



BIEG K-B-L - 110 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2023-07-13
Miejsce: Łądek-Zdrój
Dystans: 110 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: OPEN

Punkt pomiarowy: 98,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
1	WILK Maciej	3187	RAMBO 3	Masters M - 40	01:24:44	03:34:42	05:44:07	06:56:36	08:37:01	09:52:12
2	WENTA Marta	3235	KASZUBSKA PONIEWIERKA	Senior II K - 30	01:29:23	03:58:50	06:11:01	07:22:59	08:57:58	10:17:02
3	KACZMARCZYK Łukasz	3198	ELITE RUNNERS	Senior II M - 30	01:31:47	04:02:49	06:19:18	07:36:54	09:18:11	10:51:19
4	GRZESIEK Góral	3071	HEJ HEJ GUURALU!	Senior II M - 30	01:35:03	04:07:55	06:29:52	07:50:34	09:38:07	11:17:11
5	GRYCZKA Mateusz	3384	AMBIT RACING TEAM	Masters M - 40	01:24:53	03:59:54	06:30:10	07:51:32	09:46:55	11:31:35
6	TATAREK-KONIK Agnieszka	3132	ALPIN SPORT TEAM	Senior II K - 30	01:31:47	04:16:54	06:52:22	08:11:48	09:57:15	11:34:54
7	KAMERDUŁA Łukasz	3379		Masters M - 40	01:29:29	04:19:12	06:55:05	08:12:24	09:55:43	11:39:08
8	MÜLLER Christoph	3302	ŁĄDEK-ZDRÓJ RUNNERS	Senior II M - 30	01:29:14	04:05:26	06:34:54	08:07:21	09:55:16	11:42:51
9	KRUPICKA Katarzyna	3305	GÓRAL Z MAZUR RUNNING TEAM	Senior II K - 30	01:36:59	04:16:52	06:47:50	08:07:23	10:07:57	11:51:24
10	KOMISARCZYK Anna	3477		Senior II K - 30	01:38:56	04:27:31	06:53:27	08:17:11	10:08:15	11:54:18
11	BOTKIEWICZ Jarosław	3502	STOKOWCZYKI / WKURW_TEAM	Masters M - 40	01:36:19	04:17:51	06:55:45	08:28:56	10:23:55	12:01:05
12	JAKOWSKI Mateusz	3174		Senior II M - 30	01:31:32	04:19:23	07:01:30	08:23:47	10:19:19	12:06:15
13	KOCOUREK Martin	3337	RUNCAT	Masters M - 40	01:28:56	04:05:19	06:41:28	08:07:28	10:08:51	12:08:16
14	KABAJA Jiří	3145	LOS KŘUPOS	Masters M - 40	01:41:46	04:36:21	07:13:43	08:40:58	10:33:45	12:12:55
15	LEKI Krzysztof	3485		Masters M - 40	01:37:41	04:24:42	06:59:44	08:28:56	10:27:29	12:15:45
16	KĄSIEL Paweł	3522	MATNER RUNNING TEAM	Masters M - 40	01:36:52	04:17:54	06:56:19	08:35:30	10:38:02	12:15:55
17	NARWOJSZ Arkadiusz	3397	INŻYNIERIA BIEGANIA	Masters M - 40	01:43:13	04:35:46	07:23:56	08:42:51	10:33:02	12:18:08
18	ŁUKOMSKI Krzysztof	3506	MISTRZOWSKI TRENING	Senior II M - 30	01:32:44	04:31:01	07:13:08	08:43:36	10:40:42	12:21:10
19	WĄCHAŁA Damian	3422		Senior II M - 30	01:29:31	04:24:28	07:15:46	08:41:02	10:39:29	12:21:20
20	MARVAN Rostislav	3119		Weteran I M - 50	01:44:29	04:40:16	07:14:32	08:41:44	10:40:17	12:22:04
21	DZIESZUK Grzegorz	3521	PODZAMCZE WAŁBRZYCH	Masters M - 40	01:43:04	04:39:25	07:24:38	08:54:22	10:44:00	12:22:54
22	GUZERA Justyna	3289	MATNER RUNNING TEAM	Senior II K - 30	01:40:03	04:32:01	07:07:45	08:38:07	10:41:18	12:23:28
23	SKUPIN Grzegorz	3165		Senior II M - 30	01:29:21	04:18:22	07:07:48	08:33:59	10:35:22	12:27:35
24	FILIP Paweł	3386	MOCNA GRUPA CEZARA	Senior II M - 30	01:37:18	04:30:54	07:16:54	08:47:32	10:40:58	12:31:33
25	JĘDRZEJKO Dominik	3128	BIEGAM SOBIE	Senior II M - 30	01:32:10	04:21:53	07:07:48	08:37:55	10:44:17	12:33:14
26	KOSECKI Krzysztof	3144	NSZZFSG	Senior II M - 30	01:40:13	04:31:05	07:09:07	08:41:10	10:44:36	12:34:38
27	MELON Krzysztof	3504		Senior II M - 30	01:39:35	04:34:19	07:20:52	08:48:15	10:45:22	12:40:23
28	STASZCZAK Łukasz	3161	TRI TEAM LUBAŃ / SPORT GENERATION	Masters M - 40	01:37:30	04:23:03	06:55:33	08:28:41	10:42:53	12:46:39
29	DĄBROWICZ Jakub	3442		Masters M - 40	01:43:20	04:40:02	07:27:18	09:04:16	11:02:07	12:52:33

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
30	KSIĄŻEK Sebastian	3205	RUNNER SAM PO LESIE	Masters M - 40	01:42:33	04:34:09	07:19:15	08:50:05	10:54:04	12:52:37
31	GRABOŚ Nina	3401		Masters K - 40	01:38:47	04:33:44	07:15:43	08:50:40	10:55:39	12:56:43
32	WOLBACH Tomasz	3455	WOLNE ŚLIMAKI	Masters M - 40	01:38:48	04:32:12	07:40:34	09:22:47	11:13:49	12:56:56
33	ŻEBROWSKI Juliusz	3343		Senior II M - 30	01:32:43	04:32:05	07:13:22	08:44:13	10:51:51	12:58:59
34	RZEŹNICZEK Anna	3320	STOWARZYSZENIE DZIAŁAMY RAZEM	Senior II K - 30	01:52:22	04:47:39	07:29:16	09:00:47	11:04:16	13:01:18
35	GAWROŃSKI Paweł	3417		Masters M - 40	01:40:35	04:40:05	07:23:33	09:00:55	11:03:30	13:01:30
36	GRYCMAN Marek	3517	SILESIA TRIATHLON TEAM	Masters M - 40	01:36:29	04:19:35	06:58:42	08:35:26	10:47:56	13:01:42
37	DYSARZ Przemysław	3025		Masters M - 40	01:55:24	05:09:25	07:50:09	09:17:02	11:12:05	13:05:46
38	BOGUCKA Emilia	3486	WLKP MOUNTAINS ULTRA	Masters K - 40	01:44:27	04:50:02	07:33:15	09:04:24	11:11:24	13:06:19
39	PRYZYSTARZ Grzegorz	3163	OBORYGENI	Weteran I M - 50	01:53:24	05:01:54	07:55:13	09:22:48	11:19:02	13:06:49
40	TRĄBCZYŃSKI Michał	3393	KB SZAMOTUŁY	Masters M - 40	01:38:34	04:27:39	07:19:02	08:54:29	11:03:13	13:07:54
41	KARCZMARCZYK Mateusz	3333		Senior II M - 30	01:46:30	04:47:23	07:36:52	09:03:31	11:14:25	13:09:58
42	WITKE-ORLIKOWSKA Marta	3315		Senior II K - 30	01:44:26	04:54:54	07:47:54	09:19:47	11:17:36	13:10:48
43	GRUSZKA Janusz	3346	KITA TEAM BRZEZINKI	Senior II M - 30	01:32:40	04:43:47	07:42:58	09:12:13	11:13:43	13:15:16
44	MIELEWCZYK Tomasz	3197	VERGE RUNNING TEAM	Masters M - 40	01:49:11	04:42:55	07:32:57	09:06:21	11:20:35	13:17:37
45	TRZASKA Wojciech	3321	FUCHS OIL TEAM	Senior I M - 20	01:50:47	04:49:23	07:55:01	09:22:50	11:29:13	13:18:49
45	DOMAGAŁA Grzegorz	3419		Masters M - 40	01:35:08	04:30:15	07:30:41	09:26:24	11:29:20	13:19:20
47	KONIECZNA Paulina	3383		Senior II K - 30	01:42:28	04:43:26	07:31:18	09:07:59	11:22:43	13:23:09
48	MAŁOLEPSZY Waldemar	3509	SPARTA ULTRA TEAM	Senior II M - 30	01:49:11	04:55:47	08:07:13	09:41:03	11:38:17	13:23:19
49	MIKOŁAJCZYK Rafał	3288	DZG RUNNERS ZGORZELEC	Masters M - 40	01:50:15	05:01:24	08:07:58	09:39:10	11:39:10	13:25:45
50	OBERLAN-MAROŃ Joanna	3042	PODGÓRZ TORUŃ	Masters K - 40	01:39:31	04:52:11	07:50:10	09:35:37	11:38:25	13:25:45
51	ŚNIERZYŃSKI Robert	3284		Senior II M - 30	01:43:51	04:49:13	07:43:01	09:19:20	11:31:23	13:26:31
52	CHWIŁKA Daniel	3292	ASSECO ACTIVE TEAM	Masters M - 40	01:47:18	04:54:54	07:44:47	09:22:28	11:31:26	13:33:24
53	WESOŁEK Marek	3210	SENTE	Masters M - 40	01:49:51	04:50:42	07:40:18	09:15:00	11:27:15	13:35:50
54	BONECKI Sylwester	3122	K. S. META	Masters M - 40	01:58:31	05:13:48	08:09:47	09:37:56	11:48:39	13:39:17
55	WATROS Eryk	3107	31 BAZA LOTNICTWA TAKTYCZNEGO	Senior II M - 30	01:36:20	04:39:46	07:42:53	09:22:25	11:38:16	13:43:31
56	JANKOWSKI Marcin	3311	FU FU FU TEAM	Masters M - 40	01:48:19	05:01:24	08:08:00	09:39:09	11:49:07	13:46:20
57	JUSZKO Krzysztof	3127		Weteran I M - 50	01:51:45	05:03:51	07:55:32	09:31:24	11:40:43	13:48:45
58	SŁOMIAN Mikołaj	3476		Senior I M - 20	01:53:47	05:05:47	07:59:09	09:41:59	11:50:01	13:50:44
59	MIKOŁAJCZYK Krzysztof	3275		Masters M - 40	01:39:53	04:40:00	07:33:26	09:12:12	11:40:20	13:51:03
60	KANIA Marian	3543	LEDWOZIPIA	Weteran I M - 50	01:47:50	05:01:16	08:07:56	09:40:29	11:53:38	13:51:45
61	PALUCH Daniel	3149	STAJNIA BALONA	Masters M - 40	01:57:10	05:13:52	08:02:53	09:35:16		13:58:02
62	WOŹNIAK Jerzy	3182	#ZALINIAMETYTEAM	Senior II M - 30	01:49:52	05:03:20	07:54:51	09:38:23	11:54:46	13:59:57
63	KLIMA Dariusz	3294	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Senior II M - 30	01:38:16	04:38:48	07:54:58	09:37:35	12:07:35	14:01:13
64	ŚLIWA Grzegorz	3370	AZS AWF KRAKÓW MASTERS	Senior II M - 30	01:36:19	04:29:30	07:31:01	09:16:27	11:47:13	14:05:13
64	SKOTNICZNY Jakub	3360	WINE&MORE	Senior II M - 30	01:36:19	04:29:29	07:30:57	09:16:27	11:47:01	14:05:16
66	KICH Marek	3251		Senior II M - 30	01:49:57	04:52:05	07:44:20	09:28:42	11:53:42	14:05:38
67	RYSKALOK Piotr	3362	OKIEM WILKA TEAM	Senior II M - 30	01:59:56	05:20:23	08:12:10	09:46:48	12:10:00	14:06:22
68	GUMIENNY Grzegorz	3308		Masters M - 40	01:36:47	04:34:30	07:27:11	09:12:40	11:48:55	14:09:02
69	ŁĘCKI Piotruś	3306	JEVO	Masters M - 40	01:57:05	05:08:01	08:06:47	09:43:12	12:09:18	14:09:08
70	SZOTA Maciej	3351		Masters M - 40	01:40:21	04:40:56	07:42:59	09:22:37	11:48:09	14:10:06
71	WYSOCZAŃSKI Adrian	3505		Masters M - 40	01:49:36	05:14:48	08:39:39	10:05:17	12:07:23	14:14:28
72	KOWALCZYK Marek	3445		Masters M - 40	01:56:14	05:00:04	08:00:39	09:39:31	12:01:23	14:16:27

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
73	PINIARSKI Paweł	3236	DPKJIP / STR POZNAŃ	Senior II M - 30	01:58:13	05:12:15	08:06:12	09:40:00	12:02:25	14:17:03
74	PIWOWOŃSKI Paweł	3507		Masters M - 40	01:47:43	04:52:00	07:47:38	09:23:05	11:50:43	14:19:00
75	LESIAK Tomasz	3526		Masters M - 40	01:49:44	05:00:54	08:04:14	09:40:28	12:02:34	14:23:29
76	DOBROŚ Tomasz	3003		Masters M - 40	02:01:55	05:19:40	08:18:17	09:59:24	12:18:23	14:25:04
77	BIENIEK Patryk	3323	TREC TEAM	Masters M - 40	01:47:53	05:01:03	08:13:51	10:01:23	12:20:51	14:27:58
78	JAKUBOWSKI Przemysław	3118		Masters M - 40	01:38:46	04:40:19	08:02:00	09:41:00	12:02:42	14:29:13
79	SZYMANOWSKI Karol	3233		Senior II M - 30	01:38:45	04:40:20	08:01:55	09:40:59	12:02:50	14:29:31
80	MARKOWSKI Łukasz	3108		Masters M - 40	01:36:55	04:43:33	08:05:37	09:38:03	12:04:20	14:29:41
81	SOBCZAK Witold	3392	KB SZAMOTUŁY/ VEGE RUNNERS	Masters M - 40	01:55:11	05:20:28	08:47:29	10:07:10	12:25:26	14:33:08
82	KUBIK Jarosław	3322	KOŁO BIEGA	Masters M - 40	01:58:39	05:37:55	08:48:50	10:17:47	12:31:00	14:35:29
83	RATAJCZAK Dorota	3094	RATAJCZAK RUN	Masters K - 40	02:01:45	05:35:17	08:47:05	10:27:27	12:45:31	14:35:38
84	WALCZAK Witold	3080	ULTRA KUTNO	Senior II M - 30	02:00:09	05:20:48	08:14:26	09:58:15	12:13:37	14:35:41
85	KARLIK Łukasz	3035	ES TEAM	Masters M - 40	01:54:48	05:28:12	08:36:23	10:15:44	12:32:08	14:40:27
86	RATAJCZAK Paweł	3096	RATAJCZAK RUN	Masters M - 40	02:01:49	05:35:16	08:46:48	10:27:16	12:47:50	14:41:58
87	BIEGANOWSKI Krzysztof	3221		Masters M - 40	02:01:54	05:35:58	08:35:35	10:11:43	12:30:30	14:42:00
88	ROSZAK Piotr	3120	SZUKAM KLUBU	Masters M - 40	01:54:07	05:10:39	08:16:05	09:49:55	12:25:45	14:42:31
89	KUJAWSKA-FREJLICH Joanna	3528		Senior II K - 30	01:54:42	05:21:54	08:31:27	10:13:47	12:41:09	14:42:54
90	CHORAZKIEWICZ Damian	3365		Senior II M - 30	01:53:34	05:10:31	08:16:12	09:59:47	12:25:51	14:44:28
91	RUSOŁ Tomasz	3277		Masters M - 40	01:54:05	05:20:34	08:46:17	10:23:45	12:30:36	14:46:38
92	GIBAŁA Marcin	3191	BIEGAM I POMAGAM ALI I HANI ŁAZARZ	Weteran I M - 50	01:53:10	05:16:50	08:19:47	10:08:08	12:31:51	14:47:32
93	STRUK Agnieszka	3290	W POGONI ZA DUCHEM	Senior II K - 30	01:55:59	05:13:02	08:25:18	10:21:49	12:53:15	14:49:51
94	BŁAŻUK Jarosław	3176	PIWNICA ŚWIDNICKA WROCŁAW	Masters M - 40	02:00:05	05:15:04	08:25:10	10:05:40	12:50:35	14:49:55
95	STANKIEWICZ Paweł	3125	AKTYWNI RAZEM	Masters M - 40	01:56:59	05:24:57	08:52:04	10:34:57	12:54:41	14:51:12
96	KURASZKIEWICZ Błażej	3057		Masters M - 40	01:47:05	05:11:43	08:22:23	10:10:22	12:34:32	14:51:15
97	KWIATEK Agnieszka	3349		Senior II K - 30	01:54:45	05:14:00	08:20:56	10:07:48	12:34:02	14:53:49
98	WERNO Bartłomiej	3267		Masters M - 40	01:50:10	05:01:36	08:05:10	09:49:00	12:38:21	14:58:30
99	LANGE Paweł	3263	INŻYNIERIA BIEGANIA	Senior II M - 30	01:52:07	05:14:29	08:19:24	10:07:32	12:39:50	14:59:22
100	MISTYGACZ Jakub	3427	ANTONTEAM ACTIVDIAB	Masters M - 40	02:09:18	05:51:23	08:51:23	10:25:40	12:53:28	14:59:43
101	KARCZYŃSKA Eliza	3418	MARATOŃCZYK POZNAŃ	Masters K - 40	01:58:41	05:29:47	08:41:52	10:34:15	12:57:51	15:00:48
102	JARZĄBEK Grzegorz	3300	W POGONI ZA DUCHEM	Senior II M - 30	01:44:59	05:08:24	08:17:58	10:06:42	12:49:23	15:00:49
103	ŚWITAŁA Marcin	3547		Weteran I M - 50	01:51:41	05:24:04	08:34:15	10:16:27	12:40:49	15:01:34
104	GIBALSKI Tomasz	3424	OBORYGENI	Weteran I M - 50	01:57:32	05:26:37	08:31:23	10:13:47	12:34:00	15:01:51
105	PIELATOWSKI Adam	3465	DIRTY SPARROWS	Senior II M - 30	01:57:05	05:25:17	08:47:50	10:33:14	12:43:48	15:02:34
106	KACZMARCZYK Piotr	3287	SOLPARK KLESZCZÓW	Masters M - 40	02:05:29	05:34:40	08:48:11	10:25:15	12:47:14	15:02:40
107	MAZUR Anna	3232	ULTRANQA	Masters K - 40	01:56:31	05:32:08	08:53:11	10:27:04	12:52:28	15:02:54
108	WOŹNIAK Paweł	3299	W POGONI ZA DUCHEM	Masters M - 40	01:44:56	05:08:13	08:17:52	10:06:46	12:49:28	15:02:57
109	MATUSIAK Michał	3514	ROWERY MALGOSKA	Masters M - 40	02:07:39	05:36:48	08:34:38	10:12:26	12:45:27	15:03:02
110	WYLOTEK Mariusz	3211	BIEGOWA KUŹNIA	Masters M - 40	01:53:05	05:15:18	08:25:21	10:02:58	12:40:28	15:03:37
111	SOBCZAK Marcin	3298	SMASHING PĄPKINS	Masters M - 40	02:00:15	05:42:11	08:53:32	10:38:11	12:52:19	15:07:56
112	WASILEWSKI Marcin	3186		Senior II M - 30	01:49:43	05:03:02	08:10:09	10:13:09	12:40:04	15:08:22
113	KUCIA Łukasz	3324	KB MARATON TUREK	Senior II M - 30	02:15:47	06:04:19	09:09:18	10:47:29	13:04:30	15:08:26
114	TELEON Piotr	3216	JACEKBIEGA RUNNING TEAM	Masters M - 40	01:40:12	04:49:20	08:07:26	09:56:09		15:11:15
115	CHRZAN Daniel	3487	AA TARNÓW	Senior II M - 30	01:57:13	05:03:09	08:16:23	10:11:12	13:01:37	15:11:58

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
116	SAJAK Kamil	3446	ROZBIEGANE DOBCZYCE	Senior II M - 30	01:37:45	04:48:33	08:07:48	09:51:04	12:32:20	15:12:09
117	DUBINSKAS Arunas	3494		Masters M - 40	01:50:04	05:26:03	09:07:03	10:45:59	13:04:46	15:12:22
118	WAJDZIK Adam	3104	IG: POSPIESZNY_DO_METY	Senior II M - 30	02:05:18	05:40:47	08:57:00	10:40:43	13:04:09	15:12:23
119	JADRYCH Zbigniew	3223		Masters M - 40	01:54:31	05:30:15	08:37:03	10:22:55	12:52:20	15:12:32
120	GILEWICZ-RACHOWSKA Jagoda	3449	MAKSFLY	Senior II K - 30	02:02:51	05:52:23	08:58:04	10:36:34	12:59:37	15:13:17
121	BABIŃSKA-POPIŁKA Ewelina	3007		Senior II K - 30	02:01:10	05:17:39	08:49:36	10:52:48	12:58:22	15:13:20
122	KOTOWSKI Paweł	3488	CAT TEAM	Senior II M - 30	01:54:10	05:18:17	08:36:00	10:23:04	13:07:20	15:17:42
123	ZIĘTEK Katarzyna	3032		Senior II K - 30	02:18:56	05:53:39	09:07:44	10:45:56	13:04:42	15:18:19
124	GRUSZCZYŃSKI Przemysław	3093	WLKP MOUNTAINS ULTRA	Masters M - 40	01:57:43	05:42:58	08:52:29	10:27:50	13:04:04	15:18:22
125	HEJZNER Arkadiusz	3190		Senior II M - 30	01:50:01	05:12:03	08:17:14	10:01:04	12:40:05	15:19:09
126	ŚLUSARZ Tomasz	3062	DIEHL RUNNING TEAM	Senior II M - 30	01:56:37	05:01:37	08:14:21	10:02:38		15:19:15
127	GRABEK Maciej	3276	SPORTOWA BANDA	Senior II M - 30	01:48:51	05:07:37	08:12:02	09:56:39	12:27:35	15:25:04
128	PŁONOWSKI Maciej	3408	PSZCZÓLKOWSKI TEAM	Senior II M - 30	01:44:17	04:43:53	08:02:46	09:46:35	12:51:21	15:25:13
129	ŻURKOWSKI Daniel	3500	GT RAT	Senior II M - 30	01:54:05	05:18:16	08:36:03	10:23:04	13:07:24	15:25:35
130	WIECZOREK Maksymilian	3389		Senior II M - 30	01:57:35	05:19:34	08:45:40	10:34:11	13:01:25	15:27:06
131	DYMARSKI Mariusz	3101	AKTYWNI RAZEM	Weteran I M - 50	01:57:00	05:25:00	08:51:54	10:34:52	13:01:30	15:27:33
132	BUCZYŃSKI Radosław	3457	COMPANEROS ASFALT TEAM	Senior II M - 30	01:56:43	05:25:29	08:45:10	10:30:06	13:00:56	15:27:34
133	CZYŻ Tomasz	3538	LAS PAPAS	Senior II M - 30	02:21:54	06:01:20	09:18:56	11:06:19	13:15:09	15:28:24
134	ORŁOWSKI Kacper	3326	SEKCJA BOKSU WKS ŚLĄSK	Senior II M - 30	01:44:49	05:07:39	08:22:44	10:10:31	12:47:42	15:28:25
135	HALMAN Krzysztof	3490	LEJ MI PÓŁ	Masters M - 40	01:49:59	05:10:28	08:14:54	10:04:19	12:33:38	15:28:57
136	HACUŚ Jacek	3005		Senior II M - 30	02:01:35	05:46:11	09:00:58	10:47:51	13:18:54	15:30:23
137	KUIK Bartosz	3421		Senior II M - 30	01:57:28	05:34:56	08:53:24	10:40:02	13:09:21	15:35:41
138	WOJCIECHOWSKI Arkadiusz	3327	KTÓRĘDYNADMORSKIEOKO	Masters M - 40	02:03:22	05:31:50	08:45:58	10:36:13	13:10:32	15:38:07
139	BOGUMIŁOW Marcin	3075	DZIK ZE SŁUPSKA	Senior II M - 30	01:56:42	05:32:11	08:59:30	10:46:40	13:22:17	15:39:05
140	SZMIGIEL Mariusz	3109	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Senior II M - 30	02:02:06	05:34:26	08:49:12	10:42:34	13:18:56	15:39:14
141	GRUBICH Damian	3050	PARKRUN GRUDZIĄDZ	Masters M - 40	02:06:27	05:35:40	08:59:55	10:51:54	13:19:58	15:39:53
142	MATUSZEWSKI Łukasz	3014	BIEGOWY WARIAT RUNNING TEAM	Senior II M - 30	02:01:30	05:29:47	08:48:35	10:36:47	13:17:20	15:41:13
143	SOBCZAK Grzegorz	3091		Weteran I M - 50	01:53:26	05:23:17	08:46:05	10:37:37	13:09:03	15:42:12
144	ABRAMOWICZ Agata	3264		Senior I K - 20	01:56:17	05:39:31	08:52:25	10:37:42	13:17:10	15:42:18
145	SZEIB Robert	3146		Masters M - 40	02:06:38	05:55:50	09:10:49	11:00:20	11:50:48	15:44:09
146	KALEMBA Kamil	3318		Senior II M - 30	01:57:25	05:29:18	09:00:57	10:38:52	13:15:54	15:48:27
147	MAZANKA Jakub	3361		Masters M - 40	01:52:18	05:27:08	08:53:33	10:43:28	13:29:37	15:49:41
148	OLEKSIUK Jakub	3363	CARPE DIEM	Senior II M - 30	02:00:08	05:40:24	09:09:58	10:51:43	13:24:36	15:51:01
149	WALENDA Mateusz	3371	KS KANAŁEK	Senior II M - 30	02:06:55	05:35:37	08:45:52	10:26:17	13:09:55	15:52:32
150	WÓJCIO Hubert	3105	ULTRASZSZCZAWNICY	Masters M - 40	02:05:23	05:35:00	08:58:36	10:49:13	13:25:33	15:53:01
151	KŁODA Dariusz	3154	DRUŻYNA SZPIKU/SPORT GENERATION	Masters M - 40	01:58:59	05:34:42	08:55:54	10:51:12	13:30:04	15:53:26
152	SKORUPIŃSKA Katarzyna	3133	SKORUPKI TEAM	Masters K - 40	02:01:34	05:31:54	08:53:30	10:43:25	13:24:47	15:53:52
153	KORNALSKI Grzegorz	3492	POLACY BIEGAJĄ W UK	Masters M - 40	01:52:42	05:39:09	08:48:50	10:36:18		15:53:57
154	WISNIEWSKI Bartłomiej	3204		Masters M - 40	02:07:08	05:36:03	08:46:03	10:36:07	13:10:37	15:54:09
155	LIC Janusz	3339		Weteran I M - 50	02:07:36	05:55:05	09:22:17	11:06:07	13:42:24	15:55:57
156	CHODKIEWICZ Tomasz	3255	GARDENFLORA MTB TEAM	Masters M - 40	02:08:52	05:58:21	09:32:52	11:27:28	13:39:25	15:58:04
157	WESOŁOWSKA Kinga	3046	ASICSFONTRUNNERPOLAND	Senior I K - 20	02:02:38	05:37:15	08:56:24	10:53:22	13:31:01	15:59:21
158	KĄKOL Kacper	3047	ASICS FRONTRUNNER POLAND	Senior II M - 30	02:02:36	05:37:08	08:56:26	10:53:21		15:59:28

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
159	KOCIOŁEK Zbigniew	3280		Weteran I M - 50	01:55:09	06:02:19	09:22:54	11:00:12	13:33:40	16:00:26
160	JAROCKA Agata	3364		Masters K - 40	02:17:53	06:03:43	09:18:06	11:00:58	13:36:13	16:00:35
161	LEPIARZ Szymon	3270	NEVER GIVE UP	Weteran I M - 50	02:04:19	06:00:22	09:16:29	11:07:07	13:34:42	16:01:06
162	GMYREK Jacek	3269		Masters M - 40	02:09:25	05:55:08	09:24:36	11:23:22	13:56:34	16:01:18
163	KONDYCKI Adam	3312	DZG RUNNERS ZGORZELEC	Weteran I M - 50	01:50:44	05:24:56	08:49:07	10:32:03	13:39:32	16:01:20
164	MAZUREK Łukasz	3073	DZG RUNNERS ZGORZELEC	Masters M - 40	01:50:43	05:25:00	08:49:16	10:32:03	13:39:25	16:01:40
165	WITEK Bogusław	3540	AA TARNÓW	Weteran I M - 50	02:08:02	05:47:38	09:17:09	11:03:05	13:39:21	16:02:40
166	WALKOWIAK Jacek	3010	TEAM KOTLAREK RUNNERS	Weteran I M - 50	02:02:15	05:43:45	08:56:30	10:45:47	13:20:43	16:03:01
167	WYKA Mariusz	3463	LEGIA	Masters M - 40	02:10:15	05:50:30	08:59:58	10:44:07	13:25:03	16:03:27
168	ŁABĘCKA Agata	3070	KLUB BIEGACZA RTV EURO AGD	Masters K - 40	02:14:05	06:02:23	09:24:33	11:04:33	13:45:48	16:03:55
169	DYSZKIEWICZ Tomasz	3166	ULTRA KUTNO	Senior II M - 30	02:00:26	05:36:27	08:52:59	10:43:51	13:34:27	16:04:37
170	OTTO Marcin	3136	FUNDACJA PIASTUN	Senior II M - 30	02:02:20	05:34:58	08:50:43	10:44:04	13:41:48	16:05:43
171	PLUTA Kinga	3227		Senior I K - 20	02:05:08	05:49:07	08:59:45	10:45:45	13:39:48	16:05:47
172	BARAN Dariusz	3201		Masters M - 40	02:00:52	05:40:24	09:09:00	10:56:35	13:40:05	16:06:10
173	CHEŁCHOWSKI Norbert	3260	GÓRAL Z MAZUR RUNNING TEAM	Senior II M - 30	02:17:01	06:00:16	09:26:21	11:10:02	13:48:14	16:08:52
174	SZAŁAŚNY Piotr	3055	TESTYOUTDOOROWE.PL	Senior II M - 30	02:04:23	05:52:30	09:08:13	10:55:17	13:30:58	16:09:39
175	SOBCZAK Aleksandra	3410		Senior II K - 30	02:05:11	05:49:10	09:32:55	11:19:22	13:48:17	16:11:47
176	NOWAK Krzysztof	3398		Weteran I M - 50	01:57:23	05:41:46	09:12:18	10:50:54	13:31:41	16:11:47
177	MAKARENKOV Sergii	3044	DOGOŃ GRODZISK MAZOWIECKI	Senior II M - 30	02:14:57	06:22:48	10:05:22	11:39:29	14:06:18	16:12:03
178	KOPPLINGER Grzegorz	3250	ASSECO ACTIVE TEAM	Weteran I M - 50	01:41:55	05:10:57	08:37:05	10:23:06	13:08:31	16:12:17
179	RATYMIRSKI Wojtek	3181		Masters M - 40	02:00:10	05:46:37	09:16:57	11:07:31	13:43:46	16:12:31
180	GAWOT Piotr	3243		Masters M - 40	01:53:55	05:27:15	08:50:36	10:35:31	13:40:04	16:12:34
181	GARCZYŃSKA Ania	3131		Weteran K - 50	02:13:04	06:02:54	09:17:47	11:05:34	13:47:32	16:14:00
182	GARCZYŃSKI Darek	3129		Weteran I M - 50	02:13:02	06:02:55	09:17:50	11:05:34	13:47:17	16:14:06
183	ŚWIĄTEK Ewelina	3301	SPARTANIE DZIECIOM	Masters K - 40	02:02:06	05:52:09	09:07:39	10:54:01	13:33:23	16:15:13
184	NECKAR Michał	3139	HWBC	Masters M - 40	01:54:21	05:23:23	08:46:00	10:43:13	13:24:47	16:15:57
185	WOJCIECHOWSKA Dorota	3381	CAŁA OLEŚNICA BIEGA	Masters K - 40	02:06:36	05:36:43	08:48:40	10:45:34	13:36:03	16:17:21
186	JAZUKIEWICZ Ewa	3405	EAZYMUT.PL	Weteran K - 50	02:15:34	06:03:37	09:27:08	11:15:54	13:46:36	16:18:42
187	KOS Paweł	3406	EAZYMUT.PL	Weteran I M - 50	02:15:33	06:03:39	09:27:14	11:15:49	13:46:40	16:18:43
188	GÓRSKI Tomasz	3167		Senior II M - 30	01:37:27	04:55:52	08:45:43	10:45:57	13:36:48	16:18:57
189	BRODA Dominik	3354		Senior II M - 30	01:53:04	05:23:27	08:51:54	10:44:32	13:18:39	16:19:47
190	MASŁOWSKI Robert	3230	ANTON TEAM	Masters M - 40	02:09:19	05:51:23	09:08:29	11:02:17		16:20:37
191	PAPIERSKI Tomasz	3175		Masters M - 40	01:48:59	05:36:28	08:52:30	10:46:45	13:24:49	16:20:43
192	SKŁADANOWSKA Beata	3403	ARW/EUROCASH TEAM/DZIKI TEAM	Senior II K - 30	02:16:42	06:12:10	09:29:16	11:10:27	13:43:32	16:21:26
193	CIEŚLIK Paweł	3367	CHÂTEAU CHALIN	Masters M - 40	01:57:50	05:43:05	09:14:46	11:04:58	13:46:33	16:21:28
194	SROKA Marcin	3173	WLKP MOUNTAINS ULTRA	Masters M - 40	01:54:42	05:34:33	08:53:22	10:47:05	13:44:26	16:21:31
195	KONDRATOWICZ Sebastian	3475		Masters M - 40	02:16:42	06:12:11	09:29:23	11:10:27	13:43:42	16:21:40

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
196	POKORSKI Piotr	3456	NO NAME PRASZKA	Weteran I M - 50	02:00:39	05:48:00	09:37:42	11:19:24	13:49:23	16:25:25
197	WOJCIECHOWSKI Michał	3382		Weteran I M - 50	02:07:01	05:59:33	09:18:30	11:05:37	13:47:09	16:25:27
198	KATRYCZ Krzysztof	3038		Senior I M - 20	02:06:06	05:37:15	09:00:07	10:53:09	13:46:03	16:25:50
199	STODOLNY Krzysztof	3355		Weteran II M - 60	02:08:46	05:58:09	09:19:15	11:06:22	13:48:30	16:26:41
200	POMIANOWSKI Szymon	3330	KURACJUSZE	Senior II M - 30	01:54:01	05:39:11	09:09:01	11:25:57	13:46:07	16:31:39
201	BARDAN Michał	3489		Masters M - 40	02:07:04	05:58:31	09:34:14	11:21:19	14:03:45	16:32:18
202	POPCZYK Ewelina	3045	HEALTHY BODY ŻELAZNY&ŻELAZNY	Masters K - 40	02:08:28	05:58:38	09:34:15	11:21:25	14:03:55	16:32:24
203	WILGAT Adam	3048	NBRC	Weteran I M - 50	02:02:46	05:55:03	09:24:24	11:15:07	13:57:26	16:34:01
204	WALCZAK Krystian	3329	BIEGAJĄCE WALCZAKI	Masters M - 40	01:49:05	05:16:33	08:56:47	10:48:39	13:43:14	16:35:13
205	KOPACZ Katarzyna	3304		Senior II K - 30	02:04:13	05:42:46	09:07:42	11:04:51	13:52:47	16:36:45
206	JĘDZURA Daniel	3303	BPRT GLIWICE	Masters M - 40	02:04:14	05:42:47	09:07:37	11:04:52	13:52:51	16:36:47
207	JEZIORSKI Zbigniew	3441		Masters M - 40	02:00:43	05:36:48	08:58:48	10:46:39	13:44:28	16:37:26
208	KOZŁOWSKI Rafał	3137		Masters M - 40	02:06:29	06:05:15	09:38:24			16:37:33
209	FELIŃSKI Jarosław	3529		Weteran II M - 60	02:07:20	06:13:03	09:49:56	11:44:15	14:26:06	16:40:08
210	MATUSZCZAK-SZULC Iwona	3541		Weteran K - 50	02:15:05	06:02:38	09:30:31	11:25:52	14:11:08	16:43:23
211	RUTKOWSKA Agnieszka	3400	NAKRĘCONA NA BIEGANIE	Senior II K - 30	02:23:56	06:33:15	09:57:21	11:53:53	14:19:46	16:43:26
212	TKACZ Łukasz	3520		Senior II M - 30	02:06:44	05:39:00	09:10:31	11:07:21	13:56:48	16:46:24
213	URBAŃSKI Bartek	3429	KARUSIN RUNNING TEAM	Senior II M - 30	02:12:29	06:01:44	09:23:46	11:13:41	13:52:30	16:47:09
214	JANKOWSKA Paulina	3313	EY RUN4FUN	Senior II K - 30	02:24:58	06:29:51	09:50:16	11:36:59	14:14:09	16:47:22
215	SZYMKOWIAK Mariusz	3467		Weteran I M - 50	02:13:23	06:15:18	09:37:44	11:27:40	14:03:52	16:47:57
216	MADEJSKI Piotr	3185		Senior II M - 30	02:18:43	06:22:19	09:58:21	11:46:22	14:14:00	16:48:08
217	SZCZEPAŃSKI Marcin	3344	STRZELIŃSKI KLUB BIEGACZA GRANIT	Senior II M - 30	02:15:17	06:19:06	09:45:37	11:33:23	14:16:29	16:48:15
218	HULBÓJ Sebastian	3532	WKS TEAM	Masters M - 40	01:57:44	05:40:21	09:11:56	11:08:41	13:58:51	16:48:26
219	TYCZYŃSKI Krzysztof	3332	AKTYWNI RAZEM	Masters M - 40	01:58:28	05:45:57	09:21:12	11:14:31	14:03:57	16:48:54
220	WEYNA Rafał	3148	AKTYWNI RAZEM	Weteran I M - 50	01:58:29	05:45:58	09:21:11	11:14:36	14:04:08	16:48:55
221	RACIBORSKI Grzegorz	3282	TKKF KOLEJARZ BYDGOSZCZ	Masters M - 40	02:12:50	06:28:24	09:47:49	11:33:29	14:07:04	16:49:27
222	SKWIERCZYŃSKI Sylwester	3341		Senior I M - 20	02:11:25	05:50:29	09:22:26	11:14:59	13:49:39	16:49:29
223	ŁATWIŃSKI Łukasz	3097	MOCNA GRUPA CEZARA	Senior II M - 30	02:04:59	05:53:07	09:16:45	11:10:19	13:56:32	16:49:37
224	WŁODARCZYK Krzysztof	3499	3TEAM CIEPEŁKO	Masters M - 40	02:07:19	06:05:29	09:55:52	11:36:13	14:13:09	16:55:04
225	PAWLAK Maciej	3498	3 TEAM KONIN MPEC KONIN	Weteran I M - 50	02:07:17	06:05:28	09:55:44	11:36:11	14:13:03	16:55:25
226	BUDNICKI Andrzej	3501		Masters M - 40	02:17:05	06:10:39	09:42:52	11:37:02	14:24:57	16:55:44
227	KULCZYŃSKI Michał	3209		Masters M - 40	02:14:44	06:01:43	09:32:25	11:26:53	14:23:48	16:55:45
228	MALOTTA Konrad	3215	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Masters M - 40	02:13:59	06:28:46	09:57:37	11:39:17	14:30:44	16:56:00
229	TUREK Marcin	3039	KĘSY TEAM	Senior II M - 30	02:00:06	05:40:26	09:10:04	10:51:46	13:53:50	16:56:43
230	MATYSZKOWICZ Janusz	3525	GONIMY	Weteran II M - 60	02:14:46	06:18:07	09:38:00	11:34:30	14:22:08	16:58:25
231	KACZMAREK Jarosław	3082	PARTYZANCI KONIN/JK82	Masters M - 40	02:20:52	06:14:20	09:46:04	11:39:43	14:23:35	17:00:07
232	SIKORSKI Dariusz	3523	INSERT TEAM	Masters M - 40	02:08:56	05:40:13	08:59:38	10:56:00	13:48:23	17:01:41

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
233	MIAZEK Łukasz	3278		Masters M - 40	02:09:40	06:10:44	09:42:57	11:55:01	14:29:19	17:01:50
234	WAŚKO Rafał	3254		Senior II M - 30	02:31:55	06:38:58	10:02:07	11:52:18	14:36:59	17:04:06
235	PIGUŁA Daria	3438	CARBON SILESIA SPORT	Masters K - 40	02:03:10	05:57:08	09:27:48	11:21:31	14:14:27	17:05:55
236	JAROSIŃSKA Katarzyna	3279	STAJNIAK TEAM	Senior I K - 20	02:03:45	05:50:38	09:27:36	11:21:08		17:05:57
237	DAWIDOWICZ Wojciech	3283	ŚLĘZAKTEAM	Senior II M - 30	02:04:19	05:53:59	09:19:58	11:14:36	14:07:37	17:06:08
238	KONSTANCIUK Dariusz	3404	JAZDAAAAA	Masters M - 40	02:12:45	06:15:43	09:55:40	11:52:11	14:48:51	17:07:04
239	ADACH Dariusz	3076	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	Masters M - 40	02:02:27	05:43:27	09:20:50	11:29:43	14:28:59	17:07:08
240	SZYMANKIEWICZ Kalina	3059	PROJEKT 1000UP	Weteran K - 50	02:16:54	06:15:50	09:55:45	11:52:19	14:48:55	17:07:11
241	CHUDY Tobiasz	3114	RUN TEAM RYDZYNA	Senior II M - 30	02:10:37	05:52:21	09:27:28	11:06:55	13:55:37	17:08:21
242	KANIEWSKI Michał	3345	ORANGE POLSKA	Masters M - 40	02:19:16	06:26:47	09:54:19	11:50:19	14:40:17	17:08:30
243	LUBELCZYK Grzegorz	3130	SPELEOCLUB WROCŁAW	Weteran I M - 50	02:16:25	06:18:45	09:44:28	11:35:53	14:29:49	17:09:57
244	CIECHAROWSKA Justyna	3234	RUN DE GIRARD	Senior II K - 30	02:11:05	06:19:43	09:49:54	11:29:40	14:42:47	17:10:36
245	MIROWSKI Przemyslaw	3358		Weteran I M - 50	02:22:05	06:15:59	09:43:50	11:30:54	14:52:53	17:13:23
246	SZPONDER Artur	3142	KBKS RADOMSKO	Senior II M - 30	02:17:47	06:31:43	09:57:12	11:45:48	14:42:30	17:13:32
247	GAŁACKA Joanna	3471		Masters K - 40	02:08:53	06:10:58	09:43:06	11:55:15	14:38:38	17:13:47
248	DUCHOŃ Marcin	3172		Masters M - 40	02:07:26	06:00:04	09:26:38	11:20:31	14:13:49	17:16:05
249	GRABKOWSKI Rafał	3399	DOGOŃ GRODZISK MAZOWIECKI	Masters M - 40	02:11:31	06:28:14	10:05:26	11:52:22	14:43:16	17:17:32
249	WARACHOWSKI Stefan	3249		Masters M - 40	02:12:08	06:28:13	10:04:59	11:52:24	14:43:23	17:17:33
251	KOZDRÓJ Wioletta	3162	DOGOŃ GRODZISK MAZOWIECKI/DŹAKARTA RUN TEAM	Masters K - 40	02:14:59	06:30:27	10:05:05	11:59:19	14:50:08	17:17:44
252	BUSS Jakub	3121	KUDOWIANKA RUN	Weteran I M - 50	02:18:19	06:25:30	09:55:56	11:40:59	14:24:37	17:19:17
253	DUDA Dariusz	3037		Senior II M - 30	02:10:46	06:22:41	09:52:56	11:45:50	14:43:31	17:19:38
254	SEKMAN Tomasz	3077		Masters M - 40	02:00:50	05:34:24	09:12:55	11:23:00	14:30:10	17:20:35
255	SOWIŃSKA-JANECZEK Joanna	3019	KB MARATON TUREK	Senior II K - 30	02:15:10	06:20:25	09:57:17	11:46:23	14:40:27	17:22:28
256	SAMUŚ Dariusz	3179	BIESZCZADZKIE MORSY	Masters M - 40	02:11:28	06:20:35	09:57:27	11:46:29	14:40:40	17:22:57
257	ROZNERSKI Łukasz	3262	KB SOBÓTKA	Senior II M - 30	02:08:38	06:09:52	10:02:56	12:02:35	14:35:09	17:23:11
258	CIERCZEK Rafał	3482		Senior II M - 30	02:09:38	05:48:38	09:21:11	11:20:13	14:21:50	17:24:37
259	OLIŃSKI Paweł	3177		Senior II M - 30	02:16:22	06:11:08	09:45:00	11:46:30	14:44:37	17:26:02
260	WOŹNIAK Andrzej	3099		Weteran I M - 50	01:56:03	05:31:08	09:02:11	11:03:31	14:13:32	17:26:50
261	SZKODA Mariusz	3164	3:33 TEAM	Weteran I M - 50	02:22:42	06:30:56	10:08:41	12:09:23	14:49:14	17:27:59
262	CHYLIŃSKI Łukasz	3116		Senior II M - 30	02:15:48	06:23:34	09:55:42	11:59:20	14:41:08	17:29:04
263	PODLEWSKI Wojciech	3016	KS SPORTIVA	Weteran I M - 50	02:22:07	06:32:29	10:10:09	11:54:31	14:51:31	17:30:10
264	STOLARSKA Monika	3081	KBKS RADOMSKO	Senior II K - 30	02:10:31	06:12:41	09:53:44	11:43:38	14:41:16	17:31:52
265	MIŚ Piotr	3002	DIEHL RUNNING TEAM	Senior II M - 30	02:14:59	06:21:48	10:04:18	12:03:32	14:47:57	17:35:34
266	MICHAŁOWSKI Maciej	3241	KLUB PRZYJACIÓŁ MYSZKI MIKI	Senior II M - 30	02:10:00	05:59:33	09:31:50	11:26:55	14:31:36	17:37:05
267	MICHALAK Mateusz	3240		Senior II M - 30	02:10:01	05:59:34	09:31:55	11:27:07	14:30:37	17:37:07
268	BAUER Bartosz	3199	SWORDSATHLETICS	Masters M - 40	01:50:34	05:26:05	09:08:26	11:14:58	14:22:38	17:37:31
269	FILIPEK Małgorzata	3017		Senior II K - 30	02:11:49	06:11:53	09:49:56	11:50:06	14:43:41	17:37:33
270	PUCHALSKI Zbigniew	3253		Senior II M - 30	02:06:51	05:56:35	09:26:38	11:19:51	14:32:33	17:39:58
271	HERDZINA Wojciech	3049	RUN AWAY TEAM	Masters M - 40	02:10:47	06:27:32	10:02:50	11:59:58	14:50:40	17:45:20
272	STĘPNOWSKI Jakub	3281	ORTHOS TEAM	Senior II M - 30	02:22:16	06:18:44	10:02:19	12:02:27	14:49:52	17:46:19

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
273	WRZESIŃSKI Łukasz	3374	POWER&PAKER	Masters M - 40	02:14:32	06:20:31	09:53:02	11:50:26	14:56:40	17:48:02
274	BRZozowski Rafał	3537		Weteran I M - 50	02:12:21	06:16:47	09:51:15	11:58:11	15:00:03	17:50:44
275	GRYCMAN Magda	3426	SPARTA ULTRA TEAM	Masters K - 40	02:03:08	06:15:31	09:42:08	11:42:11	14:55:43	17:52:08
276	KUPCZAK Ewa	3453	SPARTA ULTRA TEAM	Weteran K - 50	02:03:10	06:15:32	09:42:04	11:42:11	14:55:45	17:52:21
277	LIS Sławomir	3018		Weteran II M - 60	02:14:03	06:11:02	09:53:47	11:38:48	15:01:24	17:53:54
278	HORZELA Adam	3207	HURAGAN LIGOTA	Senior II M - 30	02:05:06	06:20:04	09:52:18	12:08:08	15:05:51	17:55:13
279	GRAD Łukasz	3052	FITNESS PIEKARY LEGNICA	Masters M - 40	02:06:30	06:39:51	10:46:48	12:41:02	15:26:12	17:58:21
280	DOMAGAŁA Grażyna	3372		Senior II K - 30	01:55:36	05:29:35	09:01:15	10:51:40	14:07:24	17:58:34
281	DOBek Mateusz	3246	JAWOR RIVER GYM	Masters M - 40	02:06:40	06:39:51	10:46:42	12:41:01	15:26:04	17:58:44
282	OZIMINA Hubert	3194	OBORYGENI	Masters M - 40	02:09:29	06:20:27	10:06:49	12:12:04	15:11:42	17:59:59
283	BOCIEJ Arkadiusz	3378		Senior I M - 20	01:55:19	05:35:48	09:27:48	11:35:17	14:56:59	18:01:40
284	RYCHEL-MANTUR Dominika	3079		Senior II K - 30	02:06:01	05:56:50	09:14:47	11:21:48	14:51:56	18:02:09
285	OLEJNIK Marcin	3530		Masters M - 40	02:16:23	06:26:07	10:09:48	12:02:27	15:08:32	18:04:13
286	CIEŚLAK Jakub	3420		Masters M - 40	02:15:04	06:21:40	10:07:43	12:08:00	14:58:47	18:04:42
287	CIEŚLAK Krzysztof	3423	ULTRAFAZA.PL	Senior II M - 30	02:15:04	06:21:42	10:07:45	12:08:00	14:58:49	18:04:43
288	SZANDAŁA Jacek	3225	CAŁA OLEŚNICA BIEGA	Masters M - 40	02:06:35	05:58:23	09:29:06	11:26:07	14:44:59	18:05:04
289	BŁASZCZYK Luiza	3152		Senior II K - 30	02:17:08	06:31:32	10:11:02	12:03:47	15:07:07	18:05:13
290	JARZĘBSKI Mateusz	3153		Senior II M - 30	02:17:09	06:31:32	10:11:04	12:03:49	15:07:17	18:05:24
291	TYLMAN Małgorzata	3237		Masters K - 40	02:07:28	06:12:11	10:06:15	12:17:15		18:06:54
292	JURCZAK Robert	3195		Weteran I M - 50	02:11:18	06:20:50	10:08:54	12:14:05	15:31:48	18:11:18
293	MARZEC Dominik	3259		Senior II M - 30	02:15:03	06:12:56	09:50:29	11:57:57	15:16:49	18:13:48
294	SKORUPA Adam	3126		Senior II M - 30	01:43:18	05:16:29	08:37:40	10:26:52	13:12:39	18:14:09
295	DYLAĞ Katarzyna	3466	GGB	Masters K - 40	02:21:22	06:28:52	10:18:55	12:23:51	15:30:42	18:14:38
296	GRUNDKOWSKI Oskar	3030		Senior I M - 20	02:07:24	06:15:20	10:09:16	12:17:25	15:07:49	18:14:48
297	POŁCZYŃSKI Paweł	3009	STALOWA ŁYDA	Senior II M - 30	02:06:20	05:58:26	09:41:46	11:59:55	15:17:09	18:15:34
298	ROSZYK Tomasz	3317	TKKF MPK POZNAŃ	Masters M - 40	02:16:26	06:49:28	10:30:10	12:30:46	15:25:16	18:15:57
299	ROSZYK Magdalena	3454	TKKF MPK POZNAŃ/BIEGAJĄCE KREJZOLE	Masters K - 40	02:16:40	06:49:30	10:30:03	12:30:46	15:25:40	18:16:03
300	ZYCH Michał	3432		Masters M - 40	02:17:39	06:57:16	10:49:43	12:51:18	15:40:30	18:16:29
301	PODBIELSKA Małgorzata	3434		Senior II K - 30	02:17:40	06:57:20	10:49:48	12:51:24	15:40:38	18:16:57
302	SZCZERBAKOWICZ Kamil	3402		Senior II M - 30	02:11:10	05:56:56	09:32:54	11:51:36	15:06:17	18:17:18
303	HOLIK Iwona	3437	GORLICKA GRUPA BIEGOWA	Masters K - 40	02:21:25	06:28:53	10:18:54	12:23:53		18:18:55
304	DOLSKI Marcin	3376		Senior II M - 30	02:24:39	06:30:32	10:11:15	12:12:29	15:30:19	18:18:55
305	JÓZEF Mateusz	3069	ULTRAJÓZKI	Senior II M - 30	02:10:10	06:19:36	10:10:01	12:15:02	15:18:32	18:19:57
306	MATECKI Adrian	3291	YOGAHOME.PL	Senior I M - 20	02:05:56	05:41:56	09:23:06	11:36:40	14:54:12	18:20:16
307	GŁAZ Marek	3141	FORFITERY	Senior II M - 30	02:17:00	06:37:23	10:16:50	12:15:28	15:30:52	18:20:23
308	LEWANDOWSKI Adrian	3286		Senior II M - 30	02:08:19	05:41:57	09:23:10	11:36:40	14:54:17	18:20:25
309	BALUTA Paweł	3519	BARUNOWCE	Masters M - 40	02:10:02	06:26:52	10:13:31	12:14:24	15:10:42	18:28:17
310	SYREK Rafał	3244		Weteran I M - 50	02:19:04	06:28:55	10:19:47	12:24:35		18:32:33
311	KOCJAN Marcin	3516		Senior II M - 30	02:14:32	06:19:34	10:19:04	12:17:22	15:27:45	18:39:22
312	JABKOWSKI Łukasz	3015	KHG GROUP	Senior I M - 20	02:21:24	06:43:18	10:06:19	12:11:55	15:36:33	18:41:42
313	NORAS Alina	3224	ENDURANCE TEAM	Senior II K - 30	02:24:37	06:39:37	10:09:21	12:17:02	15:35:23	18:42:25
314	NOSEK Maciej	3061	STALOWA ŁYDA	Senior II M - 30	02:07:22	05:55:48	09:33:19	11:43:33	15:25:20	18:43:08

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
315	KRAWCZYK Mirosław	3140		Weteran II M - 60	02:21:26	06:45:54	10:32:17	12:37:41	15:54:04	18:43:38
316	FRANKOWSKI Dariusz	3491	SZAMANI W TRANSIE	Weteran I M - 50	02:21:52	06:43:38	10:29:39	12:33:01	15:52:54	18:47:43
317	GÓRNY Przemysław	3072	KLUB BIEGACZA SUPERMARATOŃCZYK	Masters M - 40	02:18:16	06:39:05	10:33:47	12:37:33	15:37:40	18:53:30
318	GÓRNY Magdalena	3074	KLUB BIEGACZA SUPERMARATOŃCZYK	Masters K - 40	02:18:16	06:39:05	10:33:45	12:37:34	15:37:37	18:53:35
319	MATUSZEWSKA Małgorzata	3481	RUNNER'S POWER - POWIAT ŚREMSKI	Masters K - 40	02:32:47	06:57:50	10:46:22	12:55:48	15:55:45	18:55:55
320	KACZMAREK Mirosław	3480	RUNNER'S POWER	Senior II M - 30	02:32:49	06:57:49	10:46:32	12:55:51	15:56:33	18:55:55
321	WALCZAK Michał	3258		Masters M - 40	02:13:17	06:31:21	10:46:07	12:55:28	15:55:30	18:56:11
322	ŁUCZAK Marcin	3325		Masters M - 40	02:15:50	06:40:11	10:10:27	12:18:15	15:38:24	18:56:16
323	KAROLEWSKI Maciej	3319	KROTOSZYŃSKA GRUPA BIEGOWA	Masters M - 40	02:04:25	05:48:08	09:43:30	11:52:54	15:22:28	18:56:52
324	SZUMSKI Waldemar	3271	4RUN BROOKS TEAM GDAŃSK	Masters M - 40	02:18:22	06:50:39		12:50:22	14:13:28	18:57:34
325	STAJNIAK-STELIGA Izabela	3451	OBORYGENI	Masters K - 40	02:32:28	06:58:00	11:02:29	13:01:43	15:53:23	18:57:38
326	KAMIŃSKI Krystian	3219	DARKO NIESTEPOWO	Masters M - 40	02:31:44	07:12:18	11:02:28	13:04:26		18:58:48
327	PIERZCHALSKI Sebastian	3063	KBKS RADOMSKO	Senior II M - 30	02:10:47	06:12:42	10:05:17	12:09:07	15:31:58	19:00:00
328	KALISZEWICZ Piotr	3159		Masters M - 40	02:34:11	06:55:05	10:52:04	12:59:43	15:57:31	19:01:16
329	KALISZEWICZ Ewa	3156		Masters K - 40	02:34:45	06:55:47	10:52:32	13:04:26	16:07:55	19:01:27
330	SAMBORSKI Piotr	3041	WKURW_TEAM	Senior II M - 30	02:12:56	05:54:56	09:34:15	11:51:59	15:20:37	19:03:04
331	PARYSZ Anna	3450	STARE BABICE BIEGAJA	Weteran II K - 60	02:26:08	06:57:20	10:43:14	12:59:13	15:53:58	19:05:28
332	KUTYŁA Stanisław	3412	ORANGE POLSKA	Weteran I M - 50	02:22:20	06:33:02	10:14:18	12:29:55	15:58:51	19:07:31
332	KUTYŁA Agnieszka	3411	NIEPOŁOMICE BIEGAJĄ	Weteran K - 50	02:22:19	06:33:03	10:14:21	12:29:56	15:58:56	19:07:34
334	ŁOWICKA Maja	3111	AKTYWNI RAZEM	Senior II K - 30	02:15:58	07:00:23	11:40:33	13:45:26	16:32:18	19:07:53
335	FARBISZEWSKI Marek	3510	ORANGE POLSKA	Masters M - 40	02:20:49	06:26:47	10:12:25	12:30:33	15:43:32	19:11:21
336	SOCHAJ Anna	3113	FUKUNDA	Senior II K - 30	02:18:02	06:29:14	10:20:26	12:55:38	16:19:19	19:16:23
337	BIES Andżeju Jakcinaimię	3460	ZDRAJCY METALU	Masters M - 40	02:16:00	06:31:00	10:34:46	12:51:09	16:23:37	19:18:17
338	ŻEBROWSKI Piotr	3464		Senior II M - 30	02:19:00	06:35:22	10:19:26	12:25:25	15:50:12	19:18:18
339	KOŁODZIEJ Mirosław	3331	WOLNY KRAFT	Senior II M - 30	02:05:28	05:55:02	10:10:17	12:17:05	15:53:18	19:19:22
340	DOMINIAK Bartosz	3027	#BARTEKBIEGA	Masters M - 40	02:10:46	06:29:58	10:28:43	12:40:58	16:08:57	19:20:39
341	PAPIEROWSKA Dagmara	3023		Senior II K - 30	02:29:00	07:11:39	11:07:26	13:03:49	16:19:45	19:21:05
342	DATA Dariusz	3252	KUGUAR XTREME RUNNERS	Weteran I M - 50	03:13:49	07:16:39	11:07:11	13:05:00	16:18:50	19:21:43
343	KUBICA Anna	3387		Masters K - 40	02:25:17	07:17:17	11:04:29	12:53:31	16:02:54	19:22:47
344	TERETYKA Dorota	3024	BIEGAJĄCE KREJZOLE	Masters K - 40	02:29:00	07:11:44	11:07:25	13:03:50	16:19:25	19:23:10
345	LIS Sebastian	3064	KB DĘBIEC	Senior II M - 30	02:29:01	07:11:41	11:07:31	13:03:53	16:19:49	19:23:10
346	SZUMLAS Marcin	3008	ULTRA WAY TEAM	Masters M - 40	02:29:37	06:46:56	10:26:04	12:33:47	16:04:02	19:25:47
347	MUCHA Katarzyna	3208	NOA	Weteran K - 50	02:32:03	06:49:36	10:19:18	12:25:19		19:26:44
348	SOSZYŃSKA Katarzyna	3533	ULTRA WAY TEAM	Masters K - 40	02:17:26	06:47:41	10:26:39	12:34:41	16:04:40	19:26:47
349	POŹNIAK Marcin	3036	NIGHT RUNNERS PYSKOWICE	Senior II M - 30	02:31:43	07:07:54	10:56:12	12:50:31	16:12:06	19:29:04
350	PASTWA Grzegorz	3524		Senior II M - 30	02:26:55	06:48:32	11:18:41	13:41:38	16:28:38	19:29:39
351	MATYJA Rafał	3531		Senior II M - 30	02:17:26	07:28:46	11:00:44	13:05:44	16:27:58	19:30:43
352	KOWAL Sebastian	3479		Senior I M - 20	01:55:27	05:34:11	09:32:28	11:27:41	14:51:02	19:31:17
353	KOSZAŁKA Marcin	3051	FORFITERY	Senior II M - 30	02:17:02	06:37:22	11:01:56		16:27:05	19:31:58
354	LORYŚ Adam	3150	FORFITERY / PLANETA NISKO	Senior II M - 30	02:15:22	06:31:46	11:01:54	13:25:55	16:26:53	19:32:02
355	MICHALSKA Joanna	3222	VELUX	Masters K - 40	02:11:33	06:30:03	10:34:45	12:59:59	16:20:20	19:34:13

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
356	MAJCHRZYCKI Sławomir	3515	TKKF MPK POZNAŃ	Masters M - 40	02:13:21	06:29:57	10:35:37	12:59:54	16:20:47	19:34:23
357	LUBAŃSKI Mateusz	3472	KS DŁUGOŁĘKA 2000	Senior II M - 30	02:13:39	06:30:56	10:19:03	12:29:39	16:06:08	19:37:49
358	STRZELEC Tomasz	3135		Masters M - 40	02:31:15	07:01:59	11:02:19	13:34:13	16:48:40	19:43:04
359	SUŁEK Aldona	3428	ZOELLER TECH	Masters K - 40	02:38:47	07:20:01	11:14:44	13:28:33	16:46:34	19:43:26
360	PIETRUCHA Adam	3425	DRUŻYNA SZPIKU	Senior II M - 30	02:22:06	06:45:17	10:41:47	13:00:09		19:46:36
361	WĘCLEWSKI Marcin	3178		Masters M - 40	02:11:42	06:40:39	11:03:07	13:39:03	17:02:55	19:49:47
362	RUTKOWSKA Małgorzata	3188		Weteran K - 50	02:59:44	08:43:37	13:22:27	15:28:07		19:50:37
363	JANKOWSKI Szymon	3353		Masters M - 40	02:34:09	06:51:04	10:47:35	13:17:29		19:52:25
364	FRAĆKOWIAK Dominik	3068		Senior II M - 30	02:10:52	06:22:21	10:19:32	12:34:42	15:59:39	19:52:53
365	LAJTER Jerzy	3214	4 RUN TEAM PIŁA	Weteran II M - 60	02:40:22	07:32:21	11:39:34	13:54:02	17:13:25	19:54:17
366	WĘGIERSKA Małgorzata	3496		Senior II K - 30	02:05:30	05:55:04	10:21:46	12:55:26	16:31:37	19:54:46
367	STOŁOWSKI Robert	3012		Masters M - 40	02:17:54	06:54:52	11:01:40	13:29:23	16:56:03	19:55:03
368	SOBKOWIAK Sławomir Locco	3385	WRONIECKI KLUB BIEGACZA	Weteran I M - 50	02:17:52	06:47:42	11:01:45	13:29:11	16:55:25	19:55:17
369	SKIBA Anna	3335	KB HARCOWNIK	Masters K - 40	02:25:40	06:48:38	10:50:23	13:05:01	16:44:59	20:00:22
370	PROCHNO Piotr	3001	TRAIL IS OUR WAY	Senior II M - 30	02:10:45	06:20:22	09:57:37	12:06:59	16:09:29	20:03:33
371	NOWAK Iwona	3157	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Masters K - 40	02:30:46	07:49:14	11:40:59	13:45:16	17:00:25	20:04:20
372	BIEDA Bernard	3407		Senior II M - 30	02:12:26	06:40:41	11:04:17	13:39:04	17:03:08	20:05:02
373	CHOŁOTA Marek	3033		Masters M - 40	02:15:20	06:58:21	11:03:35	13:08:36	16:50:15	20:06:47
374	WIECZOREK Sławomir	3388		Masters M - 40	02:17:51	06:54:54	11:01:54	13:30:17	17:11:32	20:07:53
375	LEPIARZ Beata	3347	W KOBIECIE SIŁA	Weteran K - 50	02:20:52	06:43:04	10:49:08	13:27:36	16:49:41	20:09:20
376	KAŻMIERCZAK Aleksandra	3100	SKORUPA SPORT	Masters K - 40	02:30:17	07:27:02	11:42:20	13:46:00	17:16:04	20:09:22
377	CISZEWSKI Krzysztof	3134		Masters M - 40	02:19:39	06:39:22	10:45:29	12:54:31	16:35:24	20:12:53
378	DARSKI Rafał	3124	RECAMIERE	Weteran II M - 60	02:09:39	07:09:00	11:13:45	13:31:50	16:47:55	20:13:19
379	JASTRZĄB-STANDERSKA Joanna	3013		Masters K - 40	02:15:26	06:58:19	11:03:31	13:07:37	16:49:11	20:13:35
380	KONIECZKO Rafał	3031		Weteran I M - 50	02:15:22	06:58:18	11:03:24	13:06:40	16:43:26	20:15:26
381	CZYŻ Łukasz	3034	ES TEAM	Masters M - 40	02:09:36	06:32:27	10:36:10	13:02:21	16:41:21	20:16:21
382	KRAJEWSKA-KŁODA Katarzyna	3155	DRUŻYNA SZPIKU	Masters K - 40	02:29:57	07:19:45	11:27:05	13:58:55	17:17:45	20:19:12
383	BARANIAK Beata	3160	DRUŻYNA SZPIKU	Weteran K - 50	02:29:58	07:19:42	11:26:57	13:58:55	17:17:52	20:19:27
384	OBŁUDKA Adam	3297	BEERSPIRIT	Masters M - 40	02:41:30	07:25:58	11:24:01	13:32:45	17:27:50	20:22:38
385	WITKOWSKA Maria	3095	TEAM DFBG	Weteran II K - 60	02:42:03	07:22:40	11:15:21	13:42:10	17:13:42	20:26:30
386	ZEMANEK Arkadiusz	3459		Masters M - 40	02:43:34	07:34:17	11:39:46	14:07:12	17:24:00	20:34:54
387	KICZINSKA Izabela	3443	4 PUŁK CHEMICZNY	Masters K - 40	02:19:09	06:48:22	10:59:35	13:25:09	16:48:18	20:34:56
388	SZEMIK Kamila	3462		Masters K - 40	02:43:30	07:35:50	11:39:37	14:07:03	17:23:46	20:34:57
389	GOGOLIŃSKI Przemysław	3458		Masters M - 40	02:43:35	07:34:07	11:39:43	14:07:10	17:23:40	20:34:59
390	SZWEDLER-NOWACKA Jolanta	3394		Masters K - 40	02:43:34	07:35:53	11:39:42	14:07:10	17:24:12	20:35:03
391	MUSZYŃSKI Jakub	3248		Senior II M - 30	02:25:38	06:54:37	11:04:39	13:32:20		20:35:55
392	BOTTCHEK Andrzej	3247		Masters M - 40	02:25:39	06:54:34	11:04:34	13:32:18	17:32:43	20:35:55
393	DEMCZAR Jacek	3092		Weteran I M - 50	02:28:03	07:22:57	11:15:53	13:40:12	17:03:38	20:36:02
394	ZARZECZNY Radosław	3085	JUNIOR AMATOR SUPERSTAR	Senior II M - 30	02:34:46	07:16:22	11:15:58	13:41:51	17:13:00	20:36:43
395	STROMIDŁO Sebastian	3065	BR - W STRONĘ ULTRA (PODCAST)	Masters M - 40	02:31:36	07:40:41	11:41:30	14:04:52	17:30:09	20:37:22

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
396	STROMIDŁO Anna	3078	BROWAR DOMOWY HATAK	Masters K - 40	02:31:44	07:40:42	11:41:33	14:04:55	17:30:02	20:37:24
397	BURLIGA Marzena	3368		Masters K - 40	02:35:49	07:16:07	11:16:25	13:34:07	17:32:56	20:40:21
398	WITLICKI Kacper	3193		Senior I M - 20	02:07:15	05:48:27	09:24:34	11:21:55	14:41:12	20:40:24
399	MARUT Kaśka	3350		Masters K - 40	02:31:48	07:07:49	11:14:55	13:31:01	17:22:17	20:40:24
400	MAJEWSKA Gizela	3366	NIGHT RUNNERS PYSKOWICE	Weteran K - 50	02:35:49	07:15:47	11:15:31	13:34:05	17:32:47	20:40:32
401	ŚCIĘGOSZ Daniel	3518	STANWEX II	Senior II M - 30	02:19:00	06:37:11	11:16:14	13:48:12	18:03:43	20:43:35
402	PIETRZYK Sylwester	3115	BIEGOWA KUŹNIA	Weteran I M - 50	02:28:43	07:01:30	11:21:01	13:34:52	17:16:03	20:46:07
403	JASKÓLSKA-PIETRZYK Kinga	3415	BIEGOWA KUŹNIA	Masters K - 40	02:28:45	07:01:33	11:21:04	13:34:54	17:17:09	20:46:12
404	STEC Iwona	3029		Senior II K - 30	02:29:53	06:57:41	11:13:58	13:41:11	17:28:09	20:46:18
405	ŁYSIAK Kasia	3273		Senior II K - 30	02:29:51	06:57:38	11:13:54	13:41:11	17:28:13	20:46:21
406	GORCZYCA Łukasz	3340		Masters M - 40	02:28:31	07:19:23	11:42:02	13:45:49	17:27:50	20:46:36
407	SUCHOCKI Grzegorz	3228	NADAKTYWNI NOWE MIASTECZKO	Weteran I M - 50	02:28:30	07:19:23	11:41:56	13:45:50	17:18:10	20:46:43
408	CHOMICZ Andrzej	3226	NADAKTYWNI NOWE MIASTECZKO	Senior II M - 30	02:28:35	07:19:27	11:42:06	13:45:50	17:25:59	20:47:50
409	BALNER Sebastian	3087	CZARNA TĘCZA	Weteran I M - 50	02:08:42	06:53:21	11:21:06	14:14:51	17:28:20	20:48:54
410	PUCZYŁOWSKI Patryk	3546		Senior II M - 30	02:34:26	07:14:25	11:23:15	13:43:57	17:12:31	20:51:02
411	JONCZYK Jerzy	3285	TUPTUP	Weteran I M - 50	02:34:43	07:29:21	11:40:09	14:03:19	17:36:28	20:52:14
412	KAŁUZIŃSKI Dominik	3067		Senior II M - 30	02:39:16	07:34:53	12:04:02	14:25:42		20:56:01
413	SERAFIN Michał	3151	HWBC	Masters M - 40	02:16:36	06:51:57	11:07:27	13:38:14	17:03:28	20:57:01
414	SURDAKCI Jerzy	3143	DRUŻYNA SZPIKU	Weteran I M - 50	02:34:06	07:39:33	11:53:03	14:34:14		20:58:33
415	WARSZYCKI Artur	3314	BIEGAJĄCE KREJZOLE	Senior II M - 30	02:27:55	07:00:06	11:08:06	13:33:19	18:11:04	21:02:43
416	KROLS Hilde	3440	VOS SCHAFFEN	Weteran II K - 60	02:33:14	07:31:42	11:52:19	14:14:29	17:56:14	21:09:57
417	GINTER Grzegorz	3196	AZS COLLEGIUM MEDICUM UJ	Senior II M - 30	02:22:26	07:32:55	12:40:13	14:47:44	18:04:41	21:10:53
418	PAŁYSA Robert	3527	STANWEX II	Senior I M - 20	02:19:04	06:37:57	11:16:24	13:46:19	18:19:17	21:11:14
419	OSTASZEWSKI Mariusz	3256		Masters M - 40	02:22:43	07:20:49	12:07:26	14:26:35	18:04:57	21:18:12
420	ZYGMUNT Monika	3336		Weteran K - 50	02:31:12	07:19:01	11:35:22	14:14:10	18:05:55	21:26:04
421	SOBASZKIEWICZ Rafał	3206	RUNCROSS ROZGARTY	Weteran I M - 50	02:34:36	07:28:02	11:41:29	14:20:40	18:03:04	21:29:07
422	FUNKA Andrzej	3430	NKB CHYŻY	Weteran II M - 60	02:48:54	07:51:37	12:15:29	14:50:17	18:17:36	21:31:27
423	ALLEN Stephen	3369	BARNET & DISTRICT AC	Weteran II M - 60	02:43:05	07:42:00	12:02:05	14:28:15	18:27:32	21:40:21
424	SYPNIEWSKA Hanna	3512	ULTRAWAY TEAM	Weteran II K - 60	02:50:27	08:03:59	12:17:26	14:44:25	18:08:38	21:42:04
425	OSSOWSKI Arkadiusz	3342	PROJEKT1000UP/RUNEDA	Masters M - 40	02:30:18	07:27:35	11:45:06	14:05:39	18:10:00	21:42:27
426	WOJCIESZAK Klaudia	3192	TEAM ZABIEGANEDNI	Masters K - 40	02:31:43	07:13:13	11:37:09	14:34:09	18:14:58	21:46:01
427	BIEŃ Małgorzata	3011		Masters K - 40	02:31:43	07:13:16	11:37:06	14:34:14	18:14:49	21:46:08
428	KOLEJ Monika	3348	DZIKIE DZIKI GORZÓW	Masters K - 40	02:31:07	07:14:00	11:34:01	14:16:51	18:12:19	21:47:17
429	MROZIK Mariusz	3356	DZIKIE DZIKI GORZÓW	Masters M - 40	02:31:07	07:13:59	11:34:09	14:16:53	18:12:25	21:47:19
430	KOCHAN Grzegorz	3539	KTO DOGONI PSA	Masters M - 40	02:43:05	07:34:03	12:11:29	14:41:19	18:29:21	21:56:35
431	HOJDA Mariusz	3542	COOL GUYS	Masters M - 40	02:20:57	06:58:37	11:56:27	15:07:45	18:51:33	21:59:31

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
432	POKOJSKA Ewa	3416	WYBIEGAJ SIEBIE	Masters K - 40	02:43:38	07:32:13	11:56:11	14:41:02	18:16:01	22:00:11
433	FURYK Karol	3021	PAKOŚĆ BIEGA	Senior II M - 30	02:42:36	07:56:17	12:15:17	14:39:35	18:35:21	22:00:38
434	SCHUMACHER Małgorzata	3022	PAKOŚĆ BIEGA	Senior II K - 30	02:42:38	07:56:17	12:15:20	14:39:37	18:35:17	22:00:41
435	MYRCIK Pawel	3218		Senior II M - 30	02:49:35	08:17:01	13:16:29	15:51:19	19:07:52	22:07:28
436	ICIEK Mariusz	3469	AKTYWNI KAMIEŃSK	Masters M - 40	03:00:35	08:03:06	12:28:45	15:12:51	18:32:49	22:09:09
437	RUTKOWSKI Kazimierz	3272	KUSY I SPÓŁKA	Weteran II M - 60	02:56:25	08:33:00	12:34:40	14:54:45	18:49:30	22:10:37
438	PRZYBYSZEWSKA Dominika	3054	ŚWIERCZEWO RUN	Senior II K - 30	02:29:04	07:11:40	11:15:13	13:44:41	18:04:14	22:12:07
439	POŚPIECH Anna	3439	BIEGOWA KUŹNIA	Senior II K - 30	02:36:02	07:46:31	12:18:55	15:05:29	19:08:32	22:15:32
440	KAŁLAUR Krzysztof	3098		Senior II M - 30	02:32:36	07:16:50	11:54:51	14:32:25	18:36:41	22:21:59
441	WINCZURA Leszek	3213		Weteran I M - 50	02:42:50	08:19:17	13:09:46	15:38:44	19:10:53	22:26:20
442	SZULC Adam	3217	A ŻĄDŁEM CHCESZ?	Masters M - 40	02:42:43	08:19:11	13:09:37	15:37:56	19:10:38	22:26:21
443	REKOSIEWICZ-TOKARZ Monika	3395	ZAWADZKA TEAM/NOCNY BÓR	Masters K - 40	02:45:45	07:39:43	11:55:32	14:31:12	18:43:50	22:26:36
444	JĘDRZEJSKA Beata	3316	MIRAZ RACE TEAM	Masters K - 40	02:49:50	08:43:50	13:03:30	15:45:18	19:16:12	22:26:58
445	MORDZIOŁEK Katarzyna	3053	BIEGOWA KUŹNIA	Masters K - 40	02:34:02	07:46:27	12:18:45	15:05:27	19:08:26	22:27:01
446	ŚWIĘTONIOWSKA Justyna	3056	SAINT TEAM	Masters K - 40	02:45:51	07:39:43	11:55:14	14:31:05	18:43:08	22:27:01
447	PAWĘZOWSKA Anna	3086	BIEGOWA KUŹNIA	Masters K - 40	02:34:14	07:46:31	12:19:04	15:05:30	19:11:40	22:27:02
448	JAGODZIŃSKA Paulina	3043	GANGBIESA/ LOVE'LAS	Masters K - 40	02:33:13	07:22:08	12:02:23	14:33:04	17:53:06	22:27:15
449	POSYNIAK Anna	3171		Masters K - 40	02:34:20	07:22:07	12:02:29	14:32:50	18:38:46	22:27:51
450	POPCZYK Magdalena	3089	BIEGOWA KUŹNIA	Senior II K - 30	02:36:00	07:46:28	12:18:48	15:05:29	19:07:40	22:28:00
451	HOFFMANN Grzegorz	3461	KOŚCIAN TEAM	Masters M - 40	02:46:06	07:57:59	12:20:42	15:11:00	19:02:16	22:28:37
452	GÓRNY Robert	3168	THE-SKY-IS-THE-LIMIT	Senior II M - 30	02:17:25	06:38:55	11:43:00	14:43:39	19:24:55	22:30:22
453	HEJNA Łukasz	3380		Masters M - 40	02:34:11	07:23:14	12:05:18	14:41:23	18:43:05	22:30:34
454	WALIŃSKA Agata	3202	WWW.SPRAWDZAMY-NIERUCHOMOSCI.COM	Senior II K - 30	02:28:24	07:14:13	12:27:27	14:53:02	19:34:00	22:30:52
455	PYZIO Magdalena	3203		Senior II K - 30	02:28:14	07:14:10	12:27:30	14:52:46	19:34:04	22:31:29
456	HELWICH Agnes	3448	HELTEAM	Masters K - 40	02:19:31	06:57:28	12:05:35	15:24:46	19:33:24	22:37:47
457	WALCZAK-WOJTKOWSKA Iwona	3309		Weteran II K - 60	03:05:01	08:43:01	13:02:44	15:45:18	19:16:38	22:46:33
458	SOBCZYK Grzesiu	3310	WIELUŃ BIEGA	Masters M - 40	02:14:50	06:05:09	09:44:42	11:44:41	15:08:18	
459	ZALEWSKI Marcin	3391	ULTRA WAY TEAM	Masters M - 40	02:30:50	07:27:12	11:15:30	13:35:59		
460	TEREBECKI Kamil	3478	BIESZCZADZKIE WILKI	Senior II M - 30	02:57:21	08:36:14		16:45:57	20:27:55	
461	TOPOREK Ewa	3106	WYLOTANE	Senior II K - 30	03:04:02	08:55:23	13:34:04	16:16:42	20:27:22	
462	TOPOREK Krzysztof	3103	WYLOTANE	Senior II M - 30	03:04:04	08:55:24	13:34:02	16:16:46	20:27:18	
463	CZARNECKI Robert	3265		Weteran I M - 50	02:38:11	07:39:33	11:52:30	14:27:26	18:43:55	
464	THEUER-CZARNECKA Małgorzata	3266		Weteran K - 50	02:38:07	07:39:32	11:52:52	14:27:28		
465	BUBEL Sebastian	3183		Masters M - 40	02:49:40	08:17:03	13:16:24	15:51:28	19:33:10	
466	GNIELKA Dawid	3433	CHATKA SKALANKA	Senior II M - 30	02:46:22	07:37:46	12:53:30	15:50:19	19:51:23	
	KOZIŃSKI Wojciech	3261		Senior II M - 30	02:14:10 DNF	DNF	DNF	DNF	DNF	DNF
	ŁUKASIK Marcin	3431	BIEGNIJ OLAWO	Masters M - 40	DNF	DNF	DNF	DNF	DNF	DNF
	MATYSIAK Agnieszka	3413		Masters K - 40	02:14:39 DNF	DNF	DNF	DNF	DNF	DNF

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
	PAWŁOWSKI Marcin	3493		Masters M - 40	01:32:01 DNF	04:14:54 DNF	DNF	DNF	DNF	DNF
	KRYGIER Tomasz	3117	EUROCASH	Senior II M - 30	01:40:00 DNF	04:49:17 DNF	DNF	DNF	DNF	DNF
	KACZMAREK Jędrzej	3396	KP PSP MILICZ	Senior I M - 20	01:50:55 DNF	05:36:23 DNF	DNF	DNF	DNF	DNF
	TOCHA Andrzej	3200	BIEGAJĄCY TCZEW	Senior II M - 30	01:29:21 DNF	04:18:21 DNF	DNF	DNF	DNF	DNF
	KĘDZIORA Marta	3357	ŻUBRY RACE TEAM	Senior II K - 30	02:16:40 DNF	DNF	DNF	DNF	DNF	DNF
	KOĆWIN Michał	3483	ROZBBIEGANI	Senior II M - 30	02:17:43 DNF	06:39:59 DNF	DNF	DNF	DNF	DNF
	STOKŁOSA Michał	3470		Senior II M - 30	02:17:44 DNF	06:40:00 DNF	DNF	DNF	DNF	DNF
	JUNIK Łukasz	3083	MOCNA GRUPA CEZARA	Senior II M - 30	02:06:37 DNF	06:57:19 DNF	DNF	DNF	DNF	DNF
	REGINIA Piotr	3257	4RUN BROOKS TEAM GDAŃSK	Masters M - 40	02:18:38 DNF	06:59:56 DNF	DNF	DNF	DNF	DNF
	ŁOPATYŃSKI Ireneusz	3513	REMA SPORT TEAM	Weteran I M - 50	01:40:19 DNF	04:29:39 DNF	07:17:52 DNF	DNF	DNF	DNF
	HAMPEL Patryk	3184	BODY POWER	Senior II M - 30	02:17:27 DNF	07:28:48 DNF	DNF	DNF	DNF	DNF
	SKORUPA Jacek	3484	EUFORIA BIEGACZA	Masters M - 40	01:28:19 DNF	04:08:01 DNF	07:14:10 DNF	DNF	DNF	DNF
	SARNOWSKI Paweł	3544	BUDIO.PL / AKTYWNY OSTRZESZÓW	Senior II M - 30	01:24:39 DNF	03:59:14 DNF	06:30:18 DNF	07:49:37 DNF	DNF	DNF
	PILARSKI Tomasz	3473	MARCIN ŚWIERC TEAM	Masters M - 40	01:23:38 DNF	03:46:13 DNF	06:19:09 DNF	07:39:30 DNF	DNF	DNF
	STEFANIAK Łukasz	3180		Masters M - 40	01:43:42 DNF	04:43:19 DNF	07:41:05 DNF	DNF	DNF	DNF
	WIELICZKO Rafał	3004		Senior II M - 30	02:31:03 DNF	07:37:38 DNF	DNF	DNF	DNF	DNF
	WIELICZKO Dagmara	3020		Senior II K - 30	02:31:06 DNF	07:37:40 DNF	DNF	DNF	DNF	DNF
	PISAREK Michał	3444		Senior II M - 30	02:19:41 DNF	06:18:49 DNF	DNF	DNF	DNF	DNF
	KSIĄDZ Karol	3534		Senior II M - 30	02:32:15 DNF	07:46:54 DNF	DNF	DNF	DNF	DNF
	KURBIEL Sylwia	3110	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Masters K - 40	02:30:44 DNF	07:49:14 DNF	DNF	DNF	DNF	DNF
	OBARSKA Małgorzata	3170		Weteran II K - 60	03:10:01 DNF	08:59:47 DNF	DNF	DNF	DNF	DNF
	SŁOMKOWSKI Mateusz	3295		Senior II M - 30	02:10:07 DNF	05:35:23 DNF	09:08:03 DNF	DNF	DNF	DNF
	GAŁKOWSKI Krzysztof	3084	KLUB BIEGACZA SUPERMARATOŃCZYK	Senior II M - 30	02:00:52 DNF	05:49:58 DNF	DNF	DNF	DNF	DNF
	CIELOCH Tomasz	3090	KLUB BIEGACZA SUPERMARATOŃCZYK	Senior I M - 20	01:56:46 DNF	05:49:50 DNF	DNF	DNF	DNF	DNF

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
	MAKOWSKA Maja	3497	EAZYMUT.PL/ ON RUNNING	Senior II K - 30	02:10:55 DNF	06:05:53 DNF	DNF	DNF	DNF	DNF
	RATYŃSKI Marek	3373	OTWOCKI TUPTACZ	Masters M - 40	01:42:35 DNF	05:05:05 DNF	DNF	DNF	DNF	DNF
	MAŃSKI Robert	3245	RUN-PASSION.PL	Masters M - 40	01:48:59 DNF	05:08:49 DNF	DNF	DNF	DNF	DNF
	TRZCIŃSKI Paweł	3414		Masters M - 40	02:14:38 DNF	DNF	DNF	DNF	DNF	DNF
	BODZIOCH Grzegorz	3102	GORLICKA GRUPA BIEGOWA	Weteran I M - 50	02:16:53 DNF	06:34:54 DNF	DNF	DNF	DNF	DNF
	JÓZEFIAK Beata	3112		Senior II K - 30	01:54:45 DNF	05:36:54 DNF	10:57:44 DNF	DNF	DNF	DNF
	MALINOWSKI Kamil	3390		Senior I M - 20	02:30:28 DNF	08:21:42 DNF	DNF	DNF	DNF	DNF
	DURAJCZYK Michał	3307		Senior II M - 30	02:18:30 DNF	06:30:57 DNF	10:10:22 DNF	12:12:39 DNF	DNF	DNF
	PRZYBYLSKI Tomasz	3189	TRI TOMAJ	Masters M - 40	02:08:52 DNF	06:27:51 DNF	10:50:38 DNF	13:35:49 DNF	DNF	DNF
	GAWLAS Przemysław	3535		Weteran I M - 50	02:04:59 DNF	05:56:09 DNF	09:37:38 DNF	11:41:49 DNF	14:57:15 DNF	DNF
	ŻUREK Jakub	3508	BEZ ZBĘDNYCH PYTAN	Senior I M - 20	01:30:40 DNF	04:34:27 DNF	07:13:15 DNF	08:47:38 DNF	11:14:18 DNF	DNF
	SUCHODOLA Piotr	3447		Masters M - 40	02:18:50 DNF	06:23:55 DNF	10:27:06 DNF	12:54:03 DNF	DNF	DNF
	POPIELSKI Grzegorz	3040	ROZBIEGANI CHOJNÓW	Masters M - 40	02:32:12 DNF	07:23:49 DNF	11:39:17 DNF	14:15:25 DNF	DNF	DNF
	MAŁECKI Mariusz	3328	OWOCOWE ŻYCIE	Masters M - 40	01:37:20 DNF	DNF	DNF	DNF	DNF	DNF
	STASZYŃSKA Karolina	3468	BIEGAJĄCE KREJZOLE	Masters K - 40	02:14:30 DNF	06:28:30 DNF	10:18:25 DNF	12:24:42 DNF	16:19:53 DNF	DNF
	KOSZAREK Maciej	3503		Weteran I M - 50	02:16:16 DNF	06:28:31 DNF	10:18:29 DNF	12:24:43 DNF	16:15:19 DNF	DNF
	KOWACZEK Marek	3239		Masters M - 40	02:00:46 DNF	06:11:11 DNF	10:41:08 DNF	13:45:14 DNF	18:05:23 DNF	DNF
	KOWALIŃSKI Marek	3452	SPARTA ULTRA TEAM	Weteran I M - 50	02:03:17 DNF	06:35:42 DNF	11:05:26 DNF	13:25:13 DNF	DNF	DNF
	DRABIŃSKI Adrian	3296	BEERSPIRIT	Masters M - 40	02:41:32 DNF	07:25:53 DNF	11:23:49 DNF	13:32:46 DNF	17:27:36 DNF	DNF
	MOROŃ Krzysztof	3495		Senior II M - 30	02:30:03 DNF	08:32:01 DNF	13:23:06 DNF	17:18:56 DNF	DNF	DNF
	RŪŽIČKA Lukáš	3474	RUNSPORT TEAM	Senior II M - 30	01:50:44 DNF	04:56:51 DNF	08:12:51 DNF	DNF	DNF	DNF
	OBARSKI Norbert	3169		Weteran II M - 60	03:09:57 DNF	08:59:48 DNF	13:31:41 DNF	16:22:09 DNF	20:35:22 DNF	DNF
	MATERA Kinga	3220	GRUPA JURA PL	Masters K - 40	02:51:33 DNF	08:32:28 DNF	13:48:09 DNF	17:04:56 DNF	DNF	DNF
	WACHNIENKO Błażej	3338	ZG RUN #ŚLĘZAKTEAM	Senior II M - 30	02:12:36 DNF	06:36:14 DNF	11:00:55 DNF	13:32:01 DNF	17:55:42 DNF	DNF

Znaleziono 517 wynik(ów)