



**BIEG
PAMIĘCI
SYBIRU**

BIEG PAMIĘCI SYBIRU - WROCŁAW 5KM

B4SPORT

Organizator: Fundacja Białystok Biega
Data: 2025-02-15
Miejsce: Wrocław
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split 2.6km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	GRZEGOREK Grzegorz	33		M50	1	00:10:16	00:20:28.58		4:05	14.7 (100%)
2	MIELCZAREK Tomasz	55		M50	2	00:10:45	00:21:29.48	+00:01:00 (4.7%)	4:17	14 (95.2%)
3	MURMYŁO Wojciech	68		M50	3	00:10:56	00:21:30.82	+00:01:02 (4.8%)	4:18	14 (95.2%)
4	LEWANDOWSKI Wojtek	72		M50	4	00:10:54	00:21:37.26	+00:01:08 (5.3%)	4:19	13.9 (94.6%)
5	CUCH Adam	88		M50	5	00:11:41	00:23:16.30	+00:02:47 (12.0%)	4:39	12.9 (87.8%)
6	SYGUŁA Sylwiusz	125	WOŁÓW BIEGA	M50	6	00:11:43	00:23:16.48	+00:02:47 (12.0%)	4:39	12.9 (87.8%)
7	MAJNER Jacek	50		M50	7	00:12:01	00:23:28.87	+00:03:00 (12.8%)	4:41	12.8 (87.1%)
8	NOWAKOWSKI Dominik	1014		M50	8	00:11:53	00:23:42.88	+00:03:14 (13.7%)	4:44	12.7 (86.4%)
9	TRZCINKA Marek	94		M50	9	00:12:01	00:23:56.70	+00:03:28 (14.5%)	4:47	12.5 (85.0%)
10	TOKARAU Kanstantsin	1066		M50	10	00:12:28	00:24:26.56	+00:03:57 (16.2%)	4:53	12.3 (83.7%)
11	PURTAK Robert	35		M50	11	00:12:08	00:24:39.00	+00:04:10 (16.9%)	4:55	12.2 (83.0%)
12	SIENKIEWICZ Arkadiusz	58		M50	12	00:12:29	00:25:20.47	+00:04:51 (19.2%)	5:04	11.8 (80.3%)
13	WESOŁOWSKI Jerzy	1036	CHEEKY MONKEY TEAM	M50	13	00:12:42	00:25:27.15	+00:04:58 (19.6%)	5:05	11.8 (80.3%)
14	KAMIŃSKI Łukasz	44		M50	14	00:12:44	00:25:35.04	+00:05:06 (20.0%)	5:07	11.7 (79.6%)
15	DOMAGAŁA Andrzej	1067		M50	15	00:13:02	00:25:45.31	+00:05:16 (20.5%)	5:09	11.7 (79.6%)
16	TOMASIK Robert	1028	TOMGATEAM	M50	16	00:12:53	00:25:46.98	+00:05:18 (20.6%)	5:09	11.6 (78.9%)
17	STROGULSKI Tomasz	2068	16DBOT	M50	17	00:12:47	00:25:50.15	+00:05:21 (20.7%)	5:10	11.6 (78.9%)
18	PICHLIŃSKI Tomasz	1080		M50	18	00:12:41	00:25:57.44	+00:05:28 (21.1%)	5:11	11.6 (78.9%)
19	CHOWANIEC Tomasz	2069	NIEZRZESZONY	M50	19	00:12:54	00:25:58.01	+00:05:29 (21.1%)	5:11	11.6 (78.9%)
20	KIEDROWICZ Tadeusz	1011	KRASNALE	M50	20	00:14:02	00:27:36.10	+00:07:07 (25.8%)	5:31	10.9 (74.1%)
21	JURCZAK Robert	2028		M50	21	00:14:19	00:27:44.70	+00:07:16 (26.2%)	5:32	10.8 (73.5%)
22	KALISKI Piotr	1020		M50	22	00:13:12	00:28:09.46	+00:07:40 (27.3%)	5:37	10.7 (72.8%)
23	ANTONISZYN Dariusz	1068		M50	23	00:14:59	00:28:25.71	+00:07:57 (28.0%)	5:41	10.6 (72.1%)
24	WASILUK Dariusz	1017		M50	24	00:14:04	00:28:25.98	+00:07:57 (28.0%)	5:41	10.6 (72.1%)
25	RESPONDEK Dariusz	2021		M50	25	00:15:20	00:29:31.87	+00:09:03 (30.7%)	5:54	10.2 (69.4%)
26	LIMANÓWKA Paweł	2058		M50	26	00:15:27	00:29:46.13	+00:09:17 (31.2%)	5:57	10.1 (68.7%)
27	KULIGA Tomasz	2030		M50	27	00:15:22	00:29:57.06	+00:09:28 (31.6%)	5:59	10 (68.0%)
28	AUGUSTYN Jerzy	2020		M50	28	00:15:58	00:30:01.35	+00:09:32 (31.8%)	6:00	10 (68.0%)
29	JODŁOWSKI Krzysztof	1043	OŁAWSKA GRUPA BIEGOWA	M50	29	00:15:31	00:31:44.56	+00:11:15 (35.5%)	6:20	9.5 (64.6%)
30	OSTROWSKI Dariusz	3064		M50	30	00:16:13	00:33:23.17	+00:12:54 (38.7%)	6:40	9 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split 2.6km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
31	RYCHLIKOWSKI Paweł	4065		M50	31	00:18:04	00:34:33.74	+00:14:05 (40.8%)	6:54	8.7 (59.2%)
32	WŁODARCZYK Tomasz	4034		M50	32	00:18:08	00:37:06.38	+00:16:37 (44.8%)	7:25	8.1 (55.1%)
33	TYLICKI Sławomir	4007	KB HARCOWNIK JELCZ-LASKOWICE	M50	33	00:23:38	00:49:51.18	+00:29:22 (58.9%)	9:58	6 (40.8%)
34	IDZIOREK Sławomir	4055	16 DBOT	M50	34	00:26:45	00:53:15.65	+00:32:47 (61.6%)	10:39	5.6 (38.1%)
Przekroczony limit czasu: 01:00:00										
35	HUME Craig	4051		M50	35	00:29:25	01:00:54.74	+00:40:26 (66.4%)	12:10	4.9 (33.3%)

Znaleziono 35 wynik(ów)