteran K - 50	00:00:27	02:33:00	07:27:50	14:03:48
78	<b>KANDORA Joanna</b>	<b>3252</b>	MIECHOWICKA GRUPA BIEGOWA	Masters K - 40	00:00:35	02:32:13	07:23:49	14:19:59
79	<b>OWCZARCZAK Monika</b>	<b>3305</b>	SPORTOWY KAŻMIERZ	Senior II K - 30	00:00:49	02:35:27	07:24:32	14:22:08
80	<b>FRYBES Agnieszka</b>	<b>3079</b>		Senior II K - 30	00:00:40	02:25:53	07:01:55	14:27:16
81	<b>POPCZYK Magdalena</b>	<b>3021</b>	BIEGOWA KUŻNIA	Senior II K - 30	00:00:22	02:51:51	08:02:34	14:53:41
82	<b>POŚPIECH Anna</b>	<b>3462</b>	BIEGOWA KUŻNIA	Senior II K - 30	00:00:21	02:51:54	08:02:35	14:53:41
	<b>SUŁEK Aldona</b>	<b>3471</b>	KLUB ZOELLER TECH	Masters K - 40	00:00:18 DNF	02:26:23 DNF	07:33:41 DNF	14:54:38 DNF
84	<b>CZECHOSKA Magdalena</b>	<b>3230</b>	64 BATALION LEKKIEJ PIECHOTY	Masters K - 40	00:00:44	02:35:30	07:28:35	14:54:45
85	<b>MALIGA Katarzyna</b>	<b>3006</b>		Masters K - 40	00:00:41	02:39:15	07:31:05	15:06:34
86	<b>ZAMOJSKA Iwona</b>	<b>3216</b>	MIECHOWICKA GRUPA BUEGOWA	Masters K - 40	00:00:35	02:34:21	07:47:53	15:27:55
87	<b>DZIERGWA Agnieszka</b>	<b>3354</b>	PRZEDWOJEWSKI TEAM	Senior II K - 30	00:00:30	02:34:33	08:03:06	15:37:20
88	<b>DOWNAR-ZAPOLSKA Laura</b>	<b>3003</b>	@MD_RUN	Senior I K - 20	00:00:29	02:34:32	08:03:10	15:37:22
89	<b>DOWNAR-ZAPOLSKA Rita</b>	<b>3001</b>	@MD_RUN	Masters K - 40	00:00:31	02:34:38	08:03:11	15:37:30
90	<b>DOMINIAK-LESZCZYŃSKA Elżbieta</b>	<b>3422</b>	LASY WAWERSKIE	Weteran II K - 60	00:00:28	03:12:20	08:47:33	15:38:35
91	<b>OBARSKA Małgorzata</b>	<b>3124</b>		Weteran II K - 60	00:00:43	02:56:06	08:27:25	15:51:48
92	<b>WALCZAK-WOJTKOWSKA Iwona</b>	<b>3317</b>		Weteran II K - 60	00:00:29	03:13:54	08:54:53	16:17:13
93	<b>BEDNARSKA-KOZIOŁ Danuta</b>	<b>3052</b>	NIENAWIDZĘ BUBICZA	Masters K - 40	00:00:50	02:59:27	08:53:39	16:39:43
94	<b>SYPNIEWSKA Hanna</b>	<b>3218</b>	SPARTANIE DZIECIOM/ FESTIWAL BIEGOWY ULTRAWAY	Weteran II K - 60	00:00:45	03:12:44	10:02:12	16:51:38
95	<b>KAŻMIERCZAK Aleksandra</b>	<b>3199</b>	SKORUPA TEAM	Masters K - 40	00:00:45	03:12:24	09:26:29	17:55:26
	<b>POSYNIAK Anna</b>	<b>3449</b>	NIENAWIDZĘ BUBICZA	Masters K - 40	00:00:50 DNF	02:59:29 DNF	08:53:41 DNF	17:55:26 DNF
	<b>KŁOS Aneta</b>	<b>3359</b>		Masters K - 40	00:00:45 DNF	03:12:29 DNF	09:26:31 DNF	17:55:37 DNF
98	<b>ZIMINSKA Joanna</b>	<b>3384</b>	HAPPYRUNNERS	Weteran K - 50	00:00:41	02:34:56	07:25:16	
	<b>STRUK Agnieszka</b>	<b>3066</b>	W POGONI ZA DUCHEM	Senior II K - 30	00:00:05 DNF	02:01:29 DNF	05:29:31 DNF	DNF
	<b>BĄDZIUL Dorota</b>	<b>3482</b>		Senior II K - 30	00:00:48 DNF	03:05:37 DNF	DNF	DNF
	<b>KRAJEWSKA-KŁODA Katarzyna</b>	<b>3092</b>	DRUŻYNA SZPIKU	Masters K - 40	00:00:53 DNF	02:43:55 DNF	07:28:04 DNF	DNF

Znaleziono 101 wynik(ów)