



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2023-07-13
Łądek-Zdrój
110 km

BIEG K-B-L - 110 KM

B4SPORT

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas netto 110km | Czas brutto 110km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------|----------------------------|---------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 1 | WILK Maciej | 3187 | RAMBO 3 | Masters M - 40 | 1 | 01:24:44 | 03:34:42 | 05:44:07 | 06:56:36 | 08:37:01 | 09:52:12 | | 10:59:13.25 | 10:59:17.30 | | 5:59 | 10 (100%) |
| 2 | WENTA Marta | 3235 | KASZUBSKA PONIEWIERKA | Senior II K - 30 | 1 | 01:29:23 | 03:58:50 | 06:11:01 | 07:22:59 | 08:57:58 | 10:17:02 | | 11:25:35.55 | 11:25:40.10 | +00:26:22 (3.8%) | 6:13 | 9.6 (96.0%) |
| 3 | KACZMARCZYK Łukasz | 3198 | ELITE RUNNERS | Senior II M - 30 | 1 | 01:31:47 | 04:02:49 | 06:19:18 | 07:36:54 | 09:18:11 | 10:51:19 | | 12:06:24.30 | 12:06:26.60 | +01:07:09 (9.2%) | 6:36 | 9.1 (91.0%) |
| 4 | GRZESIEK Góral | 3071 | HEJ HEJ GUURALU! | Senior II M - 30 | 2 | 01:35:03 | 04:07:55 | 06:29:52 | 07:50:34 | 09:38:07 | 11:17:11 | | 12:37:48.25 | 12:37:55.85 | +01:38:38 (13.0%) | 6:53 | 8.7 (87.0%) |
| 5 | GRYCZKA Mateusz | 3384 | AMBIT RACING TEAM | Masters M - 40 | 2 | 01:24:53 | 03:59:54 | 06:30:10 | 07:51:32 | 09:46:55 | 11:31:35 | | 12:49:23.25 | 12:49:27.40 | +01:50:10 (14.3%) | 6:59 | 8.6 (86.0%) |
| 6 | TATAREK-KONIK Agnieszka | 3132 | ALPIN SPORT TEAM | Senior II K - 30 | 2 | 01:31:47 | 04:16:54 | 06:52:22 | 08:11:48 | 09:57:15 | 11:34:54 | | 12:52:52.15 | 12:52:55.75 | +01:53:38 (14.7%) | 7:01 | 8.5 (85.0%) |
| 7 | KAMERDUŁA Łukasz | 3379 | | Masters M - 40 | 3 | 01:29:29 | 04:19:12 | 06:55:05 | 08:12:24 | 09:55:43 | 11:39:08 | | 12:53:49.10 | 12:53:55.15 | +01:54:37 (14.8%) | 7:02 | 8.5 (85.0%) |
| 8 | MÜLLER Christoph | 3302 | ŁĄDEK-ZDRÓJ RUNNERS | Senior II M - 30 | 3 | 01:29:14 | 04:05:26 | 06:34:54 | 08:07:21 | 09:55:16 | 11:42:51 | | 12:54:21.30 | 12:54:26.05 | +01:55:08 (14.9%) | 7:02 | 8.5 (85.0%) |
| 9 | KRUPICKA Katarzyna | 3305 | GÓRAL Z MAZUR RUNNING TEAM | Senior II K - 30 | 3 | 01:36:59 | 04:16:52 | 06:47:50 | 08:07:23 | 10:07:57 | 11:51:24 | | 13:10:02.05 | 13:10:05.80 | +02:10:48 (16.6%) | 7:10 | 8.4 (84.0%) |
| 10 | KOMISARCZYK Anna | 3477 | | Senior II K - 30 | 4 | 01:38:56 | 04:27:31 | 06:53:27 | 08:17:11 | 10:08:15 | 11:54:18 | | 13:16:03.15 | 13:16:08.95 | +02:16:51 (17.2%) | 7:14 | 8.3 (83.0%) |
| 11 | BOTKIEWICZ Jarosław | 3502 | STOKOWCZYKI / WKURW_TEAM | Masters M - 40 | 4 | 01:36:19 | 04:17:51 | 06:55:45 | 08:28:56 | 10:23:55 | 12:01:05 | | 13:21:40.15 | 13:21:45.30 | +02:22:28 (17.8%) | 7:17 | 8.2 (82.0%) |
| 12 | KABAJA Jiří | 3145 | LOS KŘUPOS | Masters M - 40 | 5 | 01:41:46 | 04:36:21 | 07:13:43 | 08:40:58 | 10:33:45 | 12:12:55 | | 13:26:46.20 | 13:26:55.30 | +02:27:38 (18.3%) | 7:20 | 8.2 (82.0%) |
| 13 | KASIEL Paweł | 3522 | MATNER RUNNING TEAM | Masters M - 40 | 6 | 01:36:52 | 04:17:54 | 06:56:19 | 08:35:30 | 10:38:02 | 12:15:55 | | 13:29:16.05 | 13:29:19.60 | +02:30:02 (18.5%) | 7:21 | 8.2 (82.0%) |
| 14 | NARWOJSZ Arkadiusz | 3397 | INŻYNIERIA BIEGANIA | Masters M - 40 | 7 | 01:43:13 | 04:35:46 | 07:23:56 | 08:42:51 | 10:33:02 | 12:18:08 | | 13:37:31.15 | 13:37:47.65 | +02:38:30 (19.4%) | 7:25 | 8.1 (81.0%) |
| 15 | JAKOWSKI Mateusz | 3174 | | Senior II M - 30 | 4 | 01:31:32 | 04:19:23 | 07:01:30 | 08:23:47 | 10:19:19 | 12:06:15 | | 13:37:51.30 | 13:37:54.50 | +02:38:37 (19.4%) | 7:26 | 8.1 (81.0%) |
| 16 | DZIESZUK Grzegorz | 3521 | PODZAMCZE WAŁBRZYCH | Masters M - 40 | 8 | 01:43:04 | 04:39:25 | 07:24:38 | 08:54:22 | 10:44:00 | 12:22:54 | | 13:38:49.45 | 13:38:55.10 | +02:39:37 (19.5%) | 7:26 | 8.1 (81.0%) |
| 17 | LEKI Krzysztof | 3485 | | Masters M - 40 | 9 | 01:37:41 | 04:24:42 | 06:59:44 | 08:28:56 | 10:27:29 | 12:15:45 | | 13:39:35.20 | 13:39:44.85 | +02:40:27 (19.6%) | 7:27 | 8.1 (81.0%) |
| 18 | ŁUKOMSKI Krzysztof | 3506 | MISTRZOWSKI TRENING | Senior II M - 30 | 5 | 01:32:44 | 04:31:01 | 07:13:08 | 08:43:36 | 10:40:42 | 12:21:10 | | 13:42:39.20 | 13:42:42.65 | +02:43:25 (19.9%) | 7:28 | 8 (80.0%) |
| 19 | KOCOUREK Martin | 3337 | RUNCAT | Masters M - 40 | 10 | 01:28:56 | 04:05:19 | 06:41:28 | 08:07:28 | 10:08:51 | 12:08:16 | | 13:43:57.25 | 13:44:03.75 | +02:44:46 (20.0%) | 7:29 | 8 (80.0%) |
| 20 | WĄCHAŁA Damian | 3422 | | Senior II M - 30 | 6 | 01:29:31 | 04:24:28 | 07:15:46 | 08:41:02 | 10:39:29 | 12:21:20 | | 13:44:36.90 | 13:44:42.55 | +02:45:25 (20.1%) | 7:29 | 8 (80.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas | | Tempo min/km | Tempo km/h | |
|-----|-------------------------------|-------------|-----------------------------------|------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | | | | | | | netto 110km | brutto 110km | | | Różn |
| 21 | GUZERA Justyna | 3289 | MATNER RUNNING TEAM | Senior II K - 30 | 5 | 01:40:03 | 04:32:01 | 07:07:45 | 08:38:07 | 10:41:18 | 12:23:28 | | 13:45:03.15 | 13:45:10.15 | +02:45:52 (20.1%) | 7:30 | 8 (80.0%) |
| 22 | MARVAN Rostislav | 3119 | | Weteran I M - 50 | 1 | 01:44:29 | 04:40:16 | 07:14:32 | 08:41:44 | 10:40:17 | 12:22:04 | | 13:45:48.90 | 13:45:58.85 | +02:46:41 (20.2%) | 7:30 | 8 (80.0%) |
| 23 | FILIP Paweł | 3386 | MOCNA GRUPA CEZARA | Senior II M - 30 | 7 | 01:37:18 | 04:30:54 | 07:16:54 | 08:47:32 | 10:40:58 | 12:31:33 | | 13:51:06.45 | 13:51:11.90 | +02:51:54 (20.7%) | 7:33 | 7.9 (79.0%) |
| 24 | SKUPIN Grzegorz | 3165 | | Senior II M - 30 | 8 | 01:29:21 | 04:18:22 | 07:07:48 | 08:33:59 | 10:35:22 | 12:27:35 | | 13:59:28.45 | 13:59:36.50 | +03:00:19 (21.5%) | 7:37 | 7.9 (79.0%) |
| 25 | KOSECKI Krzysztof | 3144 | NSZZFSG | Senior II M - 30 | 9 | 01:40:13 | 04:31:05 | 07:09:07 | 08:41:10 | 10:44:36 | 12:34:38 | | 14:01:32.15 | 14:01:40.20 | +03:02:22 (21.7%) | 7:39 | 7.8 (78.0%) |
| 26 | JĘDRZEJKO Dominik | 3128 | BIEGAM SOBIE | Senior II M - 30 | 10 | 01:32:10 | 04:21:53 | 07:07:48 | 08:37:55 | 10:44:17 | 12:33:14 | | 14:02:26.15 | 14:02:26.15 | +03:03:08 (21.7%) | 7:39 | 7.8 (78.0%) |
| 27 | KSIĄŻEK Sebastian | 3205 | RUNNER SAM PO LESIE | Masters M - 40 | 11 | 01:42:33 | 04:34:09 | 07:19:15 | 08:50:05 | 10:54:04 | 12:52:37 | | 14:12:18.85 | 14:12:25.20 | +03:13:07 (22.7%) | 7:44 | 7.7 (77.0%) |
| 28 | MELON Krzysztof | 3504 | | Senior II M - 30 | 11 | 01:39:35 | 04:34:19 | 07:20:52 | 08:48:15 | 10:45:22 | 12:40:23 | | 14:12:59.25 | 14:13:12.50 | +03:13:55 (22.7%) | 7:45 | 7.7 (77.0%) |
| 29 | DĄBROWICZ Jakub | 3442 | | Masters M - 40 | 12 | 01:43:20 | 04:40:02 | 07:27:18 | 09:04:16 | 11:02:07 | 12:52:33 | | 14:17:37.90 | 14:17:48.85 | +03:18:31 (23.1%) | 7:47 | 7.7 (77.0%) |
| 30 | GRABOŚ Nina | 3401 | | Masters K - 40 | 1 | 01:38:47 | 04:33:44 | 07:15:43 | 08:50:40 | 10:55:39 | 12:56:43 | | 14:21:22.35 | 14:21:43.35 | +03:22:26 (23.5%) | 7:49 | 7.7 (77.0%) |
| 31 | STASZCZAK Łukasz | 3161 | TRI TEAM LUBAŃ / SPORT GENERATION | Masters M - 40 | 13 | 01:37:30 | 04:23:03 | 06:55:33 | 08:28:41 | 10:42:53 | 12:46:39 | | 14:25:22.20 | 14:25:44.75 | +03:26:27 (23.8%) | 7:52 | 7.6 (76.0%) |
| 32 | PRZYSTARZ Grzegorz | 3163 | OBORYGENI | Weteran I M - 50 | 2 | 01:53:24 | 05:01:54 | 07:55:13 | 09:22:48 | 11:19:02 | 13:06:49 | | 14:28:01.40 | 14:28:11.05 | +03:28:53 (24.1%) | 7:53 | 7.6 (76.0%) |
| 33 | WOLBACH Tomasz | 3455 | WOLNE ŚLIMAKI | Masters M - 40 | 14 | 01:38:48 | 04:32:12 | 07:40:34 | 09:22:47 | 11:13:49 | 12:56:56 | | 14:28:53.50 | 14:29:03.45 | +03:29:46 (24.1%) | 7:53 | 7.6 (76.0%) |
| 34 | RZEŹNICZEK Anna | 3320 | STOWARZYSZENIE DZIAŁAMY RAZEM | Senior II K - 30 | 6 | 01:52:22 | 04:47:39 | 07:29:16 | 09:00:47 | 11:04:16 | 13:01:18 | | 14:30:47.50 | 14:31:02.25 | +03:31:44 (24.3%) | 7:54 | 7.6 (76.0%) |
| 35 | GAWROŃSKI Paweł | 3417 | | Masters M - 40 | 15 | 01:40:35 | 04:40:05 | 07:23:33 | 09:00:55 | 11:03:30 | 13:01:30 | | 14:30:56.00 | 14:31:02.35 | +03:31:45 (24.3%) | 7:55 | 7.6 (76.0%) |
| 36 | DYSARZ Przemysław | 3025 | | Masters M - 40 | 16 | 01:55:24 | 05:09:25 | 07:50:09 | 09:17:02 | 11:12:05 | 13:05:46 | | 14:36:11.05 | 14:36:23.85 | +03:37:06 (24.8%) | 7:57 | 7.5 (75.0%) |
| 37 | BOGUCKA Emilia | 3486 | WLKP MOUNTAINS ULTRA | Masters K - 40 | 2 | 01:44:27 | 04:50:02 | 07:33:15 | 09:04:24 | 11:11:24 | 13:06:19 | | 14:36:19.95 | 14:36:30.25 | +03:37:12 (24.8%) | 7:57 | 7.5 (75.0%) |
| 38 | TRĄBCZYŃSKI Michał | 3393 | KB SZAMOTUŁY | Masters M - 40 | 17 | 01:38:34 | 04:27:39 | 07:19:02 | 08:54:29 | 11:03:13 | 13:07:54 | | 14:36:54.45 | 14:37:02.15 | +03:37:44 (24.8%) | 7:58 | 7.5 (75.0%) |
| 39 | WITKE-ORLIKOWSKA Marta | 3315 | | Senior II K - 30 | 7 | 01:44:26 | 04:54:54 | 07:47:54 | 09:19:47 | 11:17:36 | 13:10:48 | | 14:37:10.70 | 14:37:16.15 | +03:37:58 (24.8%) | 7:58 | 7.5 (75.0%) |
| 40 | GRUSZKA Janusz | 3346 | KITA TEAM BRZEZINKI | Senior II M - 30 | 12 | 01:32:40 | 04:43:47 | 07:42:58 | 09:12:13 | 11:13:43 | 13:15:16 | | 14:41:16.40 | 14:41:25.55 | +03:42:08 (25.2%) | 8:00 | 7.5 (75.0%) |
| 41 | ŻEBROWSKI Juliusz | 3343 | | Senior II M - 30 | 13 | 01:32:43 | 04:32:05 | 07:13:22 | 08:44:13 | 10:51:51 | 12:58:59 | | 14:42:55.55 | 14:42:58.60 | +03:43:41 (25.3%) | 8:01 | 7.5 (75.0%) |
| 42 | MIKOŁAJCZYK Rafał | 3288 | DZG RUNNERS ZGORZELEC | Masters M - 40 | 18 | 01:50:15 | 05:01:24 | 08:07:58 | 09:39:10 | 11:39:10 | 13:25:45 | | 14:44:00.20 | 14:44:08.85 | +03:44:51 (25.4%) | 8:02 | 7.5 (75.0%) |
| 43 | DOMAGAŁA Grzegorz | 3419 | | Masters M - 40 | 19 | 01:35:08 | 04:30:15 | 07:30:41 | 09:26:24 | 11:29:20 | 13:19:20 | | 14:44:24.00 | 14:44:29.75 | +03:45:12 (25.5%) | 8:02 | 7.5 (75.0%) |
| 43 | TRZASKA Wojciech | 3321 | FUCHS OIL TEAM | Senior I M - 20 | 1 | 01:50:47 | 04:49:23 | 07:55:01 | 09:22:50 | 11:29:13 | 13:18:49 | | 14:44:22.50 | 14:44:29.75 | +03:45:12 (25.5%) | 8:02 | 7.5 (75.0%) |
| 45 | GRYCMAN Marek | 3517 | SILESIAN TRIATHLON TEAM | Masters M - 40 | 20 | 01:36:29 | 04:19:35 | 06:58:42 | 08:35:26 | 10:47:56 | 13:01:42 | | 14:45:03.10 | 14:45:18.25 | +03:46:00 (25.5%) | 8:02 | 7.5 (75.0%) |
| 46 | KARCZMARCZYK Mateusz | 3333 | | Senior II M - 30 | 14 | 01:46:30 | 04:47:23 | 07:36:52 | 09:03:31 | 11:14:25 | 13:09:58 | | 14:45:42.85 | 14:46:16.45 | +03:46:59 (25.6%) | 8:03 | 7.5 (75.0%) |
| 47 | MAŁOLEPSZY Waldemar | 3509 | SPARTA ULTRA TEAM | Senior II M - 30 | 15 | 01:49:11 | 04:55:47 | 08:07:13 | 09:41:03 | 11:38:17 | 13:23:19 | | 14:47:00.55 | 14:47:09.20 | +03:47:51 (25.7%) | 8:03 | 7.4 (74.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas netto 110km | Czas brutto 110km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|-------------|------------------------------------|---------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 48 | OBERLAN-MARON Joanna | 3042 | PODGÓRZ TORUŃ | Masters K - 40 | 3 | 01:39:31 | 04:52:11 | 07:50:10 | 09:35:37 | 11:38:25 | 13:25:45 | | 14:49:09.25 | 14:49:23.70 | +03:50:06 (25.9%) | 8:04 | 7.4 (74.0%) |
| 49 | MIELEWCZYK Tomasz | 3197 | VERGE RUNNING TEAM | Masters M - 40 | 21 | 01:49:11 | 04:42:55 | 07:32:57 | 09:06:21 | 11:20:35 | 13:17:37 | | 14:52:35.50 | 14:53:07.60 | +03:53:50 (26.2%) | 8:06 | 7.4 (74.0%) |
| 50 | KONIECZNA Paulina | 3383 | | Senior II K - 30 | 8 | 01:42:28 | 04:43:26 | 07:31:18 | 09:07:59 | 11:22:43 | 13:23:09 | | 14:57:39.30 | 14:57:52.00 | +03:58:34 (26.6%) | 8:09 | 7.4 (74.0%) |
| 51 | ŚNIERZYŃSKI Robert | 3284 | | Senior II M - 30 | 16 | 01:43:51 | 04:49:13 | 07:43:01 | 09:19:20 | 11:31:23 | 13:26:31 | | 14:57:45.55 | 14:57:57.90 | +03:58:40 (26.6%) | 8:09 | 7.4 (74.0%) |
| 52 | BONECKI Sylwester | 3122 | K. S. META | Masters M - 40 | 22 | 01:58:31 | 05:13:48 | 08:09:47 | 09:37:56 | 11:48:39 | 13:39:17 | | 15:01:05.60 | 15:01:12.10 | +04:01:54 (26.8%) | 8:11 | 7.3 (73.0%) |
| 53 | CHWIŁKA Daniel | 3292 | ASSECO ACTIVE TEAM | Masters M - 40 | 23 | 01:47:18 | 04:54:54 | 07:44:47 | 09:22:28 | 11:31:26 | 13:33:24 | | 15:05:31.75 | 15:05:35.40 | +04:06:18 (27.2%) | 8:13 | 7.3 (73.0%) |
| 54 | WATROS Eryk | 3107 | 31 BAZA LOTNICTWA TAKTYCZNEGO | Senior II M - 30 | 17 | 01:36:20 | 04:39:46 | 07:42:53 | 09:22:25 | 11:38:16 | 13:43:31 | | 15:10:28.90 | 15:10:34.05 | +04:11:16 (27.6%) | 8:16 | 7.2 (72.0%) |
| 55 | JANKOWSKI Marcin | 3311 | FU FU FU TEAM | Masters M - 40 | 24 | 01:48:19 | 05:01:24 | 08:08:00 | 09:39:09 | 11:49:07 | 13:46:20 | | 15:13:44.35 | 15:13:53.40 | +04:14:36 (27.9%) | 8:18 | 7.2 (72.0%) |
| 56 | SŁOMIAN Mikołaj | 3476 | | Senior I M - 20 | 2 | 01:53:47 | 05:05:47 | 07:59:09 | 09:41:59 | 11:50:01 | 13:50:44 | | 15:19:01.00 | 15:19:28.00 | +04:20:10 (28.3%) | 8:21 | 7.2 (72.0%) |
| 57 | WESOŁEK Marek | 3210 | SENTE | Masters M - 40 | 25 | 01:49:51 | 04:50:42 | 07:40:18 | 09:15:00 | 11:27:15 | 13:35:50 | | 15:19:33.45 | 15:19:50.40 | +04:20:33 (28.3%) | 8:21 | 7.2 (72.0%) |
| 58 | KLIMA Dariusz | 3294 | SIEMIANOWICE I PRZYJACIELE BIEGAJĄ | Senior II M - 30 | 18 | 01:38:16 | 04:38:48 | 07:54:58 | 09:37:35 | 12:07:35 | 14:01:13 | | 15:22:20.30 | 15:22:48.00 | +04:23:30 (28.6%) | 8:23 | 7.2 (72.0%) |
| 59 | KANIA Marian | 3543 | LEDWOZIPIA | Weteran I M - 50 | 3 | 01:47:50 | 05:01:16 | 08:07:56 | 09:40:29 | 11:53:38 | 13:51:45 | | 15:24:09.15 | 15:24:26.75 | +04:25:09 (28.7%) | 8:24 | 7.1 (71.0%) |
| 60 | MIKOŁAJCZYK Krzysztof | 3275 | | Masters M - 40 | 26 | 01:39:53 | 04:40:00 | 07:33:26 | 09:12:12 | 11:40:20 | 13:51:03 | | 15:30:45.80 | 15:30:56.05 | +04:31:38 (29.2%) | 8:27 | 7.1 (71.0%) |
| 61 | JUSZKO Krzysztof | 3127 | | Weteran I M - 50 | 4 | 01:51:45 | 05:03:51 | 07:55:32 | 09:31:24 | 11:40:43 | 13:48:45 | | 15:30:48.55 | 15:31:02.85 | +04:31:45 (29.2%) | 8:27 | 7.1 (71.0%) |
| 62 | PALUCH Daniel | 3149 | STAJNIA BALONA | Masters M - 40 | 27 | 01:57:10 | 05:13:52 | 08:02:53 | 09:35:16 | | 13:58:02 | | 15:30:52.65 | 15:31:16.60 | +04:31:59 (29.2%) | 8:27 | 7.1 (71.0%) |
| 63 | RYSKALOK Piotr | 3362 | OKIEM WILKA TEAM | Senior II M - 30 | 19 | 01:59:56 | 05:20:23 | 08:12:10 | 09:46:48 | 12:10:00 | 14:06:22 | | 15:39:02.25 | 15:39:06.30 | +04:39:49 (29.8%) | 8:32 | 7 (70.0%) |
| 64 | WOŹNIAK Jerzy | 3182 | #ZALINIAMETYTEAM | Senior II M - 30 | 20 | 01:49:52 | 05:03:20 | 07:54:51 | 09:38:23 | 11:54:46 | 13:59:57 | | 15:39:02.05 | 15:39:28.45 | +04:40:11 (29.8%) | 8:32 | 7 (70.0%) |
| 65 | GUMIENNY Grzegorz | 3308 | | Masters M - 40 | 28 | 01:36:47 | 04:34:30 | 07:27:11 | 09:12:40 | 11:48:55 | 14:09:02 | | 15:39:40.25 | 15:39:49.40 | +04:40:32 (29.8%) | 8:32 | 7 (70.0%) |
| 66 | ŚLIWA Grzegorz | 3370 | AZS AWF KRAKÓW MASTERS | Senior II M - 30 | 21 | 01:36:19 | 04:29:30 | 07:31:01 | 09:16:27 | 11:47:13 | 14:05:13 | | 15:44:14.10 | 15:44:16.65 | +04:44:59 (30.2%) | 8:35 | 7 (70.0%) |
| 66 | SKOTNICZNY Jakub | 3360 | WINE&MORE | Senior II M - 30 | 21 | 01:36:19 | 04:29:29 | 07:30:57 | 09:16:27 | 11:47:01 | 14:05:16 | | 15:44:14.35 | 15:44:16.65 | +04:44:59 (30.2%) | 8:35 | 7 (70.0%) |
| 68 | KICH Marek | 3251 | | Senior II M - 30 | 23 | 01:49:57 | 04:52:05 | 07:44:20 | 09:28:42 | 11:53:42 | 14:05:38 | | 15:44:16.00 | 15:44:33.20 | +04:45:15 (30.2%) | 8:35 | 7 (70.0%) |
| 69 | KOWALCZYK Marek | 3445 | | Masters M - 40 | 29 | 01:56:14 | 05:00:04 | 08:00:39 | 09:39:31 | 12:01:23 | 14:16:27 | | 15:43:06.65 | 15:44:36.35 | +04:45:19 (30.2%) | 8:34 | 7 (70.0%) |
| 70 | SZOTA Maciej | 3351 | | Masters M - 40 | 30 | 01:40:21 | 04:40:56 | 07:42:59 | 09:22:37 | 11:48:09 | 14:10:06 | | 15:44:45.60 | 15:44:51.50 | +04:45:34 (30.2%) | 8:35 | 7 (70.0%) |
| 71 | ŁĘCKI Piotruś | 3306 | JEVO | Masters M - 40 | 31 | 01:57:05 | 05:08:01 | 08:06:47 | 09:43:12 | 12:09:18 | 14:09:08 | | 15:46:19.15 | 15:46:33.90 | +04:47:16 (30.3%) | 8:36 | 7 (70.0%) |
| 72 | WYSOCZAŃSKI Adrian | 3505 | | Masters M - 40 | 32 | 01:49:36 | 05:14:48 | 08:39:39 | 10:05:17 | 12:07:23 | 14:14:28 | | 15:49:18.35 | 15:49:29.45 | +04:50:12 (30.6%) | 8:37 | 7 (70.0%) |
| 73 | DOBROŚ Tomasz | 3003 | | Masters M - 40 | 33 | 02:01:55 | 05:19:40 | 08:18:17 | 09:59:24 | 12:18:23 | 14:25:04 | | 15:57:17.50 | 15:57:38.15 | +04:58:20 (31.2%) | 8:42 | 6.9 (69.0%) |
| 74 | RATAJCZAK Dorota | 3094 | RATAJCZAK RUN | Masters K - 40 | 4 | 02:01:45 | 05:35:17 | 08:47:05 | 10:27:27 | 12:45:31 | 14:35:38 | | 16:09:31.25 | 16:09:44.90 | +05:10:27 (32.0%) | 8:48 | 6.8 (68.0%) |
| 75 | SOBCZAK Witold | 3392 | KB SZAMOTUŁY/ VEGE RUNNERS | Masters M - 40 | 34 | 01:55:11 | 05:20:28 | 08:47:29 | 10:07:10 | 12:25:26 | 14:33:08 | | 16:10:15.40 | 16:10:32.00 | +05:11:14 (32.1%) | 8:49 | 6.8 (68.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas netto 110km | Czas brutto 110km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|-------------|------------------------------------|------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 76 | BIENIEK Patryk | 3323 | TREC TEAM | Masters M - 40 | 35 | 01:47:53 | 05:01:03 | 08:13:51 | 10:01:23 | 12:20:51 | 14:27:58 | | 16:10:25.45 | 16:10:41.15 | +05:11:23 (32.1%) | 8:49 | 6.8 (68.0%) |
| 77 | KUJAWSKA-FREJLICH Joanna | 3528 | | Senior II K - 30 | 9 | 01:54:42 | 05:21:54 | 08:31:27 | 10:13:47 | 12:41:09 | 14:42:54 | | 16:10:49.05 | 16:10:58.90 | +05:11:41 (32.1%) | 8:49 | 6.8 (68.0%) |
| 78 | PINIARSKI Paweł | 3236 | DPKJIP / STR POZNAŃ | Senior II M - 30 | 24 | 01:58:13 | 05:12:15 | 08:06:12 | 09:40:00 | 12:02:25 | 14:17:03 | | 16:11:00.95 | 16:11:38.65 | +05:12:21 (32.1%) | 8:49 | 6.8 (68.0%) |
| 79 | LESIAK Tomasz | 3526 | | Masters M - 40 | 36 | 01:49:44 | 05:00:54 | 08:04:14 | 09:40:28 | 12:02:34 | 14:23:29 | | 16:12:12.10 | 16:12:46.75 | +05:13:29 (32.2%) | 8:50 | 6.8 (68.0%) |
| 80 | ROSZAK Piotr | 3120 | SZUKAM KLUBU | Masters M - 40 | 37 | 01:54:07 | 05:10:39 | 08:16:05 | 09:49:55 | 12:25:45 | 14:42:31 | | 16:12:50.95 | 16:12:55.30 | +05:13:38 (32.2%) | 8:50 | 6.8 (68.0%) |
| 81 | PIWOWOŃSKI Paweł | 3507 | | Masters M - 40 | 38 | 01:47:43 | 04:52:00 | 07:47:38 | 09:23:05 | 11:50:43 | 14:19:00 | | 16:12:56.85 | 16:13:25.15 | +05:14:07 (32.3%) | 8:50 | 6.8 (68.0%) |
| 82 | SZYMANOWSKI Karol | 3233 | | Senior II M - 30 | 25 | 01:38:45 | 04:40:20 | 08:01:55 | 09:40:59 | 12:02:50 | 14:29:31 | | 16:15:32.00 | 16:15:37.00 | +05:16:19 (32.4%) | 8:52 | 6.8 (68.0%) |
| 83 | MARKOWSKI Łukasz | 3108 | | Masters M - 40 | 39 | 01:36:55 | 04:43:33 | 08:05:37 | 09:38:03 | 12:04:20 | 14:29:41 | | 16:15:35.05 | 16:15:40.05 | +05:16:22 (32.4%) | 8:52 | 6.8 (68.0%) |
| 84 | JAKUBOWSKI Przemysław | 3118 | | Masters M - 40 | 40 | 01:38:46 | 04:40:19 | 08:02:00 | 09:41:00 | 12:02:42 | 14:29:13 | | 16:15:36.80 | 16:15:41.60 | +05:16:24 (32.4%) | 8:52 | 6.8 (68.0%) |
| 85 | STRUK Agnieszka | 3290 | W POGONI ZA DUCHEM | Senior II K - 30 | 10 | 01:55:59 | 05:13:02 | 08:25:18 | 10:21:49 | 12:53:15 | 14:49:51 | | 16:15:41.65 | 16:15:51.10 | +05:16:33 (32.4%) | 8:52 | 6.8 (68.0%) |
| 86 | RATAJCZAK Paweł | 3096 | RATAJCZAK RUN | Masters M - 40 | 41 | 02:01:49 | 05:35:16 | 08:46:48 | 10:27:16 | 12:47:50 | 14:41:58 | | 16:17:03.25 | 16:17:18.50 | +05:18:01 (32.5%) | 8:52 | 6.8 (68.0%) |
| 87 | BIEGANOWSKI Krzysztof | 3221 | | Masters M - 40 | 42 | 02:01:54 | 05:35:58 | 08:35:35 | 10:11:43 | 12:30:30 | 14:42:00 | | 16:16:45.85 | 16:17:24.45 | +05:18:07 (32.5%) | 8:52 | 6.8 (68.0%) |
| 88 | KARLIK Łukasz | 3035 | ES TEAM | Masters M - 40 | 43 | 01:54:48 | 05:28:12 | 08:36:23 | 10:15:44 | 12:32:08 | 14:40:27 | | 16:18:09.00 | 16:18:29.25 | +05:19:11 (32.6%) | 8:53 | 6.7 (67.0%) |
| 89 | GIBAŁA Marcin | 3191 | BIEGAM I POMAGAM ALI I HANI ŁAZARZ | Weteran I M - 50 | 5 | 01:53:10 | 05:16:50 | 08:19:47 | 10:08:08 | 12:31:51 | 14:47:32 | | 16:20:25.80 | 16:20:47.65 | +05:21:30 (32.8%) | 8:54 | 6.7 (67.0%) |
| 90 | STANKIEWICZ Paweł | 3125 | AKTYWNI RAZEM | Masters M - 40 | 44 | 01:56:59 | 05:24:57 | 08:52:04 | 10:34:57 | 12:54:41 | 14:51:12 | | 16:23:24.45 | 16:23:42.40 | +05:24:25 (33.0%) | 8:56 | 6.7 (67.0%) |
| 91 | WALCZAK Witold | 3080 | ULTRA KUTNO | Senior II M - 30 | 26 | 02:00:09 | 05:20:48 | 08:14:26 | 09:58:15 | 12:13:37 | 14:35:41 | | 16:23:26.80 | 16:25:14.25 | +05:25:56 (33.1%) | 8:56 | 6.7 (67.0%) |
| 92 | KURASZKIEWICZ Błażej | 3057 | | Masters M - 40 | 45 | 01:47:05 | 05:11:43 | 08:22:23 | 10:10:22 | 12:34:32 | 14:51:15 | | 16:27:46.65 | 16:28:29.55 | +05:29:12 (33.3%) | 8:58 | 6.7 (67.0%) |
| 93 | LANGE Paweł | 3263 | INŻYNIERIA BIEGANIA | Senior II M - 30 | 27 | 01:52:07 | 05:14:29 | 08:19:24 | 10:07:32 | 12:39:50 | 14:59:22 | | 16:29:02.50 | 16:29:21.75 | +05:30:04 (33.4%) | 8:59 | 6.7 (67.0%) |
| 94 | BŁAŻUK Jarosław | 3176 | PIWNICA ŚWIDNICKA WROCŁAW | Masters M - 40 | 46 | 02:00:05 | 05:15:04 | 08:25:10 | 10:05:40 | 12:50:35 | 14:49:55 | | 16:29:31.55 | 16:29:57.95 | +05:30:40 (33.4%) | 8:59 | 6.7 (67.0%) |
| 95 | RUSOŁ Tomasz | 3277 | | Masters M - 40 | 47 | 01:54:05 | 05:20:34 | 08:46:17 | 10:23:45 | 12:30:36 | 14:46:38 | | 16:30:16.05 | 16:31:08.75 | +05:31:51 (33.5%) | 9:00 | 6.7 (67.0%) |
| 96 | CHORAZKIEWICZ Damian | 3365 | | Senior II M - 30 | 28 | 01:53:34 | 05:10:31 | 08:16:12 | 09:59:47 | 12:25:51 | 14:44:28 | | 16:31:07.30 | 16:31:19.95 | +05:32:02 (33.5%) | 9:00 | 6.7 (67.0%) |
| 97 | WERNO Bartłomiej | 3267 | | Masters M - 40 | 48 | 01:50:10 | 05:01:36 | 08:05:10 | 09:49:00 | 12:38:21 | 14:58:30 | | 16:33:03.40 | 16:33:07.25 | +05:33:49 (33.6%) | 9:01 | 6.6 (66.0%) |
| 98 | KWIATEK Agnieszka | 3349 | | Senior II K - 30 | 11 | 01:54:45 | 05:14:00 | 08:20:56 | 10:07:48 | 12:34:02 | 14:53:49 | | 16:38:13.10 | 16:38:40.80 | +05:39:23 (34.0%) | 9:04 | 6.6 (66.0%) |
| 99 | KACZMARCZYK Piotr | 3287 | SOLPARK KLESZCZÓW | Masters M - 40 | 49 | 02:05:29 | 05:34:40 | 08:48:11 | 10:25:15 | 12:47:14 | 15:02:40 | | 16:38:07.05 | 16:38:48.45 | +05:39:31 (34.0%) | 9:04 | 6.6 (66.0%) |
| 100 | KARCZYŃSKA Eliza | 3418 | MARATOŃCZYK POZNAŃ | Masters K - 40 | 5 | 01:58:41 | 05:29:47 | 08:41:52 | 10:34:15 | 12:57:51 | 15:00:48 | | 16:39:31.25 | 16:39:44.90 | +05:40:27 (34.1%) | 9:05 | 6.6 (66.0%) |
| 101 | MATUSIAK Michał | 3514 | ROWERY MALGOSKA | Masters M - 40 | 50 | 02:07:39 | 05:36:48 | 08:34:38 | 10:12:26 | 12:45:27 | 15:03:02 | | 16:39:02.75 | 16:39:52.35 | +05:40:35 (34.1%) | 9:04 | 6.6 (66.0%) |
| 102 | MISTYGACZ Jakub | 3427 | ANTONTEAM ACTIVDIAB | Masters M - 40 | 51 | 02:09:18 | 05:51:23 | 08:51:23 | 10:25:40 | 12:53:28 | 14:59:43 | | 16:38:38.60 | 16:40:04.50 | +05:40:47 (34.1%) | 9:04 | 6.6 (66.0%) |
| 103 | GIBALSKI Tomasz | 3424 | OBORYGENI | Weteran I M - 50 | 6 | 01:57:32 | 05:26:37 | 08:31:23 | 10:13:47 | 12:34:00 | 15:01:51 | | 16:40:56.75 | 16:41:07.25 | +05:41:49 (34.1%) | 9:05 | 6.6 (66.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas | | Tempo min/km | Tempo km/h | |
|-----|----------------------------------|-------------|-----------------------------|------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | | | | | | | netto 110km | brutto 110km | | | Różn |
| 104 | KUBIK Jarosław | 3322 | KOŁO BIEGA | Masters M - 40 | 52 | 01:58:39 | 05:37:55 | 08:48:50 | 10:17:47 | 12:31:00 | 14:35:29 | | 16:41:44.65 | 16:41:49.45 | +05:42:32 (34.2%) | 9:06 | 6.6 (66.0%) |
| 105 | DUBINSKAS Arunas | 3494 | | Masters M - 40 | 53 | 01:50:04 | 05:26:03 | 09:07:03 | 10:45:59 | 13:04:46 | 15:12:22 | | 16:43:45.70 | 16:44:02.60 | +05:44:45 (34.3%) | 9:07 | 6.6 (66.0%) |
| 106 | MAZUR Anna | 3232 | ULTRANQA | Masters K - 40 | 6 | 01:56:31 | 05:32:08 | 08:53:11 | 10:27:04 | 12:52:28 | 15:02:54 | | 16:44:02.20 | 16:44:18.35 | +05:45:01 (34.4%) | 9:07 | 6.6 (66.0%) |
| 107 | WOŹNIAK Paweł | 3299 | W POGONI ZA DUCHEM | Masters M - 40 | 54 | 01:44:56 | 05:08:13 | 08:17:52 | 10:06:46 | 12:49:28 | 15:02:57 | | 16:45:46.10 | 16:45:56.30 | +05:46:39 (34.5%) | 9:08 | 6.6 (66.0%) |
| 108 | GILEWICZ-RACHOWSKA Jagoda | 3449 | MAKSFLY | Senior II K - 30 | 12 | 02:02:51 | 05:52:23 | 08:58:04 | 10:36:34 | 12:59:37 | 15:13:17 | | 16:46:39.75 | 16:46:56.05 | +05:47:38 (34.5%) | 9:09 | 6.6 (66.0%) |
| 109 | KUCIA Łukasz | 3324 | KB MARATON TUREK | Senior II M - 30 | 29 | 02:15:47 | 06:04:19 | 09:09:18 | 10:47:29 | 13:04:30 | 15:08:26 | | 16:48:33.85 | 16:49:02.75 | +05:49:45 (34.7%) | 9:10 | 6.5 (65.0%) |
| 110 | SOBCZAK Marcin | 3298 | SMASHING PĄPKINS | Masters M - 40 | 55 | 02:00:15 | 05:42:11 | 08:53:32 | 10:38:11 | 12:52:19 | 15:07:56 | | 16:48:59.55 | 16:49:21.50 | +05:50:04 (34.7%) | 9:10 | 6.5 (65.0%) |
| 111 | WAJDZIK Adam | 3104 | IG: POSPIESZNY_DO_METY | Senior II M - 30 | 30 | 02:05:18 | 05:40:47 | 08:57:00 | 10:40:43 | 13:04:09 | 15:12:23 | | 16:49:08.95 | 16:49:30.95 | +05:50:13 (34.7%) | 9:10 | 6.5 (65.0%) |
| 112 | JARZĄBEK Grzegorz | 3300 | W POGONI ZA DUCHEM | Senior II M - 30 | 31 | 01:44:59 | 05:08:24 | 08:17:58 | 10:06:42 | 12:49:23 | 15:00:49 | | 16:54:45.25 | 16:54:54.00 | +05:55:36 (35.0%) | 9:13 | 6.5 (65.0%) |
| 113 | ŚWITAŁA Marcin | 3547 | | Weteran I M - 50 | 7 | 01:51:41 | 05:24:04 | 08:34:15 | 10:16:27 | 12:40:49 | 15:01:34 | | 16:54:50.50 | 16:55:12.90 | +05:55:55 (35.1%) | 9:13 | 6.5 (65.0%) |
| 114 | CHRZAN Daniel | 3487 | AA TARNÓW | Senior II M - 30 | 32 | 01:57:13 | 05:03:09 | 08:16:23 | 10:11:12 | 13:01:37 | 15:11:58 | | 16:54:51.20 | 16:56:50.40 | +05:57:33 (35.2%) | 9:13 | 6.5 (65.0%) |
| 115 | ZIĘTEK Katarzyna | 3032 | | Senior II K - 30 | 13 | 02:18:56 | 05:53:39 | 09:07:44 | 10:45:56 | 13:04:42 | 15:18:19 | | 16:57:28.60 | 16:58:00.20 | +05:58:42 (35.2%) | 9:14 | 6.5 (65.0%) |
| 116 | JADRYCH Zbigniew | 3223 | | Masters M - 40 | 56 | 01:54:31 | 05:30:15 | 08:37:03 | 10:22:55 | 12:52:20 | 15:12:32 | | 16:58:23.15 | 16:58:40.85 | +05:59:23 (35.3%) | 9:15 | 6.5 (65.0%) |
| 117 | HEJZNER Arkadiusz | 3190 | | Senior II M - 30 | 33 | 01:50:01 | 05:12:03 | 08:17:14 | 10:01:04 | 12:40:05 | 15:19:09 | | 16:59:25.65 | 16:59:44.60 | +06:00:27 (35.3%) | 9:16 | 6.5 (65.0%) |
| 118 | ORŁOWSKI Kacper | 3326 | SEKCJA BOKSU WKS ŚLĄSK | Senior II M - 30 | 34 | 01:44:49 | 05:07:39 | 08:22:44 | 10:10:31 | 12:47:42 | 15:28:25 | | 17:05:22.60 | 17:05:27.35 | +06:06:10 (35.7%) | 9:19 | 6.4 (64.0%) |
| 119 | TELEON Piotr | 3216 | JACEKBIEGA RUNNING TEAM | Masters M - 40 | 57 | 01:40:12 | 04:49:20 | 08:07:26 | 09:56:09 | | 15:11:15 | | 17:07:31.35 | 17:08:02.35 | +06:08:45 (35.9%) | 9:20 | 6.4 (64.0%) |
| 120 | GRUSZCZYŃSKI Przemysław | 3093 | WLKP MOUNTAINS ULTRA | Masters M - 40 | 58 | 01:57:43 | 05:42:58 | 08:52:29 | 10:27:50 | 13:04:04 | 15:18:22 | | 17:08:16.45 | 17:08:28.05 | +06:09:10 (35.9%) | 9:20 | 6.4 (64.0%) |
| 121 | BABIŃSKA-POPIŁKA Ewelina | 3007 | | Senior II K - 30 | 14 | 02:01:10 | 05:17:39 | 08:49:36 | 10:52:48 | 12:58:22 | 15:13:20 | | 17:07:33.95 | 17:09:10.05 | +06:09:52 (35.9%) | 9:20 | 6.4 (64.0%) |
| 122 | BUCZYŃSKI Radosław | 3457 | COMPANEROS ASFALT TEAM | Senior II M - 30 | 35 | 01:56:43 | 05:25:29 | 08:45:10 | 10:30:06 | 13:00:56 | 15:27:34 | | 17:12:13.50 | 17:13:00.20 | +06:13:42 (36.2%) | 9:23 | 6.4 (64.0%) |
| 123 | PIELATOWSKI Adam | 3465 | DIRTY SPARROWS | Senior II M - 30 | 36 | 01:57:05 | 05:25:17 | 08:47:50 | 10:33:14 | 12:43:48 | 15:02:34 | | 17:12:30.90 | 17:13:07.85 | +06:13:50 (36.2%) | 9:23 | 6.4 (64.0%) |
| 124 | ŚLUSARZ Tomasz | 3062 | DIEHL RUNNING TEAM | Senior II M - 30 | 37 | 01:56:37 | 05:01:37 | 08:14:21 | 10:02:38 | | 15:19:15 | | 17:12:32.00 | 17:13:26.05 | +06:14:08 (36.2%) | 9:23 | 6.4 (64.0%) |
| 125 | WYLOTEK Mariusz | 3211 | BIEGOWA KUŹNIA | Masters M - 40 | 59 | 01:53:05 | 05:15:18 | 08:25:21 | 10:02:58 | 12:40:28 | 15:03:37 | | 17:14:30.40 | 17:14:40.25 | +06:15:22 (36.3%) | 9:24 | 6.4 (64.0%) |
| 126 | DYMARSKI Mariusz | 3101 | AKTYWNI RAZEM | Weteran I M - 50 | 8 | 01:57:00 | 05:25:00 | 08:51:54 | 10:34:52 | 13:01:30 | 15:27:33 | | 17:14:29.00 | 17:14:47.20 | +06:15:29 (36.3%) | 9:24 | 6.4 (64.0%) |
| 127 | KOTOWSKI Paweł | 3488 | CAT TEAM | Senior II M - 30 | 38 | 01:54:10 | 05:18:17 | 08:36:00 | 10:23:04 | 13:07:20 | 15:17:42 | | 17:17:15.30 | 17:17:21.35 | +06:18:04 (36.4%) | 9:25 | 6.4 (64.0%) |
| 128 | ŻURKOWSKI Daniel | 3500 | GT RAT | Senior II M - 30 | 39 | 01:54:05 | 05:18:16 | 08:36:03 | 10:23:04 | 13:07:24 | 15:25:35 | | 17:17:15.20 | 17:17:21.40 | +06:18:04 (36.4%) | 9:25 | 6.4 (64.0%) |
| 129 | MATUSZEWSKI Łukasz | 3014 | BIEGOWY WARIAT RUNNING TEAM | Senior II M - 30 | 40 | 02:01:30 | 05:29:47 | 08:48:35 | 10:36:47 | 13:17:20 | 15:41:13 | | 17:20:49.60 | 17:21:14.45 | +06:21:57 (36.7%) | 9:27 | 6.3 (63.0%) |
| 130 | ABRAMOWICZ Agata | 3264 | | Senior I K - 20 | 1 | 01:56:17 | 05:39:31 | 08:52:25 | 10:37:42 | 13:17:10 | 15:42:18 | | 17:21:40.05 | 17:21:45.95 | +06:22:28 (36.7%) | 9:28 | 6.3 (63.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas netto 110km | Czas brutto 110km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|-------------|------------------------------------|------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 131 | PLONOWSKI Maciej | 3408 | PSZCZÓŁKOWSKI TEAM | Senior II M - 30 | 41 | 01:44:17 | 04:43:53 | 08:02:46 | 09:46:35 | 12:51:21 | 15:25:13 | | 17:23:41.95 | 17:23:59.65 | +06:24:42 (36.8%) | 9:29 | 6.3 (63.0%) |
| 132 | SAJAK Kamil | 3446 | ROZBIEGANE DOBCZYCE | Senior II M - 30 | 42 | 01:37:45 | 04:48:33 | 08:07:48 | 09:51:04 | 12:32:20 | 15:12:09 | | 17:25:20.70 | 17:25:23.45 | +06:26:06 (36.9%) | 9:30 | 6.3 (63.0%) |
| 133 | GRUBICH Damian | 3050 | PARKRUN GRUDZIĄDZ | Masters M - 40 | 60 | 02:06:27 | 05:35:40 | 08:59:55 | 10:51:54 | 13:19:58 | 15:39:53 | | 17:25:22.75 | 17:25:34.65 | +06:26:17 (36.9%) | 9:30 | 6.3 (63.0%) |
| 134 | KUIK Bartosz | 3421 | | Senior II M - 30 | 43 | 01:57:28 | 05:34:56 | 08:53:24 | 10:40:02 | 13:09:21 | 15:35:41 | | 17:27:45.95 | 17:27:57.20 | +06:28:39 (37.1%) | 9:31 | 6.3 (63.0%) |
| 135 | BOGUMIŁOW Marcin | 3075 | DZIK ZE SŁUPSKA | Senior II M - 30 | 44 | 01:56:42 | 05:32:11 | 08:59:30 | 10:46:40 | 13:22:17 | 15:39:05 | | 17:28:57.30 | 17:29:00.15 | +06:29:42 (37.2%) | 9:32 | 6.3 (63.0%) |
| 136 | HACUŚ Jacek | 3005 | | Senior II M - 30 | 45 | 02:01:35 | 05:46:11 | 09:00:58 | 10:47:51 | 13:18:54 | 15:30:23 | | 17:28:59.50 | 17:29:04.55 | +06:29:47 (37.2%) | 9:32 | 6.3 (63.0%) |
| 137 | WIECZOREK Maksymilian | 3389 | | Senior II M - 30 | 46 | 01:57:35 | 05:19:34 | 08:45:40 | 10:34:11 | 13:01:25 | 15:27:06 | | 17:28:55.90 | 17:29:08.85 | +06:29:51 (37.2%) | 9:32 | 6.3 (63.0%) |
| 138 | WASILEWSKI Marcin | 3186 | | Senior II M - 30 | 47 | 01:49:43 | 05:03:02 | 08:10:09 | 10:13:09 | 12:40:04 | 15:08:22 | | 17:29:16.55 | 17:29:29.90 | +06:30:12 (37.2%) | 9:32 | 6.3 (63.0%) |
| 139 | KALEMBA Kamil | 3318 | | Senior II M - 30 | 48 | 01:57:25 | 05:29:18 | 09:00:57 | 10:38:52 | 13:15:54 | 15:48:27 | | 17:28:52.60 | 17:29:31.95 | +06:30:14 (37.2%) | 9:32 | 6.3 (63.0%) |
| 140 | SZEIB Robert | 3146 | | Masters M - 40 | 61 | 02:06:38 | 05:55:50 | 09:10:49 | 11:00:20 | 11:50:48 | 15:44:09 | | 17:32:05.55 | 17:32:22.50 | +06:33:05 (37.4%) | 9:33 | 6.3 (63.0%) |
| 141 | SKORUPIŃSKA Katarzyna | 3133 | SKORUPKI TEAM | Masters K - 40 | 7 | 02:01:34 | 05:31:54 | 08:53:30 | 10:43:25 | 13:24:47 | 15:53:52 | | 17:32:27.70 | 17:32:45.85 | +06:33:28 (37.4%) | 9:34 | 6.3 (63.0%) |
| 142 | GRABEK Maciej | 3276 | SPORTOWA BANDA | Senior II M - 30 | 49 | 01:48:51 | 05:07:37 | 08:12:02 | 09:56:39 | 12:27:35 | 15:25:04 | | 17:33:02.90 | 17:33:18.70 | +06:34:01 (37.4%) | 9:34 | 6.3 (63.0%) |
| 143 | GMYREK Jacek | 3269 | | Masters M - 40 | 62 | 02:09:25 | 05:55:08 | 09:24:36 | 11:23:22 | 13:56:34 | 16:01:18 | | 17:32:56.35 | 17:33:20.20 | +06:34:02 (37.4%) | 9:34 | 6.3 (63.0%) |
| 144 | MAZANKA Jakub | 3361 | | Masters M - 40 | 63 | 01:52:18 | 05:27:08 | 08:53:33 | 10:43:28 | 13:29:37 | 15:49:41 | | 17:37:39.65 | 17:37:54.85 | +06:38:37 (37.7%) | 9:36 | 6.2 (62.0%) |
| 145 | KORNALSKI Grzegorz | 3492 | POLACY BIEGAJĄ W UK | Masters M - 40 | 64 | 01:52:42 | 05:39:09 | 08:48:50 | 10:36:18 | | 15:53:57 | | 17:37:34.25 | 17:37:55.15 | +06:38:37 (37.7%) | 9:36 | 6.2 (62.0%) |
| 146 | WÓJCIO Hubert | 3105 | ULTRASZSZCZAWNICY | Masters M - 40 | 65 | 02:05:23 | 05:35:00 | 08:58:36 | 10:49:13 | 13:25:33 | 15:53:01 | | 17:39:58.85 | 17:40:20.40 | +06:41:03 (37.8%) | 9:38 | 6.2 (62.0%) |
| 147 | ŁABĘCKA Agata | 3070 | KLUB BIEGACZA RTV EURO AGD | Masters K - 40 | 8 | 02:14:05 | 06:02:23 | 09:24:33 | 11:04:33 | 13:45:48 | 16:03:55 | | 17:40:24.35 | 17:40:59.60 | +06:41:42 (37.9%) | 9:38 | 6.2 (62.0%) |
| 148 | CZYŻ Tomasz | 3538 | LAS PAPAS | Senior II M - 30 | 50 | 02:21:54 | 06:01:20 | 09:18:56 | 11:06:19 | 13:15:09 | 15:28:24 | | 17:39:12.05 | 17:41:11.20 | +06:41:53 (37.9%) | 9:37 | 6.2 (62.0%) |
| 149 | OLEKSIUK Jakub | 3363 | CARPE DIEM | Senior II M - 30 | 51 | 02:00:08 | 05:40:24 | 09:09:58 | 10:51:43 | 13:24:36 | 15:51:01 | | 17:42:29.20 | 17:43:04.15 | +06:43:46 (38.0%) | 9:39 | 6.2 (62.0%) |
| 150 | KŁODA Dariusz | 3154 | DRUŻYNA SZPIKU/SPORT GENERATION | Masters M - 40 | 66 | 01:58:59 | 05:34:42 | 08:55:54 | 10:51:12 | 13:30:04 | 15:53:26 | | 17:42:43.40 | 17:43:05.70 | +06:43:48 (38.0%) | 9:39 | 6.2 (62.0%) |
| 151 | WOJCIECHOWSKI Arkadiusz | 3327 | KTÓRĘDYNADMORSKIEOKO | Masters M - 40 | 67 | 02:03:22 | 05:31:50 | 08:45:58 | 10:36:13 | 13:10:32 | 15:38:07 | | 17:43:07.10 | 17:43:28.45 | +06:44:11 (38.0%) | 9:39 | 6.2 (62.0%) |
| 152 | MAKARENKOV Sergii | 3044 | DOGOŃ GRODZISK MAZOWIECKI | Senior II M - 30 | 52 | 02:14:57 | 06:22:48 | 10:05:22 | 11:39:29 | 14:06:18 | 16:12:03 | | 17:43:40.55 | 17:44:06.35 | +06:44:49 (38.0%) | 9:40 | 6.2 (62.0%) |
| 153 | LIC Janusz | 3339 | | Weteran I M - 50 | 9 | 02:07:36 | 05:55:05 | 09:22:17 | 11:06:07 | 13:42:24 | 15:55:57 | | 17:46:43.50 | 17:47:00.45 | +06:47:43 (38.2%) | 9:41 | 6.2 (62.0%) |
| 154 | SOBCZAK Grzegorz | 3091 | | Weteran I M - 50 | 10 | 01:53:26 | 05:23:17 | 08:46:05 | 10:37:37 | 13:09:03 | 15:42:12 | | 17:46:50.55 | 17:47:01.05 | +06:47:43 (38.2%) | 9:41 | 6.2 (62.0%) |
| 155 | SZMIGIEL Mariusz | 3109 | SIEMIANOWICE I PRZYJACIELE BIEGAJĄ | Senior II M - 30 | 53 | 02:02:06 | 05:34:26 | 08:49:12 | 10:42:34 | 13:18:56 | 15:39:14 | | 17:48:34.10 | 17:49:18.30 | +06:50:01 (38.3%) | 9:42 | 6.2 (62.0%) |
| 156 | CHODKIEWICZ Tomasz | 3255 | GARDENFLORA MTB TEAM | Masters M - 40 | 68 | 02:08:52 | 05:58:21 | 09:32:52 | 11:27:28 | 13:39:25 | 15:58:04 | | 17:51:03.45 | 17:51:31.85 | +06:52:14 (38.5%) | 9:44 | 6.2 (62.0%) |
| 157 | MAZUREK Łukasz | 3073 | DZG RUNNERS ZGORZELEC | Masters M - 40 | 69 | 01:50:43 | 05:25:00 | 08:49:16 | 10:32:03 | 13:39:25 | 16:01:40 | | 17:51:35.85 | 17:51:43.95 | +06:52:26 (38.5%) | 9:44 | 6.2 (62.0%) |
| 158 | KONDYCKI Adam | 3312 | DZG RUNNERS ZGORZELEC | Weteran I M - 50 | 11 | 01:50:44 | 05:24:56 | 08:49:07 | 10:32:03 | 13:39:32 | 16:01:20 | | 17:51:35.75 | 17:51:44.15 | +06:52:26 (38.5%) | 9:44 | 6.2 (62.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas netto 110km | Czas brutto 110km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|------------------------------|------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 159 | GARCZYŃSKI Darek | 3129 | | Weteran I M - 50 | 12 | 02:13:02 | 06:02:55 | 09:17:50 | 11:05:34 | 13:47:17 | 16:14:06 | | 17:50:40.35 | 17:52:15.70 | +06:52:58 (38.5%) | 9:44 | 6.2 (62.0%) |
| 160 | GARCZYŃSKA Ania | 3131 | | Weteran K - 50 | 1 | 02:13:04 | 06:02:54 | 09:17:47 | 11:05:34 | 13:47:32 | 16:14:00 | | 17:50:40.55 | 17:52:15.75 | +06:52:58 (38.5%) | 9:44 | 6.2 (62.0%) |
| 161 | JAROCKA Agata | 3364 | | Masters K - 40 | 9 | 02:17:53 | 06:03:43 | 09:18:06 | 11:00:58 | 13:36:13 | 16:00:35 | | 17:51:20.50 | 17:52:17.90 | +06:53:00 (38.5%) | 9:44 | 6.2 (62.0%) |
| 162 | SZAŁAŚNY Piotr | 3055 | TESTYOUTDOOROWE.PL | Senior II M - 30 | 54 | 02:04:23 | 05:52:30 | 09:08:13 | 10:55:17 | 13:30:58 | 16:09:39 | | 17:52:43.35 | 17:52:53.55 | +06:53:36 (38.6%) | 9:45 | 6.2 (62.0%) |
| 163 | LEPIARZ Szymon | 3270 | NEVER GIVE UP | Weteran I M - 50 | 13 | 02:04:19 | 06:00:22 | 09:16:29 | 11:07:07 | 13:34:42 | 16:01:06 | | 17:53:13.20 | 17:53:24.05 | +06:54:06 (38.6%) | 9:45 | 6.1 (61.0%) |
| 164 | DYSZKIEWICZ Tomasz | 3166 | ULTRA KUTNO | Senior II M - 30 | 55 | 02:00:26 | 05:36:27 | 08:52:59 | 10:43:51 | 13:34:27 | 16:04:37 | | 17:52:43.20 | 17:54:31.00 | +06:55:13 (38.6%) | 9:45 | 6.2 (62.0%) |
| 165 | PLUTA Kinga | 3227 | | Senior I K - 20 | 2 | 02:05:08 | 05:49:07 | 08:59:45 | 10:45:45 | 13:39:48 | 16:05:47 | | 17:55:07.05 | 17:55:33.95 | +06:56:16 (38.7%) | 9:46 | 6.1 (61.0%) |
| 166 | CHEŁCHOWSKI Norbert | 3260 | GÓRAL Z MAZUR RUNNING TEAM | Senior II M - 30 | 56 | 02:17:01 | 06:00:16 | 09:26:21 | 11:10:02 | 13:48:14 | 16:08:52 | | 17:55:15.00 | 17:56:32.75 | +06:57:15 (38.8%) | 9:46 | 6.1 (61.0%) |
| 167 | NOWAK Krzysztof | 3398 | | Weteran I M - 50 | 14 | 01:57:23 | 05:41:46 | 09:12:18 | 10:50:54 | 13:31:41 | 16:11:47 | | 17:57:49.30 | 17:58:12.60 | +06:58:55 (38.9%) | 9:47 | 6.1 (61.0%) |
| 168 | SOBCZAK Aleksandra | 3410 | | Senior II K - 30 | 15 | 02:05:11 | 05:49:10 | 09:32:55 | 11:19:22 | 13:48:17 | 16:11:47 | | 17:57:50.75 | 17:58:13.25 | +06:58:55 (38.9%) | 9:47 | 6.1 (61.0%) |
| 169 | WALENDA Mateusz | 3371 | KS KANAŁEK | Senior II M - 30 | 57 | 02:06:55 | 05:35:37 | 08:45:52 | 10:26:17 | 13:09:55 | 15:52:32 | | 18:00:43.80 | 18:00:59.65 | +07:01:42 (39.0%) | 9:49 | 6.1 (61.0%) |
| 170 | KOCIOŁEK Zbigniew | 3280 | | Weteran I M - 50 | 15 | 01:55:09 | 06:02:19 | 09:22:54 | 11:00:12 | 13:33:40 | 16:00:26 | | 18:02:38.35 | 18:02:45.60 | +07:03:28 (39.1%) | 9:50 | 6.1 (61.0%) |
| 171 | WALKOWIAK Jacek | 3010 | TEAM KOTLAREK RUNNERS | Weteran I M - 50 | 16 | 02:02:15 | 05:43:45 | 08:56:30 | 10:45:47 | 13:20:43 | 16:03:01 | | 18:03:36.10 | 18:03:50.95 | +07:04:33 (39.2%) | 9:51 | 6.1 (61.0%) |
| 172 | WYKA Mariusz | 3463 | LEGIA | Masters M - 40 | 70 | 02:10:15 | 05:50:30 | 08:59:58 | 10:44:07 | 13:25:03 | 16:03:27 | | 18:03:33.75 | 18:03:52.60 | +07:04:35 (39.2%) | 9:51 | 6.1 (61.0%) |
| 173 | CIEŚLIK Paweł | 3367 | CHÂTEAU CHALIN | Masters M - 40 | 71 | 01:57:50 | 05:43:05 | 09:14:46 | 11:04:58 | 13:46:33 | 16:21:28 | | 18:06:48.80 | 18:07:01.15 | +07:07:43 (39.3%) | 9:52 | 6.1 (61.0%) |
| 174 | BARAN Dariusz | 3201 | | Masters M - 40 | 72 | 02:00:52 | 05:40:24 | 09:09:00 | 10:56:35 | 13:40:05 | 16:06:10 | | 18:07:45.30 | 18:08:10.45 | +07:08:53 (39.4%) | 9:53 | 6.1 (61.0%) |
| 175 | HALMAN Krzysztof | 3490 | LEJ MI PÓŁ | Masters M - 40 | 73 | 01:49:59 | 05:10:28 | 08:14:54 | 10:04:19 | 12:33:38 | 15:28:57 | | 18:09:27.15 | 18:09:54.75 | +07:10:37 (39.5%) | 9:54 | 6.1 (61.0%) |
| 176 | ŚWIĄTEK Ewelina | 3301 | SPARTANIE DZIECIOM | Masters K - 40 | 10 | 02:02:06 | 05:52:09 | 09:07:39 | 10:54:01 | 13:33:23 | 16:15:13 | | 18:09:55.05 | 18:10:02.30 | +07:10:45 (39.5%) | 9:54 | 6.1 (61.0%) |
| 177 | GAWOT Piotr | 3243 | | Masters M - 40 | 74 | 01:53:55 | 05:27:15 | 08:50:36 | 10:35:31 | 13:40:04 | 16:12:34 | | 18:09:46.50 | 18:10:04.15 | +07:10:46 (39.5%) | 9:54 | 6.1 (61.0%) |
| 178 | WITEK Bogusław | 3540 | AA TARNÓW | Weteran I M - 50 | 17 | 02:08:02 | 05:47:38 | 09:17:09 | 11:03:05 | 13:39:21 | 16:02:40 | | 18:09:18.15 | 18:10:57.60 | +07:11:40 (39.6%) | 9:54 | 6.1 (61.0%) |
| 179 | OTTO Marcin | 3136 | FUNDACJA PIASTUN | Senior II M - 30 | 58 | 02:02:20 | 05:34:58 | 08:50:43 | 10:44:04 | 13:41:48 | 16:05:43 | | 18:10:38.65 | 18:11:27.95 | +07:12:10 (39.6%) | 9:54 | 6.1 (61.0%) |
| 180 | GÓRSKI Tomasz | 3167 | | Senior II M - 30 | 59 | 01:37:27 | 04:55:52 | 08:45:43 | 10:45:57 | 13:36:48 | 16:18:57 | | 18:12:21.65 | 18:12:38.00 | +07:13:20 (39.7%) | 9:55 | 6 (60.0%) |
| 181 | WOJCIECHOWSKI Michał | 3382 | | Weteran I M - 50 | 18 | 02:07:01 | 05:59:33 | 09:18:30 | 11:05:37 | 13:47:09 | 16:25:27 | | 18:14:52.05 | 18:15:31.80 | +07:16:14 (39.8%) | 9:57 | 6 (60.0%) |
| 182 | KATRYCZ Krzysztof | 3038 | | Senior I M - 20 | 3 | 02:06:06 | 05:37:15 | 09:00:07 | 10:53:09 | 13:46:03 | 16:25:50 | | 18:15:48.75 | 18:16:49.20 | +07:17:31 (39.9%) | 9:57 | 6 (60.0%) |
| 183 | KĄKOL Kacper | 3047 | ASICS FRONTRUNNER POLAND | Senior II M - 30 | 60 | 02:02:36 | 05:37:08 | 08:56:26 | 10:53:21 | | 15:59:28 | | 18:16:10.00 | 18:16:50.05 | +07:17:32 (39.9%) | 9:57 | 6 (60.0%) |
| 184 | WESOŁOWSKA Kinga | 3046 | ASICSFRONTRUNNERPOLAND | Senior I K - 20 | 3 | 02:02:38 | 05:37:15 | 08:56:24 | 10:53:22 | 13:31:01 | 15:59:21 | | 18:16:11.95 | 18:16:51.70 | +07:17:34 (39.9%) | 9:57 | 6 (60.0%) |
| 185 | SROKA Marcin | 3173 | WLKP MOUNTAINS ULTRA | Masters M - 40 | 75 | 01:54:42 | 05:34:33 | 08:53:22 | 10:47:05 | 13:44:26 | 16:21:31 | | 18:18:16.70 | 18:18:28.80 | +07:19:11 (40.0%) | 9:59 | 6 (60.0%) |
| 186 | SKŁADANOWSKA Beata | 3403 | ARW/EUROCASH TEAM/DZIKI TEAM | Senior II K - 30 | 16 | 02:16:42 | 06:12:10 | 09:29:16 | 11:10:27 | 13:43:32 | 16:21:26 | | 18:18:10.15 | 18:18:46.70 | +07:19:29 (40.0%) | 9:59 | 6 (60.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 | A11 | A12 | A13 | A14 | A15 | Kara/ bonifikata | Czas netto | Czas brutto | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|----------------------------------|-------------------|------|----------|----------|----------|----------|----------|----------|---------------------|-------------|-------------|-------------------|--------------|-------------|
| | | | | | | 15km | 40km | 61km | 70km | 85km | 98km | | 110km | 110km | | | |
| 187 | KONDRATOWICZ Sebastian | 3475 | | Masters M - 40 | 76 | 02:16:42 | 06:12:11 | 09:29:23 | 11:10:27 | 13:43:42 | 16:21:40 | | 18:18:10.15 | 18:18:46.95 | +07:19:29 (40.0%) | 9:59 | 6 (60.0%) |
| 188 | TKACZ Łukasz | 3520 | | Senior II M - 30 | 61 | 02:06:44 | 05:39:00 | 09:10:31 | 11:07:21 | 13:56:48 | 16:46:24 | | 18:18:10.35 | 18:19:38.30 | +07:20:21 (40.0%) | 9:59 | 6 (60.0%) |
| 189 | BARDAN Michał | 3489 | | Masters M - 40 | 77 | 02:07:04 | 05:58:31 | 09:34:14 | 11:21:19 | 14:03:45 | 16:32:18 | | 18:19:35.00 | 18:19:59.65 | +07:20:42 (40.1%) | 9:59 | 6 (60.0%) |
| 190 | KOS Paweł | 3406 | EAZYMUT.PL | Weteran I M - 50 | 19 | 02:15:33 | 06:03:39 | 09:27:14 | 11:15:49 | 13:46:40 | 16:18:43 | | 18:20:27.40 | 18:20:43.10 | +07:21:25 (40.1%) | 10:00 | 6 (60.0%) |
| 191 | JAZUKIEWICZ Ewa | 3405 | EAZYMUT.PL | Weteran K - 50 | 2 | 02:15:34 | 06:03:37 | 09:27:08 | 11:15:54 | 13:46:36 | 16:18:42 | | 18:20:28.40 | 18:20:43.25 | +07:21:25 (40.1%) | 10:00 | 6 (60.0%) |
| 192 | POPCZYK Ewelina | 3045 | HEALTHY BODY ŻELAZNY&ŻELAZNY | Masters K - 40 | 11 | 02:08:28 | 05:58:38 | 09:34:15 | 11:21:25 | 14:03:55 | 16:32:24 | | 18:20:59.60 | 18:21:18.55 | +07:22:01 (40.1%) | 10:00 | 6 (60.0%) |
| 193 | RATYMIRSKI Wojtek | 3181 | | Masters M - 40 | 78 | 02:00:10 | 05:46:37 | 09:16:57 | 11:07:31 | 13:43:46 | 16:12:31 | | 18:21:00.55 | 18:21:40.90 | +07:22:23 (40.2%) | 10:00 | 6 (60.0%) |
| 194 | POMIANOWSKI Szymon | 3330 | KURACJUSZE | Senior II M - 30 | 62 | 01:54:01 | 05:39:11 | 09:09:01 | 11:25:57 | 13:46:07 | 16:31:39 | | 18:22:23.15 | 18:22:52.35 | +07:23:35 (40.2%) | 10:01 | 6 (60.0%) |
| 195 | FELIŃSKI Jarosław | 3529 | | Weteran II M - 60 | 1 | 02:07:20 | 06:13:03 | 09:49:56 | 11:44:15 | 14:26:06 | 16:40:08 | | 18:22:45.05 | 18:22:58.65 | +07:23:41 (40.2%) | 10:01 | 6 (60.0%) |
| 196 | KOPACZ Katarzyna | 3304 | | Senior II K - 30 | 17 | 02:04:13 | 05:42:46 | 09:07:42 | 11:04:51 | 13:52:47 | 16:36:45 | | 18:22:45.55 | 18:22:58.80 | +07:23:41 (40.2%) | 10:01 | 6 (60.0%) |
| 197 | JĘDZURA Daniel | 3303 | BPRT GLIWICE | Masters M - 40 | 79 | 02:04:14 | 05:42:47 | 09:07:37 | 11:04:52 | 13:52:51 | 16:36:47 | | 18:22:48.15 | 18:23:01.90 | +07:23:44 (40.2%) | 10:01 | 6 (60.0%) |
| 198 | STODOLNY Krzysztof | 3355 | | Weteran II M - 60 | 2 | 02:08:46 | 05:58:09 | 09:19:15 | 11:06:22 | 13:48:30 | 16:26:41 | | 18:24:51.45 | 18:25:05.50 | +07:25:48 (40.3%) | 10:02 | 6 (60.0%) |
| 199 | POKORSKI Piotr | 3456 | NO NAME PRASZKA | Weteran I M - 50 | 20 | 02:00:39 | 05:48:00 | 09:37:42 | 11:19:24 | 13:49:23 | 16:25:25 | | 18:25:07.10 | 18:25:27.50 | +07:26:10 (40.4%) | 10:02 | 6 (60.0%) |
| 200 | WOJCIECHOWSKA Dorota | 3381 | CAŁA OLEŚNICA BIEGA | Masters K - 40 | 12 | 02:06:36 | 05:36:43 | 08:48:40 | 10:45:34 | 13:36:03 | 16:17:21 | | 18:26:29.85 | 18:27:10.60 | +07:27:53 (40.5%) | 10:03 | 6 (60.0%) |
| 201 | SZCZEPAŃSKI Marcin | 3344 | STRZELIŃSKI KLUB BIEGACZA GRANIT | Senior II M - 30 | 63 | 02:15:17 | 06:19:06 | 09:45:37 | 11:33:23 | 14:16:29 | 16:48:15 | | 18:26:54.00 | 18:28:08.90 | +07:28:51 (40.5%) | 10:03 | 6 (60.0%) |
| 202 | WISNIEWSKI Bartłomiej | 3204 | | Masters M - 40 | 80 | 02:07:08 | 05:36:03 | 08:46:03 | 10:36:07 | 13:10:37 | 15:54:09 | | 18:28:39.75 | 18:28:59.55 | +07:29:42 (40.6%) | 10:04 | 6 (60.0%) |
| 203 | MASŁOWSKI Robert | 3230 | ANTON TEAM | Masters M - 40 | 81 | 02:09:19 | 05:51:23 | 09:08:29 | 11:02:17 | | 16:20:37 | | 18:29:24.10 | 18:30:51.05 | +07:31:33 (40.7%) | 10:05 | 5.9 (59.0%) |
| 204 | PAPIERSKI Tomasz | 3175 | | Masters M - 40 | 82 | 01:48:59 | 05:36:28 | 08:52:30 | 10:46:45 | 13:24:49 | 16:20:43 | | 18:29:51.90 | 18:31:04.05 | +07:31:46 (40.7%) | 10:05 | 5.9 (59.0%) |
| 205 | RACIBORSKI Grzegorz | 3282 | TKKF KOLEJARZ BYDGOSZCZ | Masters M - 40 | 83 | 02:12:50 | 06:28:24 | 09:47:49 | 11:33:29 | 14:07:04 | 16:49:27 | | 18:30:27.45 | 18:31:29.00 | +07:32:11 (40.7%) | 10:05 | 5.9 (59.0%) |
| 206 | PAWLAK Maciej | 3498 | 3 TEAM KONIN MPEC KONIN | Weteran I M - 50 | 21 | 02:07:17 | 06:05:28 | 09:55:44 | 11:36:11 | 14:13:03 | 16:55:25 | | 18:32:13.30 | 18:32:34.50 | +07:33:17 (40.7%) | 10:06 | 5.9 (59.0%) |
| 207 | WŁODARCZYK Krzysztof | 3499 | 3TEAM CIEPEŁKO | Masters M - 40 | 84 | 02:07:19 | 06:05:29 | 09:55:52 | 11:36:13 | 14:13:09 | 16:55:04 | | 18:32:14.15 | 18:32:34.80 | +07:33:17 (40.7%) | 10:06 | 5.9 (59.0%) |
| 208 | NECKAR Michał | 3139 | HWBC | Masters M - 40 | 85 | 01:54:21 | 05:23:23 | 08:46:00 | 10:43:13 | 13:24:47 | 16:15:57 | | 18:32:07.55 | 18:32:56.10 | +07:33:38 (40.8%) | 10:06 | 5.9 (59.0%) |
| 209 | RUTKOWSKA Agnieszka | 3400 | NAKRĘCONA NA BIEGANIE | Senior II K - 30 | 18 | 02:23:56 | 06:33:15 | 09:57:21 | 11:53:53 | 14:19:46 | 16:43:26 | | 18:33:45.45 | 18:34:05.50 | +07:34:48 (40.8%) | 10:07 | 5.9 (59.0%) |
| 210 | WILGAT Adam | 3048 | NBRC | Weteran I M - 50 | 22 | 02:02:46 | 05:55:03 | 09:24:24 | 11:15:07 | 13:57:26 | 16:34:01 | | 18:34:22.80 | 18:34:35.25 | +07:35:17 (40.8%) | 10:07 | 5.9 (59.0%) |
| 211 | SZYMKOWIAK Mariusz | 3467 | | Weteran I M - 50 | 23 | 02:13:23 | 06:15:18 | 09:37:44 | 11:27:40 | 14:03:52 | 16:47:57 | | 18:35:02.65 | 18:35:33.00 | +07:36:15 (40.9%) | 10:08 | 5.9 (59.0%) |
| 212 | MATUSZCZAK-SZULC Iwona | 3541 | | Weteran K - 50 | 3 | 02:15:05 | 06:02:38 | 09:30:31 | 11:25:52 | 14:11:08 | 16:43:23 | | 18:36:47.80 | 18:37:28.65 | +07:38:11 (41.0%) | 10:09 | 5.9 (59.0%) |
| 213 | TYCZYŃSKI Krzysztof | 3332 | AKTYWNI RAZEM | Masters M - 40 | 86 | 01:58:28 | 05:45:57 | 09:21:12 | 11:14:31 | 14:03:57 | 16:48:54 | | 18:38:10.60 | 18:38:30.65 | +07:39:13 (41.1%) | 10:09 | 5.9 (59.0%) |
| 214 | WEYNA Rafał | 3148 | AKTYWNI RAZEM | Weteran I M - 50 | 24 | 01:58:29 | 05:45:58 | 09:21:11 | 11:14:36 | 14:04:08 | 16:48:55 | | 18:38:11.45 | 18:38:31.10 | +07:39:13 (41.1%) | 10:09 | 5.9 (59.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas netto 110km | Czas brutto 110km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|-------------|---|-------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|------------------------|-------------------------|-------------------|-----------------|---------------|
| 215 | KOPPLINGER Grzegorz | 3250 | ASSECO ACTIVE TEAM | Weteran I M - 50 | 25 | 01:41:55 | 05:10:57 | 08:37:05 | 10:23:06 | 13:08:31 | 16:12:17 | | 18:38:25.80 | 18:38:34.05 | +07:39:16 (41.1%) | 10:10 | 5.9 (59.0%) |
| 216 | WALCZAK Krystian | 3329 | BIEGAJĄCE WALCZAKI | Masters M - 40 | 87 | 01:49:05 | 05:16:33 | 08:56:47 | 10:48:39 | 13:43:14 | 16:35:13 | | 18:41:46.90 | 18:41:56.15 | +07:42:38 (41.2%) | 10:11 | 5.9 (59.0%) |
| 217 | BRODA Dominik | 3354 | | Senior II M - 30 | 64 | 01:53:04 | 05:23:27 | 08:51:54 | 10:44:32 | 13:18:39 | 16:19:47 | | 18:42:31.10 | 18:42:37.75 | +07:43:20 (41.3%) | 10:12 | 5.9 (59.0%) |
| 218 | JANKOWSKA Paulina | 3313 | EY RUN4FUN | Senior II K - 30 | 19 | 02:24:58 | 06:29:51 | 09:50:16 | 11:36:59 | 14:14:09 | 16:47:22 | | 18:42:19.80 | 18:42:58.25 | +07:43:40 (41.3%) | 10:12 | 5.9 (59.0%) |
| 219 | JEZIORSKI Zbigniew | 3441 | | Masters M - 40 | 88 | 02:00:43 | 05:36:48 | 08:58:48 | 10:46:39 | 13:44:28 | 16:37:26 | | 18:43:41.30 | 18:43:45.75 | +07:44:28 (41.3%) | 10:12 | 5.9 (59.0%) |
| 220 | SKWIERCZYŃSKI Sylwester | 3341 | | Senior I M - 20 | 4 | 02:11:25 | 05:50:29 | 09:22:26 | 11:14:59 | 13:49:39 | 16:49:29 | | 18:45:19.70 | 18:45:34.05 | +07:46:16 (41.4%) | 10:13 | 5.9 (59.0%) |
| 221 | MADEJSKI Piotr | 3185 | | Senior II M - 30 | 65 | 02:18:43 | 06:22:19 | 09:58:21 | 11:46:22 | 14:14:00 | 16:48:08 | | 18:45:45.10 | 18:46:41.25 | +07:47:23 (41.5%) | 10:14 | 5.9 (59.0%) |
| 222 | ROZNEFSKI Łukasz | 3262 | KB SOBÓTKA | Senior II M - 30 | 66 | 02:08:38 | 06:09:52 | 10:02:56 | 12:02:35 | 14:35:09 | 17:23:11 | | 18:48:26.80 | 18:48:58.90 | +07:49:41 (41.6%) | 10:15 | 5.8 (58.0%) |
| 223 | URBAŃSKI Bartek | 3429 | KARUSIN RUNNING TEAM | Senior II M - 30 | 67 | 02:12:29 | 06:01:44 | 09:23:46 | 11:13:41 | 13:52:30 | 16:47:09 | | 18:47:53.90 | 18:49:12.45 | +07:49:55 (41.6%) | 10:15 | 5.9 (59.0%) |
| 224 | BUDNICKI Andrzej | 3501 | | Masters M - 40 | 89 | 02:17:05 | 06:10:39 | 09:42:52 | 11:37:02 | 14:24:57 | 16:55:44 | | 18:52:02.20 | 18:52:24.70 | +07:53:07 (41.8%) | 10:17 | 5.8 (58.0%) |
| 225 | KULCZYŃSKI Michał | 3209 | | Masters M - 40 | 90 | 02:14:44 | 06:01:43 | 09:32:25 | 11:26:53 | 14:23:48 | 16:55:45 | | 18:52:30.70 | 18:53:47.45 | +07:54:30 (41.9%) | 10:17 | 5.8 (58.0%) |
| 226 | ŁATWIŃSKI Łukasz | 3097 | MOCNA GRUPA CEZARA | Senior II M - 30 | 68 | 02:04:59 | 05:53:07 | 09:16:45 | 11:10:19 | 13:56:32 | 16:49:37 | | 18:53:56.10 | 18:54:02.35 | +07:54:45 (41.9%) | 10:18 | 5.8 (58.0%) |
| 227 | SZYMANIEWICZ Kalina | 3059 | PROJEKT 1000UP | Weteran K - 50 | 4 | 02:16:54 | 06:15:50 | 09:55:45 | 11:52:19 | 14:48:55 | 17:07:11 | | 18:55:47.20 | 18:56:19.25 | +07:57:01 (42.0%) | 10:19 | 5.8 (58.0%) |
| 228 | KONSTANCIUK Dariusz | 3404 | JAZDAAAAA | Masters M - 40 | 91 | 02:12:45 | 06:15:43 | 09:55:40 | 11:52:11 | 14:48:51 | 17:07:04 | | 18:55:38.70 | 18:56:19.45 | +07:57:02 (42.0%) | 10:19 | 5.8 (58.0%) |
| 229 | MATYSZKOWICZ Janusz | 3525 | GONIMY | Weteran II M - 60 | 3 | 02:14:46 | 06:18:07 | 09:38:00 | 11:34:30 | 14:22:08 | 16:58:25 | | 18:56:03.30 | 18:56:30.60 | +07:57:13 (42.0%) | 10:19 | 5.8 (58.0%) |
| 230 | MALOTTA Konrad | 3215 | SIEMIANOWICE I PRZYJACIELE BIEGAJĄ | Masters M - 40 | 92 | 02:13:59 | 06:28:46 | 09:57:37 | 11:39:17 | 14:30:44 | 16:56:00 | | 18:55:41.95 | 18:56:32.20 | +07:57:14 (42.0%) | 10:19 | 5.8 (58.0%) |
| 231 | MIĄZEK Łukasz | 3278 | | Masters M - 40 | 93 | 02:09:40 | 06:10:44 | 09:42:57 | 11:55:01 | 14:29:19 | 17:01:50 | | 18:56:45.95 | 18:57:12.85 | +07:57:55 (42.0%) | 10:20 | 5.8 (58.0%) |
| 232 | KOZŁOWSKI Rafał | 3137 | | Masters M - 40 | 94 | 02:06:29 | 06:05:15 | 09:38:24 | | | 16:37:33 | 00:15:00 | 18:58:09.80 | 18:58:45.75 | +07:59:28 (42.1%) | 10:12 | 5.9 (59.0%) |
| 233 | KACZMAREK Jarosław | 3082 | PARTYZANCI KONIN/JK82 | Masters M - 40 | 95 | 02:20:52 | 06:14:20 | 09:46:04 | 11:39:43 | 14:23:35 | 17:00:07 | | 19:02:35.75 | 19:03:44.80 | +08:04:27 (42.4%) | 10:23 | 5.8 (58.0%) |
| 234 | KANIEWSKI Michał | 3345 | ORANGE POLSKA | Masters M - 40 | 96 | 02:19:16 | 06:26:47 | 09:54:19 | 11:50:19 | 14:40:17 | 17:08:30 | | 19:02:47.40 | 19:03:51.30 | +08:04:34 (42.4%) | 10:23 | 5.8 (58.0%) |
| 235 | ADACH Dariusz | 3076 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | Masters M - 40 | 97 | 02:02:27 | 05:43:27 | 09:20:50 | 11:29:43 | 14:28:59 | 17:07:08 | | 19:03:39.60 | 19:04:15.80 | +08:04:58 (42.4%) | 10:23 | 5.8 (58.0%) |
| 236 | LUBELCZYK Grzegorz | 3130 | SPELEOCLUB WROCŁAW | Weteran I M - 50 | 26 | 02:16:25 | 06:18:45 | 09:44:28 | 11:35:53 | 14:29:49 | 17:09:57 | | 19:05:38.35 | 19:07:34.15 | +08:08:16 (42.5%) | 10:24 | 5.8 (58.0%) |
| 237 | PIGUŁA Daria | 3438 | CARBON SILESIA SPORT | Masters K - 40 | 13 | 02:03:10 | 05:57:08 | 09:27:48 | 11:21:31 | 14:14:27 | 17:05:55 | | 19:08:24.10 | 19:08:38.25 | +08:09:20 (42.6%) | 10:26 | 5.7 (57.0%) |
| 238 | JAROSIŃSKA Katarzyna | 3279 | STAJNIAK TEAM | Senior I K - 20 | 4 | 02:03:45 | 05:50:38 | 09:27:36 | 11:21:08 | | 17:05:57 | | 19:08:21.35 | 19:08:39.45 | +08:09:22 (42.6%) | 10:26 | 5.7 (57.0%) |
| 239 | KOZDRÓJ Wioletta | 3162 | DOGOŃ GRODZISK MAZOWIECKI/DŻAKARTA RUN TEAM | Masters K - 40 | 14 | 02:14:59 | 06:30:27 | 10:05:05 | 11:59:19 | 14:50:08 | 17:17:44 | | 19:09:18.60 | 19:09:44.70 | +08:10:27 (42.7%) | 10:26 | 5.7 (57.0%) |
| 240 | SZPONDER Artur | 3142 | KBKS RADOMSKO | Senior II M - 30 | 69 | 02:17:47 | 06:31:43 | 09:57:12 | 11:45:48 | 14:42:30 | 17:13:32 | | 19:09:31.15 | 19:09:55.40 | +08:10:38 (42.7%) | 10:27 | 5.7 (57.0%) |
| 241 | MIROWSKI Przemysław | 3358 | | Weteran I M - 50 | 27 | 02:22:05 | 06:15:59 | 09:43:50 | 11:30:54 | 14:52:53 | 17:13:23 | | 19:09:28.65 | 19:11:18.50 | +08:12:01 (42.7%) | 10:26 | 5.7 (57.0%) |
| 242 | CIECHAROWSKA Justyna | 3234 | RUN DE GIRARD | Senior II K - 30 | 20 | 02:11:05 | 06:19:43 | 09:49:54 | 11:29:40 | 14:42:47 | 17:10:36 | | 19:11:09.25 | 19:11:47.75 | +08:12:30 (42.8%) | 10:27 | 5.7 (57.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas | | Tempo min/km | Tempo km/h | |
|-----|---------------------------------|-------------|-----------------------------|------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | | | | | | | netto 110km | brutto 110km | | | Różn |
| 243 | WAŚKO Rafał | 3254 | | Senior II M - 30 | 70 | 02:31:55 | 06:38:58 | 10:02:07 | 11:52:18 | 14:36:59 | 17:04:06 | | 19:10:54.75 | 19:12:27.15 | +08:13:09 (42.8%) | 10:27 | 5.7 (57.0%) |
| 244 | CHUDY Tobiasz | 3114 | RUN TEAM RYDZYNA | Senior II M - 30 | 71 | 02:10:37 | 05:52:21 | 09:27:28 | 11:06:55 | 13:55:37 | 17:08:21 | | 19:13:08.20 | 19:13:37.95 | +08:14:20 (42.9%) | 10:28 | 5.7 (57.0%) |
| 245 | DUCHOŃ Marcin | 3172 | | Masters M - 40 | 98 | 02:07:26 | 06:00:04 | 09:26:38 | 11:20:31 | 14:13:49 | 17:16:05 | | 19:14:09.25 | 19:14:18.40 | +08:15:01 (42.9%) | 10:29 | 5.7 (57.0%) |
| 246 | BAUER Bartosz | 3199 | SWORDSATHLETICS | Masters M - 40 | 99 | 01:50:34 | 05:26:05 | 09:08:26 | 11:14:58 | 14:22:38 | 17:37:31 | | 19:18:37.15 | 19:19:02.15 | +08:19:44 (43.1%) | 10:31 | 5.7 (57.0%) |
| 247 | CHYLIŃSKI Łukasz | 3116 | | Senior II M - 30 | 72 | 02:15:48 | 06:23:34 | 09:55:42 | 11:59:20 | 14:41:08 | 17:29:04 | | 19:17:40.40 | 19:19:21.40 | +08:20:04 (43.1%) | 10:31 | 5.7 (57.0%) |
| 248 | PODLEWSKI Wojciech | 3016 | KS SPORTIVA | Weteran I M - 50 | 28 | 02:22:07 | 06:32:29 | 10:10:09 | 11:54:31 | 14:51:31 | 17:30:10 | | 19:19:10.95 | 19:19:37.95 | +08:20:20 (43.1%) | 10:32 | 5.7 (57.0%) |
| 249 | HULBÓJ Sebastian | 3532 | WKS TEAM | Masters M - 40 | 100 | 01:57:44 | 05:40:21 | 09:11:56 | 11:08:41 | 13:58:51 | 16:48:26 | | 19:21:12.05 | 19:21:20.30 | +08:22:03 (43.2%) | 10:33 | 5.7 (57.0%) |
| 250 | BUSS Jakub | 3121 | KUDOWIANKA RUN | Weteran I M - 50 | 29 | 02:18:19 | 06:25:30 | 09:55:56 | 11:40:59 | 14:24:37 | 17:19:17 | | 19:22:47.85 | 19:23:21.00 | +08:24:03 (43.3%) | 10:34 | 5.7 (57.0%) |
| 251 | SOWIŃSKA-JANECZEK Joanna | 3019 | KB MARATON TUREK | Senior II K - 30 | 21 | 02:15:10 | 06:20:25 | 09:57:17 | 11:46:23 | 14:40:27 | 17:22:28 | | 19:24:47.45 | 19:25:15.65 | +08:25:58 (43.4%) | 10:35 | 5.7 (57.0%) |
| 252 | TUREK Marcin | 3039 | KĘSY TEAM | Senior II M - 30 | 73 | 02:00:06 | 05:40:26 | 09:10:04 | 10:51:46 | 13:53:50 | 16:56:43 | | 19:24:48.55 | 19:25:23.20 | +08:26:05 (43.4%) | 10:35 | 5.7 (57.0%) |
| 253 | SAMUŚ Dariusz | 3179 | BIESZCZADZKIE MORSY | Masters M - 40 | 101 | 02:11:28 | 06:20:35 | 09:57:27 | 11:46:29 | 14:40:40 | 17:22:57 | | 19:25:08.80 | 19:25:30.35 | +08:26:13 (43.4%) | 10:35 | 5.7 (57.0%) |
| 254 | DAWIDOWICZ Wojciech | 3283 | ŚLĘZAKTEAM | Senior II M - 30 | 74 | 02:04:19 | 05:53:59 | 09:19:58 | 11:14:36 | 14:07:37 | 17:06:08 | | 19:27:41.55 | 19:27:54.35 | +08:28:37 (43.5%) | 10:36 | 5.7 (57.0%) |
| 255 | STOLARSKA Monika | 3081 | KBKS RADOMSKO | Senior II K - 30 | 22 | 02:10:31 | 06:12:41 | 09:53:44 | 11:43:38 | 14:41:16 | 17:31:52 | | 19:28:13.25 | 19:28:37.60 | +08:29:20 (43.6%) | 10:37 | 5.6 (56.0%) |
| 256 | DUDA Dariusz | 3037 | | Senior II M - 30 | 75 | 02:10:46 | 06:22:41 | 09:52:56 | 11:45:50 | 14:43:31 | 17:19:38 | | 19:29:11.80 | 19:29:35.45 | +08:30:18 (43.6%) | 10:37 | 5.6 (56.0%) |
| 257 | GRABKOWSKI Rafał | 3399 | DOGOŃ GRODZISK MAZOWIECKI | Masters M - 40 | 102 | 02:11:31 | 06:28:14 | 10:05:26 | 11:52:22 | 14:43:16 | 17:17:32 | | 19:29:41.65 | 19:30:08.70 | +08:30:51 (43.7%) | 10:38 | 5.6 (56.0%) |
| 257 | WARACHOWSKI Stefan | 3249 | | Masters M - 40 | 102 | 02:12:08 | 06:28:13 | 10:04:59 | 11:52:24 | 14:43:23 | 17:17:33 | | 19:29:42.25 | 19:30:08.70 | +08:30:51 (43.7%) | 10:38 | 5.6 (56.0%) |
| 259 | OLIŃSKI Paweł | 3177 | | Senior II M - 30 | 76 | 02:16:22 | 06:11:08 | 09:45:00 | 11:46:30 | 14:44:37 | 17:26:02 | | 19:30:13.90 | 19:31:23.70 | +08:32:06 (43.7%) | 10:38 | 5.6 (56.0%) |
| 260 | SIKORSKI Dariusz | 3523 | INSERT TEAM | Masters M - 40 | 104 | 02:08:56 | 05:40:13 | 08:59:38 | 10:56:00 | 13:48:23 | 17:01:41 | | 19:31:55.25 | 19:32:34.05 | +08:33:16 (43.8%) | 10:39 | 5.6 (56.0%) |
| 261 | HERDZINA Wojciech | 3049 | RUN AWAY TEAM | Masters M - 40 | 105 | 02:10:47 | 06:27:32 | 10:02:50 | 11:59:58 | 14:50:40 | 17:45:20 | | 19:32:32.05 | 19:32:56.30 | +08:33:39 (43.8%) | 10:39 | 5.6 (56.0%) |
| 262 | STĘPNOWSKI Jakub | 3281 | ORTHOS TEAM | Senior II M - 30 | 77 | 02:22:16 | 06:18:44 | 10:02:19 | 12:02:27 | 14:49:52 | 17:46:19 | | 19:37:26.45 | 19:39:13.40 | +08:39:56 (44.1%) | 10:42 | 5.6 (56.0%) |
| 263 | SEKMAN Tomasz | 3077 | | Masters M - 40 | 106 | 02:00:50 | 05:34:24 | 09:12:55 | 11:23:00 | 14:30:10 | 17:20:35 | | 19:40:01.80 | 19:40:08.95 | +08:40:51 (44.1%) | 10:43 | 5.6 (56.0%) |
| 264 | SZKODA Mariusz | 3164 | 3:33 TEAM | Weteran I M - 50 | 30 | 02:22:42 | 06:30:56 | 10:08:41 | 12:09:23 | 14:49:14 | 17:27:59 | | 19:40:29.75 | 19:42:01.00 | +08:42:43 (44.2%) | 10:43 | 5.6 (56.0%) |
| 265 | GAŁACKA Joanna | 3471 | | Masters K - 40 | 15 | 02:08:53 | 06:10:58 | 09:43:06 | 11:55:15 | 14:38:38 | 17:13:47 | | 19:42:23.40 | 19:42:36.35 | +08:43:19 (44.3%) | 10:44 | 5.6 (56.0%) |
| 266 | PUCHALSKI Zbigniew | 3253 | | Senior II M - 30 | 78 | 02:06:51 | 05:56:35 | 09:26:38 | 11:19:51 | 14:32:33 | 17:39:58 | | 19:43:52.35 | 19:44:57.15 | +08:45:39 (44.4%) | 10:45 | 5.6 (56.0%) |
| 267 | MICHALAK Mateusz | 3240 | | Senior II M - 30 | 79 | 02:10:01 | 05:59:34 | 09:31:55 | 11:27:07 | 14:30:37 | 17:37:07 | | 19:43:01.15 | 19:44:57.25 | +08:45:39 (44.4%) | 10:45 | 5.6 (56.0%) |
| 268 | MICHAŁOWSKI Maciej | 3241 | KLUB PRZYJACIÓŁ MYSZKI MIKI | Senior II M - 30 | 80 | 02:10:00 | 05:59:33 | 09:31:50 | 11:26:55 | 14:31:36 | 17:37:05 | | 19:43:01.90 | 19:44:57.55 | +08:45:40 (44.4%) | 10:45 | 5.6 (56.0%) |
| 269 | CIERCZEK Rafał | 3482 | | Senior II M - 30 | 81 | 02:09:38 | 05:48:38 | 09:21:11 | 11:20:13 | 14:21:50 | 17:24:37 | | 19:50:53.35 | 19:51:34.20 | +08:52:16 (44.7%) | 10:49 | 5.5 (55.0%) |
| 270 | HORZELA Adam | 3207 | HURAGAN LIGOTA | Senior II M - 30 | 82 | 02:05:06 | 06:20:04 | 09:52:18 | 12:08:08 | 15:05:51 | 17:55:13 | | 19:51:23.75 | 19:51:38.50 | +08:52:21 (44.7%) | 10:49 | 5.5 (55.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas | | Tempo min/km | Tempo km/h | |
|-----|-----------------------------|-------------|------------------------------------|-------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | | | | | | | netto 110km | brutto 110km | | | Różn |
| 271 | BRZozowski Rafał | 3537 | | Weteran I M - 50 | 31 | 02:12:21 | 06:16:47 | 09:51:15 | 11:58:11 | 15:00:03 | 17:50:44 | | 19:53:36.15 | 19:54:04.25 | +08:54:46 (44.8%) | 10:51 | 5.5 (55.0%) |
| 272 | WRZESIŃSKI Łukasz | 3374 | POWER&PAKER | Masters M - 40 | 107 | 02:14:32 | 06:20:31 | 09:53:02 | 11:50:26 | 14:56:40 | 17:48:02 | | 19:55:13.90 | 19:55:16.85 | +08:55:59 (44.8%) | 10:51 | 5.5 (55.0%) |
| 273 | MIŚ Piotr | 3002 | DIEHL RUNNING TEAM | Senior II M - 30 | 83 | 02:14:59 | 06:21:48 | 10:04:18 | 12:03:32 | 14:47:57 | 17:35:34 | | 19:55:11.70 | 19:56:06.20 | +08:56:48 (44.9%) | 10:51 | 5.5 (55.0%) |
| 274 | CIEŚLAK Krzysztof | 3423 | ULTRAFAZA.PL | Senior II M - 30 | 84 | 02:15:04 | 06:21:42 | 10:07:45 | 12:08:00 | 14:58:49 | 18:04:43 | | 19:56:10.25 | 19:57:11.70 | +08:57:54 (44.9%) | 10:52 | 5.5 (55.0%) |
| 275 | CIEŚLAK Jakub | 3420 | | Masters M - 40 | 108 | 02:15:04 | 06:21:40 | 10:07:43 | 12:08:00 | 14:58:47 | 18:04:42 | | 19:56:26.00 | 19:57:27.00 | +08:58:09 (44.9%) | 10:52 | 5.5 (55.0%) |
| 276 | BŁASZCZYK Luiza | 3152 | | Senior II K - 30 | 23 | 02:17:08 | 06:31:32 | 10:11:02 | 12:03:47 | 15:07:07 | 18:05:13 | | 19:56:49.05 | 19:57:34.55 | +08:58:17 (44.9%) | 10:52 | 5.5 (55.0%) |
| 277 | JARZĘBSKI Mateusz | 3153 | | Senior II M - 30 | 85 | 02:17:09 | 06:31:32 | 10:11:04 | 12:03:49 | 15:07:17 | 18:05:24 | | 19:56:50.10 | 19:57:35.65 | +08:58:18 (44.9%) | 10:52 | 5.5 (55.0%) |
| 278 | GRAD Łukasz | 3052 | FITNESS PIEKARY LEGNICA | Masters M - 40 | 109 | 02:06:30 | 06:39:51 | 10:46:48 | 12:41:02 | 15:26:12 | 17:58:21 | | 19:57:35.05 | 19:58:03.90 | +08:58:46 (45.0%) | 10:53 | 5.5 (55.0%) |
| 279 | DOBek Mateusz | 3246 | JAWOR RIVER GYM | Masters M - 40 | 110 | 02:06:40 | 06:39:51 | 10:46:42 | 12:41:01 | 15:26:04 | 17:58:44 | | 19:57:34.65 | 19:58:04.40 | +08:58:47 (45.0%) | 10:53 | 5.5 (55.0%) |
| 280 | WOŻNIAK Andrzej | 3099 | | Weteran I M - 50 | 32 | 01:56:03 | 05:31:08 | 09:02:11 | 11:03:31 | 14:13:32 | 17:26:50 | | 20:04:12.00 | 20:04:18.90 | +09:05:01 (45.3%) | 10:56 | 5.5 (55.0%) |
| 281 | OZIMINA Hubert | 3194 | OBORYGENI | Masters M - 40 | 111 | 02:09:29 | 06:20:27 | 10:06:49 | 12:12:04 | 15:11:42 | 17:59:59 | | 20:04:28.90 | 20:04:39.55 | +09:05:22 (45.3%) | 10:56 | 5.5 (55.0%) |
| 282 | LIS Sławomir | 3018 | | Weteran II M - 60 | 4 | 02:14:03 | 06:11:02 | 09:53:47 | 11:38:48 | 15:01:24 | 17:53:54 | | 20:03:39.75 | 20:05:27.55 | +09:06:10 (45.3%) | 10:56 | 5.5 (55.0%) |
| 283 | DOMAGAŁA Grażyna | 3372 | | Senior II K - 30 | 24 | 01:55:36 | 05:29:35 | 09:01:15 | 10:51:40 | 14:07:24 | 17:58:34 | | 20:05:43.15 | 20:06:04.35 | +09:06:47 (45.3%) | 10:57 | 5.5 (55.0%) |
| 284 | ROSZYK Tomasz | 3317 | TKKF MPK POZNAŃ | Masters M - 40 | 112 | 02:16:26 | 06:49:28 | 10:30:10 | 12:30:46 | 15:25:16 | 18:15:57 | | 20:07:51.50 | 20:08:23.10 | +09:09:05 (45.4%) | 10:58 | 5.5 (55.0%) |
| 285 | ROSZYK Magdalena | 3454 | TKKF MPK POZNAŃ/BIEGAJĄCE KREJZOLE | Masters K - 40 | 16 | 02:16:40 | 06:49:30 | 10:30:03 | 12:30:46 | 15:25:40 | 18:16:03 | | 20:07:59.90 | 20:08:30.95 | +09:09:13 (45.4%) | 10:58 | 5.5 (55.0%) |
| 286 | TYLMAN Małgorzata | 3237 | | Masters K - 40 | 17 | 02:07:28 | 06:12:11 | 10:06:15 | 12:17:15 | | 18:06:54 | | 20:08:21.30 | 20:08:39.95 | +09:09:22 (45.5%) | 10:59 | 5.5 (55.0%) |
| 287 | OLEJNIK Marcin | 3530 | | Masters M - 40 | 113 | 02:16:23 | 06:26:07 | 10:09:48 | 12:02:27 | 15:08:32 | 18:04:13 | | 20:08:03.60 | 20:09:32.25 | +09:10:14 (45.5%) | 10:58 | 5.5 (55.0%) |
| 288 | GRYCMAN Magda | 3426 | SPARTA ULTRA TEAM | Masters K - 40 | 18 | 02:03:08 | 06:15:31 | 09:42:08 | 11:42:11 | 14:55:43 | 17:52:08 | | 20:09:21.90 | 20:09:36.80 | +09:10:19 (45.5%) | 10:59 | 5.5 (55.0%) |
| 289 | KUPCZAK Ewa | 3453 | SPARTA ULTRA TEAM | Weteran K - 50 | 5 | 02:03:10 | 06:15:32 | 09:42:04 | 11:42:11 | 14:55:45 | 17:52:21 | | 20:09:22.10 | 20:09:37.15 | +09:10:19 (45.5%) | 10:59 | 5.5 (55.0%) |
| 290 | JÓZEF Mateusz | 3069 | ULTRAJÓZKI | Senior II M - 30 | 86 | 02:10:10 | 06:19:36 | 10:10:01 | 12:15:02 | 15:18:32 | 18:19:57 | | 20:10:55.15 | 20:11:41.25 | +09:12:23 (45.6%) | 11:00 | 5.5 (55.0%) |
| 291 | SZCZERBAKOWICZ Kamil | 3402 | | Senior II M - 30 | 87 | 02:11:10 | 05:56:56 | 09:32:54 | 11:51:36 | 15:06:17 | 18:17:18 | | 20:12:05.50 | 20:12:37.10 | +09:13:19 (45.6%) | 11:01 | 5.4 (54.0%) |
| 292 | FILIPEK Małgorzata | 3017 | | Senior II K - 30 | 25 | 02:11:49 | 06:11:53 | 09:49:56 | 11:50:06 | 14:43:41 | 17:37:33 | | 20:13:07.05 | 20:13:25.55 | +09:14:08 (45.7%) | 11:01 | 5.4 (54.0%) |
| 293 | SKORUPA Adam | 3126 | | Senior II M - 30 | 88 | 01:43:18 | 05:16:29 | 08:37:40 | 10:26:52 | 13:12:39 | 18:14:09 | | 20:17:42.70 | 20:17:51.40 | +09:18:34 (45.9%) | 11:04 | 5.4 (54.0%) |
| 294 | HOLIK Iwona | 3437 | GORLICKA GRUPA BIEGOWA | Masters K - 40 | 19 | 02:21:25 | 06:28:53 | 10:18:54 | 12:23:53 | | 18:18:55 | | 20:16:57.60 | 20:18:17.00 | +09:18:59 (45.9%) | 11:03 | 5.4 (54.0%) |
| 295 | DYLAĞ Katarzyna | 3466 | GGB | Masters K - 40 | 20 | 02:21:22 | 06:28:52 | 10:18:55 | 12:23:51 | 15:30:42 | 18:14:38 | | 20:16:55.70 | 20:18:17.30 | +09:19:00 (45.9%) | 11:03 | 5.4 (54.0%) |
| 296 | MARZEC Dominik | 3259 | | Senior II M - 30 | 89 | 02:15:03 | 06:12:56 | 09:50:29 | 11:57:57 | 15:16:49 | 18:13:48 | | 20:18:00.40 | 20:18:29.55 | +09:19:12 (45.9%) | 11:04 | 5.4 (54.0%) |
| 297 | BALUTA Paweł | 3519 | BARUNOWCE | Masters M - 40 | 114 | 02:10:02 | 06:26:52 | 10:13:31 | 12:14:24 | 15:10:42 | 18:28:17 | | 20:22:15.50 | 20:22:38.20 | +09:23:20 (46.1%) | 11:06 | 5.4 (54.0%) |
| 298 | JURCZAK Robert | 3195 | | Weteran I M - 50 | 33 | 02:11:18 | 06:20:50 | 10:08:54 | 12:14:05 | 15:31:48 | 18:11:18 | | 20:28:12.95 | 20:28:41.90 | +09:29:24 (46.3%) | 11:09 | 5.4 (54.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas netto 110km | Czas brutto 110km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|-------------|---------------------------------|-------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 299 | RYCHEL-MANTUR Dominika | 3079 | | Senior II K - 30 | 26 | 02:06:01 | 05:56:50 | 09:14:47 | 11:21:48 | 14:51:56 | 18:02:09 | | 20:31:48.80 | 20:32:29.40 | +09:33:12 (46.5%) | 11:11 | 5.4 (54.0%) |
| 300 | ZYCH Michał | 3432 | | Masters M - 40 | 115 | 02:17:39 | 06:57:16 | 10:49:43 | 12:51:18 | 15:40:30 | 18:16:29 | | 20:33:04.80 | 20:33:39.85 | +09:34:22 (46.6%) | 11:12 | 5.4 (54.0%) |
| 301 | PODBIELSKA Małgorzata | 3434 | | Senior II K - 30 | 27 | 02:17:40 | 06:57:20 | 10:49:48 | 12:51:24 | 15:40:38 | 18:16:57 | | 20:33:05.90 | 20:33:40.15 | +09:34:22 (46.6%) | 11:12 | 5.4 (54.0%) |
| 302 | DOLSKI Marcin | 3376 | | Senior II M - 30 | 90 | 02:24:39 | 06:30:32 | 10:11:15 | 12:12:29 | 15:30:19 | 18:18:55 | | 20:32:13.20 | 20:34:04.30 | +09:34:47 (46.6%) | 11:12 | 5.4 (54.0%) |
| 303 | GŁAZ Marek | 3141 | FORFITERY | Senior II M - 30 | 91 | 02:17:00 | 06:37:23 | 10:16:50 | 12:15:28 | 15:30:52 | 18:20:23 | | 20:35:06.20 | 20:35:40.45 | +09:36:23 (46.6%) | 11:13 | 5.3 (53.0%) |
| 304 | KAMIŃSKI Krystian | 3219 | DARKO NIESTEPOWO | Masters M - 40 | 116 | 02:31:44 | 07:12:18 | 11:02:28 | 13:04:26 | | 18:58:48 | | 20:44:55.00 | 20:46:00.95 | +09:46:43 (47.1%) | 11:19 | 5.3 (53.0%) |
| 305 | SYREK Rafał | 3244 | | Weteran I M - 50 | 34 | 02:19:04 | 06:28:55 | 10:19:47 | 12:24:35 | | 18:32:33 | | 20:46:23.05 | 20:46:57.10 | +09:47:39 (47.1%) | 11:19 | 5.3 (53.0%) |
| 306 | MATECKI Adrian | 3291 | YOGAHOME.PL | Senior I M - 20 | 5 | 02:05:56 | 05:41:56 | 09:23:06 | 11:36:40 | 14:54:12 | 18:20:16 | | 20:48:06.15 | 20:49:05.90 | +09:49:48 (47.2%) | 11:20 | 5.3 (53.0%) |
| 307 | LEWANDOWSKI Adrian | 3286 | | Senior II M - 30 | 92 | 02:08:19 | 05:41:57 | 09:23:10 | 11:36:40 | 14:54:17 | 18:20:25 | | 20:48:07.90 | 20:49:07.05 | +09:49:49 (47.2%) | 11:20 | 5.3 (53.0%) |
| 308 | GRUNDKOWSKI Oskar | 3030 | | Senior I M - 20 | 6 | 02:07:24 | 06:15:20 | 10:09:16 | 12:17:25 | 15:07:49 | 18:14:48 | | 20:49:22.25 | 20:49:40.25 | +09:50:22 (47.2%) | 11:21 | 5.3 (53.0%) |
| 309 | KALISZEWICZ Piotr | 3159 | | Masters M - 40 | 117 | 02:34:11 | 06:55:05 | 10:52:04 | 12:59:43 | 15:57:31 | 19:01:16 | | 20:49:56.65 | 20:50:33.75 | +09:51:16 (47.3%) | 11:21 | 5.3 (53.0%) |
| 310 | KOŁODZIEJ Mirosław | 3331 | WOLNY KRAFT | Senior II M - 30 | 93 | 02:05:28 | 05:55:02 | 10:10:17 | 12:17:05 | 15:53:18 | 19:19:22 | | 20:50:25.85 | 20:50:52.25 | +09:51:34 (47.3%) | 11:22 | 5.3 (53.0%) |
| 311 | POŁCZYŃSKI Paweł | 3009 | STALOWA ŁYDA | Senior II M - 30 | 94 | 02:06:20 | 05:58:26 | 09:41:46 | 11:59:55 | 15:17:09 | 18:15:34 | | 20:51:43.75 | 20:51:59.20 | +09:52:41 (47.3%) | 11:22 | 5.3 (53.0%) |
| 312 | KRAWCZYK Mirosław | 3140 | | Weteran II M - 60 | 5 | 02:21:26 | 06:45:54 | 10:32:17 | 12:37:41 | 15:54:04 | 18:43:38 | | 20:52:36.65 | 20:53:02.10 | +09:53:44 (47.4%) | 11:23 | 5.3 (53.0%) |
| 313 | ŁOWICKA Maja | 3111 | AKTYWNI RAZEM | Senior II K - 30 | 28 | 02:15:58 | 07:00:23 | 11:40:33 | 13:45:26 | 16:32:18 | 19:07:53 | | 20:55:10.60 | 20:55:29.40 | +09:56:12 (47.5%) | 11:24 | 5.3 (53.0%) |
| 314 | KALISZEWICZ Ewa | 3156 | | Masters K - 40 | 21 | 02:34:45 | 06:55:47 | 10:52:32 | 13:04:26 | 16:07:55 | 19:01:27 | | 20:55:27.85 | 20:56:05.25 | +09:56:47 (47.5%) | 11:24 | 5.3 (53.0%) |
| 315 | NOSEK Maciej | 3061 | STALOWA ŁYDA | Senior II M - 30 | 95 | 02:07:22 | 05:55:48 | 09:33:19 | 11:43:33 | 15:25:20 | 18:43:08 | | 20:57:04.45 | 20:57:19.00 | +09:58:01 (47.6%) | 11:25 | 5.3 (53.0%) |
| 316 | JABKOWSKI Łukasz | 3015 | KHG GROUP | Senior I M - 20 | 7 | 02:21:24 | 06:43:18 | 10:06:19 | 12:11:55 | 15:36:33 | 18:41:42 | | 20:55:51.55 | 20:57:37.85 | +09:58:20 (47.6%) | 11:25 | 5.3 (53.0%) |
| 317 | FRANKOWSKI Dariusz | 3491 | SZAMANI W TRANSIE | Weteran I M - 50 | 35 | 02:21:52 | 06:43:38 | 10:29:39 | 12:33:01 | 15:52:54 | 18:47:43 | | 21:02:11.45 | 21:02:44.55 | +10:03:27 (47.8%) | 11:28 | 5.2 (52.0%) |
| 318 | GÓRNY Przemysław | 3072 | KLUB BIEGACZA SUPERMARATOŃCZYK | Masters M - 40 | 118 | 02:18:16 | 06:39:05 | 10:33:47 | 12:37:33 | 15:37:40 | 18:53:30 | | 21:12:24.10 | 21:13:28.45 | +10:14:11 (48.2%) | 11:34 | 5.2 (52.0%) |
| 319 | GÓRNY Magdalena | 3074 | KLUB BIEGACZA SUPERMARATOŃCZYK | Masters K - 40 | 22 | 02:18:16 | 06:39:05 | 10:33:45 | 12:37:34 | 15:37:37 | 18:53:35 | | 21:12:25.70 | 21:13:28.60 | +10:14:11 (48.2%) | 11:34 | 5.2 (52.0%) |
| 320 | BOCIEJ Arkadiusz | 3378 | | Senior I M - 20 | 8 | 01:55:19 | 05:35:48 | 09:27:48 | 11:35:17 | 14:56:59 | 18:01:40 | | 21:14:12.10 | 21:14:30.85 | +10:15:13 (48.3%) | 11:35 | 5.2 (52.0%) |
| 321 | STAJNIAK-STELIGA Izabela | 3451 | OBORYGENI | Masters K - 40 | 23 | 02:32:28 | 06:58:00 | 11:02:29 | 13:01:43 | 15:53:23 | 18:57:38 | | 21:15:35.75 | 21:15:47.15 | +10:16:29 (48.3%) | 11:35 | 5.2 (52.0%) |
| 322 | PARYSZ Anna | 3450 | STARE BABICE BIEGAJA | Weteran II K - 60 | 1 | 02:26:08 | 06:57:20 | 10:43:14 | 12:59:13 | 15:53:58 | 19:05:28 | | 21:16:10.00 | 21:16:29.65 | +10:17:12 (48.4%) | 11:36 | 5.2 (52.0%) |
| 323 | PIERZCHAŁSKI Sebastian | 3063 | KBKS RADOMSKO | Senior II M - 30 | 96 | 02:10:47 | 06:12:42 | 10:05:17 | 12:09:07 | 15:31:58 | 19:00:00 | | 21:16:29.95 | 21:16:54.95 | +10:17:37 (48.4%) | 11:36 | 5.2 (52.0%) |
| 324 | WALCZAK Michał | 3258 | | Masters M - 40 | 119 | 02:13:17 | 06:31:21 | 10:46:07 | 12:55:28 | 15:55:30 | 18:56:11 | | 21:17:17.45 | 21:17:55.45 | +10:18:38 (48.4%) | 11:36 | 5.2 (52.0%) |
| 325 | MATUSZEWSKA Małgorzata | 3481 | RUNNER'S POWER - POWIAT ŚREMSKI | Masters K - 40 | 24 | 02:32:47 | 06:57:50 | 10:46:22 | 12:55:48 | 15:55:45 | 18:55:55 | | 21:17:38.15 | 21:17:55.65 | +10:18:38 (48.4%) | 11:36 | 5.2 (52.0%) |
| 326 | KACZMAREK Mirosław | 3480 | RUNNER'S POWER | Senior II M - 30 | 97 | 02:32:49 | 06:57:49 | 10:46:32 | 12:55:51 | 15:56:33 | 18:55:55 | | 21:17:37.85 | 21:17:55.85 | +10:18:38 (48.4%) | 11:36 | 5.2 (52.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas | | Tempo min/km | Tempo km/h | |
|-----|---------------------------------|-------------|----------------------------|-------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | | | | | | | netto 110km | brutto 110km | | | Różn |
| 327 | DOMINIAK Bartosz | 3027 | #BARTEKBIEGA | Masters M - 40 | 120 | 02:10:46 | 06:29:58 | 10:28:43 | 12:40:58 | 16:08:57 | 19:20:39 | | 21:17:29.70 | 21:17:57.15 | +10:18:39 (48.4%) | 11:36 | 5.2 (52.0%) |
| 328 | RUTKOWSKA Małgorzata | 3188 | | Weteran K - 50 | 6 | 02:59:44 | 08:43:37 | 13:22:27 | 15:28:07 | | 19:50:37 | | 21:18:34.00 | 21:19:34.00 | +10:20:16 (48.5%) | 11:37 | 5.2 (52.0%) |
| 329 | KUTYŁA Agnieszka | 3411 | NIEPOŁOMICE BIEGAJĄ | Weteran K - 50 | 7 | 02:22:19 | 06:33:03 | 10:14:21 | 12:29:56 | 15:58:56 | 19:07:34 | | 21:18:49.75 | 21:19:43.35 | +10:20:26 (48.5%) | 11:37 | 5.2 (52.0%) |
| 329 | KUTYŁA Stanisław | 3412 | ORANGE POLSKA | Weteran I M - 50 | 36 | 02:22:20 | 06:33:02 | 10:14:18 | 12:29:55 | 15:58:51 | 19:07:31 | | 21:18:49.60 | 21:19:43.35 | +10:20:26 (48.5%) | 11:37 | 5.2 (52.0%) |
| 331 | POŹNIAK Marcin | 3036 | NIGHT RUNNERS PYSKOWICE | Senior II M - 30 | 98 | 02:31:43 | 07:07:54 | 10:56:12 | 12:50:31 | 16:12:06 | 19:29:04 | | 21:19:19.35 | 21:20:44.45 | +10:21:27 (48.5%) | 11:37 | 5.2 (52.0%) |
| 332 | KOCJAN Marcin | 3516 | | Senior II M - 30 | 99 | 02:14:32 | 06:19:34 | 10:19:04 | 12:17:22 | 15:27:45 | 18:39:22 | | 21:19:59.60 | 21:20:46.30 | +10:21:29 (48.5%) | 11:38 | 5.2 (52.0%) |
| 333 | SZUMSKI Waldemar | 3271 | 4RUN BROOKS TEAM GDAŃSK | Masters M - 40 | 121 | 02:18:22 | 06:50:39 | | 12:50:22 | 14:13:28 | 18:57:34 | | 21:22:26.95 | 21:23:42.45 | +10:24:25 (48.6%) | 11:39 | 5.1 (51.0%) |
| 334 | SAMBORSKI Piotr | 3041 | WKURW_TEAM | Senior II M - 30 | 100 | 02:12:56 | 05:54:56 | 09:34:15 | 11:51:59 | 15:20:37 | 19:03:04 | | 21:23:26.50 | 21:24:55.10 | +10:25:37 (48.7%) | 11:40 | 5.1 (51.0%) |
| 335 | MATYJA Rafał | 3531 | | Senior II M - 30 | 101 | 02:17:26 | 07:28:46 | 11:00:44 | 13:05:44 | 16:27:58 | 19:30:43 | | 21:26:29.90 | 21:26:41.65 | +10:27:24 (48.8%) | 11:41 | 5.1 (51.0%) |
| 336 | ŁUCZAK Marcin | 3325 | | Masters M - 40 | 122 | 02:15:50 | 06:40:11 | 10:10:27 | 12:18:15 | 15:38:24 | 18:56:16 | | 21:29:09.00 | 21:29:39.15 | +10:30:21 (48.9%) | 11:43 | 5.1 (51.0%) |
| 337 | NORAS Alina | 3224 | ENDURANCE TEAM | Senior II K - 30 | 29 | 02:24:37 | 06:39:37 | 10:09:21 | 12:17:02 | 15:35:23 | 18:42:25 | | 21:28:03.25 | 21:29:47.90 | +10:30:30 (48.9%) | 11:42 | 5.1 (51.0%) |
| 338 | KAROLEWSKI Maciej | 3319 | KROTOSZYŃSKA GRUPA BIEGOWA | Masters M - 40 | 123 | 02:04:25 | 05:48:08 | 09:43:30 | 11:52:54 | 15:22:28 | 18:56:52 | | 21:29:32.00 | 21:30:47.50 | +10:31:30 (48.9%) | 11:43 | 5.1 (51.0%) |
| 339 | BIES Andżeju Jakcinaimię | 3460 | ZDRAJCY METALU | Masters M - 40 | 124 | 02:16:00 | 06:31:00 | 10:34:46 | 12:51:09 | 16:23:37 | 19:18:17 | | 21:35:54.85 | 21:37:34.75 | +10:38:17 (49.2%) | 11:46 | 5.1 (51.0%) |
| 340 | SOCHAJ Anna | 3113 | FUKUNDA | Senior II K - 30 | 30 | 02:18:02 | 06:29:14 | 10:20:26 | 12:55:38 | 16:19:19 | 19:16:23 | | 21:35:56.25 | 21:37:35.10 | +10:38:17 (49.2%) | 11:46 | 5.1 (51.0%) |
| 341 | PAPIEROWSKA Dagmara | 3023 | | Senior II K - 30 | 31 | 02:29:00 | 07:11:39 | 11:07:26 | 13:03:49 | 16:19:45 | 19:21:05 | | 21:37:32.15 | 21:38:00.90 | +10:38:43 (49.2%) | 11:47 | 5.1 (51.0%) |
| 342 | TERETYKA Dorota | 3024 | BIEGAJĄCE KREJZOLE | Masters K - 40 | 25 | 02:29:00 | 07:11:44 | 11:07:25 | 13:03:50 | 16:19:25 | 19:23:10 | | 21:37:33.70 | 21:38:01.05 | +10:38:43 (49.2%) | 11:47 | 5.1 (51.0%) |
| 343 | LIS Sebastian | 3064 | KB DĘBIEC | Senior II M - 30 | 102 | 02:29:01 | 07:11:41 | 11:07:31 | 13:03:53 | 16:19:49 | 19:23:10 | | 21:37:32.65 | 21:38:01.80 | +10:38:44 (49.2%) | 11:47 | 5.1 (51.0%) |
| 344 | DATA Dariusz | 3252 | KUGUAR XTREME RUNNERS | Weteran I M - 50 | 37 | 03:13:49 | 07:16:39 | 11:07:11 | 13:05:00 | 16:18:50 | 19:21:43 | | 21:36:49.65 | 21:38:28.50 | +10:39:11 (49.2%) | 11:47 | 5.1 (51.0%) |
| 345 | KUBICA Anna | 3387 | | Masters K - 40 | 26 | 02:25:17 | 07:17:17 | 11:04:29 | 12:53:31 | 16:02:54 | 19:22:47 | | 21:37:20.00 | 21:38:34.20 | +10:39:16 (49.2%) | 11:47 | 5.1 (51.0%) |
| 346 | LORYŚ Adam | 3150 | FORFITERY / PLANETA NISKO | Senior II M - 30 | 103 | 02:15:22 | 06:31:46 | 11:01:54 | 13:25:55 | 16:26:53 | 19:32:02 | | 21:38:11.25 | 21:38:45.10 | +10:39:27 (49.2%) | 11:48 | 5.1 (51.0%) |
| 347 | KOSZAŁKA Marcin | 3051 | FORFITERY | Senior II M - 30 | 104 | 02:17:02 | 06:37:22 | 11:01:56 | | 16:27:05 | 19:31:58 | | 21:38:12.05 | 21:38:46.15 | +10:39:28 (49.2%) | 11:48 | 5.1 (51.0%) |
| 348 | MICHALSKA Joanna | 3222 | VELUX | Masters K - 40 | 27 | 02:11:33 | 06:30:03 | 10:34:45 | 12:59:59 | 16:20:20 | 19:34:13 | | 21:42:17.25 | 21:42:34.80 | +10:43:17 (49.4%) | 11:50 | 5.1 (51.0%) |
| 349 | STRZELEC Tomasz | 3135 | | Masters M - 40 | 125 | 02:31:15 | 07:01:59 | 11:02:19 | 13:34:13 | 16:48:40 | 19:43:04 | | 21:41:48.90 | 21:42:59.20 | +10:43:41 (49.4%) | 11:50 | 5.1 (51.0%) |
| 350 | LUBAŃSKI Mateusz | 3472 | KS DŁUGOŁĘKA 2000 | Senior II M - 30 | 105 | 02:13:39 | 06:30:56 | 10:19:03 | 12:29:39 | 16:06:08 | 19:37:49 | | 21:42:36.75 | 21:43:19.35 | +10:44:02 (49.4%) | 11:50 | 5.1 (51.0%) |
| 351 | WĘCLEWSKI Marcin | 3178 | | Masters M - 40 | 126 | 02:11:42 | 06:40:39 | 11:03:07 | 13:39:03 | 17:02:55 | 19:49:47 | | 21:49:59.15 | 21:50:18.40 | +10:51:01 (49.7%) | 11:54 | 5 (50.0%) |
| 352 | PASTWA Grzegorz | 3524 | | Senior II M - 30 | 106 | 02:26:55 | 06:48:32 | 11:18:41 | 13:41:38 | 16:28:38 | 19:29:39 | | 21:53:50.50 | 21:53:52.10 | +10:54:34 (49.8%) | 11:56 | 5 (50.0%) |
| 353 | SUŁEK Aldona | 3428 | ZOELLER TECH | Masters K - 40 | 28 | 02:38:47 | 07:20:01 | 11:14:44 | 13:28:33 | 16:46:34 | 19:43:26 | | 21:54:13.85 | 21:54:43.70 | +10:55:26 (49.9%) | 11:56 | 5 (50.0%) |
| 354 | LAJTER Jerzy | 3214 | 4 RUN TEAM PIŁA | Weteran II M - 60 | 6 | 02:40:22 | 07:32:21 | 11:39:34 | 13:54:02 | 17:13:25 | 19:54:17 | | 21:53:30.60 | 21:55:02.10 | +10:55:44 (49.9%) | 11:56 | 5 (50.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas | | Tempo min/km | Tempo km/h | |
|-----|-----------------------------------|-------------|------------------------------------|-------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | | | | | | | netto 110km | brutto 110km | | | |
| 355 | MAJCHRZYCKI Sławomir | 3515 | TKKF MPK POZNAŃ | Masters M - 40 | 127 | 02:13:21 | 06:29:57 | 10:35:37 | 12:59:54 | 16:20:47 | 19:34:23 | | 21:56:57.20 | 21:57:20.20 | +10:58:02 (50.0%) | 11:58 | 5 (50.0%) |
| 356 | FARBISZEWSKI Marek | 3510 | ORANGE POLSKA | Masters M - 40 | 128 | 02:20:49 | 06:26:47 | 10:12:25 | 12:30:33 | 15:43:32 | 19:11:21 | | 22:03:52.50 | 22:04:56.20 | +11:05:38 (50.2%) | 12:02 | 5 (50.0%) |
| 357 | SOBKOWIAK Sławomir Locco | 3385 | WRONIECKI KLUB BIEGACZA | Weteran I M - 50 | 38 | 02:17:52 | 06:47:42 | 11:01:45 | 13:29:11 | 16:55:25 | 19:55:17 | | 22:06:04.80 | 22:06:35.55 | +11:07:18 (50.3%) | 12:03 | 5 (50.0%) |
| 358 | STOŁOWSKI Robert | 3012 | | Masters M - 40 | 129 | 02:17:54 | 06:54:52 | 11:01:40 | 13:29:23 | 16:56:03 | 19:55:03 | | 22:06:05.70 | 22:06:35.75 | +11:07:18 (50.3%) | 12:03 | 5 (50.0%) |
| 359 | PIETRUCHA Adam | 3425 | DRUŻYNA SZPIKU | Senior II M - 30 | 107 | 02:22:06 | 06:45:17 | 10:41:47 | 13:00:09 | | 19:46:36 | | 22:08:44.35 | 22:10:26.75 | +11:11:09 (50.4%) | 12:04 | 5 (50.0%) |
| 360 | MUCHA Katarzyna | 3208 | NOA | Weteran K - 50 | 8 | 02:32:03 | 06:49:36 | 10:19:18 | 12:25:19 | | 19:26:44 | | 22:13:23.35 | 22:14:08.10 | +11:14:50 (50.6%) | 12:07 | 4.9 (49.0%) |
| 361 | ŻEBROWSKI Piotr | 3464 | | Senior II M - 30 | 108 | 02:19:00 | 06:35:22 | 10:19:26 | 12:25:25 | 15:50:12 | 19:18:18 | | 22:16:10.80 | 22:16:52.95 | +11:17:35 (50.7%) | 12:08 | 4.9 (49.0%) |
| 362 | FRĄCKOWIAK Dominik | 3068 | | Senior II M - 30 | 109 | 02:10:52 | 06:22:21 | 10:19:32 | 12:34:42 | 15:59:39 | 19:52:53 | | 22:16:29.95 | 22:16:53.15 | +11:17:35 (50.7%) | 12:08 | 4.9 (49.0%) |
| 363 | JANKOWSKI Szymon | 3353 | | Masters M - 40 | 130 | 02:34:09 | 06:51:04 | 10:47:35 | 13:17:29 | | 19:52:25 | | 22:16:51.50 | 22:18:45.10 | +11:19:27 (50.8%) | 12:09 | 4.9 (49.0%) |
| 364 | BIEDA Bernard | 3407 | | Senior II M - 30 | 110 | 02:12:26 | 06:40:41 | 11:04:17 | 13:39:04 | 17:03:08 | 20:05:02 | | 22:21:26.70 | 22:21:45.45 | +11:22:28 (50.9%) | 12:11 | 4.9 (49.0%) |
| 365 | NOWAK Iwona | 3157 | SIEMIANOWICE I PRZYJACIELE BIEGAJĄ | Masters K - 40 | 29 | 02:30:46 | 07:49:14 | 11:40:59 | 13:45:16 | 17:00:25 | 20:04:20 | | 22:23:28.25 | 22:24:17.35 | +11:25:00 (51.0%) | 12:12 | 4.9 (49.0%) |
| 366 | KRAJEWSKA-KŁODA Katarzyna | 3155 | DRUŻYNA SZPIKU | Masters K - 40 | 30 | 02:29:57 | 07:19:45 | 11:27:05 | 13:58:55 | 17:17:45 | 20:19:12 | | 22:25:54.55 | 22:27:35.25 | +11:28:17 (51.1%) | 12:14 | 4.9 (49.0%) |
| 367 | BARANIAK Beata | 3160 | DRUŻYNA SZPIKU | Weteran K - 50 | 9 | 02:29:58 | 07:19:42 | 11:26:57 | 13:58:55 | 17:17:52 | 20:19:27 | | 22:25:55.20 | 22:27:36.35 | +11:28:19 (51.1%) | 12:14 | 4.9 (49.0%) |
| 368 | DARSKI Rafał | 3124 | RECAMIERE | Weteran II M - 60 | 7 | 02:09:39 | 07:09:00 | 11:13:45 | 13:31:50 | 16:47:55 | 20:13:19 | | 22:28:52.90 | 22:29:17.55 | +11:30:00 (51.1%) | 12:15 | 4.9 (49.0%) |
| 369 | SKIBA Anna | 3335 | KB HARCOWNIK | Masters K - 40 | 31 | 02:25:40 | 06:48:38 | 10:50:23 | 13:05:01 | 16:44:59 | 20:00:22 | | 22:31:05.95 | 22:31:51.00 | +11:32:33 (51.2%) | 12:16 | 4.9 (49.0%) |
| 370 | SOSZYŃSKA Katarzyna | 3533 | ULTRA WAY TEAM | Masters K - 40 | 32 | 02:17:26 | 06:47:41 | 10:26:39 | 12:34:41 | 16:04:40 | 19:26:47 | | 22:31:24.80 | 22:31:54.95 | +11:32:37 (51.2%) | 12:17 | 4.9 (49.0%) |
| 371 | SZUMLAS Marcin | 3008 | ULTRA WAY TEAM | Masters M - 40 | 131 | 02:29:37 | 06:46:56 | 10:26:04 | 12:33:47 | 16:04:02 | 19:25:47 | | 22:30:39.40 | 22:31:55.50 | +11:32:38 (51.2%) | 12:16 | 4.9 (49.0%) |
| 372 | SZANDAŁA Jacek | 3225 | CAŁA OLEŚNICA BIEGA | Masters M - 40 | 132 | 02:06:35 | 05:58:23 | 09:29:06 | 11:26:07 | 14:44:59 | 18:05:04 | | 22:32:06.10 | 22:32:47.55 | +11:33:30 (51.3%) | 12:17 | 4.9 (49.0%) |
| 373 | KONIECZKO Rafał | 3031 | | Weteran I M - 50 | 39 | 02:15:22 | 06:58:18 | 11:03:24 | 13:06:40 | 16:43:26 | 20:15:26 | | 22:32:57.90 | 22:33:18.95 | +11:34:01 (51.3%) | 12:17 | 4.9 (49.0%) |
| 374 | KAŹMIERCZAK Aleksandra | 3100 | SKORUPA SPORT | Masters K - 40 | 33 | 02:30:17 | 07:27:02 | 11:42:20 | 13:46:00 | 17:16:04 | 20:09:22 | | 22:32:47.70 | 22:33:19.00 | +11:34:01 (51.3%) | 12:17 | 4.9 (49.0%) |
| 375 | CHOŁOTA Marek | 3033 | | Masters M - 40 | 133 | 02:15:20 | 06:58:21 | 11:03:35 | 13:08:36 | 16:50:15 | 20:06:47 | | 22:33:21.60 | 22:33:41.65 | +11:34:24 (51.3%) | 12:18 | 4.9 (49.0%) |
| 376 | JASTRZĄB-STANDERSKA Joanna | 3013 | | Masters K - 40 | 34 | 02:15:26 | 06:58:19 | 11:03:31 | 13:07:37 | 16:49:11 | 20:13:35 | | 22:33:20.80 | 22:33:41.75 | +11:34:24 (51.3%) | 12:18 | 4.9 (49.0%) |
| 377 | OBŁUDKA Adam | 3297 | BEERSPIRIT | Masters M - 40 | 134 | 02:41:30 | 07:25:58 | 11:24:01 | 13:32:45 | 17:27:50 | 20:22:38 | | 22:32:03.50 | 22:33:47.75 | +11:34:30 (51.3%) | 12:17 | 4.9 (49.0%) |
| 378 | WIECZOREK Sławomir | 3388 | | Masters M - 40 | 135 | 02:17:51 | 06:54:54 | 11:01:54 | 13:30:17 | 17:11:32 | 20:07:53 | | 22:34:13.70 | 22:34:44.55 | +11:35:27 (51.3%) | 12:18 | 4.9 (49.0%) |
| 379 | ŚCIĘGOSZ Daniel | 3518 | STANWEX II | Senior II M - 30 | 111 | 02:19:00 | 06:37:11 | 11:16:14 | 13:48:12 | 18:03:43 | 20:43:35 | | 22:38:08.65 | 22:38:34.80 | +11:39:17 (51.5%) | 12:20 | 4.9 (49.0%) |
| 380 | CISZEWSKI Krzysztof | 3134 | | Masters M - 40 | 136 | 02:19:39 | 06:39:22 | 10:45:29 | 12:54:31 | 16:35:24 | 20:12:53 | | 22:38:54.90 | 22:40:34.50 | +11:41:17 (51.5%) | 12:21 | 4.9 (49.0%) |
| 381 | LEPIARZ Beata | 3347 | W KOBIECIE SIŁA | Weteran K - 50 | 10 | 02:20:52 | 06:43:04 | 10:49:08 | 13:27:36 | 16:49:41 | 20:09:20 | | 22:44:21.70 | 22:44:53.05 | +11:45:35 (51.7%) | 12:24 | 4.8 (48.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas | | Tempo min/km | Tempo km/h | |
|-----|---------------------------------|-------------|-------------------------------|-------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | | | | | | | netto 110km | brutto 110km | | | Różn |
| 382 | SOBCZYK Grzesiu | 3310 | WIELUŃ BIEGA | Masters M - 40 | 137 | 02:14:50 | 06:05:09 | 09:44:42 | 11:44:41 | 15:08:18 | | | 22:52:14.00 | 22:52:14.00 | +11:52:56 (52.0%) | 12:28 | 4.8 (48.0%) |
| 383 | SURDAcki Jerzy | 3143 | DRUŻYNA SZPIKU | Weteran I M - 50 | 40 | 02:34:06 | 07:39:33 | 11:53:03 | 14:34:14 | | 20:58:33 | | 22:52:26.60 | 22:53:33.10 | +11:54:15 (52.0%) | 12:28 | 4.8 (48.0%) |
| 384 | BOTTCHER Andrzej | 3247 | | Masters M - 40 | 138 | 02:25:39 | 06:54:34 | 11:04:34 | 13:32:18 | 17:32:43 | 20:35:55 | | 22:54:35.45 | 22:55:51.45 | +11:56:34 (52.1%) | 12:29 | 4.8 (48.0%) |
| 385 | MUSZYŃSKI Jakub | 3248 | | Senior II M - 30 | 112 | 02:25:38 | 06:54:37 | 11:04:39 | 13:32:20 | | 20:35:55 | | 22:54:38.80 | 22:55:53.85 | +11:56:36 (52.1%) | 12:29 | 4.8 (48.0%) |
| 386 | PROCHNO Piotr | 3001 | TRAIL IS OUR WAY | Senior II M - 30 | 113 | 02:10:45 | 06:20:22 | 09:57:37 | 12:06:59 | 16:09:29 | 20:03:33 | | 22:56:14.25 | 22:56:46.95 | +11:57:29 (52.1%) | 12:30 | 4.8 (48.0%) |
| 387 | CZYŻ Łukasz | 3034 | ES TEAM | Masters M - 40 | 139 | 02:09:36 | 06:32:27 | 10:36:10 | 13:02:21 | 16:41:21 | 20:16:21 | | 22:57:10.20 | 22:57:30.15 | +11:58:12 (52.1%) | 12:31 | 4.8 (48.0%) |
| 388 | WĘGIERSKA Małgorzata | 3496 | | Senior II K - 30 | 32 | 02:05:30 | 05:55:04 | 10:21:46 | 12:55:26 | 16:31:37 | 19:54:46 | | 22:57:32.85 | 22:57:59.25 | +11:58:41 (52.2%) | 12:31 | 4.8 (48.0%) |
| 389 | WITKOWSKA Maria | 3095 | TEAM DFBG | Weteran II K - 60 | 2 | 02:42:03 | 07:22:40 | 11:15:21 | 13:42:10 | 17:13:42 | 20:26:30 | | 23:02:18.10 | 23:03:09.55 | +12:03:52 (52.3%) | 12:33 | 4.8 (48.0%) |
| 390 | STROMIDŁO Anna | 3078 | BROWAR DOMOWY HATAK | Masters K - 40 | 35 | 02:31:44 | 07:40:42 | 11:41:33 | 14:04:55 | 17:30:02 | 20:37:24 | | 23:04:21.65 | 23:04:31.05 | +12:05:13 (52.4%) | 12:35 | 4.8 (48.0%) |
| 391 | STROMIDŁO Sebastian | 3065 | BR - W STRONĘ ULTRA (PODCAST) | Masters M - 40 | 140 | 02:31:36 | 07:40:41 | 11:41:30 | 14:04:52 | 17:30:09 | 20:37:22 | | 23:04:22.15 | 23:04:31.30 | +12:05:14 (52.4%) | 12:35 | 4.8 (48.0%) |
| 392 | DEM CZAR Jacek | 3092 | | Weteran I M - 50 | 41 | 02:28:03 | 07:22:57 | 11:15:53 | 13:40:12 | 17:03:38 | 20:36:02 | | 23:03:35.95 | 23:05:06.30 | +12:05:49 (52.4%) | 12:34 | 4.8 (48.0%) |
| 393 | GINTER Grzegorz | 3196 | AZS COLLEGIUM MEDICUM UJ | Senior II M - 30 | 114 | 02:22:26 | 07:32:55 | 12:40:13 | 14:47:44 | 18:04:41 | 21:10:53 | | 23:04:49.05 | 23:05:17.30 | +12:06:00 (52.4%) | 12:35 | 4.8 (48.0%) |
| 394 | WARSZYCKI Artur | 3314 | BIEGAJĄCE KREJZOLE | Senior II M - 30 | 115 | 02:27:55 | 07:00:06 | 11:08:06 | 13:33:19 | 18:11:04 | 21:02:43 | | 23:06:04.30 | 23:06:39.10 | +12:07:21 (52.5%) | 12:36 | 4.8 (48.0%) |
| 395 | KROLS Hilde | 3440 | VOS SCHAFFEN | Weteran II K - 60 | 3 | 02:33:14 | 07:31:42 | 11:52:19 | 14:14:29 | 17:56:14 | 21:09:57 | | 23:05:44.05 | 23:07:21.65 | +12:08:04 (52.5%) | 12:35 | 4.8 (48.0%) |
| 396 | WITLICKI Kacper | 3193 | | Senior I M - 20 | 9 | 02:07:15 | 05:48:27 | 09:24:34 | 11:21:55 | 14:41:12 | 20:40:24 | | 23:07:10.10 | 23:07:30.85 | +12:08:13 (52.5%) | 12:36 | 4.8 (48.0%) |
| 397 | SERAFIN Michał | 3151 | HWBC | Masters M - 40 | 141 | 02:16:36 | 06:51:57 | 11:07:27 | 13:38:14 | 17:03:28 | 20:57:01 | | 23:12:23.05 | 23:13:11.90 | +12:13:54 (52.7%) | 12:39 | 4.7 (47.0%) |
| 398 | SZEMIK Kamila | 3462 | | Masters K - 40 | 36 | 02:43:30 | 07:35:50 | 11:39:37 | 14:07:03 | 17:23:46 | 20:34:57 | | 23:11:34.40 | 23:13:23.65 | +12:14:06 (52.7%) | 12:39 | 4.7 (47.0%) |
| 399 | MARUT Kaśka | 3350 | | Masters K - 40 | 37 | 02:31:48 | 07:07:49 | 11:14:55 | 13:31:01 | 17:22:17 | 20:40:24 | | 23:11:59.25 | 23:13:26.20 | +12:14:08 (52.7%) | 12:39 | 4.7 (47.0%) |
| 400 | MAJEWSKA Gizela | 3366 | NIGHT RUNNERS PYSKOWICE | Weteran K - 50 | 11 | 02:35:49 | 07:15:47 | 11:15:31 | 13:34:05 | 17:32:47 | 20:40:32 | | 23:12:02.45 | 23:13:26.95 | +12:14:09 (52.7%) | 12:39 | 4.7 (47.0%) |
| 400 | BURLIGA Marzena | 3368 | | Masters K - 40 | 38 | 02:35:49 | 07:16:07 | 11:16:25 | 13:34:07 | 17:32:56 | 20:40:21 | | 23:12:06.15 | 23:13:26.95 | +12:14:09 (52.7%) | 12:39 | 4.7 (47.0%) |
| 402 | GORCZYCA Łukasz | 3340 | | Masters M - 40 | 142 | 02:28:31 | 07:19:23 | 11:42:02 | 13:45:49 | 17:27:50 | 20:46:36 | | 23:16:40.65 | 23:17:24.35 | +12:18:07 (52.8%) | 12:41 | 4.7 (47.0%) |
| 403 | CHOMICZ Andrzej | 3226 | NADAKTYWNI NOWE MIASTECZKO | Senior II M - 30 | 116 | 02:28:35 | 07:19:27 | 11:42:06 | 13:45:50 | 17:25:59 | 20:47:50 | | 23:16:43.65 | 23:17:24.75 | +12:18:07 (52.8%) | 12:41 | 4.7 (47.0%) |
| 404 | SUCHOCKI Grzegorz | 3228 | NADAKTYWNI NOWE MIASTECZKO | Weteran I M - 50 | 42 | 02:28:30 | 07:19:23 | 11:41:56 | 13:45:50 | 17:18:10 | 20:46:43 | | 23:16:42.90 | 23:17:25.20 | +12:18:07 (52.8%) | 12:41 | 4.7 (47.0%) |
| 405 | JONCZYK Jerzy | 3285 | TUPTUP | Weteran I M - 50 | 43 | 02:34:43 | 07:29:21 | 11:40:09 | 14:03:19 | 17:36:28 | 20:52:14 | | 23:17:17.65 | 23:17:31.20 | +12:18:13 (52.8%) | 12:42 | 4.7 (47.0%) |
| 406 | SZWEDLER-NOWACKA Jolanta | 3394 | | Masters K - 40 | 39 | 02:43:34 | 07:35:53 | 11:39:42 | 14:07:10 | 17:24:12 | 20:35:03 | | 23:15:47.95 | 23:17:37.10 | +12:18:19 (52.8%) | 12:41 | 4.7 (47.0%) |
| 407 | GOGOLIŃSKI Przemysław | 3458 | | Masters M - 40 | 143 | 02:43:35 | 07:34:07 | 11:39:43 | 14:07:10 | 17:23:40 | 20:34:59 | | 23:15:50.45 | 23:17:41.10 | +12:18:23 (52.8%) | 12:41 | 4.7 (47.0%) |
| 408 | ZEMANEK Arkadiusz | 3459 | | Masters M - 40 | 144 | 02:43:34 | 07:34:17 | 11:39:46 | 14:07:12 | 17:24:00 | 20:34:54 | | 23:15:53.30 | 23:17:43.75 | +12:18:26 (52.8%) | 12:41 | 4.7 (47.0%) |
| 409 | OSTASZEWSKI Mariusz | 3256 | | Masters M - 40 | 145 | 02:22:43 | 07:20:49 | 12:07:26 | 14:26:35 | 18:04:57 | 21:18:12 | | 23:19:27.15 | 23:20:06.90 | +12:20:49 (52.9%) | 12:43 | 4.7 (47.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 | A11 | A12 | A13 | A14 | A15 | Kara/ bonifikata | Czas netto | Czas brutto | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|-------------|-------------------------|-------------------|------|----------|----------|----------|----------|----------|----------|---------------------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | 15km | 40km | 61km | 70km | 85km | 98km | | 110km | 110km | | | |
| 410 | KALUZIŃSKI Dominik | 3067 | | Senior II M - 30 | 117 | 02:39:16 | 07:34:53 | 12:04:02 | 14:25:42 | | 20:56:01 | | 23:20:59.65 | 23:21:20.00 | +12:22:02 (53.0%) | 12:44 | 4.7 (47.0%) |
| 411 | PIETRZYK Sylwester | 3115 | BIEGOWA KUŹNIA | Weteran I M - 50 | 44 | 02:28:43 | 07:01:30 | 11:21:01 | 13:34:52 | 17:16:03 | 20:46:07 | | 23:23:13.70 | 23:23:36.55 | +12:24:19 (53.0%) | 12:45 | 4.7 (47.0%) |
| 412 | JASKÓLSKA-PIETRZYK Kinga | 3415 | BIEGOWA KUŹNIA | Masters K - 40 | 40 | 02:28:45 | 07:01:33 | 11:21:04 | 13:34:54 | 17:17:09 | 20:46:12 | | 23:23:13.00 | 23:23:36.65 | +12:24:19 (53.0%) | 12:45 | 4.7 (47.0%) |
| 413 | PUCZYŁOWSKI Patryk | 3546 | | Senior II M - 30 | 118 | 02:34:26 | 07:14:25 | 11:23:15 | 13:43:57 | 17:12:31 | 20:51:02 | | 23:22:39.15 | 23:23:50.80 | +12:24:33 (53.0%) | 12:45 | 4.7 (47.0%) |
| 414 | BALNER Sebastian | 3087 | CZARNA TĘCZA | Weteran I M - 50 | 45 | 02:08:42 | 06:53:21 | 11:21:06 | 14:14:51 | 17:28:20 | 20:48:54 | | 23:24:15.70 | 23:24:22.85 | +12:25:05 (53.1%) | 12:45 | 4.7 (47.0%) |
| 415 | KOWAL Sebastian | 3479 | | Senior I M - 20 | 10 | 01:55:27 | 05:34:11 | 09:32:28 | 11:27:41 | 14:51:02 | 19:31:17 | | 23:24:32.65 | 23:24:59.05 | +12:25:41 (53.1%) | 12:46 | 4.7 (47.0%) |
| 416 | ZARZECZNY Radosław | 3085 | JUNIOR AMATOR SUPERSTAR | Senior II M - 30 | 119 | 02:34:46 | 07:16:22 | 11:15:58 | 13:41:51 | 17:13:00 | 20:36:43 | | 23:29:47.20 | 23:30:35.05 | +12:31:17 (53.3%) | 12:48 | 4.7 (47.0%) |
| 417 | STEC Iwona | 3029 | | Senior II K - 30 | 33 | 02:29:53 | 06:57:41 | 11:13:58 | 13:41:11 | 17:28:09 | 20:46:18 | | 23:30:21.25 | 23:31:59.50 | +12:32:42 (53.3%) | 12:49 | 4.7 (47.0%) |
| 418 | ŁYSIAK Kasia | 3273 | | Senior II K - 30 | 34 | 02:29:51 | 06:57:38 | 11:13:54 | 13:41:11 | 17:28:13 | 20:46:21 | | 23:30:21.35 | 23:31:59.60 | +12:32:42 (53.3%) | 12:49 | 4.7 (47.0%) |
| 419 | KICZINSKA Izabela | 3443 | 4 PUŁK CHEMICZNY | Masters K - 40 | 41 | 02:19:09 | 06:48:22 | 10:59:35 | 13:25:09 | 16:48:18 | 20:34:56 | | 23:43:41.50 | 23:43:49.95 | +12:44:32 (53.7%) | 12:56 | 4.6 (46.0%) |
| 420 | PAŁYSA Robert | 3527 | STANWEX II | Senior I M - 20 | 11 | 02:19:04 | 06:37:57 | 11:16:24 | 13:46:19 | 18:19:17 | 21:11:14 | | 23:44:01.75 | 23:44:27.55 | +12:45:10 (53.7%) | 12:56 | 4.6 (46.0%) |
| 421 | FUNKA Andrzej | 3430 | NKB CHYŻY | Weteran II M - 60 | 8 | 02:48:54 | 07:51:37 | 12:15:29 | 14:50:17 | 18:17:36 | 21:31:27 | | 23:50:46.25 | 23:52:03.40 | +12:52:46 (54.0%) | 13:00 | 4.6 (46.0%) |
| 422 | ZALEWSKI Marcin | 3391 | ULTRA WAY TEAM | Masters M - 40 | 146 | 02:30:50 | 07:27:12 | 11:15:30 | 13:35:59 | | | | 23:53:05.00 | 23:53:05.00 | +12:53:47 (54.0%) | 13:01 | 4.6 (46.0%) |
| 423 | HOJDA Mariusz | 3542 | COOL GUYS | Masters M - 40 | 147 | 02:20:57 | 06:58:37 | 11:56:27 | 15:07:45 | 18:51:33 | 21:59:31 | | 23:58:09.10 | 23:58:43.75 | +12:59:26 (54.2%) | 13:04 | 4.6 (46.0%) |
| 424 | ALLEN Stephen | 3369 | BARNET & DISTRICT AC | Weteran II M - 60 | 9 | 02:43:05 | 07:42:00 | 12:02:05 | 14:28:15 | 18:27:32 | 21:40:21 | | 24:02:38.55 | 24:03:51.25 | +13:04:33 (54.3%) | 13:06 | 4.6 (46.0%) |
| 425 | SYPNIEWSKA Hanna | 3512 | ULTRAWAY TEAM | Weteran II K - 60 | 4 | 02:50:27 | 08:03:59 | 12:17:26 | 14:44:25 | 18:08:38 | 21:42:04 | | 24:13:16.15 | 24:14:08.65 | +13:14:51 (54.7%) | 13:12 | 4.5 (45.0%) |
| 426 | OSSOWSKI Arkadiusz | 3342 | PROJEKT1000UP/RUNEDA | Masters M - 40 | 148 | 02:30:18 | 07:27:35 | 11:45:06 | 14:05:39 | 18:10:00 | 21:42:27 | | 24:13:36.50 | 24:14:08.85 | +13:14:51 (54.7%) | 13:12 | 4.5 (45.0%) |
| 427 | MROZIK Mariusz | 3356 | DZIKIE DZIKI GORZÓW | Masters M - 40 | 149 | 02:31:07 | 07:13:59 | 11:34:09 | 14:16:53 | 18:12:25 | 21:47:19 | | 24:20:48.95 | 24:21:08.90 | +13:21:51 (54.9%) | 13:16 | 4.5 (45.0%) |
| 428 | KOLEJ Monika | 3348 | DZIKIE DZIKI GORZÓW | Masters K - 40 | 42 | 02:31:07 | 07:14:00 | 11:34:01 | 14:16:51 | 18:12:19 | 21:47:17 | | 24:20:49.75 | 24:21:09.10 | +13:21:51 (54.9%) | 13:16 | 4.5 (45.0%) |
| 429 | SOBASZKIEWICZ Rafał | 3206 | RUNCROSS ROZGARTY | Weteran I M - 50 | 46 | 02:34:36 | 07:28:02 | 11:41:29 | 14:20:40 | 18:03:04 | 21:29:07 | | 24:20:17.20 | 24:21:16.50 | +13:21:59 (54.9%) | 13:16 | 4.5 (45.0%) |
| 430 | RUTKOWSKI Kazimierz | 3272 | KUSY I SPÓŁKA | Weteran II M - 60 | 10 | 02:56:25 | 08:33:00 | 12:34:40 | 14:54:45 | 18:49:30 | 22:10:37 | | 24:25:59.05 | 24:27:33.00 | +13:28:15 (55.1%) | 13:19 | 4.5 (45.0%) |
| 431 | ZYGMUNT Monika | 3336 | | Weteran K - 50 | 12 | 02:31:12 | 07:19:01 | 11:35:22 | 14:14:10 | 18:05:55 | 21:26:04 | | 24:28:05.40 | 24:29:30.95 | +13:30:13 (55.1%) | 13:20 | 4.5 (45.0%) |
| 432 | ICIEK Mariusz | 3469 | AKTYWNI KAMIEŃSK | Masters M - 40 | 150 | 03:00:35 | 08:03:06 | 12:28:45 | 15:12:51 | 18:32:49 | 22:09:09 | | 24:27:53.25 | 24:29:46.25 | +13:30:28 (55.1%) | 13:20 | 4.5 (45.0%) |
| 433 | POKOJSKA Ewa | 3416 | WYBIEGAJ SIEBIE | Masters K - 40 | 43 | 02:43:38 | 07:32:13 | 11:56:11 | 14:41:02 | 18:16:01 | 22:00:11 | | 24:29:54.35 | 24:30:52.90 | +13:31:35 (55.2%) | 13:21 | 4.5 (45.0%) |
| 434 | MYRCIK Pawel | 3218 | | Senior II M - 30 | 120 | 02:49:35 | 08:17:01 | 13:16:29 | 15:51:19 | 19:07:52 | 22:07:28 | | 24:29:50.50 | 24:31:12.85 | +13:31:55 (55.2%) | 13:21 | 4.5 (45.0%) |
| 435 | KALŁAUR Krzysztof | 3098 | | Senior II M - 30 | 121 | 02:32:36 | 07:16:50 | 11:54:51 | 14:32:25 | 18:36:41 | 22:21:59 | | 24:34:37.75 | 24:35:19.75 | +13:36:02 (55.3%) | 13:24 | 4.5 (45.0%) |
| 436 | JĘDRZEJEWSKA Beata | 3316 | MIRAZ RACE TEAM | Masters K - 40 | 44 | 02:49:50 | 08:43:50 | 13:03:30 | 15:45:18 | 19:16:12 | 22:26:58 | | 24:47:09.10 | 24:47:27.85 | +13:48:10 (55.7%) | 13:31 | 4.4 (44.0%) |
| 437 | ŚWIĘTONIOWSKA Justyna | 3056 | SAINT TEAM | Masters K - 40 | 45 | 02:45:51 | 07:39:43 | 11:55:14 | 14:31:05 | 18:43:08 | 22:27:01 | | 24:47:18.95 | 24:48:44.25 | +13:49:26 (55.7%) | 13:31 | 4.4 (44.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas netto 110km | Czas brutto 110km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------------|-------------|----------------------------------|-------------------|------|------------|-------------|-------------|-------------|-------------|-------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 438 | WOJCIESZAK Klaudia | 3192 | TEAM ZABIEGANEDNI | Masters K - 40 | 46 | 02:31:43 | 07:13:13 | 11:37:09 | 14:34:09 | 18:14:58 | 21:46:01 | | 24:47:46.80 | 24:48:47.55 | +13:49:30 (55.7%) | 13:31 | 4.4 (44.0%) |
| 439 | BIEŃ Małgorzata | 3011 | | Masters K - 40 | 47 | 02:31:43 | 07:13:16 | 11:37:06 | 14:34:14 | 18:14:49 | 21:46:08 | | 24:47:50.35 | 24:48:47.70 | +13:49:30 (55.7%) | 13:31 | 4.4 (44.0%) |
| 440 | REKOSIEWICZ-TOKARZ Monika | 3395 | ZAWADZKA TEAM/NOCNY BÓR | Masters K - 40 | 48 | 02:45:45 | 07:39:43 | 11:55:32 | 14:31:12 | 18:43:50 | 22:26:36 | | 24:47:33.70 | 24:48:57.95 | +13:49:40 (55.7%) | 13:31 | 4.4 (44.0%) |
| 441 | FURYK Karol | 3021 | PAKOŚĆ BIEGA | Senior II M - 30 | 122 | 02:42:36 | 07:56:17 | 12:15:17 | 14:39:35 | 18:35:21 | 22:00:38 | | 24:50:32.60 | 24:51:15.80 | +13:51:58 (55.8%) | 13:33 | 4.4 (44.0%) |
| 442 | SCHUMACHER Małgorzata | 3022 | PAKOŚĆ BIEGA | Senior II K - 30 | 35 | 02:42:38 | 07:56:17 | 12:15:20 | 14:39:37 | 18:35:17 | 22:00:41 | | 24:50:33.05 | 24:51:16.30 | +13:51:59 (55.8%) | 13:33 | 4.4 (44.0%) |
| 443 | JAGODZIŃSKA Paulina | 3043 | GANGBIESA/ LOVE'LAS | Masters K - 40 | 49 | 02:33:13 | 07:22:08 | 12:02:23 | 14:33:04 | 17:53:06 | 22:27:15 | | 24:52:29.55 | 24:53:56.05 | +13:54:38 (55.9%) | 13:34 | 4.4 (44.0%) |
| 444 | POSYNIAK Anna | 3171 | | Masters K - 40 | 50 | 02:34:20 | 07:22:07 | 12:02:29 | 14:32:50 | 18:38:46 | 22:27:51 | | 24:52:29.90 | 24:53:56.30 | +13:54:39 (55.9%) | 13:34 | 4.4 (44.0%) |
| 445 | KOCHAN Grzegorz | 3539 | KTO DOGONI PSA | Masters M - 40 | 151 | 02:43:05 | 07:34:03 | 12:11:29 | 14:41:19 | 18:29:21 | 21:56:35 | | 24:54:53.95 | 24:55:26.15 | +13:56:08 (55.9%) | 13:35 | 4.4 (44.0%) |
| 446 | PRZYBYSZEWSKA Dominika | 3054 | ŚWIERCZEWO RUN | Senior II K - 30 | 36 | 02:29:04 | 07:11:40 | 11:15:13 | 13:44:41 | 18:04:14 | 22:12:07 | | 24:56:14.15 | 24:56:42.45 | +13:57:25 (56.0%) | 13:36 | 4.4 (44.0%) |
| 447 | PYZIO Magdalena | 3203 | | Senior II K - 30 | 37 | 02:28:14 | 07:14:10 | 12:27:30 | 14:52:46 | 19:34:04 | 22:31:29 | | 24:56:05.10 | 24:57:50.70 | +13:58:33 (56.0%) | 13:36 | 4.4 (44.0%) |
| 448 | WALIŃSKA Agata | 3202 | WWW.SPRAWDZAMY-NIERUCHOMOSCI.COM | Senior II K - 30 | 38 | 02:28:24 | 07:14:13 | 12:27:27 | 14:53:02 | 19:34:00 | 22:30:52 | | 24:56:07.35 | 24:57:53.05 | +13:58:35 (56.0%) | 13:36 | 4.4 (44.0%) |
| 449 | HEJNA Łukasz | 3380 | | Masters M - 40 | 152 | 02:34:11 | 07:23:14 | 12:05:18 | 14:41:23 | 18:43:05 | 22:30:34 | | 24:59:10.50 | 25:01:04.50 | +14:01:47 (56.1%) | 13:37 | 4.4 (44.0%) |
| 450 | HOFFMANN Grzegorz | 3461 | KOŚCIAN TEAM | Masters M - 40 | 153 | 02:46:06 | 07:57:59 | 12:20:42 | 15:11:00 | 19:02:16 | 22:28:37 | | 25:04:40.60 | 25:05:47.25 | +14:06:29 (56.2%) | 13:40 | 4.4 (44.0%) |
| 451 | HELWICH Agnes | 3448 | HELTEAM | Masters K - 40 | 51 | 02:19:31 | 06:57:28 | 12:05:35 | 15:24:46 | 19:33:24 | 22:37:47 | | 25:05:16.30 | 25:06:00.65 | +14:06:43 (56.2%) | 13:41 | 4.4 (44.0%) |
| 452 | PAWĘZOWSKA Anna | 3086 | BIEGOWA KUŹNIA | Masters K - 40 | 52 | 02:34:14 | 07:46:31 | 12:19:04 | 15:05:30 | 19:11:40 | 22:27:02 | | 25:15:33.00 | 25:16:09.95 | +14:16:52 (56.5%) | 13:46 | 4.4 (44.0%) |
| 453 | POŚPIECH Anna | 3439 | BIEGOWA KUŹNIA | Senior II K - 30 | 39 | 02:36:02 | 07:46:31 | 12:18:55 | 15:05:29 | 19:08:32 | 22:15:32 | | 25:15:34.20 | 25:16:10.15 | +14:16:52 (56.5%) | 13:46 | 4.4 (44.0%) |
| 453 | MORDZIOŁEK Katarzyna | 3053 | BIEGOWA KUŹNIA | Masters K - 40 | 53 | 02:34:02 | 07:46:27 | 12:18:45 | 15:05:27 | 19:08:26 | 22:27:01 | | 25:15:33.80 | 25:16:10.15 | +14:16:52 (56.5%) | 13:46 | 4.4 (44.0%) |
| 455 | POPCZYK Magdalena | 3089 | BIEGOWA KUŹNIA | Senior II K - 30 | 40 | 02:36:00 | 07:46:28 | 12:18:48 | 15:05:29 | 19:07:40 | 22:28:00 | | 25:15:35.95 | 25:16:12.45 | +14:16:55 (56.5%) | 13:46 | 4.4 (44.0%) |
| 456 | GÓRNY Robert | 3168 | THE-SKY-IS-THE-LIMIT | Senior II M - 30 | 123 | 02:17:25 | 06:38:55 | 11:43:00 | 14:43:39 | 19:24:55 | 22:30:22 | | 25:20:02.75 | 25:20:18.75 | +14:21:01 (56.6%) | 13:49 | 4.3 (43.0%) |
| 457 | BUBEL Sebastian | 3183 | | Masters M - 40 | 154 | 02:49:40 | 08:17:03 | 13:16:24 | 15:51:28 | 19:33:10 | | | 25:20:07.25 | 25:21:29.35 | +14:22:12 (56.7%) | 13:49 | 4.3 (43.0%) |
| 458 | WALCZAK-WOJTKOWSKA Iwona | 3309 | | Weteran II K - 60 | 5 | 03:05:01 | 08:43:01 | 13:02:44 | 15:45:18 | 19:16:38 | 22:46:33 | | 25:21:16.55 | 25:22:27.45 | +14:23:10 (56.7%) | 13:49 | 4.3 (43.0%) |
| 459 | GNIELKA Dawid | 3433 | CHATKA SKALANKA | Senior II M - 30 | 124 | 02:46:22 | 07:37:46 | 12:53:30 | 15:50:19 | 19:51:23 | | | 25:21:19.75 | 25:23:13.75 | +14:23:56 (56.7%) | 13:49 | 4.3 (43.0%) |
| 460 | WINCZURA Leszek | 3213 | | Weteran I M - 50 | 47 | 02:42:50 | 08:19:17 | 13:09:46 | 15:38:44 | 19:10:53 | 22:26:20 | | 25:26:39.95 | 25:27:46.40 | +14:28:29 (56.8%) | 13:52 | 4.3 (43.0%) |
| 461 | SZULC Adam | 3217 | A ŻĄDŁEM CHCESZ? | Masters M - 40 | 155 | 02:42:43 | 08:19:11 | 13:09:37 | 15:37:56 | 19:10:38 | 22:26:21 | | 25:26:40.80 | 25:27:51.60 | +14:28:34 (56.8%) | 13:52 | 4.3 (43.0%) |
| 462 | TEREBECKI Kamil | 3478 | BIESZCZADZKIE WILKI | Senior II M - 30 | 125 | 02:57:21 | 08:36:14 | | 16:45:57 | 20:27:55 | | | 25:27:44.90 | 25:28:17.60 | +14:29:00 (56.9%) | 13:53 | 4.3 (43.0%) |
| 463 | TOPOREK Ewa | 3106 | WYLOTANE | Senior II K - 30 | 41 | 03:04:02 | 08:55:23 | 13:34:04 | 16:16:42 | 20:27:22 | | | 25:34:03.25 | 25:34:41.35 | +14:35:24 (57.0%) | 13:56 | 4.3 (43.0%) |
| 464 | TOPOREK Krzysztof | 3103 | WYLOTANE | Senior II M - 30 | 126 | 03:04:04 | 08:55:24 | 13:34:02 | 16:16:46 | 20:27:18 | | | 25:34:03.20 | 25:34:41.50 | +14:35:24 (57.0%) | 13:56 | 4.3 (43.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas netto 110km | Czas brutto 110km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------------|-------------|-------------------------------|----------------------|------|-----------------|-----------------|-----------------|-----------------|-----------------|-------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 465 | CZARNECKI Robert | 3265 | | Weteran I M - 50 | 48 | 02:38:11 | 07:39:33 | 11:52:30 | 14:27:26 | 18:43:55 | | | 25:36:39.50 | 25:37:53.00 | +14:38:35 (57.1%) | 13:58 | 4.3 (43.0%) |
| 466 | THEUER-CZARNECKA Małgorzata | 3266 | | Weteran K - 50 | 13 | 02:38:07 | 07:39:32 | 11:52:52 | 14:27:28 | | | | 25:36:39.55 | 25:37:53.45 | +14:38:36 (57.1%) | 13:58 | 4.3 (43.0%) |
| | ŻUREK Jakub | 3508 | BEZ ZBĘDNYCH PYTAŃ | Senior I M - 20 | | 01:30:40 DNF | 04:34:27 DNF | 07:13:15 DNF | 08:47:38 DNF | 11:14:18 DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | GAWLAS Przemysław | 3535 | | Weteran I M - 50 | | 02:04:59 DNF | 05:56:09 DNF | 09:37:38 DNF | 11:41:49 DNF | 14:57:15 DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | KOSZAREK Maciej | 3503 | | Weteran I M - 50 | | 02:16:16 DNF | 06:28:31 DNF | 10:18:29 DNF | 12:24:43 DNF | 16:15:19 DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | STASZYŃSKA Karolina | 3468 | BIEGAJĄCE KREJZOLE | Masters K - 40 | | 02:14:30 DNF | 06:28:30 DNF | 10:18:25 DNF | 12:24:42 DNF | 16:19:53 DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | DRABIŃSKI Adrian | 3296 | BEERSPIRIT | Masters M - 40 | | 02:41:32 DNF | 07:25:53 DNF | 11:23:49 DNF | 13:32:46 DNF | 17:27:36 DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | WACHNIENKO Błażej | 3338 | ZG RUN #ŚLĘZAKTEAM | Senior II M - 30 | | 02:12:36 DNF | 06:36:14 DNF | 11:00:55 DNF | 13:32:01 DNF | 17:55:42 DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | KOWACZEK Marek | 3239 | | Masters M - 40 | | 02:00:46 DNF | 06:11:11 DNF | 10:41:08 DNF | 13:45:14 DNF | 18:05:23 DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | OBARSKI Norbert | 3169 | | Weteran II M - 60 | | 03:09:57 DNF | 08:59:48 DNF | 13:31:41 DNF | 16:22:09 DNF | 20:35:22 DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | PILARSKI Tomasz | 3473 | MARCIN ŚWIERC TEAM | Masters M - 40 | | 01:23:38 DNF | 03:46:13 DNF | 06:19:09 DNF | 07:39:30 DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | SARNOWSKI Paweł | 3544 | BUDIO.PL / AKTYWNY OSTRZESZÓW | Senior II M - 30 | | 01:24:39 DNF | 03:59:14 DNF | 06:30:18 DNF | 07:49:37 DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | DURAJCZYK Michał | 3307 | | Senior II M - 30 | | 02:18:30 DNF | 06:30:57 DNF | 10:10:22 DNF | 12:12:39 DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | SUCHODOLA Piotr | 3447 | | Masters M - 40 | | 02:18:50 DNF | 06:23:55 DNF | 10:27:06 DNF | 12:54:03 DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | KOWALIŃSKI Marek | 3452 | SPARTA ULTRA TEAM | Weteran I M - 50 | | 02:03:17 DNF | 06:35:42 DNF | 11:05:26 DNF | 13:25:13 DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | PRZYBYLSKI Tomasz | 3189 | TRI TOMAJ | Masters M - 40 | | 02:08:52 DNF | 06:27:51 DNF | 10:50:38 DNF | 13:35:49 DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | POPIELSKI Grzegorz | 3040 | ROZBIEGANI CHOJNÓW | Masters M - 40 | | 02:32:12 DNF | 07:23:49 DNF | 11:39:17 DNF | 14:15:25 DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | MATERA Kinga | 3220 | GRUPA JURA PL | Masters K - 40 | | 02:51:33 DNF | 08:32:28 DNF | 13:48:09 DNF | 17:04:56 DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | MOROŃ Krzysztof | 3495 | | Senior II M - 30 | | 02:30:03 DNF | 08:32:01 DNF | 13:23:06 DNF | 17:18:56 DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | SKORUPA Jacek | 3484 | EUFORIA BIEGACZA | Masters M - 40 | | 01:28:19 DNF | 04:08:01 DNF | 07:14:10 DNF | DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | ŁOPATYŃSKI Ireneusz | 3513 | REMA SPORT TEAM | Weteran I M - 50 | | 01:40:19 DNF | 04:29:39 DNF | 07:17:52 DNF | DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | STEFANIAK Łukasz | 3180 | | Masters M - 40 | | 01:43:42 DNF | 04:43:19 DNF | 07:41:05 DNF | DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | RŹIČKA Lukáš | 3474 | RUNSPORT TEAM | Senior II M - 30 | | 01:50:44 DNF | 04:56:51 DNF | 08:12:51 DNF | DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | SŁOMKOWSKI Mateusz | 3295 | | Senior II M - 30 | | 02:10:07 DNF | 05:35:23 DNF | 09:08:03 DNF | DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | JÓZEFIAK Beata | 3112 | | Senior II K - 30 | | 01:54:45 DNF | 05:36:54 DNF | 10:57:44 DNF | DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | PAWŁOWSKI Marcin | 3493 | | Masters M - 40 | | 01:32:01 DNF | 04:14:54 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |
| | TOCHA Andrzej | 3200 | BIEGAJĄCY TCZEW | Senior II M - 30 | | 01:29:21 DNF | 04:18:21 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | | - | - (0.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A9 15km | A11 40km | A12 61km | A13 70km | A14 85km | A15 98km | Kara/ bonifikata | Czas netto 110km | Czas brutto 110km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|------------------------------------|----------------------|------|-----------------|-----------------|-------------|-------------|-------------|-------------|---------------------|------------------------|-------------------------|------|-----------------|---------------|
| | KRYGIER Tomasz | 3117 | EUROCASH | Senior II M - 30 | | 01:40:00 DNF | 04:49:17 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | RATYŃSKI Marek | 3373 | OTWOCKI TUPTACZ | Masters M - 40 | | 01:42:35 DNF | 05:05:05 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | MAŃSKI Robert | 3245 | RUN-PASSION.PL | Masters M - 40 | | 01:48:59 DNF | 05:08:49 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | KACZMAREK Jędrzej | 3396 | KP PSP MILICZ | Senior I M - 20 | | 01:50:55 DNF | 05:36:23 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | CIELOCH Tomasz | 3090 | KLUB BIEGACZA SUPERMARATOŃCZYK | Senior I M - 20 | | 01:56:46 DNF | 05:49:50 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | GAŁKOWSKI Krzysztof | 3084 | KLUB BIEGACZA SUPERMARATOŃCZYK | Senior II M - 30 | | 02:00:52 DNF | 05:49:58 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | MAKOWSKA Maja | 3497 | EAZYMUT.PL/ ON RUNNING | Senior II K - 30 | | 02:10:55 DNF | 06:05:53 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | PISAREK Michał | 3444 | | Senior II M - 30 | | 02:19:41 DNF | 06:18:49 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | BODZIOCH Grzegorz | 3102 | GORLICKA GRUPA BIEGOWA | Weteran I M - 50 | | 02:16:53 DNF | 06:34:54 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | KOĆWIN Michał | 3483 | ROZBBIEGANI | Senior II M - 30 | | 02:17:43 DNF | 06:39:59 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | STOKŁOSA Michał | 3470 | | Senior II M - 30 | | 02:17:44 DNF | 06:40:00 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | JUNIK Łukasz | 3083 | MOCNA GRUPA CEZARA | Senior II M - 30 | | 02:06:37 DNF | 06:57:19 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | REGINIA Piotr | 3257 | 4RUN BROOKS TEAM GDAŃSK | Masters M - 40 | | 02:18:38 DNF | 06:59:56 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | HAMPEL Patryk | 3184 | BODY POWER | Senior II M - 30 | | 02:17:27 DNF | 07:28:48 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | WIELICZKO Rafał | 3004 | | Senior II M - 30 | | 02:31:03 DNF | 07:37:38 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | WIELICZKO Dagmara | 3020 | | Senior II K - 30 | | 02:31:06 DNF | 07:37:40 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | KSIĄDZ Karol | 3534 | | Senior II M - 30 | | 02:32:15 DNF | 07:46:54 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | KURBIEL Sylwia | 3110 | SIEMIANOWICE I PRZYJACIELE BIEGAJĄ | Masters K - 40 | | 02:30:44 DNF | 07:49:14 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | MALINOWSKI Kamil | 3390 | | Senior I M - 20 | | 02:30:28 DNF | 08:21:42 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | OBARSKA Małgorzata | 3170 | | Weteran II K - 60 | | 03:10:01 DNF | 08:59:47 DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | MAŁECKI Mariusz | 3328 | OWOCOWE ŻYCIE | Masters M - 40 | | 01:37:20 DNF | DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | KOZIŃSKI Wojciech | 3261 | | Senior II M - 30 | | 02:14:10 DNF | DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | TRZCIŃSKI Paweł | 3414 | | Masters M - 40 | | 02:14:38 DNF | DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | MATYSIAK Agnieszka | 3413 | | Masters K - 40 | | 02:14:39 DNF | DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | KĘDZIORA Marta | 3357 | ŻUBRY RACE TEAM | Senior II K - 30 | | 02:16:40 DNF | DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |
| | ŁUKASIK Marcin | 3431 | BIEGNIJ OLAWO | Masters M - 40 | | DNF | DNF | DNF | DNF | DNF | DNF | | DNF | DNF | - | - | (0.0%) |

Znaleziono 517 wynik(ów)