



BIEG LĄDUJ NA OSOWEJ III EDYCJA

B4SPORT

Organizator: Stowarzyszenie Klub Sportowy Olimpia Osowa
Data: 2016-09-25
Miejsce: Gdańsk
Dystans: 10 km



Klasyfikacja: K 30-39

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------------|------------|------------------------------|-----------|------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| 1 | BARANOWSKA-TRZASKO Aleksandra | 4 | | K 30-39 | 1 | 00:00:02 | 00:40:40.95 | 00:40:43.30 | | 4:04 | 14.7 (100%) |
| 2 | BUCEWKA Magda | 18 | LKS ZANTYR SZTUM | K 30-39 | 2 | 00:00:01 | 00:42:23.05 | 00:42:24.45 | +00:01:42 (4.0%) | 4:14 | 14.2 (96.6%) |
| 3 | SIKORA Iwona | 137 | SP 31 GDYNIA | K 30-39 | 3 | 00:00:02 | 00:43:47.50 | 00:43:50.05 | +00:03:06 (7.1%) | 4:22 | 13.7 (93.2%) |
| 4 | ZADWORNA Magdalena | 173 | | K 30-39 | 4 | 00:00:09 | 00:44:01.15 | 00:44:10.15 | +00:03:20 (7.6%) | 4:24 | 13.6 (92.5%) |
| 5 | ZDROJEWSKA Katarzyna | 177 | | K 30-39 | 5 | 00:00:03 | 00:45:14.25 | 00:45:17.75 | +00:04:33 (10.1%) | 4:31 | 13.3 (90.5%) |
| 6 | KOWALSKA Iwona | 181 | | K 30-39 | 6 | 00:00:08 | 00:47:05.50 | 00:47:13.95 | +00:06:24 (13.6%) | 4:42 | 12.7 (86.4%) |
| 7 | MAZUREK Anna | 105 | FABER TEAM | K 30-39 | 7 | 00:00:09 | 00:47:32.30 | 00:47:41.80 | +00:06:51 (14.4%) | 4:45 | 12.6 (85.7%) |
| 8 | BŁASZAK Magdalena | 193 | | K 30-39 | 8 | 00:00:07 | 00:47:38.85 | 00:47:46.60 | +00:06:57 (14.6%) | 4:45 | 12.6 (85.7%) |
| 9 | ŚLIWAK-BŁOŃSKA Anna | 155 | | K 30-39 | 9 | 00:00:10 | 00:48:38.55 | 00:48:48.65 | +00:07:57 (16.4%) | 4:51 | 12.3 (83.7%) |
| 10 | SZYMAŃSKA Monika | 187 | | K 30-39 | 10 | 00:00:09 | 00:49:21.15 | 00:49:30.15 | +00:08:40 (17.6%) | 4:56 | 12.2 (83.0%) |
| 11 | KLUCK Sylwia | 66 | | K 30-39 | 11 | 00:00:03 | 00:49:54.05 | 00:49:57.35 | +00:09:13 (18.5%) | 4:59 | 12 (81.6%) |
| 12 | NIKODEMCZYK Patrycja | 109 | BIGYELLOWFOOT ADVENTURE TEAM | K 30-39 | 12 | 00:00:15 | 00:50:43.30 | 00:50:58.45 | +00:10:02 (19.8%) | 5:04 | 11.8 (80.3%) |
| 13 | BRONICKA Monika | 17 | MARINA POINT | K 30-39 | 13 | 00:00:10 | 00:50:44.45 | 00:50:55.05 | +00:10:03 (19.8%) | 5:04 | 11.8 (80.3%) |
| 14 | BĘDZIAK Anna | 6 | | K 30-39 | 14 | 00:00:10 | 00:52:09.05 | 00:52:19.55 | +00:11:28 (22.0%) | 5:12 | 11.5 (78.2%) |

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|-----|--------------------------------|------------|--|-----------|------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| 15 | KLIMASZEWSKA Małgorzata | 180 | | K 30-39 | 15 | 00:00:03 | 00:53:00.25 | 00:53:04.20 | +00:12:19 (23.2%) | 5:18 | 11.3 (76.9%) |
| 16 | ZAKRZEWSKA Katarzyna | 174 | | K 30-39 | 16 | 00:00:13 | 00:53:24.15 | 00:53:37.75 | +00:12:43 (23.8%) | 5:20 | 11.2 (76.2%) |
| 17 | KRZEMIŃSKA Sylwia | 80 | WYMIATACZE | K 30-39 | 17 | 00:00:10 | 00:54:11.40 | 00:54:22.05 | +00:13:30 (24.9%) | 5:25 | 11.1 (75.5%) |
| 18 | BIESZKE Iza | 7 | WYMIATACZE | K 30-39 | 18 | 00:00:10 | 00:54:11.60 | 00:54:21.80 | +00:13:30 (24.9%) | 5:25 | 11.1 (75.5%) |
| 19 | KUBIK Agnieszka | 83 | BCT TEAM GDYNIA | K 30-39 | 19 | 00:00:03 | 00:54:26.10 | 00:54:29.95 | +00:13:45 (25.3%) | 5:26 | 11 (74.8%) |
| 20 | BORYS-HALULKO Maria | 16 | | K 30-39 | 20 | 00:00:13 | 00:56:05.45 | 00:56:19.15 | +00:15:24 (27.5%) | 5:36 | 10.7 (72.8%) |
| 21 | KOWALIK Wioletta | 76 | WYMIATACZE | K 30-39 | 21 | 00:00:09 | 00:56:20.30 | 00:56:30.05 | +00:15:39 (27.8%) | 5:38 | 10.6 (72.1%) |
| 22 | BLUJ Elżbieta | 9 | | K 30-39 | 22 | 00:00:13 | 00:56:36.60 | 00:56:50.55 | +00:15:55 (28.1%) | 5:39 | 10.6 (72.1%) |
| 23 | PODJASKA Marta | 127 | NAPIERAMY! | K 30-39 | 23 | 00:00:17 | 00:56:51.45 | 00:57:09.05 | +00:16:10 (28.4%) | 5:41 | 10.6 (72.1%) |
| 24 | DALKE Jowita | 24 | | K 30-39 | 24 | 00:00:15 | 00:57:13.00 | 00:57:28.40 | +00:16:32 (28.9%) | 5:43 | 10.5 (71.4%) |
| 25 | ŁUCZYŃSKA Agnieszka | 95 | | K 30-39 | 25 | 00:00:03 | 00:57:34.75 | 00:57:37.80 | +00:16:53 (29.3%) | 5:45 | 10.4 (70.7%) |
| 26 | KOKOT Karolina | 69 | | K 30-39 | 26 | 00:00:10 | 00:57:36.00 | 00:57:46.90 | +00:16:55 (29.4%) | 5:45 | 10.4 (70.7%) |
| 27 | STUPAK Małgorzata | 144 | | K 30-39 | 27 | 00:00:10 | 00:57:36.35 | 00:57:47.25 | +00:16:55 (29.4%) | 5:45 | 10.4 (70.7%) |
| 28 | SZATYBEŁKO Anita | 146 | | K 30-39 | 28 | 00:00:07 | 00:58:16.10 | 00:58:24.05 | +00:17:35 (30.2%) | 5:49 | 10.3 (70.1%) |
| 29 | OBOJSKA Monika | 110 | WYMIATACZE, TRAKTOR TEAM GMINA KWIDZYN | K 30-39 | 29 | 00:00:10 | 01:00:24.50 | 01:00:35.00 | +00:19:43 (32.7%) | 6:02 | 9.9 (67.3%) |
| 30 | PATER Bożena | 118 | | K 30-39 | 30 | 00:00:17 | 01:01:38.80 | 01:01:56.35 | +00:20:57 (34.0%) | 6:09 | 9.7 (66.0%) |
| 31 | MICHALOWSKA Barbara | 106 | WYMIATACZE | K 30-39 | 31 | 00:00:10 | 01:01:38.95 | 01:01:49.05 | +00:20:58 (34.0%) | 6:09 | 9.7 (66.0%) |
| 32 | PIETRZYK Ilona | 124 | BIEGNIJPOZDROWIE.PL | K 30-39 | 32 | 00:00:12 | 01:01:39.35 | 01:01:52.20 | +00:20:58 (34.0%) | 6:10 | 9.7 (66.0%) |
| 33 | GIERGIELEWICZ Agnieszka | 38 | BOJANO BIEGA | K 30-39 | 33 | 00:00:05 | 01:01:40.05 | 01:01:45.20 | +00:20:59 (34.0%) | 6:10 | 9.7 (66.0%) |
| 34 | GÓRKOWSKA Elżbieta | 42 | BOJANO BIEGA | K 30-39 | 34 | 00:00:04 | 01:01:42.00 | 01:01:46.60 | +00:21:01 (34.1%) | 6:10 | 9.7 (66.0%) |
| 35 | BANACH-CYRA Anna | 196 | | K 30-39 | 35 | 00:00:04 | 01:01:50.75 | 01:01:55.35 | +00:21:09 (34.2%) | 6:11 | 9.7 (66.0%) |
| 36 | GRZESIK-URBAN Agnieszka | 46 | WYMIATACZE | K 30-39 | 36 | 00:00:10 | 01:03:03.60 | 01:03:13.80 | +00:22:22 (35.5%) | 6:18 | 9.5 (64.6%) |
| 37 | SECH Anna | 136 | MJR | K 30-39 | 37 | 00:00:10 | 01:06:19.50 | 01:06:30.45 | +00:25:38 (38.7%) | 6:38 | 9 (61.2%) |

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| 37 | KARPIŃSKA Katarzyna | 59 | | K 30-39 | 38 | 00:00:10 | 01:06:19.50 | 01:06:30.35 | +00:25:38 (38.7%) | 6:38 | 9 (61.2%) |
| 39 | BLUJ-BRUDEREK Monika | 11 | ACTIVE TEAM OSNIP WP GDYNIA | K 30-39 | 39 | 00:00:13 | 01:09:57.45 | 01:10:11.05 | +00:29:16 (41.8%) | 6:59 | 8.6 (58.5%) |

Znaleziono 39 wynik(ów)