

BIEG NIEPODLEGŁOŚCI - 5KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: BIEG I MARSZ NIEPODLEGŁOŚCI
Organizator: Stowarzyszenie Pozytywni z Pasją
Data: 2021-11-14
Miejsce: Jastrowie
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	HOFFMAN Aleksander	167	PRECON POLSKA /POZYTYWNI Z PASJĄ	OPEN -M	1	00:20:27.60		4:05	14.7 (100%)
2	WIRKUS Antonina	173		OPEN -K	1	00:23:14.05	+00:02:46 (11.9%)	4:38	12.9 (87.8%)
3	LECKI Mateusz	160		OPEN -M	2	00:24:09.00	+00:03:41 (15.3%)	4:49	12.4 (84.4%)
4	MINCEWICZ Piotr	96	TEAM TERMINATORUN	OPEN -M	3	00:25:22.90	+00:04:55 (19.4%)	5:04	11.8 (80.3%)
5	KOŃCZAK Magdalena	161	SZCZECINECCY BIEGACZE	OPEN -K	2	00:26:14.40	+00:05:46 (22.0%)	5:14	11.4 (77.6%)
6	KUBIAK Daniel	73		OPEN -M	4	00:26:42.35	+00:06:14 (23.4%)	5:20	11.2 (76.2%)
7	DOMAGALSKI Tomasz	18		OPEN -M	5	00:26:52.50	+00:06:24 (23.9%)	5:22	11.2 (76.2%)
8	SAWCZUK Piotr	116		OPEN -M	6	00:26:58.10	+00:06:30 (24.1%)	5:23	11.1 (75.5%)
9	SKROBANEK Hanna	120		OPEN -K	3	00:27:16.10	+00:06:48 (25.0%)	5:27	11 (74.8%)
10	OSTROWSKI Marian	164	SENIOR	OPEN -M	7	00:27:33.35	+00:07:05 (25.8%)	5:30	10.9 (74.1%)
11	ZAKIELARZ Piotr	155	TEM TERMINATORUN	OPEN -M	8	00:27:59.00	+00:07:31 (26.9%)	5:35	10.7 (72.8%)
12	THOMAS Daniel	142	PRECON POLSKA	OPEN -M	9	00:27:59.60	+00:07:32 (26.9%)	5:35	10.7 (72.8%)
13	MELON Jacek	89		OPEN -M	10	00:28:22.45	+00:07:54 (27.9%)	5:40	10.6 (72.1%)
14	CZACHOROWSKI Karol	14	WUJKOWIE:)	OPEN -M	11	00:28:24.55	+00:07:56 (28.0%)	5:40	10.6 (72.1%)
15	KOMORSKI Jacek	63		OPEN -M	12	00:28:39.95	+00:08:12 (28.6%)	5:43	10.5 (71.4%)
16	GRUSZCZYŃSKA Daria	37	TEAM TERMINATORUN	OPEN -K	4	00:28:56.45	+00:08:28 (29.3%)	5:47	10.4 (70.7%)
17	PRZYBYŁOWICZ Małgorzata	169		OPEN -K	5	00:29:04.15	+00:08:36 (29.6%)	5:48	10.3 (70.1%)
18	MIKIETYŃSKI Michał	94	#ZABIEGANINOCA \ ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	OPEN -M	13	00:29:16.80	+00:08:49 (30.1%)	5:51	10.3 (70.1%)
19	KOKOWSKI Jakub	60	BBL ŻŁOTÓW	OPEN -M	14	00:29:22.70	+00:08:55 (30.4%)	5:52	10.2 (69.4%)
20	PLUTA Magdalena	102		OPEN -K	6	00:29:35.10	+00:09:07 (30.8%)	5:55	10.1 (68.7%)
21	HRYNCEWICZ Jarosław	42	SAILLING TEAM FERAJNA	OPEN -M	15	00:30:19.15	+00:09:51 (32.5%)	6:03	9.9 (67.3%)
22	MIEDZIANOWSKA Karolina	90		OPEN -K	7	00:32:01.30	+00:11:33 (36.1%)	6:24	9.4 (63.9%)
23	KURZAWIŃSKA-JABŁOŃSKA Kasia	76		OPEN -K	8	00:32:12.60	+00:11:45 (36.5%)	6:26	9.3 (63.3%)
24	RYNKIEWICZ Piotr	114	TB WALDEK	OPEN -M	16	00:32:14.80	+00:11:47 (36.6%)	6:26	9.3 (63.3%)
25	KUŻAJ Sławomir	79	SAILLING TEAM FERAJNA	OPEN -M	17	00:32:15.80	+00:11:48 (36.6%)	6:27	9.3 (63.3%)
26	STĘPIEŃ Marcin	125		OPEN -M	18	00:32:38.65	+00:12:11 (37.3%)	6:31	9.2 (62.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
						5km			
27	NOWICKI Paweł	99		OPEN -M	19	00:32:39.25	+00:12:11 (37.3%)	6:31	9.2 (62.6%)
28	GOSZCZYK Sebastian	30		OPEN -M	20	00:32:39.90	+00:12:12 (37.4%)	6:31	9.2 (62.6%)
29	BYLEWSKI Jarosław	11	3:33 TEAM	OPEN -M	21	00:32:51.30	+00:12:23 (37.7%)	6:34	9.1 (61.9%)
30	KOKOWSKA Anna	59	BBL ZŁOTÓW	OPEN -K	9	00:32:57.80	+00:12:30 (37.9%)	6:35	9.1 (61.9%)
31	DŁUGA Magdalena	17		OPEN -K	10	00:33:27.45	+00:12:59 (38.8%)	6:41	9 (61.2%)
32	GRABOWSKI Marek	34	BIEGAM BO LUBIĘ	OPEN -M	22	00:33:30.50	+00:13:02 (38.9%)	6:42	9 (61.2%)
33	SZTECHMILER Katarzyna	136	KLUB SPORTOWY HUSARIA SZCZECINEK	OPEN -K	11	00:33:39.70	+00:13:12 (39.2%)	6:43	8.9 (60.5%)
34	BOBRYK Joanna	159	SZCZECINECCY BIEGACZE	OPEN -K	12	00:33:40.05	+00:13:12 (39.2%)	6:44	8.9 (60.5%)
35	WISZNIEWSKA Sylwia	148		OPEN -K	13	00:33:41.10	+00:13:13 (39.3%)	6:44	8.9 (60.5%)
36	RABCZUK Anna	108	TEAM TERMINATORUN	OPEN -K	14	00:34:29.95	+00:14:02 (40.7%)	6:53	8.7 (59.2%)
37	ZAKIELARZ Adriana	154	TEAM TERMINATORUN	OPEN -K	15	00:34:30.00	+00:14:02 (40.7%)	6:54	8.7 (59.2%)
38	NITA Katarzyna	97	VILLAGE PUNK RUN	OPEN -K	16	00:34:55.50	+00:14:27 (41.4%)	6:59	8.6 (58.5%)
39	MIEDZIANOWSKI Jan	91		OPEN -M	23	00:35:43.00	+00:15:15 (42.7%)	7:08	8.4 (57.1%)
40	MIEDZIANOWSKI Marcin	92		OPEN -M	24	00:35:51.00	+00:15:23 (42.9%)	7:10	8.4 (57.1%)
41	KOWALSKA Barbara	65		OPEN -K	17	00:36:01.95	+00:15:34 (43.2%)	7:12	8.3 (56.5%)
42	TOMASZEWSKI Dominik	144		OPEN -M	25	00:36:05.10	+00:15:37 (43.3%)	7:13	8.3 (56.5%)
43	HRYNCEWICZ Anna	41	SAILLING TEAM FERAJNA	OPEN -K	18	00:36:09.90	+00:15:42 (43.4%)	7:13	8.3 (56.5%)
44	JUSZCZAK Magda	53		OPEN -K	19	00:36:23.45	+00:15:55 (43.8%)	7:16	8.2 (55.8%)
45	GRZYSTEK Kasia	38		OPEN -K	20	00:36:28.55	+00:16:00 (43.9%)	7:17	8.2 (55.8%)
46	DZIERZAWA Tomasz	23	BBL ZŁOTÓW	OPEN -M	26	00:37:13.65	+00:16:46 (45.0%)	7:26	8.1 (55.1%)
47	RUMIŃSKA Ewelina	113		OPEN -K	21	00:37:25.75	+00:16:58 (45.3%)	7:29	8 (54.4%)
48	WEDEL Krystian	147	WUJKOWIE:)	OPEN -M	27	00:37:42.70	+00:17:15 (45.7%)	7:32	8 (54.4%)
49	ZBOROWSKA-SKROBANEK Justyna	157		OPEN -K	22	00:38:00.75	+00:17:33 (46.2%)	7:36	7.9 (53.7%)
50	ŚMIECHOWSKA Teresa	139		OPEN -K	23	00:38:06.85	+00:17:39 (46.3%)	7:37	7.9 (53.7%)
51	GROCHOWSKA Agnieszka	36	LUZNE MAJTY	OPEN -K	24	00:38:31.00	+00:18:03 (46.9%)	7:42	7.8 (53.1%)
52	DZIERZAWA Aleksandra	24	BBL ZŁOTÓW	OPEN -K	25	00:38:35.40	+00:18:07 (47.0%)	7:43	7.8 (53.1%)
53	SZERSZEŃ Rafał	132	KLUB SPORTOWY HUSARIA SZCZECINEK	OPEN -M	28	00:38:36.15	+00:18:08 (47.0%)	7:43	7.8 (53.1%)
54	SZERSZEŃ Anna	133	KLUB SPORTOWY HUSARIA SZCZECINEK	OPEN -K	26	00:38:36.20	+00:18:08 (47.0%)	7:43	7.8 (53.1%)
55	CIŻMOWSKA Barbara	13	MTS HAMER MIASTKO	OPEN -K	27	00:38:40.15	+00:18:12 (47.1%)	7:44	7.8 (53.1%)
56	RYNKIEWICZ Sylwia	115		OPEN -K	28	00:38:47.40	+00:18:19 (47.3%)	7:45	7.7 (52.4%)
57	GRABOWSKA Elżbieta	32	BIEGAM BO LUBIĘ	OPEN -K	29	00:39:09.30	+00:18:41 (47.7%)	3:54	15.3 (104.1%)
58	DYCKOWSKA Zofia	21	KLUB SPORTOWY HUSARIA SZCZECINEK	OPEN -K	30	00:40:11.35	+00:19:43 (49.1%)	8:02	7.5 (51.0%)
59	PROJS Sabina	105		OPEN -K	31	00:40:20.15	+00:19:52 (49.3%)	8:04	7.4 (50.3%)
60	KOZŁOWSKI Piotr	68	KLUB SPORTOWY HUSARIA SZCZECINEK	OPEN -M	29	00:40:50.35	+00:20:22 (49.9%)	8:10	7.3 (49.7%)
61	POPOWSKI Mateusz	104		OPEN -M	30	00:41:15.50	+00:20:47 (50.4%)	8:15	7.3 (49.7%)
62	MIKITA Rafał	95		OPEN -M	31	00:41:16.15	+00:20:48 (50.4%)	8:15	7.3 (49.7%)
63	KRASOWSKI Tomasz	70		OPEN -M	32	00:43:04.50	+00:22:36 (52.5%)	8:36	7 (47.6%)
64	TOMASZEWSKA Magdalena	143		OPEN -K	32	00:43:05.10	+00:22:37 (52.5%)	8:37	7 (47.6%)
65	JĘSIEK Asia	51		OPEN -K	33	00:44:20.05	+00:23:52 (53.9%)	8:52	6.8 (46.3%)
66	SUCHANOWSKA Anna	128	RESPECT LOTYŃ	OPEN -K	34	00:44:42.55	+00:24:14 (54.2%)	8:56	6.7 (45.6%)
67	ROZPŁOCHOWSKI Robert	112	CUKIERECZKI	OPEN -M	33	00:46:47.75	+00:26:20 (56.3%)	9:21	6.4 (43.5%)
68	PIĘŚCIKOWSKA Aleksandra	101	CUKIERECZKI	OPEN -K	35	00:46:48.60	+00:26:21 (56.3%)	9:21	6.4 (43.5%)
69	SZULC Adrianna	137	CUKIERECZKI	OPEN -K	36	00:46:48.70	+00:26:21 (56.3%)	9:21	6.4 (43.5%)
70	KWAŚNY Marta	80		OPEN -K	37	00:48:33.40	+00:28:05 (57.9%)	9:42	6.2 (42.2%)

Znaleziono 70 wynik(ów)