



**BIEG
PAMIĘCI
SYBIRU**

BIEG PAMIĘCI SYBIRU - WROCŁAW 5KM

B4SPORT

Organizator: Fundacja Białystok Biega
Data: 2025-02-15
Miejsce: Wrocław
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Split 2.6km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------|-------|------------------------|-----------|------|----------------|----------------------|-------------------|-----------------|---------------|
| 1 | KUKOBNIKAVA Vitaliya | 121 | | K30 | 1 | 00:11:56 | 00:23:45.69 | | 4:45 | 12.6 (100%) |
| 2 | MROCZEK Agnieszka | 77 | | K30 | 2 | 00:12:25 | 00:24:25.37 | +00:00:39 (2.7%) | 4:53 | 12.3 (97.6%) |
| 3 | SZYDŁO Klaudia | 113 | | K30 | 3 | 00:12:22 | 00:24:45.30 | +00:00:59 (4.0%) | 4:57 | 12.1 (96.0%) |
| 4 | SACIŁOWSKA Marta | 1079 | | K30 | 4 | 00:12:35 | 00:25:13.41 | +00:01:27 (5.8%) | 5:02 | 11.9 (94.4%) |
| 5 | STEC Karolina | 1033 | KS HARPAGAN TARNOBRZEG | K30 | 5 | 00:13:37 | 00:26:55.50 | +00:03:09 (11.7%) | 5:23 | 11.1 (88.1%) |
| 6 | ANTOSZCZAK Karolina | 1007 | | K30 | 6 | 00:13:28 | 00:26:59.17 | +00:03:13 (11.9%) | 5:23 | 11.1 (88.1%) |
| 7 | ZALEWSKA Marta | 2027 | | K30 | 7 | 00:13:36 | 00:27:02.31 | +00:03:16 (12.1%) | 5:24 | 11.1 (88.1%) |
| 8 | CZAJA Aldona | 2050 | | K30 | 8 | 00:14:05 | 00:27:22.67 | +00:03:36 (13.2%) | 5:28 | 11 (87.3%) |
| 9 | KOWALCZYK Martyna | 2015 | | K30 | 9 | 00:13:52 | 00:27:24.72 | +00:03:39 (13.3%) | 5:28 | 10.9 (86.5%) |
| 10 | LARY Joanna | 1065 | BIEGACZE STU MOSTÓW | K30 | 10 | 00:14:04 | 00:28:01.09 | +00:04:15 (15.2%) | 5:36 | 10.7 (84.9%) |
| 11 | KOLANY Olga | 1026 | PARKRUN WROCŁAW | K30 | 11 | 00:14:14 | 00:28:39.16 | +00:04:53 (17.1%) | 5:43 | 10.5 (83.3%) |
| 12 | TRZCINKA Dorota | 1060 | | K30 | 12 | 00:14:50 | 00:28:52.02 | +00:05:06 (17.7%) | 5:46 | 10.4 (82.5%) |
| 13 | SURZHKO Anzhelika | 2085 | | K30 | 13 | 00:14:55 | 00:29:33.64 | +00:05:47 (19.6%) | 5:54 | 10.2 (81.0%) |
| 14 | GOSTOMSKA Joanna | 2008 | | K30 | 14 | 00:15:05 | 00:29:41.62 | +00:05:55 (20.0%) | 5:56 | 10.1 (80.2%) |
| 15 | KACZMAREK Maryna | 2038 | | K30 | 15 | 00:15:13 | 00:29:45.61 | +00:05:59 (20.2%) | 5:57 | 10.1 (80.2%) |
| 16 | SZAKOWSKA Katarzyna | 3066 | | K30 | 16 | 00:15:07 | 00:30:32.86 | +00:06:47 (22.2%) | 6:06 | 9.8 (77.8%) |
| 17 | STASIAK Aleksandra | 3023 | | K30 | 17 | 00:15:39 | 00:31:30.91 | +00:07:45 (24.6%) | 6:18 | 9.5 (75.4%) |
| 18 | SMOLAREK-WYETH Maria | 3007 | | K30 | 18 | 00:16:35 | 00:31:48.34 | +00:08:02 (25.3%) | 6:21 | 9.4 (74.6%) |
| 19 | LASOŃ Małgorzata | 2019 | | K30 | 19 | 00:16:00 | 00:31:53.14 | +00:08:07 (25.5%) | 6:22 | 9.4 (74.6%) |
| 20 | MARKUSZEWSKA Iлона | 2026 | | K30 | 20 | 00:16:35 | 00:32:26.31 | +00:08:40 (26.7%) | 6:29 | 9.2 (73.0%) |
| 21 | SKORACKA Anna | 2064 | | K30 | 21 | 00:15:51 | 00:32:33.75 | +00:08:48 (27.0%) | 6:30 | 9.2 (73.0%) |
| 22 | HORODECKA Olga | 2060 | | K30 | 22 | 00:16:26 | 00:32:53.00 | +00:09:07 (27.7%) | 6:34 | 9.1 (72.2%) |
| 23 | MATYNIA Asia | 3030 | | K30 | 23 | 00:16:53 | 00:32:58.59 | +00:09:12 (27.9%) | 6:35 | 9.1 (72.2%) |
| 24 | KACZOROWSKA Elżbieta | 3036 | | K30 | 24 | 00:17:32 | 00:33:40.90 | +00:09:55 (29.5%) | 6:44 | 8.9 (70.6%) |
| 25 | NIEWÓJT Paulina | 4053 | | K30 | 25 | 00:18:08 | 00:34:15.10 | +00:10:29 (30.6%) | 6:51 | 8.8 (69.8%) |
| 26 | MACIEJEWSKA Hanna | 4001 | SLOW AF RUNNING CLUB | K30 | 26 | 00:18:15 | 00:35:49.42 | +00:12:03 (33.7%) | 7:09 | 8.4 (66.7%) |
| 27 | PANFIL Marta | 3029 | | K30 | 27 | 00:18:11 | 00:37:06.51 | +00:13:20 (36.0%) | 7:25 | 8.1 (64.3%) |
| 28 | KIELAN Katarzyna | 4012 | | K30 | 28 | 00:19:08 | 00:37:17.09 | +00:13:31 (36.3%) | 7:27 | 8 (63.5%) |
| 29 | IWANIEC Anna | 4027 | | K30 | 29 | 00:18:13 | 00:38:05.60 | +00:14:19 (37.6%) | 7:37 | 7.9 (62.7%) |
| 30 | KIPA-KUC Anna | 4022 | | K30 | 30 | 00:19:20 | 00:38:26.37 | +00:14:40 (38.2%) | 7:41 | 7.8 (61.9%) |

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|-----|------------------------|-------------|-----------------------|-----------|------|----------------|----------------------|-------------------|-----------------|---------------|
| 31 | PAŚKO Magdalena | 3043 | | K30 | 31 | 00:20:17 | 00:40:58.00 | +00:17:12 (42.0%) | 8:11 | 7.3 (57.9%) |
| 32 | NADALA Svitlana | 4023 | | K30 | 32 | 00:22:55 | 00:42:28.00 | +00:18:42 (44.0%) | 8:29 | 7.1 (56.3%) |
| 33 | BŁASZCZYK Róża | 4031 | NIGHT RUNNERS WROCŁAW | K30 | 33 | 00:26:45 | 00:53:26.26 | +00:29:40 (55.5%) | 10:41 | 5.6 (44.4%) |

Znaleziono 33 wynik(ów)