



BIEG NA 5 KILOMETRÓW | XII BIEG SIEDLECKIEGO JACKA

B4SPORT

Wydarzenie: XII Bieg Siedleckiego Jacka
Organizator: Agencja Rozwoju Miasta Siedlce sp. z o.o.
Data: 2021-08-29
Miejsce: Siedlce
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ANDRZEJEWSKA Joanna	333	LUBELSKIBIEGACZ.PL TEAM	K50	1	00:00:08	00:20:59.45	00:21:07.85		4:11	14.3 (100%)
2	KORZENIOWSKA Karolina	505	POWER TRAINING	K30	1	00:00:06	00:21:15.90	00:21:22.60	+00:00:16 (1.3%)	4:15	14.1 (98.6%)
3	WIERCIOCH Izabela	314	RACEFIGHTER GOSIR DĘBE WIELKIE	K20	1	00:00:07	00:21:29.30	00:21:36.60	+00:00:29 (2.3%)	4:17	14 (97.9%)
4	OSIŃSKA Monika	376	BIEGACZE POMAGACZE/DZIKIE BORSUKI	K40	1	00:00:07	00:22:27.70	00:22:35.60	+00:01:28 (6.5%)	4:29	13.4 (93.7%)
5	JAREK Anna	323	RACEFIGHTER GOSIR DĘBE WIELKIE	K40	2	00:00:07	00:23:11.75	00:23:19.65	+00:02:12 (9.5%)	4:38	12.9 (90.2%)
6	GÓRSKA Angelika	466		K30	2	00:00:08	00:23:15.80	00:23:23.95	+00:02:16 (9.8%)	4:39	12.9 (90.2%)
7	JÓŹWIAK Barbara	229	YULO RUN TEAM SIEDLCE	K40	3	00:00:09	00:23:26.70	00:23:35.85	+00:02:27 (10.5%)	4:41	12.8 (89.5%)
8	BIERNACKA Agnieszka	315	YULO RUN TEAM SIEDLCE	K30	3	00:00:09	00:24:48.60	00:24:58.45	+00:03:49 (15.4%)	4:57	12.1 (84.6%)
9	HERTMAN Marzena	232		K30	4	00:00:08	00:24:52.00	00:25:00.70	+00:03:52 (15.6%)	4:58	12.1 (84.6%)
10	STAŃSKA Joanna	396		K30	5	00:00:15	00:25:43.10	00:25:58.75	+00:04:43 (18.4%)	5:08	11.7 (81.8%)
11	ŻÓŁKOWSKA Agnieszka	354	ZBUCKI RUCH	K40	4	00:00:07	00:25:58.55	00:26:05.95	+00:04:59 (19.2%)	5:11	11.6 (81.1%)
12	SIEROCIŃSKA Monika	452	DZIKI GOŁOBORZY	K40	5	00:00:09	00:26:03.50	00:26:12.75	+00:05:04 (19.4%)	5:12	11.5 (80.4%)
13	RING Urszula	293		K30	6	00:00:14	00:26:27.40	00:26:41.55	+00:05:27 (20.7%)	5:17	11.3 (79.0%)
14	JAREK Katarzyna	380		K40	6	00:00:10	00:26:38.65	00:26:48.75	+00:05:39 (21.2%)	5:19	11.3 (79.0%)
15	NIEDZIÓŁKA Anna	402		K30	7	00:00:14	00:26:39.30	00:26:54.00	+00:05:39 (21.2%)	5:19	11.3 (79.0%)
16	OLEKSIAK Iwona	306	VICTUS RĘBKÓW	K30	8	00:00:15	00:26:45.25	00:27:00.70	+00:05:45 (21.5%)	5:21	11.2 (78.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	CHOMA Grażyna	418	PĘDZĄCE LENIWCE	K40	7	00:00:15	00:26:46.90	00:27:01.95	+00:05:47 (21.6%)	5:21	11.2 (78.3%)
18	RZAŻEWSKA Joanna	302	ZBUCKI RUCH	K40	8	00:00:07	00:26:50.15	00:26:57.85	+00:05:50 (21.8%)	5:22	11.2 (78.3%)
19	KRAKOWSKA Małgorzata	450	PĘDZĄCE LENIWCE	K40	9	00:00:14	00:26:50.95	00:27:05.85	+00:05:51 (21.8%)	5:22	11.2 (78.3%)
20	HYCKOWSKA Aleksandra	216		K30	9	00:00:07	00:27:01.25	00:27:08.75	+00:06:01 (22.3%)	5:24	11.1 (77.6%)
21	IGNACIUK Iwona	398		K40	10	00:00:09	00:27:02.45	00:27:11.95	+00:06:03 (22.4%)	5:24	11.1 (77.6%)
22	JASTRZĘBSKA Sylwia	362	WLKS SIEDLCE IGANIE NOWE	K20	2	00:00:08	00:27:03.40	00:27:11.90	+00:06:03 (22.4%)	5:24	11.1 (77.6%)
23	ROSA Kasia	332		K30	10	00:00:08	00:27:09.60	00:27:18.20	+00:06:10 (22.7%)	5:25	11 (76.9%)
24	KORZENIOWSKA Agnieszka	440		K30	11	00:00:00	00:27:25.00	00:27:25.00	+00:06:25 (23.4%)	5:29	10.9 (76.2%)
25	ŻABCZYNSKA-KOMOR Anita	465		K40	11	00:00:09	00:27:25.90	00:27:35.55	+00:06:26 (23.5%)	5:29	10.9 (76.2%)
26	KRUPA Paulina	213		K20	3	00:00:10	00:27:32.25	00:27:42.85	+00:06:32 (23.8%)	5:30	10.9 (76.2%)
27	MADEJ Monika	377		K40	12	00:00:12	00:27:47.65	00:27:59.65	+00:06:48 (24.5%)	5:33	10.8 (75.5%)
28	MOŹDŻONEK Beata	318		K30	12	00:00:08	00:27:53.65	00:28:02.25	+00:06:54 (24.7%)	5:34	10.8 (75.5%)
29	CHACINSKA Anna	475		K30	13	00:00:13	00:28:00.90	00:28:14.70	+00:07:01 (25.1%)	5:36	10.7 (74.8%)
30	ROZBICKA Iwona	386		K40	13	00:00:08	00:28:17.70	00:28:26.50	+00:07:18 (25.8%)	5:39	10.6 (74.1%)
31	ZYŚK Natalia	247		K30	14	00:00:08	00:28:39.95	00:28:48.70	+00:07:40 (26.8%)	5:43	10.5 (73.4%)
32	ZAWIŚLAK Jolanta	262		K50	2	00:00:09	00:28:44.40	00:28:53.85	+00:07:44 (27.0%)	5:44	10.4 (72.7%)
33	ZAWADA Kamila	416		K20	4	00:00:13	00:28:45.05	00:28:58.90	+00:07:45 (27.0%)	5:45	10.4 (72.7%)
34	SOLNICA Alicja	282	KLUB AKTYWNYCH PARKRUN SKÓRZEC	K30	15	00:00:11	00:28:56.95	00:29:08.00	+00:07:57 (27.5%)	5:47	10.4 (72.7%)
35	BOSEK-WADAS Monika	472		K40	14	00:00:15	00:29:01.50	00:29:17.05	+00:08:02 (27.7%)	5:48	10.3 (72.0%)
36	GONDEK Justyna	436		K20	5	00:00:09	00:29:07.70	00:29:17.35	+00:08:08 (27.9%)	5:49	10.3 (72.0%)
37	SIWIK Henryka	374		K50	3	00:00:13	00:29:12.20	00:29:25.85	+00:08:12 (28.1%)	5:50	10.3 (72.0%)
38	KRZEWNIAK Lidia	221		K40	15	00:00:12	00:29:22.25	00:29:34.95	+00:08:22 (28.5%)	5:52	10.2 (71.3%)
39	KRZEWNIAK Ewa	254		K20	6	00:00:12	00:29:22.70	00:29:35.55	+00:08:23 (28.5%)	5:52	10.2 (71.3%)

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40	SIDOR-WYSZOMIERSKA Magdalena	428		K30	16	00:00:15	00:29:31.35	00:29:46.55	+00:08:31 (28.9%)	5:54	10.2 (71.3%)
41	MONTEWKA DE VALLE Jowita	261		K40	16	00:00:10	00:29:33.35	00:29:44.30	+00:08:33 (29.0%)	5:54	10.2 (71.3%)
42	GŁUCHOWSKA Agnieszka	490		K30	17	00:00:09	00:29:35.10	00:29:44.25	+00:08:35 (29.0%)	5:55	10.1 (70.6%)
43	KORYCIŃSKA Mariola	431		K30	18	00:00:13	00:29:47.05	00:30:00.55	+00:08:47 (29.5%)	5:57	10.1 (70.6%)
44	MRÓZ Magdalena	204		K30	19	00:00:09	00:29:57.30	00:30:06.85	+00:08:57 (29.9%)	5:59	10 (69.9%)
44	RACZYŃSKA Natalia	430	MORSY SIEDLCE	K20	7	00:00:00	00:29:57.30	00:29:57.30	+00:08:57 (29.9%)	5:59	10 (69.9%)
46	LEWANDOWSKA Joanna	470	BEMOWO BIEGA	K40	17	00:00:16	00:29:59.50	00:30:16.40	+00:09:00 (30.0%)	5:59	10 (69.9%)
47	KĘDZIERSKA Joanna	242		K40	18	00:00:10	00:30:07.60	00:30:18.45	+00:09:08 (30.3%)	6:01	10 (69.9%)
48	JUREK Dorota	385	PRYWATNY	K30	20	00:00:12	00:30:12.70	00:30:25.55	+00:09:13 (30.5%)	6:02	9.9 (69.2%)
49	WOŹNICA Marta	457	GOLICE TEAM	K40	19	00:00:12	00:30:19.00	00:30:31.25	+00:09:19 (30.8%)	6:03	9.9 (69.2%)
50	DANIELAK Marzena	442	KLUB AKTYWNYCH PARKRUN SKÓRZECC	K40	20	00:00:11	00:30:23.25	00:30:34.85	+00:09:23 (30.9%)	6:04	9.9 (69.2%)
51	CISZEWSKA Magda	498		K30	21	00:00:18	00:30:28.15	00:30:46.60	+00:09:28 (31.1%)	6:05	9.8 (68.5%)
52	MRUCZYŃSKA-PIETRUCZANIS Katarzyna	212	AKTYWNI WĘGRÓW / DEVI HIMAL TEAM	K40	21	00:00:16	00:30:52.65	00:31:09.55	+00:09:53 (32.0%)	6:10	9.7 (67.8%)
53	TULEJ Bożena	276		K50	4	00:00:15	00:30:52.75	00:31:08.45	+00:09:53 (32.0%)	6:10	9.7 (67.8%)
54	SIKORSKA Wioleta	422	.	K30	22	00:00:16	00:30:52.95	00:31:08.95	+00:09:53 (32.0%)	6:10	9.7 (67.8%)
55	RAGO Monika	496		K30	23	00:00:17	00:31:12.45	00:31:30.15	+00:10:13 (32.7%)	6:14	9.6 (67.1%)
56	RACZYŃSKA Iza	499		K30	24	00:00:13	00:31:22.05	00:31:35.50	+00:10:22 (33.1%)	6:16	9.6 (67.1%)
57	KOSSAKOWSKA Dorota	403		K50	5	00:00:10	00:31:31.05	00:31:41.15	+00:10:31 (33.4%)	6:18	9.5 (66.4%)
58	KOSOWSKA Magdalena	399		K30	25	00:00:10	00:31:57.60	00:32:07.70	+00:10:58 (34.3%)	6:23	9.4 (65.7%)
59	BORKOWSKA Arletta	429	MORSY SIEDLCE	K40	22	00:00:13	00:31:57.80	00:32:11.40	+00:10:58 (34.3%)	6:23	9.4 (65.7%)
60	PRUSIŃSKA Agnieszka	251		K40	23	00:00:17	00:31:58.45	00:32:16.20	+00:10:59 (34.4%)	6:23	9.4 (65.7%)
61	JÓŹWIAK Magda	271		K40	24	00:00:15	00:32:07.95	00:32:23.75	+00:11:08 (34.7%)	6:25	9.3 (65.0%)
62	SZYSZ Alina	379		K30	26	00:00:12	00:32:10.60	00:32:23.00	+00:11:11 (34.8%)	6:26	9.3 (65.0%)

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63	KISIELIŃSKA Anna	256		K40	25	00:00:16	00:32:10.95	00:32:27.75	+00:11:11 (34.8%)	6:26	9.3 (65.0%)
64	DĘBAŁA Ilona	366	KLUB KROPKA	K20	8	00:00:20	00:32:12.75	00:32:32.90	+00:11:13 (34.8%)	6:26	9.3 (65.0%)
65	SZEWCZAK Magdalena	298		K30	27	00:00:14	00:32:19.15	00:32:33.55	+00:11:19 (35.1%)	6:27	9.3 (65.0%)
66	KOMAR Małgorzata	358		K40	26	00:00:15	00:32:22.75	00:32:38.10	+00:11:23 (35.2%)	6:28	9.3 (65.0%)
67	MEJKA Aneta	327	RACEFIGHTER GOSIR DĘBE WIELKIE	K40	27	00:00:13	00:32:23.85	00:32:37.40	+00:11:24 (35.2%)	6:28	9.3 (65.0%)
68	MARCINIUK Agata	507	KLUB AKTYWNYCH PARKRUN SKÓRZEC	K40	28	00:00:14	00:32:37.35	00:32:51.90	+00:11:37 (35.7%)	6:31	9.2 (64.3%)
69	ORYSZCZAK Justyna	324		K30	28	00:00:13	00:32:41.90	00:32:54.90	+00:11:42 (35.8%)	6:32	9.2 (64.3%)
70	JASTRZĘBSKA Barbara	484		K30	29	00:00:12	00:32:45.70	00:32:57.70	+00:11:46 (35.9%)	6:33	9.2 (64.3%)
71	JAKUBAS Agnieszka	345		K30	30	00:00:13	00:32:54.20	00:33:07.25	+00:11:54 (36.2%)	6:34	9.1 (63.6%)
72	BOJANOWSKA Elwira	384		K30	31	00:00:12	00:32:59.10	00:33:11.95	+00:11:59 (36.4%)	6:35	9.1 (63.6%)
73	POCHOPIEŃ Paulina	301	IKS SIEDLCE	K20	9	00:00:13	00:33:06.60	00:33:20.55	+00:12:07 (36.6%)	6:37	9.1 (63.6%)
74	ADAMIEC Monika	426		K30	32	00:00:14	00:33:10.65	00:33:25.55	+00:12:11 (36.7%)	6:38	9 (62.9%)
75	DADUŃ Magdalena	462		K30	33	00:00:15	00:33:22.75	00:33:37.75	+00:12:23 (37.1%)	6:40	9 (62.9%)
76	MAGIERA Agata	463		K40	29	00:00:14	00:33:22.80	00:33:37.75	+00:12:23 (37.1%)	6:40	9 (62.9%)
77	POCHOPIEŃ Patrycja	342	IKS SIEDLCE	K20	10	00:00:14	00:33:29.15	00:33:43.35	+00:12:29 (37.3%)	6:41	9 (62.9%)
78	MARCINIAK Malwina	285		K20	11	00:00:16	00:33:40.55	00:33:56.70	+00:12:41 (37.7%)	6:44	8.9 (62.2%)
79	WIŚNIEWSKA Agnieszka	215		K40	30	00:00:16	00:33:41.45	00:33:57.95	+00:12:42 (37.7%)	6:44	8.9 (62.2%)
80	ZYCH Monika	421		K30	34	00:00:11	00:33:50.85	00:34:02.55	+00:12:51 (38.0%)	6:46	8.9 (62.2%)
81	BALAS Agnieszka	208		K30	35	00:00:20	00:33:55.75	00:34:16.35	+00:12:56 (38.1%)	6:47	8.8 (61.5%)
82	POCHOPIEŃ Ewa	328		K50	6	00:00:14	00:33:57.45	00:34:11.75	+00:12:58 (38.2%)	6:47	8.8 (61.5%)
83	MITURA Hanna	459		K50	7	00:00:11	00:34:11.20	00:34:22.55	+00:13:11 (38.6%)	6:50	8.8 (61.5%)
84	BORUTA Anna	367		K50	8	00:00:00	00:34:39.70	00:34:39.70	+00:13:40 (39.4%)	6:55	8.7 (60.8%)
85	TROJANEK Małgorzata	311	KLUB ZDROWEGO STYLU ŻYCIA	K50	9	00:00:18	00:35:05.55	00:35:24.35	+00:14:06 (40.2%)	7:01	8.6 (60.1%)

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86	DZIEWULSKA Marta	264		K40	31	00:00:16	00:35:27.60	00:35:43.95	+00:14:28 (40.8%)	7:05	8.5 (59.4%)
87	JAGODZIŃSKA Edyta	266		K30	36	00:00:11	00:35:32.05	00:35:43.65	+00:14:32 (40.9%)	7:06	8.4 (58.7%)
88	SOSZYŃSKA Agnieszka	265		K30	37	00:00:00	00:35:44.10	00:35:44.10	+00:14:44 (41.3%)	7:08	8.4 (58.7%)
89	GRABOWSKA Paulina	482		K20	12	00:00:06	00:36:02.95	00:36:09.35	+00:15:03 (41.8%)	7:12	8.3 (58.0%)
90	WOSK Joanna	259	BO JAK NIE MY TO KTO?	K50	10	00:00:14	00:36:13.30	00:36:27.40	+00:15:13 (42.0%)	7:14	8.3 (58.0%)
91	SZELECH Gabriela	486		K20	13	00:00:06	00:36:44.70	00:36:51.50	+00:15:45 (42.9%)	7:20	8.2 (57.3%)
92	KUKLA Monika	274		K40	32	00:00:18	00:36:50.60	00:37:09.10	+00:15:51 (43.0%)	7:22	8.1 (56.6%)
93	KOMOSA Ewa	393		K30	38	00:00:10	00:37:41.25	00:37:51.80	+00:16:41 (44.3%)	7:32	8 (55.9%)
94	WAWRZYNCZAK Anna	231		K40	33	00:00:16	00:38:25.75	00:38:42.20	+00:17:26 (45.4%)	7:41	7.8 (54.5%)
95	MYŚKIEWICZ Monika	437	MORSY SIEDLCE	K40	34	00:00:14	00:38:32.75	00:38:47.15	+00:17:33 (45.5%)	7:42	7.8 (54.5%)
96	JASZCZUK Małgorzata	438	MORSY SIEDLCE	K40	35	00:00:14	00:38:33.00	00:38:47.25	+00:17:33 (45.5%)	7:42	7.8 (54.5%)
97	PACIOREK Wiktoria	412		K20	14	00:00:12	00:38:45.35	00:38:57.35	+00:17:45 (45.8%)	7:45	7.7 (53.8%)
98	SZYMAŃSKA Zuzanna	241		K20	15	00:00:17	00:39:04.55	00:39:21.95	+00:18:05 (46.3%)	7:48	7.7 (53.8%)
99	SKORUPKA Anna	409	GRUPA BIEGACZY SKORZEC BIEGA	K40	36	00:00:19	00:39:22.60	00:39:41.95	+00:18:23 (46.7%)	7:52	7.6 (53.1%)
100	PIEKART Dorota	419	GRUPA BIEGACZY SKÓRZEC BIEGA	K40	37	00:00:18	00:39:22.95	00:39:41.45	+00:18:23 (46.7%)	7:52	7.6 (53.1%)
101	OLĘDZKA-KULIK Monika	410	GRUPA BIEGACZY SKÓRZEC BIEGA	K40	38	00:00:18	00:39:23.40	00:39:42.05	+00:18:23 (46.7%)	7:52	7.6 (53.1%)
102	KONDRACIUK Elwira	252		K40	39	00:00:16	00:41:27.65	00:41:44.45	+00:20:28 (49.4%)	8:17	7.2 (50.3%)
103	SZYMAŃSKA Eliza	238		K40	40	00:00:16	00:43:20.45	00:43:37.25	+00:22:21 (51.6%)	8:40	6.9 (48.3%)

Znaleziono 103 wynik(ów)