



Event: Bieg Niepodległości
Organiser: Urząd Gminy Biały Bór
Date: 2021-11-11
Place: Biały Bór
Distance: 4 km

BIEG NIEPODLEGŁOŚCI - 4KM NW

B4SPORT



Classification: OPEN -K

Place	Participant	Number	Club	Category	MCat	Net time 4km	Gap	Pace min/km	Pace km/h
1	KNITTER Monika	22		K-16	1	00:30:38.35		7:39	7.8 (100%)
2	KOCOŃ Sylwia	24		K-40	1	00:31:46.10	+00:01:07 (3.6%)	7:56	7.6 (97.4%)
3	KUKLINSKA Joanna	42	METROŻERCY	K-40	2	00:33:02.35	+00:02:24 (7.3%)	8:15	7.3 (93.6%)
4	KUC - BREJNA Anna	41		K-40	3	00:33:43.85	+00:03:05 (9.2%)	8:25	7.1 (91.0%)
5	MAŁYSZEWICZ Teresa	55		K-50	1	00:34:22.15	+00:03:43 (10.9%)	8:35	7 (89.7%)
6	BORSUK Bernadeta	105		K-16	2	00:35:33.25	+00:04:54 (13.8%)	8:53	6.8 (87.2%)
6	MURGLIN Joanna	106		K-40	4	00:35:33.25	+00:04:54 (13.8%)	8:53	6.8 (87.2%)
8	KWIATKOWSKA Katarzyna	116		K-16	3	00:40:13.80	+00:09:35 (23.8%)	10:03	6 (76.9%)
9	MIKUSZEWSKA Barbara	117		K-60	1	00:40:38.65	+00:10:00 (24.6%)	10:09	5.9 (75.6%)
10	VERZHBITSKAYA Natalia	104		K-60	2	00:41:28.35	+00:10:50 (26.1%)	10:22	5.8 (74.4%)
11	KRUKOWSKA Anna	37		K-60	3	00:42:25.25	+00:11:46 (27.8%)	10:36	5.7 (73.1%)
12	SAZON Małgorzata	113		K-50	2	00:47:21.15	+00:16:42 (35.3%)	11:50	5.1 (65.4%)
13	MIKOŁAJEWSKA Jolanta	110		K-40	5	00:47:21.25	+00:16:42 (35.3%)	11:50	5.1 (65.4%)

Total 13 results.