

# BIEG K-B-L - 110 KM

B4SPORT

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Stowarzyszenie TKKF Kompas  
**Data:** 2017-07-20  
**Miejsce:** Łądek Zdrój  
**Dystans:** 110 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior II K - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A9 15km	A11 40km	A12 61km	A13 73km	A14 85km	A15 98km	Czas netto 110km	Czas brutto 110km	Różn	Tempo min/km	Tempo km/h
1	<b>JĘDRASZEK Alicja</b>	<b>5168</b>	KORONA PABIANICE	Senior II K - 30	1	01:59:39	05:08:51	08:07:37	09:40:11	11:56:37	13:55:43	<b>15:34:28.60</b>	<b>15:34:50.95</b>		8:29	7,1 (100%)
2	<b>ŚWITALSKA Jowita (Julja)</b>	<b>5073</b>	NIGHT RUNNERS / NR+	Senior II K - 30	2	01:57:44	05:28:20	08:40:53	10:26:08	12:35:53	14:39:11	<b>16:12:33.20</b>	<b>16:12:39.90</b>	+00:37:48 (3.9%)	8:50	6,8 (85.7%)
3	<b>DREJARZ-KACZMAREK Anna</b>	<b>5165</b>	OXYGEN	Senior II K - 30	3	02:03:38	05:40:39	08:55:52	10:34:49	13:17:52	15:10:39	<b>16:47:59.75</b>	<b>16:48:07.35</b>	+01:13:16 (7.3%)	9:09	6,5 (85.7%)
4	<b>PIASECKA-WSZOŁA Anna</b>	<b>5179</b>	SAINT-GOBAIN SGSQUAD	Senior II K - 30	4	01:57:44	05:37:12	08:51:54	10:33:49	13:16:54	15:26:38	<b>17:09:27.65</b>	<b>17:09:33.45</b>	+01:34:42 (9.2%)	9:21	6,4 (85.7%)
5	<b>NOJSZEWSKA Anika</b>	<b>5112</b>	ULTRAMENTAL.PL	Senior II K - 30	5	01:48:30	05:06:02	08:07:53	10:00:02	12:55:53	15:24:53	<b>17:54:12.25</b>	<b>17:54:18.50</b>	+02:19:27 (13.0%)	9:45	6,1 (85.7%)
6	<b>PALKIJ Aleksandra</b>	<b>5090</b>	KS FORREST LIMANOWA	Senior II K - 30	6		05:59:15	09:35:40	11:36:26	14:31:40	16:46:38	<b>18:32:41.25</b>	<b>18:33:00.60</b>	+02:58:09 (16.0%)	10:06	5,9 (71.4%)
7	<b>SZAROWAR Alicja</b>	<b>5170</b>	STOWARZYSZENIE NOWE GRANICE	Senior II K - 30	7	02:04:10	06:23:51	10:06:49	12:10:41	15:46:49	18:09:41	<b>20:00:52.75</b>	<b>20:01:03.40</b>	+04:26:12 (22.2%)	10:55	5,5 (71.4%)
8	<b>COP Anna</b>	<b>5017</b>	SILESIA ULTRA MOUNTAIN TEAM	Senior II K - 30	8	02:09:55	06:50:06	10:18:40	12:07:52	15:14:40	18:06:50	<b>20:29:03.65</b>	<b>20:29:23.60</b>	+04:54:32 (24.0%)	11:10	5,4 (71.4%)
9	<b>OHLA Justyna</b>	<b>5159</b>	BIEGAM BO NIE LUBIE	Senior II K - 30	9	02:14:56	06:35:38	10:42:37	12:34:42	15:44:37	18:24:26	<b>20:40:10.10</b>	<b>20:40:32.80</b>	+05:05:41 (24.6%)	11:16	5,3 (71.4%)
10	<b>ŚWIGOŃ-SIEJEK Małgorzata</b>	<b>5031</b>		Senior II K - 30	10	02:35:44	07:42:15	12:15:28	14:51:42		21:28:54	<b>23:56:24.40</b>	<b>23:56:56.35</b>	+08:22:05 (34.9%)	13:03	4,6 (57.1%)

Znaleziono 10 wynik(ów)