



BIEG NA DYSTANSIE 7.5 KM

B4SPORT

Wydarzenie:

VIII DRAWSKI BIEG PRZEŁAJOWY IM. JANA
BUŁCZYŃSKIEGO

Organizator:

Stowarzyszenie ZDRUN EXTREME

Data:

2024-06-16

Miejsce:

Drawsko Pomorskie

Dystans:

7.5 km

 **HERKULES**
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Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	ABEK	Czas netto 7.5km	Różn	Tempo min/km	Tempo km/h
1	NOWAK Iwona	115	POWER BODY	K-30	1		00:33:46.75		4:30	13.3 (100%)
2	KĘDZIERSKA Karolina	91	FIZJOBIEGACZE SZCZECIN	K-40	1		00:35:16.00	+00:01:29 (4.2%)	4:42	12.8 (96.2%)
3	BOREK Alicja	75	MKS	K-16	1		00:36:54.40	+00:03:07 (8.5%)	4:55	12.2 (91.7%)
4	MACIEJEWSKA Katarzyna	106		K-20	1		00:37:26.40	+00:03:39 (9.8%)	4:59	12 (90.2%)
5	GRABCZEWSKA Ewa	82	BOJOWI AMATORZY	K-30	2		00:42:23.25	+00:08:36 (20.3%)	5:39	10.6 (79.7%)
6	BORKOWSKA Alicja	23		K-50	1		00:45:17.45	+00:11:30 (25.4%)	6:02	9.9 (74.4%)
7	MAKUCH Katarzyna	108	EL TORO DE ORO	K-40	2		00:46:05.10	+00:12:18 (26.7%)	6:08	9.8 (73.7%)
8	BIERNAT Marcelina	73	EL TORO DE ORO	K-30	3		00:46:04.40	+00:12:17 (26.7%)	6:08	9.8 (73.7%)
9	BANY Mirela	70		K-30	4		00:47:20.10	+00:13:33 (28.6%)	6:18	9.5 (71.4%)
10	GAŁAN Joanna	81		K-50	2		00:47:32.75	+00:13:46 (29.0%)	6:20	9.5 (71.4%)
11	KSIĄŻEK Teresa	95		K-60	1		00:49:08.10	+00:15:21 (31.3%)	6:33	9.2 (69.2%)
12	PLEWA Paulina	122		K-20	2		00:49:20.60	+00:15:33 (31.5%)	6:34	9.1 (68.4%)
13	ANTONIAK Justyna	67	EL TORO DE ORO	K-40	3		00:49:46.60	+00:15:59 (32.1%)	6:38	9 (67.7%)
14	MACIEJEWSKA Lucyna	105		K-50	3		00:51:30.00	+00:17:43 (34.4%)	6:52	8.7 (65.4%)
15	MATUSIAK Aurelia	111	MUKS OYAMA DRAWSKO POMORSKIE	K-16	2		00:52:41.75	+00:18:55 (35.9%)	7:01	8.5 (63.9%)
16	TYLKA Agnieszka	134	MUKS OYAMA DRAWSKO POM.	K-40	4		00:52:59.40	+00:19:12 (36.3%)	7:03	8.5 (63.9%)
17	KUŚMIDER Katarzyna	101		K-30	5		00:53:08.25	+00:19:21 (36.4%)	7:05	8.5 (63.9%)
18	KORDJAREK Justyna	93		K-40	5		00:53:17.85	+00:19:31 (36.6%)	7:06	8.4 (63.2%)
19	KISIEL Anna	92	FIZJOBIEGACZE SZCZECIN	K-40	6		00:53:35.30	+00:19:48 (37.0%)	7:08	8.4 (63.2%)
20	ŻUKOWSKA Martyna	142		K-16	3		00:53:40.15	+00:19:53 (37.1%)	7:09	8.4 (63.2%)
21	PROBOLA Monika	123		K-40	7		00:53:57.65	+00:20:10 (37.4%)	7:11	8.3 (62.4%)
22	MATUSIAK Ilona	110		K-30	6		00:54:03.90	+00:20:17 (37.5%)	7:12	8.3 (62.4%)
23	DROŻDŻYK Sylwia	11	ABEK	K-30	7	Tak	00:54:26.80	+00:20:40 (38.0%)	7:15	8.3 (62.4%)
24	CZEREŚNIAK Iwona	79		K-50	4		00:55:08.55	+00:21:21 (38.7%)	7:21	8.2 (61.7%)
25	WOJTECZKO Magdalena	140		K-40	8		00:55:53.60	+00:22:06 (39.6%)	7:27	8.1 (60.9%)
26	WESOŁOWSKA Katarzyna	137		K-20	3		00:57:57.55	+00:24:10 (41.7%)	7:43	7.8 (58.6%)

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27	KUCHARCZYK Elżbieta	97	RUNGRYF GRYFICE	K-50	5		00:58:06.70	+00:24:19 (41.9%)	7:44	7.7 (57.9%)
28	ORZEPOWSKA Joanna	118		K-40	9		00:58:43.10	+00:24:56 (42.5%)	7:49	7.7 (57.9%)
29	KLIMCZAK Kamila	3	ABEK SP.ZO.O	K-40	10	Tak	01:00:52.85	+00:27:06 (44.5%)	8:06	7.4 (55.6%)
30	CHMIELECKA Martyna	16	ABEK	K-20	4	Tak	01:00:43.10	+00:26:56 (44.4%)	8:05	7.4 (55.6%)
31	MYLKE Katarzyna	113		K-40	11		01:01:00.55	+00:27:13 (44.6%)	8:08	7.4 (55.6%)
32	SKOWYRA Wioletta	127	RUNGRYF	K-50	6		01:04:23.90	+00:30:37 (47.5%)	8:35	7 (52.6%)
33	GOLEC Anna	9	ABEK	K-30	8	Tak	01:20:32.20	+00:46:45 (58.1%)	10:44	5.6 (42.1%)
34	REDŹKO Patrycja	8	ABEK	K-30	9	Tak	01:20:33.70	+00:46:46 (58.1%)	10:44	5.6 (42.1%)
35	WAWRZYNIAK Natalia	135		K-20	5		02:12:12.65	+01:38:25 (74.5%)	17:37	3.4 (25.6%)

Znaleziono 35 wynik(ów)