



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

BIEG NIEPODLEGŁOŚCI - OKONEK - 10KM

Bieg Niepodległości Okonek - 03.11.2018r
Gmina Okonek
2018-11-03
Okonek
10 km

B4SPORT



Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Herk_All 2.5km	Herk_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	HOFFMAN Aleksander	160	PRECON POLSKA	M-40	1	00:08:45	00:25:35	00:33:47.33		3:22	17.8 (100%)
2	SZYMAŃSKI Sylwester	219	ULKS BARWICE	M-40	2	00:08:53	00:26:59	00:35:39.32	+00:01:51 (5.2%)	3:33	16.8 (94.4%)
3	WITKIEWICZ Eryk	390		M-40	3	00:09:23	00:28:54	00:38:22.48	+00:04:35 (12.0%)	3:50	15.6 (87.6%)
4	TRĘBSKI Krzysztof	220	#ZABIEGANINOCA	M-40	4	00:09:43	00:29:35	00:39:11.00	+00:05:23 (13.8%)	3:55	15.3 (86.0%)
5	PICK Tomasz	198	DEAF KOSZALIN	M-40	5	00:10:10	00:31:08	00:40:50.96	+00:07:03 (17.3%)	4:05	14.7 (82.6%)
6	GŁOGOWSKI Krzysztof	151	KORONOWO NA BIEGOWO	M-40	6	00:09:55	00:30:44	00:40:52.90	+00:07:05 (17.3%)	4:05	14.7 (82.6%)
7	NOWAK Marcin	195		M-40	7			00:41:18.38	+00:07:31 (18.2%)	4:07	14.5 (81.5%)
8	MICHAŁOWSKI Dariusz	192		M-40	8	00:10:26	00:32:10	00:42:32.41	+00:08:45 (20.6%)	4:15	14.1 (79.2%)
9	KUKLIŃSKI Maciej	183	METROŻERCY	M-40	9	00:10:12	00:32:02	00:42:57.12	+00:09:09 (21.3%)	4:17	14 (78.7%)
10	KOCLEJDA Grzegorz	176	RUNDORFINA	M-40	10	00:10:51	00:33:31	00:44:09.10	+00:10:21 (23.5%)	4:24	13.6 (76.4%)
11	JABŁOŃSKI Andrzej	162		M-40	11	00:10:35	00:33:22	00:44:35.99	+00:10:48 (24.2%)	4:27	13.5 (75.8%)
12	KOŁODZIEJCZAK Grzegorz	177		M-40	12	00:11:28	00:35:09	00:46:27.67	+00:12:40 (27.3%)	4:38	12.9 (72.5%)
13	JANKOWSKI Mariusz	318		M-40	13	00:11:37	00:35:32	00:46:58.11	+00:13:10 (28.1%)	4:41	12.8 (71.9%)
14	ADRYAN Adam	131		M-40	14	00:11:47	00:36:32	00:48:14.46	+00:14:27 (30.0%)	4:49	12.4 (69.7%)
15	HAŁKA Arkadiusz	158	TRUCHT ŁOBEZ	M-40	15	00:12:44	00:38:14	00:50:15.62	+00:16:28 (32.8%)	5:01	11.9 (66.9%)
16	WAJDA Waldemar	221	BORNE BIEGA	M-40	16	00:12:39	00:39:45	00:53:00.04	+00:19:12 (36.2%)	5:18	11.3 (63.5%)
17	BARSZCZEWSKI Sebastian	132	BŁĘKITNY PATROL WWF	M-40	17	00:12:04	00:39:16	00:53:06.22	+00:19:18 (36.4%)	5:18	11.3 (63.5%)
18	DOPYTAŁA Robert	246	KAMARO TEAM	M-40	18	00:13:06	00:40:19	00:53:29.59	+00:19:42 (36.8%)	5:20	11.2 (62.9%)
19	SKOCZYŁAS Henryk	208	BIEGAM BO LUBIĘ	M-40	19	00:12:12	00:39:39	00:53:58.56	+00:20:11 (37.4%)	5:23	11.1 (62.4%)
20	KARABASZ Krzysztof	169	KRISS TEAM	M-40	20	00:13:39	00:42:04	00:55:35.85	+00:21:48 (39.2%)	5:33	10.8 (60.7%)
21	WIELGUS Jacek	224		M-40	21	00:14:04	00:42:52	00:57:15.05	+00:23:27 (41.0%)	5:43	10.5 (59.0%)
22	WALKOWIAK Dariusz	222		M-40	22	00:14:40	00:49:12	01:05:51.26	+00:32:03 (48.7%)	6:35	9.1 (51.1%)

Znaleziono 22 wynik(ów)