



Wydarzenie: Bieg i Nordic Walking na K2
Organizator: Parafia pw. Św. Jana Kantego w Słupsku
Data: 2018-06-23
Miejsce: Słupsk
Dystans: 8.611 km

BIEG NA K2

B4SPORT



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.611km	Różn	Tempo min/km	Tempo km/h
1	RUDNIK Krzysztof	65	NIGHT RUNNERS SŁUPSK	M-Open	1	00:36:41.70		4:15	14.1 (100%)
2	KOZAK Arkadiusz	200	HERKULES	M-Open	2	00:37:46.15	+00:01:04 (2.8%)	4:23	13.7 (97.2%)
3	JAKUBEK Patryk	188	ŚWIAT PŁYTEK U KRYSPIŃ	M-Open	3	00:38:39.45	+00:01:57 (5.1%)	4:29	13.4 (95.0%)
4	HERMAN Arkadiusz	122		M-Open	4	00:38:44.95	+00:02:03 (5.3%)	4:30	13.3 (94.3%)
5	WILMONT Krzysztof	92	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	M-Open	5	00:38:49.25	+00:02:07 (5.5%)	4:30	13.3 (94.3%)
6	GARSKI Krystin	111	ŚWIAT PŁYTEK U KRYSPIŃ	M-Open	6	00:38:54.85	+00:02:13 (5.7%)	4:31	13.3 (94.3%)
7	ROLBIECKI Łukasz	63	OSF	M-Open	7	00:40:17.55	+00:03:35 (8.9%)	4:40	12.8 (90.8%)
8	JĘCEK Krzysztof	23		M-Open	8	00:40:22.20	+00:03:40 (9.1%)	4:41	12.8 (90.8%)
9	DUDA Grzegorz	14	OSP BUKÓWKA	M-Open	9	00:40:53.45	+00:04:11 (10.3%)	4:44	12.6 (89.4%)
10	FURMAN Tomasz	108		M-Open	10	00:41:58.30	+00:05:16 (12.6%)	4:52	12.3 (87.2%)
11	OLESEK Jerzy	152	SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ	M-Open	11	00:42:12.05	+00:05:30 (13.0%)	4:54	12.2 (86.5%)
12	KOCZOROWSKI Paweł	30	W.P.K SŁOŃ TEAM USTKA	M-Open	12	00:42:16.35	+00:05:34 (13.2%)	4:54	12.2 (86.5%)
13	MŁYNARCZYK Zbigniew	46	CENTRALNY POLIGON SIŁ POWIETRZNYCH	M-Open	13	00:42:16.75	+00:05:35 (13.2%)	4:54	12.2 (86.5%)
14	TOMCZAK Dominik	82	NIGHT RUNNERS SŁUPSK	M-Open	14	00:42:28.60	+00:05:46 (13.6%)	4:56	12.2 (86.5%)
15	CHUDY Henryk	8	KS OLSZEWSKI I SYNOWIE	M-Open	15	00:42:29.05	+00:05:47 (13.6%)	4:56	12.2 (86.5%)
16	OSIŃSKI Wojciech	55		M-Open	16	00:42:34.65	+00:05:52 (13.8%)	4:56	12.1 (85.8%)
17	KOZIEŁ Krzysztof	131	SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ	M-Open	17	00:43:01.00	+00:06:19 (14.7%)	4:59	12 (85.1%)
18	JAWORSKI Krzysztof	22		M-Open	18	00:43:10.90	+00:06:29 (15.0%)	5:00	12 (85.1%)
19	MOROŃ Jarosław	148	USB USTKA	M-Open	19	00:43:13.70	+00:06:32 (15.1%)	5:01	11.9 (84.4%)
20	SITEK Mariusz	168		M-Open	20	00:43:38.05	+00:06:56 (15.9%)	5:04	11.8 (83.7%)
21	FABICH Adrian	186	USB USTKA	M-Open	21	00:43:41.55	+00:06:59 (16.0%)	5:04	11.8 (83.7%)
22	SZCZERBATY Paweł	71		M-Open	22	00:43:42.50	+00:07:00 (16.0%)	5:04	11.8 (83.7%)
23	JANKOWSKI Grzegorz	19	ŚWIAT PŁYTEK U KRYSPIŃ	M-Open	23	00:43:50.80	+00:07:09 (16.3%)	5:05	11.8 (83.7%)
24	PAZDA-POZORSKA Gosiunia	156	POLTAREX AML NIGHTRUNNERS	K-Open	1	00:44:12.35	+00:07:30 (17.0%)	5:08	11.7 (83.0%)
25	KONKEL Agnieszka	129		K-Open	2	00:46:07.10	+00:09:25 (20.4%)	5:21	11.2 (79.4%)
26	ZAWIEROWSKA Ewelina	95	W.P.K SŁOŃ TEAM USTKA	K-Open	3	00:46:29.15	+00:09:47 (21.1%)	5:23	11.1 (78.7%)
27	CZYŻYKOWSKI Krzysztof	105		M-Open	24	00:47:01.75	+00:10:20 (22.0%)	5:27	11 (78.0%)

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						netto	Różn		
						8.611km			
28	BAJERLEIN Joanna	2		K-Open	4	00:47:31.65	+00:10:49 (22.8%)	5:31	10.9 (77.3%)
29	BANCEWICZ Tomasz	98	SALON KOSMETYCZNY DIAMENT SŁUPSK	M-Open	25	00:47:38.75	+00:10:57 (23.0%)	5:31	10.8 (76.6%)
30	WĘSIERSKA-MUŁYK Marzena	174	NIGHT RUNNERS SŁUPSK	K-Open	5	00:47:59.40	+00:11:17 (23.5%)	5:34	10.8 (76.6%)
31	DYJAS Klaudiusz	185	NIGHT RUNNERS SŁUPSK	M-Open	26	00:48:09.25	+00:11:27 (23.8%)	5:35	10.7 (75.9%)
32	PROTASEWICZ Andrzej	59	SŁAWNO	M-Open	27	00:48:10.35	+00:11:28 (23.8%)	5:35	10.7 (75.9%)
33	PUŚCIAN Krzysztof	61	SZKOŁA PODSTAWOWA W MANOWIE	M-Open	28	00:48:14.30	+00:11:32 (23.9%)	5:36	10.7 (75.9%)
34	SIDOR Mariusz	161	ŁOSOŚ T.E.A.M.	M-Open	29	00:48:19.75	+00:11:38 (24.1%)	5:36	10.7 (75.9%)
35	SZURGOCIŃSKI Paweł	77		M-Open	30	00:48:21.70	+00:11:40 (24.1%)	5:37	10.7 (75.9%)
36	GORZKOWSKI Paweł	116	STOPA SŁUPSK	M-Open	31	00:48:30.35	+00:11:48 (24.3%)	5:38	10.6 (75.2%)
37	ZIĘTARA Dawid	96	BALTIC SEALS	M-Open	32	00:48:33.10	+00:11:51 (24.4%)	5:38	10.6 (75.2%)
38	KĘPIŃSKI Marcin	29	AKTYWNA FABRYKA	M-Open	33	00:48:40.00	+00:11:58 (24.6%)	5:39	10.6 (75.2%)
39	BIKUN Łukasz	181		M-Open	34	00:48:49.10	+00:12:07 (24.8%)	5:40	10.6 (75.2%)
40	DOMASZK Zbigniew	159	ŚWIAT PŁYTEK U KRYSPIŃNA	M-Open	35	00:48:51.75	+00:12:10 (24.9%)	5:40	10.6 (75.2%)
41	KĘSIK Agnieszka	128	ŚWIAT PŁYTEK U KRYSPIŃNA	K-Open	6	00:48:57.80	+00:12:16 (25.1%)	5:41	10.6 (75.2%)
42	BANCEWICZ Radosław	3	SALON KOSMETYCZNY DIAMENT SŁUPSK	M-Open	36	00:49:00.50	+00:12:18 (25.1%)	5:41	10.5 (74.5%)
43	OLECHNOWICZ Sławomir	189	STOPA SŁUPSK	M-Open	37	00:49:01.50	+00:12:19 (25.2%)	5:41	10.5 (74.5%)
44	NEHRING Jarosław	53	4 PLOT 1 LDPLLOT	M-Open	38	00:49:09.20	+00:12:27 (25.3%)	5:42	10.5 (74.5%)
45	HERMAN Karina	18		K-Open	7	00:49:28.30	+00:12:46 (25.8%)	5:44	10.4 (73.8%)
46	ROSIAK Jacek	64	DRZEWNIAK	M-Open	39	00:49:45.85	+00:13:04 (26.3%)	5:46	10.4 (73.8%)
47	ZBLEWSKI Patryk	197	NIGHT RUNNERS SŁUPSK	M-Open	40	00:50:07.20	+00:13:25 (26.8%)	5:49	10.3 (73.0%)
48	JAROS Adam	21		M-Open	41	00:50:17.55	+00:13:35 (27.0%)	5:50	10.3 (73.0%)
49	MAJCHRZAK Dariusz	139	CENTRALNY POLIGON SIŁ POWIETRZNYCH	M-Open	42	00:50:28.05	+00:13:46 (27.3%)	5:51	10.2 (72.3%)
50	MAJCHRZAK Łukasz	138	CENTRALNY POLIGON SIŁ POWIETRZNYCH	M-Open	43	00:50:28.80	+00:13:47 (27.3%)	5:51	10.2 (72.3%)
51	TOMCZAK Sebastian	83	USTKA	M-Open	44	00:50:43.90	+00:14:02 (27.7%)	5:53	10.2 (72.3%)
52	KWAŚNIAK Zdzisław	39		M-Open	45	00:50:53.65	+00:14:11 (27.9%)	5:54	10.2 (72.3%)
53	GRULKOWSKI Damian	119		M-Open	46	00:50:54.40	+00:14:12 (27.9%)	5:54	10.1 (71.6%)
54	ŻUK Dariusz	97		M-Open	47	00:51:05.90	+00:14:24 (28.2%)	5:56	10.1 (71.6%)
55	MADALIŃSKI Marcin	44	JW 1517	M-Open	48	00:51:10.70	+00:14:29 (28.3%)	5:56	10.1 (71.6%)
56	SMOLIŃSKI Krzysztof	68	SMOLIŃSKI TEAM	M-Open	49	00:51:15.15	+00:14:33 (28.4%)	5:57	10.1 (71.6%)
57	SZMIGIERO Arkadiusz	73	W.P.K SŁOŃ TEAM USTKA	M-Open	50	00:51:20.30	+00:14:38 (28.5%)	5:57	10.1 (71.6%)
58	WEILAND Adrian	171	NOCNE WILKI	M-Open	51	00:51:21.40	+00:14:39 (28.5%)	5:57	10.1 (71.6%)
59	KUBARKO Robert	133	STOLKO	M-Open	52	00:51:22.65	+00:14:40 (28.6%)	5:58	10.1 (71.6%)
60	KUBIŃSKI Rafał	38	NIGHT RUNNERS SŁUPSK	M-Open	53	00:51:26.10	+00:14:44 (28.7%)	5:58	10 (70.9%)
61	LITWIN Barbara	42	STOPA SŁUPSK	K-Open	8	00:51:32.70	+00:14:51 (28.8%)	5:59	10 (70.9%)
62	ZIELKOWSKI Dawid	194		M-Open	54	00:51:43.75	+00:15:02 (29.1%)	6:00	10 (70.9%)
63	MORA Mariusz	47	NIEZRZESZONY	M-Open	55	00:51:46.80	+00:15:05 (29.1%)	6:00	10 (70.9%)
64	DADAN Rafał	198		M-Open	56	00:51:46.90	+00:15:05 (29.1%)	6:00	10 (70.9%)
65	GIERCZAK Piotr	112	USTKA	M-Open	57	00:51:51.60	+00:15:09 (29.2%)	6:01	10 (70.9%)
66	WEILAND Cyprian	172	NOCNE WILKI	M-Open	58	00:51:56.30	+00:15:14 (29.3%)	6:01	9.9 (70.2%)
67	KOSICKA Iwona	31	STOPA SŁUPSK	K-Open	9	00:52:04.10	+00:15:22 (29.5%)	6:02	9.9 (70.2%)
68	KASZOWSKI Rafał	126		M-Open	59	00:52:06.75	+00:15:25 (29.6%)	6:03	9.9 (70.2%)
69	GARSKA Joanna	110	ŚWIAT PŁYTEK U KRYSPIŃNA	K-Open	10	00:52:15.65	+00:15:33 (29.8%)	6:04	9.9 (70.2%)
70	LEWANDOWSKA Sylwia	40	ŚWIAT PŁYTEK U KRYSPIŃNA	K-Open	11	00:52:20.40	+00:15:38 (29.9%)	6:04	9.9 (70.2%)
71	JANUSIAK Tomasz	20	PROPACTA RUNNING TEAM	M-Open	60	00:52:40.45	+00:15:58 (30.3%)	6:07	9.8 (69.5%)

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72	GRZENKOWICZ Agnieszka	17	AKTYWNA FABRYKA	K-Open	12	00:52:52.65	+00:16:10 (30.6%)	6:08	9.8 (69.5%)
73	CZECH Roman	9	KB GOCH BYTÓW	M-Open	61	00:53:09.85	+00:16:28 (31.0%)	6:10	9.7 (68.8%)
74	FOSZCZ-REDA Monika	106		K-Open	13	00:53:11.80	+00:16:30 (31.0%)	6:10	9.7 (68.8%)
75	DADACZ Malwina	199		K-Open	14	00:53:30.55	+00:16:48 (31.4%)	6:12	9.7 (68.8%)
76	TRUSIAK Miłosz	85		M-Open	62	00:53:42.05	+00:17:00 (31.7%)	6:14	9.6 (68.1%)
77	KARWASZ Krzysztof	125		M-Open	63	00:53:44.85	+00:17:03 (31.7%)	6:14	9.6 (68.1%)
78	MUSZYŃSKI Jacek	49	ŚWIAT PŁYTEK U KRYSPIŃA	M-Open	64	00:53:55.35	+00:17:13 (31.9%)	6:15	9.6 (68.1%)
79	WILCZYŃSKI Piotr	90		M-Open	65	00:53:58.30	+00:17:16 (32.0%)	6:16	9.6 (68.1%)
80	KOCIOŁEK Robert	191		M-Open	66	00:54:08.85	+00:17:27 (32.2%)	6:17	9.5 (67.4%)
81	HABAS Jacek	121		M-Open	67	00:54:20.10	+00:17:38 (32.5%)	6:18	9.5 (67.4%)
82	KUBÓW Paweł	134		M-Open	68	00:54:20.20	+00:17:38 (32.5%)	6:18	9.5 (67.4%)
83	BARCHANOWSKI Andrzej	4	SAMOTNY BIAŁY ŻAGIEL	M-Open	69	00:54:33.10	+00:17:51 (32.7%)	6:20	9.5 (67.4%)
84	BOŚ Grzegorz	102		M-Open	70	00:54:35.60	+00:17:53 (32.8%)	6:20	9.5 (67.4%)
85	PĘPKO Joanna	57		K-Open	15	00:54:36.45	+00:17:54 (32.8%)	6:20	9.5 (67.4%)
86	WOŚ Przemysław	182	RADIO GDAŃSK	M-Open	71	00:54:38.00	+00:17:56 (32.8%)	6:20	9.5 (67.4%)
87	KANIUK Maja	183		K-Open	16	00:54:39.05	+00:17:57 (32.9%)	6:20	9.5 (67.4%)
88	WENCŁAWSKI Michał	173	DECATHLON SŁUPSK	M-Open	72	00:54:42.95	+00:18:01 (32.9%)	6:21	9.4 (66.7%)
89	ZIÓŁKOWSKA Monika	177	ZABIEGANY MORPOL	K-Open	17	00:54:45.00	+00:18:03 (33.0%)	6:21	9.4 (66.7%)
90	WAWRZENIAK Robert	88	RAZEM TRENUJEMY SPORT	M-Open	73	00:55:03.25	+00:18:21 (33.3%)	6:23	9.4 (66.7%)
91	PAZDER Przemysław	56		M-Open	74	00:55:09.50	+00:18:27 (33.5%)	6:24	9.4 (66.7%)
92	RYCHLIŃSKI Damian	160	WATAHA-ŁĄCZY NAS BIEGANIE	M-Open	75	00:55:10.55	+00:18:28 (33.5%)	6:24	9.4 (66.7%)
93	ANDRZEJCZAK Sławomir	187	GRZESŁAW USTKA	M-Open	76	00:55:45.10	+00:19:03 (34.2%)	6:28	9.3 (66.0%)
94	TRUSIAK Agnieszka	84	NIGHT RUNNERS SŁUPSK	K-Open	18	00:55:46.15	+00:19:04 (34.2%)	6:28	9.3 (66.0%)
94	SZUMSKA Monika	76	SALUS	K-Open	19	00:55:46.15	+00:19:04 (34.2%)	6:28	9.3 (66.0%)
96	LIZAKOWSKI Piotr	196	NYHA IV	M-Open	77	00:56:51.15	+00:20:09 (35.5%)	6:36	9.1 (64.5%)
97	KOSICKI Tomasz	32	STOPA SŁUPSK	M-Open	78	00:56:52.95	+00:20:11 (35.5%)	6:36	9.1 (64.5%)
98	KARAŚ Radosław	124	NIGHT RUNNERS SŁUPSK	M-Open	79	00:56:53.40	+00:20:11 (35.5%)	6:36	9.1 (64.5%)
99	ŁUBNIEWSKI Arkadiusz	43	ANOX TEAM	M-Open	80	00:59:34.90	+00:22:53 (38.4%)	6:55	8.7 (61.7%)
100	KUBIŃSKA Beata	37	NIGHT RUNNERS SŁUPSK	K-Open	20	00:59:44.50	+00:23:02 (38.6%)	6:56	8.6 (61.0%)
101	KOT Daniel	33	KOT TEAM	M-Open	81	00:59:55.05	+00:23:13 (38.8%)	6:57	8.6 (61.0%)
102	WITENBERG Zbigniew	93		M-Open	82	01:00:09.05	+00:23:27 (39.0%)	6:59	8.6 (61.0%)
103	KRYGIER Ireneusz	132	W.P.K SŁOŃ TEAM USTKA	M-Open	83	01:00:11.55	+00:23:29 (39.0%)	6:59	8.6 (61.0%)
104	ŁUKACZYK Sylwia	137		K-Open	21	01:00:12.10	+00:23:30 (39.0%)	6:59	8.6 (61.0%)
105	WEILAND Agnieszka	170	NOCNE WILKI	K-Open	22	01:00:50.85	+00:24:09 (39.7%)	7:04	8.5 (60.3%)
106	CZERWIŃSKA Anna	104	BEST BEASTS	K-Open	23	01:01:05.35	+00:24:23 (39.9%)	7:05	8.5 (60.3%)
107	MURAWSKI Rafał	184		M-Open	84	01:01:55.95	+00:25:14 (40.8%)	7:11	8.3 (58.9%)
108	DUDA Róża	13		K-Open	24	01:01:57.05	+00:25:15 (40.8%)	7:11	8.3 (58.9%)
109	GRABOWSKA Kinga	117		K-Open	25	01:02:17.05	+00:25:35 (41.1%)	7:14	8.3 (58.9%)
110	FRUBA Karina	15	STOPA SŁUPSK	K-Open	26	01:03:00.60	+00:26:18 (41.8%)	7:19	8.2 (58.2%)
111	MATYSIUK Grzegorz	145		M-Open	85	01:03:33.00	+00:26:51 (42.3%)	7:22	8.1 (57.4%)
112	MOTOWIDŁO-ZAWADZKA Izabella	48		K-Open	27	01:03:58.95	+00:27:17 (42.6%)	7:25	8.1 (57.4%)
113	MARCZAK Małgorzata	142	AMATOR	K-Open	28	01:04:07.95	+00:27:26 (42.8%)	7:26	8.1 (57.4%)
114	KRZACZKOWSKA Izabela	36		K-Open	29	01:04:43.95	+00:28:02 (43.3%)	7:31	8 (56.7%)
115	CIŻMOWSKA Barbara	54		K-Open	30	01:04:44.55	+00:28:02 (43.3%)	7:31	8 (56.7%)

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116	KRZACZKOWSKI Paweł	190	KSR KOSCIERZYNA	M-Open	86	01:04:45.20	+00:28:03 (43.3%)	7:31	8 (56.7%)
117	DERDA Julia	12	STAROSTWO POWIATOWE SŁUPSK	K-Open	31	01:05:51.45	+00:29:09 (44.3%)	7:38	7.8 (55.3%)
118	SAŁAJ Angelika	66	STAROSTWO POWIATOWE SŁUPSK	K-Open	32	01:05:51.90	+00:29:10 (44.3%)	7:39	7.8 (55.3%)
119	KOWALCZUK Jolanta	34	SZALONE PINGWINY	K-Open	33	01:06:21.60	+00:29:39 (44.7%)	7:42	7.8 (55.3%)
120	KAZIÓW Ryszard	28	STOPA SŁUPSK	M-Open	87	01:06:58.05	+00:30:16 (45.2%)	7:46	7.7 (54.6%)
121	FRUBA Andrzej	16		M-Open	88	01:07:22.65	+00:30:40 (45.5%)	7:49	7.7 (54.6%)
122	MURAWSKA Katarzyna	150	AŚNAEBAEM	K-Open	34	01:07:25.85	+00:30:44 (45.6%)	7:49	7.7 (54.6%)
123	BUDZYŃSKA Elżbieta	6		K-Open	35	01:07:31.10	+00:30:49 (45.7%)	7:50	7.7 (54.6%)
124	PUĆ Anna	158		K-Open	36	01:10:46.40	+00:34:04 (48.2%)	8:13	7.3 (51.8%)
125	SKOCELAS Agata	67		K-Open	37	01:10:46.50	+00:34:04 (48.2%)	8:13	7.3 (51.8%)
126	HORBACZEWSKA Aleksandra	123		K-Open	38	01:11:48.60	+00:35:06 (48.9%)	8:20	7.2 (51.1%)
127	BOGDANOWICZ Beata	100		K-Open	39	01:11:48.85	+00:35:07 (48.9%)	8:20	7.2 (51.1%)
128	KOWIESKI Paweł	35		M-Open	89	01:11:49.70	+00:35:08 (48.9%)	8:20	7.2 (51.1%)
129	WAWRZENIAK Aleksandra	87	RAZEM TRENUJEMY SPORT	K-Open	40	01:12:11.90	+00:35:30 (49.2%)	8:23	7.2 (51.1%)
130	MYSZKOWSKA Grażyna	50	NIGHT RUNNERS SŁUPSK	K-Open	41	01:13:30.70	+00:36:49 (50.1%)	8:32	7 (49.6%)
131	MICHALSKA Agnieszka	147		K-Open	42	01:19:18.35	+00:42:36 (53.7%)	9:12	6.5 (46.1%)
132	DAMPS Julita	10	NIGHT RUNNERS SŁUPSK	K-Open	43	01:38:39.35	+01:01:57 (62.8%)	11:27	5.2 (36.9%)
133	CHILOŃSKI Tomek	7	NIGHT RUNNERS SŁUPSK	M-Open	90	01:38:40.40	+01:01:58 (62.8%)	11:27	5.2 (36.9%)
134	SULL Agnieszka	165	NIGHT RUNNERS SŁUPSK	K-Open	44	01:38:40.50	+01:01:58 (62.8%)	11:27	5.2 (36.9%)
135	ROZWADOWSKA Marta	195		K-Open	45	01:38:41.45	+01:01:59 (62.8%)	11:27	5.2 (36.9%)
136	TURCZYN Grzegorz	86	NIGHT RUNNERS SŁUPSK	M-Open	91	01:38:42.95	+01:02:01 (62.8%)	11:27	5.2 (36.9%)
137	SULL Kacper	70	NIGHT RUNNERS SŁUPSK	M-Open	92	01:38:45.65	+01:02:03 (62.8%)	11:28	5.2 (36.9%)

Znaleziono 137 wynik(ów)