



BIEG KRÓLI - 7KM

B4SPORT

Organizator: Rada Osiedla Jamno - Łąbusz, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-01-06
Miejsce: Jamno
Dystans: 7 km



Klasyfikacja: M-60

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Bike_All 3.5km | Czas netto 7km | Czas brutto 7km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|-------------------------|-----------|------|-------------|-------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 1 | CHUDY Henryk | 63 | K S OLSZEWSKI I SYNOWIE | M-60 | 1 | 00:00:10 | 00:13:54 | 00:28:45.55 | 00:28:55.75 | | 4:06 | 14.6 (100%) |
| 2 | OSOBNIAK Ryszard | 231 | ROZBIEGANY KOSZALIN | M-60 | 2 | 00:00:25 | 00:17:30 | 00:35:14.30 | 00:35:39.90 | +00:06:28 (18.4%) | 5:02 | 11.9 (81.5%) |
| 3 | HELLER Zdzisław | 108 | | M-60 | 3 | 00:00:23 | 00:18:37 | 00:37:16.20 | 00:37:39.25 | +00:08:30 (22.8%) | 5:19 | 11.3 (77.4%) |
| 4 | JUSZCZAK Krzysztof | 131 | | M-60 | 4 | 00:00:40 | 00:19:05 | 00:38:39.15 | 00:39:19.65 | +00:09:53 (25.6%) | 5:31 | 10.9 (74.7%) |
| 5 | WOŹNIAK Stanisław | 343 | | M-60 | 5 | 00:00:26 | 00:20:00 | 00:41:10.90 | 00:41:37.80 | +00:12:25 (30.2%) | 5:53 | 10.2 (69.9%) |
| 6 | PAULIŃSKI Jan | 241 | | M-60 | 6 | 00:00:19 | 00:20:24 | 00:42:34.40 | 00:42:54.10 | +00:13:48 (32.4%) | 6:05 | 9.9 (67.8%) |
| 7 | ZIELIŃSKI Andrzej | 348 | | M-60 | 7 | 00:00:27 | 00:20:38 | 00:42:47.95 | 00:43:15.10 | +00:14:02 (32.8%) | 6:06 | 9.8 (67.1%) |
| 8 | WOJANOWSKI Zbigniew | 339 | BIEGAM BO LUBIĘ | M-60 | 8 | 00:00:20 | 00:21:13 | 00:43:26.65 | 00:43:46.75 | +00:14:41 (33.8%) | 6:12 | 9.7 (66.4%) |
| 9 | PIOR Mirosław | 250 | MORSY Z GRUDZIĄDZA | M-60 | 9 | 00:00:36 | 00:21:16 | 00:44:23.55 | 00:45:00.15 | +00:15:38 (35.2%) | 6:20 | 9.5 (65.1%) |
| 10 | KOZŁOWIECKI Waldemar | 355 | TKKF KOSZALIN | M-60 | 10 | 00:00:40 | 00:22:29 | 00:46:30.90 | 00:47:11.05 | +00:17:45 (38.2%) | 6:38 | 9 (61.6%) |
| 11 | HAUSMAN Andrzej | 107 | KSR ROWERIA | M-60 | 11 | 00:00:29 | 00:23:10 | 00:49:46.30 | 00:50:15.90 | +00:21:00 (42.2%) | 7:06 | 8.4 (57.5%) |
| 12 | JURCZAK Jarosław | 128 | KS HANZA GOLENIÓW | M-60 | 12 | 00:00:19 | 00:26:15 | 00:52:44.30 | 00:53:03.55 | +00:23:58 (45.5%) | 7:32 | 8 (54.8%) |

Znaleziono 12 wynik(ów)