



BIEG MORSKIEGO KOMANDOSA 2020 - HARD 22KM

B4SPORT

Wydarzenie: XI Bieg Morskiego Komandosa
Organizator: OCR Events
Data: 2020-08-29
Miejsce: Gdynia
Dystans: 22 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	7km	Czas netto 22km	Czas brutto 22km	Różn	Tempo min/km	Tempo km/h
1	KREFT Łukasz	X11	KOMENDA PORTU WOJENNEGO GDYNIA	Hard X	1	00:42:36	00:55:01	03:04:30.90	03:47:07.20		8:23	7.2 (100%)
2	FARKOWSKI Konrad	A046	EX TEAM	Hard Hist - M	1	00:00:00	00:57:35	03:12:13.50	03:12:13.50	+00:07:42 (4.0%)	8:44	6.9 (95.8%)
3	KANAWKA Grzegorz	X16		Hard X	2	00:41:45	00:55:53	03:15:00.15	03:56:45.25	+00:10:29 (5.4%)	8:51	6.8 (94.4%)
4	KANIA Mateusz	A047		Hard Hist - M	2	00:00:00	00:58:34	03:15:35.55	03:15:35.55	+00:11:04 (5.7%)	8:53	6.7 (93.1%)
5	ŻAK Jakub	X18		Hard X	3	00:42:49	00:54:51	03:16:07.65	03:58:57.30	+00:11:36 (5.9%)	8:54	6.7 (93.1%)
6	GOLIANEK Krzysztof	A048		Hard Hist - M	3	00:00:00	00:59:34	03:17:56.80	03:17:56.80	+00:13:25 (6.8%)	8:59	6.7 (93.1%)
7	SZUMLAŃSKI Marcin	H153		Hard - M	1	00:00:00	01:00:57	03:24:11.00	03:24:11.00	+00:19:40 (9.6%)	9:16	6.5 (90.3%)
8	GRZYBOWSKI Mateusz	H124	SFORA BMK	Hard - M	2	00:00:00	01:00:59	03:25:43.10	03:25:43.10	+00:21:12 (10.3%)	9:21	6.4 (88.9%)
9	SZCZURKO Adrian	H087		Hard - M	3	00:00:00	01:00:58	03:27:45.75	03:27:45.75	+00:23:14 (11.2%)	9:26	6.4 (88.9%)
10	SIDORSKI Kuba	H115		Hard - M	4	00:00:00	01:01:06	03:31:12.95	03:31:12.95	+00:26:42 (12.6%)	9:36	6.3 (87.5%)
11	RYCHERT Sylwester	H035		Hard - M	5	00:00:00	01:04:44	03:31:32.40	03:31:32.40	+00:27:01 (12.8%)	9:36	6.2 (86.1%)
12	ANDRYSKOWSKI Maciej	H163	OSZŹW WARSZAWA	Hard - M	6	00:00:00	01:01:47	03:33:39.75	03:33:39.75	+00:29:08 (13.6%)	9:42	6.2 (86.1%)
13	KOŚCIECHA Mateusz	A051		Hard Hist - M	4	00:00:00	00:58:34	03:35:26.00	03:35:26.00	+00:30:55 (14.4%)	9:47	6.1 (84.7%)
14	PIEŚKIEWICZ Mateusz	H094	WAT	Hard - M	7	00:00:00	01:01:20	03:42:48.65	03:42:48.65	+00:38:17 (17.2%)	10:07	5.9 (81.9%)
15	SKRZYSZOWSKI Janusz	A027		Hard Hist - M	5	00:00:00	01:01:57	03:44:12.10	03:44:12.10	+00:39:41 (17.7%)	10:11	5.9 (81.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	7km	22km	22km			
16	TRYZNO Jakub	X13	NEPTUN GDAŃSK	Hard X	4	00:43:34	01:07:19	03:44:42.50	04:28:16.85	+00:40:11 (17.9%)	10:12	5.9 (81.9%)
17	ANTOSZKÓW Mateusz	H203	ZG POLKOWICE - SIEROSZOWICE	Hard - M	8	00:00:00	01:03:32	03:45:58.70	03:45:58.70	+00:41:27 (18.3%)	10:16	5.8 (80.6%)
18	CHOMICZ Krzysztof , ŁUKASZEWSKI Jakub , KRUCZKOWSKI Michał , WASIELEWSKI Michał	T025		TEAM	1	00:00:00	01:01:03	03:51:11.20	03:51:11.20	+00:46:40 (20.2%)	10:30	5.7 (79.2%)
19	GOŁĄB Szymon	H030		Hard - M	9	00:00:00	01:09:15	03:54:59.00	03:54:59.00	+00:50:28 (21.5%)	10:40	5.6 (77.8%)
20	SULEWSKI Krzysztof	A057	SALKA FIT	Hard Hist - M	6	00:00:00	01:00:04	03:56:58.10	03:56:58.10	+00:52:27 (22.1%)	10:46	5.6 (77.8%)
21	ZAJCZYK Janusz	A012	SALKA FIT 4TEAM	Hard Hist - M	7	00:00:00	01:03:56	03:58:43.80	03:58:43.80	+00:54:12 (22.7%)	10:51	5.5 (76.4%)
22	WLAŻLAK Damian	A041	DROGA DO ULTRA	Hard Hist - M	8	00:00:00	01:06:05	03:58:48.15	03:58:48.15	+00:54:17 (22.7%)	10:51	5.5 (76.4%)
23	ZALIŃSKI Leszek	H146		Hard - M	10	00:00:00	01:09:44	03:59:56.20	03:59:56.20	+00:55:25 (23.1%)	10:54	5.5 (76.4%)
24	WOJCIECHOWSKI Dariusz	H073	KWATERY U WOJCIECHOWSKICH	Hard - M	11	00:00:00	01:06:00	03:59:59.35	03:59:59.35	+00:55:28 (23.1%)	10:54	5.5 (76.4%)
25	KRAJEWSKI Michał	H186		Hard - M	12	00:00:00	01:06:35	04:00:16.70	04:00:16.70	+00:55:45 (23.2%)	10:55	5.5 (76.4%)
26	ŚCIESZKO Tomasz	H164		Hard - M	13	00:00:00	01:05:19	04:00:35.70	04:00:35.70	+00:56:04 (23.3%)	10:56	5.5 (76.4%)
27	MORAWSKI Grzegorz	A065		Hard Hist - M	9	00:00:00	01:09:34	04:04:23.65	04:04:23.65	+00:59:52 (24.5%)	11:06	5.4 (75.0%)
28	GŁOWACKI Adrian	A052		Hard Hist - M	10	00:00:00	01:09:46	04:05:43.00	04:05:43.00	+01:01:12 (24.9%)	11:10	5.4 (75.0%)
29	ADAMUS Mateusz	A026		Hard Hist - M	11	00:00:00	01:15:08	04:06:02.55	04:06:02.55	+01:01:31 (25.0%)	11:11	5.4 (75.0%)
30	WAŃKOWSKI Adam	A055	JW 2980 BRANIEWO	Hard Hist - M	12	00:00:00	01:20:57	04:06:02.95	04:06:02.95	+01:01:32 (25.0%)	11:11	5.4 (75.0%)
31	NIEDZIELSKI Mirosław	X7		Hard X	5	00:43:56	01:05:33	04:10:22.75	04:54:19.05	+01:05:51 (26.3%)	11:22	5.3 (73.6%)
32	PIONK Rafał	A042		Hard Hist - M	13	00:00:00	01:09:10	04:10:50.00	04:10:50.00	+01:06:19 (26.4%)	11:24	5.3 (73.6%)
33	OSTAPIŃSKI Wojtek	A010	OSTRESROKI	Hard Hist - M	14	00:00:00	01:11:44	04:12:23.65	04:12:23.65	+01:07:52 (26.9%)	11:28	5.2 (72.2%)
34	SROCZYŃSKI Marcin	A009		Hard Hist - M	15	00:00:00	01:11:43	04:12:23.85	04:12:23.85	+01:07:52 (26.9%)	11:28	5.2 (72.2%)
35	ŻAKEJKO Sławomir	A064		Hard Hist - M	16	00:00:00	01:07:58	04:12:33.75	04:12:33.75	+01:08:02 (26.9%)	11:28	5.2 (72.2%)
36	PIOTROWSKI Roman	H092	SPARTA RUNNERS	Hard - M	14	00:00:00	01:09:04	04:13:17.65	04:13:17.65	+01:08:46 (27.2%)	11:30	5.2 (72.2%)
37	BABIARZ Piotr	A013		Hard Hist - M	17	00:00:00	01:12:36	04:13:57.75	04:13:57.75	+01:09:26 (27.3%)	11:32	5.2 (72.2%)
38	ZBIKOWSKI Armin	A025	SALKA FIT	Hard Hist - M	18	00:00:00	01:12:37	04:14:03.65	04:14:03.65	+01:09:32 (27.4%)	11:32	5.2 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	7km	22km	22km			
39	WICZLING Daniel	H046		Hard - M	15	00:00:00	01:03:32	04:14:42.95	04:14:42.95	+01:10:12 (27.6%)	11:34	5.2 (72.2%)
40	DROZD Mateusz	H202		Hard - M	16	00:00:00		04:15:31.00	04:15:31.00	+01:11:00 (27.8%)	11:36	5.2 (72.2%)
41	NIEMCZUK Daniel	X21	JW 2399	Hard X	6	00:42:57	01:12:05	04:16:30.45	04:59:27.75	+01:11:59 (28.1%)	11:39	5.1 (70.8%)
42	ŁUSZCZAK Piotr	X3	GRR	Hard X	7	00:43:23	01:13:56	04:16:50.40	05:00:13.60	+01:12:19 (28.2%)	11:40	5.1 (70.8%)
43	ŁUSZCZAK Mirek	X1	GRR	Hard X	8	00:43:22	01:13:51	04:16:50.70	05:00:13.00	+01:12:19 (28.2%)	11:40	5.1 (70.8%)
44	KURA Krzysztof	H069	16 BPD	Hard - M	17	00:00:00	01:15:45	04:17:01.85	04:17:01.85	+01:12:30 (28.2%)	11:40	5.1 (70.8%)
45	CIERPIŃSKI Grzegorz	X17		Hard X	9	00:43:50	01:05:40	04:17:30.45	05:01:20.85	+01:12:59 (28.3%)	11:42	5.1 (70.8%)
46	ADACH Krzysztof	H089	SFORA BMK	Hard - M	18	00:00:00	01:09:42	04:17:58.25	04:17:58.25	+01:13:27 (28.5%)	11:43	5.1 (70.8%)
47	KWIATKOWSKI Tomasz	H201	BIEGUN OCR TEAM	Hard - M	19	00:00:00	01:13:02	04:17:59.45	04:17:59.45	+01:13:28 (28.5%)	11:43	5.1 (70.8%)
48	GOŁĘBIEWSKI Dominik	A063		Hard Hist - M	19	00:00:00	01:09:19	04:19:24.60	04:19:24.60	+01:14:53 (28.9%)	11:47	5.1 (70.8%)
49	SYLDATK Adam	H052	PRONESTA TEAM	Hard - M	20	00:00:00	01:09:13	04:19:50.55	04:19:50.55	+01:15:19 (29.0%)	11:48	5.1 (70.8%)
50	KOLARCZYK Piotr	H136		Hard - M	21	00:00:00	01:11:23	04:21:01.00	04:21:01.00	+01:16:30 (29.3%)	11:51	5.1 (70.8%)
51	GIENIUSZ Bartosz	H126		Hard - M	22	00:00:00	01:11:36	04:22:02.10	04:22:02.10	+01:17:31 (29.6%)	11:54	5 (69.4%)
52	STEFANOWSKI Daniel	A035		Hard Hist - M	20	00:00:00	01:08:50	04:23:52.85	04:23:52.85	+01:19:21 (30.1%)	11:59	5 (69.4%)
53	SENATOR Piotr	H182	JEDNOŚĆ ŻABIENIEC	Hard - M	23	00:00:00	01:08:44	04:23:52.95	04:23:52.95	+01:19:22 (30.1%)	11:59	5 (69.4%)
54	MURYN Dawid	H191	RAGNAROK SZCZECIN	Hard - M	24	00:00:00	01:35:04	04:24:12.10	04:24:12.10	+01:19:41 (30.2%)	12:00	5 (69.4%)
55	BURZA Radosław	H154	42BPL/4KPL	Hard - M	25	00:00:00	01:17:48	04:24:53.60	04:24:53.60	+01:20:22 (30.3%)	12:02	5 (69.4%)
56	KARBOWSKI Sławomir	H198	NEXTREAM	Hard - M	26	00:00:00	01:14:14	04:25:53.95	04:25:53.95	+01:21:23 (30.6%)	12:05	5 (69.4%)
57	PRACHNIO Maciej	H122	SFORA BMK	Hard - M	27	00:00:00	01:15:33	04:26:45.15	04:26:45.15	+01:22:14 (30.8%)	12:07	4.9 (68.1%)
58	CZAJCZYŃSKI Daniel	H173	SFORA BMK	Hard - M	28	00:00:00	01:12:03	04:26:52.85	04:26:52.85	+01:22:21 (30.9%)	12:07	4.9 (68.1%)
59	LUTY Michał	H176		Hard - M	29	00:00:00	01:16:55	04:27:04.60	04:27:04.60	+01:22:33 (30.9%)	12:08	4.9 (68.1%)
60	WARZOCHA Jan	H135		Hard - M	30	00:00:00	01:20:44	04:28:26.95	04:28:26.95	+01:23:56 (31.3%)	12:12	4.9 (68.1%)
61	ŚLIZEWSKI Kamil	H127		Hard - M	31	00:00:00	01:10:28	04:28:35.65	04:28:35.65	+01:24:04 (31.3%)	12:12	4.9 (68.1%)

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61	KUREK Daniel	H128		Hard - M	31	00:00:00	01:10:28	04:28:35.65	04:28:35.65	+01:24:04 (31.3%)	12:12	4.9 (68.1%)
63	SIROCKI Dawid	X24	BIEGUN OCR TEAM	Hard X	10	00:42:37	01:11:46	04:28:43.90	05:11:21.50	+01:24:13 (31.3%)	12:12	4.9 (68.1%)
64	GMITER Rafał , CHRUSCIŃSKI Kacper , PACIOREK Cezary , PONICHTERA Karol	T018	12 BRYGADA ZMECHANIZOWANA	TEAM	2	00:00:00	01:13:31	04:28:57.05	04:28:57.05	+01:24:26 (31.4%)	12:13	4.9 (68.1%)
65	KUROWSKI Dawid , SKOLIMOWSKI Dariusz , KASPROWICZ Artur , SITEK Adam	T019	WSM CROSSFIT TEAM RÓŻYNY	TEAM	3	00:00:00	01:15:30	04:29:00.55	04:29:00.55	+01:24:29 (31.4%)	12:13	4.9 (68.1%)
66	MAJEWSKI Maciej	H015	BRAVEHEARTS LEGIONOWO	Hard - M	33	00:00:00	01:14:45	04:29:56.05	04:29:56.05	+01:25:25 (31.6%)	12:16	4.9 (68.1%)
Przekroczony limit czasu: 04:30:00												
67	TROJANOWSKI Michał	A056		Hard Hist - M	21	00:00:00	01:09:26	04:30:22.55	04:30:22.55	+01:25:51 (31.8%)	12:17	4.9 (68.1%)
68	PIETKIEWICZ Jacek	X9		Hard X	11	00:42:39	01:11:44	04:31:56.75	05:14:36.10	+01:27:25 (32.2%)	12:21	4.9 (68.1%)
69	CYCHLIK Przemysław , MIECZKOWSKI Partyk , CZARNIAWSKI Dawid , CIOŁKOWSKI Kamil	T030		TEAM	4	00:00:00	01:16:13	04:33:20.20	04:33:20.20	+01:28:49 (32.5%)	12:25	4.8 (66.7%)
70	TRZCIŃSKA Agata	X10		Hard X	12	00:43:50	01:21:20	04:39:30.40	05:23:20.40	+01:34:59 (34.0%)	12:42	4.7 (65.3%)
71	ŻUŁAWSKI Piotr	X23		Hard X	13	00:42:17	01:19:16	04:49:26.75	05:31:44.20	+01:44:55 (36.3%)	13:09	4.6 (63.9%)
72	GŁOWACKI Andrzej	X2	MŁODY VS STARY	Hard X	14	00:42:20	01:17:04	04:50:36.90	05:32:57.40	+01:46:06 (36.5%)	13:12	4.5 (62.5%)
73	ORŁOWSKI Piotr	H088		Hard - M	34	00:00:00	01:33:22	06:18:45.90	06:18:45.90	+03:14:15 (51.3%)	17:12	3.5 (48.6%)
DNC	MALACH Dariusz	A033	SFORA BMK	Hard Hist - M		00:00:00	01:13:48	04:31:39.10	04:31:39.10		0:00	4.9 (68.1%)
DNC	PAPIEWSKA Natalia	H064		Hard - K		00:00:00	01:13:31	04:32:36.85	04:32:36.85		0:00	4.8 (66.7%)
DNC	RAK Michał	A011	CHORE POJEBY	Hard Hist - M		00:00:00	01:13:43	04:32:39.05	04:32:39.05		0:00	4.8 (66.7%)
DNC	GAJEWSKI Jacek	H019	DOGOŃ GRODZISK MAZOWIECKI	Hard - M		00:00:00	01:15:57	04:32:46.95	04:32:46.95		0:00	4.8 (66.7%)
DNC	KOCHANIAK Andrzej	H090		Hard - M		00:00:00	01:22:25	04:32:47.75	04:32:47.75		0:00	4.8 (66.7%)
DNC	SZOTEK Maciej	H120		Hard - M		00:00:00	01:17:43	04:33:18.10	04:33:18.10		0:00	4.8 (66.7%)
DNC	OŻÓG Piotr , POMIRSKI Patryk , PLEWKO Łukasz , SKRZYPCZAK Krzysztof	T001	MŁODZI TYTANI	TEAM		00:00:00	01:16:51	04:34:28.95	04:34:28.95		0:00	4.8 (66.7%)
DNC	MORAWSKI Piotr	H067	NOWOHUCKI KOMBINAT SPORTOWY	Hard - M		00:00:00	01:16:00	04:35:07.90	04:35:07.90		0:00	4.8 (66.7%)
DNC	RABENDA Rafał	H010	FRYGACI	Hard - M		00:00:00	01:14:14	04:35:39.70	04:35:39.70		0:00	4.8 (66.7%)
DNC	JESKA Tomasz	H057	DIRTY SPARROWS	Hard - M		00:00:00	01:14:45	04:35:48.75	04:35:48.75		0:00	4.8 (66.7%)
DNC	ROPELLA Marek , KAMIŃSKI Wojtek , LASKOWSKI Mariusz , MOROCH Jarek	T012	RATOWNICY RUDNA	TEAM		00:00:00	01:20:17	04:36:13.55	04:36:13.55		0:00	4.8 (66.7%)

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DNC	GEMBACZ Wojciech	H165		Hard - M		00:00:00	01:15:07	04:36:14.45	04:36:14.45	0:00	4.8	(66.7%)
DNC	MITRĘGA Karol	H166		Hard - M		00:00:00	01:15:09	04:36:15.95	04:36:15.95	0:00	4.8	(66.7%)
DNC	BURZA Lesław	H181		Hard - M		00:00:00	01:17:25	04:36:24.90	04:36:24.90	0:00	4.8	(66.7%)
DNC	RONOWSKI Paweł	H108	JANOSIKI	Hard - M		00:00:00	01:16:03	04:36:53.35	04:36:53.35	0:00	4.8	(66.7%)
DNC	SZYDŁOWSKI Marcin	H111		Hard - M		00:00:00	01:15:59	04:38:08.30	04:38:08.30	0:00	4.7	(65.3%)
DNC	DOMBROWICZ Wojciech , SZYCHULSKI Krzysztof , PŁOTKOWSKI Jarosław , RACHFALSKI Marcin	T024	FCC TEAM TORUŃ	TEAM		00:00:00	01:16:29	04:38:19.05	04:38:19.05	0:00	4.7	(65.3%)
DNC	JAKOŃCZU Piotr	H042		Hard - M		00:00:00	01:09:41	04:38:44.85	04:38:44.85	0:00	4.7	(65.3%)
DNC	NOWETA Marcin , CYBULSKI Paweł , GIERCZAK Łukasz , SKUPIN Mariusz	T006	ZG.LUBIN	TEAM		00:00:00	01:20:07	04:41:40.40	04:41:40.40	0:00	4.7	(65.3%)
DNC	WÓJCIK Rafał	H157		Hard - M		00:00:00	01:20:55	04:41:55.05	04:41:55.05	0:00	4.7	(65.3%)
DNC	ESSI-EZINH Oleksandr	H068		Hard - M		00:00:00	01:14:55	04:43:57.45	04:43:57.45	0:00	4.6	(63.9%)
DNC	TOMCZAK Artur	H112	DIRTY SPARROW	Hard - M		00:00:00	01:15:04	04:46:54.75	04:46:54.75	0:00	4.6	(63.9%)
DNC	STASZAK Wojciech	H195	KMP KOSZALIN	Hard - M		00:00:00	01:20:43	04:47:18.60	04:47:18.60	0:00	4.6	(63.9%)
DNC	KLONOWICZ Patrycja	H051	HUNTERS OCR TEAM	Hard - K		00:00:00	01:23:57	04:47:52.95	04:47:52.95	0:00	4.6	(63.9%)
DNC	KLONOWICZ Stanisław	H082	HUNTERS OCR TEAM	Hard - M		00:00:00	01:14:47	04:47:58.20	04:47:58.20	0:00	4.6	(63.9%)
DNC	WINIARSKI Mateusz	H183		Hard - M		00:00:00	01:20:45	04:48:22.70	04:48:22.70	0:00	4.6	(63.9%)
DNC	DĄBROWSKI Bartosz	H101	JANOSIKI	Hard - M		00:00:00	01:16:03	04:49:04.85	04:49:04.85	0:00	4.6	(63.9%)
DNC	SKOCZKOWSKI Jarosław	H100	JANOSIKI	Hard - M		00:00:00	01:16:12	04:49:05.15	04:49:05.15	0:00	4.6	(63.9%)
DNC	ŚWIĄTEK Michał , JANCZEWSKI Krzysztof , PŁUSA Marcin , MACIĄG Marek	T023	SFORA BMK	TEAM		00:00:00	01:15:02	04:49:08.50	04:49:08.50	0:00	4.6	(63.9%)
DNC	PODSIADLIK Piotr	H180		Hard - M		00:00:00	01:19:46	04:49:20.65	04:49:20.65	0:00	4.6	(63.9%)
DNC	RYMARCZYK Paulina	H040		Hard - K		00:00:00	01:19:46	04:49:48.95	04:49:48.95	0:00	4.6	(63.9%)
DNC	KACZMARCZYK Paweł	A029		Hard Hist - M		00:00:00	01:15:39	04:52:08.05	04:52:08.05	0:00	4.5	(62.5%)
DNC	MACHTEL Adrian	H174		Hard - M		00:00:00	01:16:05	04:53:28.10	04:53:28.10	0:00	4.5	(62.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	7km	Czas netto 22km	Czas brutto 22km	Różn	Tempo min/km	Tempo km/h
DNC	JODEŁKA Mariusz	H155	KRAVWAWA	Hard - M		00:00:00	01:21:21	04:57:05.40	04:57:05.40	0:00	4.4	(61.1%)
DNC	MALICKI Marcin	A032		Hard Hist - M		00:00:00	01:16:51	04:57:52.30	04:57:52.30	0:00	4.4	(61.1%)
DNC	CZELUŚNIAK Filip	H158		Hard - M		00:00:00	01:23:46	04:58:12.50	04:58:12.50	0:00	4.4	(61.1%)
DNC	NOWAK Norbert , POPIEL Radosław , PACZKOWSKI Łukasz , POPIEL Radosław	T005	JRGH	TEAM		00:00:00	01:17:25	04:58:59.90	04:58:59.90	0:00	4.4	(61.1%)
DNC	OPOKA Piotr	A049		Hard Hist - M		00:00:00	01:21:14	04:59:31.75	04:59:31.75	0:00	4.4	(61.1%)
DNC	POLAŃSKI Jerzy	H059	FANTOM	Hard - M		00:00:00	01:21:21	04:59:35.85	04:59:35.85	0:00	4.4	(61.1%)
DNC	GROMKIEWICZ Robert	T002	RATOWNICY ZG RUDNA	TEAM		00:00:00	01:19:29	04:59:43.35	04:59:43.35	0:00	4.4	(61.1%)
DNC	JAKSZEWICZ Sławomir	H097		Hard - M		00:00:00	01:22:07	05:00:03.15	05:00:03.15	0:00	4.4	(61.1%)
DNC	NOWACZYK Tomasz , SZEWCZYK Paweł , BUCZKOWSKI Mateusz , KARSKI Kamil	T008	NO EXCUSES TEAM	TEAM		00:00:00	01:19:23	05:00:37.85	05:00:37.85	0:00	4.4	(61.1%)
DNC	NEHRING Tomasz	H025		Hard - M		00:00:00	01:28:12	05:00:53.75	05:00:53.75	0:00	4.4	(61.1%)
DNC	KRYNIECKI Tomasz	H161	AN-DO	Hard - M		00:00:00	01:22:26	05:01:03.90	05:01:03.90	0:00	4.4	(61.1%)
DNC	DINTER Marcin	H141		Hard - M		00:00:00	01:25:52	05:01:49.90	05:01:49.90	0:00	4.4	(61.1%)
DNC	SOBOCIŃSKA Olga	A004	POZARNICY.PL	Hard Hist - K		00:00:00	01:22:50	05:02:22.80	05:02:22.80	0:00	4.4	(61.1%)
DNC	BIAŁY Michał	A022	NNS	Hard Hist - M		00:00:00	01:19:52	05:02:25.35	05:02:25.35	0:00	4.4	(61.1%)
DNC	STRONGOWSKI Sebastian	A044		Hard Hist - M		00:00:00	01:15:30	05:02:25.50	05:02:25.50	0:00	4.4	(61.1%)
DNC	PIĘTKA Jarosław , WIŚNIEWSKI Jacek , CZAJKA Andrzej , POMORSKI Jakub	T022	STAMINABOX	TEAM		00:00:00	01:21:32	05:03:02.00	05:03:02.00	0:00	4.4	(61.1%)
DNC	KARCZEWSKI Marcin	H172		Hard - M		00:00:00	01:22:30	05:05:04.05	05:05:04.05	0:00	4.3	(59.7%)
DNC	WIĘCEK Weronika	H049		Hard - K		00:00:00	01:28:16	05:05:45.75	05:05:45.75	0:00	4.3	(59.7%)
DNC	KAŻMIERKIEWICZ Sławomir	H103		Hard - M		00:00:00	01:20:36	05:06:19.10	05:06:19.10	0:00	4.3	(59.7%)
DNC	SITKOWSKI Tomasz	H047	CARBON SILESIA SPORT	Hard - M		00:00:00	01:18:10	05:06:39.20	05:06:39.20	0:00	4.3	(59.7%)
DNC	SZTUBE Lukasz	H156	SFORA BMK	Hard - M		00:00:00	01:22:19	05:06:51.55	05:06:51.55	0:00	4.3	(59.7%)
DNC	KACPRZYCKA Paulina	H104	4 W-MBOT	Hard - K		00:00:00	01:20:11	05:07:43.30	05:07:43.30	0:00	4.3	(59.7%)
DNC	STAWIARZ Paweł	H045		Hard - M		00:00:00	01:29:25	05:07:50.85	05:07:50.85	0:00	4.3	(59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	7km	Czas netto 22km	Czas brutto 22km	Różn	Tempo min/km	Tempo km/h
DNC	PYLAK Krzysztof	H072	OCR LUBLIN	Hard - M		00:00:00	01:21:54	05:08:44.20	05:08:44.20	0:00	4.3	(59.7%)
DNC	FURMAN Paweł	H014		Hard - M		00:00:00	01:14:55	05:10:34.60	05:10:34.60	0:00	4.3	(59.7%)
DNC	KARKOTKA Daniel	H138		Hard - M		00:00:00	01:19:42	05:11:18.70	05:11:18.70	0:00	4.2	(58.3%)
DNC	CZYKIER Paweł	H199		Hard - M		00:00:00	01:23:50	05:11:56.90	05:11:56.90	0:00	4.2	(58.3%)
DNC	ARANOWSKI Artur	H184	SFORA BMK	Hard - M		00:00:00	01:21:13	05:12:37.45	05:12:37.45	0:00	4.2	(58.3%)
DNC	FORTUNIAK Patryk	A001	CHORE POJEBY	Hard Hist - M		00:00:00	01:23:11	05:13:06.75	05:13:06.75	0:00	4.2	(58.3%)
DNC	KITOWSKI Szymon	A018		Hard Hist - M		00:00:00	01:23:27	05:13:31.10	05:13:31.10	0:00	4.2	(58.3%)
DNC	PIWOWARCZYK Marcin	H150	DWOT	Hard - M		00:00:00	01:28:17	05:13:58.80	05:13:58.80	0:00	4.2	(58.3%)
DNC	BARGIELSKI Michał	H096		Hard - M		00:00:00	01:20:55	05:14:44.35	05:14:44.35	0:00	4.2	(58.3%)
DNC	JUREWICZ Arkadiusz	H189	4W-MBOT	Hard - M		00:00:00	01:20:11	05:14:44.65	05:14:44.65	0:00	4.2	(58.3%)
DNC	CHRZANOWSKI Błażej	H034		Hard - M		00:00:00	01:25:15	05:15:01.60	05:15:01.60	0:00	4.2	(58.3%)
DNC	FOJCIK Sebastian	H063		Hard - M		00:00:00	01:29:34	05:18:33.05	05:18:33.05	0:00	4.1	(56.9%)
DNC	MALISZEWSKI Jakub	A002		Hard Hist - M		00:00:00	01:20:48	05:19:37.55	05:19:37.55	0:00	4.1	(56.9%)
DNC	ROSÓŁ Arkadiusz , GRZĄDZIELA Wojciech , DŁUŻNIEWSKI Dawid , IWANIAK Dawid	T014		TEAM		00:00:00	01:15:43	05:19:55.25	05:19:55.25	0:00	4.1	(56.9%)
DNC	PIERWOŁA Tomasz	H105	GRUPA ROZPOZNAWCZA RYŚ	Hard - M		00:00:00	01:22:28	05:20:26.45	05:20:26.45	0:00	4.1	(56.9%)
DNC	CHRZANOWSKI Łukasz	H106	GRUPA ROZPOZNAWCZA RYŚ	Hard - M		00:00:00	01:22:28	05:20:27.25	05:20:27.25	0:00	4.1	(56.9%)
DNC	KORSAK Mateusz Korsak	H140	SFORA BMK	Hard - M		00:00:00	01:18:50	05:20:59.05	05:20:59.05	0:00	4.1	(56.9%)
DNC	PRZYTULSKA Aleksandra	A016	FIZJOLAB	Hard Hist - K		00:00:00	01:30:33	05:21:54.05	05:21:54.05	0:00	4.1	(56.9%)
DNC	WYSOCKI Dariusz	A017		Hard Hist - M		00:00:00	01:30:33	05:22:09.15	05:22:09.15	0:00	4.1	(56.9%)
DNC	URBALA Marek , STRZĄDAŁA Arkadiusz , SERGIEJOWICZ Piotr , GIEZEK Konrad	T004	49 BAZA LOTNICZA	TEAM		00:00:00	01:25:09	05:22:26.55	05:22:26.55	0:00	4.1	(56.9%)
DNC	LICHTOR Jacek	A045		Hard Hist - M		00:00:00	01:31:04	05:25:30.30	05:25:30.30	0:00	4.1	(56.9%)
DNC	JANISZEWSKI Andrzej	H028		Hard - M		00:00:00	01:29:24	05:26:00.10	05:26:00.10	0:00	4	(55.6%)
DNC	MADZIARA Aneta	A038		Hard Hist - K		00:00:00	01:31:05	05:26:12.90	05:26:12.90	0:00	4	(55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	7km	Czas netto 22km	Czas brutto 22km	Różn	Tempo min/km	Tempo km/h
DNC	WĘGRODZKI Paweł , JAKUBIAK Bartłomiej , DZICZEK Tomasz , TOŁKACZ Paweł	T015	DEFENDER 2	TEAM		00:00:00	01:27:02	05:26:33.10	05:26:33.10	0:00	4	(55.6%)
DNC	JUREKO Robert	H102		Hard - M		00:00:00	01:25:07	05:27:39.45	05:27:39.45	0:00	4	(55.6%)
DNC	KOLCZYŃSKI Paweł	A053		Hard Hist - M		00:00:00	01:28:19	05:29:25.85	05:29:25.85	0:00	4	(55.6%)
DNC	BAŁAZY Marcin	A015	MAZURSKA WATAHA	Hard Hist - M		00:00:00	01:27:48	05:29:26.15	05:29:26.15	0:00	4	(55.6%)
DNC	ŁADA Jarosław , CZOCHRA Jakub , AFTEWICZ Adrian , MAZUREK Piotr	T003	DEFENDER BARCZEWO	TEAM		00:00:00	01:27:56	05:29:27.95	05:29:27.95	0:00	4	(55.6%)
DNC	WYDRZYŃSKI Marek	H081		Hard - M		00:00:00	01:32:38	05:30:00.00	05:30:00.00	0:00	4	(55.6%)
DNC	STĘPNIAK Adrian	H065		Hard - M		00:00:00	01:34:13	05:30:11.70	05:30:11.70	0:00	4	(55.6%)
DNC	ZIĘBA Krzysztof	H024	MASADA	Hard - M		00:00:00	01:34:13	05:30:14.50	05:30:14.50	0:00	4	(55.6%)
DNC	PRZYBYŁA Karol	H022	MASADA	Hard - M		00:00:00	01:26:05	05:31:02.00	05:31:02.00	0:00	4	(55.6%)
DNC	WRÓBEL Marcin	X15		Hard X		00:43:02	01:22:33	05:31:36.95	06:14:39.75	0:00	4	(55.6%)
DNC	KURAS Beata	A054	XRUNNERS	Hard Hist - K		00:00:00	01:41:35	05:32:09.85	05:32:09.85	0:00	4	(55.6%)
DNC	MASIO Grzegorz , ROGOZIŃSKI Grzegorz , WOŁCZYK Cezary , SITARZ Bartosz	T016		TEAM		00:00:00	01:32:14	05:32:24.65	05:32:24.65	0:00	4	(55.6%)
DNC	CIESIELCZYK Joanna	H048		Hard - K		00:00:00	01:30:53	05:33:25.85	05:33:25.85	0:00	4	(55.6%)
DNC	KISIEL Artur	H032		Hard - M		00:00:00	01:26:06	05:33:31.85	05:33:31.85	0:00	4	(55.6%)
DNC	JANKIEWICZ Marek	H005	BRAVEHEARTS LEGIONOWO	Hard - M		00:00:00	01:26:06	05:33:38.50	05:33:38.50	0:00	4	(55.6%)
DNC	KUCHTA Pawel	H151		Hard - M		00:00:00	01:26:04	05:33:51.35	05:33:51.35	0:00	4	(55.6%)
DNC	BÖHM Mario	H066		Hard - M		00:00:00	01:25:50	05:34:09.30	05:34:09.30	0:00	4	(55.6%)
DNC	RYBICKI Tomasz	H162	SFORA BMK	Hard - M		00:00:00	01:26:08	05:35:40.20	05:35:40.20	0:00	3.9	(54.2%)
DNC	SPURTACZ Łukasz	H178		Hard - M		00:00:00	01:21:18	05:35:43.25	05:35:43.25	0:00	3.9	(54.2%)
DNC	KOBUS Łukasz	H137	1 BAZA LOTNICTWA TRANSPORTOWEGO	Hard - M		00:00:00	01:22:44	05:39:59.40	05:39:59.40	0:00	3.9	(54.2%)
DNC	KOTŁOWSKI Marcin , KAPICA Damian , TATAREWICZ Akradiusz , GRABIŃSKI Michał	T007	BIGYELLOWFOOT ADVENTURE TEAM	TEAM		00:00:00	01:31:55	05:40:06.30	05:40:06.30	0:00	3.9	(54.2%)
DNC	DZIUDZIEL Maciej	H085		Hard - M		00:00:00	01:21:23	05:40:57.50	05:40:57.50	0:00	3.9	(54.2%)
DNC	ŻOGAŁA Michał	A050		Hard Hist - M		00:00:00	01:25:31	05:42:01.45	05:42:01.45	0:00	3.9	(54.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	7km	Czas netto 22km	Czas brutto 22km	Różn	Tempo min/km	Tempo km/h
DNC	KAŁUŻNY Justyna	A008		Hard Hist - K		00:00:00	01:41:35	05:43:41.10	05:43:41.10	0:00	3.8	(52.8%)
DNC	GRABOWSKI Zbigniew	H148		Hard - M		00:00:00	01:27:25	05:43:53.65	05:43:53.65	0:00	3.8	(52.8%)
DNC	ŻUCHOWSKI Paweł	H029		Hard - M		00:00:00	01:26:08	05:44:01.25	05:44:01.25	0:00	3.8	(52.8%)
DNC	KELLER Tomasz	A039	WIELUŃ BIEGA	Hard Hist - M		00:00:00	01:31:23	05:44:33.25	05:44:33.25	0:00	3.8	(52.8%)
DNC	BUDZISZ Rafał	H209		Hard - M		00:00:00	01:32:47	05:45:23.75	05:45:23.75	0:00	3.8	(52.8%)
DNC	SYGNATOWICZ Kamil , SYGNATOWICZ Grzegorz , TREMPAŁA Paweł , BRONOWICKI Paweł	T021		TEAM		00:00:00		05:45:43.00	05:45:43.00	0:00	3.8	(52.8%)
DNC	MICHALSKI Grzegorz	H099		Hard - M		00:00:00	01:32:39	05:46:05.35	05:46:05.35	0:00	3.8	(52.8%)
DNC	KUCHARSKI Krystian	H110		Hard - M		00:00:00	01:32:39	05:46:37.65	05:46:37.65	0:00	3.8	(52.8%)
DNC	PILARSKI Zbigniew	H134		Hard - M		00:00:00	01:25:35	05:46:40.60	05:46:40.60	0:00	3.8	(52.8%)
DNC	KOSTRZON Maciej	H077		Hard - M		00:00:00	01:28:18	05:46:57.60	05:46:57.60	0:00	3.8	(52.8%)
DNC	DĄBROWSKI Piotr	H060		Hard - M		00:00:00	01:29:30	05:47:02.40	05:47:02.40	0:00	3.8	(52.8%)
DNC	IDZIK Angelika	H075	SPARTA RUNNERS	Hard - K		00:00:00	01:38:44	05:48:22.95	05:48:22.95	0:00	3.8	(52.8%)
DNC	WIŚNIEWSKA Barbara	H179	SPARTA RUNNERS	Hard - K		00:00:00	01:38:46	05:48:23.40	05:48:23.40	0:00	3.8	(52.8%)
DNC	PLEWKA Sylwia	H055		Hard - K		00:00:00	01:35:00	05:48:54.40	05:48:54.40	0:00	3.8	(52.8%)
DNC	PAKUŁ Konrad	H050	SFORA - BMK	Hard - M		00:00:00	01:34:59	05:48:55.50	05:48:55.50	0:00	3.8	(52.8%)
DNC	KULAJ Adrian	H145		Hard - M		00:00:00	01:28:24	05:49:42.15	05:49:42.15	0:00	3.8	(52.8%)
DNC	KLIMKIEWICZ Tomasz	H171		Hard - M		00:00:00	01:29:49	05:49:56.80	05:49:56.80	0:00	3.8	(52.8%)
DNC	BOROWIAK Krzysztof , WIERZCHOWIAK Jarek , SZCZEKUTOWICZ Adrian , CHOŁACIŃSKI Wojtek	T013		TEAM		00:00:00	01:37:40	05:50:06.35	05:50:06.35	0:00	3.8	(52.8%)
DNC	FRAĆ Mariusz	H079	BRAK	Hard - M		00:00:00	01:35:20	05:50:37.90	05:50:37.90	0:00	3.8	(52.8%)
DNC	SADZAWICKI Adam	H121		Hard - M		00:00:00	01:22:39	05:52:06.50	05:52:06.50	0:00	3.7	(51.4%)
DNC	PADUCH Jakub	X20	SFORA BMK	Hard X		00:43:41	01:35:52	05:52:21.55	06:36:03.45	0:00	3.7	(51.4%)
DNC	KOZACZUK Darek	H193		Hard - M		00:00:00	01:23:40	05:57:08.60	05:57:08.60	0:00	3.7	(51.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	7km	Czas netto 22km	Czas brutto 22km	Różn	Tempo min/km	Tempo km/h
DNC	SZCZUKA Paweł	H044	LOGWIN TEAM SPORT	Hard - M		00:00:00	01:35:57	05:57:32.40	05:57:32.40	0:00	3.7	(51.4%)
DNC	MUSZALSKI Maciej	H114		Hard - M		00:00:00	01:19:22	05:58:17.25	05:58:17.25	0:00	3.7	(51.4%)
DNC	KUROWSKI Robert , HRNYTKO Michał , DOBIES Patrycjusz , PĘDZISZ Sebastian	T011	RATOWNICY ZG RUDNA	TEAM		00:00:00	01:37:30	05:59:25.60	05:59:25.60	0:00	3.7	(51.4%)
DNC	CHOMICZ Daniel	H020		Hard - M		00:00:00	01:35:55	06:01:07.90	06:01:07.90	0:00	3.7	(51.4%)
DNC	BARANOWSKA Dorota	H074		Hard - K		00:00:00	01:36:04	06:02:11.35	06:02:11.35	0:00	3.6	(50.0%)
DNC	DZIERGAS Teresa	H116	ULTRA KSP	Hard - K		00:00:00	01:41:46	06:06:54.55	06:06:54.55	0:00	3.6	(50.0%)
DNC	CHODOROWSKI Arkadiusz	H117	ULTRA KSP	Hard - M		00:00:00	01:41:48	06:06:59.05	06:06:59.05	0:00	3.6	(50.0%)
DNC	MIKOŁAJCZYK Mariusz	H118	ULTRA KSP	Hard - M		00:00:00	01:41:47	06:07:01.15	06:07:01.15	0:00	3.6	(50.0%)
DNC	BOBROWICZ Jakub	A043		Hard Hist - M		00:00:00	01:30:56	06:08:25.75	06:08:25.75	0:00	3.6	(50.0%)
DNC	WIERDAK Maciej , DĄBEK Bartosz	T010	RATOWNICY ZG RUDNA	TEAM		00:00:00	01:38:30	06:08:29.50	06:08:29.50	0:00	3.6	(50.0%)
DNC	ŁASKAWSKI Michał	A014	BEFIT24TEAM	Hard Hist - M		00:00:00	01:38:17	06:10:10.30	06:10:10.30	0:00	3.6	(50.0%)
DNC	KARPOWSKI Marcin , KARPOWSKA Marzena , KLIMAS Janusz , DUBIELECKI Adam	T020	DEFENDER 3	TEAM		00:00:00	01:34:58	06:11:30.50	06:11:30.50	0:00	3.6	(50.0%)
DNC	BRYL Piotr	H192	43BLP	Hard - M		00:00:00	01:40:43	06:12:31.40	06:12:31.40	0:00	3.5	(48.6%)
DNC	POBUDKIEWICZ Maciej , LECH Mateusz , PIĘTKA Marcin , RAK Cezary	T009	HARDCOROWE WYCHYLYLYBYMY	TEAM		00:00:00	01:35:34	06:15:17.20	06:15:17.20	0:00	3.5	(48.6%)
DNC	STEMPNIAK Paweł	H091	SFORA BMK	Hard - M		00:00:00	01:40:19	06:18:01.70	06:18:01.70	0:00	3.5	(48.6%)
DNC	VANLITSENBURGH Baptiste	H133		Hard - M		00:00:00	01:30:44	06:18:22.60	06:18:22.60	0:00	3.5	(48.6%)
DNC	KONIKOWSKI Mateusz	H119		Hard - M		00:00:00	01:30:44	06:18:23.75	06:18:23.75	0:00	3.5	(48.6%)
DNC	STRĄGOWSKA Katarzyna	X19		Hard X		00:43:51	01:42:32	06:22:11.15	07:06:02.25	0:00	3.5	(48.6%)
DNC	LEŚNIEWSKA Lilianna	A030		Hard Hist - K		00:00:00	01:42:01	06:24:24.55	06:24:24.55	0:00	3.4	(47.2%)
DNC	KAŁKOWSKA Karolina	A028	DIRTY SPARROWS	Hard Hist - K		00:00:00	01:42:07	06:24:50.70	06:24:50.70	0:00	3.4	(47.2%)
DNC	TWAROWSKI Zbigniew	H021		Hard - M		00:00:00	01:30:31	06:25:53.70	06:25:53.70	0:00	3.4	(47.2%)
DNC	FORGIEL Karolina	A034	HARDCOROWE WYCHYLYLYBYMY	Hard Hist - K		00:00:00	01:42:08	06:26:05.40	06:26:05.40	0:00	3.4	(47.2%)
DNC	CHWALISZ Paweł	H152		Hard - M		00:00:00	01:37:46	06:26:34.65	06:26:34.65	0:00	3.4	(47.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	7km	Czas netto 22km	Czas brutto 22km	Różn	Tempo min/km	Tempo km/h
DNC	FLATHAU Michael	H056	MILITARY TRAINING HAMBURG	Hard - M		00:00:00	01:41:08	06:28:15.95	06:28:15.95	0:00		3.4 (47.2%)
DNC	PODLASZEWSKI Jacek	H177		Hard - M		00:00:00	01:36:59	06:30:57.50	06:30:57.50	0:00		3.4 (47.2%)
DNC	WŁODARCZYK Teresa	H018		Hard - K		00:00:00	01:36:58	06:30:57.90	06:30:57.90	0:00		3.4 (47.2%)
DNC	MODZELEWSKA Karolina	H003	SPC	Hard - K		00:00:00	01:36:58	06:30:58.10	06:30:58.10	0:00		3.4 (47.2%)
DNC	BĄK Andrzej	H026	SPC	Hard - M		00:00:00	01:37:01	06:30:58.50	06:30:58.50	0:00		3.4 (47.2%)
DNC	WIŚNIEWSKI Włodzimierz	H001	SPC	Hard - M		00:00:00	01:37:01	06:30:58.50	06:30:58.50	0:00		3.4 (47.2%)
DNC	DOMOSŁAWSKA Joanna	H160		Hard - K		00:00:00	01:37:47	06:32:26.35	06:32:26.35	0:00		3.4 (47.2%)
DNC	DOMOSŁAWSKI Paweł	H159		Hard - M		00:00:00	01:37:47	06:32:30.90	06:32:30.90	0:00		3.4 (47.2%)
DNC	PROKOP Piotrek	H125		Hard - M		00:00:00	01:36:34	06:34:49.10	06:34:49.10	0:00		3.3 (45.8%)
DNC	DZIECINA Ewelina	X4		Hard - K		00:00:00	01:36:33	06:34:49.65	06:34:49.65	0:00		3.3 (45.8%)
DNC	PABIAN Agnieszka	H168	HUNTERS OCR TEAM	Hard - K		00:00:00	01:45:41	06:36:44.10	06:36:44.10	0:00		3.3 (45.8%)
DNC	JAKUBASEK Mariusz	H130	KRAVWAWA	Hard - M		00:00:00	01:35:20	06:37:50.70	06:37:50.70	0:00		3.3 (45.8%)
DNC	ORZECH Damian	H167		Hard - M		00:00:00	01:45:46	06:39:22.55	06:39:22.55	0:00		3.3 (45.8%)
DNC	KARPIŃSKI Bartłomiej	H190	RAGNAROK SZCZECIN	Hard - M		00:00:00	01:35:06	06:41:08.25	06:41:08.25	0:00		3.3 (45.8%)
DNC	PIĘKOŚ Monika	H078		Hard - K		00:00:00	01:46:34	06:45:07.15	06:45:07.15	0:00		3.3 (45.8%)
DNC	KŁOS Ewa	H169	HUNTERS OCR TEAM	Hard - K		00:00:00	01:46:33	06:46:52.50	06:46:52.50	0:00		3.2 (44.4%)
DNC	WOLSKI Paweł	H084		Hard - M		00:00:00	01:37:14	06:50:39.45	06:50:39.45	0:00		3.2 (44.4%)
DNC	MURAWSKI Mateusz	H083		Hard - M		00:00:00	01:37:17	06:50:48.95	06:50:48.95	0:00		3.2 (44.4%)
DNC	BUCZKO Ewelina	H208	BIG YELLOW FOOT ADVENTURE TEAM	Hard - K		00:00:00	01:57:20	06:56:03.00	06:56:03.00	0:00		3.2 (44.4%)
DNC	NIETUPSKI Krzysztof	H061		Hard - M		00:00:00	01:57:18	06:56:09.00	06:56:09.00	0:00		3.2 (44.4%)
DNC	PRACZKOWSKI Michal	H062		Hard - M		00:00:00	01:57:21	06:56:10.95	06:56:10.95	0:00		3.2 (44.4%)
DNC	KLOCEK Faustyna	H143		Hard - K		00:00:00	01:37:11	07:05:44.40	07:05:44.40	0:00		3.1 (43.1%)
DNC	LINOWSKI Grzegorz	H188	DZIADY OCR	Hard - M		00:00:00	01:41:07	07:07:32.95	07:07:32.95	0:00		3.1 (43.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	7km	Czas netto 22km	Czas brutto 22km	Różn	Tempo min/km	Tempo km/h
DNC	PUCZYŃSKA Magdalena	H187		Hard - K		00:00:00	01:41:09	07:07:35.45	07:07:35.45	0:00	3.1	(43.1%)
DNC	WEBER Sven	H054	MILITARY TRAINING HAMBURG	Hard - M		00:00:00	01:41:16	07:09:10.50	07:09:10.50	0:00	3.1	(43.1%)
DNC	KOSEWSKA Monika	H175	SFORA BMK	Hard - K		00:00:00	01:40:12	07:10:07.75	07:10:07.75	0:00	3.1	(43.1%)
DNC	CYGAN Mariusz	H142		Hard - M		00:00:00	01:36:59	07:10:10.70	07:10:10.70	0:00	3.1	(43.1%)
DNC	ZIĘBA Mateusz	H144		Hard - M		00:00:00	01:45:00	07:10:18.40	07:10:18.40	0:00	3.1	(43.1%)
DNC	KRZYMIŃSKI Piotr	H053	MILITARY TRAINING HAMBURG	Hard - M		00:00:00	01:43:01	07:12:03.70	07:12:03.70	0:00	3.1	(43.1%)
DNC	PIEKARSKI Paweł	H086	BRAVEHEARTS LEGI	Hard - M		00:00:00	01:37:02	07:13:46.05	07:13:46.05	0:00	3	(41.7%)
DNC	SOBOLEWSKA Agata	H011		Hard - K		00:00:00	01:45:51	07:13:50.35	07:13:50.35	0:00	3	(41.7%)
DNC	WAGA Paweł	H031	MASADA	Hard - M		00:00:00	01:45:51	07:13:51.15	07:13:51.15	0:00	3	(41.7%)
DNC	SZCZYPLIŃSKA Anna	H185	SFORA BMK	Hard - K		00:00:00	01:40:13	07:14:39.25	07:14:39.25	0:00	3	(41.7%)
DNC	GÓRSKA Ilona	H197		Hard - K		00:00:00	01:35:50	07:42:38.80	07:42:38.80	0:00	2.9	(40.3%)
DNC	GUJDA Janusz	H196		Hard - M		00:00:00	01:35:32	07:43:36.60	07:43:36.60	0:00	2.8	(38.9%)
DNC	KLIMCZUK Paweł	H139		Hard - M		00:00:00	01:49:10	08:12:38.35	08:12:38.35	0:00	2.7	(37.5%)
DNC	SZYMAŃSKI Mariusz	H071		Hard - M		00:00:00						(0.0%)
DNC	SZEWKA Jarosław	A023	NNS	Hard Hist - M		00:00:00						(0.0%)

Znaleziono 258 wynik(ów)