



BIEG ŁĄDUJ NA OSOWEJ IV EDYCJA

B4SPORT

Organizator: Stowarzyszenie Klub Sportowy Olimpia Osowa
Data: 2017-09-24
Miejsce: Gdańsk
Dystans: 10 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MIKIELSKI Daniel	90		M 16-29	1	00:00:03	00:34:36.80	00:34:40.20		3:27	17.3 (100%)
2	GUZ Andrzej	40	UNBOUNDED	M 30-39	1	00:00:04	00:36:43.60	00:36:48.40	+00:02:06 (5.8%)	3:40	16.3 (94.2%)
3	KLONOWSKI Marcin	58	LKS ZANTYR SZTUM	M 16-29	2	00:00:03	00:36:56.65	00:36:59.70	+00:02:19 (6.3%)	3:41	16.2 (93.6%)
4	BIEGAŁA Marek	158	BIKE U UP- HELEN DORON	M 30-39	2	00:00:04	00:37:06.70	00:37:10.80	+00:02:29 (6.7%)	3:42	16.2 (93.6%)
5	JAKS Karol	165	OLW	M 16-29	3	00:00:04	00:37:21.70	00:37:26.40	+00:02:44 (7.4%)	3:44	16.1 (93.1%)
6	PIONK Rafał	108	STUDIO S7 BANINO	M 30-39	3	00:00:04	00:37:28.85	00:37:33.00	+00:02:52 (7.7%)	3:44	16 (92.5%)
7	KUNDO Rafał	157		M 16-29	4	00:00:06	00:37:27.10	00:37:33.10	+00:02:50 (7.6%)	3:44	16 (92.5%)
8	GAJEWSKI Bartek	30	GWBA	M 30-39	4	00:00:03	00:37:44.20	00:37:47.70	+00:03:07 (8.3%)	3:46	15.9 (91.9%)
9	BODURKA Adam	9		M 16-29	5	00:00:03	00:38:03.05	00:38:06.65	+00:03:26 (9.0%)	3:48	15.8 (91.3%)
10	STACHERSKI Łukasz	126	BIEGAMYRAZEM.PL/MAMY TO	M 16-29	6	00:00:03	00:38:30.55	00:38:33.70	+00:03:53 (10.1%)	3:51	15.6 (90.2%)
11	KĄKOL Grzegorz	55	BALLS OF STEEL	M 16-29	7	00:00:05	00:39:51.95	00:39:57.90	+00:05:15 (13.2%)	3:59	15.1 (87.3%)
12	CZAJKOWSKI Paweł	16	BCT GDYNIA	M 30-39	5	00:00:04	00:39:54.10	00:39:58.30	+00:05:17 (13.3%)	3:59	15 (86.7%)
13	MAKOWSKI Paweł	86	AWET PLUS	M 30-39	6	00:00:03	00:41:10.00	00:41:13.85	+00:06:33 (15.9%)	4:07	14.6 (84.4%)
14	LIDZBARSKI Marcin	76		M 30-39	7	00:00:04	00:41:11.45	00:41:15.60	+00:06:34 (16.0%)	4:07	14.6 (84.4%)
15	KOŚCIELSKI Mariusz	63	COM-DKM	M 50-59	1	00:00:03	00:41:36.65	00:41:40.05	+00:06:59 (16.8%)	4:09	14.4 (83.2%)
16	SMÓLKOWSKI Marcin	124	RUMIA RUNNER	M 30-39	8	00:00:03	00:41:45.95	00:41:49.80	+00:07:09 (17.1%)	4:10	14.4 (83.2%)

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17	LISIECKI Tomasz	77	NEXUS TEAM	M 50-59	2	00:00:03	00:42:06.50	00:42:10.00	+00:07:29 (17.8%)	4:12	14.2 (82.1%)
18	KOZŁÓW Wojciech	67	LKS ZANTYR SZTUM	M 50-59	3	00:00:03	00:42:11.25	00:42:14.55	+00:07:34 (18.0%)	4:13	14.2 (82.1%)
19	PAZIK Dariusz	104		M 16-29	8	00:00:06	00:42:11.25	00:42:18.00	+00:07:34 (18.0%)	4:13	14.2 (82.1%)
20	KŁUDZIAK Andrzej	59	BIEGACZE PÓLNOCY	M 30-39	9	00:00:08	00:42:26.95	00:42:35.15	+00:07:50 (18.5%)	4:14	14.1 (81.5%)
21	TORBICZ Piotr	140	BBL AWF GDAŃSK	M 30-39	10	00:00:07	00:42:41.60	00:42:48.80	+00:08:04 (18.9%)	4:16	14.1 (81.5%)
22	SZUMLAS Rafał	167		M 30-39	11	00:00:04	00:43:09.25	00:43:13.65	+00:08:32 (19.8%)	4:18	13.9 (80.3%)
23	MADERSKI Rafał	85		M 40-49	1	00:00:05	00:43:18.70	00:43:24.00	+00:08:41 (20.1%)	4:19	13.9 (80.3%)
24	LEHMANN Dawid	72		M 30-39	13	00:00:04	00:43:27.25	00:43:32.15	+00:08:50 (20.3%)	4:20	13.8 (79.8%)
25	GRUCHAŁA Robert	38	PADŁ NA RYJ TEAM	M 30-39	12	00:00:20	00:43:25.05	00:43:45.35	+00:08:48 (20.3%)	4:20	13.8 (79.8%)
26	CZAPIEWSKI Andrzej	17	BIEGAMYRAZEM.PL	M 40-49	2	00:00:09	00:43:49.45	00:43:58.50	+00:09:12 (21.0%)	4:22	13.7 (79.2%)
27	THRUN Radosław	139	PRUSZCZ BIEGA	M 16-29	9	00:00:09	00:43:54.40	00:44:03.40	+00:09:17 (21.2%)	4:23	13.7 (79.2%)
28	PĘŚKO Michał	105		M 40-49	3	00:00:07	00:44:03.50	00:44:11.45	+00:09:26 (21.4%)	4:24	13.6 (78.6%)
29	PYZIK Tomasz	114	DRUŻYNA MOJACUKRZYCA.PL	M 40-49	4	00:00:05	00:44:11.40	00:44:16.70	+00:09:34 (21.7%)	4:25	13.6 (78.6%)
30	RADOSŁAW Szlas	116	STUDIO S7	M 40-49	5	00:00:04	00:44:12.70	00:44:17.30	+00:09:35 (21.7%)	4:25	13.6 (78.6%)
31	GRYCZKA Wojciech	39		M 16-29	10	00:00:10	00:44:42.25	00:44:52.35	+00:10:05 (22.6%)	4:28	13.4 (77.5%)
32	SZUSTEK Adam	133	SZUSTY TEAM :-)	M 30-39	14	00:00:05	00:44:52.75	00:44:58.05	+00:10:15 (22.9%)	4:29	13.4 (77.5%)
33	WÓJCIK Damian	168	RUNNERS DARŁOWO	M 40-49	6	00:00:05	00:45:18.15	00:45:23.15	+00:10:41 (23.6%)	4:31	13.2 (76.3%)
34	JASTRZĘBSKI Przemysław	156		M 16-29	11	00:00:13	00:45:19.55	00:45:33.25	+00:10:42 (23.6%)	4:32	13.2 (76.3%)
35	JASTRZĘBOWSKI Jakub	46		M 16-29	12	00:00:08	00:45:22.10	00:45:30.25	+00:10:45 (23.7%)	4:32	13.2 (76.3%)
36	PASCHKE Roman	100	SHIPCUP	M 30-39	15	00:00:13	00:45:40.05	00:45:53.50	+00:11:03 (24.2%)	4:34	13.1 (75.7%)
37	KOŁODZIEJ Rafał	60		M 16-29	13	00:00:09	00:45:49.65	00:45:58.75	+00:11:12 (24.5%)	4:34	13.1 (75.7%)
38	KLEPACKI Michał	57		M 16-29	14	00:00:08	00:46:01.30	00:46:10.05	+00:11:24 (24.8%)	4:36	13 (75.1%)

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39	KONASZEWSKI Sławomir	61		M 40-49	7	00:00:09	00:46:12.00	00:46:21.00	+00:11:35 (25.1%)	4:37	13 (75.1%)
40	ADAMUS Jarosław	1		M 50-59	4	00:00:07	00:46:12.55	00:46:20.10	+00:11:35 (25.1%)	4:37	13 (75.1%)
41	KANTECKI Tomasz	52	BIEGAM BO LUBIĘ	M 30-39	16	00:00:05	00:46:19.75	00:46:25.50	+00:11:42 (25.3%)	4:38	12.9 (74.6%)
42	BŁAWAT Michał	7	POMORSKA SZKOŁA WALKI FIGHTER	M 40-49	8	00:00:18	00:46:59.30	00:47:17.65	+00:12:22 (26.3%)	4:41	12.8 (74.0%)
43	APANASEWICZ Robert	2	ARRO RUNNERS TEAM	M 40-49	9	00:00:10	00:47:09.20	00:47:20.05	+00:12:32 (26.6%)	4:43	12.7 (73.4%)
44	PŁACHTA Jacek	110		M 40-49	10	00:00:17	00:47:14.45	00:47:31.90	+00:12:37 (26.7%)	4:43	12.7 (73.4%)
45	KARLIKOWSKI Maciej	54	GRUPA BIEGOWA GLC	M 30-39	17	00:00:12	00:47:16.95	00:47:29.05	+00:12:40 (26.8%)	4:43	12.7 (73.4%)
46	GAIK Karol	29	TUMBO TEAM	M 40-49	11	00:00:19	00:47:22.60	00:47:41.60	+00:12:45 (26.9%)	4:44	12.7 (73.4%)
47	SKOPCZYŃSKI Jarek	122	BIEGOWYSWIAT.PL	M 30-39	18	00:00:06	00:47:25.45	00:47:32.15	+00:12:48 (27.0%)	4:44	12.6 (72.8%)
48	SZWED Przemek	134	ASICS FRONTRUNNER POLSKA / SKLEPBIEGOWY.COM	M 16-29	15	00:00:06	00:47:26.90	00:47:33.80	+00:12:50 (27.1%)	4:44	12.6 (72.8%)
49	BRZEZIŃSKI Grzegorz	11		M 50-59	5	00:00:04	00:47:38.80	00:47:43.20	+00:13:02 (27.4%)	4:45	12.6 (72.8%)
50	FALBA Paweł	26		M 30-39	19	00:00:12	00:47:51.10	00:48:03.90	+00:13:14 (27.7%)	4:47	12.5 (72.3%)
51	SZYMAŃSKI Radosław	199		M 40-49	12	00:00:07	00:48:03.60	00:48:10.65	+00:13:26 (28.0%)	4:48	12.5 (72.3%)
52	PETZ Wojciech	176		M 16-29	16	00:00:05	00:48:04.80	00:48:10.20	+00:13:28 (28.0%)	4:48	12.5 (72.3%)
53	CHRZCZONOWICZ Bartek	13		M 16-29	17	00:00:09	00:48:07.65	00:48:17.55	+00:13:30 (28.1%)	4:48	12.5 (72.3%)
54	GÓRSKI Marcin	36	BBL GDYNIA	M 40-49	13	00:00:19	00:48:41.80	00:49:01.20	+00:14:05 (28.9%)	4:52	12.3 (71.1%)
55	IWANICKI Jan	43	BIEG W BUTACH	M 40-49	14	00:00:12	00:48:53.35	00:49:06.05	+00:14:16 (29.2%)	4:53	12.3 (71.1%)
56	PAGA Marcin	99		M 30-39	20	00:00:11	00:48:53.85	00:49:05.35	+00:14:17 (29.2%)	4:53	12.3 (71.1%)
57	BRZESKI Michał	10	PASIEKA KASZUBY	M 30-39	21	00:00:18	00:49:05.65	00:49:24.40	+00:14:28 (29.5%)	4:54	12.2 (70.5%)
58	ORLIKOWSKI Tadeusz	96	PARKRUN GDYNIA	M 60+	1	00:00:07	00:49:06.85	00:49:14.00	+00:14:30 (29.5%)	4:54	12.2 (70.5%)
59	HUBERT Jakub	42		M 30-39	22	00:00:22	00:49:14.70	00:49:36.90	+00:14:37 (29.7%)	4:55	12.2 (70.5%)
60	KOTULSKI Piotr	66	KLUB BIEGACZY JYSK	M 40-49	15	00:00:05	00:49:22.55	00:49:28.50	+00:14:45 (29.9%)	4:56	12.1 (69.9%)
61	KWIATKOWSKI Michał	178		M 30-39	23	00:00:07	00:49:41.00	00:49:48.15	+00:15:04 (30.3%)	4:58	12.1 (69.9%)

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62	KACZMAREK Krzysztof	49		M 40-49	16	00:00:14	00:49:49.10	00:50:04.05	+00:15:12 (30.5%)	4:59	12 (69.4%)
63	USCHLER Leszek	145		M 40-49	17	00:00:21	00:49:50.95	00:50:12.50	+00:15:14 (30.6%)	4:59	12 (69.4%)
64	RESKE Daniel	117	THYSSENKRUPP	M 30-39	24	00:00:07	00:49:55.80	00:50:03.30	+00:15:19 (30.7%)	4:59	12 (69.4%)
65	NOWICKI Jarosław	95		M 30-39	25	00:00:17	00:49:56.85	00:50:14.15	+00:15:20 (30.7%)	4:59	12 (69.4%)
66	GAJEWSKI Krzysztof Teofor	31	JAZZYRUNNER	M 30-39	26	00:00:07	00:50:12.60	00:50:20.55	+00:15:35 (31.1%)	5:01	11.9 (68.8%)
67	KORNACKI Piotr	169	KWT ROWEROWE KASZUBY	M 30-39	27	00:00:24	00:50:24.40	00:50:49.30	+00:15:47 (31.3%)	5:02	11.9 (68.8%)
68	WACHOWIAK Marek	161		M 60+	2	00:00:23	00:50:31.55	00:50:54.70	+00:15:54 (31.5%)	5:03	11.9 (68.8%)
69	SZPAKIEWICZ Maciej	130		M 40-49	18	00:00:12	00:50:44.55	00:50:56.65	+00:16:07 (31.8%)	5:04	11.8 (68.2%)
70	CZECHOLIŃSKI Michał	18	OGNISTY KOGUT	M 30-39	28	00:00:09	00:50:53.00	00:51:02.60	+00:16:16 (32.0%)	5:05	11.8 (68.2%)
71	GRAD Rafał	37	RSPORT.PL	M 16-29	18	00:00:20	00:50:55.60	00:51:16.40	+00:16:18 (32.0%)	5:05	11.8 (68.2%)
72	MYSZK Mateusz	93		M 16-29	19	00:00:17	00:52:07.50	00:52:25.35	+00:17:30 (33.6%)	5:12	11.5 (66.5%)
73	WRÓBEL Maciej	151		M 30-39	29	00:00:13	00:52:32.50	00:52:45.60	+00:17:55 (34.1%)	5:15	11.4 (65.9%)
74	WOLAŃSKI Tomasz	150	OIRP GDAŃSK	M 40-49	19	00:00:06	00:52:42.95	00:52:48.95	+00:18:06 (34.3%)	5:16	11.4 (65.9%)
75	ŁUNIO Krzysztof	82	POLIGON JASIEŃ	M 40-49	20	00:00:14	00:52:46.25	00:53:00.55	+00:18:09 (34.4%)	5:16	11.4 (65.9%)
76	PISKORSKI Paweł	170		M 16-29	20	00:00:11	00:52:50.95	00:53:02.55	+00:18:14 (34.5%)	5:17	11.4 (65.9%)
77	SZYMAŃSKI Marek	137		M 30-39	30	00:00:08	00:53:08.60	00:53:17.00	+00:18:31 (34.9%)	5:18	11.3 (65.3%)
78	TUSZYŃSKI Maciek	143	OSAKA	M 30-39	31	00:00:20	00:53:08.85	00:53:29.15	+00:18:32 (34.9%)	5:18	11.3 (65.3%)
79	PAWLAK Sebastian	103	ZGNILE JAJO	M 40-49	21	00:00:07	00:53:12.25	00:53:19.85	+00:18:35 (34.9%)	5:19	11.3 (65.3%)
80	KOTRYCH Jarosław	65		M 16-29	21	00:00:15	00:53:19.40	00:53:35.15	+00:18:42 (35.1%)	5:20	11.3 (65.3%)
81	SMYK Sławomir	125	BIGYELLOWFOOT ADVENTURE TEAM	M 30-39	32	00:00:16	00:53:22.40	00:53:38.50	+00:18:45 (35.1%)	5:20	11.2 (64.7%)
82	KRUPA Łukasz	69	EFEKT JOŁ JOŁ	M 30-39	33	00:00:11	00:53:42.40	00:53:54.00	+00:19:05 (35.6%)	5:22	11.2 (64.7%)
83	PASZTALENIEC Władysław	101		M 40-49	22	00:00:10	00:53:52.50	00:54:02.85	+00:19:15 (35.8%)	5:23	11.1 (64.2%)
84	DATA Karol	21		M 30-39	34	00:00:18	00:54:20.00	00:54:38.25	+00:19:43 (36.3%)	5:26	11 (63.6%)

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85	PODJASKI Andrzej	112		M 30-39	35	00:00:21	00:54:21.90	00:54:42.90	+00:19:45 (36.3%)	5:26	11 (63.6%)
86	IWANOWSKI Kamil	44		M 30-39	36	00:00:23	00:54:36.50	00:54:59.95	+00:19:59 (36.6%)	5:27	11 (63.6%)
87	JASTRZĘBSKI Dariusz	47		M 30-39	37	00:00:13	00:55:03.25	00:55:16.30	+00:20:26 (37.1%)	5:30	10.9 (63.0%)
88	KRZAK Jerzy	172	TKK ROZSTAJE	M 50-59	6	00:00:04	00:55:20.05	00:55:24.75	+00:20:43 (37.4%)	5:32	10.8 (62.4%)
89	KOŚCIŃSKI Sebastian	64		M 16-29	22	00:00:09	00:55:39.60	00:55:48.90	+00:21:02 (37.8%)	5:33	10.8 (62.4%)
90	BIESZKE Sebastian	5		M 40-49	23	00:00:20	00:55:40.30	00:56:00.50	+00:21:03 (37.8%)	5:34	10.8 (62.4%)
91	PRACOŃ Maciej	177		M 40-49	24	00:00:20	00:55:40.55	00:56:00.75	+00:21:03 (37.8%)	5:34	10.8 (62.4%)
92	OSTAPCZUK Kamil	98	IREK I RAK. MARATON O ŻYCIĘ.	M 40-49	25	00:00:22	00:56:56.00	00:57:18.20	+00:22:19 (39.2%)	5:41	10.5 (60.7%)
93	OSOWSKI Maciej	97		M 50-59	7	00:00:08	00:57:09.70	00:57:18.40	+00:22:32 (39.4%)	5:43	10.5 (60.7%)
94	GŁOWACKI Tomasz	34	NIEZRZESZONY	M 50-59	8	00:00:16	00:57:11.10	00:57:27.25	+00:22:34 (39.5%)	5:43	10.5 (60.7%)
95	LESZKOWICZ Krzysiek	75	DOMAX RACING TEAM	M 30-39	38	00:00:06	00:57:11.80	00:57:18.20	+00:22:35 (39.5%)	5:43	10.5 (60.7%)
96	KASZUBA Przemysław	173		M 16-29	23	00:00:15	00:57:19.25	00:57:35.00	+00:22:42 (39.6%)	5:44	10.5 (60.7%)
97	PATYK Artur	102	ARRO RUNNERS TEAM	M 40-49	26	00:00:10	00:57:32.30	00:57:42.90	+00:22:55 (39.8%)	5:45	10.4 (60.1%)
98	CHOJKE Wojciech	12		M 30-39	39	00:00:16	00:57:50.95	00:58:07.00	+00:23:14 (40.2%)	5:47	10.4 (60.1%)
99	SKRZYPKOWSKI Dawid	171		M 16-29	24	00:00:13	00:58:06.05	00:58:19.85	+00:23:29 (40.4%)	5:48	10.3 (59.5%)
100	MIILLER Łukasz	89	BALLS OF STEEL	M 16-29	25	00:00:14	00:58:41.60	00:58:55.80	+00:24:04 (41.0%)	5:52	10.2 (59.0%)
101	DOMAŃSKI Piotr	22		M 30-39	40	00:00:21	00:59:14.75	00:59:36.60	+00:24:37 (41.6%)	5:55	10.1 (58.4%)
102	KARAŚ Jacek	53	DRUŻYNA SZPIKU / PATRIOCI POZNAŃ	M 30-39	41	00:00:16	00:59:30.50	00:59:47.30	+00:24:53 (41.8%)	5:57	10.1 (58.4%)
103	FILIP Krzysztof	27	NOCLUB	M 40-49	27	00:00:11	00:59:51.55	01:00:03.30	+00:25:14 (42.2%)	5:59	10 (57.8%)
104	BĄKOWSKI Zbigniew	4	AKADEMIA BIEGANIA	M 60+	3	00:00:11	01:00:04.60	01:00:15.75	+00:25:27 (42.4%)	6:00	10 (57.8%)
105	WAŻNY Karol	155	SKARPA	M 30-39	42	00:00:17	01:00:10.65	01:00:27.80	+00:25:33 (42.5%)	6:01	10 (57.8%)
106	GIERSZYŃSKI Andrzej	33	SKARPA	M 30-39	43	00:00:16	01:00:11.95	01:00:28.90	+00:25:35 (42.5%)	6:01	10 (57.8%)
107	MILUSKI Krzysztof	91		M 30-39	44	00:00:22	01:00:25.10	01:00:47.70	+00:25:48 (42.7%)	6:02	9.9 (57.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
108	ERDMANN Piotr	25	DZIUB DZIUB	M 30-39	45	00:00:09	01:01:02.35	01:01:11.65	+00:26:25 (43.3%)	6:06	9.8 (56.6%)
109	GARRISON Jeff	32	LECZKOWA RUNNING CLUB	M 50-59	9	00:00:24	01:01:03.95	01:01:28.15	+00:26:27 (43.3%)	6:06	9.8 (56.6%)
110	RADOMSKI Emil	164		M 40-49	28	00:00:19	01:01:38.90	01:01:58.00	+00:27:02 (43.9%)	6:09	9.7 (56.1%)
111	ŁUCZYŃSKI Rafał	81		M 40-49	29	00:00:13	01:01:59.45	01:02:12.45	+00:27:22 (44.2%)	6:11	9.7 (56.1%)
112	REICH Andrzej	175		M 16-29	26	00:00:10	01:03:05.55	01:03:15.75	+00:28:28 (45.1%)	6:18	9.5 (54.9%)
113	ROMPCZYK Jan	119	O. S. P. CHWASZCZYNO	M 30-39	46	00:00:19	01:03:30.15	01:03:49.25	+00:28:53 (45.5%)	6:21	9.4 (54.3%)
114	SZATYBEŁKO Karol	127		M 30-39	47	00:00:22	01:03:53.00	01:04:15.65	+00:29:16 (45.8%)	6:23	9.4 (54.3%)
115	ŁANGOWSKI Wojciech	78		M 30-39	48	00:00:09	01:04:24.05	01:04:33.75	+00:29:47 (46.3%)	6:26	9.3 (53.8%)
116	RADOMSKI Wojciech	115		M 40-49	30	00:00:15	01:07:47.00	01:08:02.30	+00:33:10 (48.9%)	6:46	8.9 (51.4%)
117	JERZYŁO Radosław	48		M 30-39	49	00:00:24	01:10:51.65	01:11:16.00	+00:36:14 (51.2%)	7:05	8.5 (49.1%)

Znaleziono 117 wynik(ów)