



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Bieg i Nordic Walking na K2
Parafia pw. Św. Jana Kantego w Słupsku
2018-06-23
Słupsk
8.611 km

BIEG NA K2

B4SPORT

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.611km	Różn	Tempo min/km	Tempo km/h
1	RUDNIK Krzysztof	65	NIGHT RUNNERS SŁUPSK	M-Open	1	00:36:41.70		4:15	14.1 (100%)
2	KOZAK Arkadiusz	200	HERKULES	M-Open	2	00:37:46.15	+00:01:04 (2.8%)	4:23	13.7 (97.2%)
3	JAKUBEK Patryk	188	ŚWIAT PŁYTEK U KRYSPINA	M-Open	3	00:38:39.45	+00:01:57 (5.1%)	4:29	13.4 (95.0%)
4	HERMAN Arkadiusz	122		M-Open	4	00:38:44.95	+00:02:03 (5.3%)	4:30	13.3 (94.3%)
5	WILMONT Krzysztof	92	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	M-Open	5	00:38:49.25	+00:02:07 (5.5%)	4:30	13.3 (94.3%)
6	GARSKI Kryspin	111	ŚWIAT PŁYTEK U KRYSPINA	M-Open	6	00:38:54.85	+00:02:13 (5.7%)	4:31	13.3 (94.3%)
7	ROLBIECKI Łukasz	63	OSF	M-Open	7	00:40:17.55	+00:03:35 (8.9%)	4:40	12.8 (90.8%)
8	JĘCEK Krzysztof	23		M-Open	8	00:40:22.20	+00:03:40 (9.1%)	4:41	12.8 (90.8%)
9	DUDA Grzegorz	14	OSP BUKÓWKA	M-Open	9	00:40:53.45	+00:04:11 (10.3%)	4:44	12.6 (89.4%)
10	FURMAN Tomasz	108		M-Open	10	00:41:58.30	+00:05:16 (12.6%)	4:52	12.3 (87.2%)
11	OLESEK Jerzy	152	SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ	M-Open	11	00:42:12.05	+00:05:30 (13.0%)	4:54	12.2 (86.5%)
12	KOCZOROWSKI Paweł	30	W.P.K SŁOŃ TEAM USTKA	M-Open	12	00:42:16.35	+00:05:34 (13.2%)	4:54	12.2 (86.5%)
13	MŁYNARCZYK Zbigniew	46	CENTRALNY POLIGON SIŁ POWIETRZNYCH	M-Open	13	00:42:16.75	+00:05:35 (13.2%)	4:54	12.2 (86.5%)
14	TOMCZAK Dominik	82	NIGHT RUNNERS SŁUPSK	M-Open	14	00:42:28.60	+00:05:46 (13.6%)	4:56	12.2 (86.5%)
15	CHUDY Henryk	8	KS OLSZEWSKI I SYNOWIE	M-Open	15	00:42:29.05	+00:05:47 (13.6%)	4:56	12.2 (86.5%)
16	OSIŃSKI Wojciech	55		M-Open	16	00:42:34.65	+00:05:52 (13.8%)	4:56	12.1 (85.8%)
17	KOZIEŁ Krzysztof	131	SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ	M-Open	17	00:43:01.00	+00:06:19 (14.7%)	4:59	12 (85.1%)
18	JAWORSKI Krzysztof	22		M-Open	18	00:43:10.90	+00:06:29 (15.0%)	5:00	12 (85.1%)
19	MOROŃ Jarosław	148	USB USTKA	M-Open	19	00:43:13.70	+00:06:32 (15.1%)	5:01	11.9 (84.4%)
20	SITEK Mariusz	168		M-Open	20	00:43:38.05	+00:06:56 (15.9%)	5:04	11.8 (83.7%)
21	FABICH Adrian	186	USB USTKA	M-Open	21	00:43:41.55	+00:06:59 (16.0%)	5:04	11.8 (83.7%)
22	SZCZERBATY Paweł	71		M-Open	22	00:43:42.50	+00:07:00 (16.0%)	5:04	11.8 (83.7%)
23	JANKOWSKI Grzegorz	19	ŚWIAT PŁYTEK U KRYSPINA	M-Open	23	00:43:50.80	+00:07:09 (16.3%)	5:05	11.8 (83.7%)
24	CZYŻYKOWSKI Krzysztof	105		M-Open	24	00:47:01.75	+00:10:20 (22.0%)	5:27	11 (78.0%)
25	BANCEWICZ Tomasz	98	SALON KOSMETYCZNY DIAMENT SŁUPSK	M-Open	25	00:47:38.75	+00:10:57 (23.0%)	5:31	10.8 (76.6%)
26	DYJAS Klaudiusz	185	NIGHT RUNNERS SŁUPSK	M-Open	26	00:48:09.25	+00:11:27 (23.8%)	5:35	10.7 (75.9%)
27	PROTASEWICZ Andrzej	59	SŁAWNO	M-Open	27	00:48:10.35	+00:11:28 (23.8%)	5:35	10.7 (75.9%)

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						8.611km			
28	PUŚCIAN Krzysztof	61	SZKOŁA PODSTAWOWA W MANOWIE	M-Open	28	00:48:14.30	+00:11:32 (23.9%)	5:36	10.7 (75.9%)
29	SIDOR Mariusz	161	ŁOSOŚ T.E.A.M.	M-Open	29	00:48:19.75	+00:11:38 (24.1%)	5:36	10.7 (75.9%)
30	SZURGOCIŃSKI Paweł	77		M-Open	30	00:48:21.70	+00:11:40 (24.1%)	5:37	10.7 (75.9%)
31	GORZKOWSKI Paweł	116	STOPA SŁUPSK	M-Open	31	00:48:30.35	+00:11:48 (24.3%)	5:38	10.6 (75.2%)
32	ZIĘTARA Dawid	96	BALTIC SEALS	M-Open	32	00:48:33.10	+00:11:51 (24.4%)	5:38	10.6 (75.2%)
33	KĘPIŃSKI Marcin	29	AKTYWNA FABRYKA	M-Open	33	00:48:40.00	+00:11:58 (24.6%)	5:39	10.6 (75.2%)
34	BIKUN Łukasz	181		M-Open	34	00:48:49.10	+00:12:07 (24.8%)	5:40	10.6 (75.2%)
35	DOMASZK Zbigniew	159	ŚWIAT PŁYTEK U KRYSPINA	M-Open	35	00:48:51.75	+00:12:10 (24.9%)	5:40	10.6 (75.2%)
36	BANCEWICZ Radosław	3	SALON KOSMETYCZNY DIAMENT SŁUPSK	M-Open	36	00:49:00.50	+00:12:18 (25.1%)	5:41	10.5 (74.5%)
37	OLECHNOWICZ Sławomir	189	STOPA SŁUPSK	M-Open	37	00:49:01.50	+00:12:19 (25.2%)	5:41	10.5 (74.5%)
38	NEHRING Jarosław	53	4 PPLOT 1 LDPLLOT	M-Open	38	00:49:09.20	+00:12:27 (25.3%)	5:42	10.5 (74.5%)
39	ROSIAK Jacek	64	DRZEWNIAK	M-Open	39	00:49:45.85	+00:13:04 (26.3%)	5:46	10.4 (73.8%)
40	ZBLEWSKI Patryk	197	NIGHT RUNNERS SŁUPSK	M-Open	40	00:50:07.20	+00:13:25 (26.8%)	5:49	10.3 (73.0%)
41	JAROS Adam	21		M-Open	41	00:50:17.55	+00:13:35 (27.0%)	5:50	10.3 (73.0%)
42	MAJCHRZAK Dariusz	139	CENTRALNY POLIGON SIŁ POWIETRZNYCH	M-Open	42	00:50:28.05	+00:13:46 (27.3%)	5:51	10.2 (72.3%)
43	MAJCHRZAK Łukasz	138	CENTRALNY POLIGON SIŁ POWIETRZNYCH	M-Open	43	00:50:28.80	+00:13:47 (27.3%)	5:51	10.2 (72.3%)
44	TOMCZAK Sebastian	83	USTKA	M-Open	44	00:50:43.90	+00:14:02 (27.7%)	5:53	10.2 (72.3%)
45	KWAŚNIAK Zdzisław	39		M-Open	45	00:50:53.65	+00:14:11 (27.9%)	5:54	10.2 (72.3%)
46	GRULKOWSKI Damian	119		M-Open	46	00:50:54.40	+00:14:12 (27.9%)	5:54	10.1 (71.6%)
47	ŻUK Dariusz	97		M-Open	47	00:51:05.90	+00:14:24 (28.2%)	5:56	10.1 (71.6%)
48	MADALIŃSKI Marcin	44	JW 1517	M-Open	48	00:51:10.70	+00:14:29 (28.3%)	5:56	10.1 (71.6%)
49	SMOLIŃSKI Krzysztof	68	SMOLIŃSKI TEAM	M-Open	49	00:51:15.15	+00:14:33 (28.4%)	5:57	10.1 (71.6%)
50	SZMIGIERO Arkadiusz	73	W.P.K SŁOŃ TEAM USTKA	M-Open	50	00:51:20.30	+00:14:38 (28.5%)	5:57	10.1 (71.6%)
51	WEILAND Adrian	171	NOCNE WILKI	M-Open	51	00:51:21.40	+00:14:39 (28.5%)	5:57	10.1 (71.6%)
52	KUBARKO Robert	133	STOLKO	M-Open	52	00:51:22.65	+00:14:40 (28.6%)	5:58	10.1 (71.6%)
53	KUBIŃSKI Rafał	38	NIGHT RUNNERS SŁUPSK	M-Open	53	00:51:26.10	+00:14:44 (28.7%)	5:58	10 (70.9%)
54	ZIELKOWSKI Dawid	194		M-Open	54	00:51:43.75	+00:15:02 (29.1%)	6:00	10 (70.9%)
55	MORA Mariusz	47	NIEZRZESZONY	M-Open	55	00:51:46.80	+00:15:05 (29.1%)	6:00	10 (70.9%)
56	DADAN Rafał	198		M-Open	56	00:51:46.90	+00:15:05 (29.1%)	6:00	10 (70.9%)
57	GIERCZAK Piotr	112	USTKA	M-Open	57	00:51:51.60	+00:15:09 (29.2%)	6:01	10 (70.9%)
58	WEILAND Cyprian	172	NOCNE WILKI	M-Open	58	00:51:56.30	+00:15:14 (29.3%)	6:01	9.9 (70.2%)
59	KASZOWSKI Rafał	126		M-Open	59	00:52:06.75	+00:15:25 (29.6%)	6:03	9.9 (70.2%)
60	JANUSIAK Tomasz	20	PROPACTA RUNNING TEAM	M-Open	60	00:52:40.45	+00:15:58 (30.3%)	6:07	9.8 (69.5%)
61	CZECH Roman	9	KB GOCH BYTÓW	M-Open	61	00:53:09.85	+00:16:28 (31.0%)	6:10	9.7 (68.8%)
62	TRUSIAK Miłosz	85		M-Open	62	00:53:42.05	+00:17:00 (31.7%)	6:14	9.6 (68.1%)
63	KARWASZ Krzysztof	125		M-Open	63	00:53:44.85	+00:17:03 (31.7%)	6:14	9.6 (68.1%)
64	MUSZYŃSKI Jacek	49	ŚWIAT PŁYTEK U KRYSPINA	M-Open	64	00:53:55.35	+00:17:13 (31.9%)	6:15	9.6 (68.1%)
65	WILCZYŃSKI Piotr	90		M-Open	65	00:53:58.30	+00:17:16 (32.0%)	6:16	9.6 (68.1%)
66	KOCIOŁEK Robert	191		M-Open	66	00:54:08.85	+00:17:27 (32.2%)	6:17	9.5 (67.4%)
67	HABAS Jacek	121		M-Open	67	00:54:20.10	+00:17:38 (32.5%)	6:18	9.5 (67.4%)
68	KUBÓW Paweł	134		M-Open	68	00:54:20.20	+00:17:38 (32.5%)	6:18	9.5 (67.4%)
69	BARCHANOWSKI Andrzej	4	SAMOTNY BIAŁY ŻAGIEL	M-Open	69	00:54:33.10	+00:17:51 (32.7%)	6:20	9.5 (67.4%)
70	BOŚ Grzegorz	102		M-Open	70	00:54:35.60	+00:17:53 (32.8%)	6:20	9.5 (67.4%)
71	WOŚ Przemysław	182	RADIO GDAŃSK	M-Open	71	00:54:38.00	+00:17:56 (32.8%)	6:20	9.5 (67.4%)

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72	WENCLAWSKI Michał	173	DECATHLON SŁUPSK	M-Open	72	00:54:42.95	+00:18:01 (32.9%)	6:21	9.4 (66.7%)
73	WAWRZENIAK Robert	88	RAZEM TRENUJEMY SPORT	M-Open	73	00:55:03.25	+00:18:21 (33.3%)	6:23	9.4 (66.7%)
74	PAZDER Przemysław	56		M-Open	74	00:55:09.50	+00:18:27 (33.5%)	6:24	9.4 (66.7%)
75	RYCHLIŃSKI Damian	160	WATAHA-ŁĄCZY NAS BIEGANIE	M-Open	75	00:55:10.55	+00:18:28 (33.5%)	6:24	9.4 (66.7%)
76	ANDRZEJCZAK Sławomir	187	GRZESŁAW USTKA	M-Open	76	00:55:45.10	+00:19:03 (34.2%)	6:28	9.3 (66.0%)
77	LIZAKOWSKI Piotr	196	NYHA IV	M-Open	77	00:56:51.15	+00:20:09 (35.5%)	6:36	9.1 (64.5%)
78	KOSICKI Tomasz	32	STOPA SŁUPSK	M-Open	78	00:56:52.95	+00:20:11 (35.5%)	6:36	9.1 (64.5%)
79	KARAŚ Radosław	124	NIGHT RUNNERS SŁUPSK	M-Open	79	00:56:53.40	+00:20:11 (35.5%)	6:36	9.1 (64.5%)
80	ŁUBNIEWSKI Arkadiusz	43	ANOX TEAM	M-Open	80	00:59:34.90	+00:22:53 (38.4%)	6:55	8.7 (61.7%)
81	KOT Daniel	33	KOT TEAM	M-Open	81	00:59:55.05	+00:23:13 (38.8%)	6:57	8.6 (61.0%)
82	WITENBERG Zbigniew	93		M-Open	82	01:00:09.05	+00:23:27 (39.0%)	6:59	8.6 (61.0%)
83	KRYGIER Ireneusz	132	W.P.K SŁOŃ TEAM USTKA	M-Open	83	01:00:11.55	+00:23:29 (39.0%)	6:59	8.6 (61.0%)
84	MURAWSKI Rafał	184		M-Open	84	01:01:55.95	+00:25:14 (40.8%)	7:11	8.3 (58.9%)
85	MATYSIUK Grzegorz	145		M-Open	85	01:03:33.00	+00:26:51 (42.3%)	7:22	8.1 (57.4%)
86	KRZACZKOWSKI Paweł	190	KSR KOSCIERZYNA	M-Open	86	01:04:45.20	+00:28:03 (43.3%)	7:31	8 (56.7%)
87	KAZIÓW Ryszard	28	STOPA SŁUPSK	M-Open	87	01:06:58.05	+00:30:16 (45.2%)	7:46	7.7 (54.6%)
88	FRUBA Andrzej	16		M-Open	88	01:07:22.65	+00:30:40 (45.5%)	7:49	7.7 (54.6%)
89	KOWIESKI Paweł	35		M-Open	89	01:11:49.70	+00:35:08 (48.9%)	8:20	7.2 (51.1%)
90	CHIŁOŃSKI Tomek	7	NIGHT RUNNERS SŁUPSK	M-Open	90	01:38:40.40	+01:01:58 (62.8%)	11:27	5.2 (36.9%)
91	TURCZYN Grzegorz	86	NIGHT RUNNERS SŁUPSK	M-Open	91	01:38:42.95	+01:02:01 (62.8%)	11:27	5.2 (36.9%)
92	SULL Kacper	70	NIGHT RUNNERS SŁUPSK	M-Open	92	01:38:45.65	+01:02:03 (62.8%)	11:28	5.2 (36.9%)

Znaleziono 92 wynik(ów)