



# BIEG K-B-L - 110 KM

B4SPORT

**Event:** Dolnośląski Festiwal Biegów Górskich  
**Organiser:** Fundacja MARATONY GÓRSKIE  
**Date:** 2023-07-13  
**Place:** Łądek-Zdrój  
**Distance:** 110 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Classification: Weteran K - 50

Place	Participant	Number	Club	Category	MCat	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km	Net time 110km	Czas brutto 110km	Gap	Pace min/km	Pace km/h
1	<b>GARCZYŃSKA Ania</b>	<b>3131</b>		Weteran K - 50	1	02:13:04	06:02:54	09:17:47	11:05:34	13:47:32	16:14:00	<b>17:50:40.55</b>	<b>17:52:15.75</b>		9:44	6.2 (100%)
2	<b>JAZUKIEWICZ Ewa</b>	<b>3405</b>	EAZYMUT.PL	Weteran K - 50	2	02:15:34	06:03:37	09:27:08	11:15:54	13:46:36	16:18:42	<b>18:20:28.40</b>	<b>18:20:43.25</b>	+00:28:27 (2.6%)	10:00	6 (96.8%)
3	<b>MATUSZCZAK-SZULC Iwona</b>	<b>3541</b>		Weteran K - 50	3	02:15:05	06:02:38	09:30:31	11:25:52	14:11:08	16:43:23	<b>18:36:47.80</b>	<b>18:37:28.65</b>	+00:45:12 (4.0%)	10:09	5.9 (95.2%)
4	<b>SZYMANIEWICZ Kalina</b>	<b>3059</b>	PROJEKT 1000UP	Weteran K - 50	4	02:16:54	06:15:50	09:55:45	11:52:19	14:48:55	17:07:11	<b>18:55:47.20</b>	<b>18:56:19.25</b>	+01:04:03 (5.6%)	10:19	5.8 (93.5%)
5	<b>KUPCZAK Ewa</b>	<b>3453</b>	SPARTA ULTRA TEAM	Weteran K - 50	5	02:03:10	06:15:32	09:42:04	11:42:11	14:55:45	17:52:21	<b>20:09:22.10</b>	<b>20:09:37.15</b>	+02:17:21 (11.4%)	10:59	5.5 (88.7%)
6	<b>RUTKOWSKA Małgorzata</b>	<b>3188</b>		Weteran K - 50	6	02:59:44	08:43:37	13:22:27	15:28:07		19:50:37	<b>21:18:34.00</b>	<b>21:19:34.00</b>	+03:27:18 (16.2%)	11:37	5.2 (83.9%)
7	<b>KUTYŁA Agnieszka</b>	<b>3411</b>	NIEPOŁOMICE BIEGAJA	Weteran K - 50	7	02:22:19	06:33:03	10:14:21	12:29:56	15:58:56	19:07:34	<b>21:18:49.75</b>	<b>21:19:43.35</b>	+03:27:27 (16.2%)	11:37	5.2 (83.9%)
8	<b>MUCHA Katarzyna</b>	<b>3208</b>	NOA	Weteran K - 50	8	02:32:03	06:49:36	10:19:18	12:25:19		19:26:44	<b>22:13:23.35</b>	<b>22:14:08.10</b>	+04:21:52 (19.6%)	12:07	4.9 (79.0%)
9	<b>BARANIAK Beata</b>	<b>3160</b>	DRUŻYNA SZPIKU	Weteran K - 50	9	02:29:58	07:19:42	11:26:57	13:58:55	17:17:52	20:19:27	<b>22:25:55.20</b>	<b>22:27:36.35</b>	+04:35:20 (20.4%)	12:14	4.9 (79.0%)
10	<b>LEPIARZ Beata</b>	<b>3347</b>	W KOBIECIE SIŁA	Weteran K - 50	10	02:20:52	06:43:04	10:49:08	13:27:36	16:49:41	20:09:20	<b>22:44:21.70</b>	<b>22:44:53.05</b>	+04:52:37 (21.4%)	12:24	4.8 (77.4%)
11	<b>MAJEWSKA Gizela</b>	<b>3366</b>	NIGHT RUNNERS PYSKOWICE	Weteran K - 50	11	02:35:49	07:15:47	11:15:31	13:34:05	17:32:47	20:40:32	<b>23:12:02.45</b>	<b>23:13:26.95</b>	+05:21:11 (23.0%)	12:39	4.7 (75.8%)
12	<b>ZYGMUNT Monika</b>	<b>3336</b>		Weteran K - 50	12	02:31:12	07:19:01	11:35:22	14:14:10	18:05:55	21:26:04	<b>24:28:05.40</b>	<b>24:29:30.95</b>	+06:37:15 (27.0%)	13:20	4.5 (72.6%)
13	<b>THEUER-CZARNECKA Małgorzata</b>	<b>3266</b>		Weteran K - 50	13	02:38:07	07:39:32	11:52:52	14:27:28			<b>25:36:39.55</b>	<b>25:37:53.45</b>	+07:45:37 (30.3%)	13:58	4.3 (69.4%)

Total 13 results.