



BIEG ŁĄDUJ NA OSOWEJ IV EDYCJA

B4SPORT

Organizator: Stowarzyszenie Klub Sportowy Olimpia Osowa
Data: 2017-09-24
Miejsce: Gdańsk
Dystans: 10 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	BARANOWSKA-TRZASKO Aleksandra	3	EL CONTRAGOLPE/STUDIO S7	K 30-39	1	00:00:04	00:41:43.05	00:41:47.05		4:10	14.4 (100%)
2	SŁOWIKOWSKA Klaudia	174	BIEGOWYŚWIAT.PL	K 16-29	1	00:00:05	00:44:06.20	00:44:12.00	+00:02:23 (5.4%)	4:24	13.6 (94.4%)
3	KALINOWSKA-BIEGAŁA Marta	159		K 16-29	2	00:00:05	00:44:55.55	00:45:01.50	+00:03:12 (7.1%)	4:29	13.4 (93.1%)
4	KOPEĆ Kasia	62		K 16-29	3	00:00:06	00:47:01.20	00:47:07.80	+00:05:18 (11.3%)	4:42	12.8 (88.9%)
5	PRZYKŁOTA Paulina	113		K 16-29	4	00:00:06	00:47:24.90	00:47:31.65	+00:05:41 (12.0%)	4:44	12.7 (88.2%)
6	BŁOCKA Joanna	8		K 16-29	5	00:00:06	00:48:20.60	00:48:27.15	+00:06:37 (13.7%)	4:50	12.4 (86.1%)
7	ZDROJEWSKA Katarzyna	166		K 30-39	2	00:00:06	00:49:15.60	00:49:22.15	+00:07:32 (15.3%)	4:55	12.2 (84.7%)
8	RICHERT Danuta	118	KOBIETA W BIEGU	K 40-49	1	00:00:07	00:49:20.20	00:49:28.00	+00:07:37 (15.4%)	4:56	12.2 (84.7%)
9	SZYMAŃSKA Monika	136		K 30-39	3	00:00:08	00:50:43.35	00:50:52.05	+00:09:00 (17.8%)	5:04	11.8 (81.9%)
10	SAMSON Hania	162	OLIMPIA OSOWA	K 16-29	6	00:00:12	00:51:21.25	00:51:33.90	+00:09:38 (18.8%)	5:08	11.7 (81.3%)
11	DRANKA Ewelina	23	MOL	K 30-39	4	00:00:05	00:51:22.25	00:51:27.95	+00:09:39 (18.8%)	5:08	11.7 (81.3%)
12	RACZKOWSKA Anna	163	OLIMPIA OSOWA	K 16-29	7	00:00:12	00:52:45.05	00:52:57.80	+00:11:02 (20.9%)	5:16	11.4 (79.2%)
13	MICHALAK Kamila	87	KLUB BIEGACZY JYSK	K 30-39	5	00:00:06	00:52:55.15	00:53:01.70	+00:11:12 (21.2%)	5:17	11.3 (78.5%)
14	RYDLEWICZ Justyna	121	KOBIETA W BIEGU	K 16-29	8	00:00:07	00:54:18.20	00:54:25.75	+00:12:35 (23.2%)	5:25	11 (76.4%)
15	PIETRZYK Ilona	106	BIEGNIJPOZDROWIE.PL	K 30-39	6	00:00:17	00:54:20.60	00:54:38.55	+00:12:37 (23.2%)	5:26	11 (76.4%)
16	DALKE Jowita	19	ZABIEGANE DWIE	K 30-39	7	00:00:14	00:54:38.00	00:54:52.80	+00:12:54 (23.6%)	5:27	11 (76.4%)
17	WIŚNIEWSKA Kornelia	149	ZABIEGANE DWIE	K 40-49	2	00:00:14	00:54:38.25	00:54:52.90	+00:12:55 (23.6%)	5:27	11 (76.4%)
18	KLUCK Sylwia	153		K 30-39	8	00:00:12	00:54:52.45	00:55:04.80	+00:13:09 (24.0%)	5:29	10.9 (75.7%)
19	SZUSTEK Natalia	132	SZUSTY TEAM :-)	K 30-39	9	00:00:05	00:56:39.85	00:56:45.80	+00:14:56 (26.4%)	5:40	10.6 (73.6%)
20	DAMPS Karolina	20	INTERPLASTIC OLIMPIA OSOWA GDAŃSK	K 16-29	9	00:00:14	00:57:30.20	00:57:44.30	+00:15:47 (27.5%)	5:45	10.4 (72.2%)
21	SZUMSKA Żaneta	131		K 30-39	10	00:00:23	00:57:31.50	00:57:55.15	+00:15:48 (27.5%)	5:45	10.4 (72.2%)
22	TRZASKOWSKA Justyna	142		K 30-39	11	00:00:25	00:58:10.25	00:58:35.75	+00:16:27 (28.3%)	5:49	10.3 (71.5%)
23	KORDEK Monika	160		K 16-29	10	00:00:13	00:58:52.80	00:59:06.70	+00:17:09 (29.1%)	5:53	10.2 (70.8%)
24	CIEKLIŃSKA Barbara	15	KOBIET W BIEGU GDYNIA	K 40-49	3	00:00:13	00:59:03.30	00:59:16.70	+00:17:20 (29.4%)	5:54	10.2 (70.8%)
25	CHYLIŃSKA Dorota	14		K 50-59	1	00:00:08	00:59:07.80	00:59:16.20	+00:17:24 (29.4%)	5:54	10.1 (70.1%)
26	WARUSZEWSKA-KRACHULEC Ewa	147		K 40-49	4	00:00:08	00:59:11.55	00:59:19.65	+00:17:28 (29.5%)	5:55	10.1 (70.1%)
27	TYSZER Bożena	144		K 30-39	12	00:00:16	00:59:16.35	00:59:33.20	+00:17:33 (29.6%)	5:55	10.1 (70.1%)

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28	HANDZLIK Marta	41	BONBON	K 30-39	13	00:00:13	00:59:40.15	00:59:53.80	+00:17:57 (30.1%)	5:58	10.1 (70.1%)
29	RUTKOWSKA Joanna	120		K 40-49	5	00:00:11	00:59:44.65	00:59:56.15	+00:18:01 (30.2%)	5:58	10 (69.4%)
30	WALCZUK Barbara	146		K 30-39	14	00:00:11	00:59:50.95	01:00:02.70	+00:18:07 (30.3%)	5:59	10 (69.4%)
31	KANTECKA Renata	51	BIEGAM BO LUBIĘ	K 30-39	15	00:00:04	00:59:57.75	01:00:02.55	+00:18:14 (30.4%)	5:59	10 (69.4%)
32	ZAKRZEWSKA Kasia	152		K 30-39	16	00:00:07	01:00:02.45	01:00:10.20	+00:18:19 (30.5%)	6:00	10 (69.4%)
33	SZYCHTA Ania	135	INTERPLASTIC OLIMPIA OSOWA	K 16-29	11	00:00:14	01:00:22.50	01:00:36.50	+00:18:39 (30.9%)	6:02	9.9 (68.8%)
34	MISZKIEL Iwona	92	BIEGAM BO LUBIĘ	K 40-49	6	00:00:04	01:00:38.60	01:00:43.40	+00:18:55 (31.2%)	6:03	9.9 (68.8%)
35	ŁUBKOWSKA Grażyna	79	BIEGAJ Z GŁOWĄ/TABATA	K 60+	1	00:00:10	01:01:37.90	01:01:48.75	+00:19:54 (32.3%)	6:09	9.7 (67.4%)
36	ŁUCZYŃSKA Agnieszka	80		K 30-39	17	00:00:12	01:02:00.15	01:02:12.50	+00:20:17 (32.7%)	6:12	9.7 (67.4%)
37	KRAUSE Dorota	68		K 16-29	12	00:00:15	01:03:00.50	01:03:16.05	+00:21:17 (33.8%)	6:18	9.5 (66.0%)
38	DUCH Julia	24		K 30-39	18	00:00:18	01:07:21.25	01:07:39.70	+00:25:38 (38.1%)	6:44	8.9 (61.8%)
39	JASTRZĘBOWSKA Natalia	45	BIGYELLOWFOOT ADVENTURE TEAM	K 16-29	13	00:00:17	01:11:27.85	01:11:45.10	+00:29:44 (41.6%)	7:08	8.4 (58.3%)
40	MADANY Anita	84	OSIEDLOWE ALEJKI	K 50-59	2	00:00:11	01:11:43.30	01:11:54.45	+00:30:00 (41.8%)	7:10	8.4 (58.3%)
41	KACZMAREK Sylwia	50		K 40-49	7	00:00:14	01:12:27.35	01:12:42.30	+00:30:44 (42.4%)	7:14	8.3 (57.6%)
42	KWIECIEN Marzena	71	PRUSZCZ BIEGA	K 30-39	19	00:00:16	01:14:18.80	01:14:34.95	+00:32:35 (43.9%)	7:25	8.1 (56.3%)
43	THRUN Aleksandra	138	PRUSZCZ BIEGA	K 30-39	20	00:00:16	01:14:18.85	01:14:35.30	+00:32:35 (43.9%)	7:25	8.1 (56.3%)
44	JANKOWSKA Kasia	154		K 40-49	8	00:00:12	01:17:50.30	01:18:03.00	+00:36:07 (46.4%)	7:47	7.7 (53.5%)

Znaleziono 44 wynik(ów)