



BIEG NIEPODLEGŁOŚCI - 4KM

B4SPORT

Event: BIEG I MARSZ NIEPODLEGŁOŚCI
Organiser: Urząd Gminy Biały Bór
Date: 2020-11-07
Place: Biały Bór
Distance: 4 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Net time 4km	Gap	Pace min/km	Pace km/h
1	TOMKOWSKI Przemysław	104	SZCZĘŚĆ BOŻE	OPEN -M	1	00:15:12.00		3:48	15.8 (100%)
2	DORSZYŃSKI Grzegorz	48	UKS WIKING RYCHNOWY	OPEN -M	2	00:15:21.00	+00:00:09 (1.0%)	3:50	15.6 (98.7%)
3	KRYZEL Tomasz	66		OPEN -M	3	00:15:27.00	+00:00:15 (1.6%)	3:51	15.5 (98.1%)
4	KASZUBA Artur	61		OPEN -M	4	00:15:32.00	+00:00:20 (2.1%)	3:53	15.5 (98.1%)
5	KOSTRZEWSKI Adrian	63		OPEN -M	5	00:16:23.00	+00:01:11 (7.2%)	4:05	14.6 (92.4%)
6	KWIATKOWSKA Katarzyna	72		OPEN -K	1	00:17:23.00	+00:02:11 (12.6%)	4:20	13.8 (87.3%)
7	NOSAL Mariusz	81		OPEN -M	6	00:17:45.00	+00:02:33 (14.4%)	4:26	13.5 (85.4%)
8	DRAŻKOWSKI Tomasz	49	MIEJSKI KLUB PŁYWACKI SZCZECINEK	OPEN -M	7	00:17:51.00	+00:02:39 (14.8%)	4:27	13.4 (84.8%)
9	SUCHANOWSKI Zygmunt	98	RESPECT LOTYŃ	OPEN -M	8	00:18:30.00	+00:03:18 (17.8%)	4:37	13 (82.3%)
10	ZACHARSKI Jerzy	107		OPEN -M	9	00:19:00.00	+00:03:48 (20.0%)	4:45	12.6 (79.7%)
11	KWAŚNIEWSKI Dawid	71	LKK „HUBERTUS”	OPEN -M	10	00:19:04.00	+00:03:52 (20.3%)	4:46	12.6 (79.7%)
12	GÓRKO Maja	50	LKK	OPEN -K	2	00:19:20.00	+00:04:08 (21.4%)	4:50	12.4 (78.5%)
13	NOSAL Martyna	80	KS PENTATHLON SZCZECINEK/SP7 SZCZECINEK	OPEN -K	3	00:20:09.00	+00:04:57 (24.6%)	5:02	11.9 (75.3%)
14	KUŻAJ Sławomir	70	PIŁA	OPEN -M	11	00:20:40.00	+00:05:28 (26.5%)	5:10	11.6 (73.4%)
15	PAWŁOWSKI Mariusz	85		OPEN -M	12	00:20:59.00	+00:05:47 (27.6%)	5:14	11.4 (72.2%)
16	BARTCZAK Wiktoria	115		OPEN -K	4	00:21:28.00	+00:06:16 (29.2%)	5:22	11.2 (70.9%)
17	CICHOWSKA Joanna	46		OPEN -K	5	00:21:57.00	+00:06:45 (30.8%)	5:29	10.9 (69.0%)
18	ŚLĘZAK Adam	102	OSP POGRODZIE	OPEN -M	13	00:22:07.00	+00:06:55 (31.3%)	5:31	10.9 (69.0%)
19	SZAMOCKA Kaja	110		OPEN -K	6	00:22:31.00	+00:07:19 (32.5%)	5:37	10.7 (67.7%)
20	STAŚ Adrianna	96	BIAŁOBORSKIE KUNY	OPEN -K	7	00:22:49.00	+00:07:37 (33.4%)	5:42	10.5 (66.5%)
21	NOSAL Anna	82		OPEN -K	8	00:23:01.00	+00:07:49 (34.0%)	5:45	10.4 (65.8%)
22	CHEMEL-PYZIOŁEK Amelia	45	LKK HUBERTUS	OPEN -K	9	00:23:42.00	+00:08:30 (35.9%)	5:55	10.1 (63.9%)
23	RYNKIEWICZ Piotr	91	TB WALDEK	OPEN -M	14	00:24:06.00	+00:08:54 (36.9%)	6:01	10 (63.3%)
24	BREJNA Piotr	43		OPEN -M	15	00:25:20.00	+00:10:08 (40.0%)	6:20	9.5 (60.1%)
25	KOSIEDOWSKA Kamila	109		OPEN -K	10	00:26:00.00	+00:10:48 (41.5%)	6:30	9.2 (58.2%)
26	MACIEJCZAK Karolina	76	PIŁA	OPEN -K	11	00:26:34.00	+00:11:22 (42.8%)	6:38	9 (57.0%)
27	KWAŚNIEWSKA Dorota	161		OPEN -K	12	00:26:44.00	+00:11:32 (43.1%)	6:41	9 (57.0%)

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28	WOJCIECHOWSKA Natalia	114		OPEN -K	13	00:28:35.00	+00:13:23 (46.8%)	7:08	8.4 (53.2%)
29	PILARSKI Filip	111		OPEN -M	16	00:29:29.00	+00:14:17 (48.4%)	7:22	8.1 (51.3%)
30	SMUKOWSKI Krzysztof	92	OSP GMINA SZCZECINEK	OPEN -M	17	00:29:50.00	+00:14:38 (49.1%)	7:27	8 (50.6%)
31	WALKOWIAK Dariusz	105		OPEN -M	18	00:29:56.00	+00:14:44 (49.2%)	7:29	8 (50.6%)
32	SUCHANOWSKA Anna	97	RESPECT LOTYŃ	OPEN -K	14	00:32:44.00	+00:17:32 (53.6%)	8:11	7.3 (46.2%)
33	JURKOWSKI Jacek	112		OPEN -M	19	00:40:26.00	+00:25:14 (62.4%)	10:06	5.9 (37.3%)
34	BORDUN Nikodem	113		OPEN -M	20	00:40:29.00	+00:25:17 (62.5%)	10:07	5.9 (37.3%)

Total 34 results.