



**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## BIEG NIEPODLEGŁOŚCI - OKONEK - 10KM

Burmistrz Okonka  
2016-11-06  
Okonek  
10 km

B4SPORT

 **HERKULES**  
[www.herkules.org.pl](http://www.herkules.org.pl)

Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike_All 2.5km	Bike_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>WERNER Kamila</b>	<b>69</b>	WERNER END WERNER SZCZECINEK	K-30	1	00:00:02	00:11:12	00:33:20	<b>00:44:22.50</b>	<b>00:44:25.20</b>		4:26	13.5 (100%)
2	<b>CHODOR Martyna</b>	<b>81</b>	TKKF KOSZALIN	K-30	2	00:00:06	00:11:56	00:34:27	<b>00:45:21.45</b>	<b>00:45:28.15</b>	+00:00:58 (2.2%)	4:32	13.2 (97.8%)
3	<b>FIŁONOWICZ Monika</b>	<b>79</b>		K-30	3	00:00:03	00:11:37	00:34:20	<b>00:45:37.75</b>	<b>00:45:41.55</b>	+00:01:15 (2.7%)	4:33	13.1 (97.0%)
4	<b>STORCZYK-RAK Agnieszka</b>	<b>62</b>		K-30	4	00:00:06	00:12:33	00:36:11	<b>00:47:47.05</b>	<b>00:47:53.10</b>	+00:03:24 (7.1%)	4:46	12.6 (93.3%)
5	<b>SZABLA Ewelina</b>	<b>64</b>		K-30	5	00:00:05	00:12:14	00:36:47	<b>00:48:41.45</b>	<b>00:48:46.90</b>	+00:04:18 (8.9%)	4:52	12.3 (91.1%)
6	<b>STANASIUK Edyta</b>	<b>59</b>	OKONEK	K-30	6	00:00:09	00:12:47	00:37:14	<b>00:49:08.00</b>	<b>00:49:17.10</b>	+00:04:45 (9.7%)	4:54	12.2 (90.4%)
7	<b>STEFANOWICZ Joanna</b>	<b>60</b>		K-18	1	00:00:04	00:13:41	00:40:18	<b>00:53:12.20</b>	<b>00:53:16.80</b>	+00:08:49 (16.6%)	5:19	11.3 (83.7%)
8	<b>KLUPŚ Monika</b>	<b>30</b>		K-40	1	00:00:05	00:14:27	00:41:18	<b>00:54:17.15</b>	<b>00:54:23.00</b>	+00:09:54 (18.3%)	5:25	11 (81.5%)
9	<b>STIPPA Marzena</b>	<b>61</b>		K-30	7	00:00:07	00:13:57	00:41:31	<b>00:55:00.70</b>	<b>00:55:07.80</b>	+00:10:38 (19.3%)	5:30	10.9 (80.7%)
10	<b>MAŃKOWSKA Janina</b>	<b>45</b>	-	K-50	1	00:00:05	00:13:39	00:41:27	<b>00:55:31.05</b>	<b>00:55:36.95</b>	+00:11:08 (20.1%)	5:33	10.8 (80.0%)
11	<b>SKOCZYLAS Bożena</b>	<b>83</b>		K-40	2	00:00:04	00:13:58	00:42:04	<b>00:56:11.90</b>	<b>00:56:16.55</b>	+00:11:49 (21.0%)	5:37	10.7 (79.3%)
12	<b>KOWALSKA Anna</b>	<b>35</b>		K-18	2	00:00:07	00:14:45	00:43:40	<b>00:57:37.75</b>	<b>00:57:45.05</b>	+00:13:15 (23.0%)	5:45	10.4 (77.0%)
13	<b>CENTKA Katarzyna</b>	<b>4</b>	ŚWIĘTA TEAM.	K-30	8	00:00:09	00:43:53		<b>00:57:53.75</b>	<b>00:58:02.75</b>	+00:13:31 (23.4%)	5:47	10.4 (77.0%)

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14	<b>ZAKIELARZ Anna</b>	<b>73</b>	PRECON POLSKA-JASTROWIE	K-30	9	00:00:04	00:14:50	00:44:32	<b>00:59:33.45</b>	<b>00:59:37.80</b>	+00:15:10 (25.5%)	5:57	10.1 (74.8%)
15	<b>SKOWROŃSKA Wanda</b>	<b>57</b>	WANDZIA TEAM	K-60	1	00:00:05	00:15:19	00:45:51	<b>01:01:10.80</b>	<b>01:01:16.55</b>	+00:16:48 (27.5%)	6:07	9.8 (72.6%)
16	<b>DANIELSKA Monika</b>	<b>8</b>	CONTRA PRIMEFOOD	K-40	3	00:00:09	00:16:02	00:47:51	<b>01:03:52.80</b>	<b>01:04:02.25</b>	+00:19:30 (30.5%)	6:23	9.4 (69.6%)

Znaleziono 16 wynik(ów)