

BIEG K-B-L - 110 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2020-07-16
Miejsce: Łądek-Zdrój
Dystans: 110 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior II K - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A9 15km	A11 40km	A13 70km	A14 85km	A15 98km	Czas netto 110km	Różn	Tempo min/km	Tempo km/h
1	GRUSZKA Aleksandra	3299	WILD ULTRA WARRIORS	Senior II K - 30	1	01:49:16	04:35:32	08:48:11	10:45:57	12:26:59	13:44:36.80		7:29	8 (100%)
2	LORENC Joanna	3313	ENDORFINY WAŚOSZ	Senior II K - 30	2	01:48:59	04:47:32	09:09:22	11:26:21	13:36:30	15:07:07.95	+01:22:31 (9.1%)	8:14	7.3 (91.3%)
3	DETLAFF Patrycja	3306	WILD ULTRA WARRIORS	Senior II K - 30	3	01:49:49	04:55:27	09:40:10	11:45:48	13:44:36	15:09:24.00	+01:24:47 (9.3%)	8:16	7.3 (91.3%)
4	PRZYBYLSKA Katarzyna	3246		Senior II K - 30	4	02:05:59	05:18:21	09:40:41	11:51:39	13:51:01	15:24:08.35	+01:39:31 (10.8%)	8:24	7.1 (88.8%)
5	PIECUCH Karolina	3335		Senior II K - 30	5	01:56:02	05:09:26	09:57:08	12:21:31	14:26:10	16:03:19.70	+02:18:42 (14.4%)	8:45	6.9 (86.3%)
6	GUZERA Justyna	3114		Senior II K - 30	6	01:57:37	05:14:05	09:59:41	12:22:59	14:31:38	16:17:41.15	+02:33:04 (15.7%)	8:53	6.8 (85.0%)
7	GILEWICZ-RACHOWSKA Jagoda	3028	DGR KANCELARIA RADCÓW PRAWNYCH	Senior II K - 30	7	02:04:28	05:39:56	10:49:10	13:27:58	15:51:41	17:28:18.40	+03:43:41 (21.3%)	9:31	6.3 (78.8%)
8	HARKIEWICZ Wiola	3103	ODDYCHAJSWOBODNIE.PL NARAMOWICE BIEGAJĄ	Senior II K - 30	8	02:07:55	05:52:51	11:06:37	13:34:00	15:44:01	17:34:39.90	+03:50:03 (21.8%)	9:35	6.3 (78.8%)
9	NOWAK Natalia	3074	EKIPA Z TARNOWA	Senior II K - 30	9	02:09:32	05:41:20	11:15:44	13:52:11	15:53:13	17:35:05.35	+03:50:28 (21.8%)	9:35	6.3 (78.8%)
10	LENART-KŁOŚ Katarzyna	3015	STAY INSANE	Senior II K - 30	10	02:01:59	05:40:35	11:18:59	14:20:24	16:56:27	18:45:19.90	+05:00:43 (26.7%)	10:13	5.9 (73.8%)
11	NIESPODZIANA Anna	3339	ROGOZIŃSKI KLUB BIEGACZA	Senior II K - 30	11	02:21:09	06:33:15	12:18:53	14:56:00	17:19:03	19:03:36.85	+05:19:00 (27.9%)	10:23	5.8 (72.5%)
12	WIŚNIEWSKA Barbara	3061	SPARTA RUNNERS	Senior II K - 30	12	02:21:59	06:27:41	11:59:31	14:55:34	17:30:39	19:41:58.00	+05:57:21 (30.2%)	10:44	5.6 (70.0%)
13	WIELGAT-KOJDECKA Magdalena	3035	CARBON OCR RACING TEAM	Senior II K - 30	13	02:14:28	06:02:20	11:35:37	14:35:34	17:29:14	19:45:49.75	+06:01:12 (30.5%)	10:46	5.6 (70.0%)
14	STALA-KONDRAKIEWICZ Katarzyna	3048	KB HARCOWNIK JELCZ-LASKOWICE	Senior II K - 30	14	02:34:04	06:51:54	12:27:34	15:30:41	17:57:22	19:45:57.05	+06:01:20 (30.5%)	10:46	5.6 (70.0%)
15	NIEMCZAK Basia	3266	ULTRA KSP	Senior II K - 30	15	02:18:34	06:24:42	12:23:06	15:30:53	18:14:39	20:15:50.85	+06:31:14 (32.2%)	11:03	5.4 (67.5%)

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						A9 15km	A11 40km	A13 70km	A14 85km	A15 98km				netto 110km
16	DZIERGAS Teresa	3225	ULTRA KSP	Senior II K - 30	16	02:23:51	06:26:04	12:58:54	15:55:51	18:45:13	20:50:04.90	+07:05:28 (34.0%)	11:21	5.3 (66.3%)
17	MASZEWSKA-WACH Mariola	3309	RAWA TIM ZAWSZE SLIM	Senior II K - 30	17	02:36:38	07:09:37	13:16:03	16:12:59	18:43:14	20:51:35.65	+07:06:58 (34.1%)	11:22	5.3 (66.3%)
18	OLESZEK Magdalena	3088	BIEGOWA KUŹNIA	Senior II K - 30	18	02:26:01	07:01:28	13:42:45	16:55:54	20:12:11	22:52:11.25	+09:07:34 (39.9%)	12:28	4.8 (60.0%)
	KRUZEL Joanna	3310	BIEGOWE MISIE	Senior II K - 30		DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 19 wynik(ów)