



BIEG ŁĄDUJ NA OSOWEJ IV EDYCJA

B4SPORT

Organiser: Stowarzyszenie Klub Sportowy Olimpia Osowa
Date: 2017-09-24
Place: Gdańsk
Distance: 10 km



Classification: M 30-39

Place	Participant	Number	Club	Category	MCat	Start time	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	GUZ Andrzej	40	UNBOUNDED	M 30-39	1	00:00:04	00:36:43.60	00:36:48.40		3:40	16.3 (100%)
2	BIEGAŁA Marek	158	BIKE U UP- HELEN DORON	M 30-39	2	00:00:04	00:37:06.70	00:37:10.80	+00:00:23 (1.0%)	3:42	16.2 (99.4%)
3	PIONK Rafał	108	STUDIO S7 BANINO	M 30-39	3	00:00:04	00:37:28.85	00:37:33.00	+00:00:45 (2.0%)	3:44	16 (98.2%)
4	GAJEWSKI Bartek	30	GWBA	M 30-39	4	00:00:03	00:37:44.20	00:37:47.70	+00:01:00 (2.7%)	3:46	15.9 (97.5%)
5	CZAJKOWSKI Paweł	16	BCT GDYNIA	M 30-39	5	00:00:04	00:39:54.10	00:39:58.30	+00:03:10 (8.0%)	3:59	15 (92.0%)
6	MAKOWSKI Paweł	86	AWET PLUS	M 30-39	6	00:00:03	00:41:10.00	00:41:13.85	+00:04:26 (10.8%)	4:07	14.6 (89.6%)
7	LIDZBARSKI Marcin	76		M 30-39	7	00:00:04	00:41:11.45	00:41:15.60	+00:04:27 (10.8%)	4:07	14.6 (89.6%)
8	SMÓŁKOWSKI Marcin	124	RUMIA RUNNER	M 30-39	8	00:00:03	00:41:45.95	00:41:49.80	+00:05:02 (12.1%)	4:10	14.4 (88.3%)
9	KŁUDZIAK Andrzej	59	BIEGACZE PÓŁNOCY	M 30-39	9	00:00:08	00:42:26.95	00:42:35.15	+00:05:43 (13.5%)	4:14	14.1 (86.5%)
10	TORBICZ Piotr	140	BBL AWF GDAŃSK	M 30-39	10	00:00:07	00:42:41.60	00:42:48.80	+00:05:58 (14.0%)	4:16	14.1 (86.5%)
11	SZUMLAS Rafał	167		M 30-39	11	00:00:04	00:43:09.25	00:43:13.65	+00:06:25 (14.9%)	4:18	13.9 (85.3%)
12	GRUCHAŁA Robert	38	PADŁ NA RYJ TEAM	M 30-39	12	00:00:20	00:43:25.05	00:43:45.35	+00:06:41 (15.4%)	4:20	13.8 (84.7%)
13	LEHMANN Dawid	72		M 30-39	13	00:00:04	00:43:27.25	00:43:32.15	+00:06:43 (15.5%)	4:20	13.8 (84.7%)
14	SZUSTEK Adam	133	SZUSTY TEAM :-)	M 30-39	14	00:00:05	00:44:52.75	00:44:58.05	+00:08:09 (18.2%)	4:29	13.4 (82.2%)
15	PASCHKE Roman	100	SHIPCUP	M 30-39	15	00:00:13	00:45:40.05	00:45:53.50	+00:08:56 (19.6%)	4:34	13.1 (80.4%)
16	KANTECKI Tomasz	52	BIEGAM BO LUBIĘ	M 30-39	16	00:00:05	00:46:19.75	00:46:25.50	+00:09:36 (20.7%)	4:38	12.9 (79.1%)
17	KARLIKOWSKI Maciej	54	GRUPA BIEGOWA GLC	M 30-39	17	00:00:12	00:47:16.95	00:47:29.05	+00:10:33 (22.3%)	4:43	12.7 (77.9%)
18	SKOPCZYŃSKI Jarek	122	BIEGOWYSWIAT.PL	M 30-39	18	00:00:06	00:47:25.45	00:47:32.15	+00:10:41 (22.6%)	4:44	12.6 (77.3%)
19	FALBA Paweł	26		M 30-39	19	00:00:12	00:47:51.10	00:48:03.90	+00:11:07 (23.2%)	4:47	12.5 (76.7%)
20	PAGA Marcin	99		M 30-39	20	00:00:11	00:48:53.85	00:49:05.35	+00:12:10 (24.9%)	4:53	12.3 (75.5%)
21	BRZESKI Michał	10	PASIEKA KASZUBY	M 30-39	21	00:00:18	00:49:05.65	00:49:24.40	+00:12:22 (25.2%)	4:54	12.2 (74.8%)
22	HUBERT Jakub	42		M 30-39	22	00:00:22	00:49:14.70	00:49:36.90	+00:12:31 (25.4%)	4:55	12.2 (74.8%)
23	KWIATKOWSKI Michał	178		M 30-39	23	00:00:07	00:49:41.00	00:49:48.15	+00:12:57 (26.1%)	4:58	12.1 (74.2%)
24	RESKE Daniel	117	THYSSENKRUPP	M 30-39	24	00:00:07	00:49:55.80	00:50:03.30	+00:13:12 (26.4%)	4:59	12 (73.6%)
25	NOWICKI Jarosław	95		M 30-39	25	00:00:17	00:49:56.85	00:50:14.15	+00:13:13 (26.5%)	4:59	12 (73.6%)
26	GAJEWSKI Krzysztof Teofor	31	JAZZYRUNNER	M 30-39	26	00:00:07	00:50:12.60	00:50:20.55	+00:13:29 (26.9%)	5:01	11.9 (73.0%)
27	KORNACKI Piotr	169	KWT ROWEROWE KASZUBY	M 30-39	27	00:00:24	00:50:24.40	00:50:49.30	+00:13:40 (27.1%)	5:02	11.9 (73.0%)

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28	CZECHOLIŃSKI Michał	18	OGNISTY KOGUT	M 30-39	28	00:00:09	00:50:53.00	00:51:02.60	+00:14:09 (27.8%)	5:05	11.8 (72.4%)
29	WRÓBEL Maciej	151		M 30-39	29	00:00:13	00:52:32.50	00:52:45.60	+00:15:48 (30.1%)	5:15	11.4 (69.9%)
30	SZYMAŃSKI Marek	137		M 30-39	30	00:00:08	00:53:08.60	00:53:17.00	+00:16:25 (30.9%)	5:18	11.3 (69.3%)
31	TUSZYŃSKI Maciek	143	OSAKA	M 30-39	31	00:00:20	00:53:08.85	00:53:29.15	+00:16:25 (30.9%)	5:18	11.3 (69.3%)
32	SMYK Sławomir	125	BIGYELLOWFOOT ADVENTURE TEAM	M 30-39	32	00:00:16	00:53:22.40	00:53:38.50	+00:16:38 (31.2%)	5:20	11.2 (68.7%)
33	KRUPA Łukasz	69	EFEKT JOŁ JOŁ	M 30-39	33	00:00:11	00:53:42.40	00:53:54.00	+00:16:58 (31.6%)	5:22	11.2 (68.7%)
34	DATA Karol	21		M 30-39	34	00:00:18	00:54:20.00	00:54:38.25	+00:17:36 (32.4%)	5:26	11 (67.5%)
35	PODJASKI Andrzej	112		M 30-39	35	00:00:21	00:54:21.90	00:54:42.90	+00:17:38 (32.4%)	5:26	11 (67.5%)
36	IWANOWSKI Kamil	44		M 30-39	36	00:00:23	00:54:36.50	00:54:59.95	+00:17:52 (32.7%)	5:27	11 (67.5%)
37	JASTRZĘBSKI Dariusz	47		M 30-39	37	00:00:13	00:55:03.25	00:55:16.30	+00:18:19 (33.3%)	5:30	10.9 (66.9%)
38	LESZKOWICZ Krzysiek	75	DOMAX RACING TEAM	M 30-39	38	00:00:06	00:57:11.80	00:57:18.20	+00:20:28 (35.8%)	5:43	10.5 (64.4%)
39	CHOJKE Wojciech	12		M 30-39	39	00:00:16	00:57:50.95	00:58:07.00	+00:21:07 (36.5%)	5:47	10.4 (63.8%)
40	DOMAŃSKI Piotr	22		M 30-39	40	00:00:21	00:59:14.75	00:59:36.60	+00:22:31 (38.0%)	5:55	10.1 (62.0%)
41	KARAŚ Jacek	53	DRUŻYNA SZPIKU / PATRIOCI POZNAŃ	M 30-39	41	00:00:16	00:59:30.50	00:59:47.30	+00:22:46 (38.3%)	5:57	10.1 (62.0%)
42	WAŻNY Karol	155	SKARPA	M 30-39	42	00:00:17	01:00:10.65	01:00:27.80	+00:23:27 (39.0%)	6:01	10 (61.3%)
43	GIERZYŃSKI Andrzej	33	SKARPA	M 30-39	43	00:00:16	01:00:11.95	01:00:28.90	+00:23:28 (39.0%)	6:01	10 (61.3%)
44	MILUSKI Krzysztof	91		M 30-39	44	00:00:22	01:00:25.10	01:00:47.70	+00:23:41 (39.2%)	6:02	9.9 (60.7%)
45	ERDMANN Piotr	25	DZIUB DZIUB	M 30-39	45	00:00:09	01:01:02.35	01:01:11.65	+00:24:18 (39.8%)	6:06	9.8 (60.1%)
46	ROMPCZYK Jan	119	O. S. P. CHWASZCZYNO	M 30-39	46	00:00:19	01:03:30.15	01:03:49.25	+00:26:46 (42.2%)	6:21	9.4 (57.7%)
47	SZATYBĘŁKO Karol	127		M 30-39	47	00:00:22	01:03:53.00	01:04:15.65	+00:27:09 (42.5%)	6:23	9.4 (57.7%)
48	ŁANGOWSKI Wojciech	78		M 30-39	48	00:00:09	01:04:24.05	01:04:33.75	+00:27:40 (43.0%)	6:26	9.3 (57.1%)
49	JERZYŁO Radosław	48		M 30-39	49	00:00:24	01:10:51.65	01:11:16.00	+00:34:08 (48.2%)	7:05	8.5 (52.1%)

Total 49 results.