

BIEG NIEPODLEGŁOŚCI - 10KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:

Organizator:

Data:

Miejsce:

Dystans:

BIEG I MARSZ NIEPODLEGŁOŚCI

Stowarzyszenie Pozytywni z Pasją

2021-11-14

Jastrowie

10 km



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KUŚMIDER Andrzej	78	RUNDORFINA	OPEN -M	1	00:39:07.65		3:54	15.3 (100%)
2	MANIKOWSKI Piotr	86	RUN POLAND TEAM	OPEN -M	2	00:39:52.85	+00:00:45 (1.9%)	3:59	15.1 (98.7%)
3	POCZEWSKI Jan	165		OPEN -M	3	00:43:09.25	+00:04:01 (9.3%)	4:18	13.9 (90.8%)
4	MIELNIK Wojtek	93	TT SZCZECIN	OPEN -M	4	00:44:14.25	+00:05:06 (11.6%)	4:25	13.6 (88.9%)
5	SZACHO-GŁUCHOWICZ Ryszard	130		OPEN -M	5	00:44:35.80	+00:05:28 (12.3%)	4:27	13.5 (88.2%)
6	WOŹNIAK Grzegorz	153	12WBOT/ MŁODZIEŻOWY OŚRODEK SOCJOTERAPII W KRAJENCE	OPEN -M	6	00:45:32.90	+00:06:25 (14.1%)	4:33	13.2 (86.3%)
7	CUBER Wojciech	170	#ZABIEGANINOCA	OPEN -M	7	00:45:34.35	+00:06:26 (14.1%)	4:33	13.2 (86.3%)
8	RATAJ Artur	109	3:33 TEAM	OPEN -M	8	00:46:57.40	+00:07:49 (16.7%)	4:41	12.8 (83.7%)
9	JURJEWICZ Grzegorz	52		OPEN -M	9	00:48:37.35	+00:09:29 (19.5%)	4:51	12.3 (80.4%)
10	JABŁOŃSKI Andrzej	44		OPEN -M	10	00:48:57.85	+00:09:50 (20.1%)	4:53	12.3 (80.4%)
11	TREBSKI Krzysztof	163	#ZABIEGANINOCA	OPEN -M	11	00:49:34.95	+00:10:27 (21.1%)	4:57	12.1 (79.1%)
12	BYLEWSKI Michał	12	3:33 TEAM	OPEN -M	12	00:50:06.25	+00:10:58 (21.9%)	5:00	12 (78.4%)
13	ODWROT Hubert	100	3:33 TEAM	OPEN -M	13	00:51:23.25	+00:12:15 (23.9%)	5:08	11.7 (76.5%)
14	JAWORUCKI Krystian	50		OPEN -M	14	00:51:33.45	+00:12:25 (24.1%)	5:09	11.6 (75.8%)
15	SUCHANOWSKI Zygmunt	129	RESPECT LOTYŃ	OPEN -M	15	00:52:05.95	+00:12:58 (24.9%)	5:12	11.5 (75.2%)
16	KUBIŚ Paweł	74		OPEN -M	16	00:52:09.05	+00:13:01 (25.0%)	5:12	11.5 (75.2%)
17	KACZMARZEWSKI Piotr	55	3:33 TEAM	OPEN -M	17	00:52:19.15	+00:13:11 (25.2%)	5:13	11.5 (75.2%)
18	STROMIDŁO Sebastian	127	KB AKTYWNI KRZYŻ WLKP	OPEN -M	18	00:52:52.15	+00:13:44 (26.0%)	5:17	11.3 (73.9%)
19	JANKOWSKI Mariusz	48	TEAMBIEGOWYSZCZECINEK/	OPEN -M	19	00:53:06.00	+00:13:58 (26.3%)	5:18	11.3 (73.9%)
20	GÓRA Sylwester	166	#ZABIEGANINOCA	OPEN -M	20	00:53:09.95	+00:14:02 (26.4%)	5:18	11.3 (73.9%)
21	ECKERT Zbigniew	25	GLADIATOR	OPEN -M	21	00:53:10.40	+00:14:02 (26.4%)	5:19	11.3 (73.9%)
22	KOŁODZIEJCZAK Grzegorz	61		OPEN -M	22	00:53:47.15	+00:14:39 (27.3%)	5:22	11.2 (73.2%)
23	TOWSTOKORY Marek	145		OPEN -M	23	00:53:53.35	+00:14:45 (27.4%)	5:23	11.1 (72.5%)
24	SKRENTNY Franciszek	118		OPEN -M	24	00:54:09.70	+00:15:02 (27.8%)	5:24	11.1 (72.5%)
25	GAŁAN Leszek	29		OPEN -M	25	00:55:06.90	+00:15:59 (29.0%)	5:30	10.9 (71.2%)
26	DWORNICKI Mirosław	19		OPEN -M	26	00:56:18.85	+00:17:11 (30.5%)	5:37	10.7 (69.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
27	JAROSZEWSKI Adam	49	SPORTOWY SZCZECINEK	OPEN -M	27	00:57:02.90	+00:17:55 (31.4%)	5:42	10.5 (68.6%)
28	MARCHEL Lukasz	87	PMJŁ	OPEN -M	28	00:57:10.85	+00:18:03 (31.6%)	5:43	10.5 (68.6%)
29	BIELECKI Andrzej	5	3:33 TEAM	OPEN -M	29	00:57:17.70	+00:18:10 (31.7%)	5:43	10.5 (68.6%)
30	WOLDAN Jakub	152		OPEN -M	30	00:57:17.80	+00:18:10 (31.7%)	5:43	10.5 (68.6%)
31	DYCKOWSKI Andrzej	22	KLUB SPORTOWY HUSARIA SZCZECINEK	OPEN -M	31	00:58:36.35	+00:19:28 (33.2%)	5:51	10.2 (66.7%)
32	WIŚNIEWSKI Rafał	150	KWP POZNAŃ	OPEN -M	32	00:59:10.75	+00:20:03 (33.9%)	5:55	10.1 (66.0%)
33	WARZEWSKI Grzegorz	146		OPEN -M	33	00:59:16.65	+00:20:09 (34.0%)	5:55	10.1 (66.0%)
34	DNUCHOWSKI Tomasz	26	PROTEKTOR SZWECJA	OPEN -M	34	00:59:23.60	+00:20:15 (34.1%)	5:56	10.1 (66.0%)
35	JAKÓBCZYK Sławomir	47		OPEN -M	35	00:59:46.75	+00:20:39 (34.5%)	5:58	10 (65.4%)
36	KUSIAK Bartek	77		OPEN -M	36	01:00:28.05	+00:21:20 (35.3%)	6:02	9.9 (64.7%)
37	KUNYSZ Mieczysław	75		OPEN -M	37	01:00:39.90	+00:21:32 (35.5%)	6:03	9.9 (64.7%)
38	SMOLARCZYK Dominik	121	SŁABY BIEGACZ	OPEN -M	38	01:02:25.85	+00:23:18 (37.3%)	6:14	9.6 (62.7%)
39	SKRENTNY Andrzej	119		OPEN -M	39	01:04:07.35	+00:24:59 (39.0%)	6:24	9.4 (61.4%)
40	CZECHOWSKI Grzegorz	16	BE ACTIVE TRUCKER	OPEN -M	40	01:04:29.85	+00:25:22 (39.3%)	6:26	9.3 (60.8%)
41	PROKOPOWICZ Marcin	106	3:33 TEAM	OPEN -M	41	01:05:18.95	+00:26:11 (40.1%)	6:31	9.2 (60.1%)
42	RATKA Michał	110	ZRYTE JELENIE	OPEN -M	42	01:07:08.60	+00:28:00 (41.7%)	6:42	8.9 (58.2%)
43	MATYSEK Ireneusz	171		OPEN -M	43	01:11:20.55	+00:32:12 (45.2%)	7:08	8.4 (54.9%)

Znaleziono 43 wynik(ów)