



BIEG KRÓLI - 7.4KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-01-06
Miejsce: Jamno
Dystans: 7.4 km



Klasyfikacja: M-18

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7.4km	Czas brutto 7.4km	Różn	Tempo min/km	Tempo km/h
1	WITKOWSKI Mateusz	341	KL ISKRA BIAŁOGARD	M-18	1	00:00:04	00:25:19.35	00:25:23.65		3:25	17.5 (100%)
2	WOJTKIEWICZ Mateusz	393	KB 10 BIAŁOGARD	M-18	2	00:00:04	00:27:06.70	00:27:11.15	+00:01:47 (6.6%)	3:39	16.4 (93.7%)
3	KĘPKA Adrian	124		M-18	3	00:00:04	00:27:55.50	00:28:00.05	+00:02:36 (9.3%)	3:46	15.9 (90.9%)
4	IGNACZAK Piotr	84	KB.10 BIAŁOGARD	M-18	4	00:00:05	00:28:02.65	00:28:07.70	+00:02:43 (9.7%)	3:47	15.8 (90.3%)
5	USTIANOWSKI Wojciech	316	JW1223	M-18	5	00:00:06	00:28:49.50	00:28:55.50	+00:03:30 (12.2%)	3:53	15.4 (88.0%)
6	JAROSZ Jakub	375	TKKF KOSZALIN	M-18	6	00:00:06	00:29:55.45	00:30:02.35	+00:04:36 (15.4%)	4:02	14.8 (84.6%)
7	LIZAKOWSKI Patryk	172		M-18	7	00:00:07	00:30:01.50	00:30:08.55	+00:04:42 (15.7%)	4:03	14.8 (84.6%)
8	BODO Tomasz	8	ROZBIEGANY GOLENIÓW	M-18	8	00:00:04	00:31:06.65	00:31:11.10	+00:05:47 (18.6%)	4:12	14.3 (81.7%)
9	MICKIEWICZ Adam	205	36 DROP MRZEŻYNO	M-18	9	00:00:07	00:31:20.25	00:31:27.90	+00:06:00 (19.2%)	4:14	14.2 (81.1%)
10	JAMNIAK Bartosz	91	MTS HAMER MIASTKO	M-18	10	00:00:05	00:31:51.90	00:31:56.95	+00:06:32 (20.5%)	4:18	13.9 (79.4%)
11	NOGA Sebastian	221	TKKF KOSZALIN	M-18	11	00:00:15	00:32:29.50	00:32:45.45	+00:07:10 (22.1%)	4:23	13.7 (78.3%)
12	WALASEK Robert	321	BARCZEWSKI TEAM	M-18	12	00:00:13	00:32:39.00	00:32:52.10	+00:07:19 (22.4%)	4:24	13.6 (77.7%)
13	ZIELIŃSKI Mateusz	359	SŁONECZNY PATROL KOSZALIN	M-18	13	00:00:14	00:32:55.00	00:33:09.00	+00:07:35 (23.1%)	4:26	13.5 (77.1%)
14	MOKSA Darek	208		M-18	14	00:00:22	00:33:01.70	00:33:24.35	+00:07:42 (23.3%)	4:27	13.4 (76.6%)
15	SZYMCZAK Damian	305		M-18	15	00:00:11	00:33:04.75	00:33:15.80	+00:07:45 (23.4%)	4:28	13.4 (76.6%)
16	JAKUBOWSKI Karol	90	2BZ, JW 1696	M-18	16	00:00:04	00:33:07.10	00:33:11.95	+00:07:47 (23.5%)	4:28	13.4 (76.6%)
17	KAŻMIERCZAK Dawid	121	SAMOCHODÓWKA KOSZALIN	M-18	17	00:00:15	00:33:36.75	00:33:52.60	+00:08:17 (24.7%)	4:32	13.2 (75.4%)
18	NACHYŁA Paweł	215	DZIKI KOSZALIN	M-18	18	00:00:14	00:34:00.75	00:34:15.60	+00:08:41 (25.5%)	4:35	13.1 (74.9%)
19	BROVCHENKO Jurii	14	ŚWIAT PŁYTEK U KRYSPIŃ	M-18	19	00:00:15	00:34:17.60	00:34:33.50	+00:08:58 (26.2%)	4:38	12.9 (73.7%)
20	CYRANKOWSKI Przemysław	25	ZSP1 SŁUPSK	M-18	20	00:00:12	00:34:19.90	00:34:32.80	+00:09:00 (26.2%)	4:38	12.9 (73.7%)
21	ŁABAŃSKI Waldemar	175		M-18	21	00:00:31	00:35:10.85	00:35:41.95	+00:09:51 (28.0%)	4:45	12.6 (72.0%)
22	MROCZKOWSKI Piotr	413		M-18	22	00:00:43	00:36:17.00	00:37:00.20	+00:10:57 (30.2%)	4:54	12.2 (69.7%)
23	FRYDRYCH Wojciech	52		M-18	23	00:00:29	00:36:38.60	00:37:08.25	+00:11:19 (30.9%)	4:57	12.1 (69.1%)

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24	WOJCIECHOWSKI Adrian	347	AMADEUS CROSSTRaining GYM	M-18	24	00:00:31	00:36:44.10	00:37:15.80	+00:11:24 (31.1%)	4:57	12.1 (69.1%)
25	JARKIEWICZ Tomasz	97		M-18	25	00:00:09	00:37:05.00	00:37:14.00	+00:11:45 (31.7%)	5:00	12 (68.6%)
26	KLIMSKI Michał	404		M-18	26	00:00:37	00:37:37.70	00:38:14.80	+00:12:18 (32.7%)	5:05	11.8 (67.4%)
27	CZACH Sebastian	26	RUNNERSWALDE DARŁOWO	M-18	27	00:00:41	00:37:55.60	00:38:37.40	+00:12:36 (33.2%)	5:07	11.7 (66.9%)
28	DORAWA Wojtek	39		M-18	28	00:00:19	00:37:57.25	00:38:17.20	+00:12:37 (33.3%)	5:07	11.7 (66.9%)
29	DORAWA Piotr	40		M-18	29	00:00:20	00:38:10.05	00:38:30.60	+00:12:50 (33.7%)	5:09	11.6 (66.3%)
30	SZPILER Krzysztof	293		M-18	30	00:00:18	00:38:17.30	00:38:35.90	+00:12:57 (33.9%)	5:10	11.6 (66.3%)
31	SPICA Łukasz	274		M-18	31	00:00:23	00:38:54.70	00:39:17.90	+00:13:35 (34.9%)	5:15	11.4 (65.1%)
32	CZAJKOWSKI Łukasz	27	JZF	M-18	32	00:00:13	00:39:20.70	00:39:34.10	+00:14:01 (35.6%)	5:19	11.3 (64.6%)
33	PAWLIK Mateusz	231		M-18	33	00:00:14	00:43:57.50	00:44:12.35	+00:18:38 (42.4%)	5:56	10.1 (57.7%)
34	WIERZBICKI Kacper	329	JW 1223	M-18	34	00:00:08	00:44:01.75	00:44:09.90	+00:18:42 (42.5%)	5:56	10.1 (57.7%)
35	GRELA Maciej	69	FOLLOW ME SZCZECINEK	M-18	35	00:00:27	00:44:42.80	00:45:10.30	+00:19:23 (43.4%)	6:02	9.9 (56.6%)
36	SZULC Adam	300	SZULC RUNNERS TEAM	M-18	36	00:00:25	00:45:16.15	00:45:42.05	+00:19:56 (44.1%)	6:07	9.8 (56.0%)

Znaleziono 36 wynik(ów)