



BIEG MIKOŁAJKOWY - 5KM

B4SPORT

Organizator: Rada Osiedla Jamno - Łabusz, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-12-04
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	GARSKA Joanna	55	ŚWIAT PŁYTEK U KRYSPIŃSKA	K-40	1	00:00:14	00:11:21	00:23:19.35	00:23:33.35		4:39	12.9 (100%)
2	MĘDEL Marta	165		K-40	2	00:00:35	00:12:16	00:24:47.95	00:25:23.65	+00:01:28 (6.0%)	4:57	12.1 (93.8%)
3	KUBIŃSKA Beata	133	NIGHT RUNNERS SŁUPSK	K-40	3	00:00:13	00:11:54	00:24:50.15	00:25:03.50	+00:01:30 (6.1%)	4:58	12.1 (93.8%)
4	NOWAK-IGNACAK Monika	195		K-40	4	00:00:13	00:12:16	00:25:30.00	00:25:43.00	+00:02:10 (8.5%)	5:06	11.8 (91.5%)
5	JUSIŃSKA Anna	90		K-40	5	00:00:19	00:12:25	00:25:48.75	00:26:08.10	+00:02:29 (9.6%)	5:09	11.6 (89.9%)
6	WALCZAK Agnieszka	297	TKKF KOSZALIN	K-40	6	00:00:28	00:12:23	00:25:53.05	00:26:21.75	+00:02:33 (9.9%)	5:10	11.6 (89.9%)
7	KUREK Aneta	141		K-40	7	00:00:14	00:12:44	00:26:07.40	00:26:22.20	+00:02:48 (10.7%)	5:13	11.5 (89.1%)
8	CZYŻEWSKA Beata	34	KOŁOBRZEG BIEGA	K-40	8	00:00:23	00:13:15	00:27:30.65	00:27:53.65	+00:04:11 (15.2%)	5:30	10.9 (84.5%)
9	BORUC Barbara	22	PARKRUN SZCZECINEK	K-40	9	00:00:22	00:13:34	00:27:45.75	00:28:07.95	+00:04:26 (16.0%)	5:33	10.8 (83.7%)
10	MŁYNARCZYK Aneta	176		K-40	10	00:00:19	00:13:29	00:28:07.50	00:28:26.85	+00:04:48 (17.1%)	5:37	10.7 (82.9%)
11	DĘBOWSKA-SZCZYTKOWSKA Izabella	41	KB SPRINT ŚWIDWIN	K-40	11	00:00:26	00:14:12	00:28:51.20	00:29:17.95	+00:05:31 (19.2%)	5:46	10.4 (80.6%)
12	BEDNARZ Katarzyna	13		K-40	12	00:00:18	00:13:34	00:28:54.85	00:29:13.70	+00:05:35 (19.3%)	5:47	10.4 (80.6%)
13	DANIELSKA Monika	36	CONTRA PRIMEFOOD	K-40	13	00:00:28	00:14:15	00:29:22.25	00:29:51.20	+00:06:02 (20.6%)	5:52	10.2 (79.1%)
14	WENCŁAW-JUSZCZAK Marta	302		K-40	14	00:00:12	00:14:58	00:29:30.80	00:29:43.30	+00:06:11 (21.0%)	5:54	10.2 (79.1%)
15	TREJDER Maria	289	BAJADERKI	K-40	15	00:00:23	00:14:22	00:29:42.65	00:30:06.45	+00:06:23 (21.5%)	5:56	10.1 (78.3%)
16	KANIA Beata	99		K-40	16	00:00:19	00:13:55	00:29:48.20	00:30:08.15	+00:06:28 (21.7%)	5:57	10.1 (78.3%)
17	BORSUK Dorota	21		K-40	17	00:00:14	00:14:13	00:30:04.40	00:30:19.35	+00:06:45 (22.4%)	6:01	10 (77.5%)
18	VON BARDELEBEN Agnieszka	296	BABECZKI KOSZALIN	K-40	18	00:00:36	00:14:44	00:30:22.10	00:30:58.70	+00:07:02 (23.2%)	6:04	9.9 (76.7%)
19	RASZPLA Ilona	233		K-40	19	00:00:20	00:14:42	00:30:22.25	00:30:42.50	+00:07:02 (23.2%)	6:04	9.9 (76.7%)
20	SULIGA-KRAKOWIAK Agnieszka	267	CZARNE BIEGA	K-40	20	00:00:32	00:14:57	00:30:22.65	00:30:55.45	+00:07:03 (23.2%)	6:04	9.9 (76.7%)
21	KURCZ Barbara	139	BABECZKI KOSZALIN	K-40	21	00:00:37	00:14:43	00:30:23.45	00:31:00.85	+00:07:04 (23.3%)	6:04	9.9 (76.7%)
22	ZUKAL Aleksandra	333		K-40	22	00:00:29	00:15:24	00:32:40.60	00:33:09.85	+00:09:21 (28.6%)	6:32	9.2 (71.3%)
23	KRAWCZUK-KIEŁB Anna	127	ŻYJ Z ENERGIA	K-40	23	00:00:33	00:15:30	00:33:04.05	00:33:37.05	+00:09:44 (29.5%)	6:36	9.1 (70.5%)

Znaleziono 23 wynik(ów)