



Organizator:
Data:
Miejsce:
Dystans:

BIEG NIEPODLEGŁOŚCI - OKONEK - 10KM

Burmistrz Okonka
2016-11-06
Okonek
10 km

B4SPORT

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike_All 2.5km	Bike_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SZOPIŃSKI Dariusz	65	URZĄD GMINY PRZECHELEWO	M-30	1	00:00:01	00:09:27	00:27:40	00:36:16.65	00:36:18.15		3:37	16.5 (100%)
2	GOLIŃSKI Łukasz	18	K.B. SPRINT SWIDWIN	M-30	2	00:00:02	00:10:05	00:29:43	00:39:13.45	00:39:16.15	+00:02:56 (7.5%)	3:55	15.3 (92.7%)
3	KUBIAK Piotr	38	PRECON POLSKA-JASTROWIE	M-30	3	00:00:02	00:10:10	00:30:05	00:39:56.70	00:39:58.85	+00:03:40 (9.2%)	3:59	15 (90.9%)
4	GROCHOWALSKI Rafał	19	K.B SPRINT ŚWIDWIN	M-30	4	00:00:03	00:10:22	00:31:01	00:40:52.15	00:40:55.30	+00:04:35 (11.2%)	4:05	14.7 (89.1%)
5	LINDA Jan	43	BIEGAM BO LUBIĘ	M-30	5	00:00:03	00:11:02	00:32:45	00:43:42.25	00:43:46.15	+00:07:25 (17.0%)	4:22	13.7 (83.0%)
6	MROZIK Daniel	47	DANIEL MROZIK	M-30	6	00:00:01	00:11:23	00:33:22	00:44:13.25	00:44:14.75	+00:07:56 (18.0%)	4:25	13.6 (82.4%)
7	ORZEŁ Przemysław	48		M-30	7	00:00:06	00:11:24	00:33:43	00:44:41.20	00:44:47.45	+00:08:24 (18.8%)	4:28	13.4 (81.2%)
8	NOWAK Marian	80		M-30	8	00:00:03	00:11:34	00:34:14	00:45:26.75	00:45:30.55	+00:09:10 (20.2%)	4:32	13.2 (80.0%)
9	KAPUSTA Leszek	25	WP	M-30	9	00:00:05	00:11:57	00:34:56	00:46:38.10	00:46:43.65	+00:10:21 (22.2%)	4:39	12.9 (78.2%)
10	WILKOWSKI Krzysztof	71		M-30	10	00:00:05	00:11:56	00:35:45	00:47:15.15	00:47:20.90	+00:10:58 (23.2%)	4:43	12.7 (77.0%)
11	CENTKA Michał	3	ŚWIĘTA TEAM.	M-30	11	00:00:03	00:12:04	00:37:01	00:48:40.55	00:48:43.55	+00:12:23 (25.5%)	4:52	12.3 (74.5%)
12	GEMZA Marcin	17		M-30	12	00:00:02	00:12:05	00:37:02	00:48:41.05	00:48:43.60	+00:12:24 (25.5%)	4:52	12.3 (74.5%)
13	BRALSKI Andrzej	2	KPP ZŁOTÓW	M-30	13	00:00:08	00:12:48	00:37:15	00:49:13.30	00:49:22.00	+00:12:56 (26.3%)	4:55	12.2 (73.9%)
14	IDZIAK Paweł	22	TEAM BIEGOWY SZCZECINEK	M-30	14	00:00:07	00:12:52	00:38:05	00:50:02.95	00:50:10.40	+00:13:46 (27.5%)	5:00	12 (72.7%)
15	WICHA Rafał	70	PRECON PRECON-JASTROWIE	M-30	15	00:00:06	00:12:27	00:37:40	00:50:10.05	00:50:16.60	+00:13:53 (27.7%)	5:01	12 (72.7%)
16	RUDZIŃSKI Tomasz	55	PIEKARNIA JAN WANDA TOMKOWSKA	M-30	16	00:00:02	00:12:40	00:38:09	00:50:17.10	00:50:19.70	+00:14:00 (27.9%)	5:01	11.9 (72.1%)
17	STURMOWSKI Adam	63	PIWO TO MOJE PALIWO	M-30	17	00:00:06	00:13:10	00:39:27	00:52:30.55	00:52:37.25	+00:16:13 (30.9%)	5:15	11.4 (69.1%)
18	CHRZANOWSKI Piotr	6	TEAM BIEGOWY SZCZECINEK	M-30	18	00:00:07	00:13:28	00:39:57	00:52:34.85	00:52:42.80	+00:16:18 (31.0%)	5:15	11.4 (69.1%)
19	KAŁUŻNY Paweł	24		M-30	19	00:00:07	00:12:52	00:39:43	00:52:45.25	00:52:52.85	+00:16:28 (31.2%)	5:16	11.4 (69.1%)
20	LASOTA Jakub	41	FC BARCELONA	M-30	20	00:00:09	00:12:49	00:39:34	00:53:14.60	00:53:24.05	+00:16:57 (31.9%)	5:19	11.3 (68.5%)
21	KUPREWICZ Grzegorz	39	JW1223	M-30	21	00:00:08	00:13:39	00:41:14	00:54:30.35	00:54:38.40	+00:18:13 (33.4%)	5:27	11 (66.7%)

Znaleziono 21 wynik(ów)