



**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2016-01-06  
**Miejsce:** Jamno  
**Dystans:** 7.4 km

## BIEG KRÓLI - 7.4KM

B4SPORT



Klasyfikacja: K-18

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7.4km	Czas brutto 7.4km	Różn	Tempo min/km	Tempo km/h
1	FRONTCZAK Iza	397	TKKF KOSZALIN	K-18	1	00:00:08	00:33:35.80	00:33:44.35		4:32	13.2 (100%)
2	MRUGALSKA Magdalena	405		K-18	2	00:00:33	00:36:08.60	00:36:41.80	+00:02:32 (7.0%)	4:52	12.3 (93.2%)
3	ŁUKASIEWICZ Ewelina	183		K-18	3	00:00:42	00:36:34.65	00:37:16.75	+00:02:58 (8.1%)	4:56	12.1 (91.7%)
4	CHORAŻY Karolina	372		K-18	4	00:00:20	00:37:01.50	00:37:22.05	+00:03:25 (9.3%)	5:00	12 (90.9%)
5	MAZURKIEWICZ Jolanta	198		K-18	5	00:00:28	00:37:03.50	00:37:32.35	+00:03:27 (9.3%)	5:00	12 (90.9%)
6	GAWIN Paulina	403		K-18	6	00:00:37	00:37:37.25	00:38:14.45	+00:04:01 (10.7%)	5:05	11.8 (89.4%)
7	BROVCHENKO Sylwia	13	ŚWIAT PŁYTEK U KRYSPIŃA	K-18	7	00:00:15	00:38:50.40	00:39:05.55	+00:05:14 (13.5%)	5:14	11.4 (86.4%)
8	JANKOWSKA Monika	95	FOLLOW ME SZCZECINEK	K-18	8	00:00:28	00:40:25.25	00:40:53.35	+00:06:49 (16.9%)	5:27	11 (83.3%)
9	SOKOŁOWSKA Małgorzata	272		K-18	9	00:00:25	00:40:51.65	00:41:16.90	+00:07:15 (17.8%)	5:31	10.9 (82.6%)
10	SZYCA Małgorzata	301		K-18	10	00:00:35	00:42:05.55	00:42:41.35	+00:08:29 (20.2%)	5:41	10.5 (79.5%)
11	TRYBUCHOWICZ Zuzanna	313		K-18	11	00:00:30	00:43:04.45	00:43:34.45	+00:09:28 (22.0%)	5:49	10.3 (78.0%)
12	MICHALCZYK Małgorzata	377		K-18	12	00:00:08	00:43:11.90	00:43:20.70	+00:09:36 (22.2%)	5:50	10.3 (78.0%)
13	NALEŚNIK Agata	380	MW CONSTRUCTION TEAM	K-18	13	00:00:37	00:43:37.25	00:44:14.50	+00:10:01 (23.0%)	5:53	10.2 (77.3%)
14	DĄBROWSKA Katarzyna	31	ROZBIEGANY KOSZALIN	K-18	14	00:00:24	00:43:58.75	00:44:22.80	+00:10:22 (23.6%)	5:56	10.1 (76.5%)
15	CHOŁUJ Joanna	21		K-18	15	00:00:19	00:44:14.15	00:44:34.05	+00:10:38 (24.1%)	5:58	10 (75.8%)
16	LIPIŃSKA Małgorzata	171		K-18	16	00:00:30	00:44:16.70	00:44:46.95	+00:10:40 (24.1%)	5:58	10 (75.8%)
17	TRYBUCHOWICZ Monika	312		K-18	17	00:00:29	00:44:17.95	00:44:47.20	+00:10:42 (24.2%)	5:59	10 (75.8%)
18	LEWANDOWSKA Dominika	169	KLUB	K-18	18	00:00:26	00:45:15.55	00:45:42.05	+00:11:39 (25.8%)	6:07	9.8 (74.2%)
19	JAKUBCZYK Agnieszka	88	BABECZKI KOSZALIN	K-18	19	00:00:30	00:45:48.40	00:46:19.20	+00:12:12 (26.7%)	6:11	9.7 (73.5%)
20	CYRUK Izabela	424		K-18	20	00:00:29	00:46:30.00	00:46:59.00	+00:12:54 (27.7%)	6:17	9.5 (72.0%)
21	SZULC Martyna	297	GRYF LOK BIAŁOGARD	K-18	21	00:00:26	00:47:51.95	00:48:18.25	+00:14:16 (29.8%)	6:28	9.3 (70.5%)
22	WESOŁY Małgorzata	324		K-18	22	00:00:31	00:48:28.05	00:48:59.25	+00:14:52 (30.7%)	6:32	9.2 (69.7%)
23	KALECZYC Joanna	109		K-18	23	00:00:29	00:49:28.30	00:49:57.85	+00:15:52 (32.1%)	6:41	9 (68.2%)

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24	<b>JAKUBOWSKA Anna</b>	<b>89</b>		K-18	24	00:00:36	<b>00:50:03.20</b>	<b>00:50:39.90</b>	+00:16:27 (32.9%)	6:45	8.9 (67.4%)
25	<b>BRZozowska Dominika</b>	<b>15</b>	ROSSBIEGANI	K-18	25	00:00:35	<b>00:51:14.35</b>	<b>00:51:49.50</b>	+00:17:38 (34.4%)	6:55	8.7 (65.9%)
26	<b>MALĄG -BAIK Anna</b>	<b>188</b>		K-18	26	00:00:37	<b>00:53:24.30</b>	<b>00:54:01.40</b>	+00:19:48 (37.1%)	7:12	8.3 (62.9%)

Znaleziono 26 wynik(ów)