



BIEG MIKOŁAJKOWY - 5KM

B4SPORT

Organizator: Rada Osiedla Jamno - Łąbusz, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-12-04
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: K-16

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZABAŁOWSKA Małgorzata	268		K-16	1	00:00:08	00:09:15	00:19:20.05	00:19:28.50		3:52	15.5 (100%)
2	PASIEKA Agnieszka	211	K.B. SPRINT ŚWIDWIN	K-16	2	00:00:11	00:10:15	00:20:57.30	00:21:08.45	+00:01:37 (7.7%)	4:11	14.3 (92.3%)
3	FRONTCZAK Izabela	53	TKKF KOSZALIN	K-16	3	00:00:10	00:10:13	00:21:08.30	00:21:18.55	+00:01:48 (8.5%)	4:13	14.2 (91.6%)
4	SZUBERT Julia	277	KOŁOBRZEG BIEGA	K-16	4	00:00:22	00:11:04	00:22:14.75	00:22:37.30	+00:02:54 (13.1%)	4:27	13.5 (87.1%)
5	BENTKOWSKA Natalia	349	CSSP KOSZALIN	K-16	5	00:00:07	00:10:53	00:22:32.10	00:22:39.35	+00:03:12 (14.2%)	4:30	13.3 (85.8%)
6	OSIŃSKA Anna	201	ACTIVE MALBORK	K-16	6	00:00:16	00:11:28	00:22:55.80	00:23:12.10	+00:03:35 (15.7%)	4:35	13.1 (84.5%)
7	MRUGALSKA Magdalena	344	JW1223	K-16	7	00:00:21	00:11:15	00:23:15.50	00:23:37.00	+00:03:55 (16.9%)	4:39	12.9 (83.2%)
8	MEJER Aleksandra	164		K-16	8	00:00:06	00:11:50	00:24:29.00	00:24:35.80	+00:05:08 (21.0%)	4:53	12.3 (79.4%)
9	WOJTUCH Małgorzata	314	-	K-16	9	00:00:21	00:11:52	00:25:06.05	00:25:27.35	+00:05:46 (23.0%)	5:01	12 (77.4%)
10	SOBALA Anna	254		K-16	10	00:00:26	00:12:44	00:25:44.15	00:26:10.75	+00:06:24 (24.9%)	5:08	11.7 (75.5%)
11	STOJEWSKA Katarzyna	263	JA_BEZ_SILNA	K-16	11	00:00:13	00:12:26	00:26:21.70	00:26:35.10	+00:07:01 (26.7%)	5:16	11.4 (73.5%)
12	OLSZAK Monika	198		K-16	12	00:00:21	00:12:31	00:26:24.25	00:26:45.30	+00:07:04 (26.8%)	5:16	11.4 (73.5%)
13	MALINOWSKA-BURDA Aleksandra	157		K-16	13	00:00:31	00:13:18	00:26:47.50	00:27:19.30	+00:07:27 (27.8%)	5:21	11.2 (72.3%)
14	JARKIEWICZ Marlena	84		K-16	14	00:00:31	00:13:18	00:27:49.15	00:28:20.55	+00:08:29 (30.5%)	5:33	10.8 (69.7%)

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15	PACAN Mirosława	205	ŚWIAT PŁYTEK U KRYSPIŃ	K-16	15	00:00:29	00:13:58	00:28:34.95	00:29:04.70	+00:09:14 (32.4%)	5:43	10.5 (67.7%)
16	KĘPA Marta	104	FIT UP CLUB	K-16	16	00:00:27	00:14:16	00:28:42.45	00:29:09.45	+00:09:22 (32.7%)	5:44	10.5 (67.7%)
17	MICHALCZYK Małgorzata	171	WOJOWNICY WÓDY	K-16	17	00:00:12	00:13:43	00:29:51.25	00:30:03.75	+00:10:31 (35.2%)	5:58	10.1 (65.2%)
18	NIEZGODA Agata	347	KLUB BIEGOWY B-RUN-EK	K-16	18	00:00:27	00:14:28	00:29:53.85	00:30:20.90	+00:10:33 (35.3%)	5:58	10 (64.5%)
19	SZULC Martyna	278	SZULC RUNNERS TEAM / GRYF BIAŁOGARD	K-16	19	00:00:16	00:14:17	00:30:13.75	00:30:30.65	+00:10:53 (36.0%)	6:02	9.9 (63.9%)
20	OLEJNIK Paulina	196		K-16	20	00:00:30	00:14:58	00:30:20.85	00:30:51.10	+00:11:00 (36.3%)	6:04	9.9 (63.9%)
21	MARCHEWKA Katarzyna	158		K-16	21	00:00:30	00:14:57	00:32:07.55	00:32:38.05	+00:12:47 (39.8%)	6:25	9.3 (60.0%)
22	DĄBROWSKA Katarzyna	38	TKKF KOSZALIN	K-16	22	00:00:32	00:15:02	00:32:24.90	00:32:57.70	+00:13:04 (40.4%)	6:29	9.3 (60.0%)
23	JAKUBOWSKA Anna	79		K-16	23	00:00:29	00:15:56	00:33:22.80	00:33:52.10	+00:14:02 (42.1%)	6:40	9 (58.1%)

Znaleziono 23 wynik(ów)