



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dolnośląski Festiwal Biegów Górskich  
Fundacja MARATONY GÓRSKIE  
2023-07-13  
Łądek-Zdrój  
110 km

## BIEG K-B-L - 110 KM

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN KOBIEĆ

Punkt pomiarowy: 61,0 km

| Msc | Zawodnik                  | Numer | Klub                          | Kategoria        | A9<br>15km | A11<br>40km | A12<br>61km |
|-----|---------------------------|-------|-------------------------------|------------------|------------|-------------|-------------|
| 1   | WENTA Marta               | 3235  | KASZUBSKA PONIEWIERKA         | Senior II K - 30 | 01:29:23   | 03:58:50    | 06:11:01    |
| 2   | KRUPICKA Katarzyna        | 3305  | GÓRAL Z MAZUR RUNNING TEAM    | Senior II K - 30 | 01:36:59   | 04:16:52    | 06:47:50    |
| 3   | TATAREK-KONIK Agnieszka   | 3132  | ALPIN SPORT TEAM              | Senior II K - 30 | 01:31:47   | 04:16:54    | 06:52:22    |
| 4   | KOMISARCZYK Anna          | 3477  |                               | Senior II K - 30 | 01:38:56   | 04:27:31    | 06:53:27    |
| 5   | GUZERA Justyna            | 3289  | MATNER RUNNING TEAM           | Senior II K - 30 | 01:40:03   | 04:32:01    | 07:07:45    |
| 6   | GRABOŚ Nina               | 3401  |                               | Masters K - 40   | 01:38:47   | 04:33:44    | 07:15:43    |
| 7   | RZEŹNICZEK Anna           | 3320  | STOWARZYSZENIE DZIAŁAMY RAZEM | Senior II K - 30 | 01:52:22   | 04:47:39    | 07:29:16    |
| 8   | KONIECZNA Paulina         | 3383  |                               | Senior II K - 30 | 01:42:28   | 04:43:26    | 07:31:18    |
| 9   | BOGUCKA Emilia            | 3486  | WLKP MOUNTAINS ULTRA          | Masters K - 40   | 01:44:27   | 04:50:02    | 07:33:15    |
| 10  | WITKE-ORLIKOWSKA Marta    | 3315  |                               | Senior II K - 30 | 01:44:26   | 04:54:54    | 07:47:54    |
| 11  | OBERLAN-MAROŃ Joanna      | 3042  | PODGÓRZ TORUŃ                 | Masters K - 40   | 01:39:31   | 04:52:11    | 07:50:10    |
| 12  | KWIATEK Agnieszka         | 3349  |                               | Senior II K - 30 | 01:54:45   | 05:14:00    | 08:20:56    |
| 13  | STRUK Agnieszka           | 3290  | W POGONI ZA DUCHEM            | Senior II K - 30 | 01:55:59   | 05:13:02    | 08:25:18    |
| 14  | KUJAWSKA-FREJLICH Joanna  | 3528  |                               | Senior II K - 30 | 01:54:42   | 05:21:54    | 08:31:27    |
| 15  | KARCZYŃSKA Eliza          | 3418  | MARATOŃCZYK POZNAŃ            | Masters K - 40   | 01:58:41   | 05:29:47    | 08:41:52    |
| 16  | RATAJCZAK Dorota          | 3094  | RATAJCZAK RUN                 | Masters K - 40   | 02:01:45   | 05:35:17    | 08:47:05    |
| 17  | WOJCIECHOWSKA Dorota      | 3381  | CAŁA OLEŚNICA BIEGA           | Masters K - 40   | 02:06:36   | 05:36:43    | 08:48:40    |
| 18  | BABIŃSKA-POPIŁKA Ewelina  | 3007  |                               | Senior II K - 30 | 02:01:10   | 05:17:39    | 08:49:36    |
| 19  | ABRAMOWICZ Agata          | 3264  |                               | Senior I K - 20  | 01:56:17   | 05:39:31    | 08:52:25    |
| 20  | MAZUR Anna                | 3232  | ULTRANQA                      | Masters K - 40   | 01:56:31   | 05:32:08    | 08:53:11    |
| 21  | SKORUPIŃSKA Katarzyna     | 3133  | SKORUPKI TEAM                 | Masters K - 40   | 02:01:34   | 05:31:54    | 08:53:30    |
| 22  | WESOŁOWSKA Kinga          | 3046  | ASICSFRONTRUNNERPOLAND        | Senior I K - 20  | 02:02:38   | 05:37:15    | 08:56:24    |
| 23  | GILEWICZ-RACHOWSKA Jagoda | 3449  | MAKSFLY                       | Senior II K - 30 | 02:02:51   | 05:52:23    | 08:58:04    |
| 24  | PLUTA Kinga               | 3227  |                               | Senior I K - 20  | 02:05:08   | 05:49:07    | 08:59:45    |
| 25  | DOMAGAŁA Grażyna          | 3372  |                               | Senior II K - 30 | 01:55:36   | 05:29:35    | 09:01:15    |
| 26  | ŚWIĄTEK Ewelina           | 3301  | SPARTANIE DZIECIOM            | Masters K - 40   | 02:02:06   | 05:52:09    | 09:07:39    |
| 27  | KOPACZ Katarzyna          | 3304  |                               | Senior II K - 30 | 02:04:13   | 05:42:46    | 09:07:42    |
| 28  | ZIĘTEK Katarzyna          | 3032  |                               | Senior II K - 30 | 02:18:56   | 05:53:39    | 09:07:44    |
| 29  | RYCHEL-MANTUR Dominika    | 3079  |                               | Senior II K - 30 | 02:06:01   | 05:56:50    | 09:14:47    |
| 30  | GARCZYŃSKA Ania           | 3131  |                               | Weteran K - 50   | 02:13:04   | 06:02:54    | 09:17:47    |

| Msc | Zawodnik                   | Numer | Klub                                        | Kategoria         | A9<br>15km   | A11<br>40km  | A12<br>61km  |
|-----|----------------------------|-------|---------------------------------------------|-------------------|--------------|--------------|--------------|
| 31  | JAROCKA Agata              | 3364  |                                             | Masters K - 40    | 02:17:53     | 06:03:43     | 09:18:06     |
| 32  | ŁABĘCKA Agata              | 3070  | KLUB BIEGACZA RTV EURO AGD                  | Masters K - 40    | 02:14:05     | 06:02:23     | 09:24:33     |
| 33  | JAZUKIEWICZ Ewa            | 3405  | EAZYMUT.PL                                  | Weteran K - 50    | 02:15:34     | 06:03:37     | 09:27:08     |
| 34  | JAROSIŃSKA Katarzyna       | 3279  | STAJNIAK TEAM                               | Senior I K - 20   | 02:03:45     | 05:50:38     | 09:27:36     |
| 35  | PIGUŁA Daria               | 3438  | CARBON SILESIA SPORT                        | Masters K - 40    | 02:03:10     | 05:57:08     | 09:27:48     |
| 36  | SKŁADANOWSKA Beata         | 3403  | ARW/EUROCASH TEAM/DZIKI TEAM                | Senior II K - 30  | 02:16:42     | 06:12:10     | 09:29:16     |
| 37  | MATUSZCZAK-SZULC Iwona     | 3541  |                                             | Weteran K - 50    | 02:15:05     | 06:02:38     | 09:30:31     |
| 38  | SOBCZAK Aleksandra         | 3410  |                                             | Senior II K - 30  | 02:05:11     | 05:49:10     | 09:32:55     |
| 39  | POPCZYK Ewelina            | 3045  | HEALTHY BODY ŻELAZNY&ŻELAZNY                | Masters K - 40    | 02:08:28     | 05:58:38     | 09:34:15     |
| 40  | KUPCZAK Ewa                | 3453  | SPARTA ULTRA TEAM                           | Weteran K - 50    | 02:03:10     | 06:15:32     | 09:42:04     |
| 41  | GRYCMAN Magda              | 3426  | SPARTA ULTRA TEAM                           | Masters K - 40    | 02:03:08     | 06:15:31     | 09:42:08     |
| 42  | GAŁACKA Joanna             | 3471  |                                             | Masters K - 40    | 02:08:53     | 06:10:58     | 09:43:06     |
| 43  | CIECHAROWSKA Justyna       | 3234  | RUN DE GIRARD                               | Senior II K - 30  | 02:11:05     | 06:19:43     | 09:49:54     |
| 44  | FILIPEK Małgorzata         | 3017  |                                             | Senior II K - 30  | 02:11:49     | 06:11:53     | 09:49:56     |
| 45  | JANKOWSKA Paulina          | 3313  | EY RUN4FUN                                  | Senior II K - 30  | 02:24:58     | 06:29:51     | 09:50:16     |
| 46  | STOLARSKA Monika           | 3081  | KBKS RADOMSKO                               | Senior II K - 30  | 02:10:31     | 06:12:41     | 09:53:44     |
| 47  | SZYMANIEWICZ Kalina        | 3059  | PROJEKT 1000UP                              | Weteran K - 50    | 02:16:54     | 06:15:50     | 09:55:45     |
| 48  | SOWIŃSKA-JANECZEK Joanna   | 3019  | KB MARATON TUREK                            | Senior II K - 30  | 02:15:10     | 06:20:25     | 09:57:17     |
| 49  | RUTKOWSKA Agnieszka        | 3400  | NAKRĘCONA NA BIEGANIE                       | Senior II K - 30  | 02:23:56     | 06:33:15     | 09:57:21     |
| 50  | KOZDRÓJ Wioletta           | 3162  | DOGOŃ GRODZISK MAZOWIECKI/DŻAKARTA RUN TEAM | Masters K - 40    | 02:14:59     | 06:30:27     | 10:05:05     |
| 51  | TYLMAN Małgorzata          | 3237  |                                             | Masters K - 40    | 02:07:28     | 06:12:11     | 10:06:15     |
| 52  | NORAS Alina                | 3224  | ENDURANCE TEAM                              | Senior II K - 30  | 02:24:37     | 06:39:37     | 10:09:21     |
| 53  | BŁASZCZYK Luiza            | 3152  |                                             | Senior II K - 30  | 02:17:08     | 06:31:32     | 10:11:02     |
| 54  | KUTYŁA Agnieszka           | 3411  | NIEPOŁOMICE BIEGAJĄ                         | Weteran K - 50    | 02:22:19     | 06:33:03     | 10:14:21     |
|     | STASZYŃSKA Karolina        | 3468  | BIEGAJĄCE KREJZOLE                          | Masters K - 40    | 02:14:30 DNF | 06:28:30 DNF | 10:18:25 DNF |
| 56  | HOLIK Iwona                | 3437  | GORLICKA GRUPA BIEGOWA                      | Masters K - 40    | 02:21:25     | 06:28:53     | 10:18:54     |
| 57  | DYŁĄG Katarzyna            | 3466  | GGB                                         | Masters K - 40    | 02:21:22     | 06:28:52     | 10:18:55     |
| 58  | MUCHA Katarzyna            | 3208  | NOA                                         | Weteran K - 50    | 02:32:03     | 06:49:36     | 10:19:18     |
| 59  | SOCHAJ Anna                | 3113  | FUKUNDA                                     | Senior II K - 30  | 02:18:02     | 06:29:14     | 10:20:26     |
| 60  | WĘGIERSKA Małgorzata       | 3496  |                                             | Senior II K - 30  | 02:05:30     | 05:55:04     | 10:21:46     |
| 61  | SOSZYŃSKA Katarzyna        | 3533  | ULTRA WAY TEAM                              | Masters K - 40    | 02:17:26     | 06:47:41     | 10:26:39     |
| 62  | ROSZYK Magdalena           | 3454  | TKKF MPK POZNAŃ/BIEGAJĄCE KREJZOLE          | Masters K - 40    | 02:16:40     | 06:49:30     | 10:30:03     |
| 63  | GÓRNY Magdalena            | 3074  | KLUB BIEGACZA SUPERMARATOŃCZYK              | Masters K - 40    | 02:18:16     | 06:39:05     | 10:33:45     |
| 64  | MICHALSKA Joanna           | 3222  | VELUX                                       | Masters K - 40    | 02:11:33     | 06:30:03     | 10:34:45     |
| 65  | PARYSZ Anna                | 3450  | STARE BABICE BIEGAJA                        | Weteran II K - 60 | 02:26:08     | 06:57:20     | 10:43:14     |
| 66  | MATUSZEWSKA Małgorzata     | 3481  | RUNNER'S POWER - POWIAT ŚREMSKI             | Masters K - 40    | 02:32:47     | 06:57:50     | 10:46:22     |
| 67  | LEPIARZ Beata              | 3347  | W KOBIECIE SIŁA                             | Weteran K - 50    | 02:20:52     | 06:43:04     | 10:49:08     |
| 68  | PODBIELSKA Małgorzata      | 3434  |                                             | Senior II K - 30  | 02:17:40     | 06:57:20     | 10:49:48     |
| 69  | SKIBA Anna                 | 3335  | KB HARCOWNIK                                | Masters K - 40    | 02:25:40     | 06:48:38     | 10:50:23     |
| 70  | KALISZEWICZ Ewa            | 3156  |                                             | Masters K - 40    | 02:34:45     | 06:55:47     | 10:52:32     |
|     | JÓZEPIAK Beata             | 3112  |                                             | Senior II K - 30  | 01:54:45 DNF | 05:36:54 DNF | 10:57:44 DNF |
| 72  | KICZINSKA Izabela          | 3443  | 4 PUŁK CHEMICZNY                            | Masters K - 40    | 02:19:09     | 06:48:22     | 10:59:35     |
| 73  | STAJNIAK-STELIGA Izabela   | 3451  | OBORYGENI                                   | Masters K - 40    | 02:32:28     | 06:58:00     | 11:02:29     |
| 74  | JASTRZĄB-STANDERSKA Joanna | 3013  |                                             | Masters K - 40    | 02:15:26     | 06:58:19     | 11:03:31     |
| 75  | KUBICA Anna                | 3387  |                                             | Masters K - 40    | 02:25:17     | 07:17:17     | 11:04:29     |

| Msc | Zawodnik                           | Numer       | Klub                               | Kategoria         | A9<br>15km   | A11<br>40km  | A12<br>61km  |
|-----|------------------------------------|-------------|------------------------------------|-------------------|--------------|--------------|--------------|
| 76  | <b>TERETYKA Dorota</b>             | <b>3024</b> | BIEGAJĄCE KREJZOLE                 | Masters K - 40    | 02:29:00     | 07:11:44     | 11:07:25     |
| 77  | <b>PAPIEROWSKA Dagmara</b>         | <b>3023</b> |                                    | Senior II K - 30  | 02:29:00     | 07:11:39     | 11:07:26     |
| 78  | <b>ŁYSIAK Kasia</b>                | <b>3273</b> |                                    | Senior II K - 30  | 02:29:51     | 06:57:38     | 11:13:54     |
| 79  | <b>STEC Iwona</b>                  | <b>3029</b> |                                    | Senior II K - 30  | 02:29:53     | 06:57:41     | 11:13:58     |
| 80  | <b>SUŁEK Aldona</b>                | <b>3428</b> | ZOELLER TECH                       | Masters K - 40    | 02:38:47     | 07:20:01     | 11:14:44     |
| 81  | <b>MARUT Kaśka</b>                 | <b>3350</b> |                                    | Masters K - 40    | 02:31:48     | 07:07:49     | 11:14:55     |
| 82  | <b>PRZYBYSZEWSKA Dominika</b>      | <b>3054</b> | ŚWIERCZEWO RUN                     | Senior II K - 30  | 02:29:04     | 07:11:40     | 11:15:13     |
| 83  | <b>WITKOWSKA Maria</b>             | <b>3095</b> | TEAM DFBG                          | Weteran II K - 60 | 02:42:03     | 07:22:40     | 11:15:21     |
| 84  | <b>MAJEWSKA Gizela</b>             | <b>3366</b> | NIGHT RUNNERS PYSKOWICE            | Weteran K - 50    | 02:35:49     | 07:15:47     | 11:15:31     |
| 84  | <b>BURLIGA Marzena</b>             | <b>3368</b> |                                    | Masters K - 40    | 02:35:49     | 07:16:07     | 11:16:25     |
| 86  | <b>JASKÓLSKA-PIETRZYK Kinga</b>    | <b>3415</b> | BIEGOWA KUŹNIA                     | Masters K - 40    | 02:28:45     | 07:01:33     | 11:21:04     |
| 87  | <b>BARANIAK Beata</b>              | <b>3160</b> | DRUŻYNA SZPIKU                     | Weteran K - 50    | 02:29:58     | 07:19:42     | 11:26:57     |
| 88  | <b>KRAJEWSKA-KŁODA Katarzyna</b>   | <b>3155</b> | DRUŻYNA SZPIKU                     | Masters K - 40    | 02:29:57     | 07:19:45     | 11:27:05     |
| 89  | <b>KOLEJ Monika</b>                | <b>3348</b> | DZIKIE DZIKI GORZÓW                | Masters K - 40    | 02:31:07     | 07:14:00     | 11:34:01     |
| 90  | <b>ZYGMUNT Monika</b>              | <b>3336</b> |                                    | Weteran K - 50    | 02:31:12     | 07:19:01     | 11:35:22     |
| 91  | <b>BIEŃ Małgorzata</b>             | <b>3011</b> |                                    | Masters K - 40    | 02:31:43     | 07:13:16     | 11:37:06     |
| 92  | <b>WOJCIESZAK Klaudia</b>          | <b>3192</b> | TEAM ZABIEGANEDNI                  | Masters K - 40    | 02:31:43     | 07:13:13     | 11:37:09     |
| 93  | <b>SZEMIK Kamila</b>               | <b>3462</b> |                                    | Masters K - 40    | 02:43:30     | 07:35:50     | 11:39:37     |
| 94  | <b>SZWEDLER-NOWACKA Jolanta</b>    | <b>3394</b> |                                    | Masters K - 40    | 02:43:34     | 07:35:53     | 11:39:42     |
| 95  | <b>ŁOWICKA Maja</b>                | <b>3111</b> | AKTYWNI RAZEM                      | Senior II K - 30  | 02:15:58     | 07:00:23     | 11:40:33     |
| 96  | <b>NOWAK Iwona</b>                 | <b>3157</b> | SIEMIANOWICE I PRZYJACIELE BIEGAJĄ | Masters K - 40    | 02:30:46     | 07:49:14     | 11:40:59     |
| 97  | <b>STROMIDŁO Anna</b>              | <b>3078</b> | BROWAR DOMOWY HATAK                | Masters K - 40    | 02:31:44     | 07:40:42     | 11:41:33     |
| 98  | <b>KAŹMIERCZAK Aleksandra</b>      | <b>3100</b> | SKORUPA SPORT                      | Masters K - 40    | 02:30:17     | 07:27:02     | 11:42:20     |
| 99  | <b>KROLS Hilde</b>                 | <b>3440</b> | VOS SCHAFFEN                       | Weteran II K - 60 | 02:33:14     | 07:31:42     | 11:52:19     |
| 100 | <b>THEUER-CZARNECKA Małgorzata</b> | <b>3266</b> |                                    | Weteran K - 50    | 02:38:07     | 07:39:32     | 11:52:52     |
| 101 | <b>ŚWIĘTONIOWSKA Justyna</b>       | <b>3056</b> | SAINT TEAM                         | Masters K - 40    | 02:45:51     | 07:39:43     | 11:55:14     |
| 102 | <b>REKOSIEWICZ-TOKARZ Monika</b>   | <b>3395</b> | ZAWADZKA TEAM/NOCNY BÓR            | Masters K - 40    | 02:45:45     | 07:39:43     | 11:55:32     |
| 103 | <b>POKOJSKA Ewa</b>                | <b>3416</b> | WYBIEGAJ SIEBIE                    | Masters K - 40    | 02:43:38     | 07:32:13     | 11:56:11     |
| 104 | <b>JAGODZIŃSKA Paulina</b>         | <b>3043</b> | GANGBIESA/ LOVE'LAS                | Masters K - 40    | 02:33:13     | 07:22:08     | 12:02:23     |
| 105 | <b>POSYNIAK Anna</b>               | <b>3171</b> |                                    | Masters K - 40    | 02:34:20     | 07:22:07     | 12:02:29     |
| 106 | <b>HELWICH Agnes</b>               | <b>3448</b> | HELTEAM                            | Masters K - 40    | 02:19:31     | 06:57:28     | 12:05:35     |
| 107 | <b>SCHUMACHER Małgorzata</b>       | <b>3022</b> | PAKOŚĆ BIEGA                       | Senior II K - 30  | 02:42:38     | 07:56:17     | 12:15:20     |
| 108 | <b>SYPNIEWSKA Hanna</b>            | <b>3512</b> | ULTRAWAY TEAM                      | Weteran II K - 60 | 02:50:27     | 08:03:59     | 12:17:26     |
| 109 | <b>MORDZIOŁEK Katarzyna</b>        | <b>3053</b> | BIEGOWA KUŹNIA                     | Masters K - 40    | 02:34:02     | 07:46:27     | 12:18:45     |
| 110 | <b>POPCZYK Magdalena</b>           | <b>3089</b> | BIEGOWA KUŹNIA                     | Senior II K - 30  | 02:36:00     | 07:46:28     | 12:18:48     |
| 111 | <b>POŚPIECH Anna</b>               | <b>3439</b> | BIEGOWA KUŹNIA                     | Senior II K - 30  | 02:36:02     | 07:46:31     | 12:18:55     |
| 112 | <b>PAWĘZOWSKA Anna</b>             | <b>3086</b> | BIEGOWA KUŹNIA                     | Masters K - 40    | 02:34:14     | 07:46:31     | 12:19:04     |
| 113 | <b>WALIŃSKA Agata</b>              | <b>3202</b> | WWW.SPRAWDZAMY-NIERUCHOMOSCI.COM   | Senior II K - 30  | 02:28:24     | 07:14:13     | 12:27:27     |
| 114 | <b>PYZIO Magdalena</b>             | <b>3203</b> |                                    | Senior II K - 30  | 02:28:14     | 07:14:10     | 12:27:30     |
| 115 | <b>WALCZAK-WOJTKOWSKA Iwona</b>    | <b>3309</b> |                                    | Weteran II K - 60 | 03:05:01     | 08:43:01     | 13:02:44     |
| 116 | <b>JĘDRZEJEWSKA Beata</b>          | <b>3316</b> | MIRAZ RACE TEAM                    | Masters K - 40    | 02:49:50     | 08:43:50     | 13:03:30     |
| 117 | <b>RUTKOWSKA Małgorzata</b>        | <b>3188</b> |                                    | Weteran K - 50    | 02:59:44     | 08:43:37     | 13:22:27     |
| 118 | <b>TOPOREK Ewa</b>                 | <b>3106</b> | WYLOTANE                           | Senior II K - 30  | 03:04:02     | 08:55:23     | 13:34:04     |
|     | <b>MATERA Kinga</b>                | <b>3220</b> | GRUPA JURA PL                      | Masters K - 40    | 02:51:33 DNF | 08:32:28 DNF | 13:48:09 DNF |
|     | <b>MATYSIAK Agnieszka</b>          | <b>3413</b> |                                    | Masters K - 40    | 02:14:39 DNF | DNF          | DNF          |

| Msc | Zawodnik           | Numer | Klub                               | Kategoria         | A9<br>15km   | A11<br>40km  | A12<br>61km |
|-----|--------------------|-------|------------------------------------|-------------------|--------------|--------------|-------------|
|     | KĘDZIORA Marta     | 3357  | ŻUBRY RACE TEAM                    | Senior II K - 30  | 02:16:40 DNF | DNF          | DNF         |
|     | WIELICZKO Dagmara  | 3020  |                                    | Senior II K - 30  | 02:31:06 DNF | 07:37:40 DNF | DNF         |
|     | KURBIEL Sylwia     | 3110  | SIEMIANOWICE I PRZYJACIELE BIEGAJĄ | Masters K - 40    | 02:30:44 DNF | 07:49:14 DNF | DNF         |
|     | OBARSKA Małgorzata | 3170  |                                    | Weteran II K - 60 | 03:10:01 DNF | 08:59:47 DNF | DNF         |
|     | MAKOWSKA Maja      | 3497  | EAZYMUT.PL/ ON RUNNING             | Senior II K - 30  | 02:10:55 DNF | 06:05:53 DNF | DNF         |

Znaleziono 125 wynik(ów)