



BIEG KRÓLI - 7KM

B4SPORT

Organizator: Rada Osiedla Jamno - Łabusz, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-01-06
Miejsce: Jamno
Dystans: 7 km



Klasyfikacja: M-16

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Bike_All 3.5km | Czas netto 7km | Czas brutto 7km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------|-------|----------------------------------|-----------|------|-------------|-------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 1 | WITKOWSKI Mateusz | 356 | | M-16 | 1 | 00:00:07 | 00:11:55 | 00:24:10.00 | 00:24:17.15 | | 3:27 | 17.4 (100%) |
| 2 | GAWRON Piotr | 94 | ULKS TALEX BORZYTUCHOM | M-16 | 2 | 00:00:07 | 00:12:27 | 00:25:20.95 | 00:25:28.20 | +00:01:10 (4.7%) | 3:37 | 16.6 (95.4%) |
| 3 | ORZECZOWSKI Kamil | 228 | | M-16 | 3 | 00:00:07 | 00:12:57 | 00:26:04.45 | 00:26:12.35 | +00:01:54 (7.3%) | 3:43 | 16.1 (92.5%) |
| 4 | USTIANOWSKI Wojciech | 323 | JW 1223 (ROZBIEGANY KOSZALIN) | M-16 | 4 | 00:00:09 | 00:13:03 | 00:26:50.00 | 00:26:59.05 | +00:02:40 (9.9%) | 3:50 | 15.7 (90.2%) |
| 5 | SZKOŁUDA Miłosz | 362 | DECATHLON KOSZALIN | M-16 | 5 | 00:00:12 | 00:13:03 | 00:27:19.35 | 00:27:31.80 | +00:03:09 (11.6%) | 3:54 | 15.4 (88.5%) |
| 6 | LUBLEWSKI Dawid | 184 | | M-16 | 6 | 00:00:13 | 00:13:30 | 00:27:55.90 | 00:28:09.20 | +00:03:45 (13.5%) | 3:59 | 15 (86.2%) |
| 7 | MOKSA Dariusz | 207 | | M-16 | 7 | 00:00:09 | 00:14:03 | 00:29:06.15 | 00:29:15.20 | +00:04:56 (17.0%) | 4:09 | 14.4 (82.8%) |
| 8 | STEBELSKI Jasiak | 281 | | M-16 | 8 | 00:00:11 | 00:14:16 | 00:29:22.40 | 00:29:33.80 | +00:05:12 (17.7%) | 4:11 | 14.3 (82.2%) |
| 9 | DUDEK Mateusz | 80 | KOŁOBRZEG BIEGA | M-16 | 9 | 00:00:28 | 00:15:41 | 00:30:35.75 | 00:31:04.00 | +00:06:25 (21.0%) | 4:22 | 13.7 (78.7%) |
| 10 | BOBER Jakub | 43 | AKADEMIA POMORSKA | M-16 | 10 | 00:00:13 | 00:15:18 | 00:31:00.85 | 00:31:14.60 | +00:06:50 (22.1%) | 4:25 | 13.5 (77.6%) |
| 11 | MIELCZAREK Ksawery | 204 | | M-16 | 11 | 00:00:18 | 00:16:42 | 00:32:03.70 | 00:32:21.85 | +00:07:53 (24.6%) | 4:34 | 13.1 (75.3%) |
| 12 | RUTKOWSKI Artur | 267 | RUTKOWSKI TEAM | M-16 | 12 | 00:00:08 | 00:15:32 | 00:32:08.15 | 00:32:16.80 | +00:07:58 (24.8%) | 4:35 | 13.1 (75.3%) |
| 13 | GOŃKA Krzysztof | 102 | DECATHLON KOSZALIN | M-16 | 13 | 00:00:12 | 00:15:54 | 00:32:08.35 | 00:32:21.15 | +00:07:58 (24.8%) | 4:35 | 13.1 (75.3%) |
| 14 | SULL Kacper | 293 | NIGHTRUNNERS | M-16 | 14 | 00:00:32 | 00:16:22 | 00:32:13.70 | 00:32:46.00 | +00:08:03 (25.0%) | 4:36 | 13 (74.7%) |
| 15 | FIRSIOF Konrad | 27 | | M-16 | 15 | 00:00:14 | 00:17:07 | 00:34:23.85 | 00:34:38.40 | +00:10:13 (29.7%) | 4:54 | 12.2 (70.1%) |
| 16 | GOŁASZEWSKI Mateusz | 100 | B-RUN-EK | M-16 | 16 | 00:00:11 | 00:15:51 | 00:34:24.15 | 00:34:35.70 | +00:10:14 (29.8%) | 4:54 | 12.2 (70.1%) |
| 17 | GONTARZ Wojciech | 101 | | M-16 | 17 | 00:00:24 | 00:17:42 | 00:36:12.50 | 00:36:37.20 | +00:12:02 (33.3%) | 5:10 | 11.6 (66.7%) |
| 18 | KOSEL Michał | 358 | | M-16 | 18 | 00:00:28 | 00:18:26 | 00:36:19.80 | 00:36:48.65 | +00:12:09 (33.5%) | 5:11 | 11.6 (66.7%) |
| 19 | WENCŁAWSKI Michał | 330 | ARAGORTEAM/ NIGHT RUNNERS SŁUPSK | M-16 | 19 | 00:00:19 | 00:18:02 | 00:37:11.90 | 00:37:31.45 | +00:13:01 (35.0%) | 5:18 | 11.3 (64.9%) |
| 20 | SPICA Łukasz | 364 | | M-16 | 20 | 00:00:34 | 00:18:45 | 00:37:19.85 | 00:37:54.70 | +00:13:09 (35.3%) | 5:20 | 11.3 (64.9%) |
| 21 | DROZDOWSKI Marcin | 79 | | M-16 | 21 | 00:00:24 | 00:17:39 | 00:37:26.10 | 00:37:50.35 | +00:13:16 (35.4%) | 5:20 | 11.2 (64.4%) |
| 22 | WIERZBICKI Kacper | 334 | | M-16 | 22 | 00:00:35 | 00:19:01 | 00:39:01.05 | 00:39:36.15 | +00:14:51 (38.1%) | 5:34 | 10.8 (62.1%) |
| 23 | SZKATULSKI Tomasz | 301 | DARŁOWO | M-16 | 23 | 00:00:37 | 00:19:42 | 00:40:23.50 | 00:41:00.90 | +00:16:13 (40.2%) | 5:46 | 10.4 (59.8%) |
| 24 | SZULC Adam | 305 | | M-16 | 24 | 00:00:32 | 00:20:16 | 00:41:30.35 | 00:42:02.90 | +00:17:20 (41.8%) | 5:55 | 10.1 (58.0%) |

Znaleziono 24 wynik(ów)