



BIEG KRÓLI - 7.4KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-01-06
Miejsce: Jamno
Dystans: 7.4 km



Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7.4km	Czas brutto 7.4km	Różn	Tempo min/km	Tempo km/h
1	KOŚCIELNIAK Robert	144	TKKF KOSZALIN	M-50	1	00:00:05	00:30:12.35	00:30:17.60		4:04	14.7 (100%)
2	CZYŻEWSKI Janusz	29	KOŁOBRZEG BIEGA MARATON TEAM	M-50	2	00:00:08	00:31:12.20	00:31:20.35	+00:00:59 (3.2%)	4:12	14.2 (96.6%)
3	BOGDANOWICZ Krzysztof	371	TKKF KOSZALIN	M-50	3	00:00:05	00:32:39.85	00:32:45.55	+00:02:27 (7.5%)	4:24	13.6 (92.5%)
4	STANKIEWICZ Wiesław	276		M-50	4	00:00:11	00:33:10.65	00:33:21.90	+00:02:58 (9.0%)	4:28	13.4 (91.2%)
5	KUBIŃSKI Rafał	162	ALLIANZ RUNNING TEAM	M-50	5	00:00:10	00:33:51.50	00:34:01.80	+00:03:39 (10.8%)	4:34	13.1 (89.1%)
6	WILIŃSKI Marek	398		M-50	6	00:00:15	00:34:19.05	00:34:34.55	+00:04:06 (12.0%)	4:38	12.9 (87.8%)
7	WOCH Edward	344		M-50	7	00:00:19	00:34:20.25	00:34:39.30	+00:04:07 (12.0%)	4:38	12.9 (87.8%)
8	NIEMCZUK Dariusz	220		M-50	8	00:00:07	00:34:30.15	00:34:38.10	+00:04:17 (12.5%)	4:39	12.9 (87.8%)
9	SKOWYRSKI Janusz	268	TKKF KOSZALIN/ROWERIA KOSZALIN	M-50	9	00:00:06	00:34:56.25	00:35:02.30	+00:04:43 (13.5%)	4:43	12.7 (86.4%)
10	BUTOWICZ Adam	17		M-50	10	00:00:08	00:35:15.00	00:35:23.25	+00:05:02 (14.3%)	4:45	12.6 (85.7%)
11	ŚWIETLIK Tomasz	308		M-50	11	00:00:09	00:35:21.95	00:35:31.20	+00:05:09 (14.6%)	4:46	12.6 (85.7%)
12	JANUSZEWSKI Jacek	96	NIEZRZESZONY	M-50	12	00:00:10	00:35:28.90	00:35:38.95	+00:05:16 (14.9%)	4:47	12.5 (85.0%)
13	PEŁKA Janusz	233		M-50	13	00:00:12	00:35:55.20	00:36:07.45	+00:05:42 (15.9%)	4:51	12.4 (84.4%)
14	SCHWARZ Ludwik	262		M-50	14	00:00:04	00:35:55.85	00:36:00.60	+00:05:43 (15.9%)	4:51	12.4 (84.4%)
15	WITKA Piotr	339	KLUB ŁEBA MORS POLAND	M-50	15	00:00:14	00:35:58.70	00:36:12.80	+00:05:46 (16.0%)	4:51	12.3 (83.7%)
16	CHUDZIK Zbigniew	24	TKKF KOSZALIN	M-50	16	00:00:18	00:36:31.90	00:36:50.50	+00:06:19 (17.3%)	4:56	12.2 (83.0%)
17	KOPCZEWSKI Dariusz	140		M-50	17	00:00:17	00:38:20.70	00:38:38.05	+00:08:08 (21.2%)	5:10	11.6 (78.9%)
18	KORPAL Cezary	142	ROZBIEGANY KOSZALIN	M-50	18	00:00:27	00:38:40.25	00:39:08.00	+00:08:27 (21.9%)	5:13	11.5 (78.2%)
19	MARCZAK Andrzej	193		M-50	19	00:00:10	00:38:48.15	00:38:58.45	+00:08:35 (22.2%)	5:14	11.4 (77.6%)
20	ŁUCZEJKO Sławomir	181	TEAM BIEGOWY SZCZECINEK	M-50	20	00:00:11	00:38:52.75	00:39:04.25	+00:08:40 (22.3%)	5:15	11.4 (77.6%)
21	STEFANIAK Piotr	281	KLUB ŁEBA MORS POLAND	M-50	21	00:00:12	00:38:56.50	00:39:09.05	+00:08:44 (22.4%)	5:15	11.4 (77.6%)
22	ZAWADA Andrzej	358	ZSP1 SŁUPSK	M-50	22	00:00:33	00:39:15.85	00:39:49.80	+00:09:03 (23.1%)	5:18	11.3 (76.9%)
23	SZAFIRSKI Marek	289	CAMINO SŁUPSK	M-50	23	00:00:26	00:39:51.50	00:40:17.80	+00:09:39 (24.2%)	5:23	11.1 (75.5%)

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24	SZULC Marek	299	SZULC RUNNERS TEAM	M-50	24	00:00:25	00:41:03.85	00:41:29.50	+00:10:51 (26.4%)	5:32	10.8 (73.5%)
25	WOJANOWSKI Zbigniew	346		M-50	25	00:00:15	00:41:17.00	00:41:32.85	+00:11:04 (26.8%)	5:34	10.8 (73.5%)
26	WOLAŃSKI Mariusz	350		M-50	26	00:00:05	00:41:23.10	00:41:28.50	+00:11:10 (27.0%)	5:35	10.7 (72.8%)
27	GOŁOFIT Zbigniew	64		M-50	27	00:00:06	00:42:04.70	00:42:11.60	+00:11:52 (28.2%)	5:41	10.6 (72.1%)
28	GÓRNIAK Stanisław	67	WŁ SŁUPSK	M-50	28	00:00:26	00:44:12.55	00:44:39.25	+00:14:00 (31.7%)	5:58	10 (68.0%)
29	PIOR Mirosław	238	NIEZRZESZONY	M-50	29	00:00:19	00:44:35.65	00:44:54.85	+00:14:23 (32.3%)	6:01	10 (68.0%)
30	SCHMIDT Dariusz	261		M-50	30	00:00:35	00:45:38.65	00:46:13.70	+00:15:26 (33.8%)	6:10	9.7 (66.0%)
31	SŁAWIŃSKI Mariusz	269	WALENIE	M-50	31	00:00:24	00:46:57.05	00:47:21.90	+00:16:44 (35.7%)	6:20	9.5 (64.6%)
32	KĘPIŃSKI Jan	122	ROZBIEGANY KOSZALIN	M-50	32	00:00:23	00:58:28.80	00:58:52.00	+00:28:16 (48.3%)	7:54	7.6 (51.7%)

Znaleziono 32 wynik(ów)