



BIEG MIKOŁAJKOWY - 5KM (JAMNEŃSKI TOUR BIEGOWY)

B4SPORT

Organiser: Rada Osiedla Jamno - Łąbusz
Date: 2018-12-02
Place: Koszalin
Distance: 5 km



Classification: M-50

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	KOŚCIELNIAK Robert	75	TKKF KOSZALIN	M-50	1	00:19:50.21		3:58	15.1 (100%)
2	KATRYCZ Zbigniew	60		M-50	2	00:21:40.49	+00:01:50 (8.5%)	4:20	13.8 (91.4%)
3	GAŁECKI Jacek	34	KARLINOBIEGAJ	M-50	3	00:22:11.92	+00:02:21 (10.6%)	4:26	13.5 (89.4%)
4	KLENIEWSKI Piotr	66	ZACHODNIOPOMORSKIE	M-50	4	00:22:26.11	+00:02:35 (11.6%)	4:29	13.4 (88.7%)
5	NIEMCZUK Dariusz	113	JAMNO	M-50	5	00:22:28.00	+00:02:37 (11.7%)	4:29	13.4 (88.7%)
6	KRUPIŃSKI Krzysztof	82	E-UROLOG.EU	M-50	6	00:22:30.35	+00:02:40 (11.9%)	4:30	13.3 (88.1%)
7	MRUGALSKI Stanisław	109	WILKI KOSZALIN	M-50	7	00:23:58.42	+00:04:08 (17.3%)	4:47	12.5 (82.8%)
8	JANUSZEWSKI Jacek	53	17 WOG KOSZALIN	M-50	8	00:25:24.69	+00:05:34 (21.9%)	5:05	11.8 (78.1%)
9	MEGIER Wojtek	100	ELEKTRONIK	M-50	9	00:25:41.94	+00:05:51 (22.8%)	5:08	11.7 (77.5%)
10	PAWŁOWICZ Ryszard	199		M-50	10	00:25:57.30	+00:06:07 (23.6%)	5:11	11.6 (76.8%)
11	SZULC Marek	170		M-50	11	00:25:59.05	+00:06:08 (23.7%)	5:11	11.5 (76.2%)
12	MAŁYSZEWICZ Andrzej	97		M-50	12	00:26:23.58	+00:06:33 (24.8%)	5:16	11.4 (75.5%)

Total 12 results.