



BIEG ŁĄDUJ NA OSOWEJ III EDYCJA

B4SPORT

Organizator: Stowarzyszenie Klub Sportowy Olimpia Osowa
Data: 2016-09-25
Miejsce: Gdańsk
Dystans: 10 km



Klasyfikacja: M 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	RUCIŃSKI Jakub	134	CENTRUM JĘZYKA ANGIELSKIEGO HELEN DORON GDAŃSK OSOWA	M 40-49	1	00:00:01	00:35:46.25	00:35:47.35		3:34	16.8 (100%)
2	RYGIEL Krzysztof	135		M 40-49	2	00:00:01	00:40:19.80	00:40:21.45	+00:04:33 (11.3%)	4:02	14.9 (88.7%)
3	BŁASZAK Roman	12	NIEZRZESZONY	M 40-49	3	00:00:01	00:40:44.90	00:40:46.75	+00:04:58 (12.2%)	4:04	14.7 (87.5%)
4	WÓJCIK Damian	169	RUNNERSWALDE DARŁOWO	M 40-49	4	00:00:03	00:40:53.30	00:40:56.80	+00:05:07 (12.5%)	4:05	14.7 (87.5%)
5	PANKOWSKI Tomasz	115	BALTIC-STAR	M 40-49	5	00:00:03	00:41:29.85	00:41:33.65	+00:05:43 (13.8%)	4:09	14.5 (86.3%)
6	JAKUBEK Zbigniew Zibi	51		M 40-49	6	00:00:01	00:41:47.00	00:41:48.65	+00:06:00 (14.4%)	4:10	14.4 (85.7%)
7	PALISZEWSKI Sławek	114		M 40-49	7	00:00:04	00:41:48.20	00:41:52.60	+00:06:01 (14.4%)	4:10	14.4 (85.7%)
8	FORMELA Sebastian	35		M 40-49	8	00:00:06	00:44:48.80	00:44:55.10	+00:09:02 (20.2%)	4:28	13.4 (79.8%)
9	HIRSZ Maciej	49	MAG-MA KOLEKTYW SPORTOWY	M 40-49	9	00:00:09	00:45:08.70	00:45:18.00	+00:09:22 (20.8%)	4:30	13.3 (79.2%)
10	KONASZEWSKI Sławomir	71	OSOWA RALLY TEAM	M 40-49	10	00:00:14	00:45:31.60	00:45:45.85	+00:09:45 (21.4%)	4:33	13.2 (78.6%)
11	APANASEWICZ Robert	2	ARRO RUNNERS TEAM	M 40-49	11	00:00:08	00:45:54.30	00:46:02.70	+00:10:08 (22.1%)	4:35	13.1 (78.0%)
12	PŁACHTA Jacek	182		M 40-49	12	00:00:20	00:46:46.45	00:47:07.05	+00:11:00 (23.5%)	4:40	12.8 (76.2%)
13	ARCIEMIUK Mariusz	3	DELPHI GDAŃSK	M 40-49	13	00:00:07	00:46:50.15	00:46:57.90	+00:11:03 (23.6%)	4:41	12.8 (76.2%)
14	DRESZLER Wiesław	28		M 40-49	14	00:00:14	00:47:28.70	00:47:43.40	+00:11:42 (24.7%)	4:44	12.6 (75.0%)

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15	PATYK Artur	119	ARRO RUNNERS TEAM	M 40-49	15	00:00:08	00:48:02.60	00:48:11.30	+00:12:16 (25.5%)	4:48	12.5 (74.4%)
16	KLOSKOWSKI Dariusz	202		M 40-49	16	00:00:06	00:49:03.25	00:49:09.70	+00:13:17 (27.1%)	4:54	12.2 (72.6%)
17	CHARYTONIUK Mirosław	20	MAG-MA KOLEKTYW SPORTOWY	M 40-49	17	00:00:09	00:49:21.65	00:49:31.10	+00:13:35 (27.5%)	4:56	12.2 (72.6%)
18	ŁUKASZEWICZ Daniel	96	MAG-MA KOLEKTYW SPORTOWY	M 40-49	18	00:00:09	00:49:21.95	00:49:31.10	+00:13:35 (27.5%)	4:56	12.2 (72.6%)
19	ŚMIGIELSKI Arkadiusz	156		M 40-49	19	00:00:23	00:50:05.75	00:50:28.80	+00:14:19 (28.6%)	5:00	12 (71.4%)
20	SZYMAŃSKI Radek	152		M 40-49	20	00:00:07	00:50:30.75	00:50:38.05	+00:14:44 (29.2%)	5:03	11.9 (70.8%)
21	MIEDLAR Mariusz	107		M 40-49	21	00:00:16	00:51:05.65	00:51:21.65	+00:15:19 (30.0%)	5:06	11.7 (69.6%)
22	SZPAKIEWICZ Maciej	150		M 40-49	22	00:00:11	00:51:27.60	00:51:38.90	+00:15:41 (30.5%)	5:08	11.7 (69.6%)
23	KACZMAREK Krzysztof	188		M 40-49	23	00:00:12	00:51:56.25	00:52:08.60	+00:16:10 (31.1%)	5:11	11.6 (69.0%)
24	GAIK Karol	37	WUJSON	M 40-49	24	00:00:16	00:52:03.20	00:52:19.40	+00:16:16 (31.3%)	5:12	11.5 (68.5%)
25	PIŁASIEWICZ Ireneusz	125	SP 44	M 40-49	25	00:00:05	00:52:28.80	00:52:34.60	+00:16:42 (31.8%)	5:14	11.4 (67.9%)
26	DZIKIEWICZ Krzysztof	31	BOJANO BIEGA	M 40-49	26	00:00:06	00:52:35.70	00:52:42.05	+00:16:49 (32.0%)	5:15	11.4 (67.9%)
27	KWIDZIŃSKI Ireneusz	87		M 40-49	27	00:00:05	00:52:57.80	00:53:03.45	+00:17:11 (32.5%)	5:17	11.3 (67.3%)
28	PRACOŃ Maciej	203		M 40-49	28	00:00:19	00:52:58.00	00:53:17.40	+00:17:11 (32.5%)	5:17	11.3 (67.3%)
29	PAWLAK Sebastian	122	ZGNIŁE JAJO	M 40-49	29	00:00:11	00:53:07.55	00:53:19.30	+00:17:21 (32.7%)	5:18	11.3 (67.3%)
30	ĆWIKLIŃSKI Artur	23		M 40-49	30	00:00:12	00:53:10.80	00:53:23.05	+00:17:24 (32.7%)	5:19	11.3 (67.3%)
31	KRZEWIŃSKI Mariusz	81	KROPLA BESKIDU	M 40-49	31	00:00:12	00:53:14.85	00:53:27.60	+00:17:28 (32.8%)	5:19	11.3 (67.3%)
32	ZARĘBSKI Maciej	175		M 40-49	32	00:00:06	00:54:00.15	00:54:06.60	+00:18:13 (33.8%)	5:24	11.1 (66.1%)
33	PASZTALENIEC Władysław	117		M 40-49	33	00:00:11	00:54:03.10	00:54:14.85	+00:18:16 (33.8%)	5:24	11.1 (66.1%)
34	BIESZKE Sebastian	200	OSOWA	M 40-49	34	00:00:19	00:56:13.30	00:56:32.70	+00:20:27 (36.4%)	5:37	10.7 (63.7%)
35	OSIECKI Adam	111	NIEZRZESZONY	M 40-49	35	00:00:20	00:57:23.15	00:57:43.30	+00:21:36 (37.7%)	5:44	10.5 (62.5%)
36	TACZALSKI Paweł	199		M 40-49	36	00:00:19	00:58:55.10	00:59:14.30	+00:23:08 (39.3%)	5:53	10.2 (60.7%)
37	KOŁTUN Mariusz	70		M 40-49	37	00:00:09	00:59:17.65	00:59:26.75	+00:23:31 (39.7%)	5:55	10.1 (60.1%)

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38	RADOMSKI Wojciech	132		M 40-49	38	00:00:19	01:04:25.30	01:04:45.20	+00:28:39 (44.5%)	6:26	9.3 (55.4%)

Znaleziono 38 wynik(ów)